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May struggle with the costs of such premium solutions. Here, the fortification of staple foods and food aid distribution drives will be key to ensuring equal access to nutrition. For this to be successful, public private partnerships will play a major role in ensuring everyone has the longest possible health span. With a population of 1.3 billion spread across urban and rural areas, India presents a unique challenge for healthcare. 75% of all healthcare infrastructure, including medical specialists and doctors, is focused in urban areas, where only 27% of the Indian population resides, according to a United Nations report. Additionally, private hospitals and quality healthcare are restricted to urban areas. 72% of the remaining population, or approximately 716 million people, reside in rural areas with a chronic lack of primary healthcare facilities. One of India most pressing challenges is providing affordable, world class healthcare to all its citizens. In addition to many other industries, technology is transforming India healthcare industry. The healthcare industry presents a tremendous opportunity to utilize technology to improve crucial processes that currently pose a significant obstacle to the delivery of high quality healthcare. These include reaching millions who are geographically dispersed across the nation, providing a better and more accurate diagnosis, managing operations, and facilitating effective collaboration and communication between doctors and healthcare professionals. In a country like India, where most people have limited access to necessities such as affordable healthcare, adopting technologies that facilitate and expand the delivery of health services becomes even more crucial. In recent years, the Indian healthcare industry has grown at an astounding rate, aided by factors such as the increasing demand for quality healthcare, the aging population, the prevalence of lifestyle disorders, technological and innovative advances to improve patient care, and increased public and private sector investments in health infrastructure, among others. In today world, technology is permeating every aspect of healthcare and health infrastructure while addressing fundamental challenges relating to how healthcare is perceived, implemented, and accessed. Precisely, diverse technologies have already begun to show enormous promise in playing a crucial role in enhancing India healthcare infrastructure. As evidenced by the Covid 19 pandemic, industries such as medical and health technology began to play an even more significant role in healthcare delivery to improve patient outcomes in India. The pandemic unquestionably increased the demand for Covid 19 prevention and management related medical supplies, such as test kits, masks, personal protective equipment, pulse oximeters, ventilators, etc. The demand for virus testing increased the number of In Vitro Diagnostic (IVD) products in development and the popularity of point of care devices. During the crisis, the domestic production of several devices and essential medical equipment was increased with the aid of technological advancements to address supply issues. In addition, the automation and or tech enablement of critical processes at hospitals or healthcare facilities, including but not limited to administrative, financial, billing, patient records, and pharmaceutical operations, has led to increased adoption by enabling scalability and decreasing prices. Is technology the resol

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Has to accomplish its Universal Health Coverage UHC goal, technology and healthcare must communicate seamlessly. The good news is that transformation has arrived. Technology is ubiquitous and aids in addressing India unique accessibility, affordability, and quality challenges. Despite being in its infancy, the rate of adoption is quite rapid, and given the size of the healthcare industry, the resulting scale and impact could be enormous. The Indian healthcare industry will increase from $160 billion in 2017 to $280 billion in 2020, according to the Indian Brand Equity Foundation. Through the use of technology, a high level of personalization and care has become feasible since chronic diseases are on the rise, as is the demand for individualized care based on the patient illness and psychological makeup. Beyond med tech, however, the healthcare industry has recognized a significant opportunity to use technology to improve critical processes that pose a significant barrier to delivering high quality treatment. These include, among others, reaching millions of geographically dispersed Indians, providing better and more accurate diagnoses, managing operations, and promoting efficient collaborations and communications among medical teams and professionals. Incorporating data analytics, cloud computing, telecommunications, wireless technologies, and next generation technologies such as AI, ML, etc., into healthcare can indeed increase accessibility and assist the industry in overcoming labor shortages and other obstacles. Other benefits include easy access regardless of location, fewer errors, rapid response to medical emergencies, and an enhanced patient experience. In the following data, let examine some of the most potent ways cutting edge technology can improve India healthcare system. Telemedicine Telemedicine provides patients remote access to medical consultations and treatments via telecommunications technology. In turn, this contributes to closing the gaps in healthcare access, particularly in rural and remote areas. Telemedicine has proven to be a boon for Indians during the uncertain times of lockdowns, and it has the potential to make remote, optimized healthcare accessible to every corner of India in the future. Health Information Exchange systems enable the seamless sharing of patient health information between various healthcare providers, enhancing care coordination and substantially reducing medical errors. Mobile Health health health is an emerging concept involving the utilization of mobile devices and technology for health services, such as appointment scheduling, remote monitoring, and medication reminders. It can significantly improve patient access to care and treatment plan adherence. Artificial Intelligence can analyze large amounts of health data, identify patterns and trends, and provide insights for developing new treatments and therapies. AI can also be utilized in diagnosing and treating various diseases, thereby reducing the workload of healthcare professionals and enhancing diagnostic accuracy. In addition, research is ongoing to identify cancer using AI and to precisely identify disease in tissues and other body parts using machine learning tools. Iota The Internet of Things can also be used to gain valuable insights from data derived from fetal monitors, electrocardiograms, temperature monitors, and blood glucose levels. Smart Iota devices can provide the necessary health data remotely, reducing the need for

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The Pandav warrior, expresses his doubt to Krishn that human mind is like a tornado and thus, cannot be overcome. Mind acts as a major obstacle in spiritual progress. Krishn suggests abhyas, the path of continuous practice with a sense of vairagya, detachment, to make the mind subservient. At a deeper level, one should not try to control the mind by instructing dos and don s, which will not work anyway, but remain as an alienated observer of the mind functioning. This will weaken the mind and help the practitioner to be free from its vagaries. Mind is one of the most powerful mechanisms given to human beings. Using kaya, manas, buddhi body, mind, and intellect, we experience the world around us. The body, mind and intellect, BMI, mechanisms regulate physical actions for the body; thoughts and emotions for the mind; judgment, and discrimination power for the intellect. These mechanisms function interdependently and affect each other. Once in a seminar on women rights and gender roles, a woman speaker said foreseeably that a day will come when the compliment he works like women would gain currency to highlight the value of grit and hard work displayed at the task assigned. She felt that women best exemplify certain work skills which could be emulated by men, without any feeling of insecurity or bad feeling towards women. Mind never allows us to remain in the present. It oscillates between memories and future imaginations. We end up with a begrudging life and remain unhappy. Future imaginations create fear and anxieties, which are non-existent in the present. However, we live and experience these non-real imaginations in the present moment. Hence, our mind is either in the past or in future; and the present moment is wasted unproductively. The same cycle perpetuates till death and then, we realise that we have not really lived our life. On the other hand, a person, whose intellect commands power over mind, is likely to be more alert about the vagaries of the mental processes. Through the awakening of intellect, a person can stop the mind from its overwhelming thoughts of the past or future imaginations. Intellect acts like a supervisor and observes the functioning of the mind on a continuous basis. It filters and allows only those thoughts which have some relevance in the present moment. This filtering process helps conserve a lot of our energy, which can be fruitfully used. The mind can be compared with the blue sky. Clouds are like thoughts floating in this sky. When we hook ourselves to any thought, we get dragged indefinitely till we become aware of it. Intellect should be developed and trained by a spiritual seeker to become an observer and remain watchful of the thought process. It should alert us to detach from any thought at an appropriate time. The more intellect becomes observant, the density of the thought stream subsides and at some point, the seeker can achieve a state of no-mind. The blue sky becomes clear without any thought. Bhagwad Gita describes this state as jagrat, awakened, state of a yogi. All human beings suffer predominantly due to the mental processes, which consequently affect the physical processes, too. Our circumstances should not be held responsible for our suffering. We suffer because of our ways of reacting to situational stimuli. Our reactions are controlled by our mind. Thus, if we can liberate ourselves from our mind through continuous watchfulness, we can overcome the vagaries of mental processes and rem

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Female drivers to bring down the incidents of road accidents. First, the slogan Drive Like a Woman brutally pierces the long floating bubble that men are the masters at the steering wheel- a widely believed stereotype that has heinously prevented women from having faith in their otherwise steady driving skills as they are forever and ever juxtaposed to male drivers who flaunt their masculinity on the road by driving rashly and recklessly. Second, it mainly highlights the importance of following traffic rules diligently honoured by women but causally ignored by men be it about speed limits, over taking or drunk driving. The report in The Telegraph cites statistics which shows that men were involved in 84% of the deadly road accidents and it stated driving like a women just means one thing staying alive. And the entire thought about launching the campaign with such a punchy slogan is to bring a change in the mentality of men and therefore in their behaviour. It remains to be seen if the drive, likely to ruffle some gender feathers, will fetch the desirable result, however, it makes me ponder what makes women safer or more careful drivers compared to men. Considering my own driving skills, which I am still sprucing up and observing the women drivers in my circle of family and friends, I feel the entire idea of women being better drivers than men is scaffold by the risk taking behaviour, which is more prevalent in men then in women, so says psychology as well. Wearing seat belts, refraining from over speeding, paying attention to traffic signs, overtaking correctly all these factors bunch together to make one a good driver and women generally abide by these rules, which when flouted is stylishly guised as adventurous streak or daredevilry in men mostly. Drive safe or drive dangerous, women know which crown should adorn their heads. I remember as a teenager when I first learned to drive, I practised within the limited space in the parking area of our house and a few pots were the unfortunate victims of my nascent driving skills. My baba Datsun 120 Y, a green rambling and thundering moody mistress of course had no seat belts, air bags or rear camera just sitting at its driving seat filled me with a nerve wrecking feeling, which left no courage in me to take it out on the road without my father, a first class driver, sitting by my side. This was perhaps a girlish way of taking baby steps of driving, which now I am glad to see are the safest ones. I knew of a cousin who secretly took the car out while the father was asleep and ended up with a serious road accident- his risk taking streak nearly caused a life taking mishap. After reading the news item, somehow I feel confident that there is no way I should have qualms about my snail pace on the road and bother about the honking heroes out there trying to shake my careful driving skills fill me with panic that I end up hitting the accelerator. My unhurried pace, a romantic ride on the left side of the road would delay me but it surely slims down the chances of regrettable mishaps- Slow yet safe, I know life offers so many other arenas for risk taking. Hematic paid the price for not succumbing to pressure. Jharkhand has always been treated as a stepson. He raised the issue of state govt not having been paid royalty on minerals. When allotment of around 8L PM Awas schemes for Jharkhand was cancelled, and diverted to states with double engine govts, Hemantji introduced Abua Awas scheme from the stat

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Chief Ministers K Chandrasekhar Rao, Mamata Banerjee and MK Stalin planning a Delhi meet to discuss federalism can be a good initiative, the keyword being can. A cocktail of grouses and politics won help in bolstering opposition CMs. The principle of federalism has to be articulated through the prism of governance, and what makes for best practices in each area. India vaccination programmer or its PDS apparatus are good examples of federalism. Recall that Go as single point procurer of vaccines distributing them equitably to states was the solution that worked for the vex drive. Even the myriad disagreements over centrally sponsored schemes are an outcome of passionate Centre state involvement in prioritising welfare spending. GST, for all its stress points, is also a good example of federalism at work. But also recall costs of bypassing federalism. For example, had farm reform been discussed at the federal forum, where BJP sought out views of states, explained the costs of the current procurement system, and states articulated their assessment of such changes and local responses to it agriculture may have actually witnessed some change. Instead, the opposition, enthused by the bloody nose farmers gave BJP, is upping the ante on MSPs and BJP is matching it. Farm economy will soon be in a worse position than before. Again, states have a point that the Finance Commission formula for Centre state revenue share hides distortions that cases and surcharges create in favor of the Centre. The acrimony over how the Centre should have covered the revenue shortfall of states after the first national lockdown was also an example of a creaky federal system. As is, even more, the Centre recent decision that seemed to change the system of posting of IAS and IPS officers to its advantage. A federally animated discussion would have first recognised that the root problem is a huge shortage of officers for a big country like India, and that UPSC intake must sharply go up. Note also that forums like Inter State Council are very useful and states need to vigorously demand such meetings are held regularly. But opposition CMs must be mindful that making a point on federalism is neither the same as attacking BJP politically KCR is in hyper attack mode as BJP is becoming a strong opposition in Telangana nor is it about pushing their pet issues, like Stalin anti NEET position. If the Delhi meet can raise substantive points on federalism, it will do opposition states and wider governance a favour. There no denying that the IPL 2022 auction provided cricket fans with a peek into the future of the game. After all, the biggest T20 league is a barometer of rising stars and declining stalwarts, shaping the direction in which the game evolves. In that sense, the auction this time saw franchises decisively go for youngsters, even at the cost of established players. While Mumbai Indians splurging a whopping Rs 15.25 crore on Ishan Kishan the most expensive buy of the auction grabbed.

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Chief Ministers K Chandrasekhar Rao, Mamata Banerjee and MK Stalin planning a Delhi meet to discuss federalism can be a good initiative, the keyword being can. A cocktail of grouses and politics won help in bolstering opposition CMs. The principle of federalism has to be articulated through the prism of governance, and what makes for best practices in each area. India vaccination programmer or its PDS apparatus are good examples of federalism. Recall that Go as single point procurer of vaccines distributing them equitably to states was the solution that worked for the vex drive. Even the myriad disagreements over centrally sponsored schemes are an outcome of passionate Centre state involvement in prioritising welfare spending. GST, for all its stress points, is also a good example of federalism at work. But also recall costs of bypassing federalism. For example, had farm reform been discussed at the federal forum, where BJP sought out views of states, explained the costs of the current procurement system, and states articulated their assessment of such changes and local responses to it agriculture may have actually witnessed some change. Instead, the opposition, enthused by the bloody nose farmers gave BJP, is upping the ante on MSPs and BJP is matching it. Farm economy will soon be in a worse position than before. Again, states have a point that the Finance Commission formula for Centre state revenue share hides distortions that cases and surcharges create in favor of the Centre. The acrimony over how the Centre should have covered the revenue shortfall of states after the first national lockdown was also an example of a creaky federal system. As is, even more, the Centre recent decision that seemed to change the system of posting of IAS and IPS officers to its advantage. A federally animated discussion would have first recognised that the root problem is a huge shortage of officers for a big country like India, and that UPSC intake must sharply go up. Note also that forums like Inter State Council are very useful and states need to vigorously demand such meetings are held regularly. But opposition CMs must be mindful that making a point on federalism is neither the same as attacking BJP politically KCR is in hyper attack mode as BJP is becoming a strong opposition in Telangana nor is it about pushing their pet issues, like Stalin anti NEET position. If the Delhi meet can raise substantive points on federalism, it will do opposition states and wider governance a favour. There no denying that the IPL 2022 auction provided cricket fans with a peek into the future of the game. After all, the biggest T20 league is a barometer of rising stars and declining stalwarts, shaping the direction in which the game evolves. In that sense, the auction this time saw franchises decisively go for youngsters, even at the cost of established players. While Mumbai Indians splurging a whopping Rs 15.25 crore on Ishan Kishan the most expensive buy of the auction grabbed.

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Headlines, also noticeable was the interest expressed in players from India recent U 19 World Cup winning team. In fact, all rounder Raj Aged Biwa, who picked up a 5 wicket haul in the U 19 WC final against England was scooped up for Rs 2 crore by Punjab Kings. Another U 19 star, all rounder Rajvardhan Hanagargekar, was picked up by the mighty Chennai Super Kings for Rs 1.5 crore, while U 19 winning captain Yash Dhull went to Delhi Capitals for Rs 50 lakh. Other interesting buys included Tim David a free agent from Singapore by Mumbai Indians, Riyan Parag by Rajasthan Royals, Shahbaz Ahmed and Anuj Rawat by Royal Challengers Bangalore. Contrast this with big names like Suresh Raina, Piyush Chawla, Ishant Sharma, Steve Smith and Eoin Morgan going unsold at the auction. That even someone of the likes of David Warner was bought for almost half his previous value shows that franchises had their eyes firmly on the future and ruthlessly went by the current form of the players. Plus, with the addition of two new teams this time Gujarat Titans and Lucknow Super Giants the established teams were more focussed on retaining their respective core units, something that reflected in the way they approached the auction. But overall, the relatively high bids for young Indian players are an important price signal for the rest of the Indian cricketing infrastructure there is big demand for domestic talent that is still outstripping supply. I m on pins and needles is how a law professor diagnosed with cancer described his condition to CNN the other day. He had been put on a waiting list for a lifesaving surgery. His fear was that he was running out of time. This is not an isolated incident. There is no doubt that ever since the pandemic began, Big C cancer has played second fiddle to an even bigger C Covid. Today, there is a concern among the oncology community that the hard won gains of yesteryear will be lost if the pandemic persists. Death rates that were falling for certain cancers, because of early screenings and advancements in treatment, are likely to rise again. Advanced stage diagnoses are increasing for prostate cancer and breast cancer, both of which when detected early are considered curable. The recent drop in lung cancer deaths in the US, because smoking rates started to decline 20 and 30 years ago, may also see a reversal. It is as if while shooting for the Moon, cancer is being sucked into a Black Hole. So you are trying to locate C 75 in a housing colony and you get to C 74 and then it miraculously changes to F 708 and you are now totally marooned. Making rude sounds about idiots who mark these blocks you drive in third gear till you spot a roadside cobbler, a vegetable cart seller or a tea shop with a throng of people sitting there. Ask them for help. First they look.

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The recent Budget was pragmatic. It laudably continued to push in areas like transportation infrastructure, and tap water and broadband connectivity for all. But the lack of an economic vision is now palpable. With little help for those recovering from the pandemic, especially the poor and their children, the growing jobs crisis, the continuing tariff increases, and the lack of serious structural reforms, we must ask whether the government proposals hang together. Perhaps the timidity on reforms stems from the government experience with the recent farm laws that were muscled through Parliament, only to be rolled back. The problem here, though, is not with the healthy Indian tradition of public protest but with the absence of democratic dialogue in passing the laws. The ESG goals, companies have a chance to be at par with the international goals in terms of sustainability, social responsibility and accountability that are set for the betterment of the global community. ESG gaining popularity across the business landscape Customers, investors, regulators, employees, insurers and lenders now see a company through a new lens of ESG goals. Because of the higher expectation from the other end, companies across all industries are being more responsible about the ESG criteria as it is becoming the need of the hour. Strong ESG performance of companies is favored by various industry players. Robust ESG strategies increase business resilience and help improve overall company performance. Therefore, across all industries, companies have become more conscious about their ESG goals. Since ESG has assumed a high significance across all industries, ESG initiatives in the recent past have been coupled with the ongoing digital transformation of enterprises. The need for ESG factors be key considerations in an organization digital transformation Digital transformation is the process of using technologies for the creation of new or modifying existing business processes, culture, and customer experiences to meet the ever changing business and market expectations and requirements. Sustainable and responsible companies factor in ESG goals when they digitally transform themself because technology and ethics go hand in hand. Modern age technologies have the capabilities to implement sustainable changes in real time. Through implementing digital transformation, companies adopt technologies that support sustainable practices, track ethics across the business, and overall reduce a business impact on the environment, society and governance. Disruptive technologies shaping the way companies do business Disruptive technologies affect the normal operations of a market or an industry and have gained force recently. They are doing a fantastic job of displacing well established products and technologies and creating new industries and markets. Artificial Intelligence AI, Internet of Things IoT, Block chain technologies are some of the widely popular disruptive technologies. They streamline company operations, reduce the gap between digital and physical spheres and enhance customer experience, radically shaping the way companies do business. Companies adopting disruptive technologies are able to target new markets and have enhanced administrative intelligence, performance management efficiency, improved operations speed, and accuracy with reduced human errors time spent on data intensive operations. Opposition party.

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Our minds are full of varied thoughts, sometimes positive, sometimes simmering with negativities. To a positive mind, everything appears beautiful and wonderful. We radiate the joy of peace and happiness that we feel within ourselves and light up the world around us. It is said that there is nothing that a person with a pure, focussed, single pointed mind cannot achieve. The mind alone is the cause of our bondage and also the cause of our liberation. As our mind, so our world! When it is lit with knowledge, even knowledge of the laws of the world, we can perform efficiently to reap the right results. Conversely, when the mind is dull, shaky, like the wavering flame, we see a distorted image of the world and ourselves, leading to a lack of confidence and self esteem. Then, when we act in the world outside, our actions are neither productive nor efficient. Life is full of wonders. Sometimes we are on a smooth highway to reach our goal, and sometimes we are confronted with major obstacles. Very rarely do we understand that the external obstacles we face are, actually, an expression of our inner inhibitions, thoughts and beliefs. Therefore, sages stated, Be a lamp unto your Self. In any situation of life, self assessment is essential. In fact, we should make introspection a daily habit. When we look within, we can find the beautiful Self hidden amongst the clutter of our own thoughts. We then understand that the source of whatever ugliness, distortion, conflicts and obstacles we face, lies within us. Lit up with the knowledge of self observation, when we turn the mind to examine ourselves, we may, at first, find a horde of negativities and imperfections. Swami Chinmayananda declared, never is perturbed or gives up self observation, however frightening it may appear at first. It is the basis of meditation and achieving anything great in life. If and when, we abandon them these negativities and thoughts we recognised the brilliant Self, the Light of all lights that lies below. The light of a pure mind lit up with this Consciousness is so brilliant and amazing that it illuminates the whole world. We experience it as a world of opportunity, as a world of goodness, as a world of beauty and as a world of wonder. And we gain the courage to confront all the daunting challenges of life with faith and fearlessness. In 2019 on Feb 14, a convoy of 78 vehicles carrying 2,500 CRPF personnel, including the culprit Adel Ahmad Dar, travelled from Jammu to Srinagar when one of the buses was rammed by a car carrying explosives at 15 15 hours. In this incident killed 40 CRPF personnel and left several injured. During a press briefing following the Pulwama Attack, Lt Gen KJS Dillon, who commanded 15 Corps in Srinagar during the said explosion, shared, Jadish e Mohammed of Pakistan carried out the attack, and it was being controlled from Pakistan, with the protection of ISI and.

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Pakistan Army. There is a 100% involvement of the Pakistan Army, and there are no two ways about it. Within four days of this incident, the leadership of Jadish e Mohd JeM was eliminated from the valley in Jammu and Kashmir. This was the most significant achievement of the Indian Armed Forces responsible for counter terrorism. On the other hand, CRPF said, we did not forgive, will never forget. We salute our brothers who laid down their lives at the altar of duty at Pulwama, this day in 2019. We will forever remain indebted to their families. Later on, India carried out a counter terror airstrike against a JeM training camp inside Pakistan. In a bold and daring step during the wee hours of 26th of Feb, 2019, the Indian Air Force IAF jets bombed the JeM terror camps at Bamako in Khyber Pakhtunkhwa of Pakistan to take revenge for the Pulwama terrorist attack. India tryst with terrorism and violent extremism has its roots to partition in 1947, which ripped the sub continent into India and Pakistan, based on the two nation theory. The Indian sub continent remained witness to the most horrifying ethnic riots in modern history, marked by extreme violence and various acts of terrorism. Immediately after the partition, after a brief period of neutrality, the then Maharaja of the erstwhile state of J&K lawfully consented to accede India but, this act of accession has not, and remains not to be recognised by Pakistan, which lays claims to the Muslim majority region. Since 1947, Pakistan has tried thrice to annex the erstwhile state of J&K but failed miserably. After its crushing defeat in 1971, Pakistan decided to bleed India by thousand cuts when East Pakistan became Bangladesh. Thus Pakistan indulged in exporting terrorism to India and now exporting to many parts of the world. Combating cross border terrorism requires a national policy clearly stating the goals and the objectives to be achieved. India was under subjugation for many centuries and is now searching for its soul under the debris of history. Durable peace is as vital as human development in India. Hence, the national approach to terrorism must first aim deterrence and dissuasion to enable peace. In the event of a conflict, the aim must be for early conflict resolution, with adequate conflict control mechanisms to reduce the risk of escalation. The foreign policy of a nation is dictated by its national interests. At the macro level territorial integrity, sovereignty and the security of the people are paramount. All three are threatened by cross border terrorism and some inimical elements within the nation. It took a pandemic for mental health to make a dent in the budget suitcase tablet in 2022 ! Finance Minister Nirmala Sitharaman announced a national tale mental health program driven through NIMHANS and IIIT. While this is a critical step to providing care for millions of people, mental health is a complex issue which requires solutions to address challenges across the ecosystem. This is.

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Animals are my friends and I don eat my friends, said George B Shaw. Every year on Nov 1, World Vegan Day is commemorated. For those new to veganism, it serves as an enticement to try meatless fare and learn about its many benefits. Veganism is the practice of eating food not derived from animals and typically of avoiding the use of animal products. It is a noble and compassionate concept that will become universally popular in days to come. Veganism is not a fad or a fancy. Nor is it an example of one-day tokenism. In other words, the symbolism of veganism is eternal, not fashionable. It is a cautious and conscious choice that stems from empathy for all creatures. We talk about love, empathy and nonviolence, but don realise that lofty talk will remain weasel words unless we practise and implement them to the letter. Two generations ago the annual family holiday was not to Cannes or Disneyland. We did not fly off into the wild blue yonder. It was a train ride or a drive directly to the grandparents home. Days spent there were made really memorable by the great food on the table, what with aunts, uncles, cousins spicing the dishes with reams of sooner than gossip. It so delightfully stitched up the family patchwork quilt. There was genuine conversation and care. With food, our journey of empathy and universal love begins. Remember, a man can live and be healthy without eliminating animals for food; therefore, if he eats meat, he participates in taking animal life merely for the sake of his appetite, and to act so is immoral. Just the way, your love for humanity should be restricted only to loving the people of your own country, but it must encompass people of the world; your love for nature must also apply to what you eat. Until we extend the circle of our compassion to all living beings, we will not find peace. Without sounding condescending, veganism – or at least vegetarianism – is the culmination of ethical and humane behaviour. Eating meat is not a necessity; it is an act of cruelty. Think occasionally of the suffering of which you spare yourself the sight. If we don give up eating meat, how can we expect ideal conditions on the planet? Ideally, a person of spiritual intensity should not consume dead animals. Fashion and taste are acquired behaviours. We find something tasty doesn mean it is tasty; it is tasty because we think so. Perhaps we ve not tried the full spectrum of vegetarian cuisine and explored its varieties. Every being has a fundamental right to live. We cannot deprive a lamb, goat, chicken or a fish of this basic right. They are not born to be devoured by us. Remember Shel Silverstein famous lines, Thanksgiving dinner sad and thankless. Christmas dinner is dark and blue. When you stop and try to see it/ From the turkey point of view. Many great mystics in Islam turned vegetarians and vegans during periods of spiritual seclusion. Some accounts suggest that Maulana Rumi adopted a vegan diet 800 years ago. It is said that Mughal King Akbar gave up eating meat towards the end of his life. He was influenced by Jain monks such as Hiravijaya Suri and impressed by the principle of nonviolence. He issued firmans banning animal slaughter during Jain festivals. To be a vegan is to show austerity in all that you eat, wear and feel proud of; in a way, veganism is a dietary spartanism. Each year, in many cultures across the world, ancestors are propitiated and ceremonies performed to welcome them on their earthly visit as spirits.

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Halloween displays caricatures of ghouls and demons, whereas perhaps what is really being referred to are the inner demons we face in our daily lives. Among the most persistent demons within is the negative emotion of anger, rage, among others like fear, greed, jealousy and lust. An interesting story attributed to Gautam Buddha, called King Sakka Demon, is narrated by Josh Korda in Lion Roar , the magazine on Buddhist teachings: A demon fed on people resistance and anger. One day, thedemon climbed onto the king throne while he was away. King Sakka guards saw the little demon and yelled at it, How dare you sit on the throne? This is an outrage! As they yelled, the demon became a ferocious beast, breathing fire and terrifying the guards, who fled. When King Sakka returned, he tried a different approach. He greeted the demon with kindness. How can I make you feel comfortable? he asked. Can I offer you something to eat? Do you want to put your claws up on the table? With each nicety, the demon shrank in size. It became smaller and smaller until eventually the king could easily remove it from the throne. This story is, of course, a metaphor for the way to relate to our anger and other challenging emotions, that are in fact our inner demons. If we try to get rid of, repress, or battle them, they only get stronger. The real practice is to do what Sakka did: turn towards the anger, make it comfortable, and create a safe place in the body where it can be felt. Most negative emotions feed on frustration, discontent, stress and anxiety. Says Madeleine L Engle, Remember that sometimes monsters only need to be kissed to be turned into beautiful princes and princesses. Attitude is a key factor: How we deal with these emotions that may surface involuntarily in us, is what will decide whether the monster devours us or we tame it and ultimately bid it a friendly goodbye. A popular Cherokee story talks of inner conflict as two wolves battling within. One is positive, the other, negative. The grandfather is narrating the story to his grandson who asks him, Which wolf will win? The grandfather replies, The one you feed will win. Life coach Michelle Weimer says the story doesn end here, there is more. In another version of the story, the Cherokee says that feeding them both right will ensure that the dark wolf hunkers down and the white wolf dominates, co-opting the virtues of the dark wolf that is daring, courageous, persistent and fearless, qualities perhaps lacking in the pacifist white wolf. In other words, embrace the negative, befriend, understand and acknowledge them – instead of suppressing or repressing them, so that they do not resurface in a more vicious form. We could say that every day is Halloween as we encounter different monsters, ghouls and ghosts of different dimensions, contributing to conflicts within; once they are acknowledged and we do not let them overtake us, all will be well. In Buddhism, nature is not a background to human life, nor merely a collection of resources for our convenience. Nature is life itself – sacred, dynamic, and deeply interconnected. Through the lens of Dharm, all living forms are seen as threads in one vast, interwoven fabric of existence. We are not separate from nature. We are born of it, sustained by it, and returned to it. This recognition calls for both humility and responsibility. At the heart of Buddhist thought lies the principle of pratitya-samutpada – dependent origination. All things arise in depende

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It the case with students that, in quest of excellence, more minor but essential details slip right under and may sabotage all the excellent work done. Students deserve a hand of wisdom on their shoulders which will enhance the effectiveness of their preparation. Keeping these prerequisites in mind will nudge their approach a little and make a massive difference in this last round of practice. The timetable is a savior Prepare a timetable that devotes optimum time to all subjects because an overall good score requires performing well in each subject. It should also include well planned time slots for rejuvenation in between long stretches of study hours. Prioritize areas of improvement by assigning them sufficient time chunks to overcome any weak links. Students can also divide days according to subjects, i.e., Monday for Maths, Tuesday for English. According to a student need, a custom schedule is a slight change with rewarding results. Simplify the difficult first Students should not procrastinate on the topics or concepts they may find challenging. Such issues may require extra practice or attention. It is advisable to simplify them first and not wait for a time crunch situation as the revision phase of preparation will soon start. Play on your strengths and utilize time smartly. Textbooks help books the formidable combination the most important thing to ace board exams is to go through the textbooks thoroughly. Textbooks set the base for understanding the concepts which can further be sharpened with a few good reference books and ample practice. Make sure you solve all the intent and back exercise questions from your textbook and mark the important ones for reference. Gets the Note making advantage taking down notes helps you retain concepts for longer. Note making should only happen while attending classes but also while you re self studying. There are three stages to effective note making before, during, and after. Before prepare a list of points to keep in mind while starting a new chapter or any doubt from the previous topic. This might help you overcome any roadblocks you faced in the previous chapters. During Jot down main ideas, difficult concepts, doubts, or important keywords while self studying. After Reflect on what you vet learned by taking down notes. Space time for Rejuvenation Preparation time is all about consistency. Pulling off a straight 8 hours of the study session is impractical in the longer term. Studying late at night is also harmful in the longer run. Exams are conducted in morning sessions only, and bad sleeping habits combined with exhaustive studying will not sound good no matter how you phrase it. Plan shorter study sessions as they are proven to give better results than the longer ones. Sleep, relax, and reenergize your mind by taking small breaks. Eat right & sleep tight for at least 8 hours. A healthy body and mind will get you to get ready to study diligently & with total concentration. These changes will be the tiny engines that will.

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I recently read about a food service aggregator company shutting its services in 225 small cities. The company said that the payback period in these 225 cities was not acceptable on the investment it did. But at the same time they also believed that there is no material impact on the operational costs of the company owing to this pull out. When they were starting to expand in smaller cities, it had reasoned that even if the average order value was lower in non-metro cities by 20 per cent, the cost of delivery was lower by 50 percent and hence making the economics superior in comparison to the metro cities. Now while pulling out, it seems that these cities contribute less than 0.3 of the gross order value of the company. So basically a projection for small cities does have to materialise the way it was envisaged. However, opening and shutting businesses are based on financial numbers and people don always figure in them. The idea and conception of smaller cities as markets-markets for ecommerce, for internet, for financial products, for tourism and for almost everything that can be sold-has been a big one over the last few years and makes for big news. But this recent occurrence of shutting down of operations of a publicly listed company in almost 1 4th of its operational area seemed to have not made big waves in the public discourse, perhaps indicating that the consequences of such pull-outs are not fully understood or appreciated or are indeed inconsequential. One inference from this: the economics of doing business in smaller cities may not be as favorable as previously thought. The derived inference could be that the kind of businesses that may do well in small cities may be the ones with low operational costs with high volumes even if there are low profit margins. This may include businesses such as essential goods and services, low-cost retail stores, and low-cost food outlets and if you go to a small town, you will find all of them already there. And the bigger personal inference which may or may not be accurate: The capital that is coming to town literal pun is very different than the capital that is locally built and invested. And you would know what I mean if you try to compare two kinds of businesses which are built by two different kinds of capital. Imagine a food joint funded by VC money and is on a mission to conquer as many cities as possible. And imagine a 2nd generation son daughter who revamps the food stall their father parents used to run on the busy market street through savings loans. Who is likely to think about building a business which would continue to last there and put in their blood and sweat in ensuring that it does shut based on numbers of a quarter. Building a business in a city serves the city and its people and not just the person who builds.

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A mammoth task that could take several attempts before getting it right. However the government can avoid trial and error. The precedent for such helplines already exists. There is an opportunity to learn from, and build on the work of mental health helplines in India, anchored by social sector organizations and supported through philanthropy. Collaborating with existing stakeholders will be critical for success. In the last decade, tele mental health solutions run by social sector organizations have played a crucial role in championing easy access to quality mental health for individuals from lower socio economic backgrounds, vulnerable populations, and marginalized communities. Today, there are 20 helplines in India that provide mental health support through different means like telephone, email and even WhatsApp in more recent times. The government at the national and state levels has dabbled with setting up mental health helplines. For example, it launched the first Toll Free Mental Health Rehabilitation Helpline Kiran, addressing a Change.org petition for suicide prevention. Similarly, the Maharashtra government started LetsTalk1on1, with the support of Mpower Minds, as a response to the pandemic. To move from theory to implementation faster the experience of running helplines in the social sector offers insights that can make a difference. Below are some recommendations investing in behavior change campaigns in 2016, NIMHANS reported that 150 million were in need of active interventions but only 30 million individuals sought care. While setting up the national helpline, it is critical that the government invests in national awareness and behavior change campaigns that reach even the most underserved regions in the country to destigmatize mental health and empower individuals to seek help. Polio was successfully eradicated in India through the world largest awareness campaign. Can we do the same for mental health not just accesses, but access to quality care while shortage of mental health professionals continues to be a pain point for the sector, the lack of standardization in the quality of care is even more alarming. With mental health, poor quality can do more harm than good. The government will have to invest deeply in continuous training mechanisms and processes for maintaining quality. A counselor understanding, attitude, beliefs of not just social issues but everyday life experiences influence how they deal with a certain caller concern. We invest heavily in continuous learning and unlearning covering topics like understanding the youth, queer affirmative practices, relationships, sexual health concerns. shared a strategy and operations expert. Infrastructure to provide end to end support mental distress or illness does happen in isolation. It is often multi dimensional with an individual gender, caste, sexual orientation, family and financial situation playing an important role. Meghan Jada, a Mumbai based counseling psychologist who has managed helplines shares that if you are a counselor at a helpline, your work is not limited to providing emotional support. When we speak to survivors of domestic violence, there is an onus to create a safe space, provide continued support for extended periods, and connect them to a relevant nonprofit.

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Legal aid when they are ready. We also have to sensitively deal with involving law enforcement agencies. Ensuring a diverse referral network, resources for continued support, deployment of stringent data privacy policies more practice more try is better for your typing because accuracy is better for your actual test. More Try Student tries and try daily two hour for your typing and I am here with you 15 hour with full support daily. Being transparent about the usage of data collected will be key to building trust with people and unleashing the power of this national helpline. Integrating community care models it is critical to also create safe spaces for people in different communities across sock economic classes. In low income communities, Para medical professionals or community workers can be trained to lead interventions Senath, Basic Needs in India and Strong Minds in Kenya are great examples. Group therapy interventions across the lower and upper middle class population have huge scope for impact and scale. Integrating tele mental health with community care interventions that nurtures the human touch, can be transformative. Radical collaboration finally, to solve the massively complex mental health crisis, we need the government, private sector and civil society to truly work together. Social causes have benefited from a collaborative approach, whether it is education, health or livelihoods. But we have seen much of it in the mental health sector. Instead of reinventing the wheel, we hope that this tele mental health program focuses not only on leveraging existing government infrastructure but engages deeply with nonprofits, social enterprises, philanthropists, and international foundations working in this space. The 2022 Budget proposal puts India in the league of other developed countries having national initiatives on mental health, and access to care will increase. However, as with all policy proposals, success lies in the implementation capabilities and integration with state health infrastructure. If India can also integrate the holistic approaches detailed above, the quality of life for all Indians over the next few decades will improve massively. We are hopeful. The most talked about thing in academia right now is, CBSE board exams are fast approaching as CBSE is gearing up to announce the final dates of Term 2. The butterflies of disarray are returning to scare every student as preparations are entering the last phase, soon following revisions. This pandemic has already changed a lot of ways in which students used to go about their preparation earlier. With the introduction of online classes, a student relationship with pen and paper has changed. So has the form of questions asked with the introduction of various MCQs like competency based questions, case based questions to name a few. Students are already in a deep state of conundrum, studying for long hours, rigorously practicing MCQs, numerical, and writing as much as possible to grease their way out of rusty handwriting. There is no space for extra time right now, so suggesting a radical change in their preparation routine will benefit no one Often.

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Leaders are the most important people in society. They define the goals, priorities and progress of a nation. They represent the nation on the world stage through conduct, character, and personality. They influence the aspirations, attitudes and mindsets of the people. They look towards their leaders for inspiration and motivation. History shows that great and good leaders make a nation, whereas bad and wicked leaders break a nation. The most significant mishaps and catastrophes the world has gone through and is going through are a result of the mistakes of its leaders. The better leaders we have, the world will be a better place to live and thrive for all. Bhagwad Gita stresses the role of leaders as role models for the public and the need to educate those leaders It is essential to have leaders with character and competence for the holistic growth of individuals and nations. Holistic growth involves dharma, social, artha, economic, kama, personal, and moksha, spiritual growth. Being in a democracy is a great privilege wherein we have the right to choose our leaders in a free and fair way. According to a Pew survey, around half of the nations in the world are bereft of this privilege. Vibhishan wanted to live a life of righteousness, devotion and compassion. But he was caught up under the tyrannical rule of Ravan, the leader of Lanka. Ravan propagated materialism, self-centredness and irreligion. Vibhishan realised that Ravan leadership was detrimental to his growth and the growth of Lanka. He tried his best to counsel Ravan and inspire him to mend his ways but to no avail. Then, he came across Hanuman and heard about Ram, his exemplary leadership, glorious virtues and kindness. Vibhishan found out more about Ram leadership. He contrasted Ravan leadership with Ram leadership. He felt Ram leadership would be congenial for his growth and that of Lanka. Then, he was in a situation where he had to choose between Ravan and Ram. He boldly made the right choice to be with Ram as Ram provided him with an opportunity to assist in fighting against Ravan. Eventually, Ravan was defeated, and Vibhishan was installed as the king of Lanka. By choosing the right leader, Vibhishan did good for the people of Lanka. First, we need to realise how the quality of our lives and progress depends on the type of government that gets elected. It affects not just our lives but also lives of our fellow citizens and future citizens of the nation. The symptom of an evolved human being is that he thinks about others welfare. Once we enlighten ourselves with the importance and significance of casting our vote, we can evaluate our choices. Once we grasp the gravity of our duty, we must meticulously consider the choices before us. We must stay focused on our purpose, resisting the allure of superficial temptations. It is crucial to consult reliable sources and thoroughly assess candidates character, values, and competence. Their past actions and future goals should be scrutinised. This careful evaluation will guide us in making informed decisions that align with our values and aspirations. Once we educate ourselves about the different choices, then we should select the best option with confidence and clarity. sign of a mature actor is that they can be completely engrossed in the character they are playing and yet be totally aware of the light, equipment and the people at the movie set. The actor plays their character as if they truly are that person in the story and yet

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This ability, described by author David Deidra's as being both fundamental inside and outside of the room simultaneously, serves as a useful analogy. However, reconciling the scientific view of determinism with our intuitive sense of free will remains a challenge. One way to make sense of these conflicting ideas is through the theory of emergence. This theory explains how complex systems can have fundamental properties or behaviors that can be explained just by looking at their individual parts. It is evident in the different fields of science which are connected and build on each other. For example, physics gives us the basic rules for matter and energy, which then help us understand chemical interactions. Chemistry helps us understand the molecular processes in biology. However, when we try to apply simple rules from one level fundamental to a more complex level, like using physics laws to understand biological functions, we run into problems. Akin to the three levels of disciplines above, the human brain three-tiered structure, reflecting evolutionary development, comprises the reptilian brain brainstem and cerebellum, governing basic survival functions the limbic fundamental system mammalian brain, regulating emotions and memory and the neocortex human brain, facilitating complex cognitive functions like language, reasoning, and decision-making, crucial for adaptability and social interaction. Formulation of a theory such as the theory of free will or determinism is mostly done by the neocortex. However, the attempts to make sense of it by the animal brain may be as absurd as using math to understand English. The reptilian brain is more concerned with our survival and our animal brain tends to see things from an emotional perspective. The animal brain fundamental is likely to believe in freewill because it is not concerned with scientific theories even though that might be the logical truth. If you see a tiger in front you are likely to run first than to think about if you have free will in this situation. However, we can live as per the selective world view of only one brain part. Therefore, we face the contradiction between determinism and free will. It is intriguing that during the times of adversity, we realize our ability to act, regardless of our views on free will. Overcoming difficult situations with our action gives us clarity about the efficacy of our agency. Thus, it may be prudent to hold onto a fundamental trust in our ability to influence outcomes and to exert our utmost effort, rather fundamental than becoming caught in excessive intellectual analysis about whether our actions truly have significance and impact. This approach could be our most effective way to achieve harmony and equilibrium. Disharmony between conflicting viewpoints can lead to personal turmoil. We may oscillate between futile effort and resignation when faced with obstacles. In the long term, striving for clarity in knowing when to act and when to accept is crucial. This is captured beautifully by the serenity prayer God, grant me the serenity to accept the things I cannot change, courage to change the things I can, and wisdom to know the difference. However, reconciling the scientific view of determinism with our intuitive sense of free will remains a challenge. One way to make sense of these conflicting ideas is through the theory of emergence. Hold onto a fundamental trust in our ability to influence outcomes and to exert our utmost effort of the

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The business and you may appreciate this difference in this capital even more if you were to replace the doctor that your family has been seeing for years, with a doctor that you can only book through an app. A business is not just its business operations reflected through its profits and its account books. There are real people involved. The decision of companies to pull out or shut down their operations in certain places can have consequences on the lives of the people who live and work there. Ultimately, businesses need to recognize the social and economic impact of their decisions and consider the people and places that they operate in. Today, businesses prioritize economic frameworks and financial metrics like profit margins and revenue growth over everything else. While these are undoubtedly important, it equally essential to consider the people element of any business. After all, businesses are made up of people, and they exist to serve people. One final point, based on my limited knowledge of this realm, is the relative absence of government regulations in visible policy scenarios to regulate such entry exits, even though there are now policies supporting businesses in small cities. In France, Floorage Law obliges the head of any enterprise with more than 1,000 employees who want to close down a plant, to spend three months looking for a buyer first. Similarly, US Dept. of Labor through Worker Adjustment and Retraining Notification Act WARN protects workers, their families and communities by requiring most employers with 100 or more employees to provide notification 60 calendar days in advance of plant closings and mass layoffs. These may be for different kind of businesses, but the principle is the same. These are just some regulations which require businesses to warn before shutting. Perhaps a similar principle is needed for thinking about service oriented businesses, especially when the laws for the gig economy businesses are in a grey area where the delivery executives may or may not be considered as employees. The startup culture has penetrated the Indian market in the last decade, and young entrepreneurs love this trend. Though foreign countries have been way ahead in adopting the startup culture, it now high time for Indian startups to take off and break the norms. With a population of approximately 139 cores, the young guns of India will likely continue venturing towards mind-boggling entrepreneurship ideas and ventures. Talented youngsters and their astounding startup ventures have made headlines in the past few years, and the trend is estimated to skyrocket to another level in the coming decades. Due to the consistent surge of budding entrepreneurs, individual investors and venture firms are becoming more prevalent in India. What was nothing but an imagination a few years back is happening in India today. In fact, investment patterns in India have undergone a massive transformation due to the evolving startup culture in India. Enterprises and industrialists alike are giving opportunities to emerging entrepreneurs by investing in their ventures If you are.

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Among the enthusiastic investors looking to invest in a flourishing startup, you need professional assistance to make the right call about your investments. After all, you can only invest with a bit of strategizing. We suggest you go through this entire blog to explore innovative ways to invest in startups in India. What are the key funding types? Before investing in small startups in India, it important to build familiarity with the key funding types. It bizarre to assume that every startup will approach you for similar funding types. So, you better know about different types of funding. To keep it short, there are three primary types of funding. Let elaborate on them- Equity financing- In this case, you acquire a certain fraction of the company equity in exchange for your investment. This type of funding enables your investment to grow along with the startup growth. Based on the latest stats, equity financing is India most popular funding strategy. Most investors aim to invest in startups in India through equity financing. Debt financing- Debt financing involves borrowing funds from an individual or an organization to launch a startup. The founder must repay the borrowed fund and an interest amount in this case. The interest rate is usually negotiated between the investor and the borrower beforehand. You can opt for this financing to invest in startups in India. Grants- Grants can be considered financial rewards offered to a startup to help it achieve a certain level of growth. How to invest in startups in India? There no straight answer to this question. You need to choose how you want to invest in startups that can multiply your investments. Investments can be made in different methods, and we are mentioning the topmost ways to help you out- Venture capital Venture Capital organizations primarily collect investments from different investors or companies and compile them into a single fund. After that, the representatives of these organizations finalize investment deals with entrepreneurs who seek investments. Venture capital can be considered a safe investment to bet on for an entry-level investor. Angel investing Startups that have recently started their operations prefer angel investments over other investments. In angel investing, a startup founder most likely asks for investments from acquaintances, including family members, friends, and mentors. If you want to try your luck at investing, you can also opt to become an angel investor. Noticeably, a large percentage of all small startups in India are backed by angel investments. How can you shortlist the best startups to invest in? As an Investor, you may be approached by hundreds of entrepreneurs every week. Naturally, it only possible to entertain some entrepreneurs ask. Also, the shortlisting process becomes pretty tiring if you don approach it systematically. There are certain factors that you must check about a startup before investing in it. Let discuss them in detail- Innovativeness A startup that does have a strong differentiator is less likely to be a profitable investment option in the long run every.

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Power your board exam preparation. Whether it is scheduling, note making or the judicious utilization of time, all these things may sound obvious but contribute immensely to the bigger picture. It is said that a flap of a butterfly wing can cause a tremendous storm indicating that a small change can lead to significant results. Similarly, practicing these little things everyday will surely add up to big results. These are extraordinary times. And in the shadow of the pandemic and a tumultuous economy, consumer behavior is under keen watch. There are clear signs of revival of the diamond industry, based on appreciation of the emotional symbolism of diamonds. Jeweler that represents everything from spiritual to sentimental to pieces that are connected to guidance, strength, luck and love continues to take shape in different incarnations and distinctive designer collections and power the industry in new ways. No symbol has the same wonder, uniqueness and beauty as a natural diamond. Throughout history, diamonds have been a symbol of love, happiness and power and celebrate life special moments. Even during the pandemic, we noticed the value that diamonds held, people were home reconnecting with their loved ones and realized the importance of fewer but better things. They were drawn to making quality purchases that were real, valuable, long lasting, and that defined a deep meaning. Personalization For centuries, diamonds have been widely known as the universal symbol of eternal love and commitment. Through their journey on earth, these diamonds have stood strong during natural disasters, extreme heat in the Earth mantle where they are formed, and a myriad of other stringent processes and checks before they re ready to be held in the hands and hearts of a customer, thereby sealing a lifelong emotional connect. Made to be worn and cherished for years to come, a diamond gift is weighted in meaning and forever represents the special moment or occasion behind it. Earlier, diamonds were purchased to mark a milestone like an engagement, marriage or a birth of a new baby, now it can be about anything graduating high school or college or the first pay cheque. As women have become more independent, self purchase is also on the rise. Every piece of jeweler that a woman self gifts tells a personal story or a milestone she ticked off that has made the diamond a treasure to be preserved forever. Apart from the brilliance and rarity of the gem, diamonds also have a unique quality to always remind the wearer of what they vet achieved and how far they vet come with their loved ones. No other luxury purchase can strike a strong emotional chord as do diamonds. We vet been given the gift of time to treasure intimate moments and craft special memories. What our research says our research has shown that there is increasing demand for natural, rare, beautiful and responsibly sourced diamonds. The diamond industry expects to see significant rebound in diamond consumption that is connected to what diamond jeweler.

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Startup should have the edge over its market competitors to grow fast and scale fast. You should drop the idea of investing in a startup that can stand out among similar companies, no matter how good the pitch is. Scalability It a given fact that scalable businesses ensure higher returns from investment perspectives. Certain business ideas may sound very catchy, but they might not be as scalable as you want. On the other hand, some pitches may sound cliche but scalable. You should pick scalable startups to invest in without getting trapped in dilemmas. Equity You need to evaluate the equity offered when you receive an investment ask. You need to judge whether your investment against the equity offered will add value to your investment portfolio. If yes, then it a green flag. Market size Is it profitable to invest in a market with limited potential opportunities? Of course, not from an investment perspective. So, always consider the target markets of the startups and prioritize investing in those that cater to bigger markets. Fund usage Generally, investors have long discussions with the founder s before finalizing deals. Take advantage of that discussion, and ask them how they will utilize the fund you re offering. If the pre-planned utilization framework seems like it could be more satisfactory to you, discard the idea of investing in the startup. Before shortlisting the best startups to invest in India, you must consider the abovementioned factors. Why are startups pivotal for the growth of the Indian economy? As already mentioned, Indian startups are taking the Indian economy to a different level. Further, the rapid growth of the Indian startup culture will likely strengthen India global presence considerably. Experts predict a drastic and consistent escalation in the Indian economy as many out-of-the-box entrepreneurship ideas are coming out of their shells and becoming fruitful. Here are a few points that will help you understand how accurate the prediction above is. Innovative concepts and ideas Being the second most populated country in the globe, India will surely never run out of innovation and game-changing business ideas. Young people from different corners of India are conceptualizing innovative business models. More importantly, they are equally good at implementing their ideas and turning them into reality. The good news is that we can soon watch India becoming an economic powerhouse owing to the contribution of a thriving startup community. Needless to say, this growth will contribute to the Indian economy largely. Solving daily-life problems Multiple startups have grown by leaps and bounds by solving daily-life problems with ease. Trendsetting startups like e-payment apps and e-education apps have disrupted industries by helping people gain easy access to education, payment options, groceries, and other necessities. Besides contributing largely to our country GDP, startups have completely altered our way of living. Improving employment rate have you ever thought about what would have happened if the Indian startup giants were there? Thousands of working individuals would have lost their jobs and got doomed in the.

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But is the madness of this tech without a method? Diverse geography, Release of Israeli hostages is no guarantee against resumption of West Asian conflict. Palestinians must prove they want to demilitarise Hamas. Israelis can't remain hostile to idea of Palestinian statehood. The end of a war why bad internet is making life tough for many Indians India's internet covers almost the whole country, but that doesn't mean it always works. Many people, especially in villages, still struggle with weak or patchy its Diwali time again the festival of lights, sweets, and fun! But along with the excitement comes the same old problem: the smoke. Every year, people argue about how to celebrate Diwali without turning these respond to Pavlovian conditioning, until they don't the local Resident's Association has chosen to give me a Lifetime Achievement Award, I announced proudly to Kamala. She was less than impressed. 'You've walked around reminding Another Diwali, another round of litigating how to do it right, and maybe only rain can help Diwali is nice. We are looking forward to the lights and festivities. And Diwali vu India should readjust its strategic policy: dependency on any country for anything, energy or arms or trade or tech, mustn't exceed a quarter of total requirement. That'll reduce vulnerability when any power pulls the plug Advantages of having a khichdi election with states and Centre together are minimal compared to the costs. Regional voices and the federal compact are sacrificed for suspect macroeconomic gains The High-Level Committee on One Nation, By S Kannan Change is the only constant. From times ancient, change is a realisation that we must go with the flow. It is easier to walk along the river. The flow is defined by Silver isn't just for jewellery anymore it's becoming a tech star! Imagine going to buy a silver bar and hearing, sorry, we've run out. That's what happened in South Korea recently. Silver prices have A DNA-based census confirms that India is not doing right either by the creature or its own heritage That India is symbolically associated with the elephant as US is with the eagle and China with Elephants have always been special to India. They're part of our stories, our gods, and our history think of Ganesh, Lakshmi's elephants, or even the gentle elephants seen in old temples and forests. Long Lit-content, cantonment, Contentment City lit fests do plains talking. But those up in the hills give you a special high. True, Nametag Devidayal and I curated the much-missed TOI Mumbai lit fest, and long-ago colleague Amy Fernandes Silver's sterling run is not just as a hedge but because it's used in tech products Imagine going to the bank to buy a silver bar, only to be told they're all sold out. This CJI Gavai was right to uphold the bulldozer judgment as a high point for the top court. That unlawful bulldozing of houses continues is thanks to the executive, who is supposed to implement judicial orders EC, must allow states their own timelines for SIR. Time is of essence for robust voter rolls Will EC heed Maharashtra election commission's request to defer the re-doing of state electoral rolls till local polls The Election Commission of India EC is the big boss that makes sure elections happen fairly across the country.

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Each state also has its own smaller "election body" called the State Election Commission SEC Why America's prez is a godsend for India's humourists Two Indian humourists, Gup and Shop, discussing their career prospects. Gup: Three cheers for Donald Trumpji! Thanks to him you and I still have our jobs. Google is building a huge new centre in Vishakhapatnam to work on artificial intelligence AI that's when computers learn to think and make decisions like humans. It's going to be Google's biggest AI data Google's India AI hub is great news. Governing AI to India's advantage is another matter not all infra is equal. Google's Visakhapatnam AI hub, to be built with $15bn over the next five years and the three laureates did their work pre-AI. But their research showed how important rules are for humanity to gain from massive tech disruption. But is the madness of this tech without a method? Diverse geography, Release of Israeli hostages is no guarantee against resumption of West Asian conflict. Palestinians must prove they want to demilitarise Hamas. Israelis can't remain hostile to idea of Palestinian statehood. The end of a war why bad internet is making life tough for many Indians India's internet covers almost the whole country, but that doesn't mean it always works. Many people, especially in villages, still struggle with weak or patchy its Diwali time again the festival of lights, sweets, and fun! But along with the excitement comes the same old problem: the smoke. Every year, people argue about how to celebrate Diwali without turning these respond to Pavlovian conditioning, until they don't the local Resident's Association has chosen to give me a Lifetime Achievement Award, I announced proudly to Kamala. She was less than impressed. 'You've walked around reminding Another Diwali, another round of litigating how to do it right, and maybe only rain can help Diwali vu is nice. We are looking forward to the lights and festivities. And Diwali vu October 17, 2025 Beyond the pink ribbon: Why breast cancer awareness still matters in India Dr Prof Sadhana Kala is a USA-trained robotic & laparoscopic surgeon, Uppsala University, Sweden, trained fertility specialist, and 'National Icon Endoscopic Surgeon' of India. University topper and winner of several gold and silver medals and Certificates of Honor and the unique 'Distinction' in medicine in medical college, she is the youngest-ever Professor in any medical college anywhere, and the only-ever gynec Hon Consultant to the Army, Navy and Air Force. FORMER: President Family Welfare Foundation of India now closed one of the few UN -accredited NGO since 1997; Member of Central Consumer Protection Council, Government of India, the apex national advisory body on consumer affairs; Advisor, Ministry of Women and Child Development, Government of India; Member, Advisory Committee, MTNL Delhi. Awardee of C L Jhaveri and P N Behl Awards of Indian Medical Association for professional excellence. Chief emeritus and currently Sir Consultant gynecologist and laparoscopic surgeon, Moolchan Medcity and Apollo Cradle Hospitals, New Delhi. She is a published-writer on varied topics.

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Life is never the same after losing an arm or leg, and most amputees rue the fact that their prosthetics don't really feel like a part of their body. Here's some good news: market players and researchers alike are coming up with new technology that can make an artificial limb read your mind. California-based company Atom Limbs is perfecting an artificial arm that uses AI and machine learning to read electrical signals from the brain and move itself around accordingly. BBC journalist Paul Carter tried it out and proclaimed, "The arm has a full range of human motion in the elbow, wrist and individual fingers and it provides haptic feedback (vibrations) to the wearer on their grip strength." It doesn't need surgery or implants; a neural interface connects the artificial arm to the brain. Carter, who was born without lower arms and legs and has used various prosthetics, found the arm much lighter. Hugh Herr, a biophysicist at Massachusetts Institute of Technology (MIT), had lost his legs from the knees down after a climbing accident at 17. Researching on a neural interface that connects the prosthetics to the brain was very personal for him. "When you ask a patient 'What is your body?', they don't include the prosthesis," he told MIT Technical Reviewing reminds us that awareness is power but only when it turns into action. In India, breast cancer has become the most common cancer among women, yet thousands continue to lose their lives to a disease that is often curable when detected early. Awareness is not merely about knowing the name of a disease; it's about empowering both women and men with the knowledge, support, and tools to take timely action. Nearly 1 in 4 cancers in Indian women is breast cancer. According to the Indian Council of Medical Research ICMR, over 60% of breast cancer cases in India are diagnosed at advanced stages, when treatment options are limited and survival rates plummet. In countries where awareness and screening are routine, early detection rates exceed 70%. The difference isn't due to genetics; it's rooted in awareness and accessibility. These challenges are not just medical; they are social. Genuine awareness must begin in homes, schools, and workplaces. Early Detection: The Most Powerful Weapon Up to 90% of breast cancer cases are curable if detected early. Every woman over 20 should perform a monthly breast self-exam. Familiarity with one's own body helps identify changes early. For those aged 30 to 40: every three years. After 40: annually. A trained clinician can detect subtle abnormalities. For women over 40, mammograms can identify small, fast-growing, and often life-saving tumors long before they become palpable. Awareness without accessibility is incomplete. Screening must be made affordable and stigma-free across India. Breast cancer affects men as well, though it accounts for less than 1% of total cases. Stigma and a lack of awareness often lead to late detection of most male cases. Any lump or change in the nipple should be taken seriously, awareness must include everyone.

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For years, the brilliant, elegant Chitra Ramkrishna, and her wary, calculating boss, Ravi Narain, a consummate networker, were the czars of the Indian stock market. On a long rope from bureaucrats and the finance ministry, they ran the largest bourse, National Stock Exchange NSE, with absolute control crushing rivals, stifling dissent and influencing policies of the market regulator Sebi. A near monopoly with overflowing coffers, NSE, a closely held company, positioned itself as a national public institution that was virtually beyond reproach. With foreign investors betting more and more on the India story, NSE size and clout grew rapidly. Shareholders lapped up dividends, somnolent directors and loyalist lieutenants endorsed every decision, and Chitra CEO and Ravi former CEO and later VC were the toast of Corporate India. A home is the single largest investment in the lives of most people the world over. In India, the process of buying a home is fraught with risk. It also has some unique features. Often, a home buyer is a financial creditor of real estate projects as payments are made well before delivery of the house. However, there was little protection from delays in delivery or outright cheating on the part of developers. Two laws passed in 2016, the Insolvency and Bankruptcy Code and Real Estate Regulation and Development Act, have begun to tilt the scales. The passage of these laws and their subsequent amendments have often triggered legal challenges. Many of the consequent Supreme Court judgments have reinforced their underlying spirit by providing home buyers with a degree of protection. In the same vein, on Monday an apex court judgment held that if there is a conflict between RERA and SARFAESI, a 20 year old legislation to protect financial creditors, the former will prevail. Yet, the story of the last six years has been one of half hearted protection for home buyers. Three key events explain that and all are centered around the new law on financial default, IBC. In August 2018, the Parliament cleared an amendment to IBC to treat home buyers as financial creditors. It was a big step but an important aspect was untouched. IBC prioritises payments to secured creditors such as banks. Where do home buyers stand in the priority list GoI position is that it depends on the nature of buyer builder agreement. However, there an asymmetry of power between buyers and builders. An agreement that confers secured creditor status on buyers is unlikely. Later, in August 2019, an SC verdict held that IBC shall take precedence over RERA in case of a conflict, putting secured creditors in pole position. In March 2020, another IBC amendment made it necessary for home buyers to get a quorum to trigger the Code. It was meant to prevent frivolous cases but once again overlooked the asymmetry. Only the builder has complete information on the identity of all buyers. Therefore, while developments in both legislature and judiciary do try to help home buyers, there still a long way to go.

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Of the three stakeholders, buyers, builders and banks, it the individual buyer who continues to bear most of the risk. Going forward, the balance of risks needs to be fair. Simultaneously, the mess of unfulfilled contracts by builders needs to be sorted. The immense possibilities for philanthropy are highlighted by the Rs 425 crore donation from the families of IT firm Mindtree co founders Subroto Bagchi and NS Parthasarathy to Indian Institute of Science. IISc, which last year broke into the top 100 band in Times Higher Education Reputation Ranking of global universities, will set up medical facilities focussed on cutting edge clinical research and innovation. Philanthropy in India is growing but the fund flows are too miniscule despite the country boasting many high net worth individuals HNIs. Domestic HNIs funding local causes could help offset the squeeze applied by FCRA restrictions to global non profit contributions to India and the pandemic severe blow to those in lower income brackets. The number of Indian billionaires rose to an estimated 142 in 2021, with only the US and China ahead. But a Harvard Kennedy School study of nearly 1.6 lakh foundations across 22 major countries revealed that 97 of foundation assets totaling $1.5 trillion are concentrated in the US and Europe. Not only are Indian foundations ranking abysmally low, their spend rate expenditure versus assets was a low 3 against 9 in the US and 37 in Spain. The India Philanthropy Report 2021 by Bain and Basra notes philanthropic funding in 2020 rose 23 to Rs 64,000 crore. While foreign contributions, CSR and retail donations have stagnated at 80 of inflows, family philanthropy accounted for most of this increase. An Edelweiss study predicting 4 lakh Indian HNI families by 2025 with assets totaling Rs 360 lakh crore against 1.5 lakh families with Rs 140 lakh crore assets in 2018 reveals high growth potential for family philanthropy. Mindtree founders are like other generous tech HNIs. The tech sector accounted for 26 of family philanthropy despite boasting only 9 of HNI families. With India public spending in areas like science and technology, health and education abysmally low in proportion to GDP compared to other countries, philanthropy can help bridge the gap. Will our HNIs step up In Chetan Bhagat recent article in TOI, Little Do They Know Us , the us is Bhagat and people like him while hey come with an acronym, IIDE India Intellectual and Discerning Elite. He goes on to describe IIDEs as people who read newspapers, magazines and books in English, see English films, and have read the classics. So far so good. Even I can call myself an IIDE because these are the things I have done. But then Bhagat says that IIDEs, in spite of their good English, do not know India, Indians and how Indians think. This is, as Mark Antony said, the most unkindest cut of all. If I am an IIDE, I need to apologise to my readers for having cheated them, making them.

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Think I was writing of the society I lived in and the people I lived among, when I knew nothing about them. The limitless scope of taxation is shown by the fact that a provision in the recent Budget proposes to tax the natural gift of sunlight by increasing customs duties on photovoltaic panels, 80 of which are imported from China, that will raise the cost of solar power installations by over 20 come the next financial year. With an average of 300 days of sunshine a year, India is blessed by Surya, the Sun God. If properly harnessed, this freely available source of clean, renewable energy would exceed, each year, the power generated by all the fossil fuel reserves in the country. To meet its requirements for petrol and diesel, the prices of which are among the highest in the world, India has to import over 70 of the crude oil it needs annually, creating a huge hole in the country bank balance. Electric vehicles, using batteries which could be charged using solar power, would not only sizeably reduce our imported fuel bill but would also help tackle the problem of pollution that plagues the country. Solar stations supplying electricity to factories, whose production is periodically affected by problems of coal supply to thermal power plants, would greatly benefit industry. Household bijli bills would be hugely reduced by the use of domestic solar panels, a fact recognised by the government which has distributed millions of solar cookers to rural homes. So what sense does it make then to increase the cost of solar power by raising the import duty on the equipment required to harness it Is it a roundabout way of getting back at an adversarial China which benefits from exporting the bulk of the solar panel components that we use That would be like cutting off our nose to spite China face. The government move to tax sunlight, or the use of sunlight, is puzzling only because of a divergence of vocabulary, on what the word power means in the rarefied realm of the sarkar, and what the same word means to us down to earth commonfolk. By taxing solar power, the sarkar can bestow pre election populist goodies and so exploit another source of endlessly renewable power for itself. It called the electorate. Just as outward religious symbols indicate which faith you are affiliated with or believe in, so too, your attitude could reveal whether, for instance, you are a cynic or a sceptic, pessimist or optimist, atheist or agnostic, nihilist or a Pollyanna. Daniel Miessler, a commentator on philosophy, security, technology and society, calls cynicism, pessimism and nihilism as ailments that some people suffer from perhaps because these are usually viewed as negative attitudes. Nihilism, says Miessler, is the belief that there is no meaning to our lives hence, it is pointless to look for it meaning. Therefore, nihilism could lead one to hedonism, and maybe the nihilist also gives in to pessimism and cynicism.

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After all, if life has no meaning, why bother about anything so it definitely possible to be a happy or positive nihilist, but nihilism is mostly associated with negative outlooks, says Miessler. He points out that nihilism itself is neutral it is like an empty vessel. So you can fill it with what you will. Pessimism is the lack of hope, the belief that bad things will happen, and that things will get worse. You can be a pessimist without having to be nihilist. When people believe they are skeptics, they are skeptical about things that they do not already believe in. It is an attitude of doubt regarding claims of truth, particularly when those claims are not credible or they lack evidence. Cynicism, says Miessler, is skepticism regarding people and organizations that claim to be selfless, altruistic and good. The ancient Greeks, renowned for their diverse schools of philosophy, had much to offer when it came to understanding isms. A few schools known collectively as the Hellenists Epicurus, Cynics, Stoics and Skeptics based all their philosophies on the bedrock of reason. This led them to question traditional ways, for their approach was always a rational one, encouraging intellectual discourse rather than discourses based only on faith and devotion. It was focussed on physics, logic and ethics. Is rationality necessary for people of faith Ins faith a subjective phenomenon, whereas rationality is by its very nature, objective Mathematician Kurt Gödel asked, But does one have reason to suppose that the world is rationally constructed He proceeded to answer his question I believe so. For it is by no means chaotic or random, but as science shows, everything is pervaded by the greatest regularity and order. Order, however, is a form of rationality. This very order and regularity is what prompts the faithful to believe that there is a god, a super intellectual, who is responsible for creation, sustenance and destruction. Whereas rationalists prefer to see the universe as a mathematical outcome of a combination of serendipitous factors that also enabled life on a hospitable planet. Reason and logic are baselines in science, but when we are struggling to navigate grief, sadness, despondency, diffidence, fear, jealousy, greed and anger, it is subjective tools rather than objective reasoning that come to the rescue. Because, when one is going through extreme emotion, one is already high strung and not given to thinking rationally, logically or even coherently. Hence, nothing is cast in stone, nothing is black and white we find ourselves navigating a spectrum of grey while avoiding the Scylla and Charybdis of superstition and rigidity. In an ever changing business landscape, standing still is no longer an option. With the digital revolution changing different aspects of our lives, technology is being a key enabler in transforming consumer expectations and behaviors. There an increasing shift in focus towards holistic health driven by the consumer trend of preference towards healthy food. This is offering a unique opportunity to F&B companies to harness the power.

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Introduce revolutionary products that meet customer needs. Here how new product development is one of the most obvious projects where R&D is involved. Every phase of the product development process from the research into a concept to screening to consumer testing to test marketing to commercialization, involves thorough research and development to come up with successful products. Customizing Products to Meet Dietary Needs Over the past decade, there been plenty of research into microbes present in the gut, the way they impact the ability to digest foods and their chances of causing intestinal diseases. Sensory research is another area which is exploring differences in taste perception and raising questions like how does a person perception of taste impact the consumption habits, food choice and ultimately their wellbeing and health. With enhanced knowledge about how a person microbial and genetic makeup impacts the diet, F&B manufacturers are able to come up with more personalised products to meet individual needs. Meeting Food Safety and Regulatory Standards When a government agency demands certain standards to be met whilst maintaining shelf life and food safety standards, it comes down to the R&D department to come with a solution for the same. Due to rising food safety concerns, companies nowadays are putting in place food safety research and development strategies to evaluate the risk of pathogen contamination as well from the likes of campylobacter, listeria and salmonella. Bottom Line Research and development in the food and beverage industry can have a significant impact on sectoral developments if it can step in holistically in all operations and functions of a business. R&D not only promises maximum health benefits and meeting up to the demands of the consumer but, also massive cost reduction exercise in all functions. The Union Budget aim to drive the education sector while riding the digitization bull is exactly what the sector needed. As per the Unified District Information System for Education plus UDISE 2019 20 report the student dropout rate in India is worrisome. At the secondary school level, the dropout rate is more than 17 and at the primary level, it around 1.8. But the real worry is the percentage from a few states and UTs is at 25 and four of the states report more than 30 dropout rate. Now, with the emphasis given to digitization to bring it on par or even halfway towards the global education standards, we can hope to see the reduced dropout levels in many of the semi urban and rural parts of India. The education sector has taken a hard hit like any other vertical has taken a hard hit since 2020. While the vertical has been gasping for breath due to the sudden shifts that took place, the beneficiaries i.e the students have taken the hardest hit. The Finance Minister Mrs Niramala Sitharaman acknowledgement of the struggle and challenges is appreciated by us all. Many students have left their education during the pandemic and have gone back to doing odd jobs in order.

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To help their families sustain the loss of jobs. Many have dropped out as their parents are unable to pay the school fee, unable to afford gadgets or even internet connectivity. Understanding these hardships the government has taken in the right direction. The FM said that MoU has been signed between the Telecom ministry and 7 states for the BharatNet Broadband to be made ready by 2025 for lakhs of villages. This will, in stages help the rural students for continuity and accessibility of their education. One TV for one class and expansion of Swayed Piranha TV under PM every scheme from 12 to 200 channels including regional languages from class 1 to 12 is a plan that would bring education to the doorsteps of the students. Even in the remotest village, one TV with connectivity will help in educating the entire community. The 750 virtual Moths and Science labs, and 75 skills e labs for vocational courses to help the critical thinking ability will help students in being on par with the development the market is witnessing. Allowing foreign universities to offer courses in India with exemption from domestic regulation and the prominence given to Fitch will bring us close to the global education modules and opportunities. India has a huge talent pool but the high cost of education for certain courses and travel abroad puts the students under financial pressure. But offering such courses in India would enhance the utilization of Indian talent in the country itself and lead to development in our own backyard. The biggest miss of this budget was the lack of focus made on the K 12 segment and heeding to the needs of the private players who have been majorly servicing the segment PAN India. The educationists in India bore the maximum brunt of the pandemic. Many state governments tied the hands of the private players by directing fee exemptions while asking the sector to continue providing education. Many schools today have shut down due to the lack of financial aid and ease of obtaining financial aid from banks and the GST council too. The sector was looking for relief in this budget in these matters, but it was for naught. However, we appreciate all the other initiatives chalked out by the FM as an effort to bridge the deep digital divide in the education system which accelerated due to the pandemic. The inherently dynamic landscape of education is undergoing a definitional change. From the old paradigm that lay exclusive emphasis on numeracy, literacy, and memory retention, the education world is moving on to a multi disciplinary curricular structure in which alongside academic rigor co scholastic activities such as sports, music, dance, and arts are becoming integral to school time. An extra dimension to this transformation has been added by the IT revolution. The emergence of new technologies with high applicability in education has influenced pedagogies and learning outcomes in a positive manner. Yet, despite so much progress, one important aspect of human.

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Where is happiness? You believe it is out there in the world. As long as a desire is unfulfilled, the mind is agitated and unhappy. When the desire is fulfilled, the agitation ceases, and you are happy. Could happiness be in the mind and not in the object? Are we chasing a mirage all our lives when the oasis is elsewhere? You seek happiness through four avenues sense contact, action, relationships and intellectual pursuits. When you eat the first mango of the season, it is sheer bliss, right? So, you keep eating mangoes, but the more you indulge, the less you enjoy. We all act. What are you working for? A paycheck or profit? Then you get bored. Find purpose and a higher goal, and you regain the excitement of a child. Emotional thrills are so fulfilling that you do not feel the pain of physical inconveniences, but the days of wine and roses soon become days of wine and neurosis. You think the partner is at fault, but could it be your attitude that needs tweaking? Intellectual delights give far more happiness than even emotional thrills. Physical and emotional pain pale into insignificance compared to the joy of a Nobel Prize! But you always want more. As Tennyson said, Knowledge is like the horizon. The closer you get to it, the further it recedes. You are never satisfied. What if you moved from the world to its Creator? The Spirit? Will your search for happiness end? The young boy Dhruva cried to his mother because his stepmother did not allow him to sit on his father lap. The mother told him this is the world. Sometimes, you get what you want; at other times, you do not. Dhruva said he wanted only happiness. The mother said you will only get unending happiness when you get to God. How do you get permanent happiness that is independent of the world? The Bhagavad Gita gives the formula for happiness. Happiness No. of desires fulfilled No. of desires harbored Using this formula, you can enhance your happiness by either increasing the number of desires fulfilled, the numerator, or reducing the number of desires you harbor, the denominator. As you fulfill your desires, you acquire more desires. So, focus on the desires you harbor. As the desires reduce, your happiness increases in leaps and bounds. When your desires reduce to zero, you will attain infinite happiness. Thereafter, anything added or taken away makes no difference. Infinite plus or minus a million is infinite. Infinite plus infinite is infinite, and infinite minus infinite is also infinite. Nothing in the world impacts your happiness. You cannot give up desire; you can only pursue a higher desire. As a child, you were obsessed with toys, and as you grew older, your desire for toys vanished. Apply the same principle. Ultimately, the desire for enlightenment is so intense that all other desires fade. Desire comes when there is a void. Thoughts arise in your mind as you want to acquire things to fill that emptiness. Gain knowledge of your fullness, and all seeking will end. You will revel in infinite bliss. Million tones of plastic waste in lakes, rivers, and seas annually around the world. Plastics have a virtually indelible carbon footprint and reports have stated that they add up to create over 3.4 percent of global greenhouse gas emissions. Plastic waste harms biodiversity in water and on land and according to UNEP, more than 13,000 chemicals have been identified as associated with plastics and plastic production across a wide range of applications. Microplastic particles are

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Waste from the streets of a town that has suffered from pollution apart from water scarcity and environmental as well as infrastructural crises. It gladdened my heart to also see entrepreneurs and even young students turning trash into treasures and creating utilitarian and decorative objects. It goes without saying that more such initiatives are needed to help restore eco sensitive regions struggling with pollution, climate change and biodiversity loss. The good news however is that all of us can become sustainability champions by making more mindful choices every day. Yes, we need governments, industries, researchers and innovators to find macro solutions but if we, as individuals, just focused on eliminating single use plastic SUP products, we could minimise our contribution to the plastic pollution crisis. Just by managing waste and avoiding SUPs, we can contribute significantly to improving the air quality and reduce soil, water, food contamination and pollution. This was the thought that made me back the Beat Plastic Pollution campaign and to phase out single use plastics from my life. The climate action rainbow is a good place to start and here are seven things that anyone can do on a daily basis to take better care of the planet. Begin with the 3 R of reduce, reuse, recycle to mitigate the consumption of non biodegradable products. Refuse tissue paper that is not made from recycled paper. Say no to plastic lined sanitary napkins and diapers, Styrofoam articles and all single use plastics. Carry your own cutlery, water bottle, coffee cups, and metal straws and take a few cotton bags with you every time you go shopping. Switch to bamboo toothbrushes and ear buds. Reduce energy consumption, replace CFL bulbs with LEDs and switch to energy efficient appliances. Minimise water wastage by fixing dripping taps, recycle grey water if possible for non potable purposes and explore basic rainwater harvesting. You could also switch to a locally and sustainably grown plant based diet as it reduces greenhouse gas emissions. Manage and segregate waste at source. I also compost all the wet waste at home to fertilize my plants. Choose chemical free cleaning products. And the final step would be to plant more indigenous trees. Forestation is an important part of tackling climate change and we can join forces with individuals and organizations that are working to increase the green cover of the planet, one sapling at a time. Having planted more than 8000 trees over the years to commemorate birthdays and anniversaries, I cannot put into words the joy such a gift brings to both humans and the planet. Doing my bit for Mother Earth also includes carrying my very own metal water bottle everywhere. At last count, just this small action prevented over 12000 plastic bottles from reaching the ocean over a span of 8 years. When Avyaan was born, it was important for me to ensure every piece of clothing and even the diapers that touched his skin were plastic free and organic. Whether it is a beach cleaning initiative, a start up that converts plastic bottles into shoes or a green warrior like Jadav Molai Payeng who single handedly planted saplings along a dry sandbar by the Brahmaputra to create a 50 hectare forest, the point is simply this. We can all bring more sustainability to our lives in our own unique ways. Environmental pioneer Barbara Ward once said, We have forgotten how to be good guests, how to walk lightly on the earth as its other creatures do.

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Development has been neglected or relegated until the Covid pandemic came as a rude awakening. This aspect is health and wellbeing. Imperatives of Creating a Healthy Society Good health and wellbeing are the sine qua non of all human endeavors. Every nation must build a strong health infrastructure and create a favorable ratio of the overall population to the number of doctors and Para medics. More importantly, there must exist a system by which every citizen is sensitized on broad parameters of health and preventive measures. A sick citizenry is unproductive and a big user waster of precious national resources. The beginning of creating a healthy society must indeed be made at the school level. Every school must prepare a structured Health Education Curriculum that addresses specific health and fitness needs of students. These may vary from rural schools to the schools in the urban setting. The big and the metro cities perhaps require a more comprehensive document that takes care of health issues linked with lifestyle, eating habits, sleep disorders and perhaps of certain addictions that are more likely to happen in an urban milieu. Excessive usage of screen time is also posing a serious health hazard and this can create problems that are very likely to become chronic, if not addressed in time. An elaborate health curriculum should cover all these aspects. Components of a Health Education Curriculum A standard and well structured Health Education Curriculum must necessarily include the following components these are the mandatory verticals that need to be incorporated in the school health curriculum. Excessive use and immersion into IT space and digital technology, accompanied with extended screen time, wrong body postures and diminishing use of the natural neural system are leading to serious ailments. All these factors may have huge adverse impact on the mental and physical health of the children in the long run. We will have to create a separate structure and protocol for Digital Detox. The importance of health with respect to all age groups need not be overemphasized. Interestingly, in our physiological system practically everything happens in an automation mode and unless some disease or disability strikes us, we do not take note. Children with fresh, flexible and relatively healthier bodies, tend to ignore these signals more than their senior counterparts. These, therefore, can lead to habits that may not be very healthy in nature, and can cause problems later in life. The primary objective of any form of education is to acquire knowledge. Know thyself is the main mantra both in the physical and metaphysical context. It is indeed mandatory for all of us to know our body, mind and soul in their entirety. That alone will help us to live a life that is full, productive and socially relevant. There is no better place to start this immersion other than a school. The healthcare sector is one of the major and strongest pillars of our country. Ever since the pandemic outbreak, the segment has been functioning tirelessly to.

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Ensure that the required medical assistance reaches the citizens on time. It has been an ever evolving market, and the healthcare providers are putting their best foot forward to ensure that the high end services are available and accessible to all. Even though a lot of good work has happened on the ManTech side, we must look beyond physical healthcare offerings, and vanilla telemedicine for addressing universal healthcare needs. The healthcare landscape in rural India According to recent health data, in 2021, the rural population of India was 903 million and it is projected to hit the 905 million marks by the end of 2022. This indicates that the country considerable population dwells in rural areas. But what is indeed undeniable is that due to inadequate facilities, the mortality rates are at an all time high. As per the WHO, all individuals and communities should receive the health services that they need without experiencing financial constraints. But the reality is that people in rural areas still suffer due to the lack of quality healthcare services. The inadequate access coupled with the growing chronic diseases and higher pricing further adds to the woes. According to experts, it has been observed that if high quality healthcare at right prices is offered, patients are willing to pay and consume the services. However, this mismatch between the capital cost of building the hospital, lack of quality services and not being able to generate returns is indeed a roadblock. Taking approvals and permits for building a hospital in rural areas is another added challenge. Overall, availability, accessibility and affordability are the major factors that hinder the growth of the rural healthcare market. However, this can be addressed by providing support to innovative and disruptive models that leverage tech and physical assisted healthcare models in remote locations. The government support in up scaling the healthcare market for rural areas The government push to promote tech deployment, telemedicine, and telehealth, along with the Make in India campaign, is driving the growth of the sector and is ensuring that the rural areas have access to high end healthcare services. Schemes such as Ashman Bharat Health, Infrastructure Mission and Jan Aragua Yolanda focus on providing state of the art healthcare facilities. As per Invest India study, 100 FDI has been allowed by the government under the automatic route to invest in developing hospitals. Adding to it, 100 FDI is also permissible under automatic routes in medical device manufacturing. Doctors are being trained, MBBS, as well as post graduate seats, are being doubled and investments in hospitals are witnessing a surge to meet the increasing demand of healthcare workers in the country. Healthcare service providers and startups The blessing in disguise for the rural healthcare segment Given the high opportunity and high demand generated from the sector, there has been a significant rise in the number of startups emerging to address some of the basic healthcare issues in the country. However, they are facing a fair of challenges since the.

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The Emotional Journey Courage beyond Cure the first time I felt hope occurred outside of the hospital. It was when another survivor held my hand. Rachna Sinha, survivor. Cancer affects more than just the body it transforms identity, confidence, and relationships. Support systems ranging from family to survivor networks play a crucial role in healing. Empathy is as vital as medicine. Survivors need understanding, not pity. Rural India remains underserved, with limited screening infrastructure and low awareness. While the program aims to enhance early detection, NGOs and mobile clinics have emerged as vital contributors to progress. Technology is helping to bridge this gap through the next step is integration bringing together awareness, affordability, and access to create a comprehensive approach. The media's responsibility extends beyond simply turning October pink it must sustain the conversation throughout the year. When mainstream outlets feature survivor stories, scientific advancements, and early detection initiatives, awareness becomes on going and relatable. As a national platform, The Times of India has the potential to amplify this movement transforming headlines into messages of hope. The science of survival Modern treatments from chemotherapy to precision medicine, cancer treatment is evolving to become more effective and humane. Contemporary cancer care is holistic, integrating science, psychological support, and comprehensive assistance. Nutritionists, counsellors, and physiotherapists now play essential roles in every healing team. More companies are recognizing that promoting health awareness is essential to workplace culture. Screening camps, flexible medical leave, and wellness sessions are integrating early detection into HR policies. What's the next step? We need to normalize conversations about women's health in the workplace. When colleagues can discuss mammograms as casually as they discuss meetings, the stigma surrounding these topics will diminish. Tech meets awareness India's digital advantage Start-ups is quietly leading a revolution in health technology India's digital ecosystem has the potential to democratize healthcare by reaching women where they are on their phones, not just in clinics. Fear kills faster than cancer. Neha, 42, Delhi I found purpose in helping others. Saira, 35, Bengaluru My granddaughter saved my life by insisting on a checkup. Renu, 60, Lucknow every survivor serves as a teacher. Their stories inspire others to act rather than wait. Awareness begins when silence is broken. Real men support awareness. Husbands, brothers, and fathers can be the difference between hesitancy and assistance. Empathy, not embarrassment, is true strength. When men encourage women to be screened, they are protecting families, not just individuals. From awareness to action The way forward India requires a comprehensive and inclusive breast cancer strategy This is how the colour pink evolves from a mere campaign into a promise. Hope connects patients, doctors, families, and communities. It can be found in the nurse who smiles through the chemo ward, the scientist who develops better therapies, and the daughter who reminds her mother to get screened. Breast cancer awareness is not merely about detecting disease it's about celebrating life and empowerment. It's about saying to every woman, your body matters. Your life matters. Early action can save both. This Breast Cancer Awareness Month talk, check, acts. Awarenes

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Centrism isn't nostalgia, it is survival' Rethinking stray dogs from crisis to opportunity if it may please your lordship, faith deserves dignity Ms. Trisha Shreyashi is a lawyer and columnist. She is a member of the Advisory Council of Harvard Business Review and the Academic Panel of the Cambridge University Press. Trisha has a ringside view of business, policies, law and the untold spaces in between. In the bustling corridors where black robes and white neck bands gleam, where freedom of conscience is often weighed against the scales of law. While presiding over a petition on regulation of forced conversions, Hon'ble Chief Justice of India BR Gavai framed the central dilemma with disarming simplicity, Who would find out that a religious conversion was deceitful or not? This was a moment of judicial inquiry and Socratic clarity, a reminder that the Constitution's promise of freedom of conscience embedded in Article 25 is not to be casually invaded by overzealous legislations or executive edicts. His Lordship's scepticism was not only rational but necessary because without objective standards, the policing of crimes risks turning into policing of freedom and faith. Yet, in another courtroom exchange, a remark passed by His Lordship left many puzzled and hurt. While dismissing a plea for restoration of a damaged Lord Vishnu idol in Madhya Pradesh, the Chief Justice is reported to have told the petitioner Go and ask the deity itself to do something now. The statements have echoed as a cruel jest at the devotion and faith of millions. At stake in these exchanges is not interpretation of laws but the soul of secularism. The Constitution of India enjoins upon the Courts the duty to safeguard fundamental rights, including the right to profess and practice one's faith with dignity. Article 25 is not a pious declaration but a binding command in the great symphony of rights. The Supreme Court itself held in S. R. Bommai argues that secularism is part of the basic structure. It does not mean derision of faith but equal respect. There are countless precedents where the apex court has declined the relief without diminishing the dignity of belief. In Ismail Faruqui v. Union of India 1994, the Court examined the Ajodhya dispute with constitutional sobriety, distinguishing between matters of faith and matters of property without descending into ridicule. Similarly, in Bijoe Emmanuel v. State of Kerala 1986, the Court stood firm to protect three Jehovah's Witness children who refused to sing the national anthem, holding that sincere faith deserves constitutional shelter even against the might of the state. Similarly, the plea of upholding the fundamental right to worship the deity in wholeness could have been resolved with a direction to approach the appropriate authority. Instead, the courtroom quip has left devotees wondering whether their sentiments and beliefs have been trivialized. Perhaps His Lordship was amiss in that moment that the Constitution does not enshrine faith as a fragile ornament but as a force deserving the robe of equal dignity. It is pertinent to bear in mind that this is not about shielding a certain religion and the practices from scrutiny or about elevating mythology into legal argument. It is about judicial conduct which has dimmed like a fading lamp in the temple of justice. When the court mocks, even in jest, it mocks the Constitution itself and risks making a farce of its own foundation. As Justice Krishna Iyer once wrote,

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Healthcare segment is highly fragmented and disconnected. Healthcare as a segment calls out for gaps that need to be solved using innovative tech and disruptive business models and the size of the market that is expected to reach INR485.4 billion by 2024, making it a massive real opportunity to scale. With growing investments, the healthcare service providers, the startups, as well as the sector, overall are receiving the requisite support to reach the unexplored areas. As per Invest India report, there has been a 45.06 increase in total investments in health tech startups. Furthermore, according to a report by London & Partners and Dealroom.co published last year, Indian health tech startups have raised a record $1.9 billion alone in 2021 from VCs, putting India just behind the US, China, and the UK. With over 3000 health tech startups in India currently and the growing interest of the investors in the Indian market, the sector will also create more employment opportunities in the upcoming years. Thus, it can be rightly said that as the sector is growing, it is increasingly garnering investor interest as well. The bottom line According to IBEF, the government is focusing on providing basic healthcare facilities in the form of primary healthcare centers in rural areas. As per the WHO, the ideal doctor to patient ratio should be 1 1000 and we are far from getting even close to the ratio in the public healthcare sector. However, with new age health tech ventures who are grabbing the opportunity by coming up with feasible, low cost and scalable solutions, delivery of healthcare services to the rural population is not a dream anymore. Thus, it would be appropriate to say that due to technology, healthcare is gradually becoming affordable and accessible to the rural population, and we are gradually making efforts to sustain our progress in having achieved the WHO vision. The food and beverage F&B industry is one of the fastest growing industries in India. The F&B industry is expected to reach $1264 million by 2024, growing at a CAGR of 14.2 per cent from 2020. Similar to many other industries, the F&B sector relies heavily on research and development R&D to make their products last longer & taste better. R&D in Food Industry has made it possible to enhance the shelf life of food items without compromising on taste and nutritional value. In the search for products that last longer and fulfill the nutritional and health demands of the consumer, companies are constantly engaged in different kinds of R&D activities like means to the Indian consumer. With increasing personal disposable income, growing middle class population, rapid urbanization, and consumer preference towards investment in gems and jeweler, the diamond industry is all set for a great future. Consumers would continue to spend on valuable products that convey a strong emotional bonding, especially in the post pandemic world. Clearly, the emotional significance of diamonds is unbreakable even in the face of a global pandemic. The road to recovery the.

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Open up fully or not, that is the question whether it is nobler in the mind to build barricades against a barrage of virus variants or end the plethora of prohibitions forever would have been the decision Hamlet might have agonised over today. Denmark is not dilemma prisoner like its hapless prince in Shakespeare tragedy. Denmark and Sweden have now opened up fully, ending all Covid related restrictions. France and Canada are witnessing protests against vaccine mandates. France has used tear gas on violent agitators in Paris. Canada is invoking emergency powers to freeze the bank accounts of truckers laying siege to Ottawa. New Zealand too is facing uncommon protests and using unusual tactics against protesters outside the Parliament broadcasting Barry Manilow songs and Macarena to drown out their slogans . The United States is exporting its anti vaccine and anti mask agitations even as it struggles to contain them at home. In higher education, IITs are widely seen as crown jewels of India. So, IITs being in talks to open up outposts in Britain makes sense a top Indian education brand pursuing international expansion. The question is whether everything is top class as far as IITs are concerned. Can they offer a competitive education product in a foreign and more advanced market A significant part of IITs success at home is built on the fact that some of the smartest of students prep for months to get in, via a ferociously competitive examination. These students are likely to shine thanks to their own merit. How much of their success is due to pedagogy and research quality in IITs, including in the older institutions, is the key question. As for the new ones, a 2019 CAG audit of eight IITs set up between 2008 09 found them in deplorable conditions. States haven provisioned land properly, labs are inadequate, little research is sponsored by non government sources, and most telling of all, over a five year period these IITs obtained zero patents. The audit strongly indicts the governing bodies for poor stewardship. Therefore, much thought and action should precede foreign expansion. What about foreign universities setting up campuses in India Around 2010, when a Union Cabinet first approved a proposal to allow foreign universities to set up branches here, IIT Bombay started work on opening an applied science campus in New York City. Sadly, neither project has borne fruit. More recently, National Education Policy 2020 indicates a red carpet for top foreign universities and Budget 2022 suggests they will soon have a pathway to operate in Gujarat GIFT city without having to follow restrictive domestic rules. There was also the Go proposal of creating institutions of excellence. India young, those who don make it to IITs, or get admissions in foreign universities, await fruition of these big promises. The broader issue is the rot in most of higher education. NEP has proposed a reformed higher education regulator, and when it happens this can be the first step in university reform GoI.

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Land states must acknowledge that for profit private investment in an environment that encourages enterprise is the best bet to increase quality. Good faculty, good labs, good libraries, a good campus, all of this costs money. Deserving students who can pay should get government scholarships. Minus radical reform, most of higher education will remain, as it is now, meaningless. A Gujarat high court order reinstating a police constable who lost his job over adultery draws the line firmly between personal choice and professional career. The court noted that the constable superiors or society may view the relationship from the prism of immorality but there was no ground to invoke disciplinary provisions related to misconduct under the relevant statutory rules. In short, the court is telling everyone else, especially public authorities, to keep their moral outrage to themselves. But unless service rules across India are updated to restrict the scope for loosely applying misconduct provisions, the situation may not change. Even before the Supreme Court judgments striking down adultery as a penal offence Section 497 IPC in 2018 and recognising fundamental right to privacy in 2017, HCs have ruled against authorities pursuing disciplinary proceedings for adultery, noting that misconduct requires proof of adverse effect on an officer public duty. Despite the 2018 judgment, moral policing continues to manifest, most visible in the coercion that couples in extramarital relationships face. However, courts themselves are prone to social morality. 2021 witnessed a few orders by various HCs not just denying such couples protection, but also levying monetary penalties or passing harsh observations on their conduct. Glaring inconsistencies between orders of the various courts some defending the rights of those in extramarital relationships and some frowning on them should stop, now that SC ruling reiterates the equality before law of all consenting adults. The Centre submission, during SC hearing on the adultery provision, that armed forces service conduct rules, which allow personnel to be penalised for adultery with partners of fellow soldiers, was also critiqued. The counterargument was in terms of maintaining morale in a job that may require facing extreme danger together. But authorities elsewhere must grow up and let grown ups be. Foreign Institutional Investors FII has been displaying wariness about Indian equities for some time now. The ritual year end outlook reports from most global banks tended to reflect that almost as a consensus. FIIs have pulled out close to $6 billion from the markets since the beginning of 2022. Why do inflation and interest rates lead to contagion Globally, financial markets are being roiled by accelerating inflation half a generation of investors have not known what high inflation looks like, in the US and Europe and consequent expectations of higher interest rates. Increasingly hawkish statements from global central banks, especially the US Federal Reserve, are making investors wary of significantly higher interest rates in the months to come. Geopolitical risks, most recently in the form of Russian military exercise on its Ukrainian borders, have exacerbated inflation expectations, especially on oil.

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And gas. Global investors are therefore nervous and are taking money off the table wherever perceived risks are relatively higher. Shakespeare was twisted to disperse the hundreds who camped outside New Zealand Parliament to protest against Covid related curbs. In an unlikely proxy for water cannon, the authorities used music to ear drum them out, playing old songs and the 1990s earworm Macarena on a maddening loop. They also slipped in vex messages for good Measure for Measure. However, the plan did work on the Twelfth Night or any other. The hope of here today, gone tomorrow came a cropper. Instead, it was a case of All Hell That Ends Hellishly. The targets counterpointed with their own aural bombardment, belting out Twister Sister Were Not Gonne Take it. The rousing American civil rights anthem, We Shall Overcome would have been more in tune with the context. Is the West now in the grip of an anti Covid restrictions wave At NZ other polar end, truckers blockaded the US Canadian border last weekend. They dispersed peacefully as the police moved in. Not so the humongous French convoy which thundered into Paris, defying barricades, tear gas and a specially mobilised 7,000 strong gendarmerie. Clearly Macron did have faith in Macarena to quell what become today avatar of WWII doughty French Resistance. On the same principle as homoeopathy or the hair of the dog that bit you hangover remedy, using your music to counter heir music has had several improves. Remember the 1990s, when rat politics played the opening alas to Hindustan in Maharashtra, the azaan was the red raga to the bullish BAL Thackeray. The Shiv Sena supremo ordered it to be drowned not in the clang of an ordinary aarti, but in the clamour of an amplified maha aarti. You might call it For Whom the Bal Tolls. Today electoral equivalent is the raucous whataboutery that is now more shrill, more besura, more besharam than ever in its discordant notes. In contrast, NZ idea of aural disarmament is almost Gandhian. However, music being used as both offensive and counteroffensive also comes with a Mahatmaesque warning An earful for an earful can make the whole world deaf. The first noble truth of the Buddha, All is suffering, implies that our lived life is fraught with pain and misery. Suffering is a permanent human condition. Even what we call happy and content moments are beset with the painful awareness that they would soon come to an end. Like the Buddha, Jiddu Krishnamurti also holds that everyone is in despair, sorrow, and frustration, but unlike the Buddha, he does not believe that the cause of human suffering is avidya, ignorance. Nor does he believe that human suffering can come to an end by activities like satsang, kirtan, reciting a particular individual mantra, or offering collective prayers. Without going deeper into the reasons for the chaos and misery all around us, we just assert that human suffering is because of our not following the dictates.

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God, or are the phalas fruits, results of our own karmas deeds. Such approaches towards the problem of getting rid of pain and suffering are of no value according to Krishnamurti. We need a deeper reflection on the cause of suffering to alleviate it. Reflection, according to Krishnamurti, reveals that the reason for our existential predicament is our indolence or laziness. Because of our laziness, we always hope that some leader, guru, or an external agency will help us in ending our misery, conflict and chaos, and creating an order in which there will be no suffering. Discarding the efficacy of any guru or any external authority, Krishnamurti asserts, We cannot depend on anybody, there is no guide, there is no teacher, there is no authority, there is only oneself and one relationship with another and the world, there is nothing else. Like Sartre, he upholds that we are abandoned. He advocates elf help for each individual to alleviate his existential suffering. elf help doctrine of Krishnamurti is based on the principle that here can be no universal solution to individual human problems as each man problem is unique in its own way and as such, he has to face and dissolve his problems by himself, and accordingly, has to find out the solution on his own. Correspondingly, each individual has to find out the unique method through which he can come out of his miserable existence. The way to annihilate suffering, according to Krishnamurti, is through appropriate action that will wipe out all difficulties coming in the way of annihilating human misery. We have to act, to do something vital, energetic, forceful to bring about a different mind, a different quality of existence. Krishnamurti notion of action is quite comprehensive. It does not only mean physical movement in space and time but also includes action of thought, the action of an idea, the action of a feeling, of environment, of opinion, the action of ambition, of food and psychological influences of which most of us are totally unaware. It also includes the actions of the conscious as well as the unconscious mind. His notion of action is like the one advocated in Bhagwad Gita, 3.5, here is no one who can remain without action even for a moment. Indeed, all beings are compelled to act by their qualities born of material nature, the three guṇas and in Srimad Bhagwad Purana, 6.1.53, Nobody can remain inactive for even a moment. Everyone is forced to act by their svabhava, modes of nature. Influenced by these teachings, Krishnamurti also upholds that without acting one is as good as dead. The decision about what action one should perform depends on his needs. It is an individual decision it is not dictated by any other individual or external agency but is guided by what brings about the inner transformation and leads to the cessation of suffering. Lockdowns, mobility limits, and social distancing protocols have rapidly pushed healthcare services and patient monitoring to remote alternative.

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Increasingly opening the door for greater use of telemedicine, digital therapeutics, and decentralized clinical trials. The pandemic has also altered conventional sales and marketing methods by increasing need for online marketing and communication technologies. Since the pandemic, the industry has been taking small steps toward digital adoption, but there is still a long way to go before adopting an end to end, digital strategy. Therefore, before we dive any further into this, it is crucial to go back to basics and really understand what this digital transformation requires. Pharmaceutical companies all across the world are using advanced machine learning algorithms and AI powered technologies to accelerate the drug discovery process. Adoption of AI can enhance the success rates of new drugs and treatments, develop more economical treatments and cures, and, most notably, lower operating expenses. Machine learning and Iota, including Robotics, have also been leveraged for automation of warehouses, driverless transportation, drone based deliveries etc., all which can all be of vital significance for temperature controlled Pharma supply chains. Beyond the pill and building trust Pharmaceutical industry does rely on social media and content marketing to advance their product and messaging, but their approach is limited. The use of digital media for the pharmaceutical industry is a very small part of the digital transformation, the need of the hour is a consumer based approach which goes beyond the pill. Building consumer interactions is becoming increasingly important. Pharmaceutical companies have traditionally relied on customer trust to sell their products, but what lies beyond trust is a long term relationship. This is where we see pharma firms no longer being a solution to a problem. Digital tools and data analytics Since COVID 19, companies have been forced to upgrade their systems and learn how to facilitate employees working from home. This shift, which was expected to occur over the next 5 to 10 years, has instead occurred in a few of months. Since many patients do not feel as safe attending to in person visits as they did before Covid 19, the usage of digital health has grown in popularity among physicians during the pandemic. Furthermore, virtual medicine has been important in minimizing the virus transmission and the strain on emergency departments. Before COVID 19, the percentage of patients using remote consultation was very low only 6 however, digital health has gained momentum and at least 19 of consultations are expected to continue remotely after the pandemic subsides Source Statist . Pharmaceutical businesses have also viewed digitization as an opportunity to strengthen their business models. It offers a new potential stakeholder experience that allows them to engage directly with customers. 360 degree view of physician and patient Using big data in health care may give a 360 degree perspective of physician, patient, and consumer trends, allowing companies to increase customization and efficiency of treatments. COVID 19 underlined the significance of converting data into a digital format in order to create worldwide databases. These databases store large amounts of data to help scientists.

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This is where the Bureau of Energy Efficiency BEE steps in. Created by Parliament In 2001 through the Energy Conservation Act, the BEE is intended to reduce energy density by addressing device efficiency and energy wastage. The flagship program of the BEE is the Standards and Labeling S&L scheme. More commonly known as the Star Ratings scheme, the primary objective of the S&L scheme is to enable consumers to make informed choices when buying consumer appliances by providing the energy cost saving potential of any given product category. The BEE lays down minimum energy performance standards and displays the energy performance of any given product by affixing a label with a star rating. Products with the maximum energy efficiency earn five stars. The Star Ratings scheme covers a total of 28 different consumer products like air conditioners, fridges and ceiling fans. But, displaying star ratings are only mandatory for 10 of those, and is voluntary for the remaining 18. Voluntary rating products will be brought under the mandatory rating scheme in a phased manner. Ceiling fans will require mandatory star rating from July 2022 onwards. This will require certification of all new model ceiling fans sold in India from July 2022. The star ratings of ceiling fans are arrived at by product testing as per IS 374 Indian Standard 374 in a NABL approved lab. The star rating of a product is dependent on its service value air delivery divided by energy consumption, The higher the service value the higher the star rating. The implication of mandatory star rating of ceiling fans is tremendous. The first major area that will be affected will be government procurement. The cost savings of energy efficient technologies like BLDC ceiling fans will be attractive to government bodies that have a large installed base of ceiling fans in both offices and housing. Government tenders for new projects and retrofitting old ceiling fans will be the first to drive the mass adoption of BLDC ceiling fans while public awareness grows. The cost savings of BLDC fans will also prove attractive to large scale industrial users like the textile industry and other industries with large energy costs that can be attributed to ceiling fans. As retail consumer awareness grows, government and industrial requirements will drive volumes, with trade and e commerce volumes expected to overtake institutional volumes by the end of 2022 Innovation and economies of scale are also helping BLDC fans become more attractive propositions to consumers. For example, BLDC ceiling fans could only be adjusted by a remote controller. This hindered adoption as most people are used to adjusting their fans through wall regulators and do not want the added inconvenience of finding a remote control. But new BLDC fans avoid this constraint and are compatible with wall regulators. Raising the ceiling While the Star Ratings scheme will help kick start the adoption of BLDC fans, it will need to be supplemented by complementary measures to have an immediate impact. A good example of such.

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And physicians increase understanding of both medications and patients in order to promote innovation. This infrastructure will enable open partnerships throughout the sector, which will result in enhanced outcomes. Digitization toward sales and marketing During COVID 19, pharmaceutical firms had difficulties in attracting certain target groups. It is uncertain how pharmaceutical companies will establish relationships with various stakeholders such as physicians and patients. These unexpected social lockdowns and restrictions are pushing new, meaningful methods of connecting with others through multi access. COVID 19 has compelled pharmaceutical companies to adopt reactive, rather than proactive, sales strategies that are focused on the crisis and short term fixes. Building and Omni channel strategy Pharmaceutical companies must tailor their marketing with new enticing commercial models in the long run. Companies should evaluate how to create an integrated experience that comprises a mix of channels with relevant information and a tailored approach to customer communication. To enhance the experience, each customer should be reached via their preferred channel and delivered both personalised and branded documents. The development of an Omni channel strategy allows pharmaceutical companies to be adaptable and ready for changes in client behavior or requirements. Mapping the journey Pharma companies have concentrated on the disease and the remedy but charting the consumer full journey from illness to health is more involved and occurs in phases. These steps are often handled by diverse parties, but if pharmaceutical companies were to take command of each point along this path, they might effectively serve consumers with continuous care. Leading to transformation This is where technology leads the way. The industry must produce assets that can be built and developed individually. This involves optimising digital tools and developing interactive interfaces to create ecosystems that advise and assist patients throughout their healthcare experience. This can be done in a number of ways such as artificial intelligence data analytics and using apps and software. In the unprecedented times that we are in, digital transformation must happen at a rapid pace. We can re imagine and re define how the pharmaceutical sector is regarded overall by using AI and data analytics, and now is the best time for this transformation to happen. This won be easy but there are ways to navigate this journey and that where communication plays a crucial role. The two things that drive business in the pharmaceutical industry are narrative and necessity. The necessity is established and now there is a need for digital transformation. Now, people will increasingly look for 360 degree solutions rather than running from pillar to post seeking medical assistance. It is time to reinvent the pharma narrative and digitally shift into an era of disease to wellness collaboration, and communication agencies will lead the way. Following two years of pandemic propelled growth, usage of digital payments will continue to expand in 2022 as the payment ecosystem matures and new capabilities are tested and refined through daily use. According to the Reserve Bank of India RBI the number of point of sale.

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Ethics is a devious concept that has often been deployed since antiquity by elites to justify their misdemeanors. It is mainly religions that preach ethics and morality but religions themselves don always act ethically. For instance, fraudulent conversion of poor tribal to a religion through bribes, or their conversion by force, is not uncommon. And till recently, many religions treated women as chattel, some do so even today. Ethics entered the discipline of health through the Hippocratic oath which addresses fiduciary duties of doctors towards their patients. But calling these principles ethics is a stretch. While the discipline of bioethics an offshoot of the Hippocratic oath is still needed, it needs a less ambitious name, such as Medical Conduct. Let the word, ethics, be left to religions and philosophers with their devious mental gymnastics. In the second half of the 19th century, public health was infiltrated by all kinds of socialism: Marxism, Fabian socialism, Progressivism. Although Marx dismissed religion as the opium of the masses, socialists adopted a range of religious practices in their propaganda, such as an appeal to ethics. For example, the founding Fabian, Dry Havelock Ellis wrote in 1922 that the inspiring appeal of Socialism to ardent minds is no doubt ethical. The original principle of public health was to not interfere in the lives of citizens unless they were causing harm (e.g. through filth or pollution). The socialists changed that. The new ethical principle said that no one is capable of looking after their own health; and therefore just like livestock is managed centrally the state, being everyone guardian, should manage both the prevention of disease and medical treatment. The USSR operationalized this model which was then adopted in the UK based on the writings of people like Dr. Arthur Newsome, a Fabian sympathizer and chief public health officer of the UK (he wrote the book, Red Medicine ; acknowledging its Marxist origin, the NHS website pays homage to the Marxist doctor and theorist, Rudolf Virchow). The socialist conquest of public health is now all-pervasive, in all main institutions and university departments. Dr. Brock Chisholm, the first director general (DG) of the World Health Organization (WHO), was a hard-boiled communist who wanted complete redistribution of wealth. Julian Huxley, PhD in biology and the first head of UNESCO, was a committed socialist and eugenicist. The current DG of the WHO, Tedros Ghebreyesus spent his early career in the Marxist-Leninist Tigray People Liberation Front in Ethiopia. Almost all public health academics in the USA self-identify as socialists. It is typical for such people to spout ethics and buzzwords like social justice. The socialisation of health received a further boost with Darwin discoveries and the creation of eugenics. The meaning of the word public in public health moved away even more from its original meaning. The health of public would still be managed centrally by the state, but its breeding would also now become part of public health. Only good people would be allowed to breed, others sterilised or killed. In the 19th century, the socialists had renamed public health as social medicine. After their adoption of eugenics, they renamed it social hygiene, the purification of the people. In his 1922 book, The task of social hygiene, Dr. Havelock Ellis wrote social hygiene is [a] method of purification of the race by an enlightened eugenics. Charles Dave

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Defectives (the lower races were somehow found by the experts to be more defective). Racial segregation and prohibition of inter-racial marriages was institutionalised, and euthanasia of the unwanted considered (Dry Harry Haiselden killed six infants but was merely divested of his license). Eugenics was part of the course work to obtain an academic degree in public health. UK health regulations required consideration of eugenics. Racist public health eugenics continued into the 1970s in the USA and many sterilization laws are still in force. The idea of a lethal chamber to kill defectives was discussed since the 1890s by eugenicists such as George Bernard Shaw. A gas chamber for executing prisoners was constructed in the Nevada State Penitentiary at Carson City in the USA and first employed on February 8, 1924. Thus, everything that Hitler did, had antecedents. As noted in my previous article, Hitler considered himself a highly moral person. He also believed that he was carrying out the best findings of public health science. In Mein Kampf, he cited Madison Grant, who believed the Nordic race was superior to others. Following America leadership in mandatory sterilization (supported by the US Supreme Court), Hitler wrote: The national state must set race in the center of all life. It must take care to keep it pure. It must see to it that only the healthy beget children. A long-standing bias amongst Christians (across the world) against Jews got into the eugenics mix, and the Holocaust ensued. It is worth noting that the Holocaust was quintessentially a public health intervention, driven by consensus science. Sign of a mature actor is that they can be completely engrossed in the character they are playing and yet be totally aware of the light, equipment and the people at the movie set. The actor plays their character as if they truly are that person in the story and yet at the back of their mind they are aware of the camera in front of them. This ability, described by author David Deidra as being both inside and outside of the room simultaneously, serves as a useful analogy. However, reconciling the scientific view of determinism with our intuitive sense of free will remains a challenge. One way to make sense of these conflicting ideas is through the theory of emergence. This theory explains how complex systems can have properties or behaviors that can be explained just by looking at their individual parts. It is evident in the different fields of science which are connected and build on each other. For example, physics gives us the basic rules for matter and energy, which then help us understand chemical interactions. Chemistry helps us understand the molecular processes in biology. However, when we try to apply simple rules from one level to a more complex level, like using physics laws to understand biological functions, we run into problems. Akin to the three levels of disciplines above, the human brain three-tiered structure, reflecting evolutionary development, comprises the reptilian brain brainstem and cerebellum, governing basic survival functions; the limbic system mammalian brain, regulating emotions and memory; and the neocortex human brain, facilitating complex cognitive functions like language, reasoning, and decision-making, crucial for adaptability and social interaction. Formulation of a theory such as the theory of free will or determinism is mostly done by the neocortex. However, the attempts to make sense of it by the

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For the faith is to be "protected" from coercion, it must also be protected from casual derisions. Post Scriptum: If contempt must be found, let it begin at home, with conduct and conscience. Seated at the pinnacle of the nation's temple of justice, what greater contempt could there be than when the guardian of the Constitution wounds the very Charter that it guards? 'Centrism isn't nostalgia, it is survival' Rethinking stray dogs: From crisis to opportunity October 18, 2025 the arrest of Ashley Tellis for allegedly passing secrets to the Chinese has been met with glee by some in India. On LinkedIn one Indian academic was petty enough to describe Tellis as a windbag. With — holiday season upon us many are taking off for the sun, the sea, the sand and the swimsuit horror of places like Goa. I personally have some holiday plans that involve a beach though how do those who grew up parentless and in care homes produce documents of their parents? As TOI reported, such young adults in Bihar have requested EC to waive this requirement. The bigger point is that such Stodgy textbooks tell you — that collective bargaining began with the industrial revolution and workers seeking to protect themselves against exploitation. You have updated the concept as more jobs now come from outside factories, mills and India has a massive shortage of doctors only people, as against 7. 6 in Myanmar, a country racked by civil war. Even Pakistan has 11. 6, and Cuba under US embargo By Amitava Basu Observed in Bengali households the night before fervent blaze of Kali Puja, Bhoot Chaturdashi has an unmatched gravitas. Often misunderstood as merely a night of ghosts, it is in truth a sacred it has to head home. There's no certainty US hostility against Indian talent will go away with Trump. India's elite will have to demand & work towards building world-class universities here. Avenues that once brought obesity are not principally a result of India's traditional staples of rice and roti, despite conclusions of a recent study. The key reason is consumption of ultra-processed foods ICMR-INDIAB Survey-21 has triggered a national debate Jaya Row We live in an age of endless options, possibilities, and achievements. Yet why do so many of us feel lost? Because we don't know ourselves. We're unsure of what we truly want. So, OpenAI's new move raises some big questions. Open AI, the company that made ChatGPT, has announced something new. It plans to let adults use chatbots to talk about more grown-up topics, including romance and even OpenAI gets ready to get explicitly competitive. This was inevitable, as are questions that follow Treat adult users like adults, is an unexceptional principle, indeed a fine one. But what's captured interest in Sam Altman's Should India find a kinder way to give the death penalty? The Supreme Court thinks so. The Supreme Court of India recently said something important that the government needs to think about whether electing a panel of appointees is indispensable for the smooth functioning of our society A Gurgaon housing society where I happen to live, is abuzz with preparations for holding elections for a new Managing Committee SC is right. India should have a debate on what can replace hanging when it comes to capital punishment Supreme Court's lament about govt not willing to modernise the delivery of death sentence it India should readjust its strategic policy: dependency on any country for anything, energy or arms or trade or tech, must

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That'll reduce vulnerability when any power pulls the plug. Advantages of having a khichdi election with states and Centre together are minimal compared to the costs. Regional voices and the federal compact are sacrificed for suspect macroeconomic gains The High-Level Committee on One Nation, By S Kannan Change is the only constant. From ancient times, change is a realization that we must go with the flow. It is easier to walk along the river. The flow is defined by Silver isn't just for jewellery anymore it's becoming a tech star! Imagine going to buy a silver bar and hearing, sorry, we've run out. That's what happened in South Korea recently. Silver prices have A DNA-based census confirms that India is not doing right either by the creature or its own heritage. That India is symbolically associated with the elephant as the US is with the eagle and China with elephants have always been special to India. They're part of our stories, our gods, and our history. Think of Ganesha, Lakshmi's elephants, or even the gentle elephants seen in old temples and forests. The arrest of Ashley Tellis for allegedly passing secrets to the Chinese has been met with glee by some in India. On LinkedIn one Indian academic was petty enough to describe Tellis as a windbag. With holiday season upon us many are taking off for the sun, the sea, the sand and the swimsuit horror of places like Goa. I personally have some holiday plans that involve a beach though how do those who grew up parentless and in care homes produce documents of their parents? As TOI reported, such young adults in Bihar have requested EC to waive this requirement. The bigger point is that such Stodgy textbooks tell you that collective bargaining began with the industrial revolution and workers seeking to protect themselves against exploitation. You have updated the concept as more jobs now come from outside factories, mills and India has a massive shortage of doctors, only 7. 2 per 10,000 people, as against 7. 6 in Myanmar, a country racked by civil war. Even Pakistan has 11. 6, and Cuba under US embargo By Amitava Basu Observed in Bengali households the night before fervent blaze of Kali Puja, Bhoot Chaturdashi has an unmatched gravitas. Often misunderstood as merely a night of ghosts, it is in truth a sacred it has to head home. There's no certainty US hostility against Indian talent will go away with Trump. India's elite will have to demand & work towards building world-class universities here. Avenues that once brought obesity are not principally a result of India's traditional staples of rice and roti, despite conclusions of a recent study. The key reason is consumption of ultra-processed foods ICMR-INDIAB Survey-21 has triggered a national debate Jaya Row We live in an age of endless options, possibilities, and achievements. Yet why do so many of us feel lost? Because we don't know ourselves. We're unsure of what we truly want. So, OpenAI's new move raises some big questions. OpenAI, the company that made ChatGPT, has announced something new. It plans to let adults use chatbots to talk about more grown-up topics, including romance and even OpenAI gets ready to get explicitly competitive. This was inevitable, as are questions that follow Treat adult users like adults, is an unexceptional principle, indeed a fine one. But what's captured interest in Sam Altman's Should India find a kinder way to give the death penalty? The Supreme Court thinks so. The Supreme Court of India recently sai

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Others, thereby helping attract more consumers. With the entire credit process being managed by banks, fintech and payment processors, merchants can now focus on enhancing the consumer experience. Open APIs continuing to fuel India technology revolution While technology focused organisations have a solution catering to different requirements of consumers or merchants, the movement of monies between traditional financial institutions, fintech and other stakeholders won t be possible without seamless integration of APIs. The open use of technology fuelled their adoption, and we expect the same to continue in 2022. Utilising technology ethically will be critical too as we move ahead. As we enter 2022, we continue to witness a tectonic shift in how money moves. With consumers now getting accustomed to things happening instantly, we see their preferences shift from mere basic transactional interactions to enriching transactional experiences. Amidst such a scenario, keeping security at the centre of everything, the traditional financial institutions have realised the importance of cultivating relationships and redefining their services or offerings based on consumer needs. And this is where the technology focused financial institution collaboration will become imperative to deliver the next gen experience in digital payments. With technology and innovation at the core, financial institutions will be empowered to deliver tailored services and secured products and boost financial inclusion in the country, thereby leaving a positive impact on the economy. There is an urgent need to address the existential threat that climate change poses to humanity. The scale and complexity of climate change mean that there is no panacea, it will require the sum effect of multiple solutions of various scales and in various geographies to make a dent in what can only be described as humanity greatest challenge. One solution that will be crucial for developing countries like India is to increase the energy efficiency of common household appliances like ceiling fans. You may be surprised to learn that ceiling fans account for nearly 25 of household energy usage in India. Without even considering commercial establishments, this accounts for 6 of total energy consumption in the country making it an easy avenue to reduce household energy consumption. Energy efficiency interventions for common appliances like ceiling fans will be crucial to enable the difficult transition from fossil fuels to green energy. The most energy efficient ceiling fans that are currently available in the market are fans that use brushless direct current electric motors BLDC motors, a technology that requires an electronic motor controller to drive the rotor. BLDC motor ceiling fans are up to 50 more energy efficient than regular induction motor fans. They also require less maintenance, produce less heat and run quieter than standard induction motor fans. Currently, 97 of electrified Indian homes have at least one ceiling fan, however, less than 5 of these are BLDC ceiling fans. The stars are aligned While it is clear that BLDC motors are a ready technology to drastically improve the energy efficiency of ceiling fans, the question then becomes how we can encourage their adoption.

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This is where the Bureau of Energy Efficiency BEE steps in. Created by Parliament In 2001 through the Energy Conservation Act, the BEE is intended to reduce energy density by addressing device efficiency and energy wastage. The flagship program of the BEE is the Standards and Labeling S&L scheme. More commonly known as the Star Ratings scheme, the primary objective of the S&L scheme is to enable consumers to make informed choices when buying consumer appliances by providing the energy cost saving potential of any given product category. The BEE lays down minimum energy performance standards and displays the energy performance of any given product by affixing a label with a star rating. Products with the maximum energy efficiency earn five stars. The Star Ratings scheme covers a total of 28 different consumer products like air conditioners, fridges and ceiling fans. But, displaying star ratings are only mandatory for 10 of those, and is voluntary for the remaining 18. Voluntary rating products will be brought under the mandatory rating scheme in a phased manner. Ceiling fans will require mandatory star rating from July 2022 onwards. This will require certification of all new model ceiling fans sold in India from July 2022. The star ratings of ceiling fans are arrived at by product testing as per IS 374 Indian Standard 374 in a NABL approved lab. The star rating of a product is dependent on its service value air delivery divided by energy consumption, The higher the service value the higher the star rating. The implication of mandatory star rating of ceiling fans is tremendous. The first major area that will be affected will be government procurement. The cost savings of energy efficient technologies like BLDC ceiling fans will be attractive to government bodies that have a large installed base of ceiling fans in both offices and housing. Government tenders for new projects and retrofitting old ceiling fans will be the first to drive the mass adoption of BLDC ceiling fans while public awareness grows. The cost savings of BLDC fans will also prove attractive to large scale industrial users like the textile industry and other industries with large energy costs that can be attributed to ceiling fans. As retail consumer awareness grows, government and industrial requirements will drive volumes, with trade and e commerce volumes expected to overtake institutional volumes by the end of 2022 Innovation and economies of scale are also helping BLDC fans become more attractive propositions to consumers. For example, BLDC ceiling fans could only be adjusted by a remote controller. This hindered adoption as most people are used to adjusting their fans through wall regulators and do not want the added inconvenience of finding a remote control. But new BLDC fans avoid this constraint and are compatible with wall regulators. Raising the ceiling While the Star Ratings scheme will help kick start the adoption of BLDC fans, it will need to be supplemented by complementary measures to have an immediate impact. A good example of such.

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A measure is the Unit Jota by Affordable for scheme of the Ministry of Power. The UJALA scheme, which recently celebrated its seventh year anniversary, has been a massive success leading to a tenfold increase in the adoption of LED light bulbs. The USP of the scheme is its innovative bulk procurement process, which guarantees volumes of business that enable manufacturers to increase economies of scale but distributes LEDs at a subsidised cost to end consumers. An UJALA like scheme for BLDC fans would help the adoption of the technology, which is still relatively more expensive to purchase than conventional fans. Hopefully, the revision of Star Ratings for ceiling fans is just the beginning of an energy efficient revolution in India. The scheme has the potential to alter the course of the domestic industries and consumption patterns for a variety of consumer appliances. When coupled with effective policies like UJALA it can drastically impact entire markets in relatively short time frames. This is the need of the hour, and it is imperative that we utilise these tools to address relatively low hanging fruit in energy efficiency like ceiling fans before moving on to more complex challenges. Industry witnessed a huge response post the second wave and is looking forward to progressive growth in 2022. Consumers not just want to invest in jeweler, but is also looking for an emotional connects that can hold value, packed with assurance of genuineness. This major move in consumer choice became a catalyst to boost the growth of diamond sector in India. Furthermore, the government decision to reduce customs duty on cut and polished diamonds and gemstones from 7.5 percent to 5 percent in the recent Union Budget will provide the much needed boost to the industry. Also, the proposal to simplify the regulatory framework to facilitate export of jeweler through e commerce will certainly strengthen the sector and will help the industry overall growth in the coming year which, in turn, will contribute to greater economic growth for the nation. Sustainability will be a driving factor while emotions are highly valued, sustainability is the key to a better future, one that is fairer, safer, and healthier, where safety, human rights and ethical integrity continue to be paramount, where communities thrive and where the environment is protected. This notion of social purpose will come to sit at the heart of the consumer proposition for all luxury brands and even more when it comes to highly meaningful luxury purchases such as diamonds. Conclusion Consumers want to adorn jeweler as a reflection of beliefs and values inherited deep into their spirits. The materials, shapes, stones that define the consumer are more relevant to render in jeweler in these times more than ever. And despite the challenges experienced due to the pandemic, Indian consumers have expressed strong demand for diamonds, outstripping demand for other luxury categories. Domestic trends signal that there could be an explosion in demand for diamonds that would mark the beginning of a new era of diamond buying as love for diamonds will be forever.

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India is celebrating its 75th year of independence and has been recognized as a beacon of democracy across the world. It has successfully managed to uphold the Constitution that is the driving force behind the success of the Indian democracy with its size and diversity when much smaller nations in Asia and Africa which came out of the British yoke of imperialism turn to dictatorial rule. At the same time, this is also the centenary year of the Official Secrets Act passed in the year 1923 by the British Parliament for its subjects and deals with all aspects of secrecy and confidentiality in governance. The Act was passed by a colonial government in an environment of mistrust in the aftermath of the Non-Cooperation movement and the First World War. The primacy of public officials led by the elite Indian Civil Service ICS created a culture of secrecy which continued after independence wherein confidentiality was the norm and disclosure an exception. Section 5 of the Act which is the focal point of the legislation penalises wrongful communication of information with the intent to preserve national security but due to its wording set in the colonial times, in practical implementation this covers almost all aspects of governance. Any type of information classified as secret comes within the ambit of this provision. Moreover, as the OSA does not define what is a secret or an official secret, the bureaucracy enjoys the discretion to classify any information secret. The people are the ultimate sovereign in a democracy and the government of the day along with the bureaucracy public servant. Ideally, transparency must be the norm in governance but there are some sensitive matters which are required to be kept away from public gaze in the larger interest of the country which must be narrowly and specifically defined. The Right to Information Act, 2005 in Section 8 provides that access to information may be allowed if public interest in disclosure outweighs the harm to the protected interests and Section 22 gives overriding effect to RTI when there is clash with any other law. However, the culture bred by the OSA has virtually led to stonewalling of information. The Supreme Court of India in the recent Rafaele Review judgment of three judges in 2019 on classified documents had the occasion to reflect on the crucial provisions of the OSA and press freedom. It was observed with respect to the objection of placing certain documents of the Ministry of Defence on record that the right to publish these documents by the Press falls within their right to freedom of speech and expression under Article 191 a as public interest is not a ground recognized for the restrictions envisaged under Article 19 2. The apex court also cited with approval the judgment of Chief Justice Marshal in the Pentagon Papers case of the US Supreme Court New York Times Company v United States, which declined to impose a restraining order on the publication of Pentagon Papers on.

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Request of the Executive. This was premised on the fact that neither the OSA nor any other law made by the Parliament prohibits the publication of documents marked as secret or from placing such documents before a Court of Law. The Supreme Court laid great stress on Section 8 2 of the RTI Act which allows even documents under OSA regime to be disclosed if warranted by the public interest and as the documents were already in public domain no public interest is served by prohibiting further disclosure under the RTI Act. Thus, even the approach of the Supreme Court in a sensitive defence matter has been weighed transparency and disclosure. In its 43rd report in 1971, the Law Commission of India raised concern with respect to the all-encompassing nature of Section 5 of OSA without a clear and precise definition of official secret. The Second Administrative Reforms Commission in its report also called for consolidating all laws pertaining to National Security. It advocated for introducing a new chapter in the National Security Act incorporating relevant provisions of OSA and other laws dealing with national security. It needs to be specifically underlined that India is a signatory to The International Covenant on Civil and Political Rights ICCPR, 1966, ratified in 1979 which in Article 19 provides for the freedom to seek, receive and impart the information and ideas of all kinds. The OSA in its current form scuttles transparency in administration and reduces accountability which goes against the spirit of the RTI Act and the Constitution of India. The OSA is also a looming threat to investigative journalism which is much needed to keep the public functionaries in check and democracy vibrant in terms of being of the people, by the people and for the people as said by Abraham Lincoln in the Gettysburg Address in 1863. As India grows and matures as a democracy, it is time to discard this colonial relic and put into a place a more democratic and pro-disclosure legal regime that can actually balance between the public right to know what its government is up to and the state right to keep certain information a secret in the larger interests of the nation. After all, sunshine is the best disinfectant. Crafts have a huge influence on a developing child mind. They enhance the development of a maturing brain eye-hand coordination abilities. Furthermore, they also help one develop a positive personality in the long run by teaching patience, the ability to concentrate for prolonged periods, and instilling an appreciation for learning. I experienced this first-hand when I interacted with the students of various schools for a craft workshop held under the aegis of Spic Macay. These were master craftsmen, reaching out to students with the intricacies of various parts of Madhubani by Manoj Kumar Choudhary, and Kalighat painting by Sunman Whitaker, both master craftsmen and President awardees. The master craftsmen of Madhubani and Kalighat paintings taught the students the art of drawing fine lines and painting.

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Them using vibrant natural colors. Students were deeply engrossed in drawing intricate borders and shading them with darker pens. And finally, making the motifs of fish, flowers etc. The sheer joy of creating artwork on a piece of paper, which was prepared with a coat of cow dung, was visible in their eyes. Each artwork was different, reflecting the student personality and thought process. Some used lines and stuck to black and white colors only while some made their artwork as colorful as possible. We also had Nemi Chand Ji, a woodcraft maestro. In a short period, the students were learning this ancient art form of using a hammer to nail a thin wire on a wooden slab. It was undoubtedly tough to use the hammer with precision to carve out a pattern on a soft wood slab. These artists were struggling to keep the art alive by reaching out to students and also furthering the development of the craft themselves by improvising them and integrating them into various other products to enhance the utility of everyday life. The students interactions with the artists were very engaging, where after answering the obvious questions of time and effort, the students also asked detailed questions about the craft. It was extremely encouraging to hear them. The workshops also had a leather shadow puppet show called hole Bommalata, which mesmerised the students. Their curiosity was to go backstage and see what was happening there. This was Shined Hanumanthu and his team with large puppets made of leather. This troupe of father, mother and daughter sang stories from the Ramayana and Mahabharata. Music was live on the harmonium and pakhawaj and gunroom were used by tapping feet on a wooden tablet. His brother Ganesh moved the puppets with sticks effortlessly. Students tried to mimic his amazing hand-eye coordination and were perplexed about what to do first. This was an experience which made them think about visiting the small village in Anantapur district near Puttaparthi in Andhra Pradesh, where the entire village is engaged in making puppets of leather over the last 200 years. It is interesting to know that puppetry is practised in almost all parts of the country through different mediums. Some use leather, some cloth, some wood etc. Uttarakhand, too, makes wooden masks used in ritual theatre performances in the Garhwali region. Crafts are what children relate to very easily. It is more of an expression of oneself than an expression of being perfect, like a painting or a sculpture. It is something which can be used in daily life to express oneself easily. Craft in India has been a way of life in everything that we did. It was an integral part of every small thing we did, maybe as simple as hand-held fans, hair combs, jutties, wall paintings, and ornaments; everything was crafty and artistic till we put them up in museums. It is an important form of self-expression, and the children will love to express themselves in the various.

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Art forms they learn from our traditions. The revelations that cybercriminals from the country are going to Nigeria for up skilling reskilling have ruffled many feathers, especially among sector skills agencies and the apex skill development body. It was one thing to find out that for country giga solar venture, the leading conglomerate has to send officials to train in Singapore because it was unable to get the required skillsets within country. Higher education institutions could have been made responsible for that. But even in the digital space, that too in the service sector? And country youth having to go to Africa for better professional prospects! This was way too much. This was adding insult to injury what with thriving privately led one district one product initiative the products being state-of-the-art cybercrimes. The progress made by the likes of Jamatara, Alwar, and Nuh in a short span of time was really incredible. And then came this news as spoilsport. A view in a section of the officialdom drew parallels elsewhere. After all did not we import near extinct wildlife species from Namibia? Let us look at this give-and-take phenomenon more broadly, in the spirit of the whole world being a family; they said. Brushing such nebulous thoughts aside, the majority was in favor of adding commission of cybercrimes in the priority list of advanced entrepreneurship development programmers within the overall ambit of world-class skill development. The minutes of the meeting also noted that these were the kind of initiatives to have a multiplier or catalytic effect. Accordingly, centers of excellence are mooted, to be set up in Jamatara, Alwar, and Nuh districts with a vision to prepare a world-class cadre in the shortest possible period what with development taking place at breakneck speed in this very sector. Of course, collaboration with the foreign experts would be the cornerstone. Indian women are well known for their long and lustrous hair, thanks to all those ancient tales we keep so close to us. For over generations, we vet followed ancestral hair care traditions passed on by the carriers of this secret knowledge. Made with the goodness of things natural, our mane is better protected when natural methods, ingredients and processes are incorporated. Below a few imperative steps to achieve healthy and luscious locks. Pre-Conditioning A hair wash, although necessary will almost always strip away essential and naturally occurring oils from your scalp, leaving your hair dry and void of moisture. Pre-conditioning your hair with a good hair oil prior to your wash will effectively prevent a dry scalp and over soaked hair. Kadi Patti commonly known as curry leaves, infamous in traditional lore for the prevention of premature greying and improving hair thickness. Another excellent ingredient includes Coconut Oil which helps control hair fall and reduce dandruff thus revitalizing limp hair. When mixed together, coconut oil and curry leaves truly help strengthen the hair right from the root, helping you naturally grow out those enviously thick manes. Read the Labels on your.

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The issue of reserving private sector jobs for people domiciled within the same State may face its first judicial test soon. The Supreme Court has asked the Punjab and Haryana High Court to decide within four weeks the validity of the Haryana law mandating 75% reservation for local candidates in private sector jobs that pay up to 30,000 a month. Even though the apex court set aside an interim stay order granted by the High Court, it was only doing so because the stay was granted without assigning reasons. It is a settled principle that legislation cannot be stayed unless there is a preliminary finding that it is unconstitutional or suffers from any glaring illegality. There are quite a few issues that arise when the State introduces a quota in the private sector, especially if it is based on a domicile norm. Andhra Pradesh and Jharkhand have also introduced such laws, while the ruling DMK in Tamil Nadu had promised 75% reservation in its election manifesto for last year Assembly polls. Given the bleak employment situation in the backdrop of the reported loss of millions of jobs during the pandemic, it is no surprise that the leadership in every State seeks to find employment opportunities for its youth. In some States, employers may find it cheaper to use the services of those from a faraway State, while in others there may be an acute shortage of labour within the local population. The first hurdle that a law such as the Haryana State Employment of Local Candidates Act will face is the constitutional bar on discrimination on the basis of place of birth or residence. Even though the Constitution allows the Government to prescribe a residential criterion for employment to public posts, it is doubtful whether such a measure can be extended to the private sector. In the Haryana case, it covers companies, societies, trusts, partnership firms and individual employers. The industry may feel aggrieved that the residential requirement may adversely affect the hiring of talent from outside Haryana. From an individual point of view, the law may impinge on the freedom of movement, the right to reside and settle in any part of the country, and the right to carry on any occupation. Of course, the Act provides for exemption to any employer if an adequate number of local candidates are not available in terms of skill, qualification and proficiency. And there is a sunset clause: the Act will cease to operate in 10 years. Beyond the question of legality, what is flagged by such developments is the state of the economy, especially the labour economy. Rapid urbanisation and the agrarian situation are behind large scale migration in search of employment. The real issue to address is the widespread disparities between urban and rural areas, between advanced States and backward ones. Close on the heels of the Government sharp summons to the South Korean Ambassador over social media posts by private companies, the MEA summoned the Singapore High Commissioner, following

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A speech earlier this week by the Singapore Prime Minister, Lee Hsian Long, where he had said there has been a decline in political probity in India after Prime Minister Nehru tenure. He warned that Singapore must stem any political corruption if it is to not go down that road. The speech was an unexpected broadside, despite the high praise for Nehru, the Government felt, and one which merited raising the issue of the uncalled for remarks with the Singaporean diplomat. As the South Korean case suggested, South Block appears to be making a pattern of its zero tolerance stand towards any criticism of India. To begin with, PM Lee comments, where he said that about half of all Indian Lok Sabha MPs face criminal charges, are not baseless. Mr. Lee even added the caveat that many of these cases could be motivated by political rivalry which indicates some understanding of Indian politics. Second, he spoke of a similar downslide in Israeli politics, and the British party gate scandal (as of date, Israel and the U.K. have not raised objections). Finally, the speech was set in a grander context, as he invoked the Confucian guidelines for social behaviour that unite a country: rituals, righteousness, probity and shame. His 5,000 word speech on the subject contained just one Indian example where he had even praised the founding fathers of the independence movement, and then decried a slide in values since then. The comment, while harsh, does not merit a strong headed response. It is possible to argue that Mr. Lee examples were arbitrary, and contained unusual criticism for a country that has otherwise friendly ties with Singapore. Given that the issue at hand was a breach of privilege matter in the Singaporean Parliament, where an Opposition member had been found guilty of lying in the House, the India mention was certainly not required. It is even possible to argue that Singapore very controlled version of democracy cannot be compared to India more vibrant democratic traditions. However, the strong reaction New Delhi displayed evinces insecurity about just these traditions. The fact that it comes on the back of a series of other summons, demarches and statements reacting to other governments for speaking about India internal matters adds to this impression, especially given that the Modi government frequently comments on the internal issues of its own neighbours. While this event is unlikely to cause more than a ripple across the broader, historically deep bilateral relationship with Singapore, the Government must avoid an international reputation that lends itself to the Shakespearean line that it doth protest too much. Prime Minister Narendra Modi, in perhaps his first address this year on the theme of the environment, remarked that it was not the planet that was fragile, but people and their commitment to conserving nature. From James Lovelock Gaia hypothesis that posited the inter connectedness of nature to Nobel Laureate Paul Crutzen, who warned that chemical effluents were altering the planet atmosphere and causing harmful climate.

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Industrialists have delightedly hailed the government new green hydrogen policy offering incentives to produce 5 million tons of hydrogen by 2030. India already produces solar and wind energy more cheaply than new thermal power. But while renewables can replace fossil fuels in many uses, coal is still needed in industries like steel and cement, and liquid fuels in shipping and airlines renewables cannot power long trips. Passing electricity through water produces hydrogen. If the electricity comes from renewable power, the output is called green hydrogen. This can be stored and later burned to produce high intensity energy for steel, cement, shipping and airlines. It can be used to produce fertilizers. It has enormous potential. But please hold the champagne. It also carries big economic and safety risks. An experimental technology, it could be a big hit or big flop. The government should be cautious in expending financial and human resources. It is said that greater than the regret of making mistakes is the regret of not seizing the opportunities we missed. Richard Branson once said, opportunities are like buses, they keep coming, so the question is why do we miss opportunities that could have been life changing for us How many opportunities have been missed because you did see them as opportunities Many a time we are waiting for it to fall into our laps not realising it was standing in front of us waiting for us to walk up to it. A missed relationship, job opportunity, relocation, friendships and so many other wonderful possibilities lie piled up in a cupboard of regret. Recognising opportunities is the first step as they come to us in various forms. The choices we make also define lost opportunities. For example, to have selected a life partner who is not supportive of your choices or dreams is an opportunity lost had you waited and found someone who would respect you and your journey of life. Even within relationships we lose so many opportunities to express ourselves. It could be as important as telling someone you loved them before they walked away or died without hearing you say it. Then there is the opportunity to recognise that grass is always greener on the other side and that you can still appreciate what you have, even though you may have missed many opportunities to do so earlier. Most interestingly, to recognise that problems can be opportunities too is something that can be life changing. Problems are inevitable, and if you see them as learning curves, an opportunity to find solutions, avenues for personal and professional growth or conversely to perhaps address problems as an opportunity to validate what you need to step away from you vet seized the opportunity. Rather than regret what you missed, it time to ensure that you ride the opportunity wave from this moment on, and for that you must be open to new ways of thinking. It said when preparation meets opportunity it called luck, however, if something comes your way.

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A Gurgaon housing society where I happen to live is abuzz with preparations for holding elections for a new Managing Committee SC is right. India should have a debate on what can replace hanging when it comes to capital punishment Supreme Court's lament about govt not willing to modernise the delivery of death sentence it India should readjust its strategic policy: dependency on any country for anything, energy or arms or trade or tech, mustn't exceed a quarter of total requirement. That'll reduce vulnerability when any power pulls the plug. Advantages of having a khichdi election with states and Centre together are minimal compared to the costs. Regional voices and the federal compact are sacrificed for suspect macroeconomic gains The High-Level Committee on One Nation, By S Kannan Change is the only constant. From ancient times, change is a realisation that we must go with the flow. It is easier to walk along the river. The flow is defined by Silver isn't just for jewellery anymore it's becoming a tech star! Imagine going to buy a silver bar and hearing, sorry, we've run out. That's what happened in South Korea recently. Silver prices have A DNA-based census confirms that India is not doing right either by the creature or its own heritage. That India is symbolically associated with the elephant as the US is with the eagle and China with elephants have always been special to India. They're part of our stories, our gods, and our history. Think of Ganesha, Lakshmi's elephants, or even the gentle elephants seen in old temples and forests. Long October 19, 2025 why does the cow lose and the dog wins? The urban-bias hypothesis it is becoming fincreasingly apparent that urban societies have a growing affection for dogs, while simultaneously developing a disdain for cows. But what accounts for this phenomenon? This trend can be explained by what Michael Lipton referred to as the Urban Bias. Since the beginning of human civilisation, there has been a close association between humans and animals, particularly mammals. Mammals can be divided into two broad categories based on their relationships with humans: wild and domesticated animals. The wild, however, have been kept away from coexistence for various reasons, as they are not easily tamed, do not depend very much on humans and interact with them. Additionally, some wild animals can exhibit dangerous and aggressive behaviour, posing a threat to human safety. In contrast, domesticated animals have coexisted with humans for a long time. The nature of this relationship varies depending on whether the animals are categorised as livestock or pets. This article will explore the relationship between humans and two specific types of domesticated animals: cows, cattle and dogs pets. The association of humans and animals is not without reason. Pets are generally responsive, trainable, and friendly, which allows them to form close bonds with humans. They are also suitable for life in households. Historically, pets were domesticated for assistance and security, particularly in the case of dogs. Today, however, they are primarily kept for companionship and pleasure. Cattle and livestock are generally calm, docile, and gentle, but they are not as responsive or friendly as pets. While they may not provide companionship, pleasure, or security like pets do, they offer significant benefits in terms of food, livelihood, convenience, production, transportation, and manure, among others.

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The association between cattle and humans primarily stems from needs related to survival, economic benefits, escape from laborious tasks, and mobility. In fact, cattle and livestock play a vital role in the transition from a hunting and gathering society to a settled civilisation. Among their many contributions, the economic value of bovine and equine power is significant for the cultivation and transportation of agricultural products and people. For a settled civilisation to thrive, production is essential, and production requires power. The goods produced also need to be exchanged in the marketplace, making transportation another crucial element. Agriculture has been the primary mode of production since the dawn of civilization, beginning in the Neolithic age. However, human power alone may not suffice to meet the intense demands of agricultural labour, as many tasks are physically strenuous. This gap may have created a need for an efficient source of power. Wild animals may not be a good choice as they are less docile, not easily tamed and behave dangerously. Pet animals remain too small to meet the requirements of power. The obvious choice, therefore, emerges in favour of cattle and livestock. They are not only strong but also calm, docile, and non-aggressive. The presence of power and the absence of a life threat from the cattle becomes a win-win combination for the human being. The cattle not only provide the power required for the production and transportation of the agricultural produce to the markets, but also provide milk that is an important food source for human beings. Additionally, their waste Gobar is a valuable resource, serving multiple purposes. It can be used as manure for farming, as fuel in the form of cow dung cakes, and also as material for plaster and wall coatings. Given the enormous contribution of cattle, cows may have developed a religious and spiritual significance in Indian society and are considered sacred Goumata. The relationship between humans and cattle is bi-directional, meaning that both benefit from each other. Cattle receive sufficient food from available crop residues, grazing land, and harvested fields, which allows them to survive. Additionally, they find shelter that protects them from harsh weather and predators. This mutual dependence is deeply integrated into their coexistence. Historically, every society, including those in developed countries today, relied heavily on cattle and livestock for subsistence and growth before the Industrial Revolution. The development of settled civilisations has thus been significantly attributed to the presence of cattle and livestock. After the Industrial Revolution, society began transitioning from an agricultural-rural structure to an industrial-urban one. The industrial revolution significantly replaced the requirement of power from the bovine and equine sources with mechanical sources, both for production and transportation. Thus, the requirements of cattle and livestock as a source of power have been reduced to zero at least in the advanced developed countries, both in rural and urban areas. The importance of cattle bovine power, although reduced in the rural areas of the developing world, remains crucial for agricultural operations and transportation. Cattle are still vital for various economic activities and livelihoods, including dairy farming. In contrast, the urban areas have largely eliminated themselves from any dependence on cattle, except for c

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When the bee population dies out, it will spell the end of life on earth, conclude scientific researchers who are ringing alarm bells to conserve and respect bees. Hence, we have a special World Bee Day, and this year theme is Bee Engaged with Youth. The idea is to get young people involved in creating awareness of the importance of bees as a species that is integral to the continuation of our ecosystem, and for our very survival. What comes to mind is the charming depiction of Kamadev bow and arrows Madhuyasti Dhanush, the bow, is made of sugarcane; the arrows are fragrant flowers, and the bowstring is composed of bees. His vehicle is the parrot. As the counterpart of Cupid in Hindu mythology, Kamadev known as Manmada, one who agitates the mind and as Madana, one who intoxicates symbolises love and romance. Perhaps bees in this case indicate fertility, vital for propagation of life and desire, the seed of creation. Kama is the son of Vishnu and Lakshmi, and his consort is Rati. In other puranic references, he is the manasaputra mind-born son of the god of creation, Brahma. When Shiva was in deep meditation, the young, handsome Kama was sent to distract him. When he shot his love arrow, a disturbed Shiva opened his third eye, reducing Kama to ashes. The story goes that Kama was reborn on earth as the eldest son of Krishna and Rukmini, as Pradyumna. Kama, which means erotic desire in Sanskrit, is the reason why life comes into being. The Rig Veda describes creation of the universe as arising out of divine desire, intense heat, resulting in a situation similar to the scientific theory of the big bang and this was followed by formation of celestial bodies and germination of life. In mythology, the bee is seen as the sacred bridge between the natural world and the underworld. Bees are pollinators; they feed on honey in flowers, and when they rub their legs together, the pollen sticks to them and is carried forth to other places, enabling propagation of species. The Smithsonian describes the process thus: Pollination is an essential part of plant reproduction. Pollen from a flower anthers, that is, the male part of the plant, rubs or drops onto a pollinator who carries this to another flower, where the pollen sticks to the stigma, the female part. The fertilised flower later yields fruits and seeds. Not only do bees act as pollinators, propagating life, they store the collected honey in their hives which beekeepers harvest for human consumption. The virtues of honey as healing agent have been well-known since ancient times. The shelf life of pure honey is almost infinite. Tombs of pharaohs have been discovered to contain pure honey in sealed jars that are unspoiled and edible even after centuries. It is no surprise, therefore, that bees have been venerated as life-givers in mythologies across cultures. In some stories they are seen as creators, in others, as sustainers. Other pollinators like butterflies, beetles, moths and hummingbirds have not gained the primacy given to bees as ace pollinators, as their reach and extent of work far exceeds those of others. Hence the oft-heard saying, Busy as a bee the hardworking species that ensures life goes on. If you see a tiger in front you are likely to run first than to think about if you have free will in this situation. However, we can live as per the selective world view of only one brain part. Therefore, we face the contradiction between determinism and free will. It is intriguing that during t

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In excessive intellectual analysis about whether our actions truly have significance and impact. This approach could be our most effective way to achieve harmony and equilibrium. Disharmony between conflicting viewpoints can lead to personal turmoil. We may oscillate between futile effort and resignation when faced with obstacles. In the long term, striving for clarity in knowing when to act and when to accept is crucial. This is captured beautifully by the serenity prayer God, grant me the serenity to accept the things I cannot change, courage to change the things I can, and wisdom to know the difference. group chief Uddhav Thackeray frustration and vulnerability has reached Raigad akmak tok. When Uddhav Thackeray declared that he would not allow the hoisting of Sangh faded flag, he lost what little political sense remained with him. His demeanour, including his language shows his intense irritation at the prospect of maybe facing a significant setback and his dread of losing the very existence of his party. And on June 4, his pre-defeat howl is probably going to get worse. I wonder why Uddhav Thackeray must have felt the need to isolate himself to this extreme level. Uddhav Thackeray attempt to involve the Rashtriya Swayamsevak Sangh in the Lok Sabha election campaign has exposed the lack of political understanding on his part. In the 75 years since independence, the Rashtriya Swayamsevak Sangh has faced a lot of criticism. And thinkers, journalists and artists that espouse socialist, communist and Congress ideologies have had a significant role to play. Sangh swayamsevaks were imprisoned by Indira Gandhi during the Emergency in 1975. Following the assassination of Mahatma Gandhi, the Rashtriya Swayamsevak Sangh was banned. It was also outlawed after the demolition of Babri Masjid in 1992. Eventually, the ban was lifted. The Congress leadership never spoke about the Rashtriya Swayamsevak Sangh in this manner. I wonder why Uddhav Thackeray even used such a language that neither the Owaisi brothers nor Shahi Imam or Syed Shahabuddin ever did. I do know if political analysts will ever go into the causes for it, given their deep infatuation for Uddhav Thackeray. These people are always looking for a haughty individual who can say anything they want to about the Bharatiya Janata Party, Narendra Modi and Amit Shah. This congregation is willing to put their ideologies in the hands of a person they perceive to be their sole hope, notwithstanding his dull intelligence. If we conduct a psychological analysis of Uddhav Thackeray actions over the past 21-22 months, we will be able to comprehend his inevitable nature. I have intentionally used the word psychology at this juncture. A devoted adherent of the revered Balasaheb Thackeray ideologies Eknath Shinde seized the chief minister chair that Uddhav Thackeray had won by backstabbing. Uddhav Thackeray primary motive for creating the Maha Vikas Aghadi by betrayal was his desire to become the chief minister. It was on this solid foundation of chief minister ship that Uddhav Thackeray and his son established a strong position in the alliance with the Congress against the BJP. The moment he lost his position and a loyal Shiv Sainik, who genuinely valued the ideologies of late Balasaheb, abandoned him, UBT had no option but to emulate the Congress and Shared Pawar. Today, even after criticizing the Bharatiya Janata Party and Narendra Modi, he stands no chance or even the slightest possibility of garne

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Our plans don align. At this age, I do wish to get involved in something that won lead to marriage. What do I do? One step at a time. Online attraction can be misleading so first you must assess whether there is compatibility between the two of you once you meet face to face. This falls under the category of love marriage, so it best to exercise the option to spend at least a year under each other spell before committing to a lifelong journey together. At 32, there no need to hurry with decisions of such immense importance. Punjab votes today not merely to elect its new government, but also to indicate its political trajectory from hereon. Whatever the verdict on March 10, the entire process could prove to be as critical as the 1997 assembly elections that restored normal political competition after a decade long insurgency and turmoil. So, why are the 2022 assembly elections so crucial First, Punjab has a history of social conflict because of multiple divisions of the state boundary over the last century. However, the pattern of electoral competition that evolved in the state post 1997 in response to these cleavages stabilized its politics between Congress, which functioned as a catch all party, and a coalition of Alkali Dal and BJP that could stitch a combination of Jet Sikhs in rural Punjab with Hindu upper castes in urban areas. The predictable electoral cycles, with either Congress or Alkali Dal BJP governing the state in alternate cycles, acted as a safety valve against widening of social cleavages. Multiple developments in the past year have turned the existing political arrangements in the state upside down. Besides the deteriorating health of state finances and agricultural productivity, other reasons for this intense churn are the effect of the farmer movement with some leaders contesting the election, the crisis in Congress which led to the exit of Capt. Mariner Singh and elevation of Charanjit Singh Channel as the new chief minister, splits between the old allies Alkali Dal and BJP, emergence of new electoral coalitions Alkali Dal with BSP, and BJP with Mariner Singh party, and the rise of Aim Adam Party AAP. This is likely to cause fragmentation between the existing elite at the top and voting blocks on the ground. Second, this increased competition for votes has led to multi cornered contests in many constituencies. It won be surprising if a large number of seats are won and lost by a very small margin. There is also the possibility that if one party manages to cross the minimum winning threshold which is likely to decrease in a significant number of constituencies, then it could win a much higher number of seats with an even lesser vote share as compared to the past. Backroom deals and negotiations for the government formation can then further complicate emerging fissures both at the elite and mass level. Third, each formation is now much more concerned about their core voting base rather.

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Than forging broad social coalitions. It no surprise then that in this election almost all parties in Punjab have made explicit appeals on religious and caste lines. The social cleavages that were subsumed under the stability of a two party system since 1997 have now resurfaced. Congress has traditionally functioned as an umbrella party that attracted support see graphic from the state three main social groups Jet Sikhs, Dalit and Hindus. This catch all nature of the Congress forced parties such as the Alkali Dal and the BJP to form their own alliance. In recent weeks, geopolitics experts and strategic thinkers in India have been focused on what the military standoff in Ukraine will mean for India. In addition to a potential increase in oil prices, the conversation has focused on the implications for India geopolitical alignments. Will India be able to balance its relationship with both the US and Russia Will Russia get closer to China due to this brinkmanship battle with the US Recent statements at the Quad Summit seem to suggest that India is prioritizing its strategic autonomy and ensuring that it does not alienate Russia. However, another key question to think about for Indian strategic circles is What will the Chinese have learnt from the way this dispute between Russia and the US is playing out And, how might they apply some of those lessons to China border dispute with India Two key lessons emerge for India. One, China stands to benefit the most from a protracted US Russia conflict. The US needs to recognise this current Ukraine standoff for what it is. The Russians and Chinese have been coordinating on Ukraine and their strategy is clear keep a double front war open against the US so that its efforts, energy, resources and focus remains divided while China gets freed up to initiate its own battles. The Indo Pacific will lose in priority and allocation of resources if this standoff continues. China will be the biggest beneficiary. Its most recent statement on its Indo Pacific strategy stated as one of its goals as forging connections between the Indo Pacific and the Euro Atlantic. In other words, it wants its European partners and Nat allies to be active in support of its Indo Pacific strategy and objectives. Admittedly, the US understands this, but a protracted conflict with Russia means that this linking as tenuous as it might be to begin with will remain more in intent and less in practice. With China hand strengthened due to this divided focus, India should, therefore, expect more aggression on its borders. The Chinese are likely to follow the Russian playbook of employing this just short of war strategy bring troops to the border, keep the threat levels high, but not necessarily engage in physical war. Two, India must recognise that China will likely engage in a hybrid war with India, and not just a war on the physical border. War is no longer being fought with tanks, people and missiles.

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The conversation in Indian strategic circles has often missed the hybrid war strategy that Russia has successfully deployed in its regional conflicts. Ukrainian officials have in recent weeks pointed to not just the physical troops amassed on their borders, but also almost more importantly, the destabilisation campaign involving cyber attacks and economic disruption. If US and Ukrainian accounts are to be believed, Russia is engaging in hybrid war physical conflict supplemented with elements of cyber and information warfare. Various tools of hybrid war exist today, many of which India is familiar with, especially in its border states. Unmarked military troops and paramilitary mercenaries are commonly used by the adversary for plausible deniability. Sustained short of war aggression keeps the conflict on a steady simmer, and gradually feeds into domestic frustration. Political tactics, such as bolstering opposition, protests, instigation of socio political movements, are also common. Increasingly, the kinetic aspects of war are nested within, and almost enabled by, the overall miss information warfare which entails sowing distrust and disharmony in the local population, and instigating face offs between different naturally adversarial groups within the society. Cyber attacks are now a key component of hybrid war. Earlier, these meant hacking or defacing of official websites. However, in recent years, cyber offense capabilities have improved significantly and critical infrastructure such as power grids, dams, industries, nuclear facilities and telecommunications infrastructure has become vulnerable due to its dependence on cyber connectivity. In recent military strategy documents, China has emphasised the integration of information warfare and the strategic cyber frontier with its traditional military operations. This is further evidenced by the setting up of its Strategic Support Force SSF as the fifth branch of the People Liberation Army to oversee its cyber and electronic warfare force. India must accordingly prepare for China to deploy a hybrid war strategy. We must remain alert to any misinformation campaigns or cyber warfare being deployed by China. Cyber defense is a weak point for India as per many accounts, and therefore bolstering it must become a priority. In addition to the physical borders and infrastructure, we must fortify and secure our digital ones you have completed 56 years of life on this earth, you tell me what you understand about life. The Yogi counter questioned me. I knew very well he was just trying to assess my IQ so that he could phrase his reply accordingly. I have been trying to figure that out. Many learned men tried to decipher my fate in this world by looking at my birth certificate. It has time and date and place of my birth. Then like an expert astronomer, they figured out the configuration of various stars and planets and satellites and winds and storms and everything else in the universe at the time of my birth. And then they made some predictions that made my parents happy and some more predictions that worried my parents. I explained. So why have you come to me the Yogi asked. To understand why.

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Life is so tough. I have been working so hard for all these 56 years. I have been studying or trying to earn my wages for almost all these years. Nowhere on your birth certificate has been mentioned that life will be a bed of thorn free roses. The Yogi was as nonchalant as ever. That was a point for me to ponder. Birth certificates should come like a label on any other product. May be we can call ourselves Reproduce. Products come from production, similarly reproduces come from reproduction. We all should have a bar code on the birth certificate. It should mention the date when the idea of having a child was established, date when conceived, number of attempts in which conceived, quality assurance, warranty date and expiry date. And a picture of the universe depicting position of all the stars at the time of birth. Still, that would not explain the purpose of life. I believe we all are here to serve humanity, to look after each other, to make this world a better place and so on. I poured out the little wisdom that I had accumulated over these 56 years. That is politically correct statement. This statement might help you get a job or few claps at some declamation. Time for the Yogi to spread his wisdom. But the truth is you were born out of an activity, primary aim of which was pleasure. No aim or purpose is assigned to any newborn. By default survival became the basic purpose of life. Means to survival resulted in spread of hatred and wars, arms race, industrialization, and this contributed to global warming, deforestation and plundering of the natural resources. And grow at the expense of others. As of today, I feel the purpose of life is to destroy life itself and the planet. Everyone contributes, only the degree varies. The Yogi handed back my birth certificate to me. We might philosophize life in whichever way but I guess the Yogi has told the truth. I and my friends are on a peace mission. Instead of arms race, we are involved in beer race. We are trying to figure out if we can finish beer faster than Vijay Malaya can produce it. Higher education and research have risen to the center of worldwide economic growth discussions. Governments recognise that more highly qualified individuals with technical and professional abilities must have a knowledge based economy in a postindustrial world. Thus, PhD education is gaining more importance as PhD graduates reflect cumulative human capital to contribute significantly to a country growth. But does a country like India need more PhD holders A Doctor of Philosophy PhD degree is the top of academic achievement and the most prestigious doctorate. The holder of this degree is recognised as an independent researcher, an expert with in depth knowledge of the chosen field of study, and a professional with a diverse set of transferrable abilities. Consequently, PhD graduates can contribute to understanding and.

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Influencing social change usually takes three to four years full time or five to six years part time. This may be realised through increasing others knowledge, performing various jobs that help society, applying gained skills to research projects, boosting the performance of work colleagues, and generating breakthroughs in research. Doctor or Professor is not simply prefixes. They are titles of incredible honor and acknowledge a person valued contribution to the research field. In India, having a PhD and holding the titles of Doctor or Professor are sources of great pride and respectability. It is considered the pinnacle of academic achievements. The current PhD situation in India There is a mad rush for PhDs in India, with the total number of doctorates having reached a high of 24,000 in all disciplines in 2017 from just a few dozens in 1920. While these numbers show that India is currently one the countries having the most doctorate scholars, India has too few students enrolled in doctoral programmers, considering the large size of its population and higher education sector. The All India Survey on Higher Education data for 2017 18 showed that out of 36.6 million Indian students enrolled in higher education programmers, only 161,412 were enrolled in a PhD programmer. However, the number has increased compared to previous years. 2017 showed more than twice the number of enrolments in 2010. This may be attributed to the increase in PhD awarding institutions in India from 326 in 2000 to 912 in 2017. The University Grants Commission and the Department of Science and Technology stipulated that the number of science PhD graduates increased threefold during the same period. PhD holders in India usually aim for academic careers at public universities and research organizations since they offer outstanding salaries, job security, research opportunities and respectability. Nevertheless, the supply of PhDs in India has currently outstripped its demand. The job market for PhD holders in India is exceptionally challenging for any field, including the science field. Nowadays, 2000 out of the 6000 people granted science PhDs annually in India cannot find decent jobs. The number of job opportunities available in academia has shrunk considerably since new public universities such as the Indian Institutes of Technology IITs or Indian Institutes of Science Education and Research IISERs have already recruited massive numbers over the last decade. Now, these recruiters receive more than 250 applications per academic position. PhD holders do not even consider alternate employment due to the less attractive prospects. Private colleges and universities often offer meager salaries and no research opportunities. As a result, nowadays, Indian students choose to pursue postdoctoral fellowships either in their home country or overseas. Also, with the shortage of job opportunities for PhD graduates in India, they have no choice but to extend their job search beyond just India, which has led to a brain drain where the country is losing its talents to others. The Way Forward What India needs is not more PhD holders but attractive job opportunities to match.

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BSF-HCM-TEST-Dated-2025-11-06-Test NO.-23392

Shampoo Studies show that most of us are washing our hair with liquidized chemicals. They may lather up pretty smooth and smell like cologne but are destroying the pH of your scalp and disrupting hair growth. Surfactants in your shampoo are purging your scalp of natural oils necessary for your hair, and stripping away sebum is only enabling your sweat pores to constantly make up for its dryness with excessive secretion. Incorporating ingredients such as hibiscus that balances out the of your scalp, cleansing your hair of dirt and grime while protecting the scalps natural moisture. Aloe Vera, tulsi or neem is another great substitute when it comes to dandruff. It helps by eliminating fungal bacterial build-up that cause dandruff and effectively controls frizzy hair making them more manageable through your day. Frequently Moisturize your Hair Conditioning is as essential to hair care as shampooing is. While most shampoos are specifically formulated to clean off sweat and dead skin, conditioners help make hair soft and more adaptable, it also forms a protective layer around the hair shafts masking your hair from the sun while also protecting its moisture. Instead of vigorous shampooing, focus on conditioning, and if your hair still gets dry too quick, apply a small layer aloe Vera gel to the scalp and hair and that should definitely do the trick. It helps soften condition and repair damaged roots. Occasionally Indulge in a Relaxing Hair Spa Occasionally indulging in a relaxing hair spa not only benefits your hair but your mind as well. With pollution being a constant factor around us and harsh sun exposure, our hair tend to dry out immediately leaving it limp and quite lifeless. Including a good hair mask packed with natural ingredients such as neem, jatamansi or amla help improve overall scalp health and hydrate your hair. You can also mix the same with rosewater or some curd and spread it over your hair evenly. Embrace a Hair-Healthy Diet There a lot going on inside you, distressing hair health, your diet being the foremost one. What you eat is what you show. It just not your skin that affected, it your hair too. Your hair also receives its nutrition from the food you eat. Consider switching to a healthier diet by adding citrus fruits, yogurt and berries consistently to your nutrition regime. Avoid fatty foods and keep yourself constantly hydrated; this will definitely show on those locks. Avoid excessive use of hot tools styling tools like a blow dryer and curling straightening irons might be an integral part of your hair routine, but excessive use of such tools on dry hair will definitely lead to irreparable damage. Air drying your wet hair or using those irons along with hair serum will help prevent damage. With the use of such tools, keep your heat settings on low, reduce the frequency of use if possible and always avoid using them on uncleaned hair. Get your hands on the organic Neem Wood Comb, neem is a.

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Natural antiseptic, a comb made out of its wood is a must-have among your hair care tools. Not only does it control hair fall, but the comb also helps prevent the growth of microbes and improves blood circulation in the scalp that encourages new hair growth. With that being said, maintaining a more holistic approach towards your hair is crucial. Internal nourishment and external care are critical to an effective hair care routine. Integrating organic and natural ingredients are not only vital but extremely beneficial in the long run, maintaining stronger and healthy tresses. Since the emergence of ecommerce and marketplaces, retailers have gone through many phases starting from fear to being mentally ready for the adoption of technology and ecommerce. When Covid hit the country, the retail business was hugely impacted and this created fear among retailers and pushed them to start thinking about adopting the technology and need for their own ecommerce stores. When the markets re-opened after Covid, slowly the ratio of online and offline business has gone back but the retailers who have adopted the technology and started selling through ecommerce stores have scaled multifold. Here are a few reasons how technology and ecommerce can help retailers boost their business. Commerce adds to the retailer strength Retailers have a physical presence which enables them to build a higher degree of trust with their customers. This makes them winners when finally a customer is deciding to place an order through ecommerce. They have earned trust over the years and by going online they would be able to connect and engage their existing customers and would be reaching new customers. Omni channel presence today it not about online or offline. The future of retail is online and offline. Today customers search online and then buy offline or vice-versa. Even Google search engine gives preference to local retailers both on organic, paid search and shopping results. This also enables them to earn the sale from the customers who visit the store and later decide to buy at a convenient time. Going online will help boost their repeat purchases. Product information, availability, and experience before visiting the store customers want to know product availability, and price. With ecommerce customers can easily check the availability and price and then decide to visit the store. Answering the right questions of a customer, explaining why they should select a particular product and the key differences between products when the customer is confused are very important to make a sale. With the help of ecommerce and in-store kiosks tablets customers can experience the product and at the same time can get answers to all the questions which the salesperson might have skipped or not been able to answer. Access to customers across India The limitation of a physical store is that it can serve only customers living in a certain radius but through ecommerce, the retailer can reach to customers across India and sell. Some of our retailers have told us that Sir you.

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Have made us accessible to all the customers throughout India. When disaster strikes on such a large-scale level as Covid-19, it has the power to make mankind kneel before it. Such is the story of the coronavirus which was declared a matter of international concern on 30th January, 2020 and declared a pandemic on 11th March, 2022. It took time to sink in before we knew what was happening and its mammoth impact on the times then and now. The world came to a standstill and stock markets began to tumble, and globally, interest rates began soaring. However, as the resilience of the economy was tested and GDP growth in most countries reported in red, the power of collectivism enabled us to get back on our feet and take up the helm of our planet, and each individual cheered our collective race on to a stage where we have survived. Almost a century ago, the Spanish Flu which lasted from the beginning of 1918 to 1920, wiped out a larger proportion of global population, owing to lack of connectivity, transportation, biotechnology and every bit of development that human race has achieved since then. The death count of the Great Influenza is not exactly known but it seems much worse than what we witnessed with our times recent coronavirus. This pandemic has succeeded in wiping out a smaller percentage of the global populace and the death count stays at around 7 million people with a large number of unreported deaths. Optimism, collectivism and humanism; three strong pillars of a situation like that lead us out to victory over death. Economies are back to their robust path to recovery and the stealth of our Covid heroes deserve a special mention to get us here. In February last year, Russia declared war on Ukraine due to geopolitical reasons and once again, we see a cause for worry as the threat of World War III is looming. For a large part of my life in the last decade and a half, I have made my peace with what happens outside, as I cannot influence much, but we all wish things like these did happen. A country called Ukraine is shut since a year, derailing global attention from important topics to do with health and happiness of 8 billion people that live on this planet, to a bloodbath where people don know whether there will be light ever. Stock markets are tumbling once again, there is a heavy economic imbalance and sentiments of the people are getting from bad to worse. What if there really is a nuclear strike? What if gets involved directly and there are clashes causing people to die starve or render homeless? In the end, we are all losers, as with high inflation, high energy prices, volatile stock indices and a year later, no sign of hope; it is just a matter of time before markets begin to collapse. That can be a huge problem from the point of view of.

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As a result, urban society has successfully elevated its status to that of an affluent society. The affluent urban society has achieved significant material wealth, but this success often comes at the cost of breaking away from tradition. The pursuit of material achievements appears to conflict with traditional values, necessitating a modern outlook, attitude, and aptitude. The relationship between individuals and material pursuits can undermine various other relationships, both within the family and outside. This shift tends to make families and communities more individualistic and self-conscious. As a result, the significance of traditional family values such as the importance of the joint family system, the institution of marriage and childbearing comes under scrutiny. Many urban families have transitioned to nuclear or even single-parent structures due to various factors, including children's relocation for education or jobs, and couples separating for work or legal reasons. All these developments have made life single and lonely. Living alone can be challenging, as it often requires companionship. Someone is needed to talk to, listen to, and share their lives with. However, this has become increasingly difficult with the changing dynamics of modern family structures. One effective way to fill this gap is through pets or street dogs. In a rural, agricultural society, pets were not seen as essential, but in urban settings, they have transformed into valued family members both because of their requirements and affordability. They have raised their position from assistance or a security provider to a provider of companionship and pleasure. For those who do not prefer having pets, caring for street dogs can offer a similar sense of companionship and happiness. The above discussion is sufficient to convey that the cow symbolises and represents rural, whereas the dog symbolises and represents urban. Michael Lipton 1977 suggests that the urban class holds a firm belief in being superior, seeing itself as essential and inevitable compared to its rural counterparts. This bias likely stems from their perception of themselves as affluent, modern, and educated, while viewing rural society as poor, backward, and illiterate. Lipton further argues that the urban class is articulate, organised, and possesses most of the power, allowing it to consistently win most of the rounds of the struggle with the rural class. This dynamic implies that whatever the urban elite represents tends to succeed, even though they represent a smaller population. Conversely, anything that the powerless rural society represents tends to lose, despite its number remaining large. Since the cow represents and embodies the rural, it loses, and the dog, by the urban, it wins. As a consequence, cows are hated and dogs are loved. Nevertheless, two concerns remain: the love for dogs often takes precedence over the lives of individuals on the streets. Second, while dogs have raised their position and have won many rights, they have not yet won the right to use the washroom of their master. This situation creates severe externalities for the public and causes an undue burden on sanitation workers, who ultimately face the consequences. They silently and helplessly bear the costs of the pleasures enjoyed by the affluent society. When I once asked a sanitation worker why they don't voice their concerns, he replied, Kya Karen Sahaab What can we do, Sir 'Centrism isn't nostalgia, it is

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Spl-BSF-HCM-TEST-Dated-2025-11-06-Test NO.-23398

It's time India wrote its own Baid and Kotasthane are researchers at the Takshashila Institution. In an all-too-familiar headline, China's ministry of commerce announced new and wide-ranging export controls on rare earth elements REEs and related technologies from December 1, 2025. The latest export controls on REEs have become a familiar move in its geopolitical playbook, designed to create short-term buzz ahead of high-stakes trade negotiations. Old hand: Beijing's threats this time confirm its intention to negotiate however, this recurring tactic is quickly losing its potency. While the restrictions will cause immediate supply chain disruptions, they ultimately serve as a catalyst for the very thing Beijing wants to avoid: global diversification. Under Beijing's new rules, foreign companies now need its approval to export any product containing more than 0. 1% Chinese REEs or manufactured using their extraction technology. The ministry added five more REEs to its control list, bringing the total to 12. Moreover, applications from defence contractors will be denied outright, while semiconductor manufacturers face case-by-case reviews. The timing is predictable. These restrictions give China negotiating leverage ahead of the Trump-Xi summit at the Asia-Pacific Economic Cooperation forum later this month. Beijing used the same playbook in June when it first imposed REE controls, only to negotiate a six-month deal with Trump that lifted restrictions in exchange for exemptions on Chinese student visas. However, the situation has changed since. The US is no longer caught flat-footed. In August, the department of defence took a 14. 9% equity stake in MP Materials, the only operating rare earth mine in the Western Hemisphere, that aims to double processing capacity. The Pentagon is also funding Australian company Lynas to build a processing facility in Texas. These moves represent the first serious American effort to rebuild capacity since the 1990s. Numerous industries like automotive, electronics, and defence rely on a stable supply of Chinese REEs. China controls roughly 70% of global mining and nearly 90% of the refining and processing of these minerals. But this short-term pain is limited and negotiable. The US, for example, imported only $170 million in rare earths in 2024, down from $186 million in 2023. The India figures are even lower. More importantly, China has shown a willingness to negotiate. China's rare earth stranglehold was never inevitable. The country's dominance is not because it possesses superior technology that cannot be replicated elsewhere, but through decades of govt subsidies and predatory pricing. When Western companies attempted alternative supply chains in the 2000s, state-subsidised dumping forced them into bankruptcy. But export restrictions eliminate that threat. Beijing cannot simultaneously restrict supply and flood markets with cheap REEs. Additionally, the underlying technology is neither new nor proprietary. Moreover, the technological landscape too is shifting away from rare earth dependence. Tesla has announced that its next-generation vehicle platform will eliminate rare-earth magnets completely. Toyota and European suppliers have demonstrated permanent magnets that replace half the heavy rare earth content with more abundant lanthanum and cerium. By imposing such export controls, China accelerates all these trends. High prices incentivise substitution research. Supply uncertainty drives companies to

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Each time Beijing plays the rare earth card, it burns credibility and pushes customers toward China strategies. The way forward? Impose countervailing duties against Chinese REEs to protect upcoming projects from predatory pricing. Establish joint stockpiles through multilateral frameworks like the Minerals Security Partnership. Accelerate recycling and substitution research. Urban mining from discarded electronics and motors can recover substantial volumes. Finally, promote friend shoring through equity investments in allied countries' projects. India possesses an estimated 1. 6 million tonnes of rare earth oxides are the world's sixth-largest reserve. IREL is establishing a rare-earth permanent magnet plant in Visakhapatnam. The newly launched National Critical Mineral Mission provides the policy framework to accelerate these efforts. India's lower demand provides a buffer during short-term disruptions. Yet that alone should not lead to complacency. India's immediate priority should be to deregulate all parts of this supply chain, and fast-track approvals. Simplifying licensing for domestic exploration and mining, and funding exploration projects to reduce information asymmetry, will help. China has revealed the same card many times over. The first time caught the world off-guard. The nth time is simply confirmation that Beijing has no other leverage of comparable potency. The opportunity is for others to take. 'Centrism isn't nostalgia, it is survival' Rethinking stray dogs: From crisis to opportunity October 20, 2025 Customer-centricity a strategic competitive advantage Dr Rao is currently teaching risk management in the institute of Insurance and Risk Management IIRM. A career banker with Bank of Baroda, he held the position of General Manager - Strategic Planning, Later was Associate Professor with National Institute of Bank Management NIBM and was Director, National Institute of Banking Studies and Corporate Management NIBSCOM. He writes for financial dailies on Banking and Finance and his work can be viewed in the public domain. His academic accomplishments include Ph. d in commerce from Banaras Hindu University BHU, MBA Finance, and LLB. He runs a YouTube channel - Bank on Me - Knowledge series He likes to share his perspectives with next generation potential leaders of the banking industry. His book on Transformation of Public Sector Banks in India' was published in September 2019. His most interesting work is in Ideasforindia. Com blog. Bank business, customer base, and the expansion of both physical and digital networks are growing, with a focus on electronic banking streams. Over the past five fiscal years FY2020 FY2025, India's banking sector has seen significant growth driven by strong financial inclusion. The FI-Index was introduced in 2021 with a baseline score of 53. 9 for March 2021, which increased to 64. 2 by March 2024. Most recently, the index rose to 67. 0 in March 2025, marking a 4. 3% increase from the previous year and a total increase of over 24% since 2021. The average annual deposits increased by 9-10 percent, and the total deposit volume grew from Rs. 146 crores in March 2020 to Rs. 234. 5 crores in March 2025.

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The "Frozen" Wilderness "Echoes" whisper through the endless "white" expanse of the Arctic world. The Polar Region, Million's, of crystals, Beyond Imagination. Stretching across the northern edge of the Earth, it is a kingdom of silence, solitude, and unbroken frost. 100,000 as of September 2024. The total number of ATMs was 211,332 in FY21 and slightly increased to 211,654 in FY25 as customers shifted towards digital wallets and cashless transactions. This explains why the number of POS — terminals increased from 3. 72 million in "Unyielding," "Uncertain," "Unforgettable," the Arctic stands as a mirror to nature's purity and power. Beneath its shimmering ice sheets, secrets of ancient times sleep in perfect preservation. For explorers, surviving here is not merely a challenge but an act of endurance and respect. The blinding snow and biting winds test every limit of the human spirit. The aurora dances above in waves of green and violet, painting the sky with magic unseen elsewhere. Yet, beneath that beauty lies danger - cracking ice, freezing storms, and the haunting call of the wilderness. Animals like the polar bear and the arctic fox move like shadows across the pale horizon, masters of this frozen empire. In this world of extremes, time seems to stand still, and every breath feels sacred. The Arctic reminds humanity that even in the coldest corners of Earth, life endures, adapts, and glows with quiet strength. The number of deposit accounts increased from an estimated 200 crore in FY2020 to over 270 crores by FY2025, driven by significant growth in PMJDY accounts from rural and semi-urban areas and higher small savings mobilization. Female and senior citizen deposit ownership also grew steadily; women now hold about 20% of total deposits as of March 2025. Similarly, the total bank loan growth averaged 12 14% annually over five years, with a deceleration to around 11% in FY25, down from about 15% in FY24 as credit demand normalized after pandemic-induced surges. The number of outstanding loan accounts crossed 32 crores in FY2025, up from about 23 crore accounts in FY2020, supported by growth in retail and SME credit segments. Retail loans, especially personal loans and housing, drove growth. The share of retail loans increased from 24. 1% in 2020 to 31% in 2025. The individual borrowers now account for 47. 8% of total bank credit, up from 41. 5% five years earlier, reflecting democratized access to credit through digital underwriting and simplified KYC. Within retail loans, women borrowers' share rose modestly from 22% to 23%. 8% in the past five years. Banks welcome a strong customer base to grow their business. However, there are challenges. Customer grievances are likely to increase as the customer base and business expand. Banks now face the significant task of managing 300 crore customer accounts with various needs. They must handle a diverse range of customers in terms of digital and financial literacy, overcome language barriers, regional differences, and many other obstacles. To achieve this, banks have established a strong presence both physically and digitally. The number of bank branches grew from about 155,000 in March 2020 to approximately 160,500 by September 2024. Rural branches surpasse. March 2020 to 8. 96 million by June 2024. All banks offer mobile and internet banking, digital wallets, and nearly 100 crore debit cards. Routine banking services can now be performed remotely, removing the need for customers to visi

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The highway accident on November 3, 2025 that "claimed" 19 lives at Chevella near Hyderabad was far too routine to change India's disgraceful record in fatal road accidents. The driver of a gravel-laden truck apparently swerved to avoid a pothole and "rammed" into a bus. There were no dividers, no streetlights and no signages on that stretch of National Highway 163. India's roads are a major public hazard. Pedestrians, bus riders and two-wheeler motorists constitute the "majority of the over 400 people who die on India's roads on average, the equivalent to a full transcontinental flight going down. Flight disasters invite scrutiny, multi-agency probes and quick remedial actions but road" accident deaths that mostly involve poorer folk trigger perfunctory probes and glacial change in rules, if any. Government documents identify human error as the most common cause but deeper reasons vehicular and infrastructural are unaddressed. In India, the road test for getting a driving licence examines whether the person is able to handle a vehicle of certain specification, largely a skill test, rather than one of his knowledge and execution of safe driving practices. No safety training is mandated. Most accidents are collisions from the back whereas exemplar driving tests in other countries filter out tailgating tendencies and arbitrary lane changing. The system of certifying and monitoring drivers and vehicles is broken and corrupt. For nearly all Indians, navigating RTOs is unpleasant. The Save LIFE Foundation advocates License Seva Kendras on the lines of Passport Seva Kendras so that they are transparent, digitised, and ensures good driver skills and safety awareness. One in five accidents are head-on collisions, which have happened even on four-lane highways, indicating wrong-side driving and the state of road dividers. In general, national highways need to adhere to Indian Roads Congress guidelines but States have made no mandates as required by the Motor Vehicles Act. There are potholes, dangerous curves, drainage systems, bridge parapets and concrete objects, but no crash barriers or energy absorbers. Collision-risk warning devices are relatively inexpensive and can be mandated on commercial vehicles. Better pedestrian infrastructure alone can prevent many fatalities. In Hyderabad, a community health-care centre was available for immediate treatment and a government hospital was not far away. But that is often not the case elsewhere. In States such as Bihar, fatality rates are double because of inadequate trauma care infrastructure. An overhaul of the road transport system is an urgent requirement in India. On October 29, 2025, just minutes before his meeting with Chinese President Xi Jinping in Busan, South Korea, U. S. President Donald Trump said the US would “start testing our nuclear weapons on an equal basis with other nations”. While returning to Washington, Mr. Trump told reporters, aboard Air Force One, “We have halted it for years many years. But with others doing testing, I think it's appropriate that we also do.” Back in the US, Mr. Trump repeated his claims in an interview. “Russia is testing; China is testing, but they don't talk about it. And certainly North Korea has been testing. Pakistan has been testing. Mr. Trump is correct about North Korea, which has tested multiple nuclear weapons in the new century. But other nuclear powers, including the US, China and Russia, have maintained a moratorium on weapons testing since the

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Both are designed to overcome American missile "defence systems and can carry nuclear warheads. But those were not nuclear detonation tests. Customer service should strategically focus on redesigning and balancing the grievance resolution process to ensure" equal attention to responses for customer complaints received through digital and physical channels. Apart from the number of customer complaints with individual banks' internal ombudsmen, those flagged to the RBI Ombudsman RBO are increasing as the customer base rapidly grows. The number of grievances filed with the RBO has surged over the past five years, driven by greater awareness and more challenges in "digital and loan-related services. Complaints reaching the RBO rose from 3. 03 lakhs in 2020-21 to 9. 36 lakhs in 2024-25. As digital literacy improves, two-thirds of all complaints are now submitted online; increased" digital access and regulatory outreach have made filing complaints easier. Of the total grievances received by the RBO in FY2023 24, digital banking including mobile and internet banking made up approximately 19. 8% 22. 5% of all complaints, making it the second largest category after loans and advances. Most complaints are against banks 82% and NBFCs 15%, with loans/advances 29% of complaints in 2023 24, digital banking, and credit cards leading the grievance categories. The significant increase in complaints partly reflects greater consumer empowerment and access, but also highlights on-going service quality issues, "especially" amid rapid digital transformation. Overall, customer complaints to the RBO have more than tripled in five years, emphasizing both the surge in digital financial activity and the need for a stronger focus on consumer protection in India's evolving banking sector. RBI launched the unified Integrated Ombudsman Scheme RB-IOS, 2021 for banks, NBFCs, and digital payment systems under a single framework, offering a free and one-stop resolution platform with standardized procedures and timelines for handling complaints. RBI expanded the scope of RBO to include rural cooperative banks in 2025, thereby significantly enhancing customer protection. RBI has instructed all banks to enhance their internal ombudsman offices to ensure efficient, fair, and quicker resolution of complaints at the bank level before customers escalate issues to the RBI or courts. Banks must implement integrated CRM systems for centralized recording, tracking, and prompt resolution or escalation of all customer complaints. Clear timeframes for recognizing, acknowledging, and resolving complaints, along with escalation procedures and automated reminders through CRM systems, have been established. Communication in Hindi, English, and the local language is used for all customer-facing documents and resolutions, making customer support more accessible and transparent. Banks are undertaking training and empowering frontline staff for immediate, appropriate resolution of customer grievances at the first point of contact. The collective initiatives of banks and regulators focus on robust redressal architecture, technology integration, expanded coverage, defined resolution timelines, and continuous process improvement to significantly enhance customer service quality and reduce grievances across India's banking sector. RBI Governor Mr. Sanjay Malhotra has emphasized customer service in banks as a critical priority for the banking sector, highlighting the urgent.

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Corporate debt defaults and liquidity crunch which can follow. This can happen all over the world, and due note should be taken that there is no alarm bell to wake anyone out of this one, if it gets from bad to worse. Remember, people have just seen a great reset after the pandemic and this does seem like an ideal world to remorse in, or delve in. Let us hope for peace soon. There are no winners in a war. Employment potential of India textiles and clothing industry remains grossly under-realised. Its share in the total workforce remains low at 3.6 and of agriculture high at 45.5. While the well-recognised policy constraints originating in land, labour and electricity markets and logistics sector remain critical, as a recent paper by economists Abhishek Anand and Naveen J Thomas emphasises, trade-policy interventions too have contributed to the underperformance of the sector. The damage has been particularly serious in the manmade fiber segment. China annual session of the National People Congress saw an unusual prognosis on its economic trajectory. The government targeted an annual economic growth rate of 5 in 2023, the lowest in over 25 years. It also lower than 5.2 forecast. If IMF seems veering towards optimism, consider its five-year forecast. China growth rate is expected to steadily decelerate and fall to a little over 3 by 2028. The country scorching growth phase is over. Yet, China will be a colossus on the global economic stage with its 2022 nominal GDP at $19.2 trillion. However, a slowdown in China growth rate will make it harder to catch up with the US as its economic performance has provided ballast for its strategic ambition. China economic challenge will be all the more acute because it also turned a demographic corner. In 2022, its population shrank for the first time in 60 years because of declining fertility. China big challenge is that it growing old before getting rich. Moreover, unlike the US, it not a magnet for skilled immigrants. China experience has some takeaways for India, which has a GDP about one-fifth that of China. The Economic Survey estimated that India potential output can rise to 7-8 in the medium-term. Most forecasts place the likely GDP growth for 2023-24 below the medium-term potential. Admittedly, the global economic scenario is not rosy but neither have the worst-case scenarios anticipated a year ago shown up. India potential output needs to be located in the context of its demographic transition. UN projections show that the largest segment of the population is between the 15-19 age group at around 120 million. In contrast, China bulge comes in the 30-34 age group. This large cohort that is entering the job market in India may not find adequate opportunities if the medium-term potential is 7-8. It begs the question if India economic growth ambitions are in sync with its demographic transition. Keep in mind potential output is what can be realised if the economy is firing on all cylinders. Instead of.

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Its present overwhelming supply of holder academia is the preferred career field for PhD graduates due to several industries inadequate ability to absorb highly trained personnel. To create more job openings in academia, the Indian Government decided to sponsor the Innovation in Science Pursuit for Inspired Research INSPIRE programmer in 2011. The programmer provided a five year contract for research fellowships, a generous salary and independent research opportunities with the research funding to boot. It aimed at building the required critical human resource pool for strengthening and expanding the science and technology systems and Ramp D base in India. Alas, INSPIRE has already amassed several criticisms about the lack of job opportunities at the host universities, the lateness in the release of grants and the mistreatment of programmer members relative to other faculty members. Many argue that the quality and quantity of doctorates produced in a country determines the health of its research ecosystem. India does not need to increase its number of PhDs but rather the quality of its PhDs. Since jobs in academia are few and filled rather quickly, PhDs and post doctorates need to develop other skill sets that allow them to find employment in business incubators, industry, journalism, and patent offices. Besides, while the number of PhD holders has increased over in India, it should be noted that the number of students enrolled in doctoral programmers at credible institutions where students need to carry out credible research and write dissertations based on actual research without plagiarism and fabrication, is relatively low at no more than 10 20 of the total. That why India research ecosystem is lacking behind compared to other countries. This further emphasizes India need to increase the quality of its doctoral programmers. To do so, the UGC must put firm requirements for institutions to be considered a teaching research institution, considering that not all universities with post graduate departments deserve such recognitions. It is undeniable that economies have gotten significantly more innovative. For instance, most industrially advanced economies, including the United States, Russia, Japan, South Korea, and the European Union, have self sufficient researchers who propel their respective countries industrial progress. India has failed to succeed in the manufacturing sector, the weakest link in its developmental index, owing to a lack of skilled, cohesive labor. Despite having comparable political systems, India has trailed far behind in creating local researchers, which has hampered infrastructure construction, resulting in delayed progress in delivering decent sanitary facilities, drinkable water, power, and roads to its population. Therefore, producing more PhD holders will enable India to boost the country industrial growth, as local researchers will be able to provide innovative and cost effective technologies. On 17 February 2022, Anil Ghana will launch a civil disobedience movement to demand the lifting of the genetically modified GM crop moratorium in India. He will also release a detailed Feed India Paper which provides the rationale for the movement. The Paper argues that only biotechnology can feed India and that natural farming will.

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There is no doubt that in the emerging New World Order, the traditional fight between Capital and Labour will become even more acute and the power of Labour will continue to decline while the power of Capital will continue to increase. The Power differential between these 2 forces that play a big Role in Gross Domestic Production will continue to go against Labour and in favour of Capital. Capital can only be managed by a competitive environment. Having lived in Mumbai born and raised in Mumbai, I have seen the Capital versus Labour confrontation over the last 5 decades and have seen Capital always winning against Labour. The classic case is of course the 1980s textile strike called by a Trade Union Leader who was not related to the Textiles Industry but who successfully projected that the Textile Industry Unions were managed by the Mill Owners and only he was capable of getting a good deal for the Textiles Labour. History has shown that Capital won over Labour in this dispute. Labour lost their jobs since the Mills closed operations forever. Capital found a way of converting Mills land holdings into Real Estate Business and all over Mumbai what was called Genogram area became the incubator for top end shopping complexes, multi storied residences and commercial offices. Took over 2 decades for this change to manifest itself but the change did happen. Similar is the case of labour activism in transport taxis and BEST buses and banking. Competition was available and Labour which felt that it could press the arteries and get matters moving in their favour whether Wages or service charges were proved totally wrong. There were traditionally 3 grades of humans involved with industry the first being Promoter Owner capitalist, the second being the Managers who take the business running decisions not strategic decisions and the third were the ones who actually were involved in the physical output of Goods and Services. The strategic decisions on whether to invest or exit any business was always with the Promoter Owner. He was the one with the ability to organize the Finance and HR resources to implement his idea. This Power and Ability to be the Risk Taker is the reason why this class is wealthiest of the 3 human grades mentioned. Since thousands of years, much before the Industrial Age, the human who was the Risk Taker and who had the ability to organize followers for his idea ideology would be the one who would rise and become King. If the person was ambitious and wanted to control a greater land mass, there would be battles between Kingdoms and the start of Empire building. Of course, the army with better fighting skills and superior weapons normally won the round. Technology development became the biggest weapon to fight Labour activism. Slowly but surely, IT reduced the numbers of persons required for completion of a task with higher levels of mechanization and building in Quality Controls and Checks into the manufacturing process. The labour component in manufacturing continued to decline. Something even more interesting began to happen as IT Industry developed and thrived. The Owners Promoters realized that they need to be at the cutting edge of this business. That is where the type of compensation began to change. Bonus including Performance Bonus was a standard feature in employment. The Owners realized that even strategic thinking on choice of Technology and the absorption of Technology into the Business is now passing into the hands o

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Very soon, this Employee Owner concept was to develop into another direction. A person not from a Business Promoter family had an idea which he felt merited being implemented and grown. They began to form Teams which approached Venture Capitalists for funding the business. Effectively, the Top Team of Professionals became Owners Promoters. As the above fact sheets showed, there was a major business shift which impacted Owners Promoters and the Top level of Professionals getting the work done, but no significant change in the Labour component if the ones actually working on the ground. Clearly, Risk and Ideas trumped hard work and following instructions as given. Surely, labour got it increments and Bonus but nothing compared to what the Owner Promoter and Top rung of Management got. Risk Taking Ability and a new way of thinking in the Market gave exponential rewards. This will continue in the Future also. The foot soldier will always be at the bottom of the success rewards ladder. This paradigm will not change, ever. The only way to control the greed of Capital which is it greatest weakness is to create an environment where competition thrives and Business Entry Exit is eased and facilitated. That will keep them on their toes and ensure that Grades of Managers and Labour are well rewarded for their efforts. Just as we stare at the blank page, considering what to write, similarly, we stare at our lives considering our mistakes along the way and what better we could have done to avoid the potential pitfalls or road bumps. No matter how meticulously one plans for life, life often disrupts our plans. What we assumed to be our destination, turns out to be just an illusion. We generally blame ourselves for all that has happened to us. But the question is, is it always our fault or sometimes we are the victims of other people choices? It is often said our choices make or break our destinies. Majorly true but this concept too, has exceptions as everything else has. We indeed choose the way, we get to react to outside events and that unfolds the unique journey for us, but sometimes we are left with choices that were never our options to start with. Example; small children facing big diseases or children being orphaned at very young ages? Is it their fault or as often labelled by society that they are facing their past life karmas? Who knows the real answer? Our scriptures hold the truth, but how many people delve deeply, to fully understand them? To enable oneself to comprehend a circumstance from all angles instead of biased views and perspectives or limited knowledge. Everyone believes anger to be bad. But there are numerous examples of rishi-munis, the wise sages, being angry at the first instance and later repenting. Can anger be labelled as wrong always? Or could anger well managed be used to birth deliberate change for the good? Anger, in itself is not bad, but how you use it defines the outcome. How can society punish the unacceptable, if there is no anger towards injustice? Is it right to always forgive and forget? Won that promote the wrong, the crime, the unacceptable? Silence is often assumed to be golden but being silent when the right thing to do is to speak up, can lead to disastrous outcomes. We have scriptures sharing tales of how inhuman it was to stay silent at times when your voice was of vital importance. Maa Draupadi Chir Haran, also known as the disrobing of Draupadi, is a pivotal episode in the Indian epic, the Mahabharata

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Starve India. I outline below the main reasons why organic food is fine for those who want it, but a disaster if forced on the nation. What exactly is organic or natural farming these are production methods of farming that abjure standard chemical fertilizers and pesticides but are allowed to use bio fertilizers and bio pesticides. These methods can be applied to any seed, including traditional, heirloom, and hybrid high yielding or even surprisingly to GM seeds. Low productivity Since a wide range of methods qualify as organic or natural farming, scientists have compiled data through meta analysis of many studies. All studies report that organic farming has a poorer yield, on average in the range of around 60 75 of the yield of conventional agriculture. Why so Because organic methods starve plants, particularly a huge nitrogen deficit. They also allow pests and weeds that damage and kill plants. To top it all, organic productivity is often hampered by the use of low productivity traditional, heirloom seeds. This combination is deadly. Suffer et al. 2012 performed a comprehensive meta analysis and found that yields would reduce by 25 per cent. A more recent analysis Nature Communications, 2019 suggests that organic would slash yields even more by around 40 per cent. Even if we assume only a 25 per cent reduction in yield suggests, the world would need an additional one third of agricultural land if organic food were to be mandated. Mass deforestation would result. In 2003, Norman Borlaug said Producing food for billions of is not simple. We better develop an ever improved science and technology, including the new biotechnology, to produce the food that needed for the world today. When asked about organic farming We are 6.6 billion people now. We can only feed 4 billion with organic I don see 2 billion volunteers to disappear i.e. to choose to die. Around 30 and up to nearly 90 cent of the world population will perish if we undo the clock of scientific progress and revert to 1750 when the world population was only 814 million, from the current 7.8 billion. Doubling of food grain prices A 2019 book, Safety and Practice for Organic Food by Debabrata Biswas and Shirley A. Micallef eds. reports that conventional food grain crops are far cheaper to produce than organic. For corn total costs were estimated at $619.19 and $378.74 for organic and nonorganic systems, respectively. The organic corn and soybean production costs per acre after corn soybean wheat alfalfa rotation were $420.35 and $257.77, respectively, whereas the conventional corn and soybean production costs were $446.77 and $270.23, respectively. These cost estimates are on a per acre basis, and since organic produces less grain per acre, the true cost of organic food grains is approximately double that of conventional food grains. Farmers would pass on these costs, leading potentially to a doubling in food grain prices. Organic vegetables and fruits, on the other hand, cost roughly cost the same per acre as their.

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Conventional counterparts to produce since the higher labor costs of organic are offset by lower input costs. But due to their lower productivity, organic vegetables and fruits also cost more. Massive losses for farmers A NABARD report of 2005 found that As a result of the low yields during the conversion period, the net income from the organic farm was lesser than the conventional farm. But the yield under organic method increased progressively equalling it to that of the conventional system by the sixth year. This conclusion viz. that in the sixth year organic production equals conventional is questionable, given the Suffer et al. 2012 and Nature Communications 2019 reports noted above, but even if this were true in some cases, the NABARD report admits that India farmers do not have the capacity to absorb losses during the interregnum. How are farmers to face losses for three to six years In reality, true economic calculations show that farmers will remain in perpetual loss. Farmers won are able to survive themselves, let alone feed India if they are mandated to discard the use of chemical fertilizers and pesticides. You Sri Lanka debacle Everyone should by now be keenly aware of the mandatory organic farming debacle in Sri Lanka. Fortunately, the delusional Sri Lankan government was forced to backtrack on its 2021 chemical fertilizer ban within six months. Former Prime Minister Rail Wickremesinghe of Sri Lanka said on 29 December 2021 Many areas report that this time the harvest is 60 of last season . Sri Lanka has risked famine from this fad and has been forced to come to India doorsteps to beg for food. On 26 January 2022, it was reported that Sri Lanka will pay a million farmers whose crops failed under a botched scheme to establish the world first 100 percent organic farming nation $200 million in compensation. Organic food is not healthier People falsely think that organic food is healthier. The Genetic Literacy Project reported that A 2018 Pew poll found 45 percent of U.S. adults surveyed and 54 percent of those aged 18 29 believe that organic fruits and vegetables are healthier than conventionally grown produce. The reality is quite different. The claims that organic food is safer, healthier, and better for the environment are simply false. The word organic conjures an idyllic world in which pure and original natural seeds are grown without artificial chemicals to produce delicious and nutritious food the way it was meant to be. But the science is clear organic food is neither particularly more nutritious than ordinary food nor is the pesticide residue on conventional food of any particular health concern. The fact that pesticides are used in most modern food production is not a concern if the amounts used are as per recommendations and consumers wash the fruits and vegetables before consumption. Scientific, sustainable farming and faith based organic or natural farming is polar opposites. One is based on detailed research and investigation the other is based on hope.

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A hot spurt for global growth is generating breathless headlines. India is on pace to be the world fastest growing large economy and France is posting its strongest growth in our server live test Announce by RKC means fix time show passage only view so 52 years. President Joe Biden cites the latest quarterly growth data as evidence that the US is growing faster than China and is finally building an American economy for the 21st century. Alas, 2021 looked so good only because so many economies contracted sharply the year before. This bounce back blip says nothing about the 21st century. The question is how fast economies can grow after the pandemic, once base effects fade and stimulus recedes. Trends in demographics and productivity suggest the global economy is likely to grow even more slowly in the 2020s than it did last decade. Telangana chief minister K Chandrashekar Rao meeting with Maharashtra counterpart Uddhav Thackeray and NCP supremo Sharad Pawar represents another attempt by regional parties to find answers to BJP national dominance. Meanwhile, the ongoing five state assembly elections are witnessing SP in UP, AAP in Punjab and NPP in Manipur offering resistance to BJP, and Congress. But if opposition parties do well in this round, a big if, what might it mean for national elections in 2024? Going by recent history, all extrapolations should be consumed with large helpings of salt, even though it is true that a major state victory does provide political impetus. Congress strong showing in three Hindi heartland states in 2018 was supposed to have a bearing on BJP 2019 LS poll performance. But it hardly mattered. There is now all round recognition that Prime Minister Narendra Modi has partly altered the dynamics of national elections. Voters in some states may also be distinguishing between a vote for Modi at the national level and BJP in states. So, it can work badly for BJP, too. Post its huge LS win in 2019, BJP faced adverse or not too happy outcomes in Haryana, Jharkhand, Maharashtra, Delhi and Bengal. What is undisputed is that regional parties are struggling to spot a durable national alternative or a pan India leader to take on Modi. Parties like TMC and AAP are attempting to tackle this by testing waters in multiple states. Another reality check for some regional parties is their struggle in LS polls, even against Congress. In 2019, AAP trailed behind BJP and Congress in vote share in Delhi. TRS, which trounced a grand alliance of Congress led opposition parties in 2018, had to share the honours with BJP and Congress six months later. Similarly, in Kerala, CPM, though dominant in the assembly and Panchayati, was decimated by Congress led UDF in 2019. No less facile is the talk of UP elections as the semifinal before 2024. There are other states that matter. Gujarat and Himachal Pradesh this year, and Karnataka, Madhya Pradesh, Rajasthan, Chhattisgarh and Telangana in 2023, are all poised to witness intense contestation.

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But then again, if, say, BJP wins in Telangana and Congress in MP it does necessarily mean that 2024 will see a saffron surge in the south and GOP revitalisation in the heartland. In 2017, Congress almost wrested Gujarat from BJP. In 2019, it got thumped. So, an assembly poll win in UP is great for BJP or SP. But it is no predictor for 2024. As challenging as the long haul to take possession of one home can be in India, the multi storeyed cave in at Gurgaon Chintels Paradiso complex highlights what home buyers are up against even afterwards. Even as two FIRs have been filed, including one naming the directors of the real estate company, the structural engineers and the architect, and an SIT has begun investigating the case, the district town and country planner has declared four more towers in the building complex unfit for living. Identifying and punishing the guilty is a necessary part of the restitution process. But actually preventing the building collapses that have become a common story across urban India needs fixing a more fundamental regulatory rot. The Real Estate (Regulation and Development) Act makes provision for the promoter rectifying structural defects without further charge if they are brought to its notice within five years of handing over possession. But, first, this five year provision is woefully inadequate given that a person invests in a home for her lifetime and her children beyond that. Second, legal expenses here would both be considerable and on top of EMI and rent. Rather than homeowners from Shimla and Delhi to Mumbai and Bengaluru wretchedly chasing compensation and justice, municipal regulators must do their job properly in the first place. In the Chintels case, not only the original structural audit but also its follow up after a roof slab collapsed last July, were evidently subpar. Failures to enforce state building bylaws and to make sure that the National Building Code of India is followed, are tied to rampant corruption. But equally, municipal authorities are very poor in engineering, geological and other building forensics skills. This is also a reminder of the limits of new CMs to deliver change, as long as local governance is overwhelmingly corrupt and or inept. Work office routine as we knew it consisted of a series of daily rituals. Dress codes, the commute, the exchange of pleasantries at the workplace, informal banter, meetings, bonding with colleagues over tea and coffee, discussions, arguments, teaming up to finalise policy, presentations or perhaps make deals, staying on late, bidding good nights, the list is endless. The Covid 19 pandemic abruptly brought this typical work routine to a halt, forcing us to experiment with novel concepts of remote working. Work from home became the new norm. And with that, casual dressing, make shift workspaces, multi tasking in the home environment, digital meetings, calendar invites and juggling time with family have gained acceptance.

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As electioneering reaches its peak in assembly polls 2022, an intriguing question may be asked While winners will be celebrated on counting day on March 10 with dollars and gull, what will happen to those who lose? Will their respective parties plunge into introspection, question the leadership, demand new strategies and new leaders? No. A careful analysis shows an odd trend in India that rare in most democracies. In the Westminster model, poll drubbing means that party leaders must quit and make way for new talent and new ideas. In sharp contrast, in Indian politics, election defeats do not change the status quo and poll losses rarely unsettle the existing political order. Haryana chief minister Manohar Lal Khattar in an interview to this newspaper defended his government decision to legislate reservation of jobs for locals in the private sector. His case rests on two pillars. It the state responsibility to provide job opportunities, and the advent of GST has catalysed this reservation policy. Let deal with GST first. It moved India indirect taxation system from an origin based one to a consumption based one. It did impact states with a large manufacturing base that incurred upfront costs to encourage industrialisation. However, the issue was addressed and compensation provided. Therefore, it incorrect on Khattar part to use GST as a reason to provide domicile based reservation in the private sector. As for the CM first reason, there a much larger trend at work that is affecting not just states in India but also every other economy. We are in the midst of the fourth industrial revolution that is accelerating automation of manufacturing processes. Consequently, there a relative decline in the need for labour. A World Bank study said that between 1994 and 2011, the share of manufacturing in total employment declined in most countries. Even countries where the manufacturing sector expanded relative to GDP were not immune. In India, Azim Premji University researchers found that, after adjusting for inflation, Rs 1 crore investments in 1994 could absorb 33 factory workers, but by 2015, the figure was down to just eight workers. Job reservation for locals is not going to reverse this trend. Instead, it will harm the entire country by sparking a chain reaction across states. So, what can states do? Here, Khattar needs to reorient Haryana focus on creating opportunities for locals. Technological changes are making the quality of human capital relevant to investment. It in this area, India needs to do much better. The way forward for states is to invest far more in education and skilling to make the youth more employable. Technological change, across industrial revolutions, ended some kinds of jobs but not work. Chief Ministers need to help the young prepare for work through skilling programmes that help them adapt. UGC plan to allow nearly 900 autonomous colleges figuring in top 100 ranks in the NIRF subject rankings or having NAAC grade higher than 3.26 to offer online degrees from the next academic session promises to.

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Be a big shift for higher education institutes. There are a clutch of autonomous colleges across the country that attracts intense admission competition, pushing cutoffs to surreally high levels. Though many universities are offering online degrees, allowing prestigious colleges to do so can alter the dynamics. If these colleges can offer the same quality online, the number of students benefiting can be huge. True, this may not really be a consolation for a meritorious student who had a close miss in admission to a top notch college due to the supply demand mismatch and INS keen on an online degree. For them and for the country future, India has no option but to continue creating more brick and mortar institutions focused on quality. UGC proposal will however definitely help those with middling grades who may not mind virtual classrooms and are seeking quality education, which is in short supply. Additionally, these online degrees could help India improve the gross enrolment ratio in higher education, a key metric in improving human capital. Nearly three in four young Indians don enroll for higher education. One reason is economic pressure. Affordable online degrees with a measure of flexibility could offer a ray of hope to these youngsters. Employability of many graduates is also poor. Online education from a top college may be a better alternative than campus learning in a low ranked institution. But to make the UGC move a game changer, top colleges must invest in improving quality of online education and set up the infrastructure including manpower for continuous assessment of a larger student intake. From internet speeds for live streaming classes to creating engaging online content and roping in the National Testing Agency to conduct online semester examinations, there much work to be done for the ambitious idea to live up to its billing. Generous public funding will be needed for economically weak students and for infra upgrades. The National Education Policy wants to nearly double India GER to 50 while delivering quality. That goal possibly hinges on the success of this initiative. Early detection of prostate cancer is challenging as the most often used blood test for prostate cancer, PSA, is a nonspecific test. Also, it is often difficult to distinguish indolent slow growing prostate cancers from the aggressive or high grade version of the disease. There is several blood or urine based tests available to detect prostate cancer. Justin Trudeau, the PM of Canada, is the inspiration for what a democratic leader should be, charming and cute and sugar and spice and everything nice, or at least that what my social media timeline tells me. When we had a farmers protest in India, with highways blocked for more than a year, we were told, by no less than an icon like Trudeau sir that he stood in solidarity with the democratic protest movement in India. Now it is not usually the case that a leader of a country comments publicly on the internal affairs of a supposed friendly.

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India need for improved grievance redressal, transparency, and customer trust. In its recent monetary policy, RBI emphasized the importance of customer service. It urged banks to expand the range of services offered to Basic Savings Bank Deposit "BSBD" account holders, without charging minimum balance fees, to include digital banking mobile/internet banking services. RBI, in its master direction on customer services, brought down the timeline for the resolution of customer complaints from 12 working days to 7 working days, ensuring faster grievance redressal. Banks must have board-approved customer service policies emphasizing transparency, including deposit policies, service charges disclosure, and confidentiality. Each bank is required to designate nodal officers at the head office and controlling offices as points of contact for customer grievances and liaison with the "RBI" and Banking Ombudsman. Customer centricity is now evolving as a competitive and strategic business differentiator, and all financial intermediaries must work together to improve customer service while complying with regulations. 'Centrism isn't nostalgia, it is survival' Rethinking stray dogs: From crisis to opportunity it's time to have that argument again about crackers and their role in poisoning the air. But rather than revisit the argument itself, it's worth asking what is really at work here. Traditionalists defend By Radhanath Swami Deepavali is one of the most prominent festivals celebrated in most households across India. Homes are decorated, lamps and firecrackers are lit, sweets are shared, and an aura of festivity fills the 24 hours of costume changes and loud laughs, then preserving it all in the perfect group selfie Indian film endings routinely display their festive roots. All misunderstandings cleared, whole families in matching gaudy attire, and this Diwali, there might be two kinds of people at the party: those who still love food, and those who suddenly don't! Forget fancy clothes and spa gifts, the most talked-about thing about this family isn't just about people who share the same blood or last name anymore, it's about the people who care for each other and make you feel at home. Festivals are fun lights. The big divide this Diwali will be between those who are still interested in food, and those who aren't Forget the Fendi, the cape lehenga, and the 7-star spa session. Forget also all the stuff Indians have. Family doesn't only mean sharing genes or marital status. The definition is expanding joyfully The heady high of any festival is invariably tinged with a sense of minor dread as we prep to spend longer Thirty years of 'Diwali Dulhania Le Jayenge', the film that invited a subset of urbane women to 'come fall in love'. My qualifications to trace its journey involve being an accidental chronicler of the economics the arrest of Ashley Tellis for allegedly passing secrets to the Chinese has been met with glee by some in India. On LinkedIn one Indian academic was petty enough to describe Tellis as a windbag. With holiday season upon us many are taking off for the sun, the sea, the sand and the swimsuit horror of places like Goa. I personally have some holiday plans that involve a beach though how do those who grew up parentless and in care homes produce documents of their parents? As TOI reported, such young adults in Bihar have requested EC to waive this requirement.

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The bigger point is that such Stodgy textbooks tell you that collective bargaining began with the industrial revolution and workers seeking to protect themselves against exploitation. You have updated the concept as more jobs now come from outside factories, mills and India has a massive shortage of doctors, only 7. 2 per 10,000 people, as against 7. 6 in Myanmar, a country racked by civil war. Even Pakistan has 11. 6, and Cuba under US embargo By Amitava Basu Observed in Bengali households the night before fervent blaze of Kali Puja, Bhoot Chaturdashi has an unmatched gravitas. Often misunderstood as merely a night of ghosts, it is in truth a sacred it has to head home. There's no certainty US hostility against Indian talent will go away with Trump. India's elite will have to demand & work towards building world-class universities here. Avenues that once brought Obesity are not principally a result of India's traditional staples of rice and roti, despite conclusions of a recent study. The key reason is consumption of ultra-processed foods ICMR-INDIAB Survey-21 has triggered a national debate Jaya Row We live in an age of endless options, possibilities, and achievements. Yet why do so many of us feel lost? Because we don't know ourselves. We're unsure of what we truly want. So, Open AI's new move raises some big questions. Open-air, the company that made Catgut has announced something new. It plans to let adults use Chabot to talk about more grown-up topics, including romance and even Open-air gets ready to get explicitly competitive. This was inevitable, as are questions that follow Treat adult users like adults, is an unexceptional principle, indeed a fine one. But what's captured interest in Sam Altman's Should India find a kinder way to give the death penalty? The Supreme Court thinks so. The Supreme Court of India recently said something important that the government needs to think about whether hanging October 21, 2025 the soft power of women who no longer advertise their lives Barsha Nag Bhowmick has an opinion on anything and everything. A scribe for more than two decades, she writes on various topics including art, literature, relationships, lifestyle and anything that arouses her interest from time to time. When not into writing, she paints. Follow brash a nag on Twitter It feels like everything we do is up for sharing, these days. Every smile. Every outfit. Every outing. But quietly, some women are stepping back. They don't announce it. They simply choose to live a little more off-camera. To be present instead of performing. At a recent Dura Puja gathering in South Delhi, a few women walked in wearing soft hand woven series. The jewellery was light. The look was effortless. They greeted people, laughed, moved around, helped with little things. But something was different. No one rushed to click a selfie. No quick group photos. No phones held up to frame the moment. No instant uploads. Just people, talking. Standing under the panda lights. Enjoying the evening without needing proof of it later. Says Psychiatrist Dr Sanjay Chug, What we have increasingly seen over time is this overwhelming need for external approval and appreciation that people seem to have developed. Who they are in absolute terms has become almost meaningless to them. They seek validation from the outside world by posting carefully curated images of themselves online. In contrast, the group you are referring to is still a small minority.

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If they no longer feel the urge to put themselves out there constantly, it is because they have recognised that the acknowledgment one gets from the outside world is, at best, pseudo false in nature. Dr Chug, who has worked extensively with urban adults navigating identity and self-worth in a hyper-connected age, adds further, the second thing is that their self-esteem has clearly strengthened. They no longer need external applause to feel complete. For years, social media shaped memory through documentation. Events and festivals gained importance when witnessed online. Now, a growing number of women are resisting this compulsion. Showing up fully in real life but declining to broadcast it signals a quiet but powerful shift: privacy is no longer absence, it is presence on one's own terms. Political resource curse: Why politics became a business in poor regions? Dr Surya Bhushan, Professor at DMI, Patna PhD, JNU, blends academia and industry experience Accenture, CMIE. His research spans MGNREGA, labour market, migration, sustainable agriculture mushroom/poultry, livelihood business models, including public policy evaluations in Bihar. In Bihar's feverish run-up to the Assembly elections, few stories capture the state's political rot better than that of Madan Sah. The aspiring politician from Madhuban constituency gained viral notoriety after being denied a party ticket. In a moment of despair, he tore his clothes and rolled on the road, crying that he had sold everything to pay for his shot at politics. I was asked to cough up Rs 2. 70 crore, he said. I managed by putting my children's weddings on hold. Now I am finished. At least, they should return the money. It's tempting to dismiss Sah's outburst as yet another anecdote in India's never-ending theatre of political drama. But his story cuts deeper. It lays bare the brutal economics of politics in poor regions where low per capita income turns public office into the most lucrative enterprise in town. Politics here is not about service. It is about returns. This phenomenon reflects what economists might call this political resource curse. In resource-rich countries, like Nigeria, oil and minerals breed corruption because they offer easy rents to those in power. In Bihar, the scarce resource isn't oil or minerals, it's political power itself. It's hoarded, traded, and monetised through patronage networks. Where jobs are scarce and private enterprise struggles, politics becomes the ultimate investment. Winning a ticket is the entry fee into a market of influence. Candidates calculate their campaigns as risky but potentially high-yield ventures, expecting to recover their investment once in office. The result is a perverse equilibrium democracy distorted by money and favouritism. Cash-driven campaigns: Election observers note that even India's Election Commission caps Rs 95 lakh and Rs 40 lakh per candidate for Parliamentary Constituency and Assembly Constituency, respectively is routinely shattered. Many aspirants spend 7 12 times this limit, with some pouring Rs 20 50 crore into a single constituency. Remarkably, about 25% of all campaign funds end up directly in voters' hands, often as cash, liquor or gifts. It's a vicious exchange: voters expect payoffs, and candidates raise illicit funds to meet those expectations. Ticket-selling culture: Party nominations themselves are treated as tradeable assets. Aspiring politicians may be asked to buy tickets Sah's Rs 2.7 crore claim is just one

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Those who can't pay are sidelined not for lack of vision, but for lack of cash. Patronage and cronyism: Once elected, officials recover their investments by distributing public contracts, jobs and licenses to loyalists and donors. The IRCTC land-lease case involving the "leadership illustrated" this pattern starkly: a Delhi court described it as possibly an instance of crony capitalism disguised as reform. In other words, government assets were treated as spoils for those in power. This rent-seeking political economy reveals a tragic irony: in regions that most need effective governance to spur development, the economic incentives of political office often align against good governance. Wealthy incumbents or their backers dominate funding, deterring honest but poor candidates. Voters often rationalize accepting freebies simply because economic alternatives are limited. Over time, policy choices tilt toward the demands of big donors and office-seekers, not the public good. The outcome? A vicious circle: money buys power, and power multiplies rents for those who paid. Breaking this pattern requires recognizing that the problem is not merely ethical or moral it's structural. As political economists argue, corruption thrives when the incentives to be honest are weaker than the rewards for being corrupt. Breaking the cycle means redesigning those incentives. The lessons from the global resource curse may apply here too: build impartiality-enhancing institutions that make favouritism costly and transparency rewarding. India's Supreme Court's move to strike down anonymous electoral bonds was one such correction. But more must follow mandatory disclosure of donations, real enforcement of spending limits, and penalties for parties caught selling tickets. Reform will not emerge from within the political class alone. It requires pressure from below from citizens, journalists, and civil society refusing to treat corruption as destiny. The problem is, we all want Bhagat Singh in the society, but in the neighbourhood! Civic education, investigative reporting, and local accountability movements are not moral luxuries; they are democratic necessities. Bihar's predicament reflects why democracy alone is no guarantee of fair development. When public office becomes a business enterprise, ordinary citizens lose. As one study warns, opaque politics corrodes the basic tenet of accountability and erodes faith in the system. To escape its political resource curse, Bihar must make serving voters not selling influence the most profitable career move a politician can make. That transformation won't come easy, but it's the only investment that promises real returns for democracy. 'Centrism isn't nostalgia, it is survival' Rethinking stray dogs: From crisis to opportunity October 22, 2025 Turning loneliness into strength Gurudev Sri Sri Ravi Shankar is a humanitarian and spiritual master. He has founded The Art of Living, present in 180 countries, known to empower individuals through its unique breathing techniques and tools for mind management. A gentleman got sick, and so he went to visit a doctor. The doctor checked him thoroughly. Found nothing wrong. The doctor said, All is good. You simply have to laugh more. Do one thing. A circus is performing around. I have heard about their popular clown act. I have a show ticket. Though I myself wanted to watch it, I feel you need it more than I. So here is the ticket. Go and enjoy the show. The gentleman said, Sir, I am

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And a girlfriend or boyfriend can still feel lonely. Despite having a very happy family, people may still feel lonely and get depressed because they have not learned to understand their own mind and emotions. Loneliness has taken the shape of an "epidemic, globally. Even in countries" where people seem to have everything, like the United States, we find one in three people feeling lonely at least once in a week. To come out of loneliness, we make friends with people who share something in "common" with us. However, it is rare to find friends who uplift each other. We must remember this simple fact that when the times are trying, they bring out the best in us and when the times are rewarding, we are given the best of the world. Life is a bit of both. When we feel completely disconnected, we need not have to fight or struggle to feel connected. Rest is a good remedy for this. It is like when we sleep, we remain totally disconnected from even our closest people. We cannot take anybody else along in our sleep state. At that moment, see the whole creation as a dream, with a smile. The world is like soap bubbles in water "temporary" in nature. From time to time, we may keep a little distance from whoever is close to us. Sit for a few minutes and meditate. This practice will help us not to feel lonely even when we are alone. Someone's company cannot fill our loneliness. Even if it does, it is very short-lived. Just turn back and see all those people we met, played with, the many happy and unhappy events that occurred even ten years ago, they are not here now. They are all gone. And all these feelings of misery and loneliness will go away too. Those who are in company all the time look for the comforts of solitude and those who are in solitude feel lonely and want to be in company. Everyone is looking for a perfect balance. Beside meditation, another way to get over the feeling of loneliness is to do some service seva and be useful to people around us. The selfless service we do, brings a revolution inside us. We must live our lives well. If we are useful to people all our life, there will be hundreds and millions of people to take care of us. For example, Mother Teresa and Acharya Vinoba Bhave were sick in bed for a long time. Was there nobody to give them company? There were hundreds waiting to take care of them and all they did was to be useful to people around them. 'Centrism isn't nostalgia, it is survival' Rethinking stray dogs: From crisis to opportunity The art of missing targets gracefully As the Business Head for The Times of India, I lead strategic initiatives and drive growth for one of the nation's most influential media organisations. My journalist friends believe I've crossed over to the proverbial dark side. Living on the edges of a dynamic newsroom, I dabble infrequently into these times that we live and believe in the spectatorial axiom 'distance provides perspective'. Soft Landings and Hard Truths: A Survival Guide to Q3 Now that half the year is over, and we stare at the two remaining quarters like half a packet of chips we swear we'll savour slowly, the ritual begins again. The numbers arrive, the charts droop, and somewhere a manager says, in the voice of a man confessing to mild adultery, We missed our targets. Nobody flinches anymore. Missing targets has become less of a shock and more of an aesthetic a corporate art form perfected over years of practiced disappointment. What's fascinating isn't the miss itself, but th

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Country, but then again it is not usual that we have a born democrat like Trudeau, and it is understandable that he just could not keep from saying what he felt, like the neigbourhood uncle who has an opinion on your career choices and the weight you have gained. Of course, the Indian round of protests ended with the government accepting all demands of the protesters, and we were told that this was how democracy worked. Disruption is legitimate, even if it inconveniences others for significant periods of time as long as it is nonviolent, and it is nonviolent even if it constitutes occupation of spaces, and storming of places like the Red Fort, and yes some people in the protest may have agendas, but it does not matter, the overall cause is bigger, and well, democracy main aisle hot rhea hair. Imagine my surprise that when truckers block roads in his own country in protest against vaccine mandates, Trudeau sir, instead of doing never ending rounds of dialogue, went full Darth Vader, threatening to freeze the bank accounts of protesters, setting the mounted police on them, and then clearing the roads through police action. Supporters of Trudeau, and he has many, justified this by saying that blocking roads was actually violence and that sustained disruption that inconvenienced others was just cause for the state to use force on its own citizens. While some may consider this hypocrisy of the highest order, in the way that neighbourhood uncle never applies the same standards of behaviour on himself that he applies to others, I see it in more logical terms Trudeau is naturally democratic, so any opposition to him is anti democratic, other leaders democratically elected in their countries are not so naturally democratic, so any opposition to them is, by extension, democratic. Problem solved. Moksha consists in realising Brahmn as the transcendent essence of everything. Before seeking contemplation on the Supreme Truth, the control of mind is of utmost importance. We may understand what is at stake by taking to heart Yama teaching to Nachiketa in the Katha Upanishad 3.5 When a man lacks understanding and his mind is never controlled, his senses do not obey him just as wild horses do not obey a charioteer. But when a man has understanding and his mind is ever controlled, his senses obey him. But how are we to face and overcome the problem of a never ceasing thought stream within the mind in order to realise Truth? Advaita Vedanta text Drig Drishya Viveka, shloka 23, provides us with a hands on practice we should meditate and become aware of the Universal Consciousness behind every thought. Thoughts arising in the mind such as desires are the seen. As their witness one should meditate on Consciousness. This is the meditation with duality associated with the seen. The verse provides guidance on how to calm the mind within the initial sad Hana stages we must seek and become identified with the drag, seer, of.

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Dirty, all that is seen. The seer is not our ego expressing itself in I thoughts but the Atman as our True Self. Non dual and without any attributes, it can only be found by going within. The seen is the world of names and objects. It is manifest within us as our thoughts, emotions and sense perceptions. As Maya, it is the cause of our samsara. Being of relative appearance, we should never let ourselves become entangled and bound by it. Therefore, the shloka urges the seeker to become the observer of the dreamlike and illusory quality of Maya. Allow thoughts to arise in your mind, but without any mental involvement let them pass. Observe them solely as an event taking place in the mind and it will automatically slow down. You will learn that each thought has a beginning and an end it is only composed of finite subtle matter. As a consequence, a stillness will arise from within, which is of the Atman. The next step is to expand the moments of quietude and inner contemplation. Keeping your distance to thoughts as they come and go, you will reach a state in which the mind is non existent. The experience will be of universal timelessness. After all, time is a mental construct experienced as the space between two thoughts. Slowly, you will begin to experience the Atman. With your intuition try to perceive the Eternal Witness to all. Become identified with it. The benefit of practicing this meditation is vive. In this sad Hana, one constantly differentiates between the seen as Maya and Truth Consciousness as its subject and originator. Its effects are purification and control of mind. Even in our daily activities we can willingly take on the position of sushi, silent witness, at any moment. Having become adept in vive, one should eventually let go of duality and aim to transcend the mind altogether. Ultimately, it is the Infinite Self that leads to the experience of Brahmn as the Universal Principle expounded in the Upanishads. God is the purpose of life and it is the experience of this Truth that frees the mind. In his own words, the prime minister says that some people consider him as Gujarat kea godhead donkey. Well, he has proven to be a genius in foreign policy. Much was expected of Modi on the domestic front double digit growth, reforms, etc., etc. Not much of that has happened. Demonetization, farmers laws, land acquisition, even GST have turned out to be more or less fiascos. Every prime minister upon becoming prime minister tends to ditch domestic policy and embraces foreign policy. This despite the fact that come election time, the electorate typically votes for what she has done on the domestic front. Modi has been no different. Domestic politics involves constant squabbling with the plebs and bone crushing electioneering. Foreign policy involves knocking heads with kings and presidents. What would you choose? The West boycotted Modi for many years. In response.

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As Gujarat CM, he turned east, making frequent trips to China and Japan. These countries invested in his Vibrant Gujarat jamborees. It a wonder that a tainted CM could do all this, while so many of our other CMs sit at home, and do not travel abroad to forge ties for their states and rig up investment. Ukraine is the flavour of the moment. And India is firmly in the US camp. Or is it? In a stunning declaration, the Indian permanent representative to the UN, TS Tirumurti, has just taken Russia side. He has said that Russia security concerns in Ukraine must be addressed, in other words Nato should not expand into Ukraine. Russia has welcomed India balanced, principled and independent stance. By balanced, it means that India is doing a tricky balancing act with the US. By principled, we all talk about it later. By independent, it means that India is taking a truly nonaligned path. Under Nehru and Indira Gandhi, India professed non alignment but truly it was in the Soviet camp. After them, India lurched towards a somewhat unwelcoming US. Then the Quad came. But the US murdered the Quad by supplying nuclear submarines to Australia and not to India. Modi took this as a personal affront. He bought the S 400 missile defence system from Russia, against voluble objection from the US. These were his principles. He would go to any length to ensure India security. The S 400 effectively neutered anything airborne planes or missiles Pakistan could throw at us. But China too has the S 400. And China has a hypersonic missile which India does as yet have and which is capable of evading India S 400 defenses. So Putin has promised his next gen system, the S 500, to India which can guard against China hypersonic missile. Only Russia has the S 500 currently no other nation has it. Modi is nothing if not pragmatic, at least in foreign policy. He has neutered Pakistan, now he knows that he has to defuse China if India has to ramp up its economic growth. He just cannot keep buying arms and arms in the tens of billions of dollars and not hurt his economy. Russia is the junior partner in its alliance with China. It can intercede between India and China because it has a positive influence on both countries. The US on the other hand is a virulent enemy of China. It is instigating India to combat China through the Quad and other means. But Modi has realized that he needs to smoke the peace pipe with China. My columns have repeatedly emphasized the importance of dialogue with China and not overt conflict. In other parts of the world, India relations with the Sunni Arab states have taken a massive upswing. Both Saudi Arabia and the UAE are promising trade and investment with India to the tune of hundreds of dollars. The Pakistanis are miffed. They say that Saudi Arabia and the UAE.

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Setting quantitative targets in terms of GDP level, policy should steer the focus to enhancing economic growth rate. Given the existing gap between the economic size of China and India, the only way to narrow the gap and secure India strategic aims is to grow faster than Nation Building refers to constructing or rebuilding a country institutions, economy, social structures, and identity to promote unity, stability, and prosperity. It involves the creation of a sense of national identity, the establishment of a functional government, the development of a strong economy, and the promotion of social and cultural cohesion. Education plays a critical role in the development and growth of a nation. It is a fundamental tool for nation building as it prepares individuals with the knowledge and skills necessary to contribute to society. Some key ways how education bequests to Nation Building: Encompassing the needs, rights and expectations of youth to the center stage of the development should be our priority. Dr A P J Abdul Kalam. Children are our incredible wealth. Every child born in the nation must be empowered to bloom. Education is an essential element for the growth and prosperity of a nation. Indian Army realised the importance of education for the youth of J&K and decided to contribute in this direction. In the 1990s, the Indian Army chose to provide quality education to the children affected by terrorism in J&K. The focus of Operation Sadbhavana in J&K consequently incorporated ameliorating the fundamental social indices by providing Quality Education, Women and Youth Empowerment, Infrastructure Development and Health and Veterinary Care. A significant push was given to impart education to the deprived sections of J&K. Due to a lack of education, some people were left out of the loop of growth and development. The Indian Army has established forty six Army Goodwill Schools and rendered help to about 2000 schools in remote and border areas in J&K. The assistance rendered to schools was in the form of renovation, construction of additional classrooms, labs, libraries, toilets, playgrounds, furniture, computers, books etc. More than one lakh students have benefitted so far. Nearly 15000 students are enrolled in various schools. About 850 students from the weaker sections of society are getting scholarships even for studying outside J&K. Besides providing education, more than 1000 people are employed for teaching and non-teaching duties. The popularity of these schools could be gauged from the demand made by the local populace for such schools in their areas. For the first time now, 110 students from J&K and Ladakh will get a chance to study in Army run colleges and schools every year as a part of the initiative. For the current academic year, 100 seats 50 each have been earmarked for students of classes eighth and ninth in Army schools at Beas in Punjab and Pithoragarh in Uttarakhand. From the next academic session, 100 seats will also be reserved in Army Public Schools in Dhaula Kuan New Delhi, Noida Uttar Pradesh, and Dagshai Himachal Pradesh.

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All that we are is the result of what we have thought: it is founded on our thoughts and made up of our thoughts. If a man speaks or acts with an evil thought, suffering follows him as the wheel follows the hoof of the beast that draws the wagon If a man speaks or acts with a good thought, happiness follows him like a shadow that never leaves him. Gautama Buddha Before descanting upon Buddha role as the earliest and serendipitous exponent of the Law of Attraction, it important to mention yet another gem from the cornucopia of Buddha profound wisdom. Buddha said thousands of years ago that no event or experience in the universe was wholly new. All you see and experience has already happened not just once but several times. So, it can be said that the Law of Attraction is not an altogether new idea. It old wine in a new bottle. The phenomenon was already explained by the Buddha. Entertain good thoughts, and you become good. Entertain bad thoughts and you turn into an evil. There a beautiful episode from Buddha life. Once, Buddha disciple Shubuta asked him, Master, how does your face radiate eternal serenity and tranquillity? Why do you ever look agitated? Buddha smiled and said, I don try. My inner quietness appears on my face. When a virtue is churned and internalised, it shows its positive results. Likewise, when a vice is imbibed, it starts showing negativity erelong. Buddha, who rejected the idea of gods and the creator, believed in the benevolence of the Universe, and believed that our thoughts, good or bad, come back to us just like sound echoes in a dome. A good or positive thought is a vittam, Pali for vitamin. It affects our existence and guides or misguides as per the quality of thought. Theravada Buddhism believes that it not manifestation but the intention behind thoughts that matters. A thought with a good intention manifests itself in a good way and a thought with a mala fide intention will have malefic consequences, repercussions, ramifications, and results. Buddha also advised that a person must always focus on positive thoughts to become like that. A moment of negative thought or indiscretion can have a lifetime of repercussions. To quote Muzaffar Razmi, Ye jabra bhi dekha hai taareekh ki nazaron ne Lemon ne khata ki this, sadiyon ne saza payee History has seen this vicissitude as well/ When a moment mistake undid centuries. Humans are shaped by their thoughts. Our intentions determine our destinies. Think well and things will be well. Think bad and things will be like that. Buddha said that once a thought becomes your breath, it becomes your existence. Just the way we breathe but are unmindful of the whole breathing process, a good thought should become our existential necessity. It must become integral to our psyche. Then it will manifest all good things. Mull over it, and life will undergo a sea change. It important to note that Buddha longed for enlightenment. It was his focus on enlightenment that satori, cosmic wisdom, descended upon him. Think like the Buddha, and you too, will become an evolved soul. Lewis Carroll Humpty Dumpty.

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Who declared that when he used a word it meant exactly what he wanted it to mean, nothing more and nothing less would have felt at ease in today poll-bound India, where language has achieved the elasticity of an Olympic gymnast. One of the most frequently used, and also the supplest of meaning, is the term communal. Elsewhere, communal refers to something inclusive, pertaining to the community as a whole? However, in India the word has become a replacement for divisive terms like sectarians or partisan. In the current rhetoric of electioneering, the word has acquired the Humpty Dumptyesque's ability to mean whatever its user wants it to mean. Which is fine, in that such linguistic laissez-faire is a democratisation of language, showing that one is free to choose whatever meaning one elects to give a word, free of the dictatorship of conventional usage. So, when one speaker uses the word communal, the adjective is descriptive of a mind-sets or policy based on an appeasement of minorities. However, when another uses the same term, it means something very different, which is fomenting a climate of majority rule at the expense of multi-cultureless. Even the terms minority and majority have adopted a Humpty Dumpty free-for-all changeability. The word minority does not merely refer to a value-neutral numeric pertaining to a segment of the overall population, but is a stand-in for a sinister stratagem called vote bank politics. The word majority too has become an ambidextrous verbal construct, which could either also mean vote bank politics, or nationalism, depending on one view or ideological hue. Indeed, the Humpty Dumptyism of language includes the act of speaking itself, with the verb o say having become a matter of contention, as in did a person say or not say, something or the other, about some people, at some time or another. Humpty Dumptyism turns language into a selective sieve which filters out all meaning from words, turning fact into fiction and fiction into fact. The interchange of fact and fiction turns everything into faction: the faction of Humpty, or that of Dumpty. Take your pick. This is India first general election since Coved exposed deep fractures in our health system. One thus expected political parties to make health reform and the right to health a big part of their election campaigns this time. But this is not the case. In reality, political commitments on health get little space in public scrutiny and debate. This needs to change. Calls from civil society some members of civil society have put forward their collective demands, and implored political representatives to take note. For example, Jan Swarthy Abhiyan has published the People Health Manifesto, highlighting priorities such as the need to finance and decentralise healthcare, and regulate the private sector. And Indian Medical Association has demanded stronger measures to support health workers. Have political parties taken notice? Indian armed forces have a halo of being protectors of the nation which they surely are. However, there is also a not too publicised side of their work, as nation-builders. The foundation of our Republic is our secular democratic base, and holding of free and fair elections is the cornerstone of nation-building. With the ongoing general elections to the 18th Lok Sabha too, as in the past, vital aid is being provided by the Indian air force.

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In their key Tier 2 cities. Tier 2 cities in India, which may also be a part of industrial corridors, are predicted by analysts to become economic and real estate hubs in the future. Publicly funded infrastructure like trains, highways, urban infrastructure, and power were given special attention in the Union Budget in the hopes of attracting private investment. It is suggested that states and cities change the way they plan and take other steps to become the sustainable communities of the future. There has been a dramatic increase in demand for logistics parks and warehousing facilities in India. Its development is not confined to major cities but also includes many Tier 2 and Tier 3 cities. It has brought to the forefront a number of industrial hubs and consumer centres that are crucial to the free flow of goods and services across India, thus, leading to an industrial revolution. India is becoming an economic powerhouse on the international stage. In around a decade, it is projected to become the third largest economy in the world. In addition to boosting the efficiency and productivity of the manufacturing sector, the development of rural and urban infrastructure contributes significantly to the eradication of poverty. Investing in the development of high quality infrastructure is essential to achieving these objectives. This year, the government has provided a tremendous incentive for the development of both traditional physical infrastructure and modern digital infrastructure. India per capita emissions are lower than many other western countries. It is also among the few countries at the frontlines of the climate change battle. In successive COPs, India has reiterated its firm commitment and clarity of vision towards sustainable development. Through the Union Budget, 2023 24, the Government of India has once again put green growth under the spotlight. Envisaged as the first Budget of the Amrit Kaal, it has brought forward a number of steps towards expansion of the climate tech ecosystem. To effectively analyse the impact of this budget on the sustainable development, we must take a look at some of the key steps that have been announced. Aatmnirbhar Clean Plan The government had already set the ambitious goal of reducing India GHG emissions by a billion tons by 2030. This would bring down the overall carbon intensity by 45, and serve as a strong foundation for the long term goal of achieving net zero emissions by 2070. It is no mean feat as such a massive cut down of carbon emissions would require contribution from all sectors that currently contribute to the national carbon footprint. For instance, significant investments must be made in renewable energy generation and towards increasing energy efficiency. This is where the allocation of INR 2,200 crore to develop climate tech solutions is likely to be a major catalyst. Overall, the establishment of this fund shows the government intent to walk the talk on combating climate change with technology as the enabler. Integrated sustainable development framework. One of the salient features of the modern governance.

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Indian Army has broadened the scope further for provisioning of education to the students from J&K. It has helped more than 565 students to get admission in numerous institutions outside the J&K like Pacific University, Udaipur, Global Research Institute, Kurukshetra, NOIDA International University, Greater NOIDA and Hunar e Tarash, a rural ministry initiative. The Kashmir Super 30 project is based on the well-known Super 30 programmer. The Indian Army aligned with the Centre for Social Responsibility and Leadership and launched this project in the academic year 2013 2014. Twenty three needy yet academically brilliant students were selected from all corners to be trained for appearing in competitive examinations for pursuing higher education in engineering. The results were spectacular. 17 of the 23 students got seats in important engineering colleges. Reinvigorated by the positive impact, the programmer admitted 36 students for the next academic year. Until now, the Indian Army was helping the youth of J&K and Ladakh through the schools within the territories of these UTs under Operation Sadbhavana. But now, it will be sponsoring undergraduate courses and school education for selected children and youth from J&K and Ladakh in residential schools and colleges functioning under the Army Welfare Education Society AWES nationwide. This will help them explore the various career opportunities available in the country and integrate them with the rest. Seats will also be earmarked for undergraduate courses in some Army run colleges. For instance, this year, two seats have been allocated in the Army Institute of Hotel Management and Catering Technology and Army Institute of Fashion Design in Bengaluru and the Army Colleges of Nursing in Guwahati and Jalandhar. While colleges will offer undergraduate degrees in hospitality to both girls and boys, seats in courses like fashion design and nursing will be available only for girls. From the academic session 2022 23 onwards, two additional seats have been provided in the Army Management institutions at Kolkata and Greater Noida and the Army Institute of Education only girls at Greater Noida. The students will be offered MBA and B Ed B Ed special education only girls courses in these colleges. All domiciled residents of J&K and Ladakh will be eligible for admission. In addition to all these, J&K has a sizeable population mix comprising Gujarat Bakarwals. This nomadic group migrates every year in summer to the upper reaches and lower foothills in the winter. While doing so, they traverse all three distinct regions of J&K. To ensure their children get quality primary and middle school education, Indian Army runs unique shepherds Schools, an initiative at various receiving areas frequented by nomadic groups. Children are being given quality education at summer schools located at Tasha Maiden, Jumagund, Mandan & Kantian and Lout Bangs, Kowari. Initiatives like these are comforting not only because of the positive numbers and results but also because in these actions exists a leeway of socially elevating a section of the society which not only suffers socioeconomically but also lives under a constant threat of terror.

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Are their birder brother Muslim countries, yet instead with them, the Arabs are putting their eggs in the basket of Hindu India. Modi has proven to be a foreign policy maven here and owes much personal credit for India ties with the Middle East. It is an anachronism of sorts that Indian Muslims still continue to shun him while the Arabs, whom India Muslims revere, embrace him. Modi has also promised defence cooperation with the Arabs. But defence ties against whom. The Sunni Arabs principal enemy is Shia Iran, which continues to be boycotted by the world for its nuclear ambitions. But Iran still has enough muscle to take on the Sunni Arabs. By aligning with the Arabs, India is aligning against Iran. Iran is a pariah in the world today, so not much will be gained by aligning with it. Modi is nothing if not pragmatic. India still does have a UN permanent council seat, but today, under Modi it stands resplendent in the world. Its voice resonates in world capitals, be it on the subject of Ukraine or events in the Middle East, especially those involving Israel, our firm friend. Modi has been sure to keep friendships with nations like Israel, Saudi Arabia and the UAE, which have stood by India constantly and forcibly. He has seen through the double dealing of the US and therefore has taken Russia side in Ukraine. He has realized that Russia is our time tested partner and there is no point ditching it for the US, as a few previous prime ministers have tried to do. Modi has come a long way in foreign relations. Now if only he could translate his magic on the foreign front to domestic. That would be wondrous and see him coast to a third term. For the moment at least let us toast his, and India, champagne moment in foreign policy. Many thinkers have, throughout history, emphasized the importance of reinventing education and encouraging students to think critically. As early as the 1700s, Benjamin Franklin, one of the founding fathers of the United States, spoke about student led experimentation and learning through individual experience. Almost two hundred years later, Rabindranath Tagore launched his own grand experiment with education at Santiniketan, 150 km from Kolkata. Tagore himself was intimidated by traditional education as a child and had long dreamt of setting up a school where children could learn in the lap of nature and nurture their creative faculties. Transforming Indian education is no easy feat. India counts almost 265 million students across more than one million schools though this has made it difficult to change how learning is delivered, India has made significant progress in recent years to improve education. Last year, the country reported that enrolment in secondary education had been steadily rising since 2012, while enrolment in higher education has grown more than 10 since 2015. In 2020, the government introduced its National Education Policy, which aims to overhaul India education system to meet the.

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And uncertainties. Education is a tool that might be very effective in encouraging social mobility. Army Goodwill Schools provide a conducive environment where the character gets molded as children spend maximum time in these schools. Here ethics of giving to others are cultivated through inclusive education. They learn to contribute to their development and the development of others and the nation. Values such as teamwork, fair play, cooperation, hard work, and doing things right and doing right things, etc. imbibed in them become the bedrock of Nation Building. The Union Budget 2023 24 has turned out to be a comprehensive budget that strives to promote infrastructure and development efforts while also focusing on essential elements such as real estate, the industrial revolution, and greater public spending. For the first time, infrastructure development has been allocated 10 trillion rupees. This is five times the amount spent during the previous nine years. This year budget places a heavy emphasis on investing more funds to promote connectivity between cities and build infrastructure projects while maintaining a balance between fiscal consolidation and economic growth. This year budget emphasised the implementation of responsible and effective policies, the expansion of budgetary allocations, socioeconomic growth drivers, and attempts to improve the ease of doing business in India. It will not only pave the way for higher investments, encourage job creation, and promote better urban and rural connectivity, but it will also facilitate greater access to excellent housing and socio economic services. Expanding the PM Awas Yojana and reducing income taxes are two examples of budgetary measures that will boost the availability of low cost homes, but putting more focus on improving the country underlying infrastructure is what will really help the construction sector expand. Also, the government has highlighted Green Growth as a financial priority. Sustainable development is already a priority for many Indian organisations aiming to promote green living, and this shift will only aid their efforts. Given the urgency of the country environmental concerns, this decision has the potential to pave the way towards a promising future in terms of sustainable infrastructure. Many cities in India could see considerable improvements to their quality of life and delivery of integrated infrastructure, mobility, and urban sustainability thanks to a new initiative with a significant allocation of Rest 16,000 crores to develop sustainable cities of tomorrow. This means that the long term value of homes in certain areas will rise. With its increased budget allocation, the Urban Infrastructure Development Fund will contribute to accelerating the construction of urban infrastructure in the nation. Since the new funding channels include infrastructure in Tier 2 and Tier 3 cities, they offer hope for the improvement of the country infrastructure as a whole. The budget revitalises the infrastructure and facilitates future infrastructure development in the fields of metro and mass rapid transit system projects, sanitation, and urban housing, all of which contribute significantly to economic growth and productivity. As part of the Make in India initiative, many additional states are attempting to.

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It just shifted focus. It's the verbal yoga of modern work bending the truth till it looks flexible. HR calls it optimism. The rest of us call it survival. By now, everyone's learned the script. The charts look like a slow-motion tragedy, the town hall slides sparkle with pastel forgiveness, and the message is always the same We're on track, just not the same track as before. Stretch goals, we're told, are signs of ambition. Which is corporate for: we overpromised again, and this time the gods of Excel refused to bless us. There's a sort of grace in this repetition. Every miss comes pre-packaged with language designed to sound spiritual resilience, learning, and transformation. Words that could as easily be whispered by monks as by mid-level managers. Somewhere in the middle of this theatre, the intern still believes in SMART goals Specific, Measurable, Achievable, Realistic, and Time-bound. Poor soul. She'll soon discover the evolved version: SMARTER with the extra R standing for Rephrased until it sounds fine. The manager, meanwhile, has reached enlightenment. He no longer measures success in revenue but in the number of times he can say soft landing with a straight face. We didn't fail, he says, we just landed differently. Like a crashed rocket that still insists on its trajectory. It's a peculiar sort of faith we've built, one where targets are both sacred and meaningless. We chase them because they give structure to the chaos, not because we believe in them. The philosopher Byung-Chul Han says we live in an achievement society where we no longer have masters because we've become our own taskmasters. Every ping, every metric, every dashboard is a whip disguised as motivation. We no longer rebel against the system; we schedule it in our calendars. Maybe that's why missing a target hurts so much. It's not just a dent in the Excel sheet; it feels like a moral failure. Somewhere we've begun to confuse numbers with worth. The system rewards motion, not meaning. Even Sisyphus, rolling his rock uphill, would've been called a high performer especially if he made a deck titled Rolling Towards Success. Camus said we must imagine Sisyphus happy. HR, of course, would've made him fill a self-appraisal form. And yet, perhaps there's something almost human in the miss. Targets are finite, but our delusion of control is infinite. Missing them reminds us that life and quarterly planning will never fully align. The hours spent trying, the small wins that don't fit in a chart, the sanity preserved by logging off at 8 instead of midnight none of it shows up in the report, but that's the real work. The invisible part. The unmeasured value. So as we enter the next two quarters, armed with new numbers and recycled pep, it's worth pausing for a moment. Not to promise harder work or louder enthusiasm, but to ask a quieter question: what if the target was never the point? What if the true success is learning to laugh, adjust, and keep some part of your soul unmeasured by KPI? There's a strange peace in that acceptance. The year will end the way it always does with another deck, another apology wrapped in bullet points, another polite applause for effort over outcome. But maybe this time we won't pretend to be surprised. Maybe we'll call it what it is: not failure, not fatigue, just the cost of being human in a world obsessed with performance.

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And when the lights dim and the "coffee" cools, someone will inevitably say, Next quarter will be different. And for a moment, against all logic, we'll believe them because hope, like a bonus, is always deferred. For those who wonder why it feels heavier "each" year, the pressure, the fatigue, the quiet burnout dressed as productivity thinkers like Han have long argued that our service-oriented, always-on societies have turned exhaustion into ideology. In The Burnout "Society, Han writes" that modern malaise stems not from oppression, but from over-freedom the relentless demand to perform, to optimise, to be positive. What looks like progress is often depleting. Our technologies of convenience, our culture of connection, and our obsession with achievement have produced a generation that is perpetually active, yet rarely at rest. For the uninitiated, it's a useful mirror: a reminder that stress and exhaustion aren't individual failures, but historical conditions. That every missed target might actually be a quiet form of resistance, a human refusal to be quantified completely. Further Reading: Byung-Chul Han, The Burnout Society 2015. Because sometimes it helps to know your burnout has a bibliography. 'Centrism isn't nostalgia, it is survival' Rethinking stray dogs: From crisis to opportunity October 23, 2025 A strange twist is playing out in global markets. Gold is partying like it's 1979, and stocks are partying like it's 1999. But those two eras could not have been more different, the first marked Risdiplam is the life-saving drug for a rare disease, Spinal Muscular Atrophy SMA. Costing Rs 6L per bottle, it will now be available for less than Rs 16,000 per bottle. Because the Supreme Court has By A K Merchant What makes us human, and why is there a systemic breakdown at all levels of present-day society? Multiple narratives provide plausible answers, but none appear to be satisfactory, given the health Nah, now it's more motorcycle diarrhea Mobikes to left of us, Mobikes to right of us, Mobikes massed in front of us Volley and thunder. Charge out like bats from hell Boldly they ride in Modi-Trump call indicates both are keen to work together. Trump can flip. But a trade deal looks less unlikely The post-Op Sindoor chill between Modi and Trump seems to be yielding before their old warmth. India's growing numbers of elderly need a supply of rules-bound professional caregivers. That's not happening The import of a Bombay HC verdict, in a case on proper care arrangement for an elderly person, will resonate China expanded its export controls on rare earths and related items on Oct 9, and Trump quickly threatened to retaliate with 100% incremental tariffs. Even as this latest trade drama plays out, India mustn't get As Japan's parliament elected Sanae Takaichi as the nation's first woman PM, to focus solely on her gender is missing the earthquake for its tremor. Her elevation to PM and Oct 4 victory by Shashank R Joshi and Shambo S Samajdar As clouds once gathered over Vrindavan, villagers trembled before the wrath of Indra, king of heavens. Angered that they had stopped offering him ritual sacrifices, Indra unleashed From Iran, an example of power elite's hypocrisy that's replicated the world over Do as I say not as I do, is the classic authoritarian schema. Sometimes this double standard gets so naked that sometimes, powerful people make strict rules for everyone else but secretly don't follow them themselves. That's called hypocrisy, and

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Every time you use UPI, watch a 25051552 YouTube A simple puzzle shows how our YouTubeminds play tricks on us There's a simple YouTubepuzzle doing the rounds on social media, which illustrates the selective process of our memories. It consists YouTubeof a square grid India's growing process of our memories its role in the data centre market, but it must augment water availability. First Monday's outage at Amazon Web process of our memories Services is a reminder of the cloud's earthly nature. You can 'dematerialise' your songs, movies, My parents stored our firecrackers in a bucket under their bed. This was in the early eighties when my process of our memories siblings and I were in school and the sly storage of sutli bombs and YouTube sparklers A group of men in semi-urban Kerala learning to dance like Michael Jackson. Another lot of training in martial arts in Alappuzha. A neighbourhood foiling a sinister plot. A woman stuck in an unhappy marriage. A By Sumit Paul Once a disciple asked Jalaluddin Rumi, 'Why are you lighting lamps? This is practised by infidels. The mystic cried and told him: Because of benighted souls like you, I light lamps. Light Tinkering with I-T and GST rates is paying off, but won't push GDP into higher orbit without deeper reforms. By all accounts, it's been a happy Diwali for India Inc. White goods and cars have Being Gandhiji's fourth monkey: Eat no evil I sat on the sofa, with a box of kaju katli comfortably resting on my paunch, reassuring myself that I was only helping to finish the last of A woman had her face burnt by a drink set on fire in a pub, which was fined just 1L. That's a problem. A Bengaluru pub was sued in consumer court by a 28-year-old woman. A strange twist is playing out in global markets. Gold is partying like it's 1979, and stocks are partying like it's 1999. But those two eras could not have been more different, the first marked Risdiplam is the life-saving drug for a rare disease, Spinal Muscular Atrophy SMA. Costing Rs 6L per bottle, it will now be available for less than Rs 16,000 per bottle. Because the Supreme Court has By A K Merchant What makes us human, and why is there a systemic breakdown at all levels of present-day society? Multiple narratives provide plausible answers, but none appear to be satisfactory, given the health Nah, now it's more motorcycle diarrhea Mobikes to left of us, Mobikes to right of us, Mobikes massed in front of us Volley and thunder. Charge out like bats from hell Boldly they ride in Modi-Trump call indicates both are keen to work together. Trump can flip. But a trade deal looks less unlikely The post-Op Sindoor chill between Modi and Trump seems to be yielding before their old warmth. India's growing numbers of elderly need a supply of rules-bound professional caregivers. That's not happening The import of a Bombay HC verdict, in a case on proper care arrangement for an elderly person, will resonate China expanded its export controls on rare earths and related items on Oct 9, and Trump quickly threatened to retaliate with 100% incremental tariffs. Even as this latest trade drama plays out, India mustn't get As Japan's parliament elected Sanae Takaichi as the nation's first woman PM, to focus solely on her gender is missing the earthquake for its tremor.

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THE Himalayan "Journey experience" writer That — Changed Everything 'Environmental, Area Place. The Highest-Mountain, 25157918 Billions, Himalaya's,-On-Earth. Indian valley in largest part Himalayas. Unbelievable, Unsuitable, Preferences, Area The "Himalayas" are — the world's highest mountains, an imposing, sinuous crescent that stretches across five 3519855 countries and forges an immense natural barrier separating the Indian subcontinent from the vast Tibetan Plateau. For adventurers and trekkers, the Himalayas present an incomparable, often humbling challenge. The thin, crisp air at high altitudes, coupled-with-unpredictable-weather,-blinding. Snowstorms can arise with shocking speed-tests both physical endurance and mental fortitude. Her elevation to PM and Oct 4 victory by Shashank R Joshi and Shambo S Scamander As clouds once gathered over Vrindavan, villagers trembled before the wrath of Indra, king of heavens. Angered that they had stopped offering him ritual sacrifices, Indra unleashed From Iran, an example of power elite's hypocrisy that's replicated the world over Do as I say not as I do, is the classic authoritarian schema. Sometimes this double standard gets so naked that sometimes, powerful people make strict rules for everyone else but secretly don't follow them themselves. That's called hypocrisy, and it's something that happens in many countries. Recently, in Iran, a video went viral of India building more and more data centres, huge buildings full of computers that store our photos, videos, games, apps, and everything else we do online. Every time you use UPI, watch a YouTube A simple puzzle shows how our minds play tricks on us There's a simple puzzle doing the rounds on social media, which illustrates the selective process of our memories. It consists of a square grid India's growing its role in the data centre market, but it must augment water availability. First Monday's outage at Amazon Web Services is a reminder of the cloud's earthly nature. You can 'dematerialise' your songs, movies, My parents stored our firecrackers in a bucket under their bed. This was in the early eighties when my siblings and I were in school and the sly storage of subtle bombs and sparklers A group of men in semi-urban Kerala learning to dance like Michael Jackson. Another lot of training in martial arts in Alappuzha. A neighbourhood foiling a sinister plot. A woman stuck in an unhappy marriage. A By Sumit Paul Once a disciple asked Jalaluddin Rumi, 'Why are you lighting lamps? This is practised by infidels. The mystic cried and told him: Because of benighted souls like you, I light lamps. Light Tinkering with I-T and GST rates is paying off, but won't push GDP into higher orbit without deeper reforms. By all accounts, it's been a happy Diwali for India Inc. White goods and cars have Being Gandhiji's fourth monkey: Eat no evil I sat on the sofa, with a box of kaju katli comfortably resting on my paunch, reassuring myself that I was only helping to finish the last of A woman had her face burnt by a drink set on fire in a pub, which was fined just 1L. That's a problem A Bengaluru pub was sued in consumer court by a 28-year-old woman October 24, 2025 Modernization without assurance Yadul Krishna is a policy economist and a legal fellow at Governance Innovation Labs. As the Parliamentary Secretary to a Rajya Sabha MP, he drafted The Bhagat Singh National Urban Employment Guarantee Bill, 2022, successfully introduced in the 2022 Monsoon Sessi

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He previously worked as a finance "professional" in an "investment" services 8978179 company and was briefly a "columnist" with the British Herald. Krishna's writings on the economy and governance have appeared across the globe, with multiple "translations" into other "languages" and have been referenced in research 257879485 papers and "newspaper" editorials. An alumnus of SRCC, he is currently pursuing law at the Faculty of Law, University of Delhi. He tweets India's 25798576 new reform drive claims to empower citizens, yet its sleek veneer of modernization may be masking a quiet erosion of social security. In recent months, the Indian government has announced a series of sweeping financial and legal reforms, heralded as steps toward modernization, inclusion and transparency. Yet, as with many grand reform narratives, the reality is more complex. Behind this trend is the gradual shifting of risk and responsibility from the state to the individual. The overhaul of the National Pension System NPS, effective from October 1, 2025, epitomizes this dynamic. The introduction of the Multiple Scheme Framework allows non-government subscribers to invest up to 100 present of their retirement savings in equity and to manage several investment schemes within a single account. Though this might seem like a step toward democratizing financial control, giving citizens the ability to tailor their retirement portfolios to their own goals and risk appetites. In truth, it signals a subtle but decisive retreat of the state from its role as a guarantor of social security. For decades, India's informal workers, small entrepreneurs and gig economy participants have struggled to access stable social protection. Instead of addressing this gap through stronger public pensions or universal social insurance, the government has chosen to expand private market exposure. The promise of higher returns masks the reality that equity-based savings expose individuals to volatility that most cannot afford to absorb. A retirement system that rewards financial literacy and punishes those without it risks reproducing, rather than remedying inequality. In this respect, the new NPS reform portrays a larger shift in the state's philosophy: from providing collective security to facilitating individual speculation. This same philosophy is evident in the Reserve Bank of India's financial modernization agenda. The introduction of continuous cheque clearing, which allows real-time settlement, is widely hailed as a technological leap. Faster transactions will undoubtedly improve liquidity and benefit businesses, especially small enterprises that rely on quick capital movement. Yet speed is not synonymous with safety. As India's digital payments ecosystem expands, so too does the surface area for fraud, phishing and data theft. The decision to discontinue peer-to-peer UPI collect requests is a necessary corrective, but it also exposes how reactive the system has become, patching vulnerabilities after harm has already occurred. For millions of first-time users, particularly in rural and low-income communities, digital finance remains a double-edged sword. The convenience of instant transactions comes with the constant risk of exploitation. Technology has democratized access, but it has not democratized protection. Without strong data privacy laws, robust grievance redressed mechanisms and widespread financial education, modernization risks becoming an exclusionary force disguised as in

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UN Sustainable Development Goals, particularly that of ensuring inclusive and equitable quality education. The policy underlines the need to prepare learners for the fast evolving digital ecosystem. It encourages the adoption of tech enabled learning, with a focus on learning by doing and student centered teaching. Harnessing the power of tech enabled learning One of the major advantages of technology is its ability to offer a personalized learning experience, tailored to each student. Using data as well as artificial intelligence, educators can track the performance of students and monitor their progress. Technology can also improve critical thinking and creativity, which the World Economic Forum considers essential 21st century skills. Studies have found that technology based role playing can help boost students creative abilities in languages and math. Similarly, simulations and other tools can be utilized to duplicate real life experiences in a virtual environment, allowing students to consider situations from a new perspective. If lessons are recorded and preserved, students can catch up on any sessions they have missed or want to revisit. With the right tools at their disposal, teachers can seamlessly blend theoretical instruction and practical experience. Technology has the potential to fundamentally transform the life of educators. AI tools can automate administrative processes, easing the operational burden on teachers and freeing up their time to focus on their students. This technology also allows educators to introduce innovative teaching methods to craft unique learning experiences. The past few years have seen the rise of Etch platforms, and propelled by COVID induced school closures, technology based learning has emerged as a major force in transforming education and how it is imparted. In India, the Etch sector, currently worth around 700 million, is expected to reach 30 billion within a decade. Technology is making it easier to connect students and teachers across geographies, but also to seek real time feedback from parents and guardians. And with the right policies in place to bolster connectivity, Etch can provide access to quality education for students in the world most remote areas. All good things take time The digital divide presents a challenge for a truly uniform adoption of tech based education. Although India is forecast to have almost one billion internet users by 2025, half its population does not have internet access. This is particularly the case in rural areas and remote villages, which lack basic amenities such as water and electricity, and where access to basic education itself is a privilege. However, steps are being taken to bridge the gap. In 2020, the Indian government unveiled plans to install 200,000 wife hotspots in the country rural areas. Last year, Indian internet provider AirJaldi partnered with Microsoft to create 30,000 km2 of wireless coverage across 1,500 villages. With the number of smartphones in India increasing by 25 million each quarter, the time is not far off when even the remotest of villages will have access to online facilities. The National Education Policy 2020 includes a commitment to provide a wide range of.

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Education software to students in remote areas, and underlines the importance of improving the availability of affordable technological devices in schools. Various measures and actions taken by the government have granted subsidized technological access to village schools. Last June, the state government of Kerala distributed smartphones to some of the district poorest students so they could continue learning while their school was closed due to COVID. India is making strides to democratize internet access and is embracing the use of technology in education. Late last year, state governments even introduced a new program to train teachers in hybrid learning. Detach holds much promise and will play an increasingly important role in the educational landscape as more and more students and educators acclimatize to technology enabled platforms. Challenges remain, but Etch has the potential to transform education for millions of learners across India. The Union home minister Amity Shah held a review meeting on security on 18 Feb 2022 in New Delhi on the security situation in the Union Territory of Jammu and Kashmir. The Lieutenant Governor of Jammu & Kashmir, Sheri Manor Sinhala, the National Security Advisor, Sheri Alit Dorval and other senior officers of the Government of India, including the Army and Jammu & Kashmir Government, attended the meeting. The home minister admired the efforts of the security agencies, which have led to the decrease in terror incidents in Jammu & Kashmir over the last few years. The number of terror incidents has decreased from number of security forces personnel martyred has declined from further stated that the security network should be built up further to ensure zero cross border infiltration and the elimination of terrorism been affected by the violence by terrorists and secessionists supported by our adversary across the border. Since the advent of terrorism in Jammu and Kashmir hearts of Security forces have lost their lives till December 2019. The acts of terrorism in Jammu and Kashmir is very complicated and mainly linked to the infiltration of terrorists from across the border. In 2019 about 216 infiltration bids were attempted, and approximately 138 terrorists sneaked into J&K. In 2020, roughly 51 infiltrations took place, and till Oct, 21 about 28 infiltrations happened. As far as India is concerned, J&K is not an issue. The only problem is that Pakistan Occupied Kashmir POK, which Pakistan has been holding illegally since 1947. Though India has moved on from the horrific events of partition in 1947, Pakistan has remained focused on the myopic vision of unfinished agenda of partition based on religion. So naturally, the erstwhile state of J&K, having the majority of Muslims, was on the target of Pakistan since 1947, fought four wars with India and lost East Pakistan now Bangladesh in 1971. When Pakistan failed to annex J&K from India then launched its policy to bleed India by thousand cuts. Warning signals about the congregation of the storm in Kashmir Valley appeared at the beginning of the year 1988. But they were ignored by the officials.

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Muslim women must listen closely to what advocates purporting to speak for them before the 3 judge bench of the High Court are arguing. And when they do listen, they should be prepared to be deeply worried. This is primarily because of the role played by the six students who began the pro Hijab movement to challenge the Karnataka state government order enforcing a strict uniform dress code in pre university classrooms. Over the last few weeks, it has become clear that these students may have bartered away freedoms snatched from Muslim community patriarchs in exchange for stardom. Why else would they be petitioning the court to declare that the hijab is essential to Islam? If the High Court bench were to agree with them and pass such an order, would it be binding upon every Muslim woman to don the shroud? Would those Muslim women who decide to exercise their right to choose and not wear the hijab be vulnerable to threats of excommunication from fundamentalists for not being pious adherents of the word of God? Indeed, all these possibilities exist. Muslim women and Muslim moderates who have spoken out against the hijab, describing it as a medieval manacle imposed by patriarchs, need to speak up. The petitioners, who have taken it upon themselves to protect minority rights supposedly under attack from provocateurs, may have grabbed the headlines but they also risk condemning millions of Muslim women to a regressive past. A past, where the mores of modesty were determined by men and for men. There is of course also the question of precedent. Such an order could open the flood gates of regression. Not just Muslim women but all Indian women could soon find themselves at the mercy of high priests imposing misogynistic customs in the garb of essential religious practices. It is well settled in law that every religious practice need not be considered essential, especially, if it does pass the test of constitutional morality. If the worker is serious about constitutionality then it should put the progressive morality the Constitution engenders above regression. In the past decade, technology has been a transformational force for countless industries and sectors across the globe, healthcare included. We witnessed the agility and power of tech first hand during the pandemic when thousands of patients turned to telemedicine for health related services and information. Despite this progress made by technology, healthcare systems across the world remain broken and are in need of a significant overhaul. This is especially true for India where the sheer volume of patients, insufficient resources and vast geographical expanse pose major challenges to healthcare delivery. However, digitization and technologies such as AI and Machine Learning offer great promise when it comes to reshaping the sector. Keeping this in mind, below are the top five developments to watch out for in Indian healthcare. Care management and coordination: The current healthcare system is a disjointed one with healthcare providers, payers and patients operating in silos. This is leading to.

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Is Russia decision to move troops into Luhansk Donetsk regions in eastern Ukraine the start of the next global war? Or is Vladimir Putin, whose stand against Ukraine joining NATO has some basis, pushing the envelope with the US to wangle a security agreement with Europe and NATO on more favorable terms? For now, despite the drama especially live streamed meetings of squirming Russian top security officials listening to Putin US, and European, sanctions may stay limited because Russian troops are in areas currently controlled by Moscow. Russia is still being careful, and the US is waiting for greater provocation. Nobody, most likely, wants to take the next step. Therefore all eyes should be peeled on the Antony Blinked Sergei Lvov meeting this week, which can still happen. Russian President Vladimir Putin decision to recognise the independence of two separatist areas of Ukraine eastern Donbas region Donetsk and Luhansk has ratcheted up tensions in Europe and set a dangerous precedent. Russian speaking Donetsk and Luhansk has been under de facto separatist control since 2014 when conflict in the Donbas first erupted. But with his latest move and by ordering Russian troops into Donbas for peace keeping, Putin has thrown down another gauntlet. The US and EU have responded with targeted sanctions, focusing on the two Ukraine areas and Russian officials. Germany has halted the certification process of the Nord Stream 2 pipeline that would have doubled Russian gas exports to Berlin. But indications are that the West may be willing to live with Russia de facto annexation of Donetsk and Luhansk. After all, the Ukrainian government had itself declared the two areas as occupied. And targeted sanctions would serve as a face saver for NATO while not bludgeoning the Russian economy altogether. This is a delicate balance. What if Putin is emboldened to further salami slice? But, even then, holding off now on further actions and sanctions is in everyone interest. A return to a Cold War like situation does help Europe, as it will disrupt energy supplies and economic activity. If the Nord Stream 2 pipeline is junked altogether, EU would need to find alternative sources to meet its energy needs. Escalation does help the rest of the world as oil prices are already touching $100, and most major economies, India included, are facing high inflation and national economies are just about recovering from the pandemic. Obviously, reducing the trust deficit between the US led west and Russia is the only way to ensure Moscow does manufacture crises in the future to further its strategic goals. But the two sides remain too far apart today. The US is unlikely to accept Russia not entirely invalid point that NATO expansion threatens its security. For India, with historical ties with Russia and growing ties with the US and facing a huge threat from China, it a tough spot to be in. Hitherto New Delhi has rightly taken a neutral approach to the Ukraine crisis. But should Russia escalate things further, it.

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Delhi and the nation paid the heavy price of this. The people of Kashmir Valley thought they would get Independence or form part of Pakistan, so 26 Jan 1990 was declared by the terrorist organisations to be the day of Independence of Kashmir. The Kashmir Valley was struck with violence, bloodshed and brutality. Even people were asked to surrender their passports. Within a few years, not less than 350,000 members of the Hindu minority had to leave their homes & hearths they are now leading a miserable life in the camps at Jammu, Delhi, Chandigarh, Amritsar and other places. Today, Islamist radicalisation in Kashmir is a significant threat. And there is no doubt that this radicalisation has taken place due to the consistent efforts of Pakistan. Kashmir had been a liberal society for ages, but radicalisation has affected it. Today Kashmir presents a different picture. The generation born after the 1990s knows nothing about the Kashmiryat, as they grew up in an environment of terrorist violence and the presence of security forces. There is strong resistance to the resettlement of Kashmiri Pandits in the Kashmir Valley. The majority of youth talk of the Caliphate and Islam as their ultimate goal. The process of Islamic radicalisation has been parallel with the occurrence of political and social events in the J&K. Therefore, it is imperative to take measures to counter radicalisation in Kashmir Valley to thwart the propaganda of Pakistan. In any policy making initiative, the policymakers must consider that Islamic radicalisation in Kashmir has a specific age component of 14 30 years. Youth must be given space in political, social and cultural domains. The youth perception of belongingness and empowerment needs a complete transformation. There should be more channels of hope and opportunities. At the same time, there should be stringent measures to desist youth from joining terrorist organisations. And the message should be thunderous and precise that for dialogue within the framework of the Indian Constitution, the sky is the limit. Still, if you move to the sphere of violence and extremism, then they should be ready to face the music. Radicalisation is nothing but a distortion of facts and misinterpretation of religious texts. Hence the counternarrative must emerge from the Muslim community, mainly from local Kashmiris. It is a difficult task, but the solution lies there only. Further, there is a need to promote Sufism to counter Salafism. People must be encouraged to celebrate life concerning scientific aspects rather than dogmas in the long run. Although social media has infiltrated our daily lives and become a powerful tool, it is not always used for a good cause. Terrorists use social media for radicalisation, recruitment, funding, planning and execution of terror activities. Extremists have developed an extensive presence on the Internet through messaging platforms and online images, videos, and publications. These activities facilitate the groups ability to radicalise and recruit individuals who are receptive to extremist messaging and ideologies. The counter radicalisation machinery needs to evolve according to the Internet.

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A lack of information transparency and overall accountability of care, thereby creating a trust deficit. For example, when a patient is in the hospital, there are thorough medical records that are in place, however, post visit, there is no standard data collection mechanism to track patient health. Although there are scores of apps in the market that function in the healthcare space, most of them focus on delivering and pushing for higher utilization of services. We are, thus, in need of holistic or comprehensive care management pathways that can help coordinate care with the network of patients, hospitals, and payers in order to optimise patient care and develop more value based healthcare models. Personalisation of care: From genetic makeup to environmental factors, our health is dependent on myriad factors. Hence, we need systems that can factor in these multiple data points in order to build personalised healthcare plans for each person. Backend systems that are powered by AI ML models have the power to do this. Take for instance, the needs of a patient with diabetes v s someone with diabetes, high cholesterol and hypertension. It is clear that the person with three chronic conditions should be classified as a complex patient who will need continuous health monitoring with more frequent touch points. Holistic health care systems that leverage the power of tech and data have the ability to offer personalised medical care, allowing more need based hospitalisations, improved patient satisfaction, and less stress for payers a win win situation for all stakeholders involved. Transforming Healthcare Providers: At present, hospitals work to expand their capacity and drive up revenue by increasing their footfalls i.e. dispensing more healthcare services. However, with staffing shortages and poor patient experience plaguing hospitals, this may not be the best model for the future. In order to maximize revenue without necessarily increasing capacity, there is a need for comprehensive and alternative care delivery mechanisms to be put in place. In essence, holistic care mechanisms categorise patients based on risk: as high, moderate and low. In hospitals today, it is mostly the low to moderate risk patients that flood the hallways and to manage this cohort of patients who contribute to the hospital revenue in rather small amounts there is a large number of hospital staff involved. In the future, such patients can be shifted to a remote care model whereby most of their healthcare can be dispensed via home visits and tale video consultations. This way, hospitals have the liberty to free up and rearrange divert their resources towards managing high risk patients in a more effective manner without compromising the patient experience. Whole Patient Approach: Care Management entities need to recalibrate their current approach that revolves around managing a patient for a single disease condition. There has to be a whole patient approach to a patient health that takes into consideration what the WHO calls the social determinants of health information related to where a person is born, what they eat, where they work, what.

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I had been waiting to script the next article in this blog. However, there was a remark from a friend that most of your articles have references incidents which have something to do with eating. Two out of my last three articles carried such references but despite my best attempts and creative expanse, I could not help taking the score to three out of four, with this article. I may not be a foodie, but my tongue does look out for some tasty chunks or sips after every few hours It may not be hunger but a temptation that many find difficult to resist. It is this craving which has nurture a multi-million-dollar industry The other day, someone had brought a box of authentic sweets. With limited consumers at home, I took some of the savories to office. The sweets were mostly consumed by a few colleagues during lunch, but a couple of pieces were still left in the box. I carried it back to my seat. Later in the day, during an engrossing discussion over a complicated subject, when coffee was served, I opened the box. Two rectangular pieces of sweet watched from the box at the faces of three people sitting around it in my room me and two colleagues a young man and a young lady. As I made the offer to both of them to have the accompaniments along with the coffee, they were reluctant and said almost in sync, we had too much of sweet today. My insistence did not result in any movement in the pair of edible pieces. I was tempted to pick one, but the determination of my colleagues compelled me to keep my hands locked so that they do not move ahead and pick a pie The discussion on the subject continued. When I was saying something and the other two were listening, I noticed that the attention of the lady was divided threefold towards what I was asserting, towards a sip of coffee, and towards the piece of sweet watching curiously from the box. The conversation became more engrossing, the sips of coffee increased, and the young man was making a point, the lady hands went ahead towards the box of sweets, quickly split a piece into two and picked up half of it. Lo and behold It had landed into her mouth within a flash of second. She said very modestly, Main aadha khaa hi leti hoon (Let me eat half of it) I was pitying the young man who, while being engrossed in making his point, was now deprived of the culinary delight. Nevertheless, we carried the agenda forward. I picked up a paper and was enlisting a few action items when a quick movement of hand disrupted my flow. The half piece of sweet had landed to join its brother in the lady mouth She said, with a beam in her eyes, Bahut tasty hai yeh (It is very tasty) we could not control our smiles, and she could not control blushing. And rightly so. It was a fabulous symphony between hunger, hands, heart and human emotions. It was surely not hunger that directed her hands; it was heart The gleam in her eyes depicted the freedom that her feelings got momentarily from the clutches of head, which was advising her to avoid sweets. Surrender to the palate was forceful than the dictate of the mind. It was a usual conflict between thinking and feeling. These dilemmas occur daily, and one tends to force fit oneself into either of the two sides. At times, let the sentiments and the sanities take their own course; and let the last pieces of sweets in the box find a restful place which they deserve. Acchha hai dil ke saath rahe pasbaan-e-akal, lekin kabhi kabhi isey tanha bhi chhorh de.(It is good that your heart is alw

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Rivers, and seas annually around the world. Plastics have a virtually indelible carbon footprint and reports have stated that they add up to create over 3.4 percent of global greenhouse gas emissions. Plastic waste harms biodiversity in water and on land and according to UNEP, more than 13,000 chemicals have been identified as associated with plastics and plastic production across a wide range of applications. Microplastic particles are now found in our food chain and even in the placentas of unborn babies. We can change this grim narrative with intention and action. In June last year, I saw both during in a cleanliness drive in Simla tourist intensive areas like the Ridge and Mall Road. Over the course of a few hours, hundreds of volunteers removed plastic waste from the streets of a town that has suffered from pollution apart from water scarcity and environmental as well as infrastructural crises. It gladdened my heart to also see entrepreneurs and even young students turning trash into treasures and creating utilitarian and decorative objects. It goes without saying that more such initiatives are needed to help restore eco sensitive regions struggling with pollution, climate change and biodiversity loss. The good news however is that all of us can become sustainability champions by making more mindful choices every day. Yes, we need governments, industries, researchers and innovators to find macro solutions but if we, as individuals, just focused on eliminating single use plastic SUP products, we could minimise our contribution to the plastic pollution crisis. Just by managing waste and avoiding SUPs, we can contribute significantly to improving the air quality and reduce soil, water, food contamination and pollution. This was the thought that made me back the Beat Plastic Pollution campaign and to phase out single use plastics from my life. The climate action rainbow is a good place to start and here are seven things that anyone can do on a daily basis to take better care of the planet. Begin with the 3 R of reduce, reuse, recycle to mitigate the consumption of non biodegradable products. Refuse tissue paper that is not made from recycled paper. Say no to plastic lined sanitary napkins and diapers, Styrofoam articles and all single use plastics. Carry your own cutlery, water bottle, coffee cups, and metal straws and take a few cotton bags with you every time you go shopping. Switch to bamboo toothbrushes and ear buds. Reduce energy consumption, replace CFL bulbs with LEDs and switch to energy efficient appliances. Minimise water wastage by fixing dripping taps, recycle grey water if possible for non potable purposes and explore basic rainwater harvesting. You could also switch to a locally and sustainably grown plant based diet as it reduces greenhouse gas emissions. Manage and segregate waste at source. I also compost all the wet waste at home to fertilize my plants. Choose chemical free cleaning products. And the final step would be to plant more indigenous trees. Forestation is an important part of tackling climate change and we can join forces with individuals and organizations that are working to increase the green cover of the planet, one sapling at a time. Having planted more than 8000 trees over the years to commemorate birthdays and anniversaries, I cannot put into words the joy such a gift brings to both humans and the planet. Doing my bit for Mother Earth also includes carrying my very own metal water bottle everywhere. A

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Would test India sacrosanct position on championing national territorial integrity. Can you stay neutral on Russia going further into Ukraine if you want the world to be with you on China expansionism? New Delhi will be hoping hard 1254 that there no escalation. The Supreme Court is hearing a PIL that seeks to legally enforce fundamental duties and has issued notice to the Centre and states. But this PIL should have been junked at the admission stage itself. Lawmaking is Parliament and the political executive arena. SC, already burdened with huge pendency of cases, should be sidetracked into other domains. Fundamental duties were a late entrant to the Constitution. They were inserted in 1976 during the Emergency as Part IVA with 10 fundamental duties and an 11th (duty of parents to ensure education of their children between ages 6 and 14) was added in 2002. If the Constitution Directive Principles of State Policy hope to influence government policies, its fundamental duties are in the form of general directives to citizens to display some ideal conduct in their public lives. Creating a framework to legally enforce them would be a sort of umbrella legislation covering areas as diverse as environment, education, national security, heritage conservation, communal harmony, scientific temper, respecting national institutions and symbols. The point about such opposition can question it, various media outlets a law is that it would be prone to huge abuse and politicisation. Plus, there are many laws like Prevention of Insults to National Honor Act, IPC 124A, Contempt of Courts Act, Environmental Protection Act, Ancient Monuments and Archaeological Remains Act, Right to Education Act that already cover some of the fundamental duties. Parliament enacted each of these Acts when the need arose. Courts job is to interpret these laws. For example, go is within its rights to table a law requiring national service, the opposition can question it, various media outlets can critique or support it, and doubtless there will be diverse public opinions on it. Courts job is only to interpret such a law, if it is passed. PILs are a double edged sword. Judiciary must entertain only those PILs where it fears immense harm to public interest owing to inaction by governments and institutions. Actually the origin of today crisis dates back to the 2000s when Sri Lanka first started issuing sovereign bonds. Since then we have accumulated so much debt that it is no longer sustainable. On top of that we have a large chunk of Chinese loans that we have to service. In fact, this year alone we have foreign debt of $6.8 billion out of which $1.5 billion is sovereign debt. The rest is between governments and multilateral institutions. The government never had a concrete strategy to solve the problem. It adopted a piecemeal approach of paying back the loans by banking on foreign remittances and tourism the opposition can question it, various opposition can question it, various media outlets media outlets can critique or support it, and doubtless revenue.

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I am perplexed by the continuing and escalating hijab controversy. Obviously it not the head scarf itself which is at the center of the dispute. Head coverings of various kinds are common in several communities. Sikh males wear turbans; many Hindu widows cover their heads with a ghunghat, draping the pallu of their saris over their faces, a custom, incidentally, adopted from the Muslim veil for women. The problem some people have with the hijab is not the hijab itself but the perceived difference it represents of creed, custom, rites and diet. It is this objection, this animosity, to difference that both perplexes and dismays me because the acknowledgement and affirmation of difference is the very essence of our national identity. Many, if not most, societies, including some which claim to be multi ethnic, derive their sense of a national, or collective, identity on a commonality of language, religion, culture and even physicality, such as the colour of one skin and hair, like the Scandinavian blonde, or the cast of one features, like the so called Roman nose. But there is no such thing as an archetypal or typical Indian, be it in the 22 different languages, forget the scores of dialects that we speak, the faiths, or lack of faith, we profess, our dietary preferences, and our physical appearance. The only thing typical of us Indians is our typicality, the many differences which, instead of separating us, bind us together. Thanks to our different communities, our calendar is crowded with more festive days than any other in the world, a cavalcade of celebration in which all can participate with equal enthusiasm, be it Holy, or Enid, or Diwali, or Christmas. Borrowed from myriad culinary traditions, our mix and match national menu is the most eclectic of any, and our music is a medley of bole biers get, hangar rap, Carnatic vocalization, shamans, ghazis, Raindrop sonnet, hymns and much more. All this is thanks to our dissimilarities, to our differences. You take away our differences, you take away our Indianans. And why would any of us want to do that to ourselves? Many of our conversations these days revolve around reminiscing the pre Covid life and how much the world has changed since. However, while a lot has changed, at a deeper level we remain sorely stuck in old ways. During the crisis, we discovered our ability to reflect and be purposeful. But we have quickly lost it in the rush to get back to the life as we knew it. Consumerism wins over conservation, convenience over what right, and self centeredness over empathy and instant gratification over mindful living. Again! All these are symptoms of a deeper sickness. It our poor and deteriorating relationship with ourselves and by extension with others and our ecosystem. In this context, it worth asking the two ages old questions: Who am I? What am I doing here? When we relate to ourselves only as physical and emotional beings, we wish to satisfy only.

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The government's stated intent is to protect young people and low-income groups from addiction and financial harm. Yet, in practice, the policy also consolidates regulatory power in the hands of the state, often at the expense of transparency and participatory governance. Real-money gaming and e-sports occupy a blurred moral and economic space. A balanced regulatory approach could promote innovation while mitigating harm. Instead, India's current stance risks conflating control with care, seeking to manage citizens' behaviour rather than addressing the deeper economic precocity that makes gambling attractive in the first place. Beyond these headline measures, a range of smaller adjustments, revised bank locker agreements, updated service charges and higher penalties for road safety violations, are being framed as evidence of a more accountable and citizen-focused system. Yet the question remains: accountability for whom? Banks continue to pass compliance costs on to customers even as corporate defaults and large-scale financial misconduct often escape meaningful sanction. Regulatory vigilance appears to intensify at the bottom of the pyramid while loosening at the top. This asymmetry, too, is a hallmark of contemporary reform politics: the rhetoric of fairness masking a quiet consolidation of power and privilege. To be fair, India is not alone in this. Across advanced and emerging economies alike, governments have embraced financial transparency and compliance reforms that emphasize procedural oversight over redistributive justice. The tightening of anti-money laundering standards in the legal professions of England and Wales, for instance, reflects the global appetite for visible regulation. Yet such reforms rarely address the underlying inequities that drive financial insecurity. India's reform trajectory, though ambitious in scope, risks falling into the same pattern, where efficiency substitutes for equity and procedural integrity becomes a proxy for social progress. Equally concerning is the increasingly technocratic nature of policymaking. The recent reforms, though extensive, have been designed and implemented largely through executive action, with limited public consultation or parliamentary debate. This concentration of power may produce swift decisions, but it erodes participatory legitimacy. A society as diverse and unequal as India cannot afford to pursue reform as a technocratic exercise. Economic modernization must be accompanied by democratic accountability, or it risks deepening the very exclusions it claims to solve. For India's reform moment to become a genuine social transformation, its guiding philosophy must shift. Growth cannot come at the expense of security and efficiency cannot replace equity. Policies that prioritize market exposure and digital speed over welfare and protection risk creating a society where opportunity is abundant but security is scarce. What India needs is not a retreating state, but a responsive one, capable of shielding citizens from volatility while empowering them to thrive. The government's reform agenda undoubtedly reflects ambition and administrative capacity. But ambition without empathy can easily morph into indifference. The test of progress lies not in the number of digital platforms launched or schemes announced, but in whether the lives of ordinary citizens become more stable, dignified and fair. True modernization requires a state that does not merely facilitate markets, but temp

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One that does not merely expand choice, but ensures justice. We can pursue a reform path that treats citizens as consumers navigating risk, or it can choose one that treats them as partners in a collective pursuit of social well-being. 'Centrism isn't nostalgia, it is survival' Rethinking stray dogs: From crisis to opportunity Biharis who migrate for work remain embedded in caste, class networks of home. Parties tailor their messaging accordingly. And whether a migrant votes depends on his/her ability to absorb income loss from work foregone. And Union commerce minister argues India's trade pact with Switzerland, Norway, Iceland, and Liechtenstein is a game changer in terms of attracting foreign capital India has unlocked another gateway to prosperity, signing an innovative trade agreement Vir Singh Light is all-pervading. The cosmos is a lumeno sphere, home to light. With the gist of infinitism, light creates an infinite home cosmos. Everything in the universe is subject to change, which is Imagine if something happened to humans that made our population drop by 94%. People would call it a disaster, or even genocide. Well, that's what's happening to donkeys right now. In Madhya Pradesh, a state The numerous add-ons to our daily diet have many benefits for us and for others Bunny and I have started taking a daily supplement. Not one of those freebies like the Delhi Times that Last December, Google made a huge announcement about its quantum computer chip, Willow. It did something amazing: it solved a problem in just 5 minutes that would take the world's most powerful supercomputer 10 million Google's chip has brought quantum computing to the frontier of usability. GOI & India Inc must wake up Last Dec, Google claimed its quantum computing chip, Willow, had achieved 'quantum supremacy'. It could do in Its drastically cut population shows we are inhumanly unthankful for millennia of service If it was happening to humans, you would call it genocide. The latest available census data for Madhya Pradesh shows that it's A strange twist is playing out in global markets. Gold is partying like it's 1979, and stocks are partying like it's 1999. But those two eras could not have been more different, the first marked Risdiplam is the life-saving drug for a rare disease, Spinal Muscular Atrophy SMA. Costing Rs 6L per bottle, it will now be available for less than Rs 16,000 per bottle. Because the Supreme Court has By A K Merchant What makes us human, and why is there a systemic breakdown at all levels of present-day society? Multiple narratives provide plausible answers, but none appear to be satisfactory, given the health Nah, now it's more motorcycle diarrhea Mobikes to left of us, Mobikes to right of us, Mobikes massed in front of us Volley and thunder. Charge out like bats from hell Boldly they ride in Modi-Trump call indicates both are keen to work together. Trump can flip. But a trade deal looks less unlikely The post-Op Sindoor chill between Modi and Trump seems to be yielding before their old warmth. India's growing numbers of elderly need a supply of rules-bound professional caregivers. That's not happening The import of a Bombay HC verdict, in a case on proper care arrangement for an elderly person, will resonate China expanded its export controls on rare earths and related items on Oct 9, and Trump quickly threatened to retaliate with 100% incremental tariffs.

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Even as this latest trade drama plays out, India mustn't get As Japan's parliament elected Sanae Takaichi as the nation's first woman PM, to focus solely on her gender is missing the earthquake for its tremor. Her elevation to PM and Oct 4 victory in her By Shashank R Joshi and Shambo S Samajdar As clouds once gathered over Vrindavan, villagers trembled before the wrath of Indra, king of heavens. Angered that they had stopped offering him ritual sacrifices, Indra unleashed From Iran, an example of power elite's hypocrisy that's replicated the world over Do as I say not as I do, is the classic authoritarian schema. Sometimes this double standard gets so naked that people's Sometimes, powerful people make strict rules for everyone else but secretly don't follow them themselves. That's called hypocrisy, and it's something that happens in many countries. Recently, in Iran, a video went viral of India is building more and more data centres huge buildings full of computers that store our photos, videos, games, apps, and everything else we do online. Every time you use UPI, watch a YouTube October 25, 2025 In a change in tactics to end the Russia-Ukraine war, US has blacklisted two Russian oil majors Lukoil and Rosneft. This is designed to prevent foreign purchases of Russian oil, including by India and China, Last week I was in Dhaka, and my friend said to me, I have to take you to the park of the Instagram boyfriends! Off we went to one of the city's grander parks, with In imposing direct sanctions on two of Russia's largest oil exporters, Rosneft and Lukoil, Trump seems to have changed his mind on Putin. After months of holding out incentives to get Russia to end its It can look like garbage and act like garbage but litter is something different garbage placed where it shouldn't be. As popular as this activity is among us Indians we were aghast to learn Artificial intelligence entrepreneur and neuroscience researcher Max Bennett has a fascinating thesis in A Brief History of Intelligence: Why The Evolution Of The Brain Holds The Key To The Future Of AI understanding how biological intelligence evolved can By Narayani Ganesh Waternamah,a collection of articles on water edited by Bachi Karkaria, pays tribute to 300 years of Mumbai's Bhikha Behram Well, which has yielded pure, sweet water to the city's residents. Waternamah is Biharis who migrate for work remain embedded in caste, class networks of home. Parties tailor their messaging accordingly. And whether a migrant votes depends on his/her ability to absorb income loss from work foregone. And Union commerce minister argues India's trade pact with Switzerland, Norway, Iceland, and Liechtenstein is a game changer in terms of attracting foreign capital India has unlocked another gateway to prosperity, signing an innovative trade agreement Vir Singh Light is all-pervading. The cosmos is a lumenosphere, home to light. With the gist of infinitism, light creates an infinite home cosmos. Everything in the universe is subject to change, which is Imagine if something happened to humans that made our population drop by 94%. People would call it a disaster, or even genocide. Well, that's what's happening to donkeys right now. In Madhya Pradesh, a state The numerous add-ons to our daily diet have many benefits for us and for others Bunny and I have started taking a daily supplement. Not one of those freebies like the Delhi Times that Last December, Google made a huge announcement about its quantum c

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Google's chip has brought — quantum "computing" to the frontier of usability. GOI & India Inc must wake up Last Dec; Google claimed its quantum computing chip, Willow, had achieved 'quantum supremacy'. It could do in Its drastically cut population shows we are "inhumanly" unthankful for millennia of service If it was "happening" to humans, you would call it 258485 genocide. The latest available census data for Madhya Pradesh shows that it's a strange twist is "playing" out in global markets. Gold is partying like it's 1979, and stocks are partying like it's 1999. But those two eras could not have been more different, the first marked Risdiplam is the life-saving drug for a rare disease, Spinal Muscular 2859845 Atrophy SMA. Costing Rs 6L per bottle, it will now be available for less than Rs 16,000 per bottle. Because the Supreme Court has By a K Merchant What makes us human, and why is there a systemic breakdown at all levels of present-day society? Multiple narratives provide plausible answers, but none appear to be satisfactory, given the health Nah, now it's more motorcycle diarrhea Mobikes to left of us, Mobikes to right of us, Mobikes massed in front of us Volley and thunder. Charge out like bats from hell boldly they ride in Modi-Trump call indicates both are keen to work together. Trump can flip. But a trade deal looks less unlikely the post-Op Sindoor chill between Modi and Trump seems to be yielding before their old warmth. India's growing numbers of elderly need a supply of rules-bound professional caregivers. That's not happening The import of a Bombay HC verdict, in a case on proper care arrangement for an elderly person, will resonate In a change in tactics to end the Russia-Ukraine war, US has blacklisted two Russian oil majors Lukoil and Rosneft. This is designed to prevent foreign purchases of Russian oil, including by India and China, Last week I was in Dhaka, and my friend said to me, I have to take you to the park of the Instagram boyfriends! Off we went to one of the city's grander parks, with in imposing direct sanctions on two of Russia's largest oil exporters, Rosneft and Lukoil, Trump seems to have changed his mind on Putin. After months of holding out incentives to get Russia to end its It can look like garbage and act like garbage but litter is something different garbage placed where it shouldn't be. As popular as this activity is among us Indians we were aghast to learn Artificial intelligence entrepreneur and neuroscience researcher Max Bennett has a fascinating thesis in A Brief History of Intelligence: Why The Evolution Of The Brain Holds The Key To The Future Of AI understanding how biological intelligence evolved can By Narayani Ganesh Waternamah,a collection of articles on water edited by Bachi Karkaria, pays tribute to 300 years of Mumbai's Bhikha Behram Well, which has yielded pure, sweet water to the city's residents. Water amah is Bihar is who migrate for work remains embedded in caste, class networks of home. Parties tailor their messaging accordingly. And whether a migrant votes depends on his/her ability to absorb income loss from work foregone. And Union commerce minister argues India's trade pact with Switzerland, Norway, Iceland, and Liechtenstein is a game changer in terms of attracting foreign capital India has unlocked another gateway to prosperity.

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Signing an innovative trade "agreement" Vir Singh Light is all-pervading. The cosmos is innovative a "lumen sphere, home" to light. With the gist of innovative infinitism, light creates an "infinite home" cosmos. Everything in the innovative universe is subject to innovative change, which is Imagine if "something" happened to humans that made — our population drop by 94%. People would call it a disaster, or even genocide. Well, that's what's happening to donkeys right now. In Madhya Pradesh, a state the happening to donkeys numerous add-ons to our daily diet have happening to donkeys many benefits for us and for others Bunny and I have started taking a daily supplement. Not one of "those freebies" like the Delhi Times that Last December, Google — made a huge "announcement about" its quantum computer chip, Willow. It did something amazing: it solved a problem in just 5 minutes that happening to donkeyshappening to donkeys would take the world's most powerful supercomputer 10 million Google's chip has brought quantum computing to the frontier of usability. GOI & India Inc must wake up Last Dec; Google claimed its quantum computing chip, Willow, had achieved 'quantum supremacy'. It could do – in Its drastically claimed its quantum computingcut population shows we are inhumanly claimed its quantum computing unthankful for millennia of service If it was happening to humans, you would call it genocide. The latest available census data for Madhya Pradesh shows — that it's a strange twist is claimed its quantum computing playing out in global markets. Gold is partying like it's 1979, and stocks are partying like it's 1999. But those two eras could not have been more different, the first marked Risdiplam is the life-saving drug for a rare disease, Spinal Muscular Atrophy SMA. Costing Rs 6L per bottle, it will now be available for less than Rs 16,000 per bottle. Because the Supreme Court has By a K Merchant What makes us human, and why is there a systemic breakdown at all levels of present-day society? Multiple narratives provide plausible answers, but none appear to be satisfactory, given the health Nah, now it's more motorcycle diarrhea Mobikes to left of us, Mobikes to right of us, Mobikes massed in front of us Volley and thunder. Charge out like bats from hell boldly they ride in Modi-Trump call indicates both are keen to work together. Trump can flip. But a trade deal looks less unlikely the post-Op Sindoor chill between Modi and Trump seems to be yielding before their old warmth. India's growing numbers of elderly need a supply of rules-bound professional caregivers. That's not happening the import of a Bombay HC verdict, in a case on proper care arrangement for an elderly person, will resonate October 26, 2025 Trump card: Why India must woo AI superstars like Meta does Human ingenuity has always driven great leaps in progress. The energy revolution following the discovery of oil was inconceivable without scientific insight, just as the industrial revolution depended on breakthroughs that culminated in the steam engine.

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Has been the effort and focus on creating integrated frameworks that improve speed of execution and reduce friction between different components. In this direction, the plans to develop an integrated sustainable development mechanism that includes EVs, waste management systems, water conservation projects, green building technologies, energy efficient equipment, and solar power plants will be crucial in reducing the impact of climate change in the years ahead. Benefits for the EV sector there are several takeaways for the EV segment in the Union Budget. A major boost for the domestic manufacturing of EV batteries comes in the form of custom duty exemption on machinery that is imported for the purpose. Even the raw materials imported for production of nickel cathode for the batteries are going to be exempted. This would help in bringing down the high cost of batteries and make EVs more affordable in the years ahead. The FAME scheme allocation has been increased this year. Alternative clean fuels India has traditionally been a fossil fuel dependent country, and bulk of our energy needs are met by diesel, petrol and coal. Coal fired power stations produce more than half of the electricity consumed in India, and the Government is now consciously focusing on moving towards achieving greater gas component in this scheme of things. To make that happen, the government aims to increase the share of LPG LNG from the current 6 to about 15 by 2030. Hefty infrastructure investments are being planned towards that objective. Despite being a form of fossil fuels, natural gas can reduce emissions by up to a third when compared with coal, and this reduction can be a key contributor to the overall goal of reducing one billion tons of CO2 by 2030. The Union Budget has also proposed hike in funding for research and development of clean tech solutions like green hydrogen production facilities. By exempting excise duty on GST paid compress biogas containment equipment, greater adoption of biogas can also be achieved. In the same vein, 500 new waste to wealth plants are going to be built under the Galvanizing Organic Bio Agro Resources Dhan GOBARdhan scheme. The impact Analysis of these steps clearly highlights how the government is aiming to balance and sustain green growth. On the one hand, there is a lot of support for building the EV ecosystem in India, and making the country Aatmanirbhar by supporting domestic manufacturing of Lithium ion batteries for the EVs which will make these vehicles more affordable and reliable for the masses. On the other hand, there are also far reaching and smart initiatives such as research and development of green hydrogen manufacturing tech and other gas related fuel production infrastructure. This emphasis on gas economy will be crucial to smoothly facilitate the transition from fossil fuels driven economy to an emission free economy in the long term. At the same time, it will act as a bridge to ensure that India keeps reducing its emissions without compromising on its energy needs and growth.

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Plans conclusion there is no doubt that great intent and far sightedness has been demonstrated by the Budget, and it now remains to be seen how all these initiatives pan out. The follow up action on the earlier announced steps such as the implementation of final Battery Swapping Policy and relevant policy measures are expected to complete the picture for a low emissions economy that India aspires to become in the next decade or so Yoga is a spiritual practice that emphasizes finding both mental and physical balance. Yoga has many health benefits, but to fully experience them, one must also be mindful of what one eats. One emotional, spiritual, and intellectual growth during yoga practice depends heavily on their diet. There are three different types of diet, according to the Shrimad Bhagwad Geeta Tamas, Rajas, and Sattvik. Pure essence is what the word sattvik refers to. It is regarded as the purest kind of diet. They are foods that support long life, virtue, power, health, joy, and happiness. Mental wellness is essential for good health. You can get all the nourishment you need from Sattvik cuisine. The superiority of sattvik food is that it is simple to digest and, when consumed, keeps your body and mood at ease. It won affect your physical state because the food is odorless, smooth, and juicy. According to the Srimad Bhagwad Geeta, a Rajas diet ignites passion, whereas a Tamas diet causes mental drowsiness, rage, darkness, and inertia. Importance of diet discipline during Yoga practice the suggested diet during yoga is typically Sattvik and vegetarian. A vegetarian diet is recommended for yoga because it is simple to digest, keeps one healthy, and gives them energy all day. Hippocrates, the founder of modern medicine, also penned the proverb, Let food be thy medicine and medicine be thy food. Even the Srimad Bhagwad Geeta states, you are what you eat, emphasizing the importance of mindful food consumption as it influences our behavior. What we eat is inextricably linked to how we think. The truth is that our minds are made up of the most subtle components of food. How diet affects face Yoga performance you may be wondering, How does dieting impact my face yoga performance? The answer is simple a good diet is key to your success as a face yoga practitioner. Eating wholesome, natural foods in the right balance helps maintain the elasticity of facial muscles and inhibits fatty build up. Moreover, a healthy diet will provide your body with the energy it needs to tackle more difficult exercises and sustain face yoga sessions. Eating the right foods will optimize your health by providing essential vitamins, minerals antioxidants, and other essential nutrients that are vital for overall facial health. The power of face yoga can be experienced only by maintaining a diet discipline. Hence, it is of utmost importance to be mindful of what one consumes. To get the most out of your facial yoga exercises, be mindful of what you put in.

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Your body eating a variety of nutritious foods, ensuring adequate protein, fats, and carbohydrates in your diet, drinking plenty of water, and avoiding sugary drinks are all general dietary tips that will help you achieve the best possible results from facial yoga. Many Indian students choose to study abroad at some of the most prestigious universities in the world because they aspire to have a successful global career. Most recently foreign universities received the Indian government nod to set up their campuses in India. The intention is to increase access to higher education by encouraging prominent foreign higher education institutions FHEI to construct satellite campuses in India. These FHEIs should have a top 500 global ranking or a well established reputation in their native country and will only be permitted to offer physical education lessons, per the law. In accordance with other autonomous institutions of India, universities would be given special dispensation on regulatory, governance, and content criteria, according to the UGC document. Let quickly understand the reason behind this move by UGC. About 6.5 lakh Indians enrolled in foreign colleges universities in 2022 in quest of a top notch education and business training, leading to a significant outflow of more than Rs 1,300 crore to pay for their studies. UGC intends to target this share of international students by creating a possibility of creating campuses by world class universities within the reach. Some experts believe that the clause allowing prestigious foreign colleges to open campuses in India will assist Indian students who want to pursue an education abroad. Foreign universities v s studying abroad The proposed model might be crafted with good intentions in mind but unfortunately cannot substitute for studying abroad experience at international universities at this point. An international campus means more exposure With exposure to various cultures and languages, students who study abroad have an opportunity to widen their horizons and develop more cultural awareness. This exposure may result in a greater appreciation for and comprehension of the world. Since these new college model students would be primarily Indian, it will be challenging for international campuses in India to offer this exposure. Global opportunities A student who desires to study abroad will also expand their global network and have more options in the job market. Students who study abroad have the chance to interact and work with peers and professionals from all over the world, creating lasting relationships. More job opportunities may result from this, along with chances to develop one professional network and get notoriety on a global scale. Since the majority of nations grant post study work privileges, many students can obtain experience working abroad. Personal development A student life can be drastically altered by studying abroad! It entails learning about different cultures, traveling to new locations, and creating international friends. Studying abroad also enables personal growth in a way that would not be possible if one chose to remain at home. Living and traveling alone increases your sense of independence and greatly broadens.

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Exchange for stardom. Why else would they be petitioning the court to declare that the hijab is essential to Islam? If the High Court bench were to agree with them and pass such an order, would it be binding upon every Muslim woman to don the shroud? Would those Muslim women who decide to exercise their right to choose and not wear the hijab be vulnerable to threats of excommunication from fundamentalists for not being pious adherents of the word of God? Indeed, all these possibilities exist. Muslim women and Muslim moderates who have spoken out against the hijab, describing it as a medieval manacle imposed by patriarchs, need to speak up. The petitioners, who have taken it upon themselves to protect minority rights supposedly under attack from provocateurs, may have grabbed the headlines but they also risk condemning millions of Muslim women to a regressive past. A past, where the mores of modesty were determined by men and for men. There is of course also the question of precedent. Such an order could open the flood gates of regression. Not just Muslim women but all Indian women could soon find themselves at the mercy of high priests imposing misogynistic customs in the garb of essential religious practices. It is well settled in law that every religious practice need not be considered essential, especially, if it does pass the test of constitutional morality. If the worker is serious about constitutionality then it should put the progressive morality the Constitution engenders above regression. In the past decade, technology has been a transformational force for countless industries and sectors across the globe, healthcare included. We witnessed the agility and power of tech first hand during the pandemic when thousands of patients turned to telemedicine for health related services and information. Despite this progress made by technology, healthcare systems across the world remain broken and are in need of a significant overhaul. This is especially true for India where the sheer volume of patients, insufficient resources and vast geographical expanse pose major challenges to healthcare delivery. However, digitisation and technologies such as AI and Machine Learning offer great promise when it comes to reshaping the sector. Keeping this in mind, below are the top five developments to watch out for in Indian healthcare. Care management and coordination: The current healthcare system is a disjointed one with healthcare providers, payers and patients operating in silos. This is leading to a lack of information transparency and overall accountability of care, thereby creating a trust deficit. For example, when a patient is in the hospital, there are thorough medical records that are in place, however, post visit, there is no standard data collection mechanism to track patient health. Although there are scores of apps in the market that function in the healthcare space, most of them focus on delivering and pushing for higher utilisation of services. We are, thus, in need of holistic or comprehensive care management pathways that can help coordinate care with the network.

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Your perspective of the world. You can pick up new languages while traveling the world, which is achievable on the campuses built up by international universities in India. Networking Building useful connections with people from around the world is much easier when you study abroad. You have the chance to meet people who might become lifelong friends while expanding your network internationally. Even employment prospects like internships, job offers, and business partners can result from certain connections. Life experience of its kind Exactly why should one pursue an international education? This may be the only chance most students ever get to spend a significant amount of time overseas. Take advantage of the chance to travel the world without commitments in order to study and discover different cultures. The experience of studying abroad is unmatched. Summing up As per the announcement if foreign universities set up campuses in India, it will primarily help students who wish to study there since they will have more college and course alternatives to pick from. But students looking for truly global opportunities will continue to target higher education in foreign lands. Micro, Small, and Medium Enterprises s are the backbone of any economy. They make a significant contribution to job creation, income generation, and economic growth. These are known to create more employment opportunities compared to larger enterprises, particularly in rural areas, and provide self-employment opportunities to individuals who may otherwise struggle to find work. Moreover, s are also essential sources of economic growth, contributing significantly to the country gross domestic product GDP. Furthermore, there are an estimated 26 million micro and small businesses s in the country, and these companies employ an estimated 60 million people. Thus, the lack of timely availability of credit at reasonable interest rates is one of the greatest problems s face. The banks high risk perception when lending to s and their consequent emphasis on collateral that is challenging to come by with these enterprises are two of the key reasons limiting the availability of bank financing for this market. The concern is especially important for first generation business owners and small companies. Importance of s In addition to the economic contributions, s play a crucial role in promoting innovation, decentralizing economic activity, and boosting local development. They are often more flexible and dynamic than larger enterprises and can quickly adapt to changing market conditions, making them essential sources of new ideas and innovation. s can help spread economic activity across a wider geographical area, reducing the concentration of wealth and economic power in a few cities. Additionally, they promote entrepreneurship by providing opportunities for people to start and grow their own businesses and stimulate local economic development by providing goods and services to the local community and creating jobs. Overall, s play a vital role in driving economic growth, promoting entrepreneurship, and creating employment opportunities. According to IBEF, s represent over 40 of India total exports, 6.11 of the manufacturing sector GDP, and 24.63 of the services sector.

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Of patients, hospitals, and payers in order to optimise patient care and develop more value based healthcare models. Personalisation of care: From genetic makeup to environmental factors, our health is dependent on myriad factors. Hence, we need systems that can factor in these multiple data points in order to build personalised healthcare plans for each person. Backend systems that are powered by AI/ML models have the power to do this. Take for instance, the needs of a patient with diabetes v/s someone with diabetes, high cholesterol and hypertension. It is clear that the person with three chronic conditions should be classified as a complex patient who will need continuous health monitoring with more frequent touch points. Holistic health care systems that leverage the power of tech and data have the ability to offer personalised medical care, allowing more need based hospitalisations, improved patient satisfaction, and less stress for payers a win win situation for all stakeholders involved. Transforming Healthcare Providers: At present, hospitals work to expand their capacity and drive up revenue by increasing their footfalls i.e. dispensing more healthcare services. However, with staffing shortages and poor patient experience plaguing hospitals, this may not be the best model for the future. In order to maximise revenue without necessarily increasing capacity, there is a need for comprehensive and alternative care delivery mechanisms to be put in place. In essence, holistic care mechanisms categorise patients based on risk: as high, moderate and low. In hospitals today, it is mostly the low to moderate risk patients that flood the hallways and to manage this cohort of patients who contribute to the hospital revenue in rather small amounts there is a large number of hospital staff involved. In the future, such patients can be shifted to a remote care model whereby most of their healthcare can be dispensed via home visits and tale video consultations. This way, hospitals have the liberty to free up and rearrange/divert their resources towards managing high risk patients in a more effective manner without compromising the patient experience. Whole Patient Approach: Care Management entities need to recalibrate their current approach that revolves around managing a patient for a single disease/condition. There has to be a whole patient approach to a patient health that takes into consideration what the WHO calls the social determinants of health (SDOH), i.e. information related to where a person is born, what they eat, where they work, what local air pollution levels are they exposed to and/or whether they have access to safe housing and a stable income. These factors in addition to the clinical inputs play a major role in personalising the whole patient care management plan that addresses the compliance checks in a holistic manner. Continuous education and awareness: Better healthcare requires relentless commitment from all those involved, this includes patients and their attitudes towards healthcare. In order to optimise outcomes, care coordinators and managers need to be at the heart of a communication network that continuously follows up and educates patients post.

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Same time, there will be cost saving from their no displacement from native places. Ostensibly, given no overhead expenditure on students, repeatability in the usage of learning content, a lesser requirement of course instructors, the institutions will be spending less on online education. Consequently, the cost of digital education must be significantly lesser than campus based regular education. Therefore, the conceptualization and execution of formal online education and freshly ideated digital University in the country must take care of genuine concerns on the standard of education, integrity of processes, ease of reaching out to the target audience, and minimal cost of education. Approbating virtualization of higher education is a double edged sword and embedded with conflict between managing quantity and quality. There is a candidate from a political party who cannot by law be named in the media yet she has been widely identified in the news. An Unna poll candidate, who will face voters on February 23, in the fourth phase of UP polls, is the mother of a victim of sexual assault whose father was killed in police custody allegedly by her attacker, a BJP MLA, goons. As things stand, according to Section 228A(2) of the Indian Penal Code, no victim of any sexual crime, or any person associated with the victim, can be identified in any fore. Breaking the law can attract two years in prison apart from a fine. The sensitivity and strictness with which the Supreme Court views not only naming of victims but also any reference that could identify the victim, was reiterated by a Supreme Court bench of Justices Madam B Looker and Deepak Gupta in their judgment in a sexual assault case in 2018. The judgment said, No person can print or publish in print, electronic, social media, etc. the name of the victim or even in a remote manner disclose any facts which can lead to the victim being identified and which should make her identity known to the public at large. The justices reasoned that Nirbhaya became a symbol of protest without her name being in the public arena. A blanket ban is well intentioned, and in many cases must be upheld in full, but it is necessary to note that of late many women have chosen to not keep their identities under wraps over fears of harassment and discrimination. Among the first who spoke up was the victim survivor in Kolkata Park street case. Assaulted in 2012, she revealed her identity in 2013 as she marched to protest crimes against women. In the latest instance, a Kerala actor has revealed her identity after pursuing justice for four years, where she has accused a popular Malayalam actor of hiring goons to sexually assault her and record the crime. In recent years, notwithstanding the emotional and cathartic outrage and changes in law that followed the Nirbhaya case of 2012, gruesome crimes of multiple men assaulting a woman Badaun, Hyderabad, Hathras, Unnao to name a few have continued. Convictions remain low NCRB.

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Hospitalization and physician visits. Thus, tech based independent monitoring tools and AI ML driven data management systems hold immense potential to actualise this vision of a new healthcare ecosystem one where patients, healthcare providers and payers work in synergy to improve outcomes for all those involved. Recent pronouncement to set a Digital University to impart world class quality education is likely to kick off a paradigm shift in the higher education of the country which boasts of successful Gurukuls and Ashrams for residential education in ancient times. However, the legitimization of digital education had nucleated sometimes back with UGC (Open and Distance Learning Programmes and Online Programmes) Regulations, 2020 coming into force. Though it may not be possible to critically evaluate the novel concept till the envisaged University becomes functional, but macro level introspection is quite possible. Undoubtedly, the digital access to seek education in virtual mode may liberate higher education from the brick and mortar campuses of institutions to a certain extent. Thence the principal issues of accessibility, quality, and cost of education in the incipient digital university and fast pervading online education culture need guesstimated. Assessing Accessibility It is ubiquitous that the Covid induced disruption of education started profuse offering of online education. During the lockdown, the barrier free ingress through the internet came as a saviour, and information technology helped in continuing education activities. Nevertheless, the digital divide and socio economic condition of our society remained a deterrent to effective education delivery for all, and deprivation of students from the poor financial background cannot be ruled out. Since then, there has been an exponential increase in the use of online interaction platforms for meetings, discussions, presentations, evaluations, services, etc. This infused confidence and taboo of remote interactions using virtual platforms went to hindquarters. It is worth mentioning that the country already had conceptualized and set up central open University (IGNOU) and similar open Universities in many states for imparting education in distance mode without any restrictions of age, place, etc. Open Universities addressed the larger issue of accessibility of higher education with meagre reliance on digital interactions and tendered a wide range of study diploma/degree programmes in distance mode at the doorstep. Howbeit, open Universities can be enriched by increasing the diversity of programs offered in all domains. Considering the option of distance mode of education, the accessibility of education does not seem concerning even today. Yet, the National Education Policy 2020 calling for raising the current gross enrolment ratio of 27.1 to 50 in higher education by the year 2035 necessitates significant capacity building. Higher education in the digital framework will certainly be offering universal education without dislocation, provided the concerned learners are equipped for digital learning. This in turn means that there has to be good internet bandwidth, computers, laptops, electricity, etc. for uninterrupted participation in educational activities. Unfortunately, the country has a significant digital divide and limitations like flawless internet connectivity, lack of computers, inadequate electricity, etc. are still visible and the digital education.

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Putin two-day visit to the People Republic of China's has aroused a lot of interest in the strategic community world over as he along with Xi Jinping signed a Joint Statement of the People Republic of China and the Russian Federation on Deepening the Comprehensive Strategic Partnership of Coordination for the New Era in the Context of the 75th Anniversary of China-Russia Diplomatic Relations. This is Putin first trip after his fifth term started signifying a continued strong relationship between the two countries. Since the Ukraine-Russia conflict started, while the West-led by the US imposed sanctions, the Russia-China friendship became stronger. It has implications for other countries including India, hence an objective view is relevant. The joint statement reflects continuing cooperation between the two countries. Putin responding to a question by Xinhua's why he had decided to visit the PRC, said that the ties between Moscow and Beijing have reached an unprecedented level of strategic partnership. However, Putin visit can also be seen as a reciprocal visit. Xi after his third term started, visited Moscow first. Putin mentioned in his media statement that it was natural for him to reciprocate. The two leaders pledged that Russia and China would work more closely in critical sectors like energy, space, and the military. The ongoing peaceful cooperation in the nuclear field was noted. Rosatom is building power units of Russian design at the Tianwan NPP and the Xudapu NPP in the PRC. Their criticism was directed against the US for having the Cold War mentality and creating narrow groups which create a security threat to all countries. The US was painted as a destabilising aggressor, reflecting their strategic congruence on the US approach. Putin visit to the Harbin Institute, known for its research on rockets, missiles and space technology received attention. As Russia currently needs a robust military-industrial complex, this institute research can be of great use to Russia. The two leaders expressed support for the resolution of the Ukraine issue politically. Xi stressed the political resolution of the Ukraine issue while taking into consideration their reasonable security concerns. The PRC claims neutrality on Ukraine and assured earlier that no lethal weapon will be supplied to Russia. However, the US states that dual-use items are being continuously supplied by the PRC. Crucially, there was no public commitment to new projects, notwithstanding the joint statement stating that several milestone intergovernmental and interagency documents were signed. There was no mention on the progress on a planned new gas pipeline from China into Russia, known as Power of Siberia 2, though Putin stated that both sides have an interest in it. Russia desires this to operationalise at the earliest, while Beijing is widely seen as hesitating on this deal. The two leaders pledge to jointly promote the implementation of large-scale energy projects, while upping energy cooperation across oil, liquified natural gas, natural gas, coal, and electricity, appeared more of rhetoric rather than a concrete plan in these fields. There are other issues on which the two countries have differences. The PRC increasing its footprint in Central Asia is not in the Russian interests. The aggressive acts of the PRC in its periphery do not have Russian approval as they affect its friendly nations. In Central Asia, the PRC increasing presence too is not in the Russian inter

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Level remains more or less at the level of 2022, when no limit friendship was declared. Their vow to deepen their strategic partnership was aimed at the US, which is supporting Ukraine and Israel. Their stridency was noticeable and the new era suggests that their focus will be on countering the US. This raises the question of whether there will be a change in Russia bilateral relations with other countries or not. The Ukraine-Russia war has continued for more than two years and Russia relations with other friendly countries remained stable. Russia maintained relations with India despite the Indian PM telling Putin that this is not an era of war and maintaining a neutral stand on the Ukraine crisis. India continues to import oil from Russia and refine it for export. Incidentally, even the US has admitted that this has stabilised the oil prices. Similarly, Russia relations with the ASEAN countries witnessed no change. How it can change the PRC approach is worrisome. The continuation of the Ukraine crisis and the Israel-Hamas war is in the PRC interest. While the PRC current level of support to Russia will continue, the former avoids attracting the US sanctions as far as possible. Transactions related to Russia are receiving heightened scrutiny from the Chinese banks. The focus of the world remains on these crises and allows the PRC to pursue its dream of expansion more vigorously in its periphery and increase its footprint in Central Asia. The close Sino-Pak relations remain a cause for concern. India and other countries in the region must remain vigilant about the possible increase in the PRC aggressive and hostile acts. The South China Sea (SCS) is already witnessing increased PRC acts despite the squad formation of the US, Japan, the Philippines, and Australia. Taiwan may face heightened aggressive approach of the PRC. On the LAC, there is no progress and the situation remains tense. India should remain on alert for possible attempts for its creeping advance. This underscores the need to continue with the current strategy of dissuasive deterrence that demands keeping the strategic forward points under fail-safe surveillance and domination. Besides, increased footprint of the PRC in Central Asia is not in India interest and demands the intensification of our efforts to enhance our engagement with this region. Galleria Continua and DIOR come together at, Venice Fortuny Museum to unveil the brilliant French artist and installation genius, Eva Jospin who is drawing in the crowds with her stellar unveiling at the Venice Biennale 2024 .In a choreography of wooden wonders, textured rope like sensorial frames Jospin Selva, creates an aesthetic insignia of methodological affinities and it is nature that hums the poetics of her interpretation. Curator Chiara Squaring, Scientific Director, Fondazione Musei Civici di Venezia says Eva Jospin, a refined and visionary artist, brings her ingenious talent to Palazzo Fortuny. Complemented by her distinctive perception of space, she generates settings out of a highly personal repertoire of images. Selva conveys an evocative mingling of naturalism and artifice, real landscapes and those of memory, truth and illusion, history and myth, sensible and subconscious experience. Poor materials and environmental context Jospin uses poor materials she uses cardboard, plant-based elements and fibers, metal portions, and fabric to give life to plastic compositions, of monumental volume. Her quest is to create scenic

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Today, with the rise of AI and automation, the returns to human intellect have only intensified. Historically, regions that clustered hard-working, creative, and ambitious individuals have achieved sustained high growth: Western Europe during the Enlightenment, the US through much of the 20th and 21st centuries, and more recently, parts of China. Today, India has a rare opening created by the Trump administration's curbs on high-skilled immigration. India's leaders should seize this moment and marshal every resource to attract top talent. The indirect, economy-wide effects of fostering an ecosystem of high-performing individuals are enormous. Consider a simple anecdote. On a trip to Darjeeling, we met Dinesh, a skilled driver who navigates hilly terrain almost instinctively. His work involves long, irregular hours, hazardous weather, and dangerous roads. Yet his earnings are modest. In contrast, in Hyderabad, Harish does short family trips and food deliveries in his spare time. He works fewer hours in safer conditions yet earns several times more than Dinesh. The disparity stems from the local ecosystem and not their skill difference. Hyderabad is home to innovators, entrepreneurs, and high-earning professionals whose spending power sustains higher wages in ancillary jobs. Darjeeling, reliant on tourism and oversupplied with drivers, cannot generate similar demand. As Enrico Moretti of UC Berkeley shows in 'The New Geography of Jobs', more than two-thirds of people work in non-tradable sectors sectors whose products must be consumed locally like drivers, barbers, etc. Their incomes are determined by the local ecosystem. Take Apple. Though most of its manufacturing and assembly happens abroad, its core activities product design, software development, and strategy remain concentrated in the US. These innovation-driven roles command far higher wages and capture the bulk of profits. The spending power of these employees circulates through American cities, fuelling demand for restaurants, schools, gyms, and drivers. Thus, even though Apple employs relatively few people directly in innovation, it indirectly generates far more jobs in the US than in countries where its devices are assembled. The lesson is clear: the real impact of high-end firms lies not just in whom they directly employ, but in the secondary jobs they create. Moretti quantifies this multiplier: in the US, each new manufacturing job creates about 1. 6 additional local jobs. For a skilled job in the tradable high-tech sector, the multiplier rises to 2. 5. In cutting-edge innovation industries, each new job generates nearly 4. 9 local jobs. Innovation thus ripples outward supporting restaurants, healthcare, schools, shops, and transport on a scale traditional manufacturing rarely matches None of this implies that India should ignore low-value manufacturing, especially given the underlying geopolitical risks. But Viksit Bharat will remain a slogan unless the country shifts from 'Make in India' to 'Innovate in India.' Beyond job creation, innovation advances India's strategic goal of atmanirbharta self-reliance by reducing dependence on others for critical technologies. In short, backing innovation is both sound economics and smart geopolitics. Top-end innovation depends on attracting the very best human capital. Building more IITs or modestly raising PhD stipends, while worthwhile, will not move the needle. What India needs is a handful of superstars. Research output follows Lotk

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The structural instinct in India has long been to take incremental steps and spread resources thin, but that approach is doomed in cutting-edge domains like AI. Rather than raising stipends across the board, the smarter move is to attract the ten best computer scientists in AI and let them train hundreds of PhDs. Why else would Meta be paying hundreds of millions of dollars to a few AI superstars? Talent gravitates to places like Silicon Valley or Bengaluru not just for money, but because that is where like-minded, ambitious, and creative people gather. Chance meetings, sharp debates, and serendipitous collaborations generate the intellectual energy that drives entire fields forward. What the government must provide are strong incentives, intellectual freedom, and world-class civic amenities. Incentives could entail inviting global universities to launch and operate freely in India without regulatory and taxation-related challenges, and providing civic amenities like townships with clean air, water, quality schools, and open spaces. Free the best minds from the drudgery of everyday constraints, and their collective force will be unstoppable. The ask is rather tiny, but the stakes are high This piece appeared as an editorial opinion in the print edition of The Times of India. 'Centrism isn't nostalgia, it is survival' Rethinking stray dogs: From crisis to opportunity Despite strong public health concerns and repeated judicial diktats, Delhi NCR has failed to implement not only the absolute ban on firecrackers, but also the rules restricting their use. Public resistance has clearly weakened the Once again, it is the season for the clustered diplomatic marathon, with ASEAN and East Asia Summits kicking off in Kuala Lumpur KL from Sunday. As southeast Asia struggles to manage great-power competition, and cope In a change in tactics to end the Russia-Ukraine war, US has blacklisted two Russian oil majors Lukoil and Rosneft. This is designed to prevent foreign purchases of Russian oil, including by India and China, Last week I was in Dhaka, and my friend said to me, I have to take you to the park of the Instagram boyfriends! Off we went to one of the city's grander parks, with In imposing direct sanctions on two of Russia's largest oil exporters, Rosneft and Lukoil, Trump seems to have changed his mind on Putin. After months of holding out incentives to get Russia to end its It can look like garbage and act like garbage but litter is something different garbage placed where it shouldn't be. As popular as this activity is among us Indians we were aghast to learn Artificial intelligence entrepreneur and neuroscience researcher Max Bennett has a fascinating thesis in A Brief History of Intelligence: Why The Evolution Of The Brain Holds The Key To The Future Of AI understanding how biological intelligence evolved can By Narayani Ganesh Waternamah,a collection of articles on water edited by Bachi Karkaria, pays tribute to 300 years of Mumbai's Bhikha Behram Well, which has yielded pure, sweet water to the city's residents. Waternamah is Biharis who migrate for work remain embedded in caste, class networks of home. Parties tailor their messaging accordingly. And whether a migrant votes depends on his/her ability to absorb income loss from work foregone. And Union commerce minister argues India's trade pact with Switzerland, Norway, Iceland, and Liechtenstein is a game changer in terms of attracting foreign capital India has unlocked another gateway

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Same time, there will be cost saving from their no displacement from native places. Ostensibly, given no overhead expenditure on students, repeatability in the usage of learning content, a lesser requirement of course instructors, the institutions will be spending less on online education. Consequently, the cost of digital education must be significantly lesser than campus based regular education. Therefore, the conceptualization and execution of formal online education and freshly ideated digital University in the country must take care of genuine concerns on the standard of education, integrity of processes, ease of reaching out to the target audience, and minimal cost of education. Approbating virtualization of higher education is a double edged sword and embedded with conflict between managing quantity and quality. There is a candidate from a political party who cannot by law be named in the media yet she has been widely identified in the news. An Unna poll candidate, who will face voters on February 23, in the fourth phase of UP polls, is the mother of a victim of sexual assault whose father was killed in police custody allegedly by her attacker, a BJP MLA, goons. As things stand, according to Section 228A(2) of the Indian Penal Code, no victim of any sexual crime, or any person associated with the victim, can be identified in any fore. Breaking the law can attract two years in prison apart from a fine. The sensitivity and strictness with which the Supreme Court views not only naming of victims but also any reference that could identify the victim, was reiterated by a Supreme Court bench of Justices Madam B Looker and Deepak Gupta in their judgment in a sexual assault case in 2018. The judgment said, No person can print or publish in print, electronic, social media, etc. the name of the victim or even in a remote manner disclose any facts which can lead to the victim being identified and which should make her identity known to the public at large. The justices reasoned that Nirbhaya became a symbol of protest without her name being in the public arena. A blanket ban is well intentioned, and in many cases must be upheld in full, but it is necessary to note that of late many women have chosen to not keep their identities under wraps over fears of harassment and discrimination. Among the first who spoke up was the victim survivor in Kolkata Park street case. Assaulted in 2012, she revealed her identity in 2013 as she marched to protest crimes against women. In the latest instance, a Kerala actor has revealed her identity after pursuing justice for four years, where she has accused a popular Malayalam actor of hiring goons to sexually assault her and record the crime. In recent years, notwithstanding the emotional and cathartic outrage and changes in law that followed the Nirbhaya case of 2012, gruesome crimes of multiple men assaulting a woman Badaun, Hyderabad, Hathras, Unnao to name a few have continued. Convictions remain low NCRB.

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Soon after the geopolitical situation in Ukraine worsened, the Indian basket of crude touched $97 a barrel. The effect will be felt in days to come. On paper, India shifted to daily pricing of petrol and diesel in 2017. However, there price inertia as elections approach. Consequently, retail fuel prices will start rising in March to compensate for weeks of stasis. This, when private consumption has caught up to pre pandemic level. Therefore, Go should reduce its fuel taxes immediately to offset the impact of the recent increase in the cost of crude. Doing so will synchronise fiscal policy to an evolving global scenario. The period between 2014 15 and 2020 21 was marked by a moderation in the price of crude oil. Go used that phase to increase fuel taxes, thereby, capturing most of the benefits. Between FY 15 and FY 21 Go collected about Rest 16.7 lakh core through excise duty on petroleum products. Moreover, most of it was retained by Go as an increasing proportion of the duty was reclassified as chess to keep it out of the divisible pool that is shared with states. Therefore, it Go that today has the fiscal cushion to lower fuel taxes and hold up private consumption. The economic recovery over the last few quarters has been uneven. Contact intensive sectors haven fully recovered and employment data points to a relative increase in the proportion of jobs in the informal sector. In India, around 80 of every 100 passenger vehicles sold are entry level two wheelers, running on petrol. Therefore, fuel price increases take a toll on a vulnerable segment of the population that is already feeling the pinch of elevated inflation in articles other than food and fuel. A reallocation of household budgets to deal with higher fuel prices will keep consumption weak and undermine an important premise of a growth oriented Budget. Go did well in November to lower taxes on petrol and diesel by Rest 5 and Rest 10 respectively. But it remains high at Rest 27.9 for petrol and Rest 21.8 for diesel. There room to reduce them further as the Budget was conservative in revenue estimates. Gross tax collection for FY 23 is expected to increase by 9.6% to Rest 27.6 lakh core, a level lower than the 11.1% growth in nominal GDP which is the foundation of the Budget. That prudence has now left go with the space to slash fuel taxes and insulate the economy from Ukraine impact on energy markets. Nine months after winning the Tamil Nadu assembly elections, DMK has pushed AIADMK further to the back foot in urban local body polls, potentially strengthening chief minister MK Stalin hand in national politics. DMK landslide victory in all the corporations and a majority of municipalities and town Panchayati could trigger more churning in AIADMK, now run in a collegial style by former CMs EK Palaniswami and O Panneerselvam. Unlike AIADMK, which junked allies who had helped it perform creditably in defeat last year.

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The governing DMK carried its partners like Congress and Left parties along to notch an even bigger victory. For Congress, which piggybacked on DMK to third position national rival BJP got attention by contesting alone and earning some wins in 28 of the state 38 districts the TN electorate reaffirmation of Stalin will be a welcome development nationally. Recall that it was Maharashtra ally Shiv Sena that had objected to Bengal CM Mamata Banerjee desire to build a coalition of anti BJP parties without Congress. A strongly placed Stalin will have to be heeded and he is unlikely to be enthusiastic about excluding a key local ally like Congress in pan Indian political alliances. In all hung Lok Sabhas since 1989, TN with its 39 MPs has been crucial in government formation. DMK joined ministries in 1989, 1996, 1999, 2004 and 2009 while AIADMK support mattered in 1991 and 1998. AB Vajpayee failure to retain DMK in NDA in 2003 and BJP mistimed pre poll alliance with AIADMK both were blanked out in 2004 helped UPA rise. So even as it targets a long term strategy to increase its footprint in TN, BJP will be worried about erosion in AIADMK popularity, since every big state counts in 2024 national polls. But in politics, no alliances are permanent. Will Stalin join other CMs like KCR, Mamata and Uddhav in federal front talks or pull a Dravidian surprise What is likely to happen if, after all the protests and legal battles, Muslim women in Karnataka are not allowed to wear the hijab in educational institutions Will they give up their veils, put coconut oil in their hair, tie red ribbons at the ends of their braids and happily assimilate into New India Unlikely. There is every possibility that if and when the hijab is banned, many of these women will find fewer reasons to leave their homes in Muslim ghettos where access to a fast changing modern world is often limited. Maharashtra is among the poll bound states but the state of its politics is as much of a finger pointing, thou, mean, blame shame arena as those in the throes of the electoral dice. In the latest slugfest, BMC is inspecting Narayan Rane for building rules violations, and the Union minister has responded with a tweet about imminent ED notices against the Thackerays. The state BJP president Chandrakant Patil despaired that the political war of words has become a chivda, and it is now difficult to correct. Indeed it would be painstaking to separate the basic fried pooh from the plethora of stuff bunged into it. The analogy has displaced the conventional comparison, khichri, which is not just more difficult but impossible to deconstruct. Despite their common party, Chandrakant bhau might get a tight snack from the neighbouring state for appropriating chivda. Gujaratis claim the GI tag on what they call chevdo. Indeed, that diaspora can take credit for spreading it across the globe, aided by chevdo own portability and open.

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Door policy on ingredients. The closed door one of Idi Amin also helped. Vikram Doctor Reports that even the Queen of England is hooked on what Lord Noon (perfidiously) popularised as Bombay Mix; the pretender Duke of Delhi has a version with Choco chunks. Indeed, in the poet Khabardar iconic Jyan vasey ek Gujarati, tyan sadakal Gujarat, you could easily replace Gujarat with chevdo. The moongphalli might be the ruling Swadeshi Munch, but the chivda chevdo offers a lesson to our lofty netas. It is admirably inclusive, and not only in the add ons. The conventional pooh makes way for corn, saboodana, potato straws, yam sticks for those who fast, quinoa for those who diet. You name it, you can chevdo it. In this, it is like the consummate neta, bohuroopee in its quick change artistry. There another political analogy. The Bengali metaphor, chirey chapta to get as flattened in a crowd, like a rice flake fits the cram of candidates in each constituency. By whatever name, this diverse crunchy munchies rules. Cry your heart out, Mahagathiabandhan. A wife and mother of four children sighed as she faced the kitchen sink after dinner. It was overflowing with dirty dishes which she had to wash, dry and put away. Suddenly, she remembered the lines she had heard as a child: thank God for dirty dishes, they have a tale to tell: While other folks go hungry, we are eating pretty well. With home and health and happiness, we should want to fuss; for by this stack of evidence, God is very good to us. Count your blessings and thank God for every living moment, for God generosity to you is infinite. Why should I be grateful Most of us would agree that complaining and criticizing can make life bitter and sour, while being grateful makes us positive, happy and optimistic; it helps us see the bright side of life? It teaches us the art of appreciation. Some experts believe that we lack the spirit of gratitude because we take things for granted. The street urchin into whose hands you drop a packet of biscuits looks up at you with a smile. He has known what it is to be hungry. He knows the value of those biscuits. What do we do when someone takes the trouble to shop and plan and cook and clean, so that a plate of hot food is put before us at regular intervals We make faces and complain that the dish is either too spicy or not spicy enough; that it is boring; it is not our favorite recipe that has been served; and that the vegetables on the plate are not the ones we like. Maybe we need to go without the things we take for granted, to be able to appreciate what we have. Now give me one good reason why we should allow ourselves to go through a loss just to realise the value of what we already have When you become aware.

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Of all that you have to be grateful for, when you actually begin to count your blessings, you will be overwhelmed with gratitude for all that God has bestowed on you so unstintingly. Your peaceful sleep, your loved ones whose dearest wish is just to see you happy, your friends who add value to your life, your good health which you utterly fail to appreciate until you fall ill, the fresh air and sunlight around you, the marvels of technology which have made your life so easy, society and community which let you live in peace and order where would you be without them all Let us thank God for sorrow it teaches us pity and compassion. Let us thank God for pain and illness we learn forbearance and patience. Let us thank God for friends who let us down and hurt us for we learn the divine quality of forgiveness therefrom. Let us thank God for suffering it teaches us courage. Let us thank God for disappointments for they teach us to be ready for His appointment! When we thank the Lord all the time, we build for ourselves a ladder of consciousness on which we can climb and touch the very pinnacle of peace. IVF treatment is an advanced method and a blessing in disguise for couples who have been facing infertility for years. Now it is getting more common than in earlier times. But still, it is a scary and doubtful treatment for many infertile couples. IVF is an assisted technology that assists couples in egg fertilization, which happens outside the body (in vitro), and the rest of the procedure of conceiving happens inside the womb or uterus in the same way that it happens in a natural pregnancy. Still, certain roadblocks stop couples from opting for IVF treatment. These are as follows: In India, most couples think that babies born with the help of IVF treatment are usually abnormal or born with some genetic defect. But now, due to increasing popularity and awareness, people are becoming more aware that no such abnormality arises in the fetus from the IVF procedure. And the chances of abnormality are almost the same as in natural conception. Decision dependency in many Indian families, choices concerning what treatment to take are as yet taken by elderly people rather than the actual couple. Numerous more conservative extended family members are actually involved in decision making. Concern related to hormonal therapy another concern is the medication given during the IVF treatment. Women are scared of hormonal medications and their unfavorable impacts on health and weight. They are unaware that hormonal medications are as similar as the natural ones that the body creates typically and that these get metabolized. Some people also think that such hormonal injections during IVF may cause malignant ovarian tumors. However, it has also been proven wrong by many clinical studies, but people still have misconceptions regarding IVF treatment. Doubts on treatment success some people also doubt the success of.

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Despite their significance has been facing several challenges such as access to finance, lack of technology, and limited market access. To help s overcome various finance related challenges, the government of India has launched several schemes and initiatives over the years The Credit Guarantee Scheme CGS was established to enhance the delivery of credit, make it simpler for credit to reach the sector, provide access to capital for the underprivileged and unnerved, and increase the amount of capital from conventional lenders available to new generations of large corporations. In order to strengthen the credit delivery system and facilitate the flow of credit to the sector, the Ministry of Micro, Small & Medium Businesses, Government of India, developed the Credit Guarantee Scheme CGS. To operationalize the scheme, Government of India and SIDBI set up the Credit Guarantee Fund Trust for Micro and Small Enterprises. This scheme was formally launched on August 30, 2000 and became operational with effect from 1st January 2000. Since has undergone significant transformations in order to expand the reach of its programs to untapped markets such as partial collateralized loans, retail trade, and among untapped lenders such as small financing banks, and scheduled cooperative banks. Moreover, it is crucial to provide bank loans without such risks of collateral or third party guarantees to help first generation entrepreneurs achieve their dream of establishing a Micro and Small Enterprise. As per reports during the Financial Year 2020 21, 8.36 lakh guarantees have been approved for an amount of Rs. 36,954 crore. With the increased focus on lending has seen many transformative reforms since 2017 to expand the scope of its schemes to uncovered segments like Partial collateralized loans, Retail Trade and amongst uncovered lenders like and Small Finance Banks and Scheduled Co Operative Bank. Benefits of Government Schemes Access to finance One of the biggest challenges faced by is access to finance. To address this issue, the government has launched several schemes such as the Pradhan Mantri Mudra Yojna for helping startups Prime Minister Employment Loan Scheme for supporting Self Help Groups, Institutions registered under Societies Registration Act 1860 and Production Cooperative Societies and Credit Linked Capital Subsidy Scheme for supporting Micro and Small Enterprises. Under small and micro enterprises can avail loans up to 10 lakhs for their businesses, while the Prime Minister Employment Loan Scheme provides collateral free loans up to Rs. 2 crores to micro and small enterprises The scheme provides capital subsidies to for technology up gradation. Credit Guarantee and Support often find it difficult to secure loans from financial institutions due to the lack of collateral. The National Credit Guarantee Trust Company NCGTC scheme provides a partial credit guarantee to financial institutions for loans extended to s. This helps s secure loans at lower interest rates, which they can use to grow their businesses. Government schemes in the sector provide credit support to small businesses that wish to expand their operations. Moreover, access to credit helps s to improve their production capabilities and enhance.

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The fact that urbanisation and the rise of cities have drawn many rural populations to the cities. The prominence of the village in Indian society since long can be gauged from the several village studies conducted in the 1950s and 1960s to provide insight into the rural society. These studies help us understand the role of the village as a social unit. The Indian village has been researched for decades, even by many Western experts. Furthermore, once the Europeans took possession of India, the mainstream narrative was that the country was made up of homogenous, self-sufficient village republics. India was perceived operationally by the British as a village based country, predominantly made up of rural communities that were independent and self-sufficient. Later researchers on Indian villages were influenced by James Mill and Charles Metcalfe writings and their conception of the Indian village society. Metcalfe in 1810 wrote the Indian village communities were little republics, having nearly everything they wanted within themselves and almost independent of foreign relations. They seemed to last where nothing else lasted. Dynasty after dynasty tumbled down; revolutions succeeded but the village community remained the same. Prior to this, Thomas Munro who later also became the Governor of Madras in 1806 wrote about the Indian village as a little republic and India as a mass of such republics. In the colonial writings, the Indian village was a self-sufficient community and had everything within its periphery. Our villages reflected the simplicity and social harmony of the 5000 year old continuous civilization. Many Indian nationalists wrote extensively on this idea of Indian villages. For Gandhi ji, India soul lived in her villages. He imagined that every village could be a republic or panchayat:self sustained and capable of managing its own affairs which is the essence of the idea of Gram Swaraj. The exchange of ideas between Gandhi and Jawaharlal Nehru on this topic makes for an interesting read. In a reply to a letter written by Mahatma Gandhi on 5th October 1945, Nehru expressed his views on rural areas and villages. Gandhi wrote, I am convinced that if India is to attain true freedom and through India the world also, then sooner or later the fact must be recognised that people have to live in villages, not in towns, in huts, not in palaces. Crores of people will never be able to live in peace with each other in towns and palaces. They will then have no recourse but to resort to both violence and untruth. I hold that without truth and nonviolence there can be nothing but destruction for humanity. We can realise truth and non-violence only in the simplicity of village life. Jawaharlal Nehru, in his reply to Bapu letter, wrote, The whole question is how to achieve this society and what its content should be. I do not understand why a village should necessarily embody truth and nonviolence. A village, normally speaking, is backward intellectually and culturally and no progress can be made from a backward.

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Their competitiveness, leading to increased profitability and long term sustainability. Increase in Livelihood and Self Employment Government schemes in the sector provide a significant boost to increase livelihood and self-employment opportunities. The sector is a significant source of employment and self-employment in India. 633.9 lakh s are estimated to exist in India. The Micro sector covers lakh enterprises, which accounts for 99 of the country total number of. The Small sector comprises of totals. As per data indicated in the Udyam Portal of the Ministry of people were employed by registered on the portal in FY-22. The government schemes provide financial assistance, skill development and marketing assistance, among other benefits, which help to expand their business operations and create more jobs. This, in turn, leads to an increase in livelihood opportunities for individuals and families, especially in rural areas. Support to make in India initiative this initiative aims to make India a global manufacturing hub. The sector plays a critical role in achieving this objective, as it comprises a significant proportion of India manufacturing industry. The government schemes provide financial assistance, technology up gradation, and infrastructure development, among other benefits, which help us to enhance their production capabilities and compete in the global market. These schemes also encourage entrepreneurship, innovation, and skill development, which are essential for the success of the Make in India initiative. Final Takeaway! The government has launched several schemes and initiatives to support s and help them overcome the challenges they face. s can benefit from these schemes by availing loans, accessing technology and marketing support, participating in export promotion initiatives, and securing loans at lower interest rates. However, need to stay updated on the latest government schemes. Additionally, providing bank finance without the difficulties of collaterals or third party guarantees would be a significant source of assistance to first generation entrepreneurs in realizing their desire of establishing a unit of their own. With this goal in mind, the Ministry of Micro, Small, and Medium Enterprises Government of India, developed the Credit Guarantee Scheme to strengthen the credit delivery system and facilitate credit flow to the sector. Moreover, to put the policy into action, the Government of India and established the Credit Guarantee Fund Trust for Micro and Small schemes have already benefitted the sector greatly and are expected to contribute further in job creation which will ultimately lead to rural development. India lives in its villages. Since ancient times, Indian society has primarily been rural with more than 60% of its population settled in its villages. In ancient India there are several references to village republics. For example, in the Mahabharata in Shanti Parva, Bhishma Pitamah gives a detailed description of village republics to Yudhisthira. In The Buddhist literature also, extensive references are given about the village republics in India. In the Arthashastra also, there is classification of kings duties related to the administrative affairs of the village. Villages continue to have an important role in India social, cultural, political, and economic environment regardless of.

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They fear that IVF is just a waste of money and time; eventually, it fails and does give any results. That why, for some couples, IVF infertility treatment has become the last option. Preferring conventional methods numerous infertile couples keep on deceiving themselves that infertility is a minor issue that is not difficult to settle. And that can be overcome with certain traditional medications. They think their infertility problem does need proper medical intervention unless they have gotten genuine advice from a well experienced and educated gynecologist. Hence, they don bother to think about IVF treatment. Treatment uncertainty and anxiety for other people, the pressure associated with going through an IVF cycle is a significant hindrance. Apart from that, coping with the uncertainty and anxiety of IVF treatment is another major concern among people because IVF treatment is just like a roller coaster ride for them. Hence, all these things make couples more vulnerable and hostile towards IVF infertility treatment. They are inclined toward keeping it as a hold choice. IVF treatment cost the cost of IVF treatment is a major hurdle for a large percentage of couples. For some middle or average class people, it is beyond their reach to opt for IVF. And also, there is no surety of success in the 1st cycle of IVF, in case of IVF failure in the first attempt, so financially; this becomes more burdening and stressful for such people. Due to financial issues, they are not able to undertake IVF and prefer to seek cheaper and less effective treatments. Misconception related to test tube the greatest misconception encompassing IVF is the normal insight that the kid conceived out of this cycle will not belong to them; it will belong to someone else because it is test tube born. The blame for not being able to bear a child falls only on the ladies. They get abused physically and mentally because of their inability to get pregnant whereas males are hesitant to visit fertility clinics for fear of being labeled infertile. Usually, such a situation happens with infertile couples. This is another major roadblock in the way of infertility treatments including IVF. However, IVF, despite all the above reasons and misconceptions, might be a more practical choice. While the result of IVF is in anyone hand, making another attempt to get the kids will certainly give you peace of mind. As with all the other things, there is an ideal opportunity. Such a saying holds true for IVF also. Glenbarra: A Lasting Legacy provides an interesting view into Masanori Fukuoka collecting history. Beginning in the early 1990s, his collecting choices ranged from artists that were already established, to other equally talented artists that had yet not gained recognition. In hindsight, his stable of artists reveals a mind and an eye that was extremely evolved and sophisticated. Their commercial success or creative inspirations were of little consequence to him. Instead, he chose to focus on an intuitive response to the work itself devoid.

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Environment narrow minded people are much more likely to be untruthful and violent. A large part of our narrative and focus post-independence has been on urban centers and urbanisation which has its own benefits. However, in recent years, we are seeing renewed focus on village development. In this year economic survey, the thrust of the Government on rural development is discernible. The Survey notes that 65 per cent 2021 data of the country population lives in the rural areas and 47 per cent of the population is dependent on agriculture for livelihood. Thus, the focus of the government on rural development is imperative. The Government emphasis has been on improving the quality of life in rural areas to ensure more equitable and inclusive development. The aim of engagement of the government in the rural economy has been transforming lives and livelihoods through proactive socio economic inclusion, integration, and empowerment of rural India. The Survey refers to the National Family Health Survey data for 2019 21 which illustrates a significant improvement vis 2015 16 in an array of indicators concerning the quality of rural lives, including, inter alia, access to electricity, presence of improved drinking water sources, coverage under health insurance schemes, etc. Women empowerment has also gained momentum, with visible progress in female participation in household decision making, owning bank accounts, and use of mobile phones. Most of the indicators concerning the health of rural women and children have improved. These outcome oriented statistics establish tangible progress in uplifting rural living standards. The launch of the Vibrant Village Programme in the Union Budget 2023 did not come as a surprise. Under the programme, construction of village infrastructure, housing, tourist centres, road connectivity, provisioning of decentralised renewable energy, direct to home access for Doordarshan and educational channels, and support for livelihood generation will be the key priorities. Apart from these, the existing schemes will be converged and their outcomes will be defined and monitored on a constant basis. The programme also aims to enhance infrastructure in villages along India border with China, in states like Himachal Pradesh, Uttarakhand, and Arunachal Pradesh. The border villages of the country are characterised by difficult terrain, weak transport networks and suboptimal socio economic indicators. Such villages have sparse population, limited connectivity and infrastructure and are often left out from the development gains. These regions lack development benefits that other states enjoy. Additionally, these border villages are a strategic asset for the country and important to ensure border security. The government according utmost priority to social and economic wellbeing of the border population and to providing them connectivity, safe drinking water, schools, hospitals and other facilities to ensure sustainable living in these areas augurs well for the nation The government has already been implementing major schemes for the development of rural areas. Some of them are : The Deendayal Antyodaya Yojana National Rural Livelihood Mission Mahatma Gandhi National Rural Employment Guarantee Scheme Deen Dayal Upadhyaya Mantri Awaas Yojana. In our urbanised minds, the meaning of vibrance.

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Justice in India doesn't always unfold in a courtroom. Sometimes it flickers through a faulty streetlight, flows from a municipal tap that finally runs clean, or quietly disappears with an unresolved complaint. The nation's grievance redressal systems from ward offices to central portals are meant to be democracy's first responders, yet for decades they've been its least engineered component. They are the gearbox of civic life citizens, clerks, councilors, apps, and vendors expected to mesh precisely so a grievance becomes a fix. Too often, that machinery jams. What's broken isn't intent but mechanics the design, incentives, and feedback loops that determine whether citizens get justice at the street level. In 2025, India's grievance architecture stands at an inflexion point. Three developments are reshaping how justice flows through governance. First, the Centralised Public Grievance Redress and Monitoring System (CPGRAMS) have evolved into a transparent, data-driven platform. A ten-step reform process has cut grievance disposal time in central ministries from about 28 days in 2019 to 16 days today, while the Grievance Redressal Assessment and Index (GRAI) now ranks departments by responsiveness. Public dashboards have made accountability measurable. Second, states have begun enforcing legal timelines. The Kerala Right-to-Service reforms and revival of ombudsmen like Tamil Nadu's Local Bodies Ombudsman have redefined grievance redressal as a citizen's right, not a bureaucratic favor. Officials can be held liable for delays, with timelines backed by law. Third, the system's digital backbone is under siege. Targeted cyber-attacks on municipal portals have prompted cities to conduct security audits, mandate cyber hygiene, and launch initiatives like Cyber Hack 2025. Grievance systems are now critical civic infrastructure demanding resilience and trust. Still, many complaints vanish into procedural voids. Problems persist because there's no routing logic, closure is rewarded over resolution, and verification remains optional. Digital access is unequal and escalation paths fragmented not moral failures but design defects. To rebuild, India must treat grievance redressal as an engineering system. First, closure should be verified the officer identified, field evidence recorded, and citizen satisfaction confirmed via SMS or third-party checks. This turns closure into legally admissible evidence under Right-to-Service or ombudsman authority. Second, triage complaints by urgency: emergencies (sewage or power failures) within 72 hours, urgent issues within a week, and routine matters within 21 days. Karnataka's Greater Bengaluru Governance Act (2024 25) already pilots this ward-level model. Accountability cannot rely on good intentions alone. It must hit where it hurts: the wallet. Vendors' payments 2 5% can be linked to verified grievance performance. Repeated complaints trigger retention money cuts or future ineligibility. Random micro-audits and mystery verifications within a week of closure, paired with ward-level "verified fix" dashboards, can expose fake closures and build a reputational economy of truth. Legal enforceability is another gear. Integrating ombudsmen and Right-to-Service laws into municipal portals can auto-generate case numbers for statutory review. Kerala and Tamil Nadu already provide precedents where ombudsman orders carry binding weight. Simultaneously, cyber security must be treated as civic hygiene with annual audits,

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Channels like toll-free numbers to ensure continuity during cyber disruptions. Equally vital is citizen capacity. Community paralegal desks staffed by students, retired officials, and volunteers can help citizens file legally sound complaints, while ward sabhas publicly review grievance performance. Algorithmic triage must remain auditable transparent AI prevents replacing human bias with machine opacity. Grievance reform isn't about faster apps but smarter incentives. Publishing grievance officers' names as CPGRAMS does for over 1 lakh officials pierces bureaucratic anonymity. Auto-alerts to seniors or lawmakers make inaction visible and costly. Repeatedly unresolved complaints should affect audits, procurement, and promotions making accountability systemic. Ultimately, one mantra must guide reform: “Closure is not a metric until verified; verification must be admissible evidence in procurement, audit, and law.” A pothole fixed, a ration card corrected, a pension released each is a micro-act of justice restoring faith in the state. India's greatest civic experiment in 2025 lies not in skyscrapers but in whether an ordinary citizen's complaint can traverse the system and return as a verified outcome. When governance becomes verifiable, trust becomes measurable and democracy, finally, proves it listened. Road safety has become a pressing concern globally, particularly in low- and middle income countries where rapid motorization has not been matched by proportionate investments in infrastructure and enforcement. Globally, the World Health Organization (WHO) estimates that 1. 3 million people die every year in road crashes, with tens of millions suffering minor-to-grievous injuries. Globally, the United Nations declared the Decade of Action for Road Safety (2011 2020), renewed for 2021 2030, aiming to halve global deaths and injuries. The WHO advocates for the “Safe Systems” approach, emphasizing that human error is inevitable and systems must, therefore, be designed to absorb mistakes without catastrophic consequences. Road safety has emerged as one of the foremost governance and developmental concerns in India. With only 1 percent of the world's vehicles, but almost 11 percent of global fatalities, India epitomizes the severity of the problem. Young people (18 45 years) make up more than 70% of those killed, striking at the heart of demographic productivity, thereby also weakening our drive for reaping demographic dividends. Projections suggest that if current trends continue, road crashes could become the fifth leading cause of death worldwide by 2030. India is at the epicenter of this crisis. With more than 4. 6 lakh accidents reported in 2022 and over 1. 68 lakh fatalities, India remains among the countries with the highest number of road traffic accident-related deaths. In India, the road accident crisis is both a mobility challenge and a developmental concern, draining between 3 5% of the GDP annually. Beyond the statistics lies the devastating social impact: the overwhelming majority of victims are young adults in their most productive years, leading to not just personal tragedy, but also loss of human capital and social disruptions. Globally, from Mexico City to Manila, grievances still vanish into bureaucratic fog. What makes India's evolving model significant is its scale of experimentation. With hundreds of millions of users, India's blend of legal enforceability, data transparency, and cyber resilience is turning it into a liv

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Plastic free and organic. Whether it is a beach cleaning initiative, a start up that converts plastic bottles into shoes or a green warrior like Jadav Molai Payeng who single handedly planted saplings along a dry sandbar by the Brahmaputra to create a 50 hectare forest, the point is simply this. We can all bring more sustainability to our lives in our own unique ways. Environmental pioneer Barbara Ward once said, We have forgotten how to be good guests, how to walk lightly on the earth as its other creatures do. It is time to walk lightly on earth, be gentle with it because our survival as a race depends on not exhausting its resources or taking its resilience and generosity for granted Instead of criticizing the report as such, an attempt is made to explain parameters. The concept of measuring well being of citizens by Gross National Happiness Index instead of Gross National Product was first adopted by Jayme Singye Wangchuk, the king of Bhutan during his regime from 1972 to 2006. Since then several studies have been conducted on this concept and indices of happiness have been prepared with cross country data. The WHR 2024 has prepared the Index of happiness by taking the perceptions of the people of each country on about six variables viz., per capita income, social support someone to count upon healthy life expectancy at birth, freedom to make life choices, freedom from corruption law &order and generosity Habit to donate and Help . Data has been taken from various surveys in 155 countries during 2005 to 2023. Regressions of responses across countries on a 1 to 10 scale are pooled to estimate the significance of each variable. The results of the WHR are summarized in Annex 1 and explained here with examples. The per capita income, social support, healthy life expectancy and freedom to make life choices are revealed as positive and significant in the happiness study. Generosity was also having a positive impact on happy life but not significant in the overall happiness. Corruption and poor law and dent happiness across all income levels. Impact of each of these variables is discussed below. The relationship between income and happiness is revealed inverted U shaped in developing countries which means after a certain optimum level of income, its positive impact on happiness starts decreasing and even becomes negative. However, there is no consensus on the level of income up to which it has a positive significant association with happiness. Let me cite an incident of my friend whom I used to give courtesy calls intermittently as his wife had died just after retirement. One day, he answered; I am passing through a period of acute agony at this time. He was repairing his third house in the scorching heat of May in Delhi, 250 km away from his permanent residence. At the age of around 70, he was alone attending to workers, mobilizing materials and managing himself in some guest house as his son and daughter were well settled in the USA. If he had only one house or another one in the same place, his happiness would have been more. You may multiply such examples. It may be one of the reasons that most of the developed countries have either the inheritance tax or estate duty to check the level of equality and increase happiness of their people in the long run. Social support plays a significant role in mediating the relationship between income and happiness. This may be more important in Developing countries where alternative arrangements for

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Assets at their disposal. Despite the high per capita income, their level of happiness has come down. It explains why the happiness level in Nepal and Pakistan is higher than in India despite their lower per capita income. Perhaps, their socio religious ethos of brotherhood and social meals, etc may be increasing their social support. Exposure to air pollution is also emerging as an adversely affecting factor in the level of happiness. The Impact of these factors varies across the age of the people and level of development of a country. Young boys and others coming from the USA and Canada feel suffocation in India and plan to go back soon. As per the report, corruption has been revealed as a negative and significant factor in impacting the level of happiness. Corruption may include non adherence to rules and poor law and order. Its impact can be felt in various states of India itself. The above factors are the stark reality for happiness as thrown up by the responses of people across the globe, unlike individual perceptions. Our political parties are charged up just on mention of the terms inheritance tax or estate duty like a bull on seeing a red cloth, whereas developed countries adopt them for happiness of their people in the long run. Let us hope some of the factors discussed in the WHR may become agenda items of prospectus of political parties in India. Two of the country most hotly discussed issues; the General Elections and the IPL have come to the fore in a celestial dance of epic proportions capturing the nation attention and enthusiasm. Interestingly the similarities on the pitch in both these gigantic events are even more enthralling. Let take a look. Typically the General Elections are held over two or three phases in quick succession. For the first time ever in our history, this edition will be held over seven phases with long gaps in between. Interestingly, it will match the duration of the IPL, give or take a few days. Over 970 million people are eligible to vote, making it the largest democratic exercise in the world. Within the first twenty days of the IPL the viewership across stadia, television and digital crossed 1 billion views. The IPL and the elections are akin to festivals in India. There is an abundance of revelry, noise, euphoria and collaborative gatherings. Every headline on the sports page is matched by an equally loud headline on the politics page. There are heroes on either side of these captivating battles. The elections receive media coverage with channels, newspapers and digital media giving exhaustive coverage of campaigns, candidate profiles, polling updates and results. Similarly IPL has live matches; pre match and post match analysis, exclusive interviews and fan reactions keeping everyone engaged. Posters scream images of Remit, Viral, Dhobi, Bum rap and Hardik. On the opposite side of the same street are large hoardings of Modi, Shah, Rahul Gandhi and Kejriwal. Caught between this mammoth imagery is a fairly polarised crowd. There are hot debates and discourses. An observer from a distance could never tell whether they are debating potential 250 paar runs or 400 paar seats. Whatever be the subject, IPL or elections, the debates can become extremely heated. Election strategists keep everyone guessing about potential match ups like Supriya Sule vs Sunetra Pawar or the possibility of Rahul Gandhi vs Smriti Irani. Not to be left behind, the IPL season is full of media chatter of Viral vs Gavaskar or R

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Of context and perspective, and entirely aesthetic in nature Dacia Pun dole offers this description of another historic sale that will go under the hammer at Pun doles on 24th and 25th February 2022. The Fukuoka collection of two parts is a mixed bag. It begins with Indian Masters who are million dollar and then filters to lesser names and compositional fervor. Pun doles had created winning records with their auctions and belong to a patent that spells integrity and class. Most important in the sale are the Progressives and a Gironde and an AR pita Singh that is pristine and prismatic for its compositional charisma. Tybee Mehta the mandarin of the metaphor crowns the show with his Mahishasura and his Bull Head sculpture. These two masterpieces reaffirm Tybee brilliance as a modernist master and give us an eye view into his deeper knowledge and understanding of Indian myths and Purines and his love for vegetarianism because he created the bull sculpture as a metaphor for strength and a symbol that cried for the cruelty shown to animals all over the world. Gironde work of 1969 is a symphonic sonata that has ripples of notations that mirror flecks and folds. By his own admission, Gironde spent the better part of five decades learning about the process of painting; a process that he believed was constant and ongoing even when he was not actually applying pigment to canvas. Upon examining works from various stages in his career, it is apparent that he embarked on both a cerebral and visual journey that allowed him to explore his artistic concerns through evolving techniques and styles. Despite the surface changes in structure and form, he remained committed to compositions that elicited contemplation and reflection from both artist and viewer alike. This meditative approach does not scream its importance to the viewer, nor does it rely on contemporary gimmicks to gain attention; yet, these same canvases are the works of Indian modernism that have risen almost unnoticed to the forefront of any international dialogue upon the subject. Akbar Padamsee Medscape is a beauty to behold. Done in darkened embers these are colors that echo earth songs bringing back Padamsee words: .Imp not interested in location or landscape. My general theme is Nature Mountains, trees, water, the elements, and obviously one is influenced by the environment, but I am not interested in painting Rajasthan, or the desert or whatever. When I paint a tree, a mountain or a river I am really interested in the river, He Mountain, he tree. The paintings are neither abstract nor representational. (Akbar Padamsee in an interview with Eunice De Souza reprinted in Akbar Padamsee Metastases AR pita Singh My Lilly Pond created in 2009 is like a tapestry that is filled with flowers and minuscule characters. Throughout her artistic career AR pita Singh has developed a distinctive visual language and style, intermingling history and myth, personal fantasy and reality. She takes the complexities of the world and translates them onto.

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Her canvases in disarmingly bright, bold colors, dominated by blues and candy cultured pinks. Despite using what initially can be perceived as simplified forms, which display a certain naiveté, she retains a sophisticated sensibility in her overall aesthetic. The auction also has a poignant Jorgen Chowdhury pen and pastel on paper Two Women of 2009. Jorgen does not construct his figures like a builder with lumps of flesh or hew it out like a carver all in one piece. Like women crocheting apparels, he knits them into shape squiggle by squiggle interlocked into quivering, heaving, crises crossed surfaces. Doodled into existence with almost indolent casualness his bodies soft, extensive, amorphous evoke the asymmetrical forms and rhythms of the vegetal world regulated by myriad inner and outer energies we collectively call nature. Currently, India is entering an uncharted territory with a potentially grave danger, of which, the burning Hijab controversy is the most visible manifestation. Starting with the state of Karnataka, the Hijab controversy has gone viral globally and has not remained a local issue, with a markedly deliberate attempt by International India bashers to color it, as a violation of human rights. Domestically, although not acknowledged explicitly so, it is obvious from the statements of the left liberals, as also the self proclaimed liberal party, Indian national Congress, that, it has been deliberately orchestrated to influence the Uttar Pradesh elections. This is possibly because, it is feared that, the Muslim women, who were the beneficiaries of improved public services, like toilets and piped water in the home, brick houses, health insurance and subsidised gas cylinders, etc., might be inclined to vote for the BJP. It is worth focusing attention on the statements of various Congress leaders, after the emergence of the controversy. The aim behind any research project is to uncover a new aspect that was hidden from the intellectual sight of the human mind. The idea of reading through various journals, articles, write ups, behavioral patterns and then collecting, formulating, decoding, deciphering it is an overwhelming task which can get challenging and at times confusing. To surpass the confusion, one of the most effective methods to use is to create a roadmap in order to organize the scattered thoughts and to put down milestones for personal guidance. This also solidifies the students understanding of the course and develops skills for better career opportunities. Research Process. A framework of research work focuses on the entire process as well as the number of research options. The process allows novice researchers to locate where they are in the process and compare their design, method, options for analysis, and so on. The process involves a lot of simple concepts such as brainstorming the real topic or area of interest, why such research is necessary, what is the core question problem that requires a solution, who all are the stakeholders or who all are being benefitted by the research, where will it be implemented and when is the right time to pursue the research.

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The major 5w bulb used in village area to control power issue but some local village are used yellow bulb to not control this section for is the biggest tool to be used while taking over a research project. The point of having a roadmap of the research is to minimize confusion, elevate specific pointers, and help students focus on the segments requiring attention. Suppose students are trained at the beginning of their courses. In that case, they can use this knowledge to track what they are learning in each course and thereby link the process, concept, and philosophical orientations of various elements. This knowledge also helps students in formulating their approach in their dissertation. As students continue with their research and gain confidence, it becomes essential for them to revisit the initial stages and refine them. It is a process followed throughout the project and helps students keep their project concise and generate quality material. Apart from the students, it is also important for the universities and government to provide facilities that can enhance the skillset of the candidates currently, the education institutes in India are encouraging learners and teachers across disciplines to understand the concepts, get in depth knowledge and develop associated skills to implement the learning. Guiding individuals with this approach from an early stage is paving path to preparing well trained and informed research professionals. Besides, India has recently upgraded its education system with its revolutionary National Education Policy 2020 to elevating it to meet the global education standards. To further accentuate the learning experience, the government has taken forward looking steps in the latest union budget. Moreover, colleges under Grade 1 and Grade 2 under the University Grants Commission (UGC) have the freedom to begin the process of initiating such research integrated programmers in their three year courses. Institutes introducing such programmers receive recognition from the authorities. Other than this, the situation can be improved further if more private universities or institutes regenerate an environment where students are introduced to research works. Initiatives like this will not only generate research related interest in the youth but will also make them more creative, intellectual and independent. Introducing the research work on the undergraduate level is the best solution as it allows them to increase their retention capability, keeps their interest high and reward oriented behavior from their mentors will be another encouraging element to encourage research oriented behavior. Starting from introduction of new fields to briefing new concepts in the traditional sectors, Indian Education system has incorporated the research projects PAN India. Bottom line it goes without saying that research in the different fields varies in terms of requirements and end goals. But, from a broader perspective, research means assessing the status quo, formulating a different perspective, testing the idea, applying it in the real world, and finally, sharing it with the masses. Thus, to conclude, the first ideal step to go about with an efficient plan is to introduce the research work at undergraduate level.

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Russia invasion of Ukraine has been predicted by US officials for days, and Russia was adamant that such predictions were ridiculous, needless and provocative. Yesterday Russia launched an invasion. As is often the case with invasions, various justifications have been thrown into the mix from self defence to sudden claims that Ukraine is somehow planning to regain the nuclear weapons it gave up when the Soviet Union broke up. The main official reason is the claim that Russia is protecting two Russian speaking Ukrainian regions, Donetsk and Loans, from Ukrainian aggression. Russia preceded the invasion by recognizing both as independent states. Never mind Moscow wordplay, Vladimir Putin has invaded Ukraine. While energy rich Russia won mind oil and gas prices shooting up, in part because it has customers other than the West, for example, China, and Putin would have factored in the impact of more sanctions before the first missiles hit, the world, and India, enters at best a fraught position both diplomatically and economically. Diplomatically, Putin has proved that noble words on global rules and sanctions won stop a major leader determined to attack. What this means for actions taken by other aggressive powers down the line, China again being a prime example, is a huge source of anxiety. Putin also seems to be looking at a regime change in Kyiv. If that happens, and if, as is likely, the US supports Ukrainian resistance groups, Europe will see a conflict that can drag out for months, or more with all kinds of possible consequences. There also no escaping the fact that Ukraine again shows the limitations of the world most powerful country, the US, whose reputation had already taken a hit following its chaotic withdrawal from Afghanistan. In short, a bleak new phase of uncertainty has begun. For India, there are several implications. While it is good that the PM told Putin that violence must cease, should the US and key security partners like France want India to say more on Russia conduct, it has some really tough and deft diplomatic work to do. That China itself is being very cagey on Putin action not quite endorsing it is of small comfort. India relationship with the US led West is more important than ever before, both diplomatically and trade and investment wise, and whether maintaining that will require a recalibration of its current diplomatic stance is a key question. There also Pakistan. Imran Khan Moscow visit is part of his desperate attempt to make Pakistan a player in a China led axis. But Khan Enthusiasm about Putin can be a wrinkle in the India Russia relationship in times like these. And, of course, tough US sanctions on Russia may impact India defence supply line with that country as well as future acquisitions like the S 400 missile system. America and Europe, as well as India and much of the rest of the world, will suffer high oil and gas prices indefinitely. While global oil prices have crossed $100, the,

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Indian basket has hit $95, and may cross three figures. Current account deficit will widen, inflation will spike, rupee will weaken and global capital flight to safety may hit already bruised India stock markets even more. Go must cut fuel taxes to begin with, and along with RBI, prepare for stormy days. Rajasthan government budget proposal on guaranteed pensions turned the clock back on two decades of pension reform. It a bad idea that threatens to spread as a similar promise is one among the many made during the campaign for UP assembly elections. The backstory to pension reform is that Go budget for 2001 02 highlighted the unsustainable nature of guaranteed pensions. Following groundwork by experts, the National Pension System NPS was introduced by Go on January 1, 2004 for its employees, with states being given the option of following suit. Rajasthan did so immediately. There are two fundamental differences between the old pension scheme OPS and NPS. The former is linked to the last pay drawn by the employee and is guaranteed by the government, making it a defined benefit system. In NPS, there are no guarantees. A defined contribution of an employee is invested in regulated financial instruments and the pension is tied to market performance. A shift to NPS eased the pressure on both Go and states. Moreover, it created space for spending on other welfare measures. Therefore, Rajasthan decision to go back to OPS carries the risk of crowding out other welfare and investment spending to favor government employees. India military pensions continue to follow OPS. The reallocations within the defence budget provide an insight into the impact of guaranteed pensions. The 15th Finance Commission report showed that defence pension relative to defence expenditure increased from 17.6% in FY 12 to 25.2% in FY 19. During the same period, defence capital outlay declined from 31.8% to 23.6% of defence expenditure. Rajasthan chief minister Ashok Gehlot should roll back this announcement in wider public interests. In an uncertain world, guaranteed payouts will end up reallocating public resources from the needy to a relatively better off section of society. Rajasthan government budget proposal on guaranteed pensions turned the clock back on two decades of pension reform. It a bad idea that threatens to spread as a similar promise is one among the many made during the campaign for UP assembly elections. The backstory to pension reform is that Go budget for 2001 02 highlighted the unsustainable nature of guaranteed pensions. Following groundwork by experts, the National Pension System NPS was introduced by Go on January 1, 2004 for its employees, with states being given the option of following suit. Rajasthan did so immediately. There are two fundamental differences between the old pension scheme OPS and NPS. The former is linked to the last pay drawn by the employee and is guaranteed by the government, making it a defined benefit system. In NPS, there are no guarantees. A defined contribution of an employee is invested in regulated financial.

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Instruments and the pension is tied to market performance. A shift to NPS eased the pressure on both Go and states. Moreover, it created space for spending on other welfare measures. Therefore, Rajasthan decision to go back to OPS carries the risk of crowding out other welfare and investment spending to favor government employees. India military pensions continue to follow OPS. The reallocations within the defence budget provide an insight into the impact of guaranteed pensions. The 15th Finance Commission report showed that defence pension relative to defence expenditure increased from 17.6% in FY 12 to 25.2% in FY 19. During the same period, defence capital outlay declined from 31.8% to 23.6% of defence expenditure. Rajasthan chief minister Ashok Gehlot should roll back this announcement in wider public interests. In an uncertain world, guaranteed payouts will end up reallocating public resources from the needy to a relatively better off section of society. In Maharashtra, if Maha Vikas Aghadi minister Nawab Malik is in BJP crosshairs today, the roots of this go back to at least the 2019 elections. When BJP secured the highest number of seats 105, followed by Shiv Sena with 56, it was assumed that BJP Shiv Sena would form the government under the leadership of high profile BJP leader Devendra Fadnavis, while the post of deputy chief minister would be given to Shiv Sena. Unexpectedly, Uddhav Thackeray refused to accept the leadership of Fadnavis, saying that during his close door meeting with Union home minister and then BJP president Amit Shah he had been assured that the Shiv Sena nominee would be the CM irrespective of the number of seats the party won. Fadnavis insisted that no such assurance had been given. As the war over the CM post continued, it was NCP spokesperson Nawab Malik who mooted the idea of setting up an MVA government comprising Shiv Sena, NCP and Congress. Bunny had a very special birthday this week, and she was very excited about it, as was I. What was special about her birthday was that the date of it read the same forwards and backwards February 22, 2022, or 22 02 2022 a boomerang number that loops right back where it begins. Such numbers are very rare, coming as they do every once in a long while. The next such number is going to be February 03, 2030. Such numbers are palindromes, a word derived from the Greek o run back. Bunny does believe in numerology, or lucky numbers, but she was still pleased as punch at receiving a palindrome as a surprise birthday present, a reminder that time is a two way street of before and after, with memory being the flyover connecting the two. Palindromes are fun, whether they are numeric or verbal. The most common palindrome in India is perhaps Malayalam. I came across my first palindrome when I was 10. My elder sister, Hema, subscribed to Eve Weekly, a women magazine which had a male authored column called Madam take.

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Am Adam. I read the heading from left to right, I read it from right to left, and it remained the same, a perfect mirror image of itself. Wow. One of the best known palindromes is associated with Napoleon: Able was I ere I saw Elba, which was coined in 1848 by an anonymous wordsmith, as was a man, a plan, a canal Panama, coined a century later. The popularity of palindromes has stood the test of time. Those who devise include litterateurs like James Joyce who in his novel, Ulysses, coined the attarrattat which means a knock on the door and imitates the sound of doing this and computer scientists like Peter Norvig, who is credited with having compiled the world longest palindromic sentence, comprising 17,826 words. You don have to be a celebrated author or a computer whizz to create your own palindromes to share with friends, and invite them to share theirs with you, in an exchange which might be called Pals lap, which is a palindrome. As is the heading of this column. The best of all forces, which can overcome all difficulties, is the love that knows how to give without any need to bargain for a return. There is nothing that love cannot achieve, and there is nothing that love cannot sacrifice. There is nothing beyond God and there is nothing without God, and yet God can always be captured by love. All other essential qualities will come to the aspirant if he follows faithfully the whisperings of the unerring voice of love that peaks from his own heart, shedding light on the path. To lose hold of the mantle of this guide is to find only despair. The heart without love is entombed in unending darkness and suffering, but the heart that is restless with love is on its way to realisation of the unfading light that shines on the life divine. Pure love is matchless in majesty; it has no parallel in power, and there is no darkness it cannot dispel. It is the undying flame that has set all life aglow, yet it must be kindled and rekindled in the abysmal darkness of selfish thoughts, selfish words and selfish deeds. As it is fired anew, it bursts out in magnificent light to serve as a beacon for those who still grope in the darkness of selfishness. Listen to the language of the tongue and its japs, mantras, devotional songs and so on. He does not listen to the language of the mind and its routine meditations, concentrations and thoughts about God. He only listens to the language of the heart and its message of love, which needs no ceremony or show, only silent devotion for the Beloved. This love can be expressed in various ways, all of which ultimately result in union with God. The practical way for the average man to express love is to speak lovingly, think lovingly and act lovingly towards all mankind, feeling God to be present.

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Trust our authentic us. We do this to be in the game, to be wanted, to feel less abandoned, to feel less rejected and to feel included. Though we continue to choose the plastically coated version of us, we have continued to feel the ache of the parting from our heart and our brain. The constant unconscious feeling of being separated from ourselves is massive enough for us to finally choose us over everything that is not us It is time we all outgrow hatred, anger, disgust, hurt and pain which we have deeply buried for every time we did choose ourselves. It is time we choose unconditional positive regard and be gentle on ourselves now. One of the root causes of low agricultural productivity in India is the fact that an average Indian farmer owns less than 3 acres of land. When decisions are made at such a micro level, the cost of scientific and technological interventions becomes prohibitive. Few farmers can deploy the right kinds of machines, soil testing based on nutrient optimizations, or practices requiring agronomic inputs. Contrast this to a 70,000 acre industrial farm, let say in Idaho. Before the cropping season, the farm owner has the means and measures to conduct soil tests of samples from their fields, based on which they do the Agra modeling, calculate the optimal amount of fertilizer requirement, choose the right seed from thousands of seed varieties that best suit their soil conditions and have access to forecasted weather in the upcoming season. The need for a shared economy platform for the smallholder farmers in India, accessing such scientific solutions and farm machinery remains a challenge. If unmet, this would continue to cause the yield loss wherein some of the crops in India produce as little as 1 3rd of the average yield compared to industrial farms. To improve their existing condition, we need to make technological resources accessible to farmers. And the most effective way to achieve this is by sharing these expensive resources between a large numbers of farmers. Technology here plays the role of being the virtual aggregator of farms. This is essentially what a shared economy platform does. Consider the umber model, wherein it matches demand and supply for mobility but at the same time makes an expensive resource like a vehicle shared across a large number of rides. A similar model for agriculture would bring down the cost of mechanisation to the farmers. If we look at farm mechanisation in India, it remains limited to tractors and farm equipment that can be attached to the tractors. Many other specialised machines are not utilised on a farm because such machinery would suffer from very low utilisation. Today, all this work still gets done manually. The focus should be identifying machines that farmers can otherwise not afford and amortizing their costs over many acres. This way, farm mechanisation as a service will be available to farmers at a price point that is cost effective and affordable at.

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The Swadeshi movement's influence extends far beyond the marketplace its scope is vast. In the defence sector too, the use of indigenous technology is rapidly increasing under the policies led by the Defence Research and Development Organisation DRDO and the Department of Defence Production. This includes indigenous advancements in missiles, aircraft, electronic warfare systems, radars, and other critical equipment, supported by initiatives such as the Technology Development Fund. DRDO has successfully developed several indigenous products such as the Agni and Prithvi missile series, Astra missile, LCA Tejas aircraft, BrahMos missile, and the Mareech torpedo defence system. Focusing on developing and producing indigenous technology not only strengthens national capability but also reduces dependency on foreign technology. In line with this, even government email systems are being migrated to Zoho, an Indian domain a positive step towards technological self-reliance. Likewise,Arattai, developed by Indian tech company Zoho, has become a viral sensation in the country. This shows growing confidence in homegrown innovation. The Swadeshi-inspired transformations across sectors are taking the confidence of Indians to new heights. These collective efforts to make India the world's third-largest superpower are both inspiring and energizing igniting the flame of Swadeshi in every citizen once again. 'Centrism isn't nostalgia, it is survival' Rethinking stray dogs: From crisis to opportunity Clashes between Pak military and Taliban show that Islamabad's strategy of nurturing militancy has spectacularly backfired. The AfPak frontier is now an open wound The recent cross-border clashes between Pakistan and Taliban mark the collapse Union environment minister writes about how poor quantity & quality of climate finance have eroded the Global South's trust in COP negotiations and how COP30 in Belém, Brazil can regain lost ground The climate Shri Shri Anandmurti In today's rapidly advancing world, we witness remarkable achievements in science, technology, and globalisation. Yet, despite these strides, humanity continues to grapple with deep-rooted issues rising inequality, violence, exploitation, and a There's no match for what comes from the heart Recently, I encountered a ghost from my literary past a former college junior stopped me mid-stride on Bengaluru's Church Street to reminisce about how my Indie dog breeds have suffered colonial, then postcolonial belittling. But India is finally doing better Give a dog a bad name and you know what happens. And it has very much happened to our indigenous That visiting cricketers were molested speaks to how India treats the issue of women's safety MP cops are advertising their quick arrest of the man accused of molesting two Australian women cricketers. The team was Despite strong public health concerns and repeated judicial diktats, Delhi NCR has failed to implement not only the absolute ban on firecrackers, but also the rules restricting their use. Public resistance has clearly weakened the Once again, it is the season for the clustered diplomatic marathon, with ASEAN and East Asia Summits kicking off in Kuala Lumpur KL from Sunday. As southeast Asia struggles to manage great-power competition, and cope In a change in tactics to end the Russia-Ukraine war, US has blacklisted two Russian oil majors Lukoil and Rosneft. This is designed to prevent foreign purchases of Russian oil, including by India and Chin

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Rosneft and Lukoil, Trump seems to have changed his mind on Putin. After months of holding out incentives to get Russia to end its It can look like garbage and act like garbage but litter is something different garbage placed where it shouldn't be. As popular as this activity is among us Indians we were aghast to learn Artificial intelligence entrepreneur and neuroscience researcher Max Bennett has a fascinating thesis in A Brief History of Intelligence: Why The Evolution Of The Brain Holds The Key To The Future Of AI understanding how biological intelligence evolved can By Narayani Ganesh Waternamah,a collection of articles on water edited by Bachi Karkaria, pays tribute to 300 years of Mumbai's Bhikha Behram Well, which has yielded pure, sweet water to the city's residents. Waternamah is Biharis who migrate for work remain embedded in caste, class networks of home. Parties tailor their messaging accordingly. And whether a migrant votes depends on his/her ability to absorb income loss from work foregone. And Union commerce minister argues India's trade pact with Switzerland, Norway, Iceland, and Liechtenstein is a game changer in terms of attracting foreign capital India has unlocked another gateway to prosperity, signing an innovative trade agreement Vir Singh Light is all-pervading. The cosmos is a lumenosphere, home to light. With the gist of infinitism, light creates an infinite home cosmos. Everything in the universe is subject to change, which is Imagine if something happened to humans that made our population drop by 94%. People would call it a disaster, or even genocide. Well, that's what's happening to donkeys right now. In Madhya Pradesh, a state The numerous add-ons to our daily diet have many benefits for us and for others Bunny and I have started taking a daily supplement. Not one of those freebies like the Delhi Times that Last December, Google made a huge announcement about its quantum computer chip, Willow. It did something amazing: it solved a problem in just 5 minutes that would take the world's most powerful supercomputer 10 million October 28, 2025 How Dashanan became Ravana The origin of Shiva Tandava Stotram Aditya is an educationist and social development professional currently serving as the Director of a reputed school in Gwalior, while also managing multiple entrepreneurial ventures. With a strong foundation in grassroots educational reform, Aditya was a Teach For India Fellow from 2018 to 2020, and also served as a Fellow with Slam Out Loud both renowned NGOs committed to advancing child rights and equitable education. His professional journey includes impactful stints with the Health Ministry of Delhi and the Delhi Commission for the Protection of Child Rights, where he contributed to policy-oriented work focused on the welfare of children and public health. Aditya's academic and intellectual interests span History, Political Science, and contemporary Religious philosophies. He is a regular writer on these subjects, using his platform to provoke thought and dialogue around society, education, and belief systems in modern India. Before the name Ravana echoed across the ages, there was Dashanan a warrior so powerful and a devotee so fierce that even mountains trembled at his touch. Dashanan, the mighty son of Maharishi Vishrava, stood victorious on the battlefield. He had just defeated his stepbrother Kubera and seized control of the golden kingdom of Lanka. Having received a boon of near-immortality from L

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Has had to intervene many times in favour of live in heterosexual couples. Civil unions, therefore, are an option for any two people seeking legal basis for their relationship. WHO chief is right in arguing that tracing the origins of Covid is not just a scientific but also a moral imperative. This comes as the US Energy Department is reported to have assessed that the pandemic had likely been caused by an unintentional Chinese lab leak. The lab leak theory has persisted despite some scientists positing that the novel virus had naturally jumped from animals to humans. The main reason for this state of unknowability is China stonewalling of a thorough Covid origin investigation. Recall that China had allowed a WHO team to visit the country in early 2021 for investigation. But the visiting team was neither allowed to freely travel and interview witnesses nor given access to raw patient data from early cases in Wuhan the Chinese city thought to be ground zero of the pandemic. As a result, the visit report was inconclusive. And when WHO proposed a second phase of investigation later that year, China flatly refused. This further fuelled speculation that Beijing was hiding something, especially at the Wuhan Institute of Virology, which was said to be conducting gain of function research on coronaviruses. Experiments that were reportedly also funded by the US. If the lab leak theory is true, Covid would be a manmade disaster of epic proportions. Therefore, two things are important. First, there must be an international consensus on banning all gain of function research. The dangers of such experiments far outweigh the benefits. These modified viruses are essentially deadly bioweapons. Second, investigations into the origins of Covid must continue to find the truth and to better prepare for or prevent future outbreaks. Was Beijing directly responsible for the worst pandemic this century, that the question. Elections in the North East used to be an economical affair, compared to the rest of the country where parties and candidates tend to splurge vast sums of money to contest. The intensification of competitiveness of elections and the involvement of new parties in state elections have somewhat changed that feature of politics in the North East. Here, we compare the average net assets of major parties candidates and MLAs across the three states that just went to the polls. In Tripura, the average self-declared wealth of MLAs has increased from Rs 26 lakh in 2008 to Rs 1.5 crore in 2023. In Nagaland, MLAs went from declaring an average of Rs 4 crore net assets in 2008 to nearly Rs 9 crore in 2023. The rise is even more pronounced in Meghalaya, where MLAs declared on average Rs 1.1 crore of assets in 2008, against Rs 9.1 crore in 2023. Colombia wants to send 70 cocaine hippos to Indian and Mexican sanctuaries and zoos. And, no, they are drug mules. In the 1980s, nacre king Pablo Escobar illegally procured four hippos for his private menagerie. Following.

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His death in 1993, officials let these zoo exotica roam free on his ranch. The four progressively multiplied to around 130. Escaping from Escobar estate, one too many also got wet and wild in central Colombia Magdalena River area. The hippo camping idyll seems short lived. Once experts warned they had number 1,500 in 16 years for lack of natural predators, hippos were dubbed invasive, oxic, a nonnative threat to environment, local wildlife and people. Now, whether they are translocate, castrated or culled, their beastly tale rather instructive. It reveals more about us humans than about them hippos, heavyweight natives of sub Saharan Africa. It said millennia ago Homo sapiens dispersed out of Africa. Were we modern humans native to every earthly place we colonised? Nope. Spreading virus like across continents, we took along invasive bugs, beasts and brainwaves, disrupting pristine new worlds. As for proactively crushing other life forms, T Rex could match us. Everywhere, we eco systematically wrecked biodiversity. Woolly mammoths, dodos, great auk, passenger pigeons, Tasmanian tigers, Caribbean monk seals, Staller sea cows we (trophy)hunters were their nemesis. Were still at it, driving a so called planetary scale sixth extinction. If hippos too are designated vulnerable, thank us grasslands encroachers and ivory poachers. A time came when neither carnivorous lion nor omnivorous grizzly let alone herbivorous hippo rivaled us for food or space. Then, after subjugating all that gamboled or growled in nature, we factory farmed sentient creatures fattened for dinner. If ensnared bush meat yielding hippos could be docile stun gunned livestock, you bet more would be merrier. Territorial hippos are deadly. Territory grabbers, were deadlier: we vet decimated our own kind, archaic humans included. Our migrations, conquistador led explorations and imperialist civilising projects meant bloody conquest of human natives. From the Americas to the Indies cavalierly conflated by Christopher Columbus and beyond, indigenous peoples and cultures paid the price. Our specialism partnered our racism: exploitable non humans we thought inferior; exterminable humans we called savages. Embodying the Anthropogenic survival of the wiliest, we 8 billion strong humans have no natural competitor or, purportedly, moral equivalent. You ask: what behind this predatory triumph and depredatory triumphalism? Our hippo crispy, stupid. Life at some juncture presents us with a signal. Its message is to go inside. For most though, the message will go unnoticed, camouflaged by the foliage of the ego. Once our soul is ready, it will surely be observed. The calling may be prompted by dissatisfaction. We feel boxed in by our conditioning that only promotes the surface. Its effect is suffocation and we feel trapped. Often it takes many wake up calls and catastrophes to intervene and reinforce the soul calling. But even if our upbringing is progressive, we still need to move to a freer air. Are we prepared to tread this futile treadmill for countless incarnations? Eventually, we cannot deny the summons any longer; we must find meaning to our existence. It amounts to spiritual suicide to ignore it. The solution will.

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His vulnerability is coming to the fore. In English, there is a phrase Method in Madness which refers to an action that, although initially perceived as odd or eccentric, ultimately serves a useful purpose. And hence, there is no harm in evaluating UBT behavior using this thesis. In 1879, the first psychology laboratory was opened in Germany. It was during the same time that modern psychiatry also came to being. Many novel ideas were offered by Dr. Sigmund Freud in his attempt to describe this discipline. It was in accordance with Dr. Sigmund Freud psychoanalytic methodology that behavior therapy and cognitive therapy came into practice as recommended therapies. The theory of the Unconscious Mind was also put out by Dr. Freud. He created a psychoanalytic method, that analyses a person dreams by getting him to talk more and by encouraging him to think back on the past. To assess the rationale behind UBT current statements, we will require the assistance of Dr. Sigmund Freud behavior therapy and cognitive therapy. UBT, who is fearing the party existence, seems to have made up his mind that he will have to outperform the Congress and Shared Pawar in order to survive. At present, the BJP is facing opposition from all quarters, thus he is resorting to making outrageous claims to distinguish himself. Based on Sigmund Freud cognitive theory, we can conclude that UBT likely holds a psychological belief that by making such statements, he will emerge as the messiah of the Muslims across the country. In fact, UBT will never, ever believe that he is solely to blame for everything that is going on with him. And hence, the only option left is to keep yelping. A convert always lets forth a loud wail. And Uddhav Thackeray has forgotten that he has gone too far in the attempt to show just how intense and bitter his opposition to the BJP and Hindustan is in comparison to the others. I won be overstating things if I claim that he has arrived at Raigad Fort akmak tok. The recent tragic accident in Pune, involving a 17-year-old alleged drunk driver who fatally hit two motorbike-borne software engineers, has ignited a firestorm of public outrage and media frenzy. It also highlights the need to have a critical debate about the balance of responsibility between juveniles and adults in such grievous circumstances. The clamour surrounding juvenile crime often fails to comprehend the intricacies of juvenile behavior. Scientific consensus unequivocally establishes that juveniles possess inferior decision-making abilities compared to adults due to their poorer impulse control and diminished foresight into the consequences of their actions. This inherent cognitive immaturity is why adolescents are inherently less accountable than adults and thus warrant less severe punishment, even when convicted of identical crimes. Consequently, while juveniles must undoubtedly face consequences for their actions, the primary burden of responsibility should rest upon adults who hold positions of authority and influence over them. It worth noting how the law restricts individuals under the age of 18 from operating motor vehicles with engine capacities exceeding 50cc, confining them to vehicles such as a Luna or a Scoot! Heinous Mistake or Heinous Crime? The juvenile faces charges under Section 304 of IPC for culpable homicide not amounting to murder, which carries a maximum penalty of ten years in prison. Under the Juvenile Justice (JJ) Act, a crime is deemed heinous when it warran

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According to this definition, the juvenile could potentially be tried as an adult, facing a significantly longer prison sentence than if tried as a minor. However, before advocating for this course of action, it is crucial to consider the principles outlined in the Juvenile Justice Act. The Act prioritizes rehabilitation over retribution, acknowledging the lesser degree of culpability attributed to juveniles due to their age and psychological development. In the case at hand, the act in question appears to stem from gross negligence rather than premeditated or malicious intent, categorising it more accurately as a heinous mistake than a heinous crime. Adult Responsibility: The father actions demonstrate a complete disregard for both his son and public safety. Allowing a minor to drive a powerful car is a clear act of gross negligence, as guardians or parents are expected to oversee their children and prevent them from engaging in illegal activities. According to Section 199A of the Motor Vehicles (MV) Act, guardians or vehicle owners are held liable if a juvenile is found driving and commits an offence under the Act, unless proven otherwise. Similarly, establishments serving alcohol to the minor were glaringly negligent as they knowingly disregarded the illegality and potential consequences of their actions. In response to this incident, the juvenile will be prohibited from obtaining a driving licence until he reaches 25 years of age, and the luxury car will not be permitted to register at any RTO office for 12 months, in accordance with the provisions of the MV Act. Police have also pressed charges against both the father and employees of the establishments under Sections 75 and 77 of the JJ Act. These sections target willful neglect and provision of intoxicants to children, respectively. This legal framework lays out the responsibility of adults to safeguard minors from harm, including harm resulting from their immature judgment. Institutional Response: The public outcry and political attention have prompted a positive response. Police and local authorities took swift action. Establishments serving alcohol to the minor have been sealed, and the excise department has initiated special inspections to ensure compliance with age restrictions, revoking licenses for violations. This level of cooperation among authorities is rare but crucial. It is this concerted effort by the state and district administration that can prevent future incidents. While exemplary imprisonment or trying a minor as an adult may satisfy our thirst for retribution, it does little to create a safer community. Don search for scapegoats: Public outrage, fuelled by the perception of impunity due to the wealth and status of those involved, is understandable. However, it is imperative that this anger does not lead to further injustices like either tarnishing the life of the juvenile or unfairly scapegoating the driver, who was being pressured by the family into taking blame for the accident. And we know what happens when the rich find such scapegoats, given the social dynamics at play. Instead, the focus should be on constructive outcomes that honor the memory of the victims. Ensuring the juvenile is held accountable in a manner that reflects his developmental stage while imposing appropriate legal repercussions on the negligent adults and establishments can set a precedent for future cases. This balanced approach can also prompt systemic changes in how underage drinking

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Never be found on the surface. Reversing the orientation of our consciousness is the first movement we make in yoga. It is the most decisive change one makes in life. Herculean effort is needed to sustain and strengthen the process, for our papaya will only yield to a complete surrender at the very end. We constantly succumb to the gravitational pull from outside, and in truth we don even notice it. It takes vigilance and a persevering attitude to check this automatic movement. We have to stay awake, realign and go in deeper again and again. Because of the difficulty, there is a temptation to retreat into seclusion. Initially, we need to create our sacred environment. However, in Integral Yoga, we cannot shy away for long because we learn that the best way to change ourselves is through the thick of life itself. It is a yoga of transformation after all and it is in action that our inner movements are best transformed. We must try to do this even in interaction. Eventually, whatever throws us onto the outside only signals the necessity of retaining our poise inside. We are always tested. We have to embrace this station in everyday life. At work or with our family, that elusive tug is particularly there. We have to step back continuously to retrieve our source. The poise needs to be maintained always. We need to protect and nurture our inner connection as soon as we become aware of it. We start as a witness. We detach and disengage from what we experience and see. By detaching from the spume, we find a greater stability in negotiating the turbulent waves of life. Over time though, our awareness starts identifying with the Truth that sits inside. Whatever we identify with, we become. The process solidifies our awareness and gradually transmutes into consciousness. Until then, we do not have sufficient capacity to change our reactions and inner movements. It is like were watching over them and that only keeps them in check. With this intense state of inner identity, our static station over time transforms into something much more dynamic. True Consciousness is always aligned with Force, Shakti. It does not just witness; it effects. It is the identity of consciousness with the soul that shows us the way to inner mastery for the conversion of our nature to take place. The whole nature goes through a profound change. Sooner or later, in your passage through lifetimes, this calling will come. If it arrives in this life, embrace it. Seize and hold it close to your heart. You are changing the whole modality of your existence. Truly, you do not have a choice. Do not look back, surrender to it and shift everything inside. Let us look at events within and outside India and the impact of the same on an average savings class individual. By average savings class, I mean savings of up to Rs 6.00 lakhs per annum Rs 50K per month. In.

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My view this is the most vulnerable class of savers. Now the Government of India is trying to move savers away from the mandated savings such as Life Insurance, PPF etc. by bringing in an alternative income tax computation method (now default choice method) where if you are willing to sacrifice tax deduction sections your base of income and the tax slab is different up to a certain income level. This is meant as some sort of incentive to expand your choice of savings instruments and in some ways push the savings into capital markets (risk and rewards payoff). However, the environment for the savings class in India has always been very unfair. The interest % rates paid by bankers on savings and fixed deposits accounts (post tax) have been pathetic. In a significant percentage of savings class, the only major savings outlet has been bank fixed deposits. Post income tax, the interest income does not even cover inflation. What is not so well known is that for every bank, you have an insurance security of maximum Rs 5 lakhs. Any deposits over this amount at a bank, carry an exposure of losing capital if things go wrong. Only now, are the bank deposit rates of interest showing some sort of uptrend. The Principal loss exposure continues. In India, we have just had the case of the short seller Hindenburg destroying the Market Valuation of Adana Business Group. Adana Group was forced into a rethink of it business expansion strategy and it dependence on Borrowings to fund growth in its Business verticals. Why we needed an overseas short seller to tell this and Indian Financial authorities were silent is an unanswered question? Suddenly, the World over the Financial sector is coming under attack and everyone is worried about the domino effect. As one bank fails, it puts other banks under pressure. The failure of Silicon Valley Bank in USA appears to be hitting First Republic Bank there. Similarly, in Europe Credit Suisse Bank is showing signs of going under. The way the banks are interconnected globally, one does not know where else a piece of the bank structure pyramid slips out, collapsing it structure and affecting others by it. It is to stop contagion from spreading that the Reserve Bank of India is now looking at stability and financials of cooperative banks and NBFCs very closely, so India is saved from failures reverberations. There are other Got of India Savings schemes like Equity Linked Savings Scheme, Public Provident Fund, Senior Citizen Savings Scheme, National Pension Scheme, National Savings Certificates. There are however disadvantages of number of years holdings, etc., (resulting in blockage of liquidity) that one would like to study before investment. If due to capital market volatility, one does now want to invest there (thru Mutual Funds or direct share holdings), the above savings schemes can be considered. Also, Debt Mutual Funds could be considered. It is very likely that the Indian saving class will move towards Gold, affordable.

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Keeladi, a nondescript village on the outskirts of Madurai, became a national sensation when in 2014 archaeological excavations threw up potsherds, figurines and brick structures. Digging into a few feet, showed that the non perennial Vaigai River had one of the most sophisticated and civilised riverbed civilizations, where people had been literate 580BC. As archaeologists enter the eighth phase in February 2022, the findings till now show that Keeladi and its neighbouring villages had been inhabited by skilled people, who traded far beyond the borders of India. From beads and ring wells to buildings with proper drainage structures, the treasure trove at Keeladi has brought it international attention. Here is a look back at the finds: Subodh Gupta solo exhibition Cosmic Battle unravels like a series of corollaries in conversations that flit back and forth as he translates the transition of tradition to modernity at Nature Morte in Delhi. Dan Mill Compound consists of a maze of a few rooms that emphasize his distinctive use of found, commonplace objects as he maps the effects of cultural dislocation and paradoxes of patterns and its cosmic inverse, the unfathomable distance between our mortal lives and a mysterious cosmos. Gupta has always asked questions from viewers, about what it would mean to address the world people as individuals who each possess a piece of infinity. The visual strength of Subodh Gupta sculptures has granted him a leading position on the international art scene. The artist considers each work as an accumulation of histories and experiences gained on his travels .His recent work goes so far as to evoke the history of reality, subtle spirituality and the cosmos in 3 installations and 4 paintings at Nature Morte. Cosmic Battle II His signature work Cosmic Battle II, is a spectacle to behold. Suspended from the ceiling, the large semi sphere which revolves slowly, takes on multiple guises as it interacts with the space around it. As a viewer one is drawn into its maw, not because of its physically commanding presence or its overwhelming dimensions, but because of its sheer physicality of emotive essence. Subodh draws our attention to the physical state of being, its multifaceted materiality, its insignia of melding the ephemeral and elusive become a concentric cosmic fusion of the wheels of time that find its own milestones in history and memory. But Cosmic Battle II invites the human gaze to dig deeper as it stands like a spectacle to behold in darkroom drama. In the everyday realities of life in India Subodh suggests there are surreal connections between the inescapably earthy and the ineffably divine, between India masses and individuals. Cosmic Battle II took one year to create its magnificence. The alchemical elements and oversized brass handy exemplify his aim to transcend the object in order to create forms of subtle beauty, cosmic significance, and cultural import. When Subodh sits and recites Jabir poetry in front of it, the entire ensemble becomes a per formative installation. Laid in a chaotic heap on.

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A table a pile of used utensils creates melange of moods of shared histories and multiple stories of everyday living. At once paradoxical it creates a consonance of man as a vessel and the pile being a metaphor for experience. The necklace of small brass hands, the coir, the discarded railway track wooden planks all make a heady spectacle. Subodh explains, I have so many memories. I wanted a portrait that had a movement, life is about travels, and we carry our vessels utensils everything with us. I wanted to create a kinetic sculpture and allow it to breathe. The utensils, the kitchen objects everything is inspired by the rituals that impacted me while growing up. I thought of the yang, the puja when you put four bricks and begin your ritual. I remember my mother making a platform with red bricks, drawing rangoli on it, on top of which she placed the utensils. I believe that my learning, my history my memories were full of these everyday rituals that were the sites of learning and artistic inspiration. The beauty of the impact of this exhibition is in the manner in which Subodh uses mundane middle class materials to create an orchestration of everyday idioms and realities of life in India. In his Cosmic Battle (II), 2017 2019 he uses the culinary cultural symbol of the brass handi ,with steel, pigment, motor, and found stone. Its momentum of slow time recalls Sant Kabir couplet Iss Ghat mein Pares mote referring to an oddly universal mythological object that is able to transmute ordinary materials into precious metals or imbue them with extraordinary powers. Times even much cheaper than hiring manual labor. Consider the case of groundnut harvesters. Highly effective as compared to manual labor, groundnut harvesters remain inaccessible to farmers owing to high ownership costs and less utilisation only once a year during harvest time. The only meaningful way to utilise these machines is to deploy them over a large number of acres and enable multiple farmers to use them. Even when it comes to tractors, the shared economy model can come to the rescue. Tractor sharing and rentals are widespread use cases in India. Each village maybe has a handful of tractors, but every farmer needs one. Typically, the larger farmers deploy their tractors for other farmers to rent once their work is done. By bringing these tractors onto the shared economy platform, farmers can list their tractors and rent them out to their peers, not just in their village but across several villages. Getting farmers to adopt the digital platform a shared economy platform essentially functions best via an app. designing an app for the rural ecosystem has its challenges. This audience is not as exposed to dealing with transactional apps as an urban audience. Hence, the app needs to be intuitive, visual and predictable it should lead them to the primary use cases with very little friction. This way, when a farmer needs to discover information or make.

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A booking, he should experience an intuitive familiarity that helps him accomplish the job with ease. While one can introduce such solutions through offline or semi offline methods like call centers, bringing farmers and other stakeholders in the Agra ecosystem to a digital platform can be extremely valuable. A digital app can offer increasingly richer functionality; for example, on the app, after booking a machine, they would be able to track its trajectory, details which are not possible to know while booking via the call center. Step by step, new functionality, like crop advisory, financial solutions and many more solutions can be introduced without having to incur the initial friction again. So, once we can solve the initial friction in app usage, it opens up significant opportunities. We can solve the initial friction using a rural gig economy workforce that helps us get past the initial barriers in adopting technology. After gaining initial familiarity, it becomes more understandable, predictable, and their go to tool for farming related services. Conclusion The challenge that Indian agriculture faces is to make the farming ecosystem viable for the livelihood of smallholder farmers in a sustainable manner. One way to address the challenge is by bringing technology led sustainable solutions to the ecosystem at a price point that farmers can afford. Virtual aggregation of small farms using a digital platform opens up the possibility of sharing the cost of expensive resources across a large number of acres, reducing costs and improving the value of their produce at the same time. This can pave the way for making agriculture truly sustainable and viable as a livelihood in the long term. In a series of 2015 16 interviews to the American filmmaker Oliver Stone a 20 hour conversation spread across two years Russia President Vladimir Putin recalls a time he broached the subject of Russia joining Nato with Bill Clinton. The then US President response, Putin recounts, was why not But the American delegation, Putin says, got very nervous at the prospect, and the idea died right there. Russia plea to join NATO is not new. Mikhail Gorbachev raised the possibility at the very outset of the Soviet Union breaking up. Commentators have discussed this as recently as a month ago to forestall the invasion of Ukraine. But the idea has had few takers in the militaristic US establishment primed by Cold War thinking. As has been widely noted, US sanctions on Russia are likely to have severe implications for India defence supplies. Military platforms of Russian origin constitute at least over 50% of India overall military assets and cut across all three services. Over 90% of the Indian army 3,000 plus main battle tanks are Russian T 72 and T 90S. India was also in advanced talks to procure another 464 Russian T 90MS tanks. Meanwhile, a large portion of India air force fighter squadrons comprise Russian aircraft like 272 Su 30MKI. The Indian navy has a Russian aircraft carrier INS Vikramaditya and nine Russian diesel.

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Electric submarines among other platforms. All of these require periodic upgrades, maintenance, spare parts and ancillary support. This entire supply chain will become very difficult to obtain under the new sanctions regime. And as and when CAATSA bites, India plans on S400 missile systems and other possible acquisitions will be effectively dead. True, India has tried to diversify its defence imports over the last 15 years as best exemplified by the purchase of Rafale fighters from the French. But price competitiveness, relatively generous technology transfers, and familiarity between Indian and Russian forces meant that Russian platforms remained the preferred choice. Neither armed forces nor their political masters had enough incentive to go for big changes. Plus, the well thought Make in India defence plan was ill executed, and has had hardly any big successes. It has helped either that thanks to the forces pension burden, defence capital expenditure has taken a hit. With Russia in US crosshairs, Russia getting closer to China and even Pakistan squeezing in, India needs to find alternatives now. Incentivising Western arms manufacturers and revisiting indigenisation are obvious steps in a complex process. It a process that will require multi stakeholder smart strategising that not really been New Delhi forte till now. Jab miya biwi razi, toh kya karega qazi. That pithy observation is of course ignored not just by many parents in India, but by so called communities as well as netas. Love jihad laws and rhetoric take this to a darker place. Some BJP governments have made religious conversion upon marriage a matter of criminal inquiry. So, when the MP Ulama Board decided that any interfaith nikah will require parental consent, sending a directive to qazis across the state, the MP government has, naturally, welcomed it. Whatever the reason behind the ulama decision, maybe it was seeking safety from harassment; it takes away the agency of women. And this is just one example. Patriarchal establishments across communities want to deter relationships outside the rules of caste, religion and gore. The control of marriage and mating is essential to keep each community sealed and intact. So called guardians of social order, who want to safeguard what they deem as purity as well as property and lineage, cast women as docile and preyed upon by malevolent outsiders. And these elders often sanctify violence against such couples, especially women. But women are humans and citizens, with wills, desires and rights. If the Constitution comes first, no compact between religious elders or a state government or indeed parents can nullify a woman right to marry anyone she wants and practice any faith she chooses. Social media can provoke and sustain protest in remarkable ways. Hash tag activists are all around us, fighting for their causes. And yet, their efforts don seem to cohere into any real transformation. The Quiet Before: On The Unexpected Origins of Radical Ideas by Gal Beckerman is about how societies actually change, how new arguments hatch and grow, and how they shape events Social.

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Rosneft and Lukoil, Trump seems to have changed his mind on Putin. After months of holding out incentives to get Russia to end its It can look like garbage and act like garbage but litter is something different garbage placed where it shouldn't be. As popular as this activity is among us Indians we were aghast to learn Artificial intelligence entrepreneur and neuroscience researcher Max Bennett has a fascinating thesis in A Brief History of Intelligence: Why The Evolution Of The Brain Holds The Key To The Future Of AI understanding how biological intelligence evolved can By Narayani Ganesh Waternamah,a collection of articles on water edited by Bachi Karkaria, pays tribute to 300 years of Mumbai's Bhikha Behram Well, which has yielded pure, sweet water to the city's residents. Water amah is Biharis who migrate for work remain embedded in caste, class networks of home. Parties tailor their messaging accordingly. And whether a migrant votes depends on his/her ability to absorb income loss from work foregone. And Union commerce minister argues India's trade pact with Switzerland, Norway, Iceland, and Liechtenstein is a game changer in terms of attracting foreign capital India has unlocked another gateway to prosperity, signing an innovative trade agreement Vir Singh Light is all-pervading. The cosmos is a lumen sphere, home to light. With the gist of infinities, light creates an infinite home cosmos. Everything in the universe is subject to change, which is Imagine if something happened to humans that made our population drop by 94%. People would call it a disaster, or even genocide. Well, that's what's happening to donkeys right now. In Madhya Pradesh, a state the numerous add-ons to our daily diet have many benefits for us and for others Bunny and I have started taking a daily supplement. Not one of those freebies like the Delhi Times that Last December, Google made a huge announcement about its quantum computer chip, Willow. It did something amazing: it solved a problem in just 5 minutes that would take the world's most powerful supercomputer 10 million October 28, 2025 How Dashanan became Ravana The origin of Shiva Tandava Stotram Aditya is an educationist and social development professional currently serving as the Director of a reputed school in Gwalior, while also managing multiple entrepreneurial ventures. With a strong foundation in grassroots educational reform, Aditya was a Teach for India Fellow from 2018 to 2020, and also served as a Fellow with Slam Out Loud both renowned NGOs committed to advancing child rights and equitable education. His professional journey includes impactful stints with the Health Ministry of Delhi and the Delhi Commission for the Protection of Child Rights, where he contributed to policy-oriented work focused on the welfare of children and public health. Aditya's academic and intellectual interests span History, Political Science, and contemporary Religious philosophies. He is a regular writer on these subjects, using his platform to provoke thought and dialogue around society, education, and belief systems in modern India. Before the name Ravana echoed across the ages, there was Dashanan a warrior so powerful and a devotee so fierce that even mountains trembled at his touch. Dashanan, the mighty son of Maharishi Vishrava, stood victorious on the battlefield. He had just defeated his stepbrother Kubera and seized control of the golden kingdom of Lanka. Having received a boon of near-immortality from Lord

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Yet, their destinies diverged when "Vishrava chose Kubera, not Dashanan, as his successor. Deeply hurt and humiliated, Dashanan vowed to prove his worth. He turned inward, dedicating himself" to intense penance and austerity. His devotion was so severe that even the Devas were moved. One by one, they granted him boons of strength, wisdom, and invincibility. When Brahma blessed him, Dashanan felt it was time to reclaim what was rightfully his. With divine powers and a vast army, he waged war against Kubera and conquered Lanka. The victory filled him with pride, and pride soon gave birth to arrogance. Now ruler of the three worlds, Dashanan's hunger for dominance became unending. Yet, beneath that pride still lived a fierce devotee of Lord Shiva. Dashanan's love for Shiva was well known across the universe. He wanted to atone for his father's arrogance, which once angered Shiva and Parvati. In his twisted devotion, he decided that the mighty Lord himself must reside in Lanka. But instead of praying or requesting humbly, Dashanan decided to force Lord Shiva to come. His audacious plan was to lift Mount Kailasa, Shiva's abode, and carry it to Lanka. As he approached the mountain, Nandi, Shiva's divine gatekeeper, warned him not to commit such sacrilege. Dashanan laughed and mocked Nandi, calling him an ugly beast, and continued his mission. Placing his colossal hands beneath Kailasa, he began to lift the mountain with all his might. The earth trembled, the heavens shook, and rivers changed their course. Dashanan multiplied his forms, each straining under the mountain's immense weight. Up above, Goddess Parvati sensed the disturbance. Concerned that her husband's deep meditation might be disrupted, she sent celestial beings to discover the cause. When they returned and described Dashanan's reckless act, her fury ignited. But Parvati restrained her anger. Dashanan was, after all, Shiva's devotee. She instead prayed to Shiva to awaken and teach him a lesson in humility. Shiva opened his eyes and smiled. He knew Dashanan well a devotee blessed with great power, but now blinded by ego. With calm grace, Shiva decided to act. As Dashanan proudly strained to lift Kailasa, imagining how glorious Lanka would be with Shiva as its lord, the Supreme Being simply pressed his toe against the ground. In an instant, the mighty mountain slammed back into place. Dashanan's hands were crushed beneath its weight. The pain was unbearable. His deafening scream echoed across the three realms. That cry a mixture of agony, regret, and devotion reached even the heavens. For the first time, Dashanan realized the enormity of his folly. Trapped and helpless, he turned to the very Lord he had offended. From that pain emerged a hymn a song of pure devotion and surrender. He began to sing verses in praise of Lord Shiva. Each word resonated with divine energy. His voice, though trembling with pain, carried the rhythm of truth and repentance. The heavens stood still. Devas and Asuras alike gathered to witness this moment. Even Parvati, moved by his sincerity, looked to Shiva in awe. Despite the bleeding wounds and excruciating pain, Dashanan continued to chant with unwavering faith. His heart poured out love, remorse, and reverence. Shiva, the compassionate one, was deeply moved by the depth of his devotion. With a gentle gesture, he lifted the weight of the mountain and freed Dashanan's hands. Overwhelmed, Dashanan fell at Shiva's feet and begged for forgiveness. Shiva smil

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Media platforms are great for striking poses, and for setting compelling narratives. They agitate and draw people together. But change calls for deliberation, not just declaration. These platforms are no good at the next stage, of people meeting and talking, hammering out ideology and organisation, the slow gathering of power. The incubation of transformative ideas needs a quiet, hidden space, which is easy to find in a too loud flat world, says the book. Social media can only allow ideas to flare and return to darkness. With the UK reversing its mask mandates and Canada seeing big protests against vaccine mandates, a global recalibration is underway on the use of regulatory approaches to change health related human behaviors, especially those that end up criminalizing individuals with a specific behavior. Use of force to change behavior is generally unwelcome, at both the individual and social levels. We need to strike a good balance between the powers of the state to regulate versus constitutionally guaranteed rights of individuals as well as social mores. What is the power of social norms Human behaviors are voluntary acts by individuals based on their risk benefit perceptions using socially conditioned value systems? In general, humans want to follow social norms and do not want to be labeled as abnormal. One could say that most behaviors follow a normal statistical distribution. Hence, a bulk of the population will lie in the middle of the curve socially acceptable behavior and a smaller proportion will have deviant or extreme behavior both ends. Art, like love, defies definition. It can best be understood in terms of its impact alone. Take the image of Dancing Shiv, for instance. Natural, the Lord of Dance has been the beloved of Indian dancers and musicians for millennia, and Chidambaram town is considered the center of the Universe. To those of faith, Chidambaram is the heart and the Lord dance of an and, bliss, is his grace. Shiv is Nrityamurti As the cosmic dancer, Shiv is Nrityamurti embodying in himself and simultaneously manifesting the eternal energy. Ideologist Heinrich Zimmer elucidates the complex pictorial allegory of this image in his seminal work Myth and Symbols in Indian Art and Civilization by drawing attention to the mudras of the hand and the positioning of the feet. The upper right hand bearing the demur, the hour glass shaped drum, connotes sound, which, by virtue of its association with ether in the Indic tradition, makes it the first of the five elements. Out of it unfolds the evolution of the Universe, through the other elements air, fire, water and earth. Zimmer further adds, together, sound and ether signify the first truth pregnant moment of creation, the productive energy of the Absolute, in its pristine Cosmo genetic strength. Meaning of Mudras The opposite upper left hand with its half-moon posture of the fingers, ardhachandra mudra, bears on its palm a tongue of flame symbolically signifying fire, as the element of destruction of the world. The abhay mudra, fear not gesture.

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As indicated by the second right hand bestows protection and peace, and the remaining left hand lifted across the chest points downwards to the uplifted left foot. This hand is imitative of the outstretched trunk of the elephant in the gaja hasta mudra. Shiv himself dances on the prostrate body of the dwarfish demon Apasmara Purush the man or demon called forgetfulness or heedlessness, symbolic of our ignorance. Ring of Flames Prabha mandala, a ring of flames signifying the transcendental light of the knowledge of truth issues from and encompasses the god. The face remains in sovereign calm exuding serene tranquility. None of this is uncommon knowledge, neither is the fact that the enduring appeal of this image transcends to embrace the world of quantum physics, as demonstrated by Frito Capra in The Tao of Physics. These expressions of metaphysical and scholarly approaches, while undoubtedly enhancing our appreciation and understanding of the image, are in the end, after all, human attempts at expressing the ineffable and the essentially inexpressive. The whole composition does not fail to move you, whether you are aware of the symbolism or not. And in the words of John Armstrong, to find something beautiful is to register the kinship between the object and the most important part of oneself one soul. The year was 1950. It was seven years after the Bengal Famine. India first Prime Minister was chairing the newly constituted Planning Commission. The dark memories and the imagery of the famine which left three million dead of starvation were still alive. The following year, with characteristic rapid speed, Pundit Jawaharlal Nehru unveiled India First Five Year Plan. At the time of Independence, India GDP was a paltry 3% of the world GDP. Our share in the total world income was as low as 3.8%. Dr. Man Mohan Singh best illustrates our position the brightest jewel in the British Crown was the poorest country in the world in terms of per capita income at the beginning of the 20th century. Given the backdrop of the famine, food security was paramount and irrigating our parched lands was critical. It was, but natural that India first Five Year Plan focused on huge public outlay for agriculture and the primary sector. The Plan provided for 3 major public sector hydroelectric dams the Chakra Nan gal, the Harked and the Nagarjuna Sagar. The Chakra Nan gal dam irrigates 10 million acres of agricultural land and generates 1500 MV. For this first move, there were no comparable parallels, not even in the Soviet Union. It would surprise the readers to know that the public sector accounts for 92.5% of India hydroelectric power production. For critics, who decry the epic government interventions; have little sense of history and even lesser sense of economics. For the critics, it might also be interesting to note that the Bombay Plan 1945 proposed by 8 influential industrialists including JRD Tata and GD Birla, advocated that the economy would not grow without government intervention and regulation.

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Of the backup of the Peruvian dams, power projects and large scale irrigation projects. Aware of science triumph over the scourge of deadly diseases, Nehru wrote to his daughter in Glimpses of World History in 1934, sanitation and health and the conquest over some diseases depend on science. The All India Institute of Medical Sciences was set up in 1956, Mauling Azad Medical College in 1958, Govind Ballabh Pant Institute of Postgraduate Medical Education and Research in 1961, along with other public health institutions. It is remarkable that these institutions continue to play a stellar role in providing public healthcare even to this day. With the rise in the number of hospitals, it also became necessary to bring in a larger number of medical practitioners. The number of medical colleges rose from 15 in 1946 to 81 in 1965 and the number of students admitted rose from 1200 to 10,000 by the year 1965. In this age of the Covid 19 pandemic, it would benefit to know the foresight of Nehru in building the National Institute of Virology, Pune way back in 1952. In post independence India, almost half the population lived in highly malarial areas. Large scale central government funded control operations commenced in 1953. Within a span of a decade, the number of malarial infections became so low that the control operations were left to the local authorities. In 1951, smallpox related deaths totaled 1, 48,000. In a span of 10 years, it was reduced to 12,300 deaths. The plague which accounted for three percent of deaths in 1940 was completely eradicated by the middle of the 1950s. Also, venereal diseases, leprosy, filariasis, diphtheria, typhoid, whooping cough, pneumonia, meningitis and rabies which were endemic throughout the length and breadth of India were brought under control by the creation of public funded healthcare systems, accessible and affordable medicine and widespread government initiated vaccination programs. Nehru was a man in a hurry to create the super structure and the framework for the modern Indian State. He did not wait for the market forces to step into the voids in critical areas of our nascent nation. He created and nurtured huge public sectors to move into power, transportation, healthcare, education, science and technology, steel, hydroelectric projects, dams and irrigation, institutions for preservation of our historical and cultural heritage, and rural development. Looking back in time, there was not a single sphere of economic activity which Nehru did not cover. Nehru was Prime Minister for seventeen years, a long tenure for a Prime Minister, but a very short episode in a country history. These 17 years were the core years, when the gigantic public sector edifices were built to jump start the economy and thrusting it into the modern age. To borrow Nehru phrase, these were indeed the temples of modern India. Supreme Court decision to entertain a public interest litigation PIL seeking to legally enforce the Fundamental Duties enshrined in the Constitution is unfortunate. For, if the principle of such enforcement.

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They had a valid reason, to opt for this economic model, for there were myriad areas, where the private sector would not dare to tread. Private sectors do not operate in isolated economic zones. It might also cause discomfort to some circles, to know that economic planning as a policy was first initiated in India in the year 1938 by then Congress President Entail Sub hash Chandra Bose and Pundit Nehru. Nehru correctly assessed that what distinguished the prosperity of the Western economies from the poverty of the Indian economy, was the deployment of science and technology. Science could neither emanate from nor could it be sustained by the private sector. It required huge government outlays and patronage. Nehru had his detractors even back then. Pseudo nationalism was invoked to subvert his scientific mission. Nehru reminded them that Science has no frontiers. Nobody ought to talk about English science, French science, American science, or Chinese science. Science is something bigger than countries. Nehru blueprint was twofold. Firstly, to replicate world class institutions here in India. During his visit to the United States of America, he spent his time in understanding how the universities of America were giving the country the technical and scientific edge. His celebrated visit to the Massachusetts Institute of Technology in 1949 led to the creation of the five iconic Indian Institutes of Technology in Kharagpur 1950, Bombay 1958, Madras 1959, Kanpur 1959, and Delhi 1961. All these institutions were publicly funded, so as to ensure that want of resources would never be a deterrent for Indians to get the best education. Close to its heels, came more government funded institutions like the Indian Institutes of Management, the Indian School of Mines, Agriculture Universities, the All India Institute of Medical Sciences all creations of the pied piper of economic transformation Nehru. Secondly, Nehru had the courage of conviction, the power of persuasion, and most importantly, a shoulder broad enough to induct the greatest scientific names of the times into nation building Vicar Sarabhai Indian Space Research Programmed, Sir C.V. Raman Indian Institute of Science, Home J. Habra Atomic Research Centre, Salish Dawn Indian Space Research Organization, S. S. Bhavnagar Council of Scientific and Industrial Research and many others to run the premier institutes of scientific learning and research. He simultaneously created and metamorphosed public sector bureaucracies into engines of scientific advancement. This is best exemplified by the creation of the Department of Atomic Energy 1954, the Habra Atomic Research Centre 1954, the Physical Research Laboratory 1947, Indian Space Research Organisation 1962, National Chemical Laboratory 1950, the National Physical Laboratory 1947, the Fuel Research Station 1946, the Central Glass & Ceramics Research Institute 1950 and the National Metallurgical Laboratory 1950. The years of their conception are deliberately highlighted as markers to show the stamp of the maker, Nehru. The success of the Green Revolution, which commenced in 1968, under then Prime Minister Mrs. Indira Gandhi regime and the stewardship of M. S. Swami Nathan, had the critical advantage.

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The Supreme Court of India recently decided 3 different batch petitions pertaining to Land Acquisition in Delhi by 3 separate judgments. I have gone through the media reports and most of them have misinformed the readers, stating that Supreme Court upheld land acquisitions by various Delhi state entities from 1957 to 2006 under the 1894 Act for public projects, reversing a Delhi High Court ruling that had declared these acquisitions lapsed under the 2013 Act. The bench recognized public interest, noting that most lands were already in use for essential projects like hospitals, schools, and the Delhi Metro. The court accepted the government delay in appealing, stressing that reversing development would cause significant disruption. The verdict allows landowners to recover unpaid compensation and directs the Delhi government to take possession of lands and complete ongoing projects. The initiated land acquisitions under the Land Acquisition Act, 1894, for various developmental projects in Delhi from 1957 to 2006. These acquisitions benefited state entities like. Despite compensation being determined and awards being issued, payments were often deposited in the treasury as landowners did not collect them, and some land acquisitions were legally challenged, preventing possession. The 2013 Land Acquisition Act repealed the 1894 Act, introducing reforms and stipulating that acquisitions would lapse if compensation was unpaid or possession was not taken for five years. A change or reversal of a legal proposition by a superior court does not constitute grounds for a review. This principle is contained in the Explanation to Order Rule 1 of the Code of Civil Procedure, which explicitly precludes such review proceedings. The Supreme Court asserted that even if a decision, like Pune Municipal Corporation, is later overturned, it remains the law at the time the initial judgments were made, thus not warranting a review. Despite this, the Court acknowledged a need for balance in light of subsequent developments and disclosures in related proceedings. These subsequent proceedings arose from appeals against High Court orders that declared land acquisition proceedings as lapsed based on the Pune Municipal Corporation decision. To ensure consistency and public interest, the Court decided to exercise its inherent powers under Article 142 of the Constitution, allowing it to issue orders for complete justice. The Court extended the time limit for initiating fresh acquisition proceedings by one year from August 1, 2024, during which compensation must be paid, or legal consequences will follow. It directed parties to maintain the status quo regarding possession, land use, and third-party rights until the new proceedings are completed. Recognizing that the landowners were not primarily dependent on the acquired lands for sustenance, the Court decided to waive the requirements for a Social Impact Assessment Report and alternative agricultural land development, facilitating adherence to the extended timeline. Additionally, compliance with certain sections of the 2013 Act, typically mandatory for land acquisitions, was also waived due to the predominantly urban nature of the lands and their initial acquisition for public purposes. The Court redefined every Notification issued under section 4 1 of the 1894 Act as a Preliminary Notification under section 11 of the 2013 Act, effective from January 1, 2014. This change simplified the legal procedures, allowing the Col

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Of the 2013 Act, after which the Collector must publish a notice and pass an award within six months, assessing the land market value as of January 1, 2014. The awarded compensation must include all monetary benefits except for rehabilitation claims, reflecting the urgency and necessity to finalize the acquisition process efficiently. For landowners who transferred properties after the initial notification, the Court revived relevant writ petitions, remanding them to the High Court for determining the rightful compensation claimants. This included a potential fact-finding inquiry into the validity and legality of such transfers. The High Court was instructed to resolve these disputes and direct the relevant authorities to deposit compensation with the reference court, which would invest it in an interest-bearing account until a final decision is made. The Court also identified and separated cases that required individual assessment due to unique circumstances, such as delays in filing, pending special leave petitions, and cases filed before the change in law. These cases were set for separate hearings. Finally, all other review petitions and miscellaneous applications were disposed of, emphasizing the Court effort to maintain legal consistency while addressing the specific needs of each case. The Court condoned delays and granted leave for these cases. Due to exceptional circumstances, no distinction is made between these groups and Group C. Using Article 142 of the Constitution, the Court issued 11 directions and extended the deadline for initiating fresh acquisition proceedings by one year from August 1, 2024. The parties must maintain the status quo regarding possession and land use, and specific compliance requirements under the 2013 Act are dispensed with to ensure timely completion of the acquisition process. The centre piece of Jospin installation at the Museo Fortuny is a simulated forest within the central hall. Art lovers are crossing this artificial woodland, which induces within a sensation of temporal and spatial realms, creating the corollary of an undefined realm. Architectural intonations thrive in her hands and mind, at the heart of this installation lies Galleria 2021-2024, an arched passageway with a coffered ceiling crafted from cardboard, wood, and assorted materials. Inspired by Jospin travels in Italy, it incorporates motifs from Renaissance and Baroque architecture, classical ruins, and other architectural marvels, evoking a sense of enchantment reminiscent of Symbolist and Nabis atmospheres. To create an imagery of frozen foliage in cardboard seems rare ingenuity. She says her travels and studies of Renaissance architecture in Europe have filled her mind. These architectural codes move from one century to another, from one place to another, and cross continents. It a mechanic of shapes that are always recomposed and renewed and I like using them. In an interview she has stated I want to explore how the human hand holds the hand of nature through motifs and materials of woodland fables. Jospin says she settled on the medium of cardboard for pragmatic and philosophical reasons. From the beauty of the frames within a frame, the textural grains of different kinds of wood as well as the whole lifting up of the mini forests she creates, this exhibition spins on a medley of mystery and magic. The works have fairy-tale tone, reflecting multiple themes intellectual processes of creation through which Jospin expresses her

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Provisions while Indira Gandhi brought in 10 Fundamental Duties, Atal Bihar Vajpayee introduced the 11one in 2002. As if the chicanery of politicians were not enough, we now have the prospect of activists demanding duties legally imposed upon citizens. There have been cases where Fundamental Duties have been brazenly flouted by the people including the officers of the law and which in turn resulted in violation of Fundamental Rights of other citizens, the PIL said. The petitioner reportedly brought to Supreme Court notice the growing trend of people blocking roads and highways while protesting and said it is the need of the time to hit a balance between civic rights, liberties and freedoms and civic obligations. Notice how the blame of ensuring civic rights, liberties and freedoms and civic obligations has been shifted from the State to citizens. As if it were the duty of people to keep roads and highways clear of obstructions Part IV A of the Constitution listing Fundamental Duties says, It shall be the duty of every citizen of India a to abide by the Constitution and respect its ideals and institutions, the National Flag and the National Anthem; b to cherish and follow the noble ideals which inspired our national struggle for freedom; c to uphold and protect the sovereignty, unity and integrity of India; d to defend the country and render national service when called upon to do so; e to promote harmony and the spirit of common brotherhood amongst all the people of India transcending religious, linguistic and regional or sectional diversities; to renounce practices derogatory to the dignity of women if to value and preserve the rich heritage of our composite culture; g to protect and improve the natural environment including forests, lakes, rivers and wild life, and to have compassion for living creatures; h to develop the scientific temper, humanism and the spirit of inquiry and reform; i to safeguard public property and to abjure violence; j to strive towards excellence in all spheres of individual and collective activity so that the nation constantly rises to higher levels of endeavor and achievement; k who is a parent or guardian to provide opportunities for education to his child or, as the case may be, ward between the age of six and fourteen years Even as inanities and homilies, Fundamental Duties are an affront citizens discernment and dignity, for the underlying presumption is that they ought to be constitutionally reminded of such nice things. Their legal enforcement, however, would give an opportunity to the State to further limit individual liberty. The Ukraine crisis is a result of a failed grand strategy at the global level as played by the USA. Just some time back in 2021, they had enunciated the revised thinking, that the actual strategic rival to the US is now China and that US strategy and policy toward China must be laser focused on the fault lines so as to exploit China weakness rather than frittering away American energy on non.

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Accepted, this would result in further empowerment of the State and the concomitant shrinking of the sphere of individual liberty. A bench of Justices Sanjay Krishna Kaul and M M Sundress issued notice to the Centre and states seeking their response on making a comprehensive well defined laws rules ensuring adherence to the provisions of Part IV A of the Constitution requiring the citizens to perform their Fundamental Duties properly, said a report in The Times Of India Modern constitutions are aimed at shielding the individual from the excesses of the State; this is the reason that our Constitution, when it came into effect, did have any mention of Fundamental Duties. It only had Fundamental Rights; but our political masters were never very comfortable with them. They kept undermining these rights, resulting in the present truncated nature of our Fundamental Rights; in fact, one of them, the Right to Property, ceased to be a Fundamental Right long ago. The basic instinct of our politicians is illiberal. Fundamental Duties are a sign of this illiberality; they were born in sin. Ten such duties were incorporated into the Constitution by way of the Constitution 42nd Amendment Act, 1976 that is, during the heyday of Indira Gandhi Emergency. Anti Congress leaders opposed the Amendment; they called it mini Constitution and Indira Constitution. The Janata Party, which ousted the Congress in 1977, was committed to removing the obnoxious 42nd Amendment. Prime Minister Morarjee Desai did try but failed as he could garner enough numbers in Parliament. Another insidious incorporation was that of the word socialist into the Preamble of the Constitution. This has sullied the Preamble, for socialism is a violent ideology, responsible for the killing of millions of people in the Soviet Union. The political class, which wallows in populism and sanctimony, has done little to purge the Constitution of these illiberal insertions. In fact, they have sought to augment the scope of such Constitutional measures. Prime Minister Narendra Modi has talked about the importance of Fundamental Duties. In December 2019, he said, Rights and responsibilities go hand in hand. Mahatma Gandhi had explained this relationship well let us think about how we can fulfill the duties enshrined in our Constitution. He went on to add, we cannot preserve our rights without fulfilling our responsibilities. On the same day, Vice President M. Venkaiah Naidu said, I suggest that Fundamental Duties be included in the curriculum at an appropriate level, the list of Fundamental Duties should be displayed at all the educational institutions, offices and public places across the country; and we must reach out to the youth through appropriate campaigns. In a newspaper article, former law minister Ravi Shankar Prasad exhorted citizens to remember their Fundamental Duties just as they remembered their Fundamental Rights. Evidently, the entire political class loves the vile provisions of the 42nd Amendment. The Congress brought them; and even when it was in the Opposition, it tried to perpetuate the Amendment. The Bharatiya Janata Party has embraced the illiberal.

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Realty and land parcel purchases during these times of stress. While they offer security to the investor saver and returns which hopefully are not less than the inflation rate, the fact remains that these savings do not really assist in nation building (since money is not moving into productive and production oriented usage). For reasons of non-availability of financial support structures the Indian has traditionally invested in these 3 areas for his savings surplus. Even after 75 years of Independence the Indian savings surplus still moves in a significant way into the above 3 channels. This tells us something about the financial lessons given to learnt by the savings class Indians. In recent years, it is believed that the savings % is coming down. The question is whether savings are getting diverted into these 3 channels. A big Role in changing the average Indian saver savings practices has to be played by the Regulators Sebi & RBI and Ministry of Corporate Affairs & Finance Ministry. Sebi has to ensure a much better quality of corporate governance and disclosures mechanism by entities which are listed. The investor must feel tranquil that there is a Board of Directors and an Operating Management of the Company which is professional and not filled with known family & friends. Also, the auditors and ratings agencies have to perform top quality work by understanding the company business and the environment it operates in. Repeatedly, in India and overseas the investor is let down and sudden surprises happen. A surprise in a developed nation and a surprise in a developing nation are two different matters. In the case of the developing nation, the authorities have to push so much harder to get things organized for investor safety and belief in workings of the capital markets. Today, RBI is not seen as protecting Banking Customer interest. All it actions are viewed from the prism of keeping the Banks are regardless of their impact on the saver customer. RBI otherwise would not allow a less than 4% interest rate on savings accounts which is a shame, post inflation and income tax. The asymmetry between 10% rates of interest and their income tax treatment between Savings Financial instruments controlled by the Finance Ministry and savings financial instruments in control of RBI is too stark and too unfair to escape anyone attention. Realty and land parcel purchases during these times of stress. While they offer security to the investor saver and returns which hopefully are not less than the inflation rate, the fact remains that these savings do not really assist in nation building (since money is not moving into productive and production oriented usage). For reasons of non-availability of financial support structures the Indian has traditionally invested in these 3 areas for his savings surplus. Even after 75 years of Independence the Indian savings surplus still moves in a significant way into the above 3 channels. This tells us something about the financial lessons given to learnt by the savings.

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As the world most populous country and the third largest energy consumer, India faces enormous challenges in meeting its energy needs sustainably. However, the country is making remarkable strides toward energy independence through the adoption of clean technology. With its focus on renewable energy sources and commitment to investing in new technologies, India is well on its way to realizing its vision of a sustainable and energy independent future. Pathways to Atmanirbhar Bharat the recently released Economic Survey has outlined a plan to make India energy independent by 2047. The prestigious Berkeley Lab has also released a report that says India can achieve energy independence by 2047 through clean technology. The study titled Pathways to Atmanirbhar Bharat, released by the U.S. Department of Energy Lawrence Berkeley National Laboratory Berkeley Lab came to this conclusion after examining India three most energy intensive sectors power, transport, and industry. Achieving energy independence will generate significant environmental, energy, and economic benefits, which include $2.5 trillion in consumer savings by 2047, enhancing India industrial competitiveness globally, reducing fossil fuel import expenditure by 90, or $240 billion per year by 2047, and enabling India net zero commitment ahead of schedule. Energy Challenges India energy consumption ranks third globally, and as a result of rapid economic growth, its energy demand is projected to quadruple in the coming decades. The country is heavily reliant on imports for its energy needs, with 90 of its oil, 80 of its industrial coal, and 40 of its natural gas being sourced from other countries. The volatility in the global energy market puts a strain on India foreign exchange reserves, resulting in economy wide inflation. Unique Advantage India has a unique advantage to leapfrog to a clean energy future as the bulk of its energy infrastructure has yet to be built. India growing energy demand offers a significant runway of fifteen years for the existing fossil energy assets to transition to clean energy. This transition will be important to do in concert with the most affected communities, ensuring an equitable transition for the country workforce. Clean Energy Deployment India energy infrastructure requires a $3 trillion investment in the coming decades. The existing policy framework can be leveraged to expand clean energy deployment. Prioritizing new energy assets that are cost effective and clean is crucial for long term financial sustainability. Significant policy support is required, including deployment mandates for clean technologies, financial and policy support for emerging technologies such as green hydrogen, and investment in domestic manufacturing capacity. Political Leadership The intent of the political leadership of India seems to be aligned with the clean energy transition, which does not seem like a challenge. India is one of the world largest auto and steel exporters, with their largest markets in EU countries committed to carbon neutrality and a potential carbon border adjustment tariff. Success Seems Assured! The adoption of clean technology and the commitment to renewable energy sources make India well poised to become energy independent by 2047. The Berkeley Lab study shows.

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Zohran Mamdani, the first person of Indian origin to be elected as mayor of New York, in his victory speech, quoting Jawaharlal Nehru's famous 'Tryst with Destiny' speech, categorically expressed his commitment to reject the western paradigm of power politics and promote transformative and positive social action a typically Indian notion. According to Jawaharlal Nehru, the correct term to refer to everything commonly termed as 'Indian' is the word 'Hind', or 'Hindi', which is the shortened form of 'Hindustani'. He upheld that In the countries of Western Asia, in Iran and Turkey, in Iraq, Afghanistan, Egypt, and elsewhere, India has always been referred to and is still called Hind; and everything Indian is called Hindi. In US and Europe, the relatively recent term 'Indian' is used to refer to our country, its culture, or the historical continuity of our varied traditions. The advantage of using the terms 'Hind' or 'Hindi', Nehru argued, was that this usage was a-religious, that is, it had nothing to do with religion. A Muslim or a Christian can be as much a 'Hind' or 'Hindi' as persons who follow Hinduism. However, he was fully aware that the word 'Hindi' has become associated in India with a particular script the Devanagari script of Sanskrit and so it has become difficult to use it in its larger and more natural significance. He hoped that when present-day controversies subside, we may revert to its original and more satisfying use. Nehru realised that modern science does not help in moments of existential crisis, when we are faced with real-life dilemmas; when we are tortured by the conflict of duties. It is because Science explains phenomena in the material world and tells us nothing about the purpose and meaning of life. A study of the humanities in general and philosophy in particular enlightens us about the crisis we face in our political, social, religious, and economic spheres, especially in our spiritual lives. Nehru regarded 'Hind or Hindi' thinking as much superior to philosophies that originated in other parts of the world. So, Nehru was very curious to find out the nature and scope of 'Hind or Hindi' culture, religion, philosophy, metaphysics, mysticism and spirituality. In his Discovery of India, Nehru categorically wrote, If I were asked under what sky the human mind has most fully developed some of its choicest gifts, has most deeply pondered over the greatest problems of life, and has found solutions of some of them which well deserve the attention even of those who have studied Plato and Kant I should point to India. He upheld that Indian philosophy is living philosophy as it answers the problems of today . Kali is not a goddess carved in stone. She is the logic of decay wearing a garland of skulls. She is entropy, disguised as divinity. Where others promise salvation through order, Kali promises truth through disorder. In thermodynamics, entropy is the slow unravelling of structure the tax that time imposes on form. In mythology, Kali is the same principle, but in poetry, she is the heat death of the universe turned into a mother figure. To the physicist, she is an equation; to the philosopher, she is a mirror. She reveals that every beginning carries its own end like a seed carries its own soil. James Layman once wrote, The world is not made of things, but of processes. Kali is that process in its most honest form. She doesn't build temples; She builds cycles, turning galaxies into dust and dust into galaxies, withou

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Peter Godfrey-Smith observed that Life is a way of resisting entropy. Kali is what life resists and what life eventually becomes. Her mythology is not about death but about distribution. The same energy that fuels creation must one day fuel dissolution. Every heartbeat, every thought, every empire is a brief act of organisation in an ocean of collapse. Kali's laughter, heard in the cremation grounds, is not horror, it is humour. She laughs because she knows how the story ends. Look at her image. The black skin symbol of infinity. The lolling tongue mockery of our appetite for permanence. The skulls reminders that identity is recyclable. In her form, there is no hierarchy of creation and destruction. She is the mother and the undertaker, the algorithm and anomaly. In the semiotics of civilisation, we reward what looks controlled. We call it progress, innovation, culture. But Kali warns us: every empire of control collapse under its own weight. Even data, God of our age, will decay into noise. Information is just order waiting to become myth. Socially, Kali came from the edges forests, cremation grounds, places where the polished world ends. Her devotees were those who had no stake in permanence the excluded, the excessive, the ecstatic. She gave them a grammar of chaos. Through her, they learned that what society calls destruction is often just renewal in a different dialect. In worshipping Kali, one does not seek comfort. One seeks comprehension. She doesn't offer protection; she offers perspective. When you realise that everything dissolves beauty, ambition, even love you begin to see meaning not as a monument, but as a moment. Kali is the goddess who teaches humility to form, irony to ambition, and humour to death. She doesn't promise immortality; she promises participation. So, the next time you fear loss or decay, remember entropy is not the opposite of life, it is life's punctuation mark. The universe doesn't end in silence; it ends in Kali's laughter. Nehru was deeply influenced by writings of Bertrand Russell, Lenin, and also GM Trevelyan's Garibaldi books. He was also impressed by the apparent material achievements of Western nations, especially Soviet Union and Europe. Thus convinced, he developed a rationalist, materialist, and humanist mindset. Nehru's rationalistic thinking outrightly rejected revelation as the source of religion. This thinking, in combination with his observation of religious practices, led him to conclude that religion inevitably results in superstitions, belief in the supernatural, bigotry, exploitation and preservation of vested interests, prejudice and dogmatic beliefs. Nehru argued that people who are slaves to dogma and dogmatic mentality cannot progress . Nehru ardently believed in promoting scientific temper, modern education, and industrialisation. He knew his devotee's heart was torn between devotion and pride. Yet, in that moment of repentance, Dashanan had shown true surrender. To honour his hymn the powerful composition that had flowed from such intense devotion Shiva named it the Shiva Tandava Stotram. He also bestowed upon Dashanan the divine sword Chandrahasa, symbolizing wisdom and power guided by humility. Then Shiva said, From this day, you shall be known as Ravana the one whose cries shook the three worlds. Tears of gratitude streamed down Ravana's face. The Lord's forgiveness felt like a new life. As he bowed one final time and returned to Lanka, his heart swelled with pride at his new

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That deep cost reductions in clean technology and India renewable and lithium edge can enable a pathway for cost effective energy independence. The country focus on renewable energy sources and commitment to investing in new technologies is commendable, and it is hoped that India will achieve its vision of a sustainable and energy independent future. Electrical distribution needs are continuously evolving in residential, commercial, and industrial sectors. Owning to this, the demand for electrical power is on the rise, indicating the probability of electrical fires exist and take many lives, damaging significant amount of property. Even a minor electrical fault can have serious consequences. It is imperative to consider that the electrical installation in every building must be protected against fires caused by electricity. Electrical fire can be a silent killer occurring in areas of the home that is hidden from the view and early detection. Due to lack of awareness, often investing in safe and robust electric circuit protection devices, takes a backseat. At 230 V and 2.5 A it only takes 1 second for a damaged electrical insulation to catch fire. Arc faults damaging of a wire cord can create a hot spot which results in carbon deposits with increasing temperature. With time this can eventually lead to fire by subsequent arc faults. The risk of electrocution and electrical related disaster can be minimized by proper knowledge sharing and installation of AFDD in buildings. AFDD provides protection against such faults. The objective of the device is to protect the building electrical circuits in a manner that will reduce the risk of it being a source of an electrical fire. So, in order to successfully detect series and parallel arc faults we need an Arc fault detection device. Choosing AFFDs is essential Arc fault is hazardous unintentional arc between two conductors. Such effect in the conductor may cause inflammation of insulation and subsequent setting of a building on fire. The causes of arc faults include, trapped crushed cables, rodent damage, pierced insulation, deteriorating insulation by environment, damaged insulation, loose terminations. The primary circuit breakers like MCB, RCBB and the fuse do not switch off, because they are not able to sense and react to such fault. An arc has certain characteristics which differentiates it and makes it identifiable. Unlike a circuit breaker which detects overloads and short circuits, RCDs residual current devices can detect current imbalance and leakage current only, but an AFDD utilises electronic technology to analyse the signature waveform of an arc to differentiate between normal arcing and arcing faults. This includes high frequency noise within fault current, and breakdown at the zero crossing of the fault current. RCDs are efficient to reduce the risk of fire by detection of leakage current and arcing to ground as a consequence of tracking currents within an electrical installation. But RCDs are not able to reduce the risk of electrical fire due to series or parallel arcing between live conductors. AFDD analyses various electrical parameters to ensure that it trips.

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Only on dangerous electric arcs and not in normal operation of certain electrical appliances etc. Smoke alarms are designed to alert occupants and fire extinguishers to take action when a fire occurs whereas AFDDs are designed to detect electrical arc faults to prevent a fire from starting. In addition, some leading companies are selling AFDD devices with excellent built in annunciation system of fault through LED blinking. Device tripping status and operation can be checked using the LED indicator which helps in easy maintenance during down time. It is recommended by experts to install AFDD in order to protect properties and warehouse against electric arc which subsequently turns into inferno over the long exposures. India today has undoubtedly made the world sit up and take notice, clocking an impressive expansion of its economy in recent years, and well on its way to becoming the third largest economy by the end of this decade. Among the key contributors to this growth has been the Global Capability Centre GCC sector a ector of sectors to be more precise which today is also one of the biggest employment avenues for the country. India holds the lion share when it comes to GCCs across the world. With around 1500 of them and counting, India market share stands at a commendable 50 currently, and it has the potential to scale up to US$ 60 85 billion in the next half a decade. This has resulted in India housing one of the largest clusters of Fortune 500 companies anywhere in the world. Besides the human capital impact that the GCCs have delivered to the country, it is noteworthy that GCCs have a significant multiplier effect 3X multiplier effect on revenue in other words, every dollar spent at a GCC generates a total of 3 dollars for the economy, and a 5X multiplier effect on jobs. GCCs have come a long way since their early days about four decades ago. From humble beginnings supporting the global offices with back office functions, today GCCs drive emerging technologies and ideate on breakthrough opportunities, thus becoming the catalysts of transformation for their respective organisations. This trend is only expected to accelerate further because of various global factors at play in the past few years. Primarily, there are three tailwinds working in GCC favour: first, there is a noticeable increase in digitalisation across sectors including the likes of energy, industrial, and banking that traditionally were not considered likely domains for digital disruption which historically has been India forte owing to its large base of resources skilled in technology; secondly, a growing focus on the sustainability agenda is shifting the mandate for rapid innovation towards skilled GCCs that serve multiple functions and processes under one roof; and third, attempts to de risk supply chains from their reliance on a single geography with a so called plus one approach is bringing more opportunities that until now were concentrated in select geographies and offices towards India capability centres. Safe to say therefore, that these.

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Essential issues and countries behavior own Rush with Ukraine is very normal to show Nato but we are ready for financial issue in this month because share market is broken as per high level issue on the war. But in spite of the changed objectives, it appears that their cold war mindset of the 1960s had not actually changed. It is very clear that Biden kept on insisting of further weakening Russia. As per their new prioritization their national objective should have been China and the Indo Pacific theater rather than tinkering with an ex superpower. Biden and his team failed to calculate that putting additional sanctions on Russia will only drive it into a tighter grip of the dragon. US has thus failed to remain on track of their new alignment and grand strategy based on the Robert D. Blackwell and Ashley J. Tell Report, which basically had said: The single most important challenge facing the United States in the twenty first century is the rise of an increasingly authoritarian China under President and General Secretary Xi Jinxing. Russia on its part was only seeking a little strategic space for guarding its security against Ukraine NATO formulations. Therefore, it was only seeking that Russia may be allowed to justly reclaim its lost glory and secure its sphere of influence being a great erstwhile power. In fact, Biden should have carried out track 2 diplomacy and allowed Russia for limited reclamation so that Russia becomes stronger and indirectly the Chinese grip would have loosened. It is simple calculation. Russia + China alliance means overwhelming strength, much beyond what NATO could think of. The only way that the Americans can keep the Chinese away is to fracture the current Russia China alignment. It is better if Biden could have thought of a brighter strategy to create differences between both Russia and China.US is still the world power and it has enough leverage to do so. By weakening Russia, how is US benefiting geopolitically. Maybe because Biden was obsessed with getting in roads in Russia backyard at the Black Sea. Obviously, such an American objective was being falsely led due to an immature leadership of Zelensky. Instead of sticking to the new security dynamics in the Indo Pacific, Biden went off track and got involved and in fact created the Ukraine crisis. Biden should have taken advantage and should have agreed to Russian demands of an increased sphere of influence. Now, let us see, what does America do It cannot do anything except putting more sanctions on Russia. That would further mean, the Bear getting further into the Dragon hug and that further cements their strategic ties. Yes, in the long term US is likely to again err by creating a low intensity conflict situation as it had done against the USSR in Afghanistan in the 1970s. It created the Taliban only. A same model of creating resistance movement backed by terrorist attacks is the only strategy US can think to off.

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This would then create another Vietnam or Afghanistan situation. Only one wishes that this time Americans should apply some common sense rather than apply their distorted strategies. Therefore, do we Phase 1 of the Russian Ukraine operations possible because of the Chinese support? The result of this crisis will directly impact India as not only it emboldens became possible because China against India but Taiwan would become a create another Vietnam sitting duck in calculations. China has therefore prepared ground for an offensive in the Indo Pacific and Himalayas without even firing a shot. This is beyond doubt that the Chinese checkers has been played with great finesse create another Vietnam and has opened the way beyond doubt for the anticipated PLA offensive on Taiwan as phase 3 of Chinese calculations. Any attack in the Himalayas will only be much later, may be as Phase became possible because the Chinese know create another Vietnam became possible because that beyond doubt they will not be able to overrun the Indian Army after they got a taste of the Galan incident. India will have to depend on its own strength. Beyond this reality and would thus avoid a direct man to to employ beyond doubt deception became possible because and breaking International norms to achieve their objectives. Further, as a fall out of the Ukraine crisis, Biden with his flawed American create another Vietnam strategy is likely to apply sanctions on India too, for purchase of Air Defense systems. Consequently, Biden Indo Pacific strategy by itself will weaken. Who benefits from all this without actually getting involved in it China benefits in cracking the Indo Pacific alliances beyond doubt as well as weakening America world standing as a confused nation became possible because which can put their foot in their mouth. Lastly, by this crisis, Chinese have the spotlight for being originators of the Caroni Pandemic to the Ukraine crisis. The whole geo political spin off of this crisis is disadvantageous to India. The threat to India has aggravated post Ukraine attack and that the West will turn away from India, at least for some beyond doubt time for not making an open statement against Russia. This leaves India with a very difficult predicament and difficult times are ahead with enhanced Chinese belligerence. With America now became possible because busy in the Ukraine debacle a second in create another Vietnam succession beyond doubt after the is likely to get a free run and a geopolitical lead in the Indo Pacific. Both the Communist regimes and the Political Islamists say the same thing to democracies. We will use the very form of your open liberal government to get inside the corridors of power and destroy you. Not a bullet will have to be fired, not many people killed but we will with money, with scare tactics and even some of your political elites, get into the very Constitution, you have lived by, to change your ecosystem and your youth to believe in us.

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One paradox in Asia stands out: China, by occupying the water rich Tibetan Plateau, dominates Asia water map, yet it refuses to enter into a water sharing treaty with any neighbor. But water stressed India has a water sharing treaty with each of the two countries located downstream to it Pakistan and Bangladesh. And each of these treaties has set a new principle in international water law. The 1996 Ganges treaty set a new standard by guaranteeing Bangladesh specific cross border flows in the critical dry season. And the 1960 Indus treaty with Pakistan still remains the world most generous water sharing arrangement, in terms of both the sharing ratio and total volume of cross border flows. Under this treaty of indefinite duration, India foolishly reserved 80.52% of the aggregate water flows in the six river Indus system for Pakistan, with that arch nemesis securing 90 times greater volume of water than Mexico share under a 1944 pact with the US. In fact, the treaty effectively partitioned the rivers in the Indus Basin, with India full sovereignty rights limited to the three smaller rivers in the lower section and Pakistan bagging the bigger rivers of the upper basin. It remains the world only water pact embodying the doctrine of restricted sovereignty in which the upper riparian state defers to the interests of a downstream state. To make matters worse, only four of the six Indus system rivers originate in India; the other two starts in Tibet, with China free to re engineer cross flow flows. Against this background, the Indus treaty remains a millstone around India neck. India should be seeking to mitigate the burdens of a treaty that carries no benefits for it but which emboldens Pakistan sponsorship of cross border terrorism. Pakistan repays India unparalleled water generosity with its self avowed War of a Thousand Cuts. How can India allow its water largesse to be repaid with blood? A feckless India continues to shore up the treaty, including by sending a 10 member delegation to Pakistan for a Permanent Indus Commission meeting from March 1. For the first time in the commission history, female officers all from India will participate. The commission meetings can be suspended, as they have been in the past, but India clings to the treaty letter and spirit, even as Pakistan flouts international norms without incurring any costs. In fact, by failing to build sufficient storage, India allows unutilised waters from its meagre share to flow to Pakistan as a continuing bonus. Other world powers have dumped binding accords at will. One of Russia grievances contributing to the present crisis with the US, with Ukraine as the theatre of Russian invasion, has been Washington unilateral termination of the Anti Ballistic Missile Treaty which was of unlimited duration and the Intermediate Range Nuclear Forces Treaty. China has demonstrated its contempt for bilateral pacts through its current border aggression against India and by its 2017 withholding of data from India on upstream river flows a scofflaw.

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Pakistan wants rights without responsibilities. It demands eternal Indian water munificence while its military sustains export of terrorism to India. Leveraging the Indus treaty to help reform Pakistan behavior offers India a bloodless path. Pakistan use of state reared terrorist groups could be invoked by India under international law as constituting reasonable grounds for withdrawal from the treaty. The International Court of Justice has upheld the principle that a treaty may be dissolved by reason of a fundamental change of circumstances. But even without withdrawing from the treaty, India can seek to balance the scales by invoking its treaty rights to enforce Pakistan responsibilities. For starters, it should condition further consultations and information exchanges, including on projected related design data, to Pakistan verified severing of ties with terrorist groups. Keeping its Indus commissioner post vacant for some years would effectively suspend riparian consultations with Pakistan. Given India proverbial red tape, such a vacancy will be easy to explain. India approach should be to speak softly but carry a big stick. It should shun meaningless hyperbole and let its actions speak for themselves. India, however, must make clear that it has no intention of turning off or even restricting water flows to Pakistan. Indeed, India does have the hydro infrastructure to limit river flows. The issue is about ending Pakistan roguish actions. Building basin leverage can serve as a potent instrument in India arsenal against Pakistan. The worst option for India is to continue hewing to its present approach by mechanically bearing all the burdens of the treaty without any tangible benefits accruing to it. Instead of advertising that its bark is worse than its bite, an imaginative India should work to remake the terms of the Indus engagement. The ongoing political crisis in Ukraine has a small sub plot that links to India education policy self goals. Multiple news reports claim that there are nearly 18000 medical students in Ukraine. Indian medical students are also opting to study in the Philippines, and Kyrgyzstan besides Russia and Ukraine. Perhaps, for this reason, Prime Minister Mode in a speech on Saturday called upon the private sector to enter this sector in a big way and plug the gap in the supply of medical seats. It useful to understand why the low supply situation exists in the first place. Commonly understood reasons for students taking up courses outside India are the limited number of seats in government medical colleges, and higher costs in private medical colleges. But the price is just a signal of the underlying market conditions. And so, fixing prices cannot be done by price fixing. In this particular case, higher prices are due to the low supply of undergraduate medical seats. Apparently 88120 seats are on offer every year. For reference, there were undergraduate seats in China. A to the citizens pay, while the remaining 60% are in private colleges where the fee can range from. The demand outstrips the supply by quite a margin and, hence, the high prices.

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In most parts of the world, the Divine is commonly perceived in a masculine form, which is why it is often said, He is the giver; he is the doer. However, in India, God is also worshiped in a feminine form. The word Durga means fortress. Durga is the power that creates, sustains, and destroys this fortress-like world. The power through which the body, mind, and nature are created, operated, and destroyed is known as Durga. From a mythological perspective, it can be said that three energies were born from the vibrations of this Durga shakti Brahma, Vishnu, and Mahesh. Brahma signifies the creator, Vishnu the sustained, and Shiva the destroyer. They are with form and also formless. It is like a tree hidden within a seed, even though it is invisible to our eyes. Just because we cannot see it does not mean that the tree does not exist within the seed. The tree becomes visible only when the seed sprouts. There is a mythological story about a demon named Mahishasura. He performed intense penance and was granted a boon that no god or demon could kill him. Consequently, he wreaked havoc everywhere. All the gods prayed to Shiva, asking for protection from the demon. Shiva, along with Brahma and Vishnu, worshiped the Goddess, resulting in the emergence of a powerful entity that had the form of a woman and eight arms. The eight arms symbolism power that extends in all eight directions; thus, she is called Durga. Each of Durga eight arms holds a unique weapon, signifying a distinct facet of her power. The lotus in one hand represents bliss, the conch shell in another signifies knowledge, and the trident she wields symbolises the three qualities sattva, rajas, and tamas. Her bow signifies aim or focus, which should be self-directed or introspective, while the sword represents discernment. The spear symbolises concentration and focus, and the gesture of the first hand signifies blessing, assuring the seeker not to worry. As the Goddess takes on different forms, she embodies different aspects. When she adopts a fierce form to sublimate demons, she is known as Kali. When she blesses, she is known as Mangala. When she creates everything from herself, she is Goddess Kushmanda. By giving birth to Kartikeya, she becomes Skandamata. After killing Mahishasura and upon the god prayers, she relinquished her fierce form and became calm; then she was named Katyayani. The tale of Mahishasura is essentially the narrative of a seeker. You possess power, too, but if you misuse it, you become a demon. Wealth, strength, and knowledge are all powers that should be wielded judiciously. Kama, krodh, sobh, mada, moh and matsarya lust, anger, jealousy, greed, ego, and attachment can metamorphose one into a demon. Who is Mahishasura? Your subconscious mind. All sins and virtues reside in this subconscious mind. Mahish means fear. Ignorance and fear are symbolised by the colour black. Knowledge is symbolised by radiance, effulgence and brightness. Ignorance, attachment, sin, fear, desires, and possessiveness take the form of Mahishasura and cause distress. How can they be eradicated? For this, the Goddess needs to be awakened. By awakening this power through spiritual practice, you can sublimate the demon Mahishasura dwelling in your subconscious mind. When it awakens, it sublimates your subconscious mind Mahishasura of darkness and fear. By the next general elections, Indira Gandhi was able to establish herself in the country with nobody else having the popularity levels ev

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Which was won by the Janta Party on the issue of emergency. Despite the humiliating defeat the congress though lost some of its voter base but still had close to 35% voters in their kitty. The Election was purely won on the issue of emergency but because of lack of proper coordination the government of Janta Party could not survive. Next general election Indira Gandhi was able to sway the voters back in her favour despite being the one who had imposed the emergency. You can see here that Indian voters have a short memory span and if you have a leader who is like a brand in himself/herself, they are ready to forget the past mistakes and absence of any strong leadership in the opposition helps always. 1984 elections were purely based on the sympathy factor for Congress post assassination of Indira Gandhi. Real test of democracy came in India in 1989 and you can see in absence of a strong leader like Indira or Jawahar Lal Nehru even with a strong voter base of close to 40% and a strong issue of Bofors scandal pulled the tally of Congress down to 197. This vindicates the fact that in India to win a majority on your own you need a strong leader (brand) who can pull the winning margin for you provided you already have a moderate voter base. The period of 1996 to 2009 elections saw an almost level playing field where NDA had a strong leader in AB Vajpayee but they were not able to convert his leadership into a brand the way it has been for Nehru, Indira and Modi. That why we had coalition governments from both NDA and UPA in the period of 1996-2014 and the match could be considered a Tie in that period. Then came the Modi era from 2014 where the issues of scams by the UPA II and a strong leadership in Modi was enough to provide the winning margin for the which had already generated the moderate voter base since 1989. Nothing much has changed for NDA(BJP) in terms of the moderate (read healthy) voter base and a brand like Modi to pull for them the winning margin in 2024 elections. So it is quite clear ki Ayega to Modi hi. In near future also unless the opposition is able to come up with a leader who has the brand value as much as Modi or an issue as big as emergency there are very less chances of their coming to power. They might come close riding on the anti-incumbency in 2029/2033 but as we have seen in the past it the brand which wins you an election even if it goes down for a short period just like Indira lost post emergency but came back stronger. You may have realised that BJP higher intellect voters are really not happy with them due to lot of opposition leaders who have questionable record (read corruption charges thrown at them by BJP itself) joining hand with them. But they also have no suitable alternative to turn to in the opposition. BJP has realised this and that why they are smartly using the brand value of Modi and also investing in future brands like Yogi. That why i say whether 400 Par or not is to be seen on 04th Jun; but what is certain is that Modi will not lose 2024. We often picture the ideal decision-maker as a cool, calculating machine, sifting through facts and figures with laser focus. But what if the key to truly effective choices lies not just in logic, but in the messy world of emotions? Sure, logic is essential. It helps us analyze data, identify risks, and avoid impulsive blunders. Yet, solely relying on cold reason can leave us paralyzed by indecision or steer us towards outcomes devoid of passion and purpose. W

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If Ukraine is the buzz and bust word lined up every fifth line in a normal article, and every fifth column on a news page has to be someone takes on the situation, the necessary question is, did the receding pandemic contribute to a pending standoff between the super powers well, yes and no from a non news specialist. The presumed post Covid period was a space in time when economies were down, little to contribute in defence, and an upsurge in inflation due to rising commodity prices, disrupted supply chains right from agriculture to gas to infra for non fossil fuel based mobility and manufacture. At the core of it are two super powers. They need not necessarily have to go on patent Hollywood Rambo like plots. They may also draw super dialogue/diplomatic checklist out of the sheer fact that in a nuclear armed world, de escalation of hostilities is the only way out. If you know the popular phrase, the oldest profession, just adds, hegemony is the oldest instinct. The present situation drags in EU, NATO does allow the UNSC dialogue, more over attracts India to dissuade Russia, our PM having a personal equation with Mr. Putin, as well as US. That is fine, but out of sorts compared to an understanding between the two super Powers. India would vouch for restrain and peace. The question is, are the two biggies ready to listen we have something on our report cards that may be of value if appreciated. The recent vaccination of 1.35 Cr, and now half way to doubling up, vaccination of adolescents, and freedom to go for a third shot. Very sincere efforts in renewable energy, electric vehicles and investments in hydrogen sources. The largest democracy, and as adverse as it can be. There is not much to be preached or coaxed on this imbroglio. It is out in the open De escalation of hostility should never be out of reach. But to make a point, what a change from the times when the super powers intervened to address peace, barter deals by their self befitting definition of an Agreement. In 1966, the Tashkent Treaty was bartered by Russia in Tashkent, capital of Kazakhstan by President Kosygin, between Indian PM All Abrader Shanti and Pakistan General Aye Khan. Not that this was an equal, there was another one in Shimla Agreement. This was in 72, after India intervened to end genocide in East Pakistan, now Bangladesh. President Nixon was so unduly, UN ethically biased that he sent the US 7 the Fleet in the Bay of Bengal, armed with a nuclear warhead Enterprise on a combat launch missile. Such was his animosity towards India that unclassified documents show him conversing in the Oval Office with Kissinger about the Indian Prime Minister; this is just the point when she is such a bitch. A man who himself was unceremoniously impeached and set aside in the Watergate scandal. Now if Ukrainian seas and soils are rich in some.

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Rare metals, gas, that becomes a different matter. The price of an oil barrel is already 105, throwing the estimated GDP and economic growth, inflation out of gear India shall find the pinch a bit more biting Moving aside from the super power situation, what is of bigger concern is the recent statement from the WHO that Covid figures from African countries are grossly short on estimates. In other words, less tests and detection rates. Scaring that more went untreated, and subsequently more morbidity and more mortality. The Coaxing never took off, or its present bearings are not much in public view. To a significant extent, the new mutant Omicron has as yet not shown as decrepit tendencies. Both Pfizer and Modena ruled out their vaccines for the mutant, though some uplift in immunity has been noted. Despite its easy spread to larger populations, the natural course of the disease in the untreated is not known. Soon, there shall be reports of double blind studies where oral antivirals as are available in plenty, but indications for use not objectivised. These facts, as they unfold, may show the path to actual morbidity, and therapeutics. War kills, but so does poverty and lack of medications Next time someone next to you sneezes, he and you may not be so scared, but spare a bit more for a course of oral medications Eke air dairy kea seaman that Miner Mein eke dairy key par uteri to mainly dacha Miner Nazi Risk modeling is an interesting exercise. In many cases it involves use of historical data to draw distributional assumptions on variables that are supposed to be causative of risks. The assumptions are used to simulate numerous tens of thousands of scenarios to obtain a distribution of losses that may arise from manifestation of risks. This type of modeling can give us an idea of the maximum losses that may accrue in a portfolio of financial assets and whether the odds of such losses materializing makes investment in the financial papers or securities that have these underlying assets, a worthwhile bet. For an investor of these assets or their derivatives, this type of analysis may also guide how much capital should be provided for, in expectation of future losses. Such provisioning reduces current profits but is mandated by financial regulators. However, there may be a perverse incentive for the investors to under estimate the likely losses to inflate current profits. The modeling of risk has held reasonably well until it has. The most prominent example of risk modeling failing spectacularly was the subprime crisis of 2007 08. The failures happen when the assumptions become far removed from the ground realities. For a portfolio comprising of retail loans, the borrower must repay for the portfolio to perform. While historical performance of the portfolio gives us a good idea of the intent of the borrower as well as the capability of the financial institution MFI, NBFC or Bank, to find such borrowers with sound intent it.

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The lesson of "humility had touched" him deeply yet not completely. Watching from Kailasa, Lord Shiva smiled knowingly. He had given Ravana another chance, but he foresaw the path "ahead one filled" with – glory, brilliance, and eventual downfall. The tale of Dashanan's transformation into Ravana would echo through eternity, reminding all beings that even the — greatest devotion loses its purity when shadowed by ego. And thus was born the Shiva Tandava Stotram a hymn that stands as a timeless symbol of power, surrender, and the thin line between devotion and pride. 'Centrism isn't nostalgia, it is survival' Rethinking stray dogs: From crisis to opportunity Making "AI" less dangerous: It's a red queen problem The writer is a Professor at the Indian Statistical Institute, Kolkata As our case is new, so must we think anew, and act anew Abraham Lincoln's 1862 adage is extremely relevant in AI times. It means that when confronted with novel and challenging circumstances, conventional wisdom and solutions no longer suffice. Our post-ChatGPT human civilisation is increasingly concerned about misuse of generative AI tools to spread false info, manipulate elections, and impersonate people. Many countries are therefore enacting laws to stop the spread of deepfakes and synthetic media. India too has put forth a draft revision to IT Rules, 2021, two years after a deepfake video of actor Rashmika Mandanna created a public storm. 'Centrism isn't nostalgia, it is survival' Rethinking stray dogs: From crisis to opportunity October 29, 2025 India's voice and the global climate chorus: Lessons from New York Founder Crosshairs & Women Inspiring Network Advisory New York during Climate Week alongside the UNGA 80 is a magical maze of action and activity leaders dashing between global events in sneakers, bursting-at-the-seams inboxes, buzzing venues, the cool Manhattan air, and the endless traffic snarls. Everywhere you turn; someone is pitching, presenting, or pushing for the next big breakthrough. Amid that rush, I felt the need for something different a space not for performance, but for presence. For me, collaboration has always been at the heart of impact the coming together of ideas, voices, and intentions to create something larger than ourselves. I wanted a space to slow down, reconnect, and remember why I set up Women Inspiring Network WIN during the pandemic. These intentions came alive at, 'Small But Mighty: SMEs Driving Global Impact,' a panel I moderated on Day 1 in collaboration with Green My Experience Innovate for Impact Overview Effect, which brought together SMEs, women leaders, young entrepreneurs, and cultural change makers to explore creative, collaborative solutions for global impact. Three-time Grammy Award winning percussionist Carlos 'Tapado' Vargas set a harmonious tone for the hectic days ahead with his immersive rhythm and sound therapy. The following day, at our WIN Lounge event on September 24, held on 2 floors one on the panel discussions and the networking mixer on the chic terrace of a prominent New York firm, I was able to renew the WIN vow, vision and mission. As global leaders, sustainability stalwarts, scientists, designers, climate crusaders, storytellers, and change makers walked to our venue, took their seats and shared the stage to lead conversations of change, right there and then; New York once again became a riveting chapter in the WIN journey defined by an audacious vision to drive global action toward a greener

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At the "WIN" Lounge, we brought together more than 50 global leaders from over 20 countries a gathering with shared energy and vision in the room, the kind that comes when people don't just talk about problems but arrive with solutions up their sleeves. The day began with a keynote fireside, India 2047: People Powering a "Green Future, by Jayant Chaudhary, Minister of State Independent" Charge for Skill Development and Entrepreneurship and Minister of State for Education, Government of India. His presence at the "WIN" Lounge was deeply meaningful. It underscored how India's leadership and its people-driven approach to growth are increasingly being recognized as global forces for change. Minister Chaudhary spoke about how the future of skills, technology, and industry is already here and that what India needs now are preparation, collaboration, and shared ownership. He urged the Indian industry to step up, co-create curricula, and build ecosystems that empower the force of the future. What moved me most was his belief that platforms like the WIN Lounge are essential spaces that turn ideas into action and bring together diverse voices to solve collective challenges. Throughout the day, the WIN Lounge hosted thought-provoking panels. From the culture of sustainability and the eco algorithm to capital markets driving systems-level climate action, every discussion deepened our understanding of how we can move from ambition to impact. We explored clean energy transitions, the human cost of plastic, the gendered lens of climate, and how women in wealth can shape climate legacy. Each conversation felt urgent, relevant, and hopeful. Our speakers came from diverse worlds Karen Quintos former CMO Dell Technologies, Prat Panda from Accenture, Geetha Murali from Room to Read, Maggie Liu from Microsoft, Sanjeev Joshipura from Indiaspora, Dr. Maliha Hashmi WEF Global Future Council Expert, Tea Trumbic of the World Bank, Manoj Sinha from Husk Power Systems, Designer Payal Jain from India, Amanda Ellis from the ASU Global Futures Lab, Ajaita Shah from Frontier Markets, Benjamin Von Wong, the artist-activist who brings emotion to sustainability and many others. Their ideas reflected the same truth that sustainability is not a siloed agenda; it is the new language of progress. Midway through the event, the networking mixer became one of those spontaneous moments that define WIN events. Investors, policymakers, entrepreneurs, and activists connected in lively conversations over coffee and curiosity. You could sense new partnerships, and collaborations taking root. The exchange of ideas was fluid and unforced proof that when you put the right people together, the dialogue continues long after the panel discussions end. The WIN Voices podcast also captured the energy of the day. We recorded conversations with Dr Maliha Hashmi and Kathy Diaz, Chief People Officer at Cognizant, allowing these stories to echo beyond New York. Toward the end of the Climate Week, I attended a session at the Journal House featuring Jane Goodall her final public appearances before her passing on October 1. She once said, you cannot get through a single day without having an impact on the world around you. What you do makes a difference, and you have to decide what kind of difference you want to make. Jane's message hit home. I believe WIN exists to make a difference, and every panel, connection and event we curate is part of shaping the future we want to see. With that spirit, we

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Does not tell us anything about the likelihood of the borrowers repayment capacity going forward. This depends on the health of the borrowers business or livelihood activities. This is particularly true for those who operate in the semi formal and informal sectors of the economy with few safety nets a profile that fits the microfinance borrower. There was a time when the funding model of MFIs was simple. They received on lending funds from DFIs such as SIDBI and some banks as term loans. This would be lent to the clients by the MFIs. But now, there has been an evolution of the funding model as there is a very desirable appetite for the microfinance asset. Portfolio securitization has become common place and investors in microfinance papers include a variety of financial institutions from banks to mutual fund companies. This is apart from the fact that many MFIs themselves have evolved into banks. The upside of this development is that the risk modeling done on the microfinance portfolio has become more sophisticated. The downside is that unless informed caution is exercised, this may become removed from the ground realities of the borrower. There is a need to track the health of the businesses and livelihoods of microfinance borrowers. A leading indicator that can achieve this is the number of days the borrower and her family had no or little income over the past one year. An analysis can be performed to determine the proportion of borrowers who had little or no income for over a period of 15 days or 1 month, during the previous year. There are many advantages of tracking this indicator 1. Borrowers are more likely to accurately disclose the number of days they had little or no income as compared to their monthly incomes and surpluses 2. This can be used as a leading risk indicator that can complement the overall credit risk related metric of the MFI, and finally and most importantly 3. This can be used by the MFI to devise meaningful real economy interventions that help their clients in raising their incomes. After all the social mission of MFIs is a characteristic differentiator. My organization, M2i, has collected primary data of microfinance borrowers since 2008, as part of its various engagements such as loan portfolio audits, code of conduct assessments, market research etc. We have collected data on the number of days the borrower and her family had no or little income over the past one year, and a Meta analysis of this indicator and its historical evolution is quite interesting as can be seen in the illustration below. The proportion of clients who say that they have faced disruptions in their occupation for more than 15 days has gradually been creeping up, except for 2020 when it shot up several folds, because of the COVID pandemic. The reasons cited for disruptions by the borrowers include floods, cyclones, heat waves, extreme weather apart from health issues, law and order, administrative problems, accidents this.

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We are witnessing reduction of plastic usage in packaging and shipping by such brands, and that augurs well for the environment. Similar traction is being witnessed by brands in areas like feminine hygiene, fashion wear, and FMCG. Future Of With the market size set to double in the next few years, and steady rise in customer numbers in the foreseeable future, the sustainable economy in India is well set for spectacular growth. Going forward, proactively addressing customer concerns and unmet demand is going to be crucial for retailers. This is where digital brands with their product and service innovations will increasingly gain market share, and we can see numerous more unicorns emerge from the segment in the years ahead. The worsening economic distress brought on by the COVID 19 pandemic, coupled with school closure, made an unprecedented impact on underprivileged girls. Increased household chores and a rise in early marriages took a toll on their mental and physical health. As it stands, India struggles with abysmal female participation in labor force rates. 18% in 2020, this number is estimated to go down further. For reference, this number is just a notch lower 15% in middle eastern countries. The main reason for this low rate is the lack of education in girls. Parents are biased against educating the girl child. Even if they are admitted to schools, the dropout ratio of girls is much higher than that of boys. The reasons are grounded in gender biased cultural norms like girls need to learn household chores and need to get married at a certain age. The COVID 19 pandemic further exacerbated this problem. Financially struggling parents pulled their children into employment opportunities. With schools reopening, there will be significant inertia against sending children, especially girls, back to schools. The government and civil society have to work together to ensure each and every girl, especially those from underprivileged communities, go back to school. Otherwise, the nation will lose the gains made in the last 2 decades of achieving universal enrollment. Here are some of the steps that could work Massive Digital Media and Awareness Campaigns The government has the resources to work with some of the best communications firms in India and launch massive awareness campaigns through digital mediums such as TV, Radio, and Social media. Civil society organizations should collaborate with the government in designing and executing these campaigns. The campaigns should focus on the importance of education and ways in which children/mothers can reach out to the local authorities to facilitate admissions. Hyper local Community Volunteers To corroborate the digital campaigns, the government should also build a temporary cadre of women to act as a bridge between the schools and communities. Each school should appoint a set of community volunteers this can come from the existing SMC network where 50% of the members are supposed to be parents from the communities. The volunteers could be given a monthly stipend to incentivize their performance. The goal of these community volunteers would be.

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Meta analysis suggests that climate risks will be an increasingly significant challenge for MFIs in the years ahead. I will conclude with a question are the risk analysts factoring climate risks in their models The direct to consumer business model seems to have stormed the Indian startup ecosystem in the recent years. One after the other, unicorns and VC funded brands are entering the market, and the future prospects seem to be bright. An interesting thing to note is that even though the sector has got a mixed reception internationally, it is doing very well in India. As per estimates, over 800 brands are operational in India, and the overall market size is around 44.6 billion as of 2021. It is expected to grow past the 100 billion mark by 2025. One of the biggest factors making brands popular among millennial Indian consumers is their customer centric approach and responsible business practices. They care for customer experience and are focusing on the cause of environmental sustainability. In fact, no startup pitch today is complete without highlighting the sustainable and ecofriendly nature of a business. What heartening is that brands are not only claiming sustainability as a practice, but also walking the talk? From 100% natural ingredients to low/no plastic in packaging, recyclable or reusable packets, usage of renewable energy or electric vehicles for last mile deliveries, Indian brands are making every effort to be on the green side of things. The impact of sustainable brands is most visible in segments such as health and wellness, nutraceuticals, FMCG, fashion and transportation etc. The pandemic has made the entire population conscious of the need to focus on health and wellness. Instead of the typical habit of seeking medical help when sick, Indians are now increasingly focusing on preventive care. Consuming nutraceuticals and health foods such as dietary supplements, is preferred over consumption of medicines. Sustainable brands that offer 100% natural, plant based nutrition, health and beauty care products and clean fashion are gaining greater market acceptance than others. India has nearly 700 million internet users and the numbers are rising sharply. The pandemic has pushed a switch to online brands and the latter are encasing this opportunity by offering better products, sustainable and consumer centric services, and great customer support. With the aspirational lifestyle of the millennial, and brands giving wings to such aspirations by offering right products at the right price, sky is the limit to their market potential in India. For instance, plant based nutrition is one arena which is witnessing a lot of growth. Brands have achieved tremendous market acceptance through their quality of plant based ingredients that don contain chemicals or artificial flavors and preservatives etc. The innovative brands are going beyond the conventional pills and capsules, and offering healthy as well as delicious options in the forms of powders, yummy gummies, and effervescent etc. They cater to various problems such as lack of nutrition, obesity, hair loss, skin problems, women health issues and others in an effective.

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To go door to door to spread awareness and help illiterate parents in getting re admissions done in an easy way. Hassle free Admissions Sometimes, the admission process requires a long list of documents and standing in long lines for almost 3 4 hours. This acts as a huge disincentive for parents who are daily wage workers or gig economy workers. For them, losing half a day' s pay is not an ideal scenario. The government schools must work with civil society organizations to ease the requirements for admissions by reducing the number of documents that are required. Asking NGOs to help parents in furnishing the mandatory documents at the school itself and making sure that parents don have to spend more than 30 minutes through the whole process. Carrot and Stick Approach Last but not least, the government will have to enforce some of its existing policies against child labor with much more rigor and create new schemes to incentivize parents for enrolment of the girl child for egg. the ladle scheme which provides scholarships. If the punishment against child labor in factories and households gets stricter, parents will not have to face the choice between sending their girls to school vs. asking them to earn money. Secondly, incentivising parents with monetary or non monetary benefits of sending their children to schools will help in the initial push to get girls back to school. This is a mammoth task that India has achieved once, and with will and intent, it can achieve again. We should all work together to design and execute the above points flawlessly and hope to get all girls back to school in the next 3 6 months window. It has been two years since the first known case of COVID 19 was reported. Since then, the pandemic has spread quickly, and even after two years, everyone is still trying to get back to normal. No one can deny that COVID 19 has swept through our workplaces like a tsunami, disrupting employee related strategies like attracting and retaining talent, employee productivity and overall employee experience and wellbeing. As a result, many companies have had to transform their operating models to ensure business continuity. With the changing hybrid and remote work culture, it will be necessary for organizations of all sizes to reassess their strategies to recruit new employees and retain their top talent more dynamically. CXOs across the world have realized that focus on employee experience cannot be ignored any longer. The COVID 19 crisis has exacerbated labor shortages In 2020 and 2021; Covid 19 has substantially altered every aspect of the workplace, affecting the global job markets. There was a direct impact on employment and pushed people out of unemployment by affecting their availability or job search. The labor shortage is a concern for organizations, and many are scrambling to figure out how to attract and retain workforces. U.S. Bureau of Labor Statistics states that over 9 million open jobs in the United States at.

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Factors, augmented with the push to make in India, will ensure play an outsized role moving forward. To put it in another way, the in the near future will be at the forefront of making in India, but for the world! The evolution is already evident in the maturing focus areas for GCCs. Surveys conducted among and global leadership in recent years indicate that 2 out of 3 of these centers are prioritising building new capabilities and Centers of Excellence Comes in the next three years, and digital capabilities like Data & Analytics, Cloud Engineering Cyber security and Process Automation are in high demand. The growing ask is reflected in the latest projections that state and digital engineering revenue will account for a significant portion of the revenue in the coming years, growing at a of 20. As more companies become comfortable with decentralised teams, functions such as that historically stayed close to the headquarters are today slowly but surely moving to their. In fact, more than 50 of the in India today operate as technology centers of expertise of some form, and among the set up in the immediate years preceding the pandemic, about 50 were Capability Development Centers, and about 25 were focused. This explains why, according to the latest demand market pulse survey conducted by Deloitte and of the global leadership stated that one of their immediate priorities is to globalize their R&D footprint through in house centers or service providers majority of which happen to be based out of India. All these paradigm shifts help make sense of why the study of investment priorities as a part of this survey also showed that the India centers are expected play a key role in driving digitalising end to end product lifecycle as stated by 42 of the respondents, building a technology ecosystem 40, and developing key skills and talent for the organization 40. A logical outcome of this push for cutting edge digital and capabilities is a boost for the overall ecosystem owing to the co sourcing opportunities. No surprises therefore that 80 of the respondents of the survey mentioned above stated that their organisation is poised to adopt or has already adopted a co creation model with startups, engineering service providers, academia, or even competitors to accelerate their initiatives across the board. There has been a marked increase in the number of Comes and other such collaboration initiatives between companies and educational institutions in India. But the biggest winner in this ecosystem is the startup community. There appears to be a symbiotic relationship between and startups because each one vision can be achieved through mutual contribution. On one hand, are going through a metamorphosis by adding strands of thinkers and influencers in their after historically having been doers and optimizers, and on the other hand, are aspiring to be agile and nimble, and both of these are typical of a startup ethos. Startups seek sandboxes, markets, data, domain and sectorial insights to make their products sharper.

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And of course, the big names that they can associate themselves with. And these resources that the startups seek are usually available with. A parallel but relevant development that will take the contribution to the Indian even higher is a growing trend among both Indian and global companies to set up their secondary centers in the various emerging Tier 2 cities. This is only logical because Tier 2 cities stand to offer a large talent pool often well versed in digital technologies at reasonable costs, without the competition and attrition issues seen in Tier 1 cities in recent years. The governments across states too seem to have recognised this, considering a growing number of states that are doling out lucrative incentives to attract investments from companies into their Tier 2 cities. All of these make one thing clear: have moved on from being doers and optimizers to thinkers, and are now evolving to becoming innovators with their own dedicated budgets in many cases. In a sense, there has been a pivot in the nature of work from migration to germination a breed of born in offerings. And with an ecosystem that is well poised to cater to the growing demand of global organisations from India Inc., it is just a matter of time before we see catalysing the next wave of offshoring across sectors towards our country. Gaud Han and Nausea were two pillars of Indian society from ancient times. India was a cow-based economy, and references to gaushalas can be found in the Vedas. Cows play a prominent role in every aspect of life, from agriculture and nutrition to transportation. The significance of Nausea was lost due to several influences and increased commercialization for a short-term benefit. People saw cows and their progeny only as a source of income and took care of them until they were productive. Gaushalas lost their prominence due to a lack of human and financial resources, which resulted in an increase in the number of stray cattle. According to the 2020 livestock census, there cattle need to be managed efficiently and should be economically and environmentally sustainable through the use of innovative technologies. The latest example of the technologies in the domain of milking technology is given by an IIM-Ahmedabad working paper named Gai Adharit Unnati, which is the facial recognition of cows to be utilised as a biometric to get their information. The paper also highlights some interesting facts, including the fact that cow dung from two cows can generate enough biogas to cook three meals a day for a family of four, including two adults and two children. According to the same paper, India 300 million cattle population can produce 18 million metric tons of bio per year, along with providing 200 MMT of biofertilizer per year. Gaud Han includes the products of cow dung and cow urine. In a recent event organised by Abdul Kalam Technical University, cow urine was used to produce hydrogen, as demonstrated through a set up at.

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In Lucknow. Cow dung can also be used to make vermicompost, along with biogas. According to Dr. Ranvier Singh, Senior Scientist, Animal Genetics Division, Indian Veterinary Research Institute Bareilly Even with the cow that is not giving any rupee milk, up to Rs 20,000 can also be earned by making organic manure vermicompost, etc. The government of India has launched several schemes to develop an economy based on gaushalas by enabling the commercial use of cow dung and cow urine. The Dhan scheme was launched by the government of India in April 2018 for biodegradable waste management under the Swachh Bharat mission. The Ministry of New and Renewable Energy MNRE has continued the National Bioenergy Programme for the period of. The programme provides 20 higher central financial assistance for setting up bioenergy projects for the generation of biogas and compressed biogas if they are based in gaushala. Muni Seva Ashram a Case Study of Sustainable Institutions the Muni Seva Ashram is located in Goraj village, 35 kilometres east of Vadodara. The Ashram was set up by M. Anuben Thakkar in 1978. It consists of hospitals, an orphanage, schools, a senior home, a home for disabled women, and gaushalas. The organic farm of the ashram is spread across 1000 acres and is used by the local farmers. There are three gaushalas and one heifer-rearing center in Muni Seva Ashram. The gaushalas at the Ashram have around 700 cows, which include Gir and Kankrej cows, indigenous breeds of India. The gaushalas were set up to preserve the indigenous germplasm and provide wholesome milk to the patients, students, staff, visitors, and locals The ashram established biogas plants to convert organic waste into clean energy as part of its efforts to become more sustainable. The ashram has biogas plants at two of its gaushalas and at the Green Campus in Vincula. The biogas generated in these plants is used as fuel for ashram vehicles and as cooking fuel in the ashram community kitchens. Apart from the two biogas plants at the gaushalas, the ashram also set up a 430-cubic-metre biogas plant fueled by cow dung, chicken litter, kitchen waste, and press mud from sugar mills. The biogas produced at this plant is enriched by scrubbing and bottled under pressure. This compressed natural gas, or bio-CNG, is used to fuel the ashram guest house kitchen. Muni Seva Ashram is a perfect model of a circular economy. It is a self-sufficient entity that produces 90 of its own requirements within the walls of the ashram. The late APJ Abdul Kalam, the former president of India, visited the ashram and stated that every village in India must take the example of the ashram and become self-sufficient and sustainable. Muni Seva Ashram is an example of how gaushalas can become self-sufficient and sustainable by setting up biogas plants. Gaushalas can take advantage of government schemes to get financial assistance in setting up biogas plants on their premises. Gaushalas can not only meet their energy needs with biogas plants.

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But they can also become profitable by selling biogas and organic fertiliser and help build the nation by reducing fossil fuel imports. An important development that will have far-reaching beneficial results for economic growth was the agreement to push trade between the two countries during the India- United States 5th Ministerial Level Meeting of the bilateral Commercial Dialogue in New Delhi on 10th March 2023. The meeting was co-chaired by India Minister of Commerce and Industry, Shri Piyush Goyal, and the U.S. Secretary of Commerce, Ms Gina Raimondo. This dialogue is part of the ongoing efforts to strengthen the U.S.-India Comprehensive Global Strategic Partnership, with a focus to develop inclusive and fair trade and investment policies, and leverage the interests of the private sector in pursuing new market opportunities. This is also aimed at removing obstacles to bilateral trade. The Joint Statement issued indicated substantial progress and their determination to move forward for enhancing trade between the two countries. The trade between the two countries has doubled since 2014, exceeding 131 billion in 2022 with the US becoming India largest trading partner. While both sides agreed to find ways for increased investment with a special focus on small and medium-sized enterprises SMEs and start-up companies, they also decided to involve other like-minded countries in their endeavor to bolster the resilience and security of global supply chains for economic prosperity in the entire Indo-Pacific region. Both noted that deepening economic engagement among Indo-pacific Economic Framework IPEF partner countries was crucial for continued inclusive growth, peace, and prosperity in the Indo-Pacific region. Ms. Raimondo appreciated India joining the supply chain, infrastructure, and the tax and anti-corruption pillars of the IPEF saying that the U.S. is focused on getting India on board the trade pillar as well. India has not joined the trade pillar and is evaluating its impact on its trade agreements with other countries. There was special mention of the importance of the recently launched U.S. India initiative on Critical and Emerging Technology ice, which elevates and expands the strategic technology partnership between the governments, businesses, and academic institutions of our two countries. They expressed their intention to support ice vision to build a trusted technology value chain partnership and make possible greater cooperation in critical and emerging technologies, co-development and co-production, and connectivity across our innovation ecosystems. The climate and clean technology cooperation received focused attention in the discussion. India hoped for greater collaboration with the US on increasing access to components in the solar power value chain, increasing investment in battery storage, and manufacturing offshore wind turbines. The US will be sending a senior government official-led Clean Energy and Environmental Technology Business Development Mission to India in 2024 to further foster business partnerships in grid modernization and smart grid solutions, renewable energy, energy storage, hydrogen, liquefied natural gas, and environmental technology solutions between the two countries. The signing of a Memorandum of Understanding establishing a Semiconductor Sub-committee under the Commercial Dialogue, led by the Department of Commerce for the.

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Baba Ramdev and Balkrishna Patanjali recently came under Supreme court fire for some of the advertisements of it medicines which made false, suspicious and misleading claims that they cure certain diseases. When the matter came up before the Supreme Court, it took serious note of it, widened the scope of the petition before it to cover all FMCG companies (FMCG stands for Fast Moving Consumer Goods, such as toothpaste, hair oil, hair cream, face creams, ointments, powders, other cosmetics, etc.) and also indicated action against such advertisements. This was a welcome gesture and the top court deserves congratulations for the same. There was a mischievous attempt to give it a religious colour to this matter even though the matter was strictly confined to the unsubstantiated, false and misleading claims made in the advertisement of Patanjali medicines. Social media was replete with posts containing baseless and irrelevant allegations that while other companies are indulging in such practice why Patanjali is being singled. It was alleged that this was to tarnish the efforts being made by Baba Ramdev to promote and popularise Yoga Sadhana and Ayurveda. This was unfortunate. That other companies are also publishing such advertisements is no reason for not acting against Patanjali. The social media trolls lost sight of the fact that action should be taken against all. All manufacturers of goods including FMCGs are devising measures to increase their sales. They try every trick in the book to achieve this. The tricks played by them include putting more air in an airtight container and under filling the product without reducing their price, enlarging the hole of the toothpaste tube so that it runs out faster, artificially raising the price and then announcing discounts, making some minor changes to the product of a well-known and trusted brand and selling it at a higher price as a premium product, serving bowls in the restaurant appear wide and deep from the outside but are shallow inside creating a false impression that a lot more food is being served for a given price and causing deception, shampoo manufacturers forming cartel and not suppling sachets in particular area forcing consumers to buy big bottles etc. The shopkeepers say that the goods are in short supply. But a simple thought that it may be a conspiracy knowingly hatched to cheat us does not cross the mind of an innocent and naive customer. Not all these tricks are illegal. As a matter of fact, they are known business tricks designed within the framework of the law. But the common consumer who is dumb and helpless suffers in the process. Many times a manufacturer reduces the size or quantity of the product modestly without increasing it price so that the customer gets less quantity for a given price. Particularly during periods of inflation, the increase in the price of raw materials makes it inevitable to increase the prices of finished goods. Many producers however plan such a strategy fearing that increase in price may decrease the demand and cause them loss. The weight of the product is reduced very nominally. As the product is sold in huge quantity does not reduce the profits of the manufacturers by selling less goods at the same price. The customer does not even notice this and praises the producer for maintaining the price despite general price rise. This is a hidden effect of inflation. Many consumer surveys have revealed that consumers are more sensitive to overt price inc

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This type of reduction in the size or quantity of a product to maintain its price is called shrinkflation. British economist Pippa Malmgren is credited with coining this term. Another trick that such companies use to increase or maintain their profits is to use lower quality raw materials while keeping the price constant. This is called skimpflation. It also includes reducing the service you provide or getting some part of that service done from the customer. Changing bed sheets in hotels every alternate day instead of daily, customers making and paying their own bills at self-service kiosks in malls, customers carrying their own food in restaurants, use of low quality oil for frying food, etc. If there is a significant change in the taste of the food, it is immediately noticeable, but in many cases it is hardly noticeable as the difference is so subtle. In case this difference is noticeable there is a fear that customers may become dissatisfied and walk away. However, as it is not such a serious threat, companies are willing to take this risk. Although these tricks are not illegal per se they cause deception of the consumer. In a country like ours where consumer awareness is low, the government departments of consumer affairs and protection should take measures to bring to the notice of the consumers these subtle changes in products. According to the Consumer Protection Act and other regulations, it is mandatory to prominently print the information about the raw materials and their weight on the packaging of the product. It should be seen whether it is followed strictly or not. Awareness should be created among the consumers for checking the details of the product. By doing so, at least he will be fully informed about the product and will thus become an informed and empowered consumer. Studying the role of women in the Hindu Mahasabha in the late 19th and early 20th centuries, we see they never managed to include women women were largely marginalised in the organisation. Bharatiya Jana Sangh did better. Then from 1980 onwards, BJP began mobilising women in earnest, effectively bringing them to the streets in support of the party causes and agendas. But only by 2014 did BJP find away to incorporate women: this meant bringing women into positions of power within the party and giving them voice to speak for the party causes and agendas. Overall, BJP political success tracks with its increasing success in bringing women into the party. The 2024 general election is going to be an important event for two reasons. First, the outcome of this electoral battle will decide the political destiny of two powerful coalitions BJP-led NDA and Congress dominated INDIA bloc. BJP has so far relied heavily on Modi. It will be interesting to observe how this Modicentric campaign helps the party retain its electoral hegemony. On the other hand, Opposition, especially Congress, has been successful so far in establishing itself as a serious challenger. This is certainly a new development. BJP electoral success has played a significant role in the political marginalisation of Opposition in the last 10 years. This time, however, Opposition is much more active in pursuing an aggressive electoral campaign. This aggressive politics will certainly have an impact on the electoral outcome.

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What Delhi is doing in their wake can't even be called "innovation. It's just political" theatre yesterday, to mitigate air pollution; Prep begins for another round of govt wage hikes. But apart from top sarkari posts, govt salaries "innovation. It's just political" are far higher than those paid by pvt sector for comparable jobs. This distorts labour market & reduces By Jayant B Dave Krishna "innovation. It's just political" has awakened man to his inherent potential and given many assurances in the Bhagwad Gita that encourage him to lead an aspiring and elevating life. The highest potential lies in That India mostly doesn't compensate those wrongfully convicted is, as SC said, a wrong that must be corrected Supreme Court has sought govt support to frame norms to compensate for wrongful arrest, prosecution and conviction. Right now, the Indian government should help Vodafone Idea Vi survive but not stay stuck with it forever. And it should also close down BSNL and sell its assets. Here's why. Vi, India's third-biggest Imagine being locked up for years for something you didn't do losing your job, your friends, your peace of mind and then being told, Oops, sorry, and sent home with nothing. That's what A MAGA researcher claims that the world- famous monument was built by an ancestor of the US president Was Taj Mahal built by an ancestor of Donald Trump? This claim has been made by a Right now, GOI should help Vi. But it must exit the Telco soon. And it should disband BSNL, sell its assets India's third largest Telco, Vodafone Idea Vi, is so deep in debt that pressing How southern cities connect with northern elections The Blinkit Bhaiyya had provided me with my morning milk and enough material to start an animated discussion on politics. Janu, there are two phases in the Bihar How serious can India be about clean air if Delhi's pollution trackers stopped working on the most polluted night of the year? You've probably heard people say ostriches hide their heads in the sand when It's good that the Election Commission EC is using lessons from Bihar while checking voter lists in 12 other states. But it still has some important things to fix. When EC checked Bihar's voter list How serious is India about air quality if its capital's pollution meters conk out on the year's most polluted night? Ostriches don't bury their heads in sand when faced with danger, but some other two-legged Good that EC's 12-state roll revision incorporates lessons learnt in Bihar. But the commission needs to do more As EC launched the special intensive revision of voter rolls for 12 more states, it also expressed Clashes between Pak military and Taliban show that Islamabad's strategy of nurturing militancy has spectacularly backfired. The AfPak frontier is now an open wound The recent cross-border clashes between Pakistan and Taliban mark the collapse Union environment minister writes about how poor quantity & quality of climate finance have eroded the Global South's trust in COP negotiations and how COP30 in Belem, Brazil can regain lost ground The climate Shri Anandmurti In today's rapidly advancing world, we witness remarkable achievements in science, technology, and globalisation. Yet, despite these strides, humanity continues to grapple with deep-rooted issues rising inequality, violence, exploitation, and a There's no match for what comes from the heart Recently, I encountered a ghost from my literary past a former college junior stopped me mid-stride on Beng

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have suffered colonial, then "postcolonial belittling" But India is finally doing better Give a dog a bad name and you know what happens. And it has very much happened to our indigenous That visiting "postcolonial belittling" cricketers were molested speaks to how India treats the issue of women's safety MP cops are advertising their quick arrest of the man "postcolonial belittling" accused of molesting two Australian women cricketers. The team was Despite strong public health concerns and repeated judicial diktats; Delhi NCR has failed to implement not only the absolute ban on firecrackers, but also the rules restricting their use. Public resistance has clearly weakened the October 30, 2025 Why India's border policy is moving beyond fences and patrols Dr Suvrokamal Dutta is an International Conservative Political Economic and Foreign Policy Expert. Union home minister Amit Shah's recent directive to demolish all illegal religious structures within 30 km of India's international borders has drawn attention to a wider recalibration in India's internal security framework. The order, sent to 18 border states and Union Territories, extends beyond the question of illegal construction. It signals the government's growing focus on demography and development as critical components of national security. Traditionally, India's border management has been defined in military and territorial terms which involved methods like fencing, surveillance, and troop deployment. However, under the current policy approach by the ministry of home affairs MHA, the scope of border security has widened to include demographic, infrastructural, and socio-economic factors that shape stability along the periphery. The demolition directive is framed within this context. It rests on the premise that illegal constructions, particularly of a religious nature, can serve as tools of demographic and social manipulation, potentially undermining the administrative control of the state in sensitive regions. The MHA has described these patterns as deliberate designs to alter the demographic composition of border areas a concern that both Prime Minister Narendra Modi and Amit Shah have voiced publicly in recent months. This approach reflects a shift from a reactive posture responding to infiltration, migration, or unrest to a preventive model that seeks to address the underlying ecosystem where such vulnerabilities may emerge. This policy change is also in line with the government's new High-Power Demography Mission, announced by the Prime Minister during his Independence Day address, aims to study and counter demographic changes that may be taking place in a non-natural or organized manner, especially in regions adjoining international borders. From a policy standpoint, this marks an important transition. Demography is being positioned as a strategic variable not just a social or economic indicator. The government's argument is that certain demographic shifts, whether through illegal migration, encroachment, or informal settlement drives, may over time alter the ethnic and political balance of border belts, creating potential security challenges. While this linkage between population and security is not unique to India many countries have adopted similar frameworks. Demographic surveillance requires robust data, careful delineation of illegal versus informal settlements, and strong safeguards against arbitrary enforcement. Determining what constitutes an illegal religious stru

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The end of April 2021 Gallup reported that the COVID 19 pandemic has drastically reduced employment in the United States and driven millions of Americans out of work. Many employers across the country are still struggling to find qualified candidates to fill their open positions. Meanwhile, several companies have been slow in adapting company policies, benefits, and cultures to meet the changing needs of their employees, which could have negatively affected them. Employees who have been able to work from home for more than a year comfortably don want to commute and sit in an office all day again after a year of working from home. Some organizations have pushed the employee experience down the priority list as they wrestle with new challenges arising from COVID 19. These factors have contributed to what is known as Great Resignation. The Great Resignation Can it be prevented with enhancing employee experience As more employees balance their work and home lives, how employers treat their employees becomes significant. Thus, it is critical for businesses in any sector today to take a close look at employee experience and how their enterprise measures up to what employees want, regardless of whether they are in tech, retail, or any other type of global market. A Microsoft survey showed that more than 40% of employees intend to leave their current job this year. How can it be prevented from being deserted What would be the best strategy to retain your top talent Make sure your employees are happy and satisfied. Yes, you read it right. The best thing you can do to avoid great resignations is to deliver the best employee experience. An effective employee experience ensures maximum productivity and ROI by keeping your employees happy and motivated. Here are six reasons why employee experience should be at the top of the priority list. Employers have started to rethink their priorities and revamp their employee experience strategies to make them relevant for today and the future. That where a modern service desk comes in. Providing seamless employee experiences across all departments within an organization is the purpose of the modern service desk. A modern AI powered service desk integrated within Microsoft Teams, can help employees with providing powerful features like Twitter age Knowledge management, Invisible ticketing system, Expert connect, Live chat, Push Notifications, Workflow approvals and process orchestration and much more. Enabling employees, auto resolving issues and providing instant support are some of the key components that make the employee experience better in this changing work environment. All these contribute to ensuring that employees always have access and information at their fingertips within the platform of their choice, such as MS Teams or Slack. No one wants to wait for hours to get the information that they require anymore. And no employee wants to send out emails or call for support. Providing great employee experience should be a key focus for companies if they want to grow in today business world. And AI enterprise service desks can.

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The end of April 2021 Gallup reported that the COVID 19 pandemic has drastically reduced employment in the United States and driven millions of Americans out of work. Many employers across the country are still struggling to find qualified candidates to fill their open positions. Meanwhile, several companies have been slow in adapting company policies, benefits, and cultures to meet the changing needs of their employees, which could have negatively affected them. Employees who have been able to work from home for more than a year comfortably don want to commute and sit in an office all day again after a year of working from home. Some organizations have pushed the employee experience down the priority list as they wrestle with new challenges arising from COVID 19. These factors have contributed to what is known as Great Resignation. The Great Resignation Can it be prevented with enhancing employee experience As more employees balance their work and home lives, how employers treat their employees becomes significant. Thus, it is critical for businesses in any sector today to take a close look at employee experience and how their enterprise measures up to what employees want, regardless of whether they are in tech, retail, or any other type of global market. A Microsoft survey showed that more than 40% of employees intend to leave their current job this year. How can it be prevented from being deserted What would be the best strategy to retain your top talent Make sure your employees are happy and satisfied. Yes, you read it right. The best thing you can do to avoid great resignations is to deliver the best employee experience. An effective employee experience ensures maximum productivity and ROI by keeping your employees happy and motivated. Here are six reasons why employee experience should be at the top of the priority list. Employers have started to rethink their priorities and revamp their employee experience strategies to make them relevant for today and the future. That where a modern service desk comes in. Providing seamless employee experiences across all departments within an organization is the purpose of the modern service desk. A modern AI powered service desk integrated within Microsoft Teams, can help employees with providing powerful features like Twitter age Knowledge management, Invisible ticketing system, Expert connect, Live chat, Push Notifications, Workflow approvals and process orchestration and much more. Enabling employees, auto resolving issues and providing instant support are some of the key components that make the employee experience better in this changing work environment. All these contribute to ensuring that employees always have access and information at their fingertips within the platform of their choice, such as MS Teams or Slack. No one wants to wait for hours to get the information that they require anymore. And no employee wants to send out emails or call for support. Providing great employee experience should be a key focus for companies if they want to grow in today business world. And AI enterprise service desks can.

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Even as the Russian invasion of Ukraine proceeds, the Indian mind space is being bombarded by Western propagandists and strategists describing the Narendra Modi government abstention in the United Nations Security Council vote as a cop out. As we have argued before in these columns bit.ly 3hknSwz there is no reason why India should be taking sides in what is essentially an East West conflict, centered in Europe and a continuation of the Cold War. Prime Minister Narendra Modi has walked a path originally defined by Prime Minister Jawaharlal Nehru and further refined in changing geopolitical contexts by his many successors. As fighting continued in Ukraine for the fourth day following Russia invasion, the contours of the economic fallout on India are beginning to emerge. The impact is likely to be felt through two channels. The immediate hit has come through a surge in crude oil price. On February 24, the Indian basket breached the psychologically important barrier of $100 barrel. This will feed into inflation and keep it at an elevated level. In addition, another impact on India retail inflation is likely to be felt in cooking oil prices as Ukraine and Russia together dominate sunflower oil exports. RBI challenge is unlikely to be limited to dealing with inflation. The economic disruption caused by the conflict and its fallout will lead to a churn in international financial markets as investors rebalance portfolios to account for changes in risk. Finance minister Nirmala Sitharaman has indicated that the current conflict will challenge India development. Elevated oil prices undo a crucial budget assumption of average oil price between $70 75. However, with indications from both Russia and Ukraine that they are open to talks, the portents are not all negative. The conflict comes at a time when private consumption remains weak and global supply chain disruptions have pushed up prices of key intermediates in manufacturing. This unusual situation calls for an immediate reduction in GoI retail fuel taxes. Western response to Russia is taking the form of economic sanctions. Two overarching aims of the sanctions are to impose financial costs on Russia and squeeze its economic base. Among the tools to be used is the ejection of select Russian banks from the SWIFT payment system, which handles international payments networks. These sanctions are unlikely to have a significant impact on India. India hydrocarbon imports are largely from West Asia. Russia, however, is India most important arms supplier. Here, the two sides have been working on strengthening the system of settling mutual payments in national currencies. In the medium term, India dependence on Russian arms poses a geopolitical risk. According to Stockholm International Peace Research Institute, India indicative arms imports during 2010 20 from Russia was $22.6 billion, around 63% of our total arms imports. Lessening this dependence has to be a priority. On balance, the initial impact of the conflict and subsequent developments may not be severe. However, India fiscal and monetary policies will have to be in sync to manage price.

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To the space we have in economy class to shuffle our feet. So, we think we have revenge stewing in our cabin bags, but our cramped annoyance will keep that dish lukewarm when we get to our destination. No fun in serving that. Talking of space, when a character from The Big Bang Theory makes it to a zero gravity station, he is chivvied by his wife and mother to choose between them. His colleague, a Russian cosmonaut, says I can believe these people won the Cold War. The fictional cosmonaut incredulity is evidently shared by a real life Russian who has currently put in the news Ukraine. One is too cowardly to identify him, but his name sounds like Pushkin. Except he will rhyme NATO with Nyet with no fear of critics. Anyway, with corona mandated incarceration ending, Emily in Paris commends what is putatively the most romantic city in the world as the choicest vacation spot. The series tells us that France invented social distance decades ago unless you can say IL vous plait, a Parisian will willingly air kiss the cliche and avoid you like plague. In those circumstances, Paris will be cleared of the minefield of cultural blunders. Nobody will ask if you know about Simone de Beauvoir, thus saving you the embarrassment of saying, No, but I am friendly with Bite key Tufa. London is another site of freedom from the din of the WFH prison, such as your boss voice carrying out the morning head count on a Zoom call. But don imagine that the London experience will be like before. The Brits gave us the Westminster Model, now Boris Johnson has apparently developed the Party System, where the cap on the number of people at a venue is distended by a series of nightcaps. Therefore, in London you can become a boozocrat, despite restrictions. Provided, of course, you are in an orderly queue. Nobody back home will begrudge this colonial hangover produced by the Johnsonian jugaad. Only one thing can save the world from the coming war which will be a total war this is going to destroy the whole of life on the earth. Trees, birds, animals, and man anything living will simply be gone. There is one way only, and that is to spread to people more meditativeness, more love, more friendliness, and more rejoicing. If we can make the earth sing songs and dance in joy, in gratitude because existence has given so much otherwise, it would have been impossible even to purchase one sunrise. And a sunrise is a big thing the whole wealth of the earth would not be able to produce a single rose. And all this is given to man without his asking. You don deserve it, you are not worthy of it. It is out of the compassion of existence, the overflowing joy of existence, the continuous creativity of existence that you are so rich. Millions of stars in the night. Make people aware of.

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Pressure without weakening drivers of economic growth. With BJP becoming the first non Congress party in Manipur to complete full five year tenure, the diverse north eastern state presents a complex political scenario. Old divisions between the Meitei dominated Impala Valley and hill districts controlled by Nags and Kakis linger insurgent groups have made sporadic attempts to disrupt political activities in recent weeks. But a relatively new development is the rising political violence between party workers, with guns, worryingly, becoming one of the weapons of choice. But till elections neared, chief minister N Brien Singh could have boasted of a relatively peaceful tenure. Achievements like rail connectivity reaching the state and a slew of road projects will bolster BJP but the pandemic dented the state remittance economy, powered mainly by young migrants working in the hospitality sector. However, BJP is also troubled by the legacy of the imperfect 2017 victory. After taking office with just 21 legislators, many of them Congress imports, BJP chose to engineer more defections from Congress. With too many ticket contenders, there have been desertions. Plus, ties between Brien and his allies, NPP and NPF, are frosty. BJP is contesting all 60 seats, NPF has fielded 10 candidates, and NPP is fighting in 38 seats, pitching itself as the party of the Northeast. Taking a cue from NPF, Kakis have also floated a party. Congress has benefited from the churn in BJP but the field may now be hopelessly divided for any party to corner the entire anti incumbency vote. JD U, having briefly governed Manipur in its earlier Samata avatar, has attracted many jilted BJP and Congress ticket aspirants. Still, representative politics, despite imperfections, is better than strife. AFSPA remains a blot on Manipur democracy. Post elections, the Centre must consider killing that draconian law. One of the most severe Western sanctions on Russia is freezing the Russian central bank assets held abroad. Russia has $630 billion in foreign exchange reserves. However, more than $300 billion worth of assets are held abroad in the Federal Reserve US central bank and the European Central Bank ECB. Cutting off access to these funds to Russia can be a mighty blow. The other big action underway is excluding Russian banks from the SWIFT network, which facilitates international payments. SWIFT Society for Worldwide Interbank Financial Telecommunication is a global messaging system that allows banks to communicate with each other in a secure manner, enabling safe transfer of funds. Based in Belgium and jointly owned by 2,000 banks and financial institutions, it is the underlying technology that enables global payments and has 11,000 international banks as members. Revenge travel is a fabrication of a headline writer. It is a phrase that might come from a Eureka moment without the bathtub travellers feel the buoyancy of vengeance till the airport security agent goes through the familiar motions of thoroughly soaping their bodies. The pandemic has forced airlines to change. But the distance they have gone to make adjustments is roughly equal.

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Their gratitude towards life, and make people love, sing, and dance. If we can spread this at ease around the world, the third world war will be prevented. We need not bother about it. Joyous people don want war it is only those who are already dead who would like everybody else to be dead. They are really suffering because they are dead. They cannot laugh, they cannot enjoy, they cannot love, and they cannot feel. They don have any heart, and others have. It is making them so jealous It will be far better that everything is finished. At least there will be no grounds for their jealousy they will also be finished in it. So I don say that there is any direct way to prevent the third world war. That is what the pacifists of the world say Protest. Have protest marches to Washington, to Moscow but nobody listens to those protest marches. And I have seen those pacifists shouting and screaming against the war I could not see any difference between them and the people who are getting ready to fight. The weak, the powerless, scream. The powerful takes his gun, puts his army on alert. The pacifists continually go on protesting. This helps nobody. I am not a pacifist, and I don want my people to be pacifists. That is fighting with those who are preparing for war but you are doing the same on a small scale. No, that won help. We want to create our own movement which has nothing to do with the third world war. Do you see my point If we can make humanity happier, more loving, more silent, more peaceful, we will create a real barrier against the third world war. The leaders cannot go without their people. If the people refuse, the armies refuse, if everybody refuses and says, I am so happy, I don want to die. And I love humanity, so I don want to kill. If you can manage on your own, you do it. A peaceful and happy man does not want to die and does not want to kill. Abridged from From Bondage to Freedom, courtesy Oslo International Foundation, The Indian stand on Ukraine has been lauded by independent observers as balanced and neutral one. It says no to war and calls for cessation of hostilities. It takes into account the Russian position while calling for restraint and peaceful dialogue. Hence, we recorded abstention from a UN resolution against Russia. That reflects what the common Indian feels. Having travelled approx. 7,000 km from UP to Gujarat in the last one week, I found that a common Indian, unaware of the NATO and US equations unfolding in Ukraine, supports Putin with one simple line Sir, Putin does want a hostile neighbor, his fight is for Russia defence. Russia is fighting for Russia. Why should we support him if he has always been our best friend Once Ukraine is in NATO, then there will never.

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Be a safe Russia on this front. Putin fears that Ukraine is being used by America to sit on their neck through pushing NATO into this land and is trying to thwart these efforts. America knew about it and pushed Ukraine to the brink without supporting its cause beyond a certain prayers level. There had always been certain unanimity in Russia over opposition to NATO eastward expansion. We believe that the eastward expansion of NATO is a mistake and a serious one at that, Boris Yeltsin, Russia first post Soviet president, told reporters at a 1997 news conference with US President Bill Clinton in Helsinki, where the two signed a statement on arms control. It is not to be forgotten that the Trans atlantic military alliance founded in 1949 specifically to counter the Soviet Empire in Europe has been an evolving discussion since the breakup of the USSR in 1991. After the west supported breakup of the Soviet Union, NATO role should have been redefined with a re alignment with the Russian position. Many media reports have quoted US diplomats on Russia sensitivities over NATO possible eastward expansion. No matter how nuanced, if NATO adopts a policy which envisions expansion into Central and Eastern Europe without holding the door open to Russia, it would be universally interpreted in Moscow as directed against Russia, US diplomat James Collins is said to have written in a State Department cable in 1993. But since 1990, NATO has gone through five rounds of enlargement to include former parts of the Soviet Union and several former Warsaw Pact states. It is true that in 1997 Russia signed the Founding Act with NATO on mutual relations, cooperation, and security, resulting in the founding of NATO Russia Council in 2002. Moscow received access and a permanent presence at NATO headquarters in Brussels. Meanwhile, Russia felt betrayed by the accelerated US moves to deploy missile defenses in Poland and the Czech Republic, and also bring Georgia and Ukraine to NATO membership. In 2008, Putin strong opposition to US actions on Poland and Ukraine defined future pathways clearly. All moves on Russia NATO exchanges came to a halt. Stalin was a Georgian so are many Russians. These age old bonds make Russia oppose both Georgia and Ukraine joining NATO. Moscow sees that the West is trying to contain Russia through integrating Ukraine with it by making it a part of NATO. The Orange Revolution was supported by the West as it hoped the result would make Ukraine pro west. Now with President Putin Ukraine action, new strategic alliances may emerge. The Sino Russia cooperation is something India will have to watch carefully. India has categorically asked the war to stop and begin dialogue to sort out differences. This is the only way out. It must be supported by the west also. Ukraine has exposed the double speak of the so called liberal media in India. They are now complaining that India is not supporting Ukraine. Many of them now.

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Demand a boycott of the Russian sports teams. Indeed, we must not be unmindful of the stand Ukraine took on India Pokhran II or whether it voted against India on Kashmir. But the central theme in this imbroglio revolves around what Putin stands for. Most of them have scant knowledge about Ukraine e.g. the fact that this tiny land was an inseparable part of the Russian nation the word Ukraine is derived from the Russian word Okraina meaning frontline area two major Russian leaders Khrushchev and Brezhnev belonged to this region, even the name Putin has its origin in Ukraine King of Rus ruled this area, its people speak Russian, schools follow Russian education system. Ukraine is not just a neighboring country for us. It is an inalienable part of our own history, culture and spiritual space, Putin said candidly in his speech last Monday, as per the Kremlin official translation. Since time immemorial, the people living in the south west of what has historically been Russian land have called themselves Russians. Putin had also said on record, blaming the Communists for the creation of Ukraine, was entirely created by Russia or, to be more precise, by Bolshevik Communist Russia. Modi has provided the right direction to the foreign policy in this complicated situation. Let see how the situation unfolds in the coming weeks. Surely this war and diplomacy is going to shape new military and economic equations in our neigbourhood. Indian Foreign Minister S. Jaishankar has rejected speculation of a coalition between Russia, China, Pakistan and Iran along the lines of the Quad, saying four corners do not necessarily make geometry. Oh, yes, but they do, given by the voting in the UN Security Council on Russia attack on Ukraine. Russia, as a permanent Security Council seat member, promptly vetoed the resolution. China and India abstained. India said that diplomacy was given up, in other words it was given much of a chance. Pakistani Prime Minister Imran Khan was in Moscow the day Vladimir Putin launched his invasion of Ukraine. So, China, India and Pakistan are all on Russia side now. Voila, here the new Quad China, India, Russia and Pakistan. No matter the denials, there is great consternation in Washington D.C., over New Delhi support of Moscow. America practically murdered the original Quad the US, India, Japan and Australia by providing nuclear powered submarines to Australia but not to India. Ever since, India has grown closer to Russia. It imported the S 400 missile defence system from Russia, in open defiance of the US. The US still continues to threaten sanctions on India over buying the S 400. Now with India latest position vies Russia, the US, in a state of pique, could very well levy sanctions on India. India position on the Russia Ukraine war is seen as open support of Moscow. The Ukrainian ambassador to India, Igor Polka, has said that Kyiv is deeply dissatisfied over India position on the Russian aggression. Polikha has told Indian.

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Media, I am following all the reports from the side of your ministry and the latest advisory to your citizens in Ukraine was just not to go out, not to go to Kyiv, and the statement of your Minister of External Affairs was that India is closely following development of events. We are deeply dissatisfied with their positions. What does it mean closely following or more closely Now, 10 15 people are killed. When hundreds of thousands are killed, what will happen we are waiting, we are asking, we are pleading for the strong voice of India. Polikha is directly indicting Jaishankar. What had made India ditch the original Quad and take the side of Russia Other than American perfidy, it is the realization that about 70 percent of Indian arms imports come from Russia. The Indian military forces are deeply dependent upon Russian arms and spare parts. Russia makes some of the best arms in the world, all at a cost effective price. The head of Lockheed Martin, the maker of the American F 16 fighter aircraft has promised to move his entire production lines of the F 16 to India in big bait to India Make in India programmer, but India has refused to take his bait. India, it seems, thinks that there are better planes out there like the Russian Suk hoi. India military will be crippled if it stops buying arms from Russia. A case in point is the S 400 system. It is the finest missile defence system in the world. It has crippled any projectile plane or missile that Pakistan can throw at us. Pakistan desperately seeks the S 400, but it does have the money to buy it. And India and Russia are in talks about the next gen Russian missile defence system, the S 500. The S 500 can neuter anything the Chinese can throw at us, including hypersonic missiles. The Russians haven provided the S 500 to any other country as yet. India reportedly is the first country that they are offering it to. Without the treaty of friendship and cooperation that the master of realpolitik, Indira Gandhi, signed with the Soviet Union in 1971, and the naval support provided by the Soviet Union, India may not have won the war in 1971, given how antagonistic the US was to it. India is fortunate that it has another master in realpolitik, Narendra Modi, at the helm of affairs today. He listens to his factotums, but luckily, not enough. Jaishankar is bleedingly pro American. He has served as ambassador to both China and the US, but the US seems to have had a lasting impact on him. His own son, Dhruva, served in a prominent American think tank, the Brookings Institution in India. Jaishankar seems very comfortable when he is talking in the midst of American think tankers and academicians. Jaishankar recently gifted a cricket bat signed by Virat Kohli to his Australian counterpart, Marise Payne. He should know that cricket bats.

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Do not necessarily make for effective international diplomacy. India and Pakistan have tried cricket diplomacy for decades but to no avail. Jaishankar impulses might have been to support the NATO Bloc in the current crisis between Russia and Ukraine, but if he had wanted to, Modi must have overruled him. It is clear that Modi is dictating Indian terms in the current crisis. He is a pragmatic, level headed leader, and will never jeopardize India interests, no matter how fascinated he might be with one nation or the other. Russia has reportedly offered to intercede between China and India. Seeing how quickly bad relations can devolve into war, both countries should take up Russia offer. India has a major role to play in the current crisis, as the Ukrainian ambassador himself said. Modi has earned the trust of Putin. Modi is also close to Biden, although Biden must be miffed at him over his current stance. But Biden simply does trust China. So India must step in the breach to stop the war and promote diplomacy. Those who think that including Pakistan in the new Quad is taking things a bit too far can drop it. Stunningly, the UAE also abstained from the UN vote against Russia. India has excellent relations with the UAE. So the new Quad could be China, India, Russia, India and the UAE, all Asian powers. The 21st century is supposed to be the Asian century after all. Currently, the sixth largest economy globally, India, is now a USD 3.1 trillion country. It is forecasted to become the third largest in 2031, according to the Centre for Economics and Business Research (CEBR). This significant increase is the result of steady growth primarily helmed by the sheer size of the country and the quantum of its population that has been driving local consumption as the nation continues to urbanise at a faster pace. Prime Minister Narendra Modi is spearheading the country towards his highly ambitious target to become a $5 trillion economy by 2025. However, given the pandemic induced oscillation in GDP growth, this target is a mean feat. Current growth levels may still be enough for the country to sustain the world fastest growing economy tag, but is it enough to reach USD 5 trillion? More crucially, is the pace of economic growth keeping up with the Indian government ambitious infrastructure, welfare and developmental plans? Are the current revival methods enough to reach India ardent economic target? With a cumulative value of INR 34.5 lakh crore and growing, the fiscal stimulus is the Indian government CPR to resuscitate a pandemic affected economy. This amount, which has been up by 19% since last year, is a direct contributor to India mounting fiscal deficit, which has reached a record high of INR 18.49 trillion, nearing one tenth of the nation GDP. Additionally, India social welfare spending has exponentially increased. This year budget saw a 35% increase in capital outlay bringing the government spending to INR 7.5 lakh crore.

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When COP'30 opened earlier this week in Brazil, the highlights included the absence of a US delegation. While official delegations of India and China are in full attendance, "India Prime Minister Narendra Modi" and "Chinese President Xi" Jinping were also absent at the inaugural. These are not the only factors likely to influence the outcome of the conference marked by more than 50,000 registrations. The bigger the conference, the more the influence the process has over deliberations and the outcome. While the global focus is usually on political positions, the results are invisibly guided by the way such conferences are designed, conducted, led and concluded. The host country and location influence the course of the negotiations by framing the conference. COP30 in Belem, Brazil, gateway to the Amazon, is seen as symbolic of forests, biodiversity and indigenous communities. Talks are expected to give extra attention to forest protection. Brazil President Luiz Ignacio Lula da Silva said that he opted for Belem instead of a finished city to spotlight the impact of climate change on the Amazon and poverty. COP30 President the lines of the indaba model in the South African tradition of organising open forums to address common problems together, which was promoted at "COP17" in "Durban". Inside the venue, the physical organisation of spaces for talks, which offers opportunity to people to get a hearing and form groupings, sets the stage. For example, round or U-shaped tables give an opportunity to everyone to talk, but rectangular tables are hierarchical with power centred at the head. Important deals and decisions are also reached during informal meetings at breakfast or dinners. While large plenaries are good for optics, real negotiations conducted in small groups influence the entire agenda. At COP21, the High Ambition Coalition (HAC), an informal group of developed and developing countries, committed to ambitious climate action, formed in parallel in the run up to the conference, helped negotiate successfully the Paris Agreement challenging commitments like holding temperature rise to 1.5 degrees Celsius above pre-industrial levels. The media and public put immense pressure on negotiators to be seen as taking strong positions on a stage, where results can be delivered only by being flexible and accommodating. The bigger the conference stage, the more the pressure on a negotiator to go back as a winner with a deal in front of the global audiences and the media and domestic opposition. Agenda sequencing is of consequence here. While simpler agenda items get an agreement earlier on, deferring contested issues for last-minute discussions have more chances to get a sign on when negotiators are tired and sleepy after talks stretch till late at night. Contested issues are bypassed in the beginning by strategic usage of brackets to enable the negotiations to move forward instead of getting stuck. Square brackets are used for issues of disagreement or text not agreed upon by all parties and gradually addressed as talks move forward. COP30 talks will witness simultaneous interpretation into six official UN languages. Apart from the technical terms, differences in translation of terms like hall and hold can lead to fierce debates and make or break scenarios. The COP21 Paris Agreement was salvaged at the last moment by blaming typographical error for using hall instead of hold. The COP Presidency and Chairs are all powerful. While fairness and trans

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It is more about diplomacy than climate change. Communication is as important as the message. Navy runs under a finely formed organization constantly being refined and calibrated with the change in "technology and challenges" ahead. However, certain well-proven practices and systems remain unchanged and one such is the routine of the Both Watches. The "announcement" of Out Pipe for Both Watches is a sacred and sacrosanct call, which means that all personnel who are not on duty to come out of their "compartments" and line up department-wise on the upper deck of the ship or on the jetty. The announcement is also made in Hindi these days as Jawan Line Bund. The ship is divided into three watches -Red, Blue, and White and at any given time, be it in harbour or sea, one watch is on duty and therefore the two watches (Both Watches) which are not on duty should come out. The ship commences its activities at 0600 H in the morning with the sound out the pipe followed by good morning to everybody, Jawan chai piyo and the bhakti songs commence. This is from the main broadcast of the ship; all personnel commence their morning routine after a cup of tea and get ready. The first Fall- In is at 0630 for PT and normally the officer of the day or the PT Instructor takes it. All Departments make report and the senior most person of the department has to account for his men. In case of cadets the Class Leader has to make the report. The report is to be made quickly so that no time is wasted. The OOD also wants the report business to be completed quickly, and Men sent for PT and in this fast process many cadets escape accounting. The verification is just visual on such occasions. When we were cadets on board Mysore there were only four WCs for more than 90 cadets and therefore we looked for other quarters to freshen up. Sometimes soon after the fall- in instead of running with our squad we would rush on board! However, the most important Both Watches Fall In is of the working day, normally at 0830 after breakfast. The day work at sea and in harbour is delegated and accounted for during this time. A person may not be seen on work all day but if he has attended Both Watches and was sighted there all his escapades of the previous night are condoned. Both Watches is the holy Ganga, where if one has taken a daily dip the sins are wiped out. As it is commonly said you should be at the right place at the right time ! You may be suffering a hangover but having attended the Both watches you may return to your cabin dive down in your bunk and be next seen only during lunch, or in the midst of the climax of a thriller which you were unable to put down, but having attended the Daily Mass, you may resume your private book reading. Once we were on cruise and reached Hachiman City in Vietnam. In the evening, the officers went out to see around. Some of us reached a nightclub ordered some drinks, and soon we were surrounded by the beautiful soft spoken girls ever smiling with seductive glances. But we needed to shop and soon I with my colleague left the place. But our flamboyant Aviator was whisked away by those girls as we were leaving. The next day morning, the XO (second in command)wore a worried look and stated that our dear Aviator had not returned to the ship. We stated that he was last sighted in the nightclub. We too had returned late and many young officers arrived in the wee hours but since they made it for both watches, they were accounted. The ship RPO (Regul

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Logically, but your excitement or dread about the company culture or the work itself speaks volumes. That gut feeling of this is right or this is wrong often stems from an emotional connection to the values the opportunity represents. Studies show that emotions are some irrational afterthoughts they are deeply woven into the fabric of decision-making. The amygdala, our brain emotional center, processes information alongside the logical neocortex. This allows us to assign value to different options, prioritizing choices that resonate with our emotional well-being and long-term goals. So, how can we leverage the power of emotions for better decision-making? Here are some tips Acknowledge Your Feelings. Don dismiss your gut feeling as a mere hunch. Identify the emotions associated with a particular choice. Are you excited, anxious, or indifferent? Are you satisfied or on a constant lookout for something better? Imagine the Outcome. Visualize yourself living with the consequences of each option. How do you feel in each scenario? This emotional foresight can be incredibly revealing. Don Ignore the What Ifs. Don be afraid to explore the emotional consequences of your decisions. Will you feel fulfilled or resentful? Will this choice bring you closer to your long-term vision? Logic and emotions are rivals they are a powerful duo. The ideal decision-making process is a symphony where reason provides the structure, and emotions add the heart. By embracing the valuable role of feelings, we can make choices that are not just sound, but also deeply satisfying and aligned with who we truly are. In a world driven by data, logic, and evidence-based strategies, the importance of emotions in decision-making often takes a back seat. The prevalent notion is that rationality should guide our choices, ensuring objectivity and minimizing risk. However, this perspective overlooks the profound impact that emotions have on our decision-making processes. Far from being mere impediments, feelings are integral to making well-rounded and effective decisions. Neuroscientific research has increasingly highlighted the interplay between emotions and cognitive functions. The pioneering work of neuroscientist Antonio Damasio revealed that emotions play a crucial role in rational decision-making. His studies on patients with damage to the ventromedial prefrontal cortex a region of the brain involved in processing emotions demonstrated that these individuals struggled to make decisions despite retaining logical reasoning capabilities. This finding suggests that emotions provide a necessary context for weighing options and foreseeing outcomes, which pure logic alone cannot offer. Emotions act as valuable informational signals that inform our decisions. For instance, feelings of anxiety can alert us to potential dangers, prompting caution and thorough risk assessment. Similarly, positive emotions like excitement and enthusiasm can motivate us to pursue opportunities and take innovative risks. Emotions essentially function as an internal feedback system, guiding us through complex choices by highlighting what truly matters to us on a personal level. Are emotions, reflect, whether we are truly resonating with our decisions or just succumbing to the conditioning? For example, if we feel ignored, manipulated, subservient, in any relationship whether personal or professional, it a clear sign to reconsider our association with them. Emotional intelligence EI further underscores the

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They can balance logical analysis with emotional insights, leading to decisions that are rational and considerate of human factors and long-term impacts. In leadership and business, integrating emotions into decision-making fosters more effective and empathetic outcomes. Emotionally intelligent leaders can inspire and connect with their teams, creating a collaborative and motivated work environment. This emotional awareness allows leaders to understand stakeholders better, anticipate needs, and develop resonant strategies. Companies that prioritize emotional engagement often enjoy higher employee satisfaction, customer loyalty, and overall success. The key to effective decision-making lies in striking a balance between logic and emotion. Relying solely on logic can lead to decisions that are devoid of empathy and fail to address the nuances of human experience. Conversely, decisions based purely on emotion can be impulsive and shortsighted. By integrating both aspects, individuals can make well-rounded decisions that are both rational and emotionally intelligent. In practical terms, incorporating emotions into decision-making involves several strategies Self-Reflection Regularly reflecting on your emotional responses to various situations can help you understand your biases and preferences, leading to more informed decisions. Reflect on your actions. Did you ever initiate to understand or collaborate or take the lead, to build stronger foundations? Blaming others for their responses or expecting others to always initiate, the collaboration is highly egoistic and self-centred. Mindfulness Practices Techniques such as mindfulness meditation, journaling, etc. can enhance emotional awareness and regulation, allowing for clearer and more balanced decision-making. Ask yourself whether you are being authentic or simply playing around. Seeking Diverse Perspectives Are you simply engaging with a diverse group of individuals superficially? Being socially active does not mean you are open to other people perspectives. You need to dig deeper. Are you truly open to communicating with people? Are you ready to share the real you with others? Are you willing to be vulnerable or are you simply putting on a show of being Mr. Perfectionist or Mr. Cool? Can you shed the mask and share your authentic self, imperfections and all? Remember, connection blossoms from genuine exchange, not a curated performance. Scenario Planning Considering how different decisions make you feel about potential outcomes can help identify the most fulfilling and sustainable choices. Eschew complacency towards the blessings and relationships that enrich your life. Prioritizing your own convenience like schedule, status, or means of communication, or anything else for that matter, when offering to understand, risks eroding those very connections. Remember, a self-centred perspective overlooks the reciprocal nature of relationships. True connection thrives on mutual respect and acknowledgment of each party value. Right across the fence, in the ladies first class, I saw a poor man, the types who have all of their life possessions in a gunny bag. He boarded the ladies compartment that had no occupants and settled down in the gangway, like the poor and homeless always do! I was tempted to shoo him away, saying he was in a ladies first class, but empathy took over my being and I let him stay. I saw him dig into his bag as I settled down in my seat and all I could smell later were what s

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It is a common perception that teaching is an easy job. That just because you have been taught in school, you can teach. This perception leads to many opting for this profession because of ease and convenience two words that are far from true. Another common myth that clouds this profession is the idea that if you know something really well, you can teach it this robs the profession of the skills and precision it requires. The act of teaching has to be viewed with seriousness afforded to medical surgeons. In a single day of teaching, American educator Charlotte Danielson predicts that a teacher makes up to 3000 non trivial decisions. Researcher Philip Jackson also noted that a teacher has 200 300 judgment based exchanges with their students every hour which means 1500 decisions a day. To be able to make effective decisions on a daily basis, a teacher must rely on science, expertise, and intuition. This can happen only when teachers spend days, weeks, months and years honing and perfecting their skills with deliberate practice, focus and efforts. A teacher must be able to plan every minute of his her day in the classroom and outside, he she must be able to observe and absorb direct and implicit feedback from their students and the class, shift gears when required, use tools that is techniques, routines and strategies to drive learning, manage student behavior and engagement, and continuously learn and reflect to improve and deliver excellent learning experiences in the classroom. A teacher must be able to offer a depth of experience to students and not simply present the content. To be able to do all of this, a teachers need to be able to understand the curriculum, the larger goals and outcomes. They must have a repertoire of instructional tools and techniques and should be able to discern and distinguish which tool, technique or strategy to use at the right moment, and should be able to understand the real purpose of assessing student learning. They should also be able to model character and build a culture of excellence and learning in the classroom. All of this, while being a professional. This profession demands a lot of an individual for the 6 hours of learning in a classroom each day. Imagine a scenario where in the middle of a mathematics lesson a group of students start arguing over which approach is the right one to solve the problem. The argument gets heated and other students start losing interest and focus. In a traditional set up, this disruption may overtake the entire lesson all students miss out on their learning and the teacher heads back feeling disappointed. If the teachers have access to a repertoire of tools and techniques, they could have analyses the scenario and intervened with an appropriate solution. They could have used that disagreement as an opportunity to learn further. They could have employed the thinking routine of Think Pair Share to discuss which approach is the right.

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One and why or turned the classroom around by asking each group to present their solution and peers to ask follow up questions. This clarity and confidence is what our teachers need to change the way learning is happening and this is what we need to focus on in our schools. We need to work rigorously and diligently with teachers to help build their expertise on a wide range of tools ranging from instructional tools, use of technology and tools to build positive relationships and culture in the classroom. There should be immense focus on the use of tools during the lesson, that is supported by professional development activities, training and observations. Teachers need this level of continuous support to be able create impact within their classrooms. New teachers should begin working on a limited set of tools with the help of focused learning sessions and demonstrations and then practice it in the classroom, perfect their usage and then move on to another set of tools. Over time, teachers should build a repertoire of tools, techniques and strategies that enable them to deliver excellent learning experiences in the classroom. We need to understand that teaching is not a passive job. With every new day there is a new challenge to respond to and conquer while keeping the students at the center of all of this. Teachers are entrusted with the responsibility of preparing students for the present and the future and therefore it becomes imperative that we send them in the classrooms, trained, prepared and with adequate resources so they can do justice by their role and to their students. The National Payments Corporation of India (NPCI), the body overseeing the digital payments ecosystem in India, launched e RUPI, a voucher based payments system to promote cashless transactions in August 2021. Over the past year and a half it has emerged as a contactless, cashless and trustworthy instrument for digital payments. It is very different from the payment apps as it plays a huge role in making Direct Benefit transfer (DBT) and has become instrumental in digital governance. It has truly connected people lives with technology. The rapid penetration of mobile phones and internet has made it a great success. For the unversed, e RUPI acts as a digital voucher, which beneficiaries can avail on phone through SMS or QR Code, hence a citizen who wants to avail a free vaccine or health facility, then all they have to do is, show this voucher at the appropriate center and avail the service. This pre-paid voucher is a benefit for citizen as they don have to pay any money at all. On the other hand, the government reimburses the amount directly from an authorized bank. While the individual is at a vantage point, the hospital too benefits as it receives direct payment, with zero pilferage. RUPI ensures real time payments to the service provider. The digital revolution, led by Fitch has been the major reason why e RUPI has been able.

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U.S. side and the Ministry of Electronics and Information Technology Meaty and Ministry of Commerce and Industry for the Indian side was the most important step for meeting the acute shortage of semiconductors. Currently, most of the semiconductor chips are manufactured in Taiwan by US and Chinese companies. The tension between Taiwan and China poses a real threat of disruption over this item, which is already in short supply. Almost all electronic goods depend on semiconductor and their demand is increasing in geometric progression. This Moue will allow India to play a bigger role in the electronic supply chain. Ms. Raimondo came with executives from ten leading companies to spur private investment into India chip industry. Earlier, in January, the Semiconductor Industry Association and the India Electronics and Semiconductor Association decided to form a private-sector task force to strengthen collaboration between the two countries in the global semiconductor ecosystem. Ms. Raimondo assurance was encouraging. She stated that the US and India are working to align export controls and working on the trade dialogue focused on related semiconductor issues and that the Commerce Department Bureau of Industry and Security BIS would be taking the lead for the concerning the task force. Of late, India has taken preliminary important steps to establish itself as a leading nation in the chip industry. The Indian government approved a 76,000 core-scheme to boost semiconductor and display manufacturing in the country in a bid to position India as a global hub for hi-tech production and attract large chip makers. Incentives have been lined up for companies engaged in silicon semiconductor fibs, display fibs, compound semiconductors, silicon photonics, sensor fibs, and semiconductor packaging and semiconductor design. The India Semiconductor Mission ISM is a specialized and independent Business Division within the Digital India Corporation that aims to build a vibrant semiconductor and display ecosystem to enable India emergence as a global hub for electronics manufacturing and design. However, the journey is not easy. India presence in the chip industry is relatively small. It would require about 200 components used in semiconductor chips and investment to create global level manufacturing hubs. Besides, reliable and resilient supply chains, India needs to have chip manufacturing centers of a global nature and assured substantial orders. Currently, India strategy is to attract foreign firms. India hopes that the US companies would shift their production centers to this country and share production grade technology. The signing of Moue is an important step to make India an international hub to produce semiconductors. A realistic assessment is that it will take about three to four years for India to achieve this objective. U.S. side and the Ministry of Electronics and Information Technology Meaty and Ministry of Commerce and Industry for the Indian side was the most important step for meeting the acute shortage of semiconductors. Currently, most of the semiconductor chips are manufactured in Taiwan by US and Chinese companies. The tension between Taiwan and China poses a real threat of disruption over this item, which.

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To make great strides. Along with economic growth, it helps ensure public welfare through welfare schemes. But the biggest beneficiary here is the citizen or the consumer. e RUPI does not require one to have a bank account, as a result it can be availed more easily compared to other digital payment forms. Thus it is one of the safest and most secure form of payment. Secondly, it is contactless, thus beneficiary need not carry a print out of the voucher. They can simply show the voucher, register it through the QR code and avail the service, which going paperless and ensuring lesser carbon footprints. Thirdly the process happens through a two-step redemption process. This means that one personal information is also safe and secure. As a prepaid voucher e RUPI ensures that the user avails the facility in a hassle free manner, the service provider too gets a guarantee of immediate payment with the help of various banks that are associated with this service. And for the government, this method ensures that the money reaches directly to the needy ones, without going through various stages of fund allocation, distribution and then being stuck due to red tapes. Thanks to technology, the government can announce a scheme today and the prepaid vouchers can immediately reach the beneficiary. Thus it is a faster way of distributing welfare schemes, right when there is highest need for it. NPCI partnered with banks like State Bank of India, HDFC Bank, Axis Bank, Punjab National Bank, Bank of Baroda, Canada Bank, Induced Bank and ICICI Bank that ensure a quick turnaround cycle of this process. It is also associated with acquiring Apps such as Bharat Pea, PNB Merchant Pay, BHIM Baroda Merchant Pay, Pine Labs, and Yon SBI Merchant Pay. Most importantly, there are tie ups with more than 1,600 hospitals that can redeem e RUPI. In the future many more organizations will join hand. In fact the future of e RUPI is bright since corporates can utilise such vouchers for their employees. This voucher is an end to end digital transaction and it does not require any other physical issuance like a card, only a digital document is enough. This quick and safe method of providing healthcare facility also makes it easier to track the voucher, and the companies know the extent to which they are being utilised. Experts believe that in the future the utility of e RUPI will widen to not just healthcare benefits by private companies, but also by MSMEs for Business to Business transaction. And this sounds very exciting for those sectors where immediate and assured payments are the need of the hour. The media is full of debates on the recent speeches and discussion of Rahul Gandhi in different forums in United Kingdom. Opinions are divided, which is not surprising, with the Congress party and all opposition parties on one side and the BJP and its allies on the other. Political verbal duals will go on for some more.

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While this is necessary, much more is required to finance Smart Cities, Urban, Physical and Digital infrastructure projects. This does beg the question, is the Indian government doing enough to bring more players to the game who can add good value to the economy? Are we optimally utilising our private sector? Can we get more foreign investors? Can India OCI community be somehow leveraged to bolster development? How can India strengthen its development strategies? The most apparent source of external income is Foreign Direct Investment. Since the advent of the Narendra Modi government, FDI has grown at a progressive rate to reach USD 81.72 billion currently, one of the largest inflows in the world. However, India continues to lag behind China, the USA and even Singapore, which receive more FDI than India despite being relatively mature economies with a slower pace of growth. Unlike these nations except China, India has an invaluable resource that is perhaps not optimized enough. India has 32 million overseas Indians, out of which there are 6 million OCI cardholders. This group, considered one of the richest globally, continues to have strong ties to the homeland. Key incentives and policy changes aimed to create a mutually beneficial association can hit the right trigger point for the group to invest more in India and leverage their international connections to induce foreign investors to invest in India. In the FY 2022 23 budget, Finance Minister Nirmala Sitharaman sought to create a holistic environment that promotes ease of business as well as ease of living. This welcoming narrative, coupled with positive policy changes, can excite more OCIs and foreign investors to invest in India. Investing in a new market requires capital, international expertise and time and while foreign investors have no dearth of the former, the Indian administrative and taxation ecosystem leaves them with a paucity of the latter. To further boost FDI, the government needs to bring reforms in personal taxation. Foreign investors OCIs are sensitive to personal taxation norms regarding their global income being taxed if they stay for extended periods to tend to their investments. Currently, they get taxed on their global income if they exceed their stay in India beyond a specified limit. Since this limit is not enough for anyone to set up and nurture a new venture, it acts as a significant deterrent to any incremental increase in investment. This policy change is a proven remedy to increase FDI. Its merits are most apparent in the economic growth of Singapore and China, both of which have seen an exponential increase in their FDI since they adopted these policies. This has also led to cities in these nations becoming the preferred choice for regional headquarters of global conglomerates a feat that most Indian cities have not achieved despite the country being one of the largest open markets in the world. Moving Forward the Indian administration has been very progressive and responsive to those who support their vision to make India a Global Economic Leader.

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Heartbreaking stories of what Indian students in Ukraine are enduring are not the first examples of tragedies India faulty higher education system can not produce, nor possibly will it be the last. There was a similar situation with students in Wuhan, China when the pandemic brought international travel to a standstill. As in Wuhan, many of the estimated 22,000 students who find themselves in the middle of a full scale invasion in Ukraine are medical students. Why do so many medical students go abroad to learn their craft, on populations and medical systems which are so vastly different from what is needed in serving their future caseload in India Go on Monday announced that four of its ministers, Jyotiraditya Scandia, Hardee Pure, Karen Rijiju and VK Singh, will travel to countries on the western border of Ukraine to enhance the coordination mechanism in place to evacuate Indian nationals trapped in the war zone. Currently, GoI efforts are focussed on using border crossings between Ukraine and its neighbours, Poland, Romania, Slovakia, Hungary and Moldova to evacuate Indians. Subsequently, they are airlifted from these countries. The foreign ministry said that its assessment last month showed that 20,000 Indians, including students, were in Ukraine. Following GoI advisories as the geopolitical situation worsened, around 4,000 nationals left Ukraine. Following the launch of the evacuation, named Operation Ganga, as of Sunday, 1,156 people have been flown back to India. It a good step on GoI part to organise the evacuation at its own cost. The primary constraint now is evacuating Indians out of the war zone as there no paucity of flights to bring them back. To make the effort effective, the foreign ministry has dispatched officers with knowledge of Russian to Kyiv. Separately, GoI communication with Ukraine has included efforts to ensure that no Indian national is harmed on account of the sovereign choices India exercised at the UN. There been some criticism at home of the students staying on till the invasion began. Critics are misguided. Students who are pursuing medicine in Ukraine are there only because it a cheaper option than private Indian medical colleges. The demand for flights out of Ukraine resulted in air fares surging up to Rest 1 lakh, making them unaffordable for stranded students, many of whom come from families with modest resources. Given this backdrop, the four handpicked ministers are expected to smoothen the process. Separately, the root cause of the need for evacuation foregrounds a serious problem in the Indian education system. It defies logic that so many Indian students have to make long journeys to pursue their dream of becoming doctors. It shows glaring failures in the Indian education system that Ukraine, a country with a per capita GDP about two times that of India, can offer more affordable training in medicine. This should serve as a wakeup call to GoI and states which oversee higher education. If they can get their act together in this sphere, many Indian families will be spared the agony.

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Up back on its feet Its greatest enabler in this restoration has been digital payments. When everything closed during the lockdown in 2020, it was the digital mode of payments that kept both merchants and consumers going. According to RBI data, digital transactions in the total volume of non cash retail payments in 2020 21 jumped to 98.5 per cent. In a pilot survey conducted by RBI in 2018 19 to understand retail payment habits of people in six cities Delhi, Kolkata, Bengaluru, Mumbai, Chennai and Guwahati, it found out that convenience was an overwhelming reason for people to adopt digital payments. Indeed, it the convenience to pay from anywhere and anytime, without queuing up outside an ATM, that has been the driving force behind adoption of digital payments. A large part of this payments revolution has been led by UPI. While it still accounts for a small 10% share of the total retail sector payments, this number is expected to grow multifold in the years to come. Understanding this shift, government too has moved forward to push digital payments. The budget this year continued allocation towards digital payments, something that was done last year as well. Last year budget had allocated Rest 1500 core to promote digital transactions and boost digital modes of payments in rural and underserved areas. More recently, the central bank increased the cap on e Rup vouchers issued by the government to 1 lakh per voucher from 10,000 and allowed one voucher to be used multiple times until fully redeemed. This is expected to boost digital payments in the offline mode and allow direct benefit transfers without having to have a bank account. While digital payments have been pretty common at organized retailers and e commerce, in unorganized retail, particularly the brick and mortar neighborhood stores, it has been a recent phenomenon. Interestingly, close to 60% of transactions in under Rest 200 category is happening on UPI. These points to adoption of UPI even at small stores such as pan and cigarette shops. In every other ticket size, UPI has seen an upsurge but the adoption at small stores is nothing short of remarkable. Within UPI, it the QR code revolution that has made it all possible. Pandemic obviously played a huge role but it also the ease of getting on to UPI. In our work with brick and mortar retailers, we have seen that those who accept payments digitally have much better cash flows and revenue cycles than those who insist on accepting cash. Small, unorganized retailers form 90% of the retail sector in India and with them accepting digital payments, it is the first step to digitizing their business. In the world of e commerce and endless choices, retailers need to put their customers at the center of their business. The idea of becoming contactless has changed the attitude of consumers looking for new payment methods. The abundance of applications and payment options have made retailers lives easier. To some extent, bonuses, discounts.

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And the expense that comes with having to organise finances to send their children overseas to realize their aspirations. School educators everywhere struggle to spot bullying before it escalates. What is specially indefensible in the case of a teenaged student suicide in Faridabad last week is that his mother says she made repeated complaints to the school authorities and all of these were ignored? Those other children mentally and physically tormented the student for various factors that set him apart, is classic bullying. That the teachers refused to take serious note of such behavior, speaks to a more culpable shirking of the responsibility to ensure that schools are safe environments for children. Experts say that poor local research and most educational institutes relying on Western data to design prevention and intervention programmers decreases the likelihood of their effectiveness. Such programmers are very rare to begin with. A 2014 Ascham survey that showed only 3% of private schools in Delhi NCR having counselors, as against the CBSE guideline requiring at least one full time counselor per school, was very telling. This makes teachers the default stand in. But without proper training they cannot deliver either. The present case is indicative at best of a penchant for misreading seriously hurtful behavior as harmless, and at worst of active negligence. But the other thing experts emphasize is that suicide comes at the end of a complex pathway of factors. This makes the arrest of the school headmistress for abetment of suicide in the present case, as questionable as Rhea Chakra borty being similarly booked in 2020. The Mental Healthcare Act, 2017 recognised that attempt to suicide is not a crime both logically and medically driving people to suicide should not be a crime either. Indian schools are crying for structural protections against bullying and fixing accountability for excesses is also important. But populist scapegoating is a poor substitute and does little to prevent a recurrence of the present tragedy. The latest report from the Intergovernmental Panel on Climate Change IPCC cautions that humans and natural ecosystems are now pushed beyond their adaptation limits due to climate change. India is highly vulnerable and will need a transformational climate action that cuts across sectors and regions to reduce substantial economic losses and damage to lives and biodiversity. A transformational climate action would require political will and administrative implementation at all levels, from Panchayati to state and national levels. We would need a collective effort involving citizens, institutions and infrastructural redesign to reduce the risks from extreme weather events like flooding, cyclones, sea level rise, heat waves and droughts. The IPCC report says that vulnerability and inability to adapt are more in regions where unsustainable ocean and land use, inequity and marginalization are large. It says that up to 3.6 billion people living in this context are threatened. This is true for most of South Asia, surrounded by rapidly changing seas and mountains. Of the most dangerous uses of single words the most devastating is when.

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Admittedly, a modest benchmark and too far back why so many models were inaccurate in predicting "Covid" waves and numbers is a question I was asked during the pandemic. My facetious answer then was that the clothes that models display look attractive when By the "Dalai Lama" in "Buddhism, nature" is not a background to human life, or merely a collection of resources for our convenience. Nature is life itself sacred, dynamic, and deeply interconnected. Through "Elon Musk" says his new "project, Grokipedia, is all about" truth. But that raises a big question: can we really trust AI to know what's true and what's not? A long time ago about that stability seems to be returning to Tatas' top level is good news for the conglomerate and for the country. This is an opportunity for Noel Tata to create his own legacy by numbers, Tata The curated path to online applause Not knowing the of GenZ, I learnt about 'aura farming' only from this week's STOI. It explained that your clothes, quotes, and company you keep and vice versa, dance Musk says truth is the foundation of his Grokipedia. But how can we trust AI to know what's true & what's not In Western thought, Aristotle's correspondence theory is the gold standard definition of truth Experiments around the world have already established that cloud seeding can't defeat air pollution. What Delhi is doing in their wake can't even be called innovation. It's just political theatre yesterday, to mitigate air pollution; Prep begins for another round of govt wage hikes. But apart from top sarkari posts, govt salaries are far higher than those paid by pvt sector for comparable jobs. This distorts labour market & reduces By Jayant B Dave Krishna has awakened man to his inherent potential and given many assurances in the Bhagwad Gita that encourage him to lead an aspiring and elevating life. The highest potential lies in That India mostly doesn't compensate those wrongfully convicted is, as SC said, a wrong that must be corrected Supreme Court has sought govt support to frame norms to compensate for wrongful arrest, prosecution and conviction. Right now, the Indian government should help Vodafone Idea (VI) survive but not stay stuck with it forever. And it should also close down BSNL and sell its assets. Here's why. Vi, India's third-biggest Imagine being locked up for years for something you didn't do losing your job, your friends, your peace of mind and then being told, Oops, sorry, and sent home with nothing. That's what A MAGA researcher claims that the world- famous monument was built by an ancestor of the US president Was Taj Mahal built by an ancestor of Donald Trump? This claim has been made by a Nitish appears to be turning anti-incumbency into leverage by absorbing and redirecting it. His increment list approach may again position him as the best bet in case of another fractured mandate notwithstanding exit polls and television debates, Courts have responded to celebrity petitions by giving sweeping judgments, without hearing the other party. Plus, each 'violation', unfair competition, privacy, false endorsement, merits a specific response Delhi and Bombay HCs, over mere weeks, granted By Narayani Ganesh Each year, in many cultures across the world, ancestors are propitiated and ceremonies performed to welcome them on their earthly visit as spirits. Pitr Paksh, Shraadh, Samain, Halloween, Bhoot Chaturdashi are some Trump-Xi Busan truce could be tactical.

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But a confident China could return to bullying. India should be wary The "Trump-Xi" meeting in Busan, South Korea, appears to have brought the fraying US-"China relationship" back to Thanks to AI your home "WC" might soon become a path lab to detect disease Potty training, teaching infants to regulate their bowel and bladder movements so as to prevent 'accidents', is acquiring an entirely Maritime growth and governance are finally being addressed seriously and with commitment. It's a long voyage ahead As the Maritime Leaders Conclave comes to a close, the future of India's ports ecosystem looks promising, thanks how does Nitish Kumar score on Bihar's economy as the state heads to polls early Nov? Much better than his two predecessors, Lalu Prasad and Rabri Devi. Admittedly, a modest benchmark and too far back why so many models were inaccurate in predicting Covid waves and numbers is a question I was asked during the pandemic. My facetious answer then was that the clothes that models display look attractive when By the XIV Dalai Lama in Buddhism, nature is not a background to human life, or merely a collection of resources for our convenience. Nature is life itself sacred, dynamic, and deeply interconnected. Through Elon Musk says his new project, Grokipedia, is all about truth. But that raises a big question: can we really trust AI to know what's true and what's not? A long time ago about that stability seems to be returning to Tatas' top level is good news for the conglomerate and for the country. This is an opportunity for Noel Tata to create his own legacy By numbers, Tata The curated path to online applause Not knowing the ABC of GenZ, I learnt about 'aura farming' only from this week's STOI. It explained that your clothes, quotes, and company you keep and vice versa, dance Musk says truth is the foundation of his Grokipedia. But how can we trust AI to know what's true & what's not In Western thought, Aristotle's correspondence theory is the gold standard definition of truth Experiments around the world have already established that cloud seeding can't defeat air pollution. What Delhi is doing in their wake can't even be called innovation. It's just political theatre yesterday, to mitigate air pollution; Prep begins for another round of govt wage hikes. But apart from top sarkari posts, govt salaries are far higher than those paid by pvt sector for comparable jobs. This distorts labour market & reduces By Jayant B Dave Krishna has awakened man to his inherent potential and given many assurances in the Bhagwad Gita that encourage him to lead an aspiring and elevating life. The highest potential lies in That India mostly doesn't compensate those wrongfully convicted is, as SC said, a wrong that must be corrected Supreme Court has sought govt support to frame norms to compensate for wrongful arrest, prosecution and conviction. Right now, the Indian government should help Vodafone Idea (VI) survive but not stay stuck with it forever. And it should also close down BSNL and sell its assets. Here's why. Vi, India's third-biggest Imagine being locked up for years for something you didn't do losing your job, your friends, your peace of mind and then being told, Oops, sorry, and sent home with nothing. That's what A MAGA researcher claims that the world- famous monument was built by an ancestor of the US president Was Taj Mahal built by an ancestor of Donald Trump?

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Up back on its feet Its greatest enabler in this restoration has been digital payments. When everything closed during the lockdown in 2020, it was the digital mode of payments that kept both merchants and consumers going. According to RBI data, digital transactions in the total volume of non cash retail payments in 2020 21 jumped to 98.5 per cent. In a pilot survey conducted by RBI in 2018 19 to understand retail payment habits of people in six cities Delhi, Kolkata, Bengaluru, Mumbai, Chennai and Guwahati, it found out that convenience was an overwhelming reason for people to adopt digital payments. Indeed, it the convenience to pay from anywhere and anytime, without queuing up outside an ATM, that has been the driving force behind adoption of digital payments. A large part of this payments revolution has been led by UPI. While it still accounts for a small 10% share of the total retail sector payments, this number is expected to grow multifold in the years to come. Understanding this shift, government too has moved forward to push digital payments. The budget this year continued allocation towards digital payments, something that was done last year as well. Last year budget had allocated Rest 1500 core to promote digital transactions and boost digital modes of payments in rural and underserved areas. More recently, the central bank increased the cap on e Rup vouchers issued by the government to 1 lakh per voucher from 10,000 and allowed one voucher to be used multiple times until fully redeemed. This is expected to boost digital payments in the offline mode and allow direct benefit transfers without having to have a bank account. While digital payments have been pretty common at organized retailers and e commerce, in unorganized retail, particularly the brick and mortar neighborhood stores, it has been a recent phenomenon. Interestingly, close to 60% of transactions in under Rest 200 category is happening on UPI. These points to adoption of UPI even at small stores such as pan and cigarette shops. In every other ticket size, UPI has seen an upsurge but the adoption at small stores is nothing short of remarkable. Within UPI, it the QR code revolution that has made it all possible. Pandemic obviously played a huge role but it also the ease of getting on to UPI. In our work with brick and mortar retailers, we have seen that those who accept payments digitally have much better cash flows and revenue cycles than those who insist on accepting cash. Small, unorganized retailers form 90% of the retail sector in India and with them accepting digital payments, it is the first step to digitizing their business. In the world of e commerce and endless choices, retailers need to put their customers at the center of their business. The idea of becoming contactless has changed the attitude of consumers looking for new payment methods. The abundance of applications and payment options have made retailers lives easier. To some extent, bonuses, discounts.

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And cash backs have also lured users towards this option. Deeper push into hinterlands through UPI A bigger thrust to digital payments will come from RBI plan to allow UPI payments through feature phones. Known as UPI Lite, the payment option is already in pilot phase. Opening up payments for non smartphone users is a great move. There are approximately 44 crore feature phone users in India and with UPI, this population can realize the benefits of digital payments. With UPI for feature phones, there could be a game changing shift in payments and thus consumption patterns which will drive faster digitization of individuals as well as SMBs in rural pockets. The new payment innovations coupled with UPI Interoperability will also enable merchants to offer a range of bundled payment capabilities, including loyalty programs, low cost EMIs, and much more. Even as the growth story in digital payments continues, the government should not lose sight of malicious actors who are waiting for an opportunity to damage the massive transformation we have been through. There no denying that the IPL 2022 auction provided cricket fans with a peek into the future of the game. After all, the biggest T20 league is a barometer of rising stars and declining stalwarts, shaping the direction in which the game evolves. In that sense, the auction this time saw franchises decisively go for youngsters, even at the cost of established players. While Mumbai Indians splurging a whopping Rs 15.25 crore on Ishim Krishna the most expensive buy of the auction grabbed headlines, also noticeable was the interest expressed in players from India recent U 19 World Cup winning team. In fact, all rounder Raj Angad Bawa, who picked up a 5 wicket haul in the U 19 WC final against England was scooped up for Rs 2 crore by Punjab Kings. Another U 19 star, all rounder Rajvardhan Hanagargekar, was picked up by the mighty Chennai Super Kings for Rs 1.5 crore, while U 19 winning captain Yash Dhull went to Delhi Capitals for Rs 50 lakh. Other interesting buys included Tim David a free agent from Singapore by Mumbai Indians, Riyan Parag by Rajasthan Royals, Shahbaz Ahmed and Anuj Rawat by Royal Challengers Bangalore. Contrast this with big names like Suresh Raina, Piyush Chawla, Ishant Sharma, Steve Smith and Eoin Morgan going unsold at the auction. That even someone of the likes of David Warner was bought for almost half his previous value shows that franchises had their eyes firmly on the future and ruthlessly went by the current form of the players. Plus, with the addition of two new teams this time Gujarat Titans and Lucknow Super Giants the established teams were more focussed on retaining their respective core units, something that reflected in the way they approached the auction. But overall, the relatively high bids for young Indian players are an important price signal for the rest of the Indian cricketing infrastructure there is big demand for domestic talent that is still.

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Campaigning for the final phase of Lok Sabha elections ended yesterday. Remaining 57 seats across eight states will see polling tomorrow. Regulating the 18th LS election has presented EC with unique challenges. For example, proliferation of campaigning through social media and use of deep fakes are currents of recent origin. Now, at the tail end of the world largest democratic exercise, there are important takeaways for EC. It must act on these, to improve the experience of all stakeholders from here on. Using Jan 1 as a reference point, the electorate size had already expanded since 2019 by another 72.8m to 968.8m voters. Over 18m in the 18-19 age group became eligible to vote. Voting for most requires travelling to polling booths. Evidence indicates that it not always been an easy experience. For example, TOI has reported that for Delhi seven seats, there was a decline in both the number of booths and locations compared to 2019, even though the electorate had expanded by 9L. The impact of such a squeeze is unevenly spread, though it does tend to make voting harder for the elderly. Polling booths need to be in sync with changes in the electorate size. Local factors are the one thing local policy controls fighting desertification, increasing tree cover and agroforestry, green architectural practices, enforcement of environment related bylaws, use of non-heating building materials, to name a few. Turning a blind eye results in a spiral of land degradation that hard to stop but it harder to live with the outcomes. Given relatively lower temperatures in other weather stations in Delhi, Met said it may be due to sensor error or local factors. Even if the record high was a notch lower, Delhi is witnessing exceptionally high temperatures. The capital is a test case for all that wrong with how India addresses climate adaptation and mitigation. It is the catastrophic impact of local factors that scientists, climatologists, environmentalists warn us about. If India elections are credible, EC deserves most of the credit. In a society with many fault lines, transfer of power has been smooth because of the electorate trust in the process. An aspect that engenders trust is timely release of data, even if this is legally mandated. A former election commissioner has observed that doubt is created because of want of information. India political discourse can be coarse. During election season, it gets worse. The unusually long duration over six weeks meant that EC was put under a lot more pressure in terms of violations of the model code of conduct (MCC). Intense heat waves this summer did help matters. Arguably, the hardest task is to hold politicians accountable when they violate MCC. But when a constitutional court intervenes to uphold credibility takes a knock. EC decisions will often be contested. But what will temper criticism is the perception that the watchdog is consistent and quick in reacting to violations. Dry and hot winds from Rajasthan and south Haryana have a higher influence on west Delhi a feature worsened manifold by deforestation of Arevalo range. It is being destroyed as a natural barrier that helps trap moisture-laden winds, leading to a decrease in rain and moisture levels. Rising temperatures and reduced rain, in turn, create conditions for desertification fertile land turning arid. Agroforestry, integrating trees with farmland, is a significant climate solution given its carbon sequestering potential. Sire showed Rajasthan, MP a

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Thus preventing her from being stripped. This incident significantly contributes to the enmity between the Pandavas and Kauravas, ultimately leading to the epic climactic Kurukshetra War. What does this incident teach us? To be quiet when it matters most to speak and act against injustice? Does this incident reveal that at times, it is necessary to speak against elders or so-called highly knowledgeable and experienced individuals? Or simply succumb to the crowd engaged in unjust and unethical behaviours? Anger is not always bad. However, to use it as a tool to destroy others who are innocent or not heavily guilty is a crime. Anger management is not just about never getting angry. It is simply a tool to measure and evaluate, what, the best response should be in a given scenario. This is one major instance, but there are numerous subtle instances when a person knowingly or unknowingly adopts or succumbs to societal injustices and biases. Let look at everyday events. How many times employees are made to shut up in front of the employer? How many times the centralized working environments diminish the potential of individuals who are subordinate in management roles? How many times females are made quiet in the name of false respect and authority? Does the lady of the house have same decision-making authority as their male counterparts? Maybe certain things have improved in modern society but still there is a large part of society trapped in the conventional ways of being, without realizing where they are downsizing other people individuality. Let us commit to this journey of self-awareness and growth, ensuring that our actions reflect our values and contribute to a world where everyone has the opportunity to thrive. To accept people just as they are, without making them compromise to suit our biased views of how they should be, is something that needs to be voiced. Who is so superior enough, to decide what the best way for each individual to live is? Are you trying to be God? The ultimate creator and destructor? The best relationships are reciprocal and based on mutual respect. Indeed, we cannot love everyone equally but at least we can behave with civility with each other. No one deserves disrespect, the silent treatment, the narcissistic approach, or any other harsh treatment until they have crossed the red line of unacceptable behaviour. A peaceful society cannot be built on micro-aggressive behaviour patterns. Fear and insecurities often make people resort to micro-aggressive behaviours. Without realizing people shift the blame on others. We often focus on how someone else has responded, without giving a thought, to our own actions and behaviours that made the other person respond in a certain way. The blind spot moments often create misunderstandings and ignorance. Clear and direct communication holds the key to strengthening relationships, both personal and professional. A truly confident person has the guts to face the truth, no matter how painful, it may be. Their integrity gives them the confidence and the agility to face challenges head-on. To effectively communicate is a powerful move in maintaining healthy relationships. When you communicate properly, the other person can understand you better. Moreover, communication is a two-way street. Don just keep speaking, learn to listen too. To build strong roots the foundation must be strong and proper communication helps build a strong foundation. In a world full of diversities, being

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This quote sums up our affinity for our languages. Back in 1992, Nelson Mandela said this, and to date, the quote stands true. For a country like India where we have 121 languages and 270 mother tongues and a multitude of dialects, the scenario is ideal. As we celebrate International Mother Language day, let acknowledge the cultural and linguistic diversity in the country. Our native tongue was the first language in which we began to communicate. As we grew older English became the language of communication for metropolitan India and our mother tongue was rarely spoken outside of our homes and families. As a result, most Indians are at least bilingual, if not multilingual. Yet, the Internet has not been developed and adapted in this hybrid, versatile and multilingual fashion. The Internet, which was first introduced in the 1990s, has now become a way of life. Despite this, it caters to a primarily English speaking populace. Further to this, the pandemic has deepened our reliance on digital thus accelerating the internet uptake. Several factors like low prices of 4G data, wide availability of affordable hardware have contributed to the massive internet penetration in previously unaddressed geographies. But even in this new normal, the market still has a significant deficit of solutions and services on the vernacular front. Few efforts were made to mobilize Indian regional languages on the Internet. But the dilemma remains the same: Is the web ready to cater to the next billion users in their comfort language? An inclusive internet beyond Entertainment There is a significant divide between the digital adoption of rural and urban Indians. We must seek beyond existing approaches to bridge this divide and ensure that the next billion users can use the internet seamlessly. The goal is to recognize and cater to Bharat specific wants and requirements by build digital pathways to upgrade their standard of living. The key to bringing the internet to rural India lies in delivering more serious use cases, in addition to providing entertainment and networking platforms in native Indian languages. The recent digital initiatives announced in Union Budget 2022 to address the concerns of Bharat natives, is a testimony for the government focus and vision in this direction. Government programmes such The National Education Policy, PM e vidya plan, Swayam Prabha TV and Digital University empower citizens and the young generation specifically with the choice of learning in native language. Revolutionizing the design of Internet Due to the diversity of a country like India, imbibing regional languages across digital platforms remains a serious challenge that directly addresses the problem of a more inclusive and holistic web. As English has been the inherent language of the internet, one can run multiple features and algorithms to observe and analyze the user interests, demands and feedback to offer personalized services. However, to conduct the same in a regional language is difficult as there is limited corpus in the local languages. Therefore the need of the hour to build the web in.

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Adam Grant, an organisational psychologist, is among the most popular professors at the Wharton School of Business. His USP these days is to help organisations reinvent themselves, not by transforming processes and structures but by helping them hink again about who they are and where they want to be in the foreseeable and manageable future. Former Indian foreign secretary and China expert, Vijay Gokhale, makes a rather prescient observation in his recent book on Tiananmen between military power and intellectual power, it is the latter Beijing is most afraid of as a challenge to Chinese Communist Party longevity and authority. One would question the thesis that China wishes to destroy America. The two largest economies in the world. Bound together through trade, investment, finance, technology, even peop le to people contacts, in a way the Soviet Union never was during the Cold War. Without taking sides, it is a fair assumption that, fearful of the pace at which the Chinese economy was growing although a long term phase of slower growth has set in and its lead in the technologies and industries of the future, America sought to hobble its rise. Something similar happened with Japan, a close friend and ally, in the 1980s. 2. The other assumption one must question is that India and China are destined to be adversaries for all time to come. Given the asymmetry that has widened steadily, that can set foreign policy on a zero sum path. 3. Ukraine is a reminder that people can sometimes try to fix, in the most alarming ways possible, what is not really broken. Vladimir Vladimirovich Putin is a Russian nationalist. Even his critics will grant him that. Therefore, it ironic that in a space of ten days his decisions have brought Russia to the brink of an abyss. Not even in the most chaotic phase of Boris Yeltsin, his predecessor as president, had the country future looked so bleak. Even if Russia achieves its immediate military objectives in Ukraine, the victory will be pyrrhic. It economically severely damaged and its invasion of Ukraine provides NATO with a new lease of life. Russia strategic aims were to be undergirded by its fortress balance sheet around $640 billion in foreign exchange reserves and gold. A break up of this balance sheet by the Institute of International Finance IIF showed that it was based on one key assumption. Russia response to US sanctions after its annexation of Crimea in 2014 has been to partially switch its holdings of US dollars to gold and renminbi. The weakness in this assumption is that any Russian action that invited a forceful combined response of the US, EU, UK and Japan put almost 70 of this balance sheet at risk. The worst case scenario unfolded on February 28, when additional sanctions by the US and its allies immobilised a large part of the Bank of Russia assets. The Western response is working through the Russian central bank balance sheet to destabilise the financial system.

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The insurance is provided, it should be ensured that employees can make full use of the insurance products. To conclude, a corporate insurance policy increases the credibility of any business. Both companies and employees feel secure when they know that a corporate policy secures the risks they are associated with. In addition, good corporate insurance helps organisations retain talent and grow business. The undisputed Goa expert of India Sotheby International Realty, Karan Singh, curates his favorite list of the lesser thronged North Goa villages, which continue to retain their pristine flavor. With its blissful beaches, temperate climate and vibrant lifestyle, it not surprising this coastal state tops the list as a second home destination of choice. North Goa in particular, once the magnet for the rich and famous now appeals to all, be it Assegai, Siloam, Agued or Parra. But what if your heart wishes for some quiet privacy and you re on the look-out for the yet undiscovered villages? Here are what we consider as the hidden gems of North Goa. Salvador do Mondo Nudging the Trod Creek, Salvador do Mondo is an oasis of natural beauty. A captivating landscape with water on one side followed by paddy fields, makes Salvador do Mondo stand out. With both hills and forests, it the perfect getaway from the stress of city life. Well connected to beaches and towns, it hits the sweet spot that city dwellers seek not too loud, not too quiet. Salvador do Mondo has well-maintained heritage homes blending aesthetics with contemporary amenities, providing the perfect mix of an urban experience and rural tranquility. A drive away from Calangute (11km), Anjuna (16km), and Baga (14km), and from the state capital, Panjim (11km), Salvador do Mondo boasts good infrastructure, with quality roads adjoining major highways, and reliable social infrastructure. Salvador do Mondo has a significant advantage with its proximity to Goa only bird sanctuary, Dr Salim Ali Bird Sanctuary on the western tip of Chorao Island which acts as a natural green buffer zone. Ucassaim is a small, peaceful village located just outside Mapusa. It is 9 kms from Assegai and 16 kms from Panjim. Located next to Moira, a second home hotspot, this undiscovered, lush green village offers more bang for your buck. Ucassaim nestles between paddy fields and a small rivulet from the Mapusa river. Its beauty lies in its scenic surroundings perfectly placed between bottle green hills and seemingly endless fields. Small but spirited, the real estate market here shows steady growth, with many new developments underway. Properties available in Ucassaim include traditional Goan-style homes and modern villas. This village makes for a great investment offering high value in the long term. The land supply here is limited due to its immediate vicinity to fields, hills, and backwaters. Camurlim in Barded sub-district of North Goa is just 9 km from Morjim and 21 km to the new international airport at Mopa, making its accessibility a big plus point. It is a small village with a backdrop of.

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Regional language is to curate a robust and original regional language corpus. Next generation technologies like AI, ML and Data Science can then be leveraged to derive rich consumer insights. Natural Language processing can provide myriad opportunities to bind Digital India. Besides, visual and voice based content can also be a breakthrough move in achieving the goal of an inclusive internet. Voice is a fundamental and straightforward mode of communication that does not require literacy, which is still another barrier to using the Internet in its current state. AI Chatbots and voice to action SDKs Software Development Kit are two technologies that will make it easier for regional customers to engage. Hyper local: The new buzzword as the focus shifts to the next billion users of Bharat, hyper local is the new buzzword in the startup lexicon. The hyper local ecosystem is growing exponentially, from 10 minute delivery to social media apps. Businesses across sectors are rapidly realizing the need to go digital and at the same time are foreseeing the importance of vernacular content on digital formats. A staggering amount of companies still use English to communicate with vernacular India. Whereas comparatively only a small percentage of our population speaks English. Making digital opportunities available in local languages is a foundational change towards connecting non English Indians to the digital era. Owing to rapid digitization and technological advancements, the healthcare sector finds itself on the threshold of an industry wide transformation. Ground breaking innovations such as telemedicine, medical wearable, It devices, electronic health records, among others are changing the dynamics of the healthcare sector. According to research, the global smart healthcare market is projected to reach around $482.25 billion by 2027 at a CAGR of 17.97%. As more and more stakeholders hospitals, doctors, pharmaceuticals, and suppliers invest in smart technologies, the smart connected healthcare industry is expected to move forward in leaps and bounds. The ubiquitous presence of the internet and smartphones is enabling doctor patient communication remotely and the use of smart technologies is helping the sector leapfrog the gaps in conventional care delivery models. Indian healthcare abounds with pitfalls like poor accessibility, inferior infrastructure, burgeoning population, the perennial crunch of healthcare providers, and rising costs. A smart connected healthcare model can vault this crippled healthcare system to an integrated, improved, and patient oriented system. Understanding the concept of Smart Connected Healthcare Smart connected healthcare is a socio technical delivery and management model that leverages technologies like Artificial Intelligence AI, Internet of Things It devices, big data analytics, telemedicine, etc. to provide accessibility of healthcare services remotely. This healthcare system aims to connect all the stakeholders in the industry seamlessly to enable dynamic information access, better resource allocation, informed decisions, enhanced access to quality care, and improved patient outcomes. For instance, modern healthcare apps are enabling healthcare accessibility and empowering remote doctor patient connectivity to bridge the gap between caregivers and care receivers in India. Making healthcare intelligent A smart connected healthcare system can address the long unresolved.

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With the changing world, every business constantly needs to innovate. Entrepreneurs are on the prowl to opt for strategies which help them grow. And with the opportunity to give financial protection to almost 140 billion people, the insurance sector needs even more innovation and involvement. Only a small portion of the Indian population is insured, and most are still unaware of the importance of insurance. The working populations in the country are more receptive to the idea of corporate insurance. However, even this segment needs to be more. With the Indian per capita income almost doubling to Rest 1.97 lakh, over the last nine years; the sector has already seen upward movement from previous years. With corporate employees being a substantial workforce in the country, it is the responsibility of organisations to take care of their employees and their dependents and families. Since employees are a company true asset, it is the employees that keep a company operating and thriving. Thus, it is the responsibility of employers to protect their safety. Like every insurance category, the growth and demand for corporate insurance are also increasing. Additionally, companies expect more from group/ corporate insurance policies, as hiring and retaining employees is a lucrative benefit. Today corporate health insurance plans offer regular medical facilities, check-ups, and pay, in case of disability or death. Time has proved that these parameters have become strong assets for retaining a talented workforce. While a traditional approach earlier drove corporate insurance, today, digital integration has become an integral part of corporate insurance. Due to the digital infrastructure offered by multiple corporate insurance providers, employers are setting up admin teams to manage claims and onboarding. With easy self-serve enrolment, employees can now customise and manage their policies. Plus, they can raise claims from anywhere and anytime. This new phenomenon in corporate insurance will drive the next wave of growth in this segment. With technology playing at the forefront of insurance; more and more companies should look at insurance options that can benefit their employees. The industry is witnessing various innovative models which are driven by technology. Since every employee has different needs, providing customisable plans has become crucial to meet their needs. Insurtech platforms explicitly designed for corporate employees offer them the option to buy their insurance at a discounted price by using their work email ID, opt for various add-ons or the option to customise their plans as per their requirements at a reasonable price. Every person has his or her own insurance needs and preferences. Simply offering an employee group insurance without understanding their personal need might not add any value. Thus, companies following the traditional group insurance products need to re-look at customised insurance offers for their employees. A family with a history of heart disease might need a different insurance product from a family with no serious medical history. In fact, some employees may opt for travel insurance through group insurance products as that could be a more need-based product for the employee If.

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Hillocks, cashew forests, streams and mangroves. This hamlet offers a unique experience of the culture, nature, and adventure that is Goa. Abundant bird life including great hornbills, peafowl, and egrets, only adds to the serene atmosphere. Surrounded by Oxel (west), Colvale (east), and Siloam (south), Camurlim is an ideal spot for exploring North Goa or enjoying a slow life with fishing, relaxation and enjoying the natural beauty. Corjeum and Carona If you are looking for a break from the rush of Goa tourist spots, the twin villages of Corjeum and Carona are what you need. Located on the back waters, they offer a glimpse into an elusive and idyllic way of life. Corjeum is steeped in Goan culture, with narrow streets and old houses exuding charm. Corjeum fort, a major attraction, dates to the 16th century and offers a fascinating insight into Goa colonial history. The village serene atmosphere and rich cultural heritage make it ideal for a second home or vacation rental. Carona, on the other hand, is an idyllic village in North Goa. Known for its unspoiled and quiet way of life, Carona is just a 30-minute drive from Panjim. Real estate in both Corjeum and Carona is affordable,, yet on the charge and these villages offer a more authentic side of the Goan experience, including its colonial past and stunning natural beauty. Ucassaim has rich history and architecture dating back 500 years to Goa Portuguese past, making it a paradise for people who thrive on history and culture. No wonder, artists, painters and architects all find their way to this creative paradise. Saliva and Sangolda For those eyeing peace and quiet yet incredibly central Goa location, Saliva and Sangolda are two villages that have come into the limelight. They offer significant underlying value along with the authentic and traditional side of Goa. Saliva old-world charm with colonial-style homes and architecture gives the area a unique and historic feel. Its famous churches, traditional Goan cuisine, and proximity to popular beaches like Candolim make Saliva a winner. Sangolda is known for its natural beauty, heritage homes and the annual Sangolda Art Festival. This area is dotted with upmarket cafes and restaurants which attract the very upmarket local residents and artists alike. What more, the up and coming start-up Goa Brewing Co, has its base here, sourcing its raw material from the fields cultivated around. Mandrem in North Goa is an ideal destination for those seeking the beach life. The village yet boasts of an unspoilt and beautiful beach, which many consider as the pearl of North Goa beaches. With countless restaurants in a five-kilometer radius, Mandrem is an excellent destination for foodies. If yoga, meditation, and spirituality are one thing, several centers offer classes and workshops. The village is the perfect place for holistic experiences, including Ayurveda massages that rejuvenate the body and mind. This mix of natural beauty, wellness experiences and great food makes Mandrem a perfect second home destination. For the adventurous and spirited, surfing, kayaking, water.

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A stampede is when too many people try to move at once, pushing and another month, another stampede. It seems inevitable only because authorities don't take crowd management seriously somebody once defined a stampede as an awful crime committed by a group of people that are more-or-less blameless. India, Post-caste survey power play & minor shifts in margins will likely decide the election The calibrated manner in which Bihar's political parties are carrying out their poll banduras is a peek into how elections in large As open-concept floor plans took away the sovereignty of the room where meals were lovingly cooked, shared mealtimes also came to an end. It's hard to recreate that magic out of pre-cooked food Two generations her innings will change the arc of Indian women's cricket. But post match, Jemimah Rodrigues didn't sound triumphant. She displayed a vulnerability in public glare no male cricketer has done, and in doing so showed Persecuted botanists, seed bank & siege of Leningrad How political ideology and violence can lay waste to scientific achievement, and the resilience and resolve of scientists committed to their mission despite persecution, war and starvation, Students are hooked to AI so what are units to do? Plague upon education, is how one academic has characterised catboats that are now being used to write college essays around the world. Everyday Profs In rape law, silence can't be taken as consent France has redefined rape as any non-consensual sexual act. Consent must be freely given, informed, specific, prior and revocable. It cannot be inferred through silence or By Sumit Paul Animals are my friends and I don't eat my friends, said George B Shaw. Every year on Nov 1, World Vegan Day is commemorated. For those new to veganism, it serves as an Nitish appears to be turning anti-incumbency into leverage by absorbing and redirecting it. His increment list approach may again position him as the best bet in case of another fractured mandate notwithstanding exit polls and television debates, Courts have responded to celebrity petitions by giving sweeping judgments, without hearing the other party. Plus, each 'violation', unfair competition, privacy, false endorsement, merits a specific response Delhi and Bombay HCs, over mere weeks, granted By Narayani Ganesh Each year, in many cultures across the world, ancestors are propitiated and ceremonies performed to welcome them on their earthly visit as spirits. Pitr Paksh, Shraadh, Samain, Halloween, Bhoot Chaturdashi are some Trump-Xi Busan truce could be tactical. But a confident China could return to bullying. India should be wary The Trump-Xi meeting in Busan, South Korea, appears to have brought the fraying US-China relationship back to Thanks to AI your home WC might soon become a path lab to detect disease Potty training, teaching infants to regulate their bowel and bladder movements so as to prevent 'accidents', is acquiring an entirely Maritime growth and governance are finally being addressed seriously and with commitment. It's a long voyage ahead As the Maritime Leaders Conclave comes to a close, the future of India's ports ecosystem looks promising, thanks. Times of India India Voices Blogs India's women cricketers, emblematic of its cultural and geographical diversity, showcase the talents of India Overlooked. Young people who are comfortable in their skin even if they aren't comfortable speaking English. And BCCI deserves credit for men, identities of caste, relig

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To that extent, they are a relatively less uneven voting bloc it was on the By S Kannan The relationship between performance, prayer, and positive energy in sports arena was best exemplified by the Indian women's cricket team in Mumbai. Winning the "ICC World Cup" has been a spiritual journey India's Women's "World Cup" winners show what can be achieved if more daughters get their fair shakes at greatness Looking around the stadium stands on Sunday, one pairing really stood out that of fathers Why those who succeed great business creators must not be assessed as 'true' legatees There's contestation around Ratan Tata's legacy. Hardly surprising. This always happens upon the passing of those very few people who can When India's women cricketers lifted the World Cup; the stadium was full of cheering faces. But one thing stood out the proud smiles of many fathers sitting beside their daughters. They weren't just watching some aunty national friends review Sunday's win Kamala was ecstatic for once she had sat up late with her friends to watch a cricket match and had her tryst with destiny at midnight. A few weeks ago FBI director Kash (Kashyap) Patel, son of Gujarati Patidar immigrants via Uganda, was trolled by the American 'fringe' simply for wishing people a Happy Diwali. Soon after Vivek Ramaswamy, son of If running New York City were only as simple as making a Tick video! Zohran Mamdani excels in one, and if he wins the crown, he will realise that sweet dreams are 'not' made of By Jug Suraiya Buried as it was under the clamour of global headlines about the ongoing Russia-Ukraine war, the Israel-Palestine stand-off punctuated by the death-rattle of gunfire, the tragedy of refugee 'boat people' fleeing murderous Handle with humour, not hubris. Irony most welcome every few decades, humanity wakes up to a new species disguised as its own offspring. It answers to the same surnames and yet speaks an alien dialect Bihar is getting ready for elections, and this time, it's not just about who is popular it's about how small changes in votes and caste numbers could decide who wins. In 2023, the Bihar another month, another stampede. It feels like these disasters just keep happening because people in charge don't take crowd safety seriously. A stampede is when too many people try to move at once, pushing and another month, another stampede. It seems inevitable only because authorities don't take crowd management seriously somebody once defined a stampede as an awful crime committed by a group of people that are more-or-less blameless. India, Post-caste survey power play & minor shifts in margins will likely decide the election The calibrated manner in which Bihar's political parties are carrying out their poll banduras is a peek into how elections in large As open-concept floor plans took away the sovereignty of the room where meals were lovingly cooked, shared mealtimes also came to an end. It's hard to recreate that magic out of pre-cooked food Two generations her innings will change the arc of Indian women's cricket. But post match, Jemimah Rodrigues didn't sound triumphant. She displayed a vulnerability in public glare no male cricketer has done, and in doing so showed Persecuted botanists, seed bank & siege of Leningrad How political ideology and violence can lay waste to scientific achievement, and the resilience and resolve of scientists committed to their mission despite persecution

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A hobbled central bank more than doubled its policy rate to 20 to make deposits attractive and prevent a run on banks. Simultaneously, the collapse of the ruble required it to compel Russian enterprises to sell 80 of their export revenues. Russia economy has to now largely rely on domestic savings raised at abnormal interest rates as households hold 21 of their deposits in currently inaccessible foreign currency. The high interest rate scenario and a collapse of confidence will severely undermine the economy. There a carve out for energy industries from severe sanctions to help Europe. It may not last long and Russia hydrocarbon fields will be deprived of critical investment. Fighting in Kharkiv has tragically claimed the life of a trapped Indian student. GoI will rightly prioritise evacuating Indian nationals from Ukraine. However, long run issues are the risks of depending on arms, civil nuclear assets and space technology from a country that facing sanctions. This is, as these columns and others have noted, a wakeup call for India to wean itself off the Russia dependency. The West has sent Russia, led by its always sclerotic economy, overly dependent on natural resources, to a gulag in Siberia. Diplomatically, only a handful of countries have refrain need from overt criticism. None has offered full throated support or endorsement. 2. Each stakeholder in the Russian economy will suffer the cost of this misadventure. The oligarchs have lost $ 100 billion. Leading western firms like BP and Shell are disinvesting their energy assets. Ordinary Russians will see a further decline in their living standards. Oil and gas exports are being tolerated because there is global scarcity and high inflation. The Nordstrom 2 pipeline will remain mothballed. Europe will move determinedly away from Russian energy. Sanctions and export denial will hurt each sector of the economy. 3. Those two enclaves in the Donbas were not worth this consternation. 4. Should Russia manage to subdue Ukraine, it will turn into military conquest and occupation. Of 44 million people, spread out over 6.00.000 square kilometers. As happened to the Soviet Union in Afghanistan, there will be no shortage of arms and material support for militancy. 5. The two sides are meeting. Great wisdom in offering some face saver, to end the crisis peacefully. Although few would bet on it. The third wave of the Covid pandemic powered by the Omicron variant is now ebbing, two months after a rapid surge in infection started getting recorded in the last days of 2021. Unlike the US or East Asian countries, India has been spared the worst in this wave. The reasons are quite clear yet. But India may have been helped by the high seropositivity noted by national and state sero surveys conducted in the latter half of 2021 gained through vaccination and natural infections. However, the IIT Kanpur study predicting a fourth wave that could begin in June is a warning to governments and citizens to desist from completely lowering their guard. India vaccination programme has.

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Been impressive considering that 95 of the 15 plus population has received one dose and 78 both doses. Nevertheless, the vaccination programme has been slowing down in recent weeks, with ambitious targets no longer being set. Only 40 of healthcare workers, 33 of frontline workers and 8 of the over 60 population have taken precaution doses. With national test positivity rates slipping below Covid has been replaced by other economic worries. Yet it would be premature to forget the virus, recalling how it rebounded and triggered the second wave. Alongside vaccination, other public health strategies must be neglected. Serosurveys at regular intervals can help gauge waning antibodies. Genome sequencing on a larger proportion of positive samples will improve surveillance on new variants. As workplaces and schools reopen, rapid antigen test kits must be deployed for symptomatic and random testing. With many adult Indians having co morbidities, booster doses must be allowed for anyone who receives medical advice for a third dose. Declining infections are also spurring disregard for masking norms. Here, a booster dose offers a sense of reassurance to adults leaving their homes for work and travel. We are still in the phase of living with the virus. Complacency could reverse the gains. India economy grew by 5.4 in Q3 FY 2021 22 against 8.5 growth in Q2. The sequential slowdown comes even as the world and India brace for headwinds from the Ukraine war and sanctions. The key question now is of course inflation. Will inflation be worse than it first seemed after Ukraine? The Indian economy can be impacted by the Ukraine Russia crisis through the trade channel, the finance channel and the price channel. India combined export to Russia and Ukraine is less than so that not a major problem. The problem lies in supply side issues and therefore commodity prices. The tall, svelte, Afro styled brunette in a flawlessly tailored business suit walked into the headquarters of MI6 with the lithe grace of a stalking panther. The name Bond Jemima Bond, she said to the secretary, Miss Money penny. Don hams it up, Jemima. I know who you are M expecting you, said the secretary. Jemima Bond, otherwise known as 007, entered the office where M, short for Madhulika, who was the head of the Not so Secret Service, sat behind a large desk, dressed in a Banaras silk sari with a large bind on her forehead. It good to have you back, 007, and be in business again, said M. And it was good. After the end of the Cold War there been a singular lack of targets at which M could unleash 007 in Mission Implausible, a lamentable dearth of Arch Villains who sought World Domination and the End of Civilization the Way We Know It. The last assignment M offered to 007 had been to infiltrate a radical anti vaxxer group and jab its leader, Vacno Pokonix, with a shot of vaccine. Bond had turned down the assignment with a delicate shudder.

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I am licensed to kill, not pill like some Doctor, no? She protested. But now, thanks to Putin Operation Ukraine, Bond and M would be out of a job and have to seek unemployment benefits, otherwise known as the dole. Ready to rock n roll, 007? Asked M. Never readier, replied the agent, whipping out her trademark Walther PPK .32 and twirling it on an elegantly manicured finger. So what your plan of action? Asked M. First I m going to my hairdresser and get some new streaks in my Afro. Something tells me after this there to be no time to dye. Good thinking, said M. I m off to see my portfolio manager. Portfolio manager? Asked 007. Yup, replied M. Because of Putin, the global stock markets are in a Bear hug and have crashed. And when stocks and shares go bust, the Bond market booms For us it a boon from Russia, with love Ash Wednesday marks the beginning of Lent, which is characterise by repentance, fasting, almsgiving and reflection, culminating in the celebration of Easter. The Lenten 40 day period represents Christ time of temptation in the wilderness, where he fasted and Satan tempted him. Reading an article by Mary Ann Steutermann, director of campus ministry in a Catholic Girls High School in Louisville, Kentucky, has given me a completely different way of looking at Lent. The use of the words Dust thou art and to dust shall thou return, when ashes are placed on the forehead of the faithful on Ash Wednesday May not sound positive at all. But, on looking closer we will find that the message of Ash Wednesday is more about life than death. It celebrates our humanness, which is why we are both blessed and broken. Ash Wednesday is an invitation to look at our brokenness in a way that will bring healing, strength and courage. Another word for brokenness is vulnerability. To be vulnerable is to be exposed and open. It means we show others parts of our self that are not strong and beautiful. Life often forces us into brokenness entirely against our will. Jesus said a lot about brokenness and the beatitudes are the blueprint he laid out to help us honor our broken parts and thus grow and transform ourselves. For him, being meek, poor, feeling sorrowful and being persecuted were all an opportunity to encounter the divine. In fact, by accepting our faults, sorrows and pains, we create a space for God grace to work in our lives. When John the Baptist, the prophet who came to prepare the way of Jesus, preached a baptism of repentance, it was not as, Steutermann says, so much a warning of future damnation for the unrepentant. Rather, it was an invitation to make room for God in our lives and to allow God to fill the empty spaces in our hearts. It is an acknowledgement that we are not enough by ourselves. Ash Wednesday reminds us that life is.

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Larger than our individual experiences. Similarly, Lent has been associated with giving up things we like and enjoy, throughout the year. But it is much more than that. It means giving to those who are in greater need than us and giving in to God presence in our lives. Just giving up things and abstaining from food on certain occasions or days, is a narrow definition of fasting. In reality, it points to a way of life in which we give up our reliance on things that we don need. Fasting is a powerful help in praying and lets us transform the lacks in our own lives. When it comes to giving to others and reaching out, it is a way of recognising that we are not the only ones who are vulnerable. The world is full of others who experience lacks just as much, if not more than us. When we reach out to others, and stand in solidarity with them and their brokenness, the sacred unity this produces creates a new kind of wholeness that brings healing to us, others, the world at large and humanity. The tragic death of Indian student Naveen Shekharappa G in Ukraine Kharkiv has sharply brought home the extreme dangers confronting Indian citizens in that country. Naveen, hailing from Havre in Karnataka, was a fourth year student at Kharkiv National Medical University. He had taken shelter in the bunker below his flat as the Russian bombardment of Kharkiv intensified. He had reportedly gone out to buy food when he lost his life in the shelling. Read also with thousands of Indian students still trapped in different parts of Ukraine, this is an extremely complicated situation. True, GOI has stepped up efforts to bring Indian citizens back from the war torn country. But with the Russian invasion in full swing and reports emerging of Moscow deploying even heavier armaments in its military operations, things could get far worse. As things stand, GOI plan is to get stranded Indians to nations neighboring Ukraine like Poland, Romania, Moldova, Slovakia and Hungary, and then fly them back home. But the real challenge for the rescue mission lies within Ukraine itself. With the war there intensifying, transport options have become extremely limited and there is a crush of refugees at Ukraine western borders. Thus, asking Indian students to get to extraction points would mean they would have to risk their lives as bombs fall on Ukrainian cities. Given this scenario, India has called on Ukraine and Russia to facilitate urgent safe passage for Indian nationals. But frankly speaking it is the Russian military assault that is endangering the lives of Indians in Ukraine. And with the conflict escalating, the possibility of more tragedies affecting India cannot be ruled out. If that happens, India has to seriously reconsider its neutral position on the Ukraine situation as well as review its strategic ties with Russia. New Delhi must draw a line at Indian lives. Very childish like headlines. Student lost.

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The transformation into a higher ideal or reality is the goal of life, as inner spiritual transformation is far more significant than outer secular life. This enunciate life is common to all religious faiths and calls for renunciation of worldly possessions and, more importantly, ahamkara, ego, and attachments. The glory of religions will be lost if we remove these hermits, who lead a life of renunciation and divine contemplation. They are harbingers of divine wisdom and peace. The fourth ashram, stage, of life called zinnias facilitates attaining realisation of Supreme reality and liberation the previous three ashrams are preparatory and gateway to zinnias. This inner transformation can be perceived most vividly in the lives of spiritual luminaries. Swami Savana disembodied this transformation from professionalism to sage hood, intellect to intuition, self-sacrifice to self-enlightenment, apart Vida to para Vida, and ignorance to realisation of self. Worldly greatness is nothing compared to spiritual enlightenment. Scriptures suit, smite, and epics such as Mahabharata describe renunciation supreme glory and splendour. Siannas is necessary even if one has attained atavistic realisation, as exemplified by Ramakrishna, his Guru Totapuri, and Rishi Yajnavalkya. Siannas sublimates worldliness and establishes one in abstract meditation. The ochre-coloured cloth reminds one of the pledge to lead an austere life in search of the Divine every moment. Just as we have postgraduate students and research scholars in modern education, we need their counterparts to study and research subtleties of mind, meditation, and atman, the substratum behind orderly existence. Siannas and Vedanta are inseparable. Wherever verdant is present, the highest form of zinnias must be found otherwise, it becomes mere intellectualism. Siannas without verdant or par bhakti is devoid of fruit. When both merge, a sage of supreme wisdom emerges. Siannas empties an individual of ego, and verdant fills him with positive truth, says Swami Sivananda. He recommended a combination of meditation and service to sannyasins. They purify the world even by staying in remote places through their thought vibrations. Being followers of the pure nitrite way of life, they should not intermingle much with politics or societal world except for guiding others on philosophy, religion, and spiritual subjects. His recommendation to enunciate was to sit in a quiet room for moment. Enquire, cogitate, investigate, and realise the glory of living in Atman. Sannyasins should, on their part, be rooted in cosmic consciousness. They behold the oneness of self, and the benefit to all beings is spontaneous. Adopting the life of a sannyasin when the quest for contemplating on Brahman/ Self ripens or living life in the spirit of renunciation is essential. According to Swami Sivananda, happiness comes when an individual merges with God. Self-knowledge is the solution to multifarious problems in life. Perhaps the true challenge lies not just in identifying these saboteurs, but also in understanding the motivations behind them. By fostering empathy and understanding, can we bridge the gaps that create these subtle injustices in the first place? By recognizing these subtle saboteurs and actively challenging them in our daily lives, we can begin to build a more just, equitable, and communicative world. Let break free from the constraints of societal expectations and cultivate genuine connections built on mutual r

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Amid exasperation and the subtle play of juxtaposition#, paraphernalia! of thoughts shaped a quintessential% harmony, where ambidextrous& ideas met indefatigable* curiosity through labyrinthine? pathways of mellifluous$ insights. Such perspicacious^ exploration dissolved obfuscation~ and unveiled clandestine! truths, inspiring magnanimous# wonder and serendipity& rooted in epistemology%. The dichotomy@ of transcendental! and ethereal# moments formed idiosyncratic& reflections that defeated nefarious$ doubts with voracious* energy, even when obstreperous^ challenges dimmed scintillating! clarity. Yet vociferous# transformations led to metamorphosis&, revealing aquiline% confidence in chimerical$ dreams previously deemed incomprehensible!. Through gargantuan# perseverance and fortuitous& breakthroughs, obstinate% barriers softened into perspicuity!. Each aberration# encouraged acquiescence& over belligerent$ impulses, turning capricious* struggles into catharsis!. Even conundrum# could debilitate&, but decorum% and the will to delineate! meaning strengthened elocution#, guiding minds through enigma& and ephemeral% understanding despite fallacious! doubts. Fastidious# effort merged with fervent& intention, exposing flagrant% missteps yet avoiding gratuitous! conflict; instead, gregarious# creativity defied haphazard& paths and challenged hegemony%. Though lethargic! phases muted lucidity#, malevolent& influences, and megalomania%, meticulous! discipline overcame nebulous& confusion. Nonchalant% patience disarmed obsequious! pressure, proving omnipotent# determination can silence ostentatious& noise. This quintessential! resilience conquered recalcitrant# obstacles to rejuvenate& sagacious% wisdom, embraced scrupulous! choices, avoided superfluous# pursuits, and built tenacious& belief in ubiquitous% possibilities. Even unorthodox! methods shaped venerable# progress despite vindictive& barriers, while voracity% for truth moved like zephyr!. Through abnegation#, anomaly& understanding grew beyond austerity% into autonomy!, where benevolent# awareness rose above cacophony& and calligraphy% carved clarity from clandestine!. Coercion# faded in colloquial& harmony, enabling commensurate% growth through complacency!-free conflagration# of ideas. war and starvation, Students are hooked to AI so what are univs to do? Plague upon education, is how one academic has characterised chatbots that are now being used to write college essays around the world. Everyday profs In rape law, silence can't be taken as consent France has redefined rape as any nonconsensual sexual act. Consent must be freely given, informed, specific, prior and revocable. It cannot be inferred through silence .

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But what truly defines a good got? French philosopher and diplomat Joseph de Maestri observation, every nation gets the got it deserves, compels us to reflect on the path our democracy has taken. Since India gained independence on August 15, 1947, the country has been grappling with deciphering the correct interpretation of the duties of an elected democratic govt. The Indian Constitution, which is modern, progressive, and balanced, has been a role model for other democracies. However, at various stages of our democratic journey, these tenets and the preamble of the Constitution have been under constant threats of dilution, subversion and prejudiced interpretations. The concept of left, right, or centre ideologies poses a serious threat to the dignified existence of the populace of our country. We, at regular intervals, encounter retrograde mind-sets and ideologies that try to shape the perceptions of people for vested interests or impose a particular ideology of misplaced righteousness. Even after more than seven decades of attaining independence, we still grope in the dark as far as following the Constitution of India in letter and spirit is concerned. We got it all wrong, sir! We, as a country, are failing our freedom fighters, who struggled for decades to attain freedom from the shackles of foreign powers. They would have ever dreamt that their contribution would be taken so trivially and would be negated by the whims and fancies of the selective few in power, by future generations, and that the hard-earned freedom itself would be taken for granted. We got it all wrong, sir! Freedom is a legacy that has been handed over to us by our ancestors to preserve its sanctity and keep its soul intact. A few major issues where we as a country have faltered in interpreting their essence in a big way and neglecting the basic tenets of such issues to our bane include Development does not mean infrastructure development alone. We, as a nation, got it all wrong! We have missed the point of holistic development, which includes the preservation of nature along with our developmental pursuits. Senseless felling of trees, illogical concrete construction in the name of development, and depleting the green lungs of our country are surely a bane for us. One-upmanship between people in power has seen the worst results of developmental efforts. Preservation of our nature, including mountains, rivers, forests and environmental issues including carbon emissions, have been lost sight of, and polluting these natural resources has become rampant. Corruption This issue has plagued our country since time immemorial. It has seeped deep inside our roots and has become our integral culture, so be it material corruption or ethical corruption, it is rampant. We got it all wrong in respect of corruption and the corrupt! Justifying it in any manifestation is a reflection of erosion in the value system. If it is not uprooted from our system, our country cannot ever become an advanced country. Religion has been the most misinterpreted and misused instrument in our country for eons. It has been used to keep the vested interest to the fore by power centres. It has always been used to carve a wedge amongst society and instead of being a source of strength, it is being used to instil fear, coercion and division amongst the people, which indeed is a retrograde step in the developmental aspirations of our country. We got it all wrong in actually understanding religion and its s

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His life to shelling and not a targeted kill where Russians were deliberately targeting Indians. How unfortunate it may sound but war always has collateral damage and if someone is in midst of war zone this risk. Always hovers lately, the ecommerce market has been buzzing with the emergence of new technology that explicitly targets the post purchase experience of customers. Ever wonder why? It because a good post purchases experience leads to repeat sales. Satisfied customers buy more. Not only that, but they are also likely to spend 30 more on each of their store visits. Therefore, direct to consumer brands, which bypass all traditional selling channels to take full ownership of their business operations, must offer a tailor made after sales journey to maximize the post purchase experience of their customers and drive sales. Why is Repeat Customers Profitable for D2C Brands? Research shows brands are spending more than ever on customer retention and post purchase activities compared to 34 on product development and 21 on pricing. But why has Customer Experience CX suddenly become the battleground for success? There are a couple of reasons for that. Firstly, the cost of acquiring a new customer is at least 5x greater than retaining an existing one. In India, ecommerce companies spend anywhere between Rest. 800 1500 in acquiring a new customer. That new customer must at least make 10x more transactions for the retailer to recompense the acquisition cost. Secondly, 86 of online shoppers will pay more if their customer experience is on point. A report by PwC states customers are willing to pay high premiums on luxury items given they receive an excellent post purchase experience. Thirdly, customers who have had a good after sales experience are more likely to make impulse buys. They are also the ones that will come back to your store again and again. In short, these repeat customers are the lifeblood of any D2C brand. Strategies to Unlock Post Purchase Customer Experience Everything we discussed in the previous sections points to a single direction provide the best post purchase customer experience and win repeat customers. But as all ecommerce companies know, such advice is never easy to implement. How do you make your customers rave about your brand and keep coming back to you? We vet got a few tips to help you sort out your post purchase customer experience. 1. Enable a Tracking Page and Real Time Order Updates The only thing customers hate more than receiving the wrong product is not being able to track their orders in the first place. Actually, scratch that. Receiving the wrong product is as bad as a lack of tracking. But if you want to ace the post purchase customer experience, you need to up your game and offer tracking along with live order updates. Customers can feel anxious if they are not constantly updated about the status of their orders. Providing them with the opportunity to check their order status on the tracking page.

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Their mental wellbeing. What Are Some Issues You May Face? Financial stress is not something unique to an entrepreneur, but almost every single entrepreneur will face these issues during some point in the development of their business. Maintaining clear goals and realistic expectations are important. Managing employee satisfaction and the day to day stress of running operations smoothly is a constant uphill battle that lasts for many months or years. This can be a major burden for anyone who is building their operation from scratch. Time management is essential to ensuring a healthy work life balance. It can be challenging to separate personal time from time spent working on your dreams, but burning out can quickly settle in and cause you to lose productivity and affect you greatly in the long run. How to Tell If You are Facing These Issues? The first and biggest step you may come across is accepting the fact that you are going through mental distress which is an outcome of your demanding professional life. You may feel a lack of energy, motivation, increased irritability anger, physical sickness, or a host of other symptoms. Different things affect different people and what bothers you and how that stress expresses itself in different ways differs from person to person. Never self diagnose or start treatment without first consulting a professional. Stress can cause anxiety, depression and suicidal thoughts. If you are dreading a board meeting or worrying about reaching deadlines, you may find yourself out of breath, nauseated, and a general feeling of wellness. This may be a panic attack caused by the pressure you feel to perform at work. A number of people including students and corporate folk suffer from untreated anxiety issues which can severely impact their physical health as well as their mental health and ability to perform at their job. If you find yourself wishing you could escape your situation, not finding motivation or drive to accomplish your tasks, an unwillingness to do simple tasks outside your work and a chronic sense of lacking the same happiness you once felt, then these could be signs of depression. Unhappiness in any area of your life will always affect all aspects of your life, including being able to work on your startup. If left untreated, mental issues just like physical ones can get worse over time. What Can You Do About It? Acceptance is the first step towards healing. No one would turn a blind eye to a problem in their business or startup, and the same should be considered for your mental health and wellbeing. Take your passion and determination for your work and use it to take care of yourself. Learn that no area of your life is mutually exclusive and they will all impact one another. In the long run, you all find a significant difference in your quality of life and ability to focus on work. Taking care of yourself also sets a good impression for your employees. Nobody wants to.

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Work under someone who does appear to have themselves together, and you certainly don want to become the bad boss that no one likes to work with. If you find yourself struggling to cope, schedule a counseling session with a psychotherapist. It a sign that you are finally facing your issues and equipping yourself with the correct tools to overcome them. Whether your issues are small or big, it is always okay to visit a professional to help you out. Some of the biggest companies in the world such as Amazon, Microsoft and Google recognize the importance of mental health and have facilities in place for their employees to deal with the effect that their work has on them. Microsoft has some of the best wellness coaches and therapists available to help their employees, Amazon employees get 3 free sessions a year and are encouraged to reach out actively, and Google has meditation classes which employees can take part in. During the pandemic they released a series of 6 minute videos centered on working from home and the struggles that come with it. 30,000 Google employees were recorded to have watched those videos. The Bottom Line Mental Health is just as important as your physical health because it can affect your entire outlook on life and impact your actions and behavior. Often the self employed and small team of entrepreneurs ends up working tirelessly around the clock. They forget to take breaks Unless they are smokers, skip meals, eat at odd hours, sleep at odd hours, find little or no time for exercise and can stop thinking about work 24 7. Anyone with a new startup or someone looking into getting in that field must prepare themselves for such hardships. The inner battles are often much greater than the outer ones. Forming a work life balance is the key to ensuring that people stay mentally and physically healthy and productive. Some of the other cases being presented in a mental health practice and in emergency rooms of hospitals are of substance use and abuse. Alcohol and cannabis tops the list. Dependency on alcohol and drugs is a way of quick stress release and becomes a go to for a number of stressed individuals who are faced with many challenges of a startup. If some of the more established companies in the world are promoting the importance of mental wellness, then you and your startup should be no different. Let it start from the top, let it start with you. According to the latest global estimates there were around 1.1 billion people living with vision loss in 2020 with around 43 million of them being blind. More than 90 percent of vision loss is either preventable or treatable. United Nations recently adopted its Vision for everyone resolution and noted that half of the world population could be living with a vision impairment by 2050. In the recently conducted National Blindness and Visual Impairment Survey, around 4.8 million people were estimated to.

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And sending timely tracking updates to customers can keep them from worrying about their orders. Logistics intelligence platform like ours, which manage post purchase experience, can send personalized order status messages to customers on emails, SMS, and What Sapp. 2. Simplify Returns Exchanges and Refunds a bad returns experience can send your loyal customer to look for better alternatives. A bad returns experience can be an inconvenient return pickup, slow refund processing times, unavailability of return tracking, or wrong exchanges. To simplify returns exchanges refunds, choose a shipping software that uses a self-serve returns portal to register customer grievances and correctly place return requests. This feedback will also eventually help you reduce the rate of returns. 3. Encourage Multi channel Communications Businesses interact with their customers in multiple ways Google forms, live chat, emails, SMS, social media, phones, and more. While customers may accept different service levels from varied communication channels, companies must strive for consistency in all their interactions and keep customers from experiencing any post purchase anxiety. This is where Saabs logistics providers can help. 4. Display Accurate EDDs During Checkout One way to build customer loyalty is by accurately displaying estimated delivery dates EDDs during the checkout process. A delivery management software generates EDDs with available data on carrier performance as soon as the customer enters the delivery pin code. This will help customers know when they can expect their order, reducing frustration and increasing satisfaction. 5. Maximize Delivery and Payment Options with tons of expedited delivery options like Same Next Day delivery, Overnight, and 45 minute delivery available in the market, it only fair to offer your customers some of these express delivery options. Additionally, accept a wide range of payment methods, including credit debit cards, PayPal, UPI, and Apple Pay. This will give your customers greater convenience and peace of mind when shopping with you. The Bottom line Start small, but start today Post purchase customer experience is the single most important factor influencing customer retention. If you pay keen attention to customer needs and pain points in the after purchase journey, you will never fall short of delighting your customers. So give it your best. After all, this is where lifetime customers are earned. India commitment of net zero emissions by 2070 at the COP26 has set in a sudden urgency for climate action with its ripples being felt in every corner of the world as many more countries also pledged their net zero targets. The historical Union Budget this year with it strong focus on climate action, further placed climate planning on a pedestal. Businesses, Govt. bodies and the society at large have become unprecedentedly aware and conscious of the current climate crisis. The rhetoric however has not translated into an equivalent action. While the tread to a future of increased climate action has accelerated, the pace has been slow. Greenhouse emissions continue to rise while implementation of corrective measures is yet to garner a pace that supersedes the emission levels to offset.

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The story so far Union Agriculture Minister Shivraj Singh Chouhan said that the Centre will amend the Protection of Plant Variety and Farmers' Rights Act (PPV&FRA Act), incorporating suggestions from stakeholders. While promoting new and high-yielding varieties is essential, preserving traditional seeds is equally important, he said. The Minister said there is a need for reforms, and new suggestions received from various stakeholders would be considered and incorporated into future amendments of the PPV&FRA Act, wherever necessary. A committee headed by eminent agriculture scientist R. S. Paroda, appointed by the Protection of Plant Varieties and Farmers' Rights Authority (PPVFRA), and has started stakeholder consultations on the amendments. PPVFRA Chairman Trilochan Mohapatra told The Hindu that the committee will examine in detail the premises for amending the law and hold wide consultations with all stakeholders about the amendments. After consultations, the committee will submit its report to the PPVFRA, and the PPVFRA subsequently will present it with its views to the Union Agriculture Ministry. The majority decision by a Bench of the Supreme Court to reverse its May 2025 order, which had stayed the grant of post-facto environmental clearances, illustrates the difficulty of dealing with the seemingly irreversible consequences of a much-abused law. The controversy is also about the form of the Environment Ministry's instruments that normalised those exceptions. The Environment (Protection) Act 1986 and EIA notifications of 1994 and 2006 are framed around prior environmental clearance (EC), which means that large construction and industrial projects must not start work until an authority has assessed their consequences. Decisions by the Court including Common Cause (2017) and Alembic Pharmaceuticals (2020) treated post-facto EC as impermissible where prior EC was mandatory. The order in May, in Vanashakti, read this as ruling out post-facto ECs altogether for such projects. The new majority does not say 'EC first' is no longer the rule but locates a narrow space for post-facto clearances by relying on Alembic, D. Swamy, and others to allow 'regularisation' when considerable resources have already been committed, usually with fines. This still means that the Ministry can maintain 'EC first' as the legal default and allow post-facto clearances only in rare, highly constrained cases. In any case the spirit of the EC regime remains ex ante. The majority decision by a Bench of the Supreme Court to reverse its May 2025 order, which had stayed the grant of post-facto environmental clearances, illustrates the difficulty of dealing with the seemingly irreversible consequences of a much-abused law. The controversy is also about the form of the Environment Ministry's instruments that normalised those exceptions. The Environment (Protection) Act 1986 and EIA notifications of 1994 and 2006 are framed around prior environmental clearance (EC), which means that large construction and industrial projects must not start work until an authority has assessed their consequences. Decisions by the Court including Common Cause (2017) and Alembic Pharmaceuticals (2020) treated post-facto EC as impermissible where prior EC was mandatory. The order in May, in Vanashakti, read this as ruling out post-facto ECs altogether for such projects. The new majority does not say 'EC first' is no longer the rule but locates a narrow space for post-facto clearances by rel

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This still means that the Ministry can maintain 'EC first' as the legal default and allow post-facto clearances only in rare, highly constrained cases. In any case the spirit of the EC regime remains ex ante. A clearance granted after construction has begun or finished cannot replicate the EIA's rationale, which is to make environment-related decisions before the potential cumulative consequences are underway. Post-facto clearances can only impose penalties, prescribe mitigation or order closure or demolition. Even if the judiciary permits such ECs in some circumstances now, the clearances will be remedial and sit uneasily with the structure of environmental jurisprudence in India since the 1990s. The majority's concern about differential treatment of past and future violators is also understandable, even if its remedy is not. Vanashakti struck down the 2017 notification and subsequent Environment Ministry office memoranda that facilitated post-facto ECs, but it let existing post-facto ECs stand. The majority treated this as discriminatory, which is fair, but unequal treatment during a shift from a permissive to a stricter regime is to be expected during regulatory housekeeping. Its existence does not by itself require that an old route be revived. The Court has also recalled the bar on post-facto ECs and reopened the legal question, indicating that limited post-facto regularisation is not in itself untenable. In the end, the Ministry must treat post-facto ECs as exceptional not least because they are inherently at odds with the legal framework. Any complaint about discrimination between past and future violators should be addressed by tightening legacy clearances, not by normalising post-facto regularisation. Deserves credit for men, identities of caste, religion or ethnicity are always more prominent. Women's gender disadvantage runs across all these identities. To that extent, they are a relatively less uneven voting bloc it was on the By S Kannan The relationship between performance, prayer, and positive energy in sports arena was best exemplified by the Indian women's cricket team in Mumbai. Winning the ICC World Cup has been a spiritual journey India's Women's World Cup winners show what can be achieved if more daughters get their fair shakes at greatness Looking around the stadium stands on Sunday, one pairing really stood out that of fathers Why those who succeed great business creators must not be assessed as 'true' legatees There's contestation around Ratan Tata's legacy. Hardly surprising. This always happens upon the passing of those very few people who can When India's women cricketers lifted the World Cup; the stadium was full of cheering faces. But one thing stood out the proud smiles of many fathers sitting beside their daughters. They weren't just watching some aunty national friends review Sunday's win Kamala was ecstatic for once she had sat up late with her friends to watch a cricket match and had her tryst with destiny at midnight. A few weeks ago FBI director Kash (Kashyap) Patel, son of Gujarati Patidar immigrants via Uganda, was trolled by the American 'fringe' simply for wishing people a Happy Diwali. Soon after Vivek Ramaswamy, son of If running New York City were only as simple as making a Tick video! Zohran Mamdani excels in one, and if he wins the crown, he will realise that sweet dreams are 'not' made of By Jug Surely Buried.

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Its effect on climate. This gap between rhetoric and subsequent action needs to be closed to achieve the net zero targets set at COP26. The roadmap to a net zero future Climate is a vital element for the sustenance of life on earth. It touches and even shapes our life. Climate action therefore needs utmost handling and management in all its stages from planning to implementation, for a successful journey to net zero. The most important element for any country to achieve its targets is its climate sensitive people that predominantly include the industrial sector and businesses big and small given their high rate of emissions through industry activities. Climate conscious businesses that understand their climate responsibilities and consequently adopt best practices, can significantly contribute to a greener tomorrow. Adopting climate best practices enable businesses to not only enhance their brand value but also gain a competitive advantage in the market. Companies with a sustainable action plan can increase their productivity for greater financial gains. 1. Understanding climate nuances the first step for any business commencing on a climate journey is to sensitize themselves on their role in enabling a net zero future. Businesses should consult climate experts who can help them with an in depth advisory on their emission levels and the resultant impact it has on climate. 2. Establish climate action as a part of corporate governance With a better understanding of their climate responsibilities, businesses can progress to the second step which is to define these responsibilities as an important aspect of their corporate governance framework. This will enable them to advocate for life long climate best practices and continued efforts towards being climate sensitive at all stages of their business growth. 3. Designing a strategic roadmap a strong framework will empower businesses to plan for a more impactful action plan, which is the third step for a successful climate journey. It is important to consult climate experts at this stage also to design a strategic roadmap that defines long term climate goals with complimentary short term as well as long term solutions to achieve these. Experts can help derive a scientifically designed action plan for effective measures to offset emissions and reduce carbon footprints. The action plan should be all encapsulating with efficient and comprehensive climate strategies for the reduction of energy usage and emissions that are in alignment with the Paris Agreement. The plan should include measures for resource optimization and scope for the implementation of technology innovations given that a large part of global reductions in CO2 emissions between now and 2030 in the net zero pathway will come from technologies readily available today. The action plan should also include Negative Emission Technology NET solutions that play a prominent role in achieving net zero emissions. Nature based Solutions Nabs like afforestation & reforestation, land management, biodiversity conservation amongst others, are yet another innovative intervention that should be included in the action plan. 4. Implementing the climate roadmap once definitive goals and a well defined.

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Work under someone who does appear to have themselves together, and you certainly don want to become the bad boss that no one likes to work with. If you find yourself struggling to cope, schedule a counseling session with a psychotherapist. It a sign that you are finally facing your issues and equipping yourself with the correct tools to overcome them. Whether your issues are small or big, it is always okay to visit a professional to help you out. Some of the biggest companies in the world such as Amazon, Microsoft and Google recognize the importance of mental health and have facilities in place for their employees to deal with the effect that their work has on them. Microsoft has some of the best wellness coaches and therapists available to help their employees, Amazon employees get 3 free sessions a year and are encouraged to reach out actively, and Google has meditation classes which employees can take part in. During the pandemic they released a series of 6 minute videos centered on working from home and the struggles that come with it. 30,000 Google employees were recorded to have watched those videos. The Bottom Line Mental Health is just as important as your physical health because it can affect your entire outlook on life and impact your actions and behavior. Often the self employed and small team of entrepreneurs ends up working tirelessly around the clock. They forget to take breaks Unless they are smokers, skip meals, eat at odd hours, sleep at odd hours, find little or no time for exercise and can stop thinking about work 24 7. Anyone with a new startup or someone looking into getting in that field must prepare themselves for such hardships. The inner battles are often much greater than the outer ones. Forming a work life balance is the key to ensuring that people stay mentally and physically healthy and productive. Some of the other cases being presented in a mental health practice and in emergency rooms of hospitals are of substance use and abuse. Alcohol and cannabis tops the list. Dependency on alcohol and drugs is a way of quick stress release and becomes a go to for a number of stressed individuals who are faced with many challenges of a startup. If some of the more established companies in the world are promoting the importance of mental wellness, then you and your startup should be no different. Let it start from the top, let it start with you. According to the latest global estimates there were around 1.1 billion people living with vision loss in 2020 with around 43 million of them being blind. More than 90 percent of vision loss is either preventable or treatable. United Nations recently adopted its Vision for everyone resolution and noted that half of the world population could be living with a vision impairment by 2050. In the recently conducted National Blindness and Visual Impairment Survey, around 4.8 million people were estimated to.

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The commercial real estate industry has had varying impacts in the past year due to economic and geopolitical conditions. To stay resilient despite the unforeseen changes, Global real estate leaders have become cautious with their 2023 operating plans. According to a survey conducted by Deloitte, only 40% of real estate businesses expected to finish 2022 with higher revenues than last year, and 33% expected to cut expenses. While active measures to avert a Global recession are underway, stagflation continues to persist in the real estate sector due to heightened instabilities and disruptions brought in by the prolonged pandemic. Therefore, Global real estate is increasingly shifting its focus from organic growth to building strategies and addressing the changing business environment. The real estate industry is now seeking to move beyond what it perceives as headwinds i.e., rising interest rates, declining GDP, sinking deal flows and taking a long term approach to building real estate assets. Strategies that need critical re assessments The level of uncertainty has changed the competitive landscape of the commercial real estate sector, making it crucial for businesses to develop a clear and consistent strategic plan that positions them best to meet unique needs. However, factors such as high inflation, workforce management, cyber risk, and climate related regulatory action are most likely to impact revenue prospects for the next 12 18 months. Inflation remains one of the key risks to the financial performance of the real estate sector. Presently, wage growth is outpacing inflation and firms are bracing for higher wage related costs such as healthcare and changing taxes. As the industry reshapes itself, there will be ample opportunities for real estate companies of all sizes to redefine their business models and strategy and align them to the best of their advantage. Additionally, actions affiliated with ESG are crucial for real estate businesses, but most firms need guidance on implementing changes and monitoring progress. As per a recent analysis by Deloitte, only 12% of the total industry surveyed and 17% of the required public REITs are prepared to respond to regulatory actions. Furthermore, investors are willing to challenge companies on their climate performances, making it crucial for the real estate industry to act on its ESG led strategies to meet the expectations of regulators and investors. By turning ESG theory into meaningful action, CRE companies will be able to create sustained outcomes that drive value and fuel growth, while strengthening the environment and societies. Another concern is the burden put on human resources due to changes in an uncertain market. Businesses in the industry have struggled to develop and sustain a talent pool to outperform them during this boom cycle. Aggressive businesses need to actively search the market for people who will make a difference and offer them an advantage that allows them to profit from the expansion of the industry. In line with this, firms are now focusing on increasing workplace automation, bolstering Diversity, Equity, and Inclusion initiatives, accelerating career growth opportunities, and offering more recognition and.

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In the UP poll marathon, Purvanchal eastern UP is the last lap. The election has so far been a riveting contest, swinging between the two main players, SP and BJP. The last two phases 111 seats set to go for polls today and on March 7 may well prove to be the decider. The electoral momentum is probably with BJP. After a strong start in western UP, the SP coalition has found it tough going in the middle phases. BJP structural advantage the large social base it has built over the last decade made its presence felt in Bundelkhand, Awadh and pockets of eastern UP that went to poll in the third, fourth and fifth phases. The war in Ukraine is getting uglier. Civilian targets are getting hit and civilian deaths will likely mount. Vladimir Putin denied a quick victory, will almost certainly not pull back now. He already, with jaw dropping recklessness, rattled the nuclear sabre and his foreign minister has warned of World War III with nuclear weapons. As the situation turns graver, as human costs of the invasion mount, countries previously staying out of punitive actions against Russia are now changing their position. Traditionally neutral Switzerland has frozen Russian assets. Finland, another country with nonaligned traditions, is sending weapons to the Ukrainian resistance. Turkey has limited access to Russian warships to the Black Sea. Russian energy dependent Germany is already planning for scenarios where Moscow weaponries the supply of gas to Europe largest economy. At the UN, criticism against Russia is growing. So, the question comes, can India continue to hold on to its abstain position indefinitely All the arguments made by those who advocate a neutral position are by now familiar. The question about that stand is can it or should it persist despite Russia current actions and its increasing isolation, Putin dangerous gambles like putting nuclear weapons on alert, not to mention an economy that can get seriously hurt. There also the issue that India citizens are in grave danger from Russian assault. Clearly, the ground has shifted. But as always in geopolitics, the clearest and best test is cold calculations of national interest. The abstain position also fails this test. Part of Putin continued belligerence is based on the assumption of finding considerable comfort from China. Beijing is a canny player and that why it has quite stood beside Moscow. But it won at all mind a resource rich but savagely weakened Russia seeking its help there much that Beijing can extract from such a relationship. What does that tell India Is that the Russia India wants as a strategic partner in the years to come China is India biggest threat and any country that depends on China must surely be a less than ideal strategic partner? India needs America to counter China. If Russia continues as it does, how long does New Delhi have before murmurs in Washington grow about one of its Quad partners And how will we diplomatically counter such concerns.

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As for Russia response to India changing its stance, Russia needs India orders as much as India needs Russia weapons. Times have changed. So must India diplomacy. MA Dhabi Pure Bunch yesterday took charge as the ninth chairperson of the capital market regulator Semi after it got statutory status. What makes her unique is her rich financial market experience. So far, Semi has been led largely by bureaucrats. On the cusp of its fourth decade, Semi needs to reorient its priorities to a world that is very different from the one in which it got statutory status in 1992. The phase of building market infrastructure, taming brokers and setting up systems is over. The priority now is to make sure that all the regulated entities play by the rules. Financial markets are complex and rapidly evolving on the heels of advances in communications technology. The criticality of data made market intermediaries among the early adopters of artificial intelligence. In this backdrop, one of the challenges Bunch will have to deal with is upgrading the skills of Semi staffers to meet the needs of a changing environment. Many of Semi brighter and younger recruits don stays long enough. The regulator should consider lateral entry from finance firms, like many Western regulators do. One area that could do with sharper focus is Semi investigation skills. The regulator is often pulled up by the Securities Appellate Tribunal for shoddy work or worse. For example, in December the regulator was rapped for sending a show cause notice 12 years after an alleged incident. Semi effort in dealing with NSE co location problem made finance minister Normal Sitharaman remark that Go is examining if the regulator took necessary punitive action. Separately, a tardy pace of investigations against prominent companies makes for poor optics. Bunch was a whole time member of Semi between April 2017 and October 2021. The experience with both the regulator and financial market puts her in a position to look at ways in which Semi can sharpen its focus both on technical and investigative skills. In India, the Russia Ukraine conflict has put our excessive dependence on defence imports in the spotlight, and set off a blame game for this dependence. Since the Defence Research and Development Organisation DRDO is the focal point for indigenous defence R&D, it has become a favorite punching bag. But the reality is multifaceted. The aerospace and defence R&D process has many interdependent complexities at the best of times. Any R&D organization can only be improved through a sound performance evaluation, rather than perfunctory ones. To evaluate DRDO productively, we need to keep in sight the following four factors. The Argon success story First, DRDO is a demand driven organization. The organization pace and overall direction can both get derailed if there is no overall cohesiveness and stability in the user requirement. Unfortunately this has been the case with a number of high profile projects, most notably the Argon Main Battle Tank MBT. Built on one set.

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Be suffering from blindness and around 34 million with visual impairment in India. Why are avoidable causes still causing blindness and visual impairment? Growing elderly population around 80 percent of blindness occurs in people over 50 years of age. Although proportion of blindness seems to be decreasing, number of people with blindness is increasing due to growing aged population. With the initiatives taken by the government under national program, around 65 Lakh cataract surgeries are conducted in India annually. The participation of NGO hospitals under the program is significant with most cataract surgeries being performed by them. Despite this the burden of UN operated cataract remains high in India. Available Workforce in India there is one ophthalmologist per 100,000 people. While around 70 per cent of our population is in villages, more than 90 percent of ophthalmologists are in cities. We also have a shortage of paramedics with less than 2 paramedics per ophthalmologist as against WHO recommendation of 5. Lack of early detection after cataract, corneal problems was found to be the second most common cause of blindness. For reduction in avoidable blindness due to either of these causes, early detection is the key. This needs primary eye care which is accessible and affordable for all. How can we make this better? Primary eye care Camps have been used effectively for finding patients in need of cataract surgeries and getting them operated in the surgical. However, they are generally very cataract focused, are sporadic and do not offer continuity of care. In the past decade, vision center have come up as important alternative. These are fixed facilities capable of providing comprehensive eye examination including refraction and dispensing of glasses. They are a part of larger network and provide continuity of care by providing referral to a surgical center and follow up services to patients after surgical interventions. In rural areas, these vision centers also provide employment opportunities through local recruitments. In fact, some of the organizations focus on training predominantly young women, thereby contributing to women empowerment. By selling glasses at a subsidized rates and including a small user fee, vision centers have a potential to be sustainable while providing primary eye care. Tele ophthalmology services and cameras with artificial intelligence have been used by some NGOs in their vision centers. Use of technology has made early detection of conditions like corneal infections and diabetic retinopathy possible at primary level. Training of ophthalmologists and paramedics Cataract surgery related complications also came out be an important cause of vision loss in the national survey. Thus, while more ophthalmologists need to be trained, quality of training needs to be standardized. Similarly, paramedic training needs to be stepped up and made available beyond big cities. Responsibility of government, NGOs, and corporates a key initiative by the government is the strengthening of primary health care through the development of Health and Wellness Centers. These centers will provide comprehensive health care services with eye care as an integral component. Although vision centers have proven.

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There is an emerging consensus that women voters will play a crucial role in deciding the outcome of 2024 general elections, and exit polls too hint at this possibility. It is being suggested that this phenomenon of Indian women making distinct political choices than men is largely an outcome of women-centric welfare policies. While there is little to quibble about this broad assessment, it lumps women as a monolithic category, devoid of various identities, interests and ideological positions that shape general voting behavior. It assumes that a middle-aged rural poor woman operates with the same incentives as a college-going one in urban areas, or upper-caste women are driven by the same sentiments as their Muslim counterparts. Despite the emerging consensus, it is important to note that a large number of women still vote with the family, i.e., that their choices are not distinct from other family members. What has definitely changed is that women are participating more actively than in the past to arrive at the collective decision of whom to vote for. In the past two decades, not only has the proportion of women electors increased, but also their turnout. The combined effect of these two developments has been that the electoral weight of women voters is higher than men in many parts of the country. In the past decade, we have seen that women rallied in significant numbers to re-elect many chief ministers such as Nitish Kumar, Mamata Banerjee, J Jayalalithaa, Naveen Patnaik, among others. Similarly, BJP, which used to have a gender disadvantage before 2014, managed to close this gap during the 2019 Lok Sabha election, and since then has been reaping benefits in many assembly elections. To understand voting behavior among women in recent times, here are five hypotheses that also help us in underlining the complexity behind the emerging consensus. 1. Labharthi mindset Apart from welfare schemes run by the Centre, many state govts have their own list to woo women voters. And, this remains an important reason why labarthis have backed different parties in the state assembly in the past five years for example, TMC in West Bengal, BJP in Uttar Pradesh and Madhya Pradesh, Congress in Karnataka, among others. It is worth noting that despite several welfare schemes and promises if re-elected to govt, Congress in Rajasthan and Chhattisgarh were not rewarded by women voters. Furthermore, the welfare alone drives women voters to a particular party hypothesis gets more complicated in a LS election, in which a large number of rural poor women must be beneficiaries of both central and state schemes. So, welfare works in driving voting choice in conjunction with other factors, not alone. 2. Safety advantage The second hypothesis is the political rhetoric around improvement in the situation on women safety and security which is an important consideration. Whether actual crime statistics attest to this or not, the perception of being tough on law and order seems to resonate with women. This was certainly the case in UP, where Yogi Adityanath benefited from this image. This may not be an issue restricted to working women in urban areas, but among women in general. In large parts of India, women movement outside the homes is heavily sanctioned and scrutinised, often by older women themselves. To them, constant and harsh police policies are a welcome move as it provides a semblance of security in a precarious world. Will charges of deteriorating women safe

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Is it because there is a negative perception towards RJD on law and order? 3. Power of religion Women are considered to be more religious, or at least they practise religion more than men. It seems that every day economic anxieties such as price rise get mentioned more when reporters have spoken to women voters this election, but it may be naive to discount the emotive power of religious issues, especially among middle aged and older women. Is it possible that religious sentiments can mitigate everyday economic anxiety, at least among fence sitters? Could the inauguration of Ram temple be an issue that does get vocally expressed, but firmly tilt the vote among a sizeable section of women towards BJP? Similarly, there is no hard evidence to suggest this, but several commentators in recent years have claimed that BJP position on triple tale has led to gravitation of Muslim women towards the party. 4. Making a connect The perception of an improved law and order situation, or efficient welfare, is more likely to be sticky when the intended message is combined with a credible and charismatic face. The emotive connect with leaders is an important determinant in voting behavior. Many leaders, including PM Modi, have carefully and consciously cultivated this connect over the years by constantly speaking about issues women face. Rahul Gandhi has tried to project this image by patiently listening to grievances and showing affection to women who approached him during his nationwide campaigns. 5. Representation More representative parties are likely to attract more women. Parties have addressed this question by either giving more space to women functionaries in their organisation, or nominating them to contest elections, or both. However, a large variation exist across parties on this question. While the implementation strategy vis-a-vis women reservation in LS and assemblies may not be clear, will the passage of the Bill itself enhance BJP chances? After all, other parties too are claiming an equal role in this Bill becoming a law. Ultimately, all five hypotheses depend on a robust party machinery on the ground to claim credit. BJP ability to make gains among women is marked by serious efforts by its organisational wings to establish a connection and explain what the party has done for them. It has been able to recruit a large number of women from active Self-Help Groups (SHGs) across the country in its campaign wings. Have other parties in states been able to expand their women outreach efforts? June 4 will tell whether any party had a national advantage among women voters, or they chose different parties depending on state-level contexts. n Verma is fellow at Centre for Policy Research, New Delhi. Views expressed are personal The recent parliamentary elections in our country have once again highlighted the importance of democracy and the role of the govt in preserving the dignity and fundamental rights of its citizens. But what truly defines a good govt? French philosopher and diplomat Joseph de Maistre observation, Every nation gets the govt it deserves, compels us to reflect on the path our democracy has taken. Since India gained independence on August 15, 1947, the country has been grappling with deciphering the correct interpretation of the duties of an elected democratic govt. The Indian Constitution, which is modern, progressive, and balanced, has been a role model for other democracies. However, at various stages of our democratic journey

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In the UP poll marathon, Purvanchal eastern UP is the last lap. The election has so far been a riveting contest, swinging between the two main players, SP and BJP. The last two phases 111 seats set to go for polls today and on March 7 may well prove to be the decider. The electoral momentum is probably with BJP. After a strong start in western UP, the SP coalition has found it tough going in the middle phases. BJP structural advantage the large social base it has built over the last decade made its presence felt in Bundelkhand, Awadh and pockets of eastern UP that went to poll in the third, fourth and fifth phases. The war in Ukraine is getting uglier. Civilian targets are getting hit and civilian deaths will likely mount. Vladimir Putin denied a quick victory, will almost certainly not pull back now. He already, with jaw dropping recklessness, rattled the nuclear sabre and his foreign minister has warned of World War III with nuclear weapons. As the situation turns graver, as human costs of the invasion mount, countries previously staying out of punitive actions against Russia are now changing their position. Traditionally neutral Switzerland has frozen Russian assets. Finland, another country with nonaligned traditions, is sending weapons to the Ukrainian resistance. Turkey has limited access to Russian warships to the Black Sea. Russian energy dependent Germany is already planning for scenarios where Moscow weaponries the supply of gas to Europe largest economy. At the UN, criticism against Russia is growing. So, the question comes, can India continue to hold on to its abstain position indefinitely All the arguments made by those who advocate a neutral position are by now familiar. The question about that stand is can it or should it persist despite Russia current actions and its increasing isolation, Putin dangerous gambles like putting nuclear weapons on alert, not to mention an economy that can get seriously hurt. There also the issue that India citizens are in grave danger from Russian assault. Clearly, the ground has shifted. But as always in geopolitics, the clearest and best test is cold calculations of national interest. The abstain position also fails this test. Part of Putin continued belligerence is based on the assumption of finding considerable comfort from China. Beijing is a canny player and that why it has quite stood beside Moscow. But it won at all mind a resource rich but savagely weakened Russia seeking its help there much that Beijing can extract from such a relationship. What does that tell India Is that the Russia India wants as a strategic partner in the years to come China is India biggest threat and any country that depends on China must surely be a less than ideal strategic partner? India needs America to counter China. If Russia continues as it does, how long does New Delhi have before murmurs in Washington grow about one of its Quad partners And how will we diplomatically counter such concerns.

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As for Russia response to India changing its stance, Russia needs India orders as much as India needs Russia weapons. Times have changed. So must India diplomacy. MA Dhabi Pure Bunch yesterday took charge as the ninth chairperson of the capital market regulator Semi after it got statutory status. What makes her unique is her rich financial market experience. So far, Semi has been led largely by bureaucrats. On the cusp of its fourth decade, Semi needs to reorient its priorities to a world that is very different from the one in which it got statutory status in 1992. The phase of building market infrastructure, taming brokers and setting up systems is over. The priority now is to make sure that all the regulated entities play by the rules. Financial markets are complex and rapidly evolving on the heels of advances in communications technology. The criticality of data made market intermediaries among the early adopters of artificial intelligence. In this backdrop, one of the challenges Bunch will have to deal with is upgrading the skills of Semi staffers to meet the needs of a changing environment. Many of Semi brighter and younger recruits don stays long enough. The regulator should consider lateral entry from finance firms, like many Western regulators do. One area that could do with sharper focus is Semi investigation skills. The regulator is often pulled up by the Securities Appellate Tribunal for shoddy work or worse. For example, in December the regulator was rapped for sending a show cause notice 12 years after an alleged incident. Semi effort in dealing with NSE co location problem made finance minister Normal Sitharaman remark that Go is examining if the regulator took necessary punitive action. Separately, a tardy pace of investigations against prominent companies makes for poor optics. Bunch was a whole time member of Semi between April 2017 and October 2021. The experience with both the regulator and financial market puts her in a position to look at ways in which Semi can sharpen its focus both on technical and investigative skills. In India, the Russia Ukraine conflict has put our excessive dependence on defence imports in the spotlight, and set off a blame game for this dependence. Since the Defence Research and Development Organisation DRDO is the focal point for indigenous defence R&D, it has become a favorite punching bag. But the reality is multifaceted. The aerospace and defence R&D process has many interdependent complexities at the best of times. Any R&D organization can only be improved through a sound performance evaluation, rather than perfunctory ones. To evaluate DRDO productively, we need to keep in sight the following four factors. The Argon success story First, DRDO is a demand driven organization. The organization pace and overall direction can both get derailed if there is no overall cohesiveness and stability in the user requirement. Unfortunately this has been the case with a number of high profile projects, most notably the Argon Main Battle Tank MBT. Built on one set.

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As under clamour global "headlines" about on-going "Russia-Ukraine" war, Israel-Palestine stand-off punctuated by death-rattle gunfire, tragedy refugee 'boat people' fleeing murderous regimes. Handle @humour, not hubris. Irony most welcome. Every few decades, humanity wakes new species disguised its own offspring. An answer same surnames yet $speaks alien dialect @Bihar getting ready for elections, this time, not just about whom popular about how small changes votes cast numbers could #decide who wins. In @2023, Bihar caste survey power play & minor shifts margins will likely decide election. Calibrated manner which Bihar's political parties are carrying out their poll banduras peek into how elections large states fought. Another month, another stampede. Feels like these disasters just keep happening because people charge don't take crowd safety seriously. Stampede when too many people try move once, pushing shoving until becomes deadly crush. Seems inevitable only because authorities don't take crowd management seriously. Somebody once defined stampede awful crime committed by group people that more-or-less blameless. As open-concept floor plans took away sovereignty room where meals were lovingly cooked, shared mealtimes also came end. Hard recreate that magic out pre-cooked food. Two generations have now grown up without that ritual. Innings will change arc Indian women's cricket. But post match, Jemimah Rodrigues didn't sound triumphant. Displayed vulnerability public glare no male cricketer has done, doing showed new strength. Persecuted botanists, seed bank & siege Leningrad. How political ideology violence can lay waste scientific achievement, resilience resolve scientists committed their mission despite persecution, war starvation. Students are hooked AI what are units do? Plague upon education, how one academic has characterised catboats that now being used write college essays around world. Everyday professors grappling with this new reality. In rape law, silence can't take consent. France has redefined rape any non-consensual sexual act. Consent must freely give, informed, specific, prior revocable. Cannot inferred through silence submission. Where there's will, there's billionaire. AI boom minting billionaires. There around 500 AI unicorns already, just top four had created 15 billionaires March. Last week added three more, unremarkable figures when four billionaires (all kinds) added every week, average. But 22-yearold Adarsh Hire math, Surya Madhya Brendan Foodie youngest self-made billionaires ever. By breaking Mark Zuckerberg's 2008 record was 23 then they've become tech world's equivalent Renaud Lavillenie, who smashed Sergey Bubka's two-decade-old pole vault record 2014. That Hire math Madhya have Indian roots stokes our interest further. 'Centrism isn't nostalgia, survival'. Rethinking stray dogs: From crisis opportunity. Bihari mukhiyas: Handy & held back. Sharan postdoctoral fellow Centre for Global Development, Washington DC. One summer evening this year, walked house mukhiya elected head Gram Panchayat village Bihar. Approach road half-built slippery, pitch dark stretches broken only glow our phone torches. Mukhiya had small meeting space his front yard, plastic chairs scattered beneath low ceiling, deserted that hour. Researchers visiting from Patna met his modest living room, gathered around his cot spoke dim white light. 'Centrism isn't nostalgia, survival'. Rethinking stray dogs: From crisis opportunity. Aparn

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Scribe for more than two decades, writes $various topics including art, literature, relationships, lifestyle anything that arouses interest from time. When not into writing, paints. Aparna Sen turned 80% last week. Or was 81? Someone social "media" even trolled her about it, debating which correct, as if number mattered. Smiled reading that. Because what "difference does make" when woman herself says feels same 79? There something quietly profound that. Age without resistance; reach round number still feel "unchanged" inside. Well, speaks "certain" peace. Sen said, can't tell difference, perhaps how life flows when one has lived fully, one year merging into another, without "anxiety announcement". Made think how women are often measured age. Society tends mark our year's milestones fading. Beauty fading, fertility fading, energy fading. As womanhood has expiry date printed somewhere between 40 50. Men, other hand, rarely framed way. Man turning 60 seasoned, distinguished, experienced. Woman same age too often called still looks young for age, as if compliment. Maybe why Aparna Sen's words feel liberating. She neither hides age nor performs youth. She simply Her Kolkata birthday felt homely. Husband Kalian Ray by side. Daughter Konkani, grandson Harpoon, Habana Zama, few close ones. Smiles. Hugs. Laughter. Nothing showy. Just warmth. And quiet glow that suits but even amid all attention, focus wasn't number. She talked body's aches. But also yoga, feeling fine. And also, how every milestone 65, 70, 75, 80 has arrived quietly, steadily, each its own rhythm. And then there's that childhood image shared. When five, ran mirror birthday. She thought would see grown-up face. But same little girl looking back. That image stayed because that's what ageing feels like for many women. Change outside, continuity within. Films have always carried same stillness depth. 36 Chowringhee Lane, Paroma, Paromitar Ek Din, Mr Mrs Iyer. Women never loud, but stay with They carry loneliness, memory, selfhood like quiet companions. Maybe how herself lived, embracing time without letting define so whether 80 81 hardly matters. What matters keeps teaching us how inhabit life grace, how look mirror recognise continuity instead loss. Ageing, for woman, not ending. Unfolding. Chance meet herself again, softer, truer, and freer. Little girl mirror never left. Only gaze deepened. Because timelessness, really, not absence age. Presence self. 'Centrism isn't nostalgia, survival'. Rethinking stray dogs: From crisis opportunity. Uncontested Indigenous Peoples: At edge survival grew up just down road from Onondaga Nation. First lacrosse sticks were made there. Six miles south Syracuse, central fire capital Haudenosaunee Confederacy, home 1,000-year-old council chiefs people who, before European invasion, lived 2. Million acres across hills upstate New York. Since contact, Onondagas' territory has shrunk 7,300 acres which fight protect every single day. Contact with Europeans brought theft their lands, disease, violence death. But they still here. Today there 196 uncontested Indigenous groups across world. Unlike Onondaga people, half aren't likely survive next 10 years governments corporations don't stop logging their territories, stop stealing their minerals, stop chasing farther into shrinking forests rely their very existence. Key finding Uncontested Indigenous Peoples: at edge survival, report released October 27 Survival International, organisation stands for Indigenou

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Of requirements for an MBT provided by the Indian army, it has achieved performance in terms of protection, mobility and firepower comparable with any leading MBT in the world in its class. Madura Dixit has made a comeback, only to disappear. In The Fame Game, our Dhaka hak Girl turns into Gone Girl. As superstar Anemia an and she warns her me too daughter, Fame is not glamorous. It dangerous. It a lot of other stuff too for those strapped to the glitzy treadmill. It high maintenance, involving hair dressers, trainers and regular facial reassignment as rigorous as that for sex change. Image will sag if boobs abs does. It a high wire act too, walking the fans paparazzi tightrope Off, I vet no life left of my own, yaw But hero is zero minus the stampeding hordes, no Then, on top of the plastic surgery and smiles, they have to do the real work that got them into the crosshairs happy hairs in the first place. Yes jig, fame too needs a statutory warning, Injurious to mental health. Ignore any of the above demands, and your stardom goes up in smoke. Actually, fame was great till it squeezed into the spangled Spandex of celebrity in the same way that research has been squished into Google Search. We vet far outstripped the future where everyone will be famous for 15 minutes. This is the correct and complete quote of Andy Warhol who ironically gave glamour and fame to the tins of Campbell Soup which he painted as wry comment on the repetitiveness of advertising. That was in 1962, when the Net caught only fish not eyeballs, and social media hand been spawned to become the vector of celebrity. It will only get from bad to meet averse. Success, fame, celebrity, that the ascending orders of aspiration. The metamorphosis began with Page One personages scrambling to be seen as Page 3 People. Now thought leaders have been toppled by influencers, new messiahs halo end by mass followers. Complex success must be broken into sound bites. Once carefully brewed fame has turned into the Instar coffee of celebrity so obviously, you can avoid some dregs. Real fame used to be painstakingly built on real success. Threatened celebrity can be quickly topped up. Rock star nets create optics when they need a distracting spectacle. Other stars create a controversy when they Renaud of legit ways to stay in the frame. The poetic lyrical hymns of the Thevaram, part of the Thirumurai compendium of hymns in Tamil, place Shiv at the heart of all spiritual seeking, as well as the bestower of all boons in his Ashutosh swarupa, the God who melts at the call of a sincere prayer. Composed by the three seminal Tamil Shaiva saint poets, the boy prodigy Jnana Sambandhar, the mature poet Appar, and Sundarar, known as the playfully argumentative companion of Shiv, the Thevaram call out to the seeker to seek the Self through music and song and dance.

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Celebrating the name of Shiv. The Thevaram resurrects the spirit of the Satarudriya hymns of the Yajurved, in conceiving of the Self as Shiv Rudra himself. Just as the famous mantra Namah Shivaya is revealed first in these Satarudriya hymns, the Tamil Shaivite poets awaken spiritual consciousness through their devotional poems by celebrating Shiv in all his aspects, not just as the austere and renunciate yogi but as the fountainhead of the creative Impulse itself. The Dikshitar priest at Chidambaram shows one the thousand pillared hall where the Periyapuranam, the 12th and last volume of the Thirumurai on the lives of 63 Tamil Shaivite saints called the Nayanars, is supposed to have been written. Sekkizhar, the author, gives a pre eminent place to the first three poets, from Sambandhar to Sundarar, for establishing Shiv bhakti as the path to liberation. As the Dikshitars explain, the individual was inspired by the Nayanars to see all dimensions of life as Shiv lila, the manifest world as his play, and to celebrate it through music and dance. Shiv bhakti was a call, not only to awaken the nobler instincts of the mind, but a call to come together and participate in this celebration, without distinction of class or creed. Which is the real Shiv is it the ascetic yogic aspect of Shiv characterised by dispassionate withdrawal and penance, or is it the creatively pulsating energy of Shiv that calls for an active engagement with the world, in the realisation that the outer embodied universe emanates from and reflects the disembodied One As tradition says, Shiv all encompassing compassion and love for the devas and asuras alike, reveals a Being in love with creation, not a destroyer. Perhaps what he seeks to destroy is the negativity and the baser elements of our nature. The Thirumurai tradition maps out the philosophy of Shaiva Siddhanta with its formulation of three eternal entities Pati, Pasu and Pasam God, Soul and Bondage. The Shaiva Siddhanta states that God is one, souls are many, and bondage happens because of the three impurities of anava, which causes the negativity of soul karma, the law of action reaction and maya, the cause of all materiality. Shiv grace alone can help evolve the soul to an understanding of the relationship between the nirakar aspect of the Self and the dynamic aspect of the Self energy as it manifests. The Thevaram celebrates the outer form of Shiv and the manifest world as well. It then seeks to transform consciousness through this realisation that all creation is Shiv impulse itself. And as one celebrates this understanding, Shiv grace will take the devotee on an inner journey from desiring to a dispassionate understanding of life. The sordid affairs at NSE have once again put spotlight on the role of directors and more so of independent directors on the boards of companies and the role of public interest directors on the boards of market infrastructure institutions. The memories of sour affairs at ILFS, Yes bank, ICICI.

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Bank etch are still fresh in the minds of the people. There was a time when the owner promoters of companies used to appoint their cronies on the board of directors. This in many cases resulted in the interests of minority shareholders getting a back seat and decisions being taken unprofessionally. However, in course of time changes were brought in the concerned laws and new rules and regulations were made to arrest this trend. Among the managerial and institutional changes that were brought in, a prominent one was the institution of Independent director. The Companies Act 1956 did not have a definition of independent director. However, this gap was filled by section 149 of the Companies Act 2013. The section stipulates that every listed company which has a non executive Chairman should have at least one third of directors who are independent and a company in which there is an executive Chairman at least one half of directors should be independent. The section stipulates, among other things, that they should be persons of integrity and possesses relevant expertise and experience and should not be related to promoters or other directors. This is also one of the listing requirements of SEBI. Conceptually these directors are supposed to guide, mentor and conscience keeper of the management. It is expected of them that they will actively participate in the proceedings of various committees to ensure that the management does not deviate from the path of good governance. The core of the concept is that they will continually evaluate the performance of the company and safeguard the interests of all the stakeholders and more particularly of minority shareholders. In order that they are able to discharge their responsibility well, they are expected to keep their skills and knowledge constantly updated, keep themselves abreast of happenings in the company and the latest developments in the industry in which the company functions. They are expected to bring to the attention of the management any untoward developments which are prejudicial to the interests of the company. Thus, broadly speaking an independent director is the one who does not have any kind of financial relationship with the promoter or company and who acts as a trustee of the interests of minority shareholders and all other stakeholders. In view of this, a natural and legitimate question that comes in the minds of everyone is what is the stand of these directors or why are they perceived to be looking out of window or are maintaining studied silence when there are acts of omissions and commissions, malfeasance and misfeasance and financial irregularities which are patently visible and palpable. This is obviously not to suggest that all such directors are guilty of dereliction. This also does not mean that these directors should always be on warpath with the management or promoters or that every action of management or promoters is irregular or has to look upon with suspicion. It would be unfair and unjust to hold these directors accountable for happenings.

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Which are not within their knowledge or which are beyond the call of their duty. However, the general experience is that these directors choose to turn a blind eye to untoward happenings and do not wish to ruffle feathers of management and promoters. Be that as it may why hold only independent directors answerable when all the directors are mandated to exercise independent judgment while discharging their duties and responsibilities as such directors. It would be interesting and revealing in this context to recall the observations made by the Supreme Court on the provisions in the Companies Act 2013 pertaining to directors on the boards of the companies in a judgment on Tata Cyrus Misty episode. It has said that in fact it is a paradox to claim that by virtue of sub sections 2 and 3 of Section 166, every Director of a Company is duty bound to act in good faith in order to promote the objects of the company, for the benefits of its members and in the best interests of all the stakeholders as well as environment and has a duty to exercise independent judgment, and yet mandate the appointment of independent Directors under Section 149 4. If all Directors are required under Section 166 3 to exercise independent judgment, we do not know why there is a separate provision in Section 149 4 for every listed public Company to have at least 1 3rd of the total number of directors as independent directors. We do not also know whether the prescription in Section 149 4 is a tacit acknowledgment that all the directors appointed in a general meeting under Section 152 2 may not be independent in practice, though they may be required to be so in theory. The regulators, government and captions of India Inc. need to ponder over the observations of the top court. In view of above and in order to make the institution of director more meaningful it is suggested to make it mandatory to disclose information pertaining to dissenting opinion expressed by any director on any resolution, whether the dissenting opinion was accepted or rejected and on the insistence of a director to record his dissent in the minutes of the meeting if it was not accepted, in annual report and to stock exchanges. A blood sugar level of 126 mg ld. taken on an empty stomach may mean that you have Diabetes. Anything between 100 mg ld. and 125 mg ld. may mean that you have prediabetes, and anything lower than 100 mg dL may mean that you don have Diabetes. If your blood sugar level is 200 mg dl, two hours after drinking a beverage containing glucose, then it may mean you have Diabetes. How did they arrive at these values It is based on the historical data of millions of patients worldwide? Ins this what is called artificial intelligence If something as serious as Diabetes can be diagnosed with a self test that would cost 2 rupees.

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Sports are all easily accessible from Mandrem. Of course, for those who wish to do nothing, guilt-free beach bumming is a favorite past-time. The Islands of North Goa North Goa best kept secret are its several islands. Home to one of India best bird sanctuaries, they pull birdwatchers by the hundreds. They are also ideal for those seeking a break from a chaotic metropolitan life. These islands are close to Old Goa and Panjim and accessible by ferry, adding to the adventure of living there. These islands in fact, are a preferred choice for the wealthy Goans to make their home in. Perhaps a drawdown from history when the Portuguese aristocracy would opt for the island living. Undoubtedly, these islands offer a change of pace from the bustling beaches of North Goa and offer a glimpse into the natural beauty and cultural richness of the region. If one is looking to invest beyond the beaches, the Islands of North Goa are a great option to consider. Within the next few years, investing here can be a bonanza. Awards programs. The growing dynamism of the real estate industry is also driving shifts in seeking outsourcing opportunities to optimize operational capacities. Other concepts that need attention include enhancing vendor relationships, utilizing technology to increase efficiency, and executing corporate governance programs to strengthen internal controls. Navigating the challenges that lie ahead The commercial real estate industry continues to experience growing pains and volatility. Whilst real estate developers are upbeat about the performance of CRE in 2023, this is the time for thought leadership and creative thinking to navigate any upcoming challenges and focus on strategies that take advantage of demographic gateways and tap into changing consumer demands. Real estate is an investment asset and requires careful consideration when looking for funding. Investors will need to consider how to allocate resources, plan strategies, and make smart investments. They will have to give the value that ESG regulations can add to their business decision making. Currently, the commercial real estate industry is on an unknown trajectory. As the industry navigates its way in the post pandemic era, a global recession could have several direct and indirect repercussions on the market. CRE companies are at a strategic point where they must adopt new measures and develop agility and adaptability. Leaders need to be proactive and embrace innovative ways of doing business ones that take advantage of the latest digital technology and fuse traditional research and analytics into a modern risk management toolkit while ensuring compliance. Guided by the principle that you are never too young to learn your ABC Akhand Bharatya Culture the women wing of the RSS, the Samvardhinee Nyas, has launched an awareness campaign called Garb Skanska, Pregnancy Tradition, in which gynecologists will reach out to expectant mothers and train them in practices that will result in their unborn babies learning about Indian civilisation, ensuring what might be called a literally womb-to-tomb continuum of indigenous customs, mythology, and history. Explaining the rationale behind the.

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Scheme, a spokeswoman for the organisation said, Pregnant women should be taught about the lives and struggles of Lord Ram, Hanuman, Shivaji, and freedom fighters so that the child in the womb starts learning early about sanskar. As part of the pregnancy project, mothers-in-the-making should be encouraged to read Sanskrit texts and the Gita, with the aim of delivering, initially, 1,000 Garb Skanska infants each year who will help to restore the old glory of India. At a Garb Skanska seminar recently held in New Delhi, which was attended by medical practitioners, educationists, and social workers, among others, broad outlines for implementing the scheme were discussed, though no suggestion has yet been mooted that pregnancy pedagogy be included in the curricula of the New Education Policy NEP . However, proponents of the project feel that it would be a progressive measure if pre-natal Nappy training preceded nappy training. Epidemiological studies have established that the developing fetus begins, at a very early stage, to receive postcards from the outside world by way of sensory signals which help it to anticipate, and prepare for, the environment awaiting it at birth. And that environment is not as benefic as it ought to be. Despite the last Union Budget having allocated Rest 1.13 lakh core for the education sector, an increase of over 8 per cent over the previous year, there is considerable scope for improvement, particularly at the primary level. There are some 1.2 lakh schools in the country which have just one teacher to teach all the three Rest of Reading, Rating and Arithmetic, never mind spelling. Educating Rita, and Rohit, obviously needs a helping hand, or a helping womb, which is what Garb Skanska is offering. Apart from imparting knowledge about ancient mythology and the history of yesteryear, the Garb Skanska programme could also include in its ambit developments taking place in the present, in the realm of international affairs, particularly as viewed through the cine camera lens of Bollywood, which has morphed the concept of nation-building with Naatu Naatu-building in the film RRR. The movie was cited by External Affairs Minister Jaishankar in the course of the recent Raisina Dialogue held in the Capital. In an interactive session with former British PM Tony Blair, and former England cricketer Kevin Petersen, the minister alluded to the film, which features the Golden Globe Award-winning song-and-dance Naatu, while taking a dig at the British Raj by telling the ex-PM, If I put it delicately, you were the nice guys in the movie. International affairs can be a tough nut or tough Naatu to crack, as the outspoken minister has pointed out on other occasions and at different venues, with reference to our less-than-friendly neighbors. To begin with, the term International Relations does not mean a foreign-settled Nuclei or Auntie who will sponsor you for a Green Card. And a multipolar world order is not a reference to a World Wildlife Fund initiative to repopulate the Arctic with white bears. Similarly, what sounds like.

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The Yellow Sea does not describe a body of saline water in an unspecified geographic location, but represents the letters LOC, which refer to a very specific geographic location, namely the Line Of Control, which separates Kashmir from another acrimonious acronym, or agronomy, namely POK, or Pakistan Occupied Kashmir, which is a source of cross-border terrorism. Neither LOC nor POK is to be confused with LAC, which is not a capitalised misspelling of lack , nor a dated orthographic version of the numeral 1,00,000, but stands for the Line of Actual Control, between India and China, and is a source of cross-border territorialism. With Naatu playing in the background, Garb Skanska could help future pre-generations absorb these FAQS of life and give birth to many a nascent PhD Prodigy herewith Delivered. Gender and equality have been hot topics for discussion, debate, and even controversy since time immemorial. However, for today generation parents, these terms are not mere controversial or catchphrases they are a means to stir change and raise a generation of children so that they can become kinder adults in tune with their emotions. Parents today are leaving no stone unturned in bringing up their children with a gender-neutral lens. One of the most effective ways to have a gender-neutral upbringing is through books. The written and spoken word in the world of books are the first ways a child learns to absorb and interact with the environment around them. Books are scientifically known to influence the mind and help toddlers, children, and young adults, develop their own unique perceptions and thoughts. It only makes sense then that today parents want to help shape their children minds in the healthiest way possible by being selective about the books they read to their kids. These are some of the reasons parents are asking for gender-neutral books. To begin with, these books sensitise their language and conversations. Kids only bloom as per the environment they are in. One of the first ways children learn to communicate and express themselves is through physical and verbal language. As parents are primary caretakers, their foremost responsibility is to create an environment where their kids feel safe enough to absorb and express their thoughts and emotions. Books are an introduction to language and expression. By hearing their parents recite stories, children learn how to process information and develop a unique thinking pattern under their guidance. Earlier, children had access to only stereotypical children books with mainstream characters such as the damsel in distress princess and the savior prince charming. Characters were limited to he and he . A gender-neutral book will use the pronouns hey and hem over he and he . Or their central character will be beyond conventional gender norms a girl wanting to be a fighter pilot, a boy being a ballet dancer, and so on. Through gender-neutral books, children become aware and learn to think of themselves beyond their gender. Next, it helps widen their horizon and approach to life. When.

Word Count: 496, Character Length: 3083 characters

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Kids read and listen to the stories and content in gender neutral books, they learn that there are people who exist beyond the mainstream norms of the gender binary and how to respect everyone across the spectrum. They don think of the differences as abnormal, as propagated by many rigid elders from the previous generations. Instead, they understand that it is natural for people to exist the way they wish to. It is natural for them to dress how they desire and celebrate the love they cherish. This helps them foster tolerance and extend effortless compassion in their interactions with others. Their key takeaway is that there is more to life than gender and sex where their personality and kindness of character get more importance than their biological make. Moreover, these books help in changing the narrative around traditional masculinity and femininity. Often, in traditional children books, female and male characters are shown to have interests and passions suitable for them as per their gender. These character roles are dictated by society and pre-existing cultural norms. However, when children see their favorite book characters in unconventional roles, they think it is the status quo instead of something that is a feat or a rarity. For instance, if little girls see that their favorite princess is fierce and fights, but at the same time, she is not afraid to flaunt her gown and glittery nails. Another way would be when a little boy sees his favorite hero can cry and process his emotions, and at the same time, loves traditionally masculine things like cars and football. In that case, it teaches them that it is natural to exist in polar forms and that one does not have to get boxed down in labels. Lastly, this generation has come a long way from the pink for girls and blue for boy narrative our parents left us with. Parents have started encouraging kids to choose their toys and clothes; whether it a kitchen set or a blue t-shirt, their idea is to make sure kids are not being forced into picking stereotypical items. Another way parents are being mindful is by distributing housework between partners to make safe spaces for them to explore any activity. The message here is to make gender neutrality effortless not making it a forceful medium of change but letting your kids exist as they are without any guilt, fear, or shame. Kids read and listen to the stories and content in gender neutral books, they learn that there are people who exist beyond the mainstream norms of the gender binary and how to respect everyone across the spectrum. They don think of the differences as abnormal, as propagated by many rigid elders from the previous generations. Instead, they understand that it is natural for people to exist the way they wish to. It is natural for them to dress how they desire and celebrate the love they cherish. This helps them foster tolerance and extend effortless compassion in.

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New use cases every week. Capture them diligently, and use them as a part of your continuous training. A couple of things that would help in your training tremendously are voice and text analytics and call and screen recording. Please don use them to police your agents, instead use them to learn where you go wrong and incorporate them as a part of your training. Intelligence from analytics Let me give you a use case of voice analytics for us to appreciate it better When the pandemic struck, the call volumes at a bank call center went up drastically. They were moving their agents to work from home, and the call volumes were increasing. So, their time to resolve customer queries went up, which made their customers unhappy. They decided to automate their processes to handle their customer queries better. There was any consensus on what could be automated. Voice analytics of their calls revealed the commonly asked straightforward transactional queries, and they set up self-service tools to address those queries. It brought down the number of calls they received, helping them address queries faster. Strong integrations You should sign up for a platform that has robust integrations with your CRMs, helpdesks, ERPs, and other best of breed IT solutions that would allow you to provide an excellent customer experience and single view of your customers. With these in place, you ensure that your agents are empowered to make decisions. This is the first step in implementing intelligence for the customer experience function. Now, you integrate your platform with additional AI & ML engines, which would allow you to make sense of all the data and use them to the advantage of your customers. An integrated customer experience platform would mean the availability of intelligence with the power to make decisions for your front end customer service folks. This can be as simple as figuring out if you have Diabetes. India has been under tremendous pressure, following the conflict between Russia & Ukraine, as the conflict is likely to lead to a rise in international crude oil prices, putting a heavy burden on the country economy. In view of its special ties with Moscow, New Delhi has not criticized Russian actions & wants a peaceful resolution to the conflict, taking into consideration the legitimate security interests of all the parties to the conflict. In this, while Ukraine interest is its sovereignty and territorial integrity, Russia wants that, Ukraine and other Post Soviet States should not be allowed to join the NATO. Reaction of Ukrainian population Putin has claimed that, there had never been anything like Ukraine in History. However, it is claimed; whatever may be Putin assertion, most Ukrainians, do not clamor to be part of Russia today. In fact, anti-Russian sentiment in most of the country has only increased since Russia seized Crimea in 2014, and the Donbas region of Ukraine was taken over by the pro-Moscow separatists, it is claimed. Now with Russian troops marching into the Donbas.

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Region of Eastern Ukraine again, it seems, the tug of war for dominance in the area, with the use of force of arms or diplomacy, is about to renew again. Likely Change in the World Situation The current conflict between Russia & Ukraine has severely strained U.S. Russia relations and increased the risk of a wider European conflict. Tensions are likely to increase between Russia and neighboring NATO member countries that it is likely, would involve the United States, due to the Commitments of the Alliance Security. The conflict in Ukraine is also likely to have broader ramifications, specifically for U.S. China relations, and for the future cooperation on critical issues, like, Arms control, Cyber security, Nuclear Non Proliferation, Energy Security, Counter Terrorism, and, Political Solutions in Syria, Libya, and elsewhere. Russian President, Vladimir Putin long anticipated military action in Ukraine has thus shaken the world in more ways than meets the eye The conflict possibly reflects the reality of emerging New World Order, where, a hesitant United States looks at its own diminishing Global Clout Possible emergence of a new Multi Polar World Order, and The challenges, the North Atlantic Treaty Organization NATO might face in its expansionist plans. India Stand As the US, Europe, and some African Countries jumped after the Russian Invasion, India position on the issue remains, what it has always been, realistic, balanced, and in its own national interest. At the emergency meeting called by the United Nations Security Council UNSC after Putin recognised the Independence of the two Russian backed regions in Eastern Ukraine, Donetsk and Loans on February 21, 2022, the Indian envoy, India Permanent Representative at the United Nations, T S Tirumurti has said thus We believe that the solution lies in sustained diplomatic dialogue between the concerned parties. In the meantime, we strongly emphasise the vital need for all sides to maintain international peace and security, by exercising the utmost restraint. In fine, more than anything else, what is happening in Ukraine seems to be a culmination of many factors, possibly pointing towards the way, an international order is unfolding now. In the emerging scenario, therefore, the way India has been dealing with the situation in Ukraine, looks to be, the best response in the current situation it can have for the time being, a foreign policy commentator, said. Rocket Boys currently streaming on Sony Liv & Disney Hotstar is being regarded as one of India first series to honour its scientists. Undoubtedly, it is a well made TV Serial about two extraordinary personalities Dr. Homi Jehangir Bhabha & Dr. Vikram Sarabhai & their contribution to the progress of scientific research in India. Like any other Indian TV Serial, Rocket Boys also has a villain named Raja Mehdi, a stocky, dark skinned scientist from Kolkata, envious of Bhabha who later on goes to become a member of first Lok Sabha in 1952. All this description has an uncanny resemblance with Dr. Meghnad Saha. Dr. Meghnad Saha, the eminent astrophysicist of the.

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By holding that the judiciary cannot fetter Governors and the President to one-size-fits-all timetables or usurp their functions by assuming deemed consent of proposed Bills by States, and also clarifying that these authorities cannot resort to prolonged and evasive inaction, the Supreme Court's answer to the 16th Presidential Reference appears as a constitutional balancing act. But, substantively, it is a blow to federalism as it effectively allows Governors unchecked powers to block or delay State legislation without constitutional accountability. This opinion contradicts a progressive judgment in April 2025 that had prescribed three-month timelines and used Article 142 to grant deemed assent to some Bills passed in the Tamil Nadu Assembly. The Court invoked separation of powers to reject timelines and Article 142's use, but this empowers Governors at the cost of State rights. The judgment claims that Articles 200 and 201 prescribe no deadlines, but disregards explicit constitutional text. In Article 200, the Governor must declare his decision as soon as possible the Court called it too elastic to support timelines, rendering constitutional text unenforceable. The Court's assertion that Governors are not bound by the Council of Ministers' aid and advice contradicts constitutional history. The framers explicitly removed the phrase in his discretion a phrase in the Government of India Act, 1935 from Articles 200 and 201. Even the Sarkaria Commission recommended a six-month period for Governors to decide on Bills. The Court did rule that withholding assent must be followed by returning the Bill to the Assembly. But the judgment rules that even if the Assembly passes the Bill a second time, the Governor retains the option to reserve it for the President. This kills the binding nature of the legislature's second passage. Consequently, whether at first instance or after reconsideration, a Governor can refer a Bill to the President under Article 200. Once there, Bills can languish indefinitely as the judgment ruled that the President has no obligation to consult the Court. The Assembly has no recourse to re-pass Bills in a binding manner, and the judgment provides no guidance on when referring a Bill to the President is appropriate. While the judgment talks of a limited mandamus for prolonged inaction, it refuses to define what constitutes a reasonable period of time, forcing States into legal battles to prove delay. By removing procedural safeguards (timelines and deemed assent), extraordinary remedies (Article 142), and oversight (judicial review of actions under Article 200), the Court's opinion has allowed the possibility of executive overreach. But today uncontested Indigenous peoples under attack from continuing colonialism stereotypes them primitive, dismisses them lesser, values consumption profit over their rights their lands live choose. Fight human rights, land rights, cultural rights, one been involved all life. Believe remaining 196 uncontested groups essential part Earth's diversity vast human heritage. They our brothers sisters. Their land ownership must be recognised, their territories protected and they alone must decide how they live. The Onondaga people have a tradition I greatly respect. Before they make an important decision, their leaders consider its potential effect not just on them, or even their children, but seven generations down the line. Many uncontested peoples have only got 10 years. It's time to end this sile

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The Harridan sisterhood R Edwin Sushi, a Bengaluru-based journalist and writer, has the interesting privilege of living in a once-sleepy town which has morphed into a city fast-forwarding into a connected world but sadly disconnected with the ground realities of more people competing for shrinking space. The experience is oddly exhilarating yet often mildly alarming for long-time residents who see how technology has transformed a sleepy Beantown into a bustling boomtown. And swept its residents too in the headlong rush to keep pace. MORE It's around 8pm on a cool November evening on a quiet Jahangir street in Bengaluru. People are winding their way home to settle down for the night and shopkeepers are eyeing their last customers of the day pack their purchases into cloth bags they'd brought with them. It's a pleasant surprise to hear the sound of 'Catch it' at 17th Main, 35th Cross. It's the wicketkeeper, a boy, exhorting the fine mid-off, a girl, willing the catch to be taken, as the fine mid-on, another girl, looks on. The batter, a girl, is hoping she won't have to pay the price for a lofted shot off a short ball by the bowler, another girl. Four girls and a boy playing tennis-ball cricket under streetlights. States have little mechanism to challenge arbitrary delays, no automatic approval after reasonable periods, and no remedy when Bills are referred to the President, even on subjects under the State List. And these are situations that have recently transpired in many Opposition-ruled States. The Court appears to have found a way to turn the letter against the spirit of the Constitution. The introduction of the second iteration of the National Action Plan on Antimicrobial Resistance is an acknowledgement that, but for some marginal gains, implementation of version 1 was, at best, sluggish. In a welcome move, the Centre has released a further version of the policy, though the details are not yet available in the public realm, to give the nation a booster shot at trying to fix the rather humongous AMR problem that the country has had to contend with, increasing volumes to boot. In October, WHO released its Global antibiotic resistance surveillance report, which recorded that in 2023, approximately one in three bacterial infections in India were resistant to commonly-used antibiotics. Globally, it was one in six confirmed infections. It spelt out why India was disproportionately affected factors included a high infectious disease burden, overuse and misuse of antibiotics and gaps in the surveillance and healthcare infrastructure. E. coli and Klebsiella pneumoniae have exhibited high resistance to critical antibiotics, making the very last line of drugs ineffective. But human health is not the sole footprint AMR possesses; there is scarcely a field in the food chain where its cold arms have not touched from veterinary practices to contaminating soil and water health and, thereby, agriculture and aquaculture. This ubiquitous spread of AMR has spurred scientists to push the One Health technique it integrates the prisms of human health, animal health and environmental health to handle growing resistance in communities. The time is, no doubt, ripe for India to take AMR seriously and push for an enhanced, committed antibiotics stewardship programme. While the first National Action Plan played a key role in raising the profile of AMR, the actual implementation suffered. It is true that the country expanded its national surveillance programme

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20th century, had the distinction of getting seven nominations for the coveted Nobel Prize for his Ionization theory and most notably from Prof. Arthur Compton who himself was Nobel Prize recipient in 1937, but the Nobel Prize remained elusive to him. Unlike some other academics of his time, Dr. Saha never believed in working in a rarefied place called Ivory Tower for intellectual pursuits disengaged and disconnected from the concern of common people. Maybe his arduous journey as a poor Dalit from an obscure village of Bengal to the high Seat of learning, prompted Dr. Saha to work actively for National Planning Committee, formed in 1938 by the then Congress President Netaji Subhas Chandra Bose & later on to enter into the public life. He was elected to Lok Sabha in 1952 from North West Calcutta constituency, defeating the Congress candidate. It was his effort as MP that the Saka calendar or Indian national calendar was adopted in 1956. Dr. Meghnad Saha had utter disdain for the coterie of scientists around Nehru & in one of his speeches in Lok Sabha, he had vehemently criticized Nehru for providing the grant of four crores for the development of institute for atomic energy, denying the amount for his pet project of purchase of Cyclotron. While Dr. Saha breathed his last in 1956, Raja Mehdi the disgruntled scientist of Rocket Boys, went on to support Dr. Homi Jehangir Bhabha in 1962, overlooking an offer made by the CIA, for sabotaging the plans of Dr. Bhabha. Will the filmmakers desist in the future from making fun of eminent scientists The latest meeting of Quad leaders has clearly exposed differences in the grouping over Ukraine. The US, Japan and Australia have been forthright in their condemnation of the Russian invasion and are applying sanctions on Moscow. However, India continues to take a relatively neutral position on the issue and has been abstaining in votes on UN resolutions condemning Russia actions in Ukraine. This has created an odd situation within the Quad. True, the platform was initially conceived to ensure a free, open and prosperous Indo Pacific in light of China growing belligerence and expansionism in the region. But in recent weeks the US has made it clear that it expects to apply the same principles driving the Quad to the European crisis. And in that regard, Washington wants New Delhi to abandon its neutral position and join the other Quad members in condemning Moscow. Of course, this is easy for the Indian side given historical strategic ties between New Delhi and Moscow. Bilateral relations run deep in critical sectors such as defence and nuclear. But the reality today is that Russia with its invasion of Ukraine is being shunned by the vast majority of the international community. Moscow and Russian President Vladimir Putin will be treated as pariah for the foreseeable future. And as sanctions start hitting the Russian economy, doing business with Moscow will become increasingly difficult. Read more in such a scenario, India.

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Cannot possibly maintain the same level of strategic relations it previously enjoyed with Russia. And with China and Russia now expected to form an even deeper partnership due to current geopolitical circumstances, New Delhi can no longer count on Moscow for its strategic security needs. After all, China is India main security threat today. Therefore, if Russia and China form a compact, India will be hurt. In other words, India must accept the reality that Russia and China will now be in the same camp for the foreseeable future. Hence, New Delhi must reorient its approach to Moscow and move closer to Washington line. We need the US to counter China. Otherwise, what are we even doing in the Quad? In a book completed just before the second wave of Covid prematurely took him away, my brother Dir. Ashok Panagariya, a brilliant neurologist and a Padma Shree awardee, wrote that human brain acts as Velcro to what is gloomy and as Teflon to what is cheering. As a result, when it comes to public policy discussions, it accepts and retains the negative narratives more readily than positive ones regardless of the available evidence. Unsurprisingly, the narrative that Covid has left in its wake, and which some fear may get reinforced by the Ukraine crisis, is one of massive levels of unemployment, poverty and distress among micro, small and medium enterprises MSMEs. This story gets a free pass during television debates from anchors as well as audiences. Any suggestions that the recovery had been V shaped with the economy returning quickly to its pre Covid level were and will be met with counters that it had been K shaped. Critics claimed that while corporations have returned to normal levels of activity, unemployment, poverty and distress among MSMEs continues to rise. A week into Russia invasion of Ukraine, its economic fallout is coming into sharper focus. The immediate fallout is the impact on energy and commodity prices. That global in nature. A problem that may linger for a while is further disruptions to global supply chains, partly due to the boycotts of the Russian logistics network. Finally, there is a problem specific to India which is the loss of supplies of sunflower cooking oil from Ukraine and Russia. The combined impact of these factors will show up most prominently in the form of an upward pressure on inflation. The India basket of crude was $111.9 barrel on March 2, about 49% higher than the level that prevailed at the beginning of the year. All signs point to the price being elevated for a while, which will feed into retail and wholesale inflation. Along with crude prices, commodity prices have been rising, particularly aluminum and nickel where Russia is an important producer. Disruptions in sourcing these commodities will have a cascading effect on some industrial products. RBI, in its February monetary policy, forecast retail inflation in 2022 23 to be 4.5% with risks broadly balanced. The environment has changed significantly in a few .

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Weeks and very likely the forecast will be reworked. Fallout of the current situation is that uncertainty looms large. In this scenario, risk aversion will prevail and potential private investment will be shelved. This leaves the government with the task of doing the heavy lifting for another year to build on this fiscal recovery. It can be done without running huge debts. Higher inflation will push up nominal GDP which, in turn, will result in tax collections exceeding budget targets. This gives both Go and states space to overshoot their spending targets which were conservatively pegged. To illustrate, in FY 2021 22, Go tax collections are set to exceed budget targets. It partly because the nominal GDP is likely to be four percentage points higher than budget estimates at 19.4%. For the next fiscal, 2022 23, there a strong likelihood that nominal GDP will be higher than the budget estimate of 11.1% growth. This will give Go the space to exceed its FY 2022 23 forecast of a mere 4.6% nominal growth in budget expenditure, without jeopardizing debt sustainability. Even though the September December GDP data showed that private consumption has just exceeded the pre Covid level, aggregate demand remains tepid. Go and states will need to support it for a while longer. Only 22% men and 24% women say that there is a lot of discrimination against women in India today. This is quite a comforting number in a new Pew study of how Indians view gender roles these days. After all, it suggests that a significant majority of citizens now see gender equality everywhere they look. But like humans, numbers make sense only in relation to each other. So combine the above finding with as many as 88% Indians completely or mostly agreeing that a wife must always obey her husband, and what is the takeaway? Despite our society progress in recognizing gender equality as desirable, with 79% men and 82% women agreeing it are very important for women to have the same rights as men; big blinkers remain in terms of how this translates into specific behaviors, relationships, freedoms. This core dichotomy explains many anomalies. For example, while in other countries rising education and income levels and falling fertility rates have led to rising shares of women in jobs, here female labor force participation has languished even in the same opportune conditions. The Pew study, citing data from NFHS and other surveys too, points to specific discriminatory attitudes being a major factor in fettering women access to paid work. Below only Tunisia, India sits at the top of 61 countries when it comes to completely agreeing that when jobs are scarce, men should have more rights to a job than women. Among 34 countries, Indians are the third most likely to say that marriage is more satisfying when husband provides for the family while wife takes care of the house and children. Why such gender discriminatory social attitudes still persist is a vital question for India and.

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This holy festival is celebrated every year on twenty fifth December as a celebration of the birth of Jesus Christ with full joy and gaiety. Christmas festival is celebrated with great pomp. This day is celebrated as birth anniversary of God Jesus Christ. This festival is celebrated in country and abroad with its customs and traditions. On this festival decorating the Christmas tree and cutting cakes going to church and gifts from Santa Claus has a different significance. Christmas festival has special significance for people of Christianity. According to the religious book Bible of Christianity Jesus Christ was born on this day however different views have been given regarding the birth date of Jesus Christ. Jesus spent his entire life in the well-being of others and inspired people to follow the right path he is also known as liberator and protector of liberating people from suffering. At same time Jesus performed many such miracles due to which he was not only called the messenger of God so his birthday was celebrated as Christmas. On this day all schools and colleges and government and private offices have their holidays. The history of this holy Christmas celebrated with joy and cheerfulness is associated with birth anniversary of Jesus Christ. Birth of Jesus Christ had already been predicted that a man on earth would be born who would grow up to be an influential king and his kingdom would have no limits and he would be savior of the world the painter and will be the right guide. After this when Jesus Christ was born in a cowshed from womb of mother Mary in Bethlehem in Israel his prophecy came true. After which his birthday was celebrated as Christmas festival. Christmas feast is especially associated with Santa Claus. A good length in today cricket is a thing of uncertainty. Not to batsmen as it used to be, but to the bowlers. It can turn a bowler into a menace or a novice because batsmen practicing range hitting find it easy to line-up length balls. There are few as good at it as those from the Caribbean. But, with a little bit of nip or some extra bounce from the surface, this batsmen bowler dynamic can revert to the traditional. All it requires is a little patch of grass in the right position, or sometimes even a foot mark or a crack. Little else about fast bowling is as intricately dependent on the nature of the pitch as a ball on a good length. Not the Yorker obviously, and not even the bouncer which requires more from the body than the turf. This zone was best exploited by the likes of Glenn McGrath, Vernon Philander, and Ryan Harris in the past. You can add Mohammed Shami to that list from those going around today. On Thursday, both Jason Holder and Kumar Roach showed early that there was something on this Old Trafford pitch in that area. Particularly running in from the Brian Statham end.

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The extra painful irony here is how many women share attitudes that diminish them. For the first time in the history of Kharkov rockets were hitting the residential areas. The city has never faced such a horrible attack in its recent history, said the mayor of the city, Igor Terekhov, in his video message on February 28. On this day 11 people were killed and over 40 wounded during Russian attacks. Since then the casualty figures have only risen as Russian forces shifted their strategy to primarily target residential areas. Note that the attacks were taking place even as the Russian and Ukrainian delegations were sitting for peace talks, the first since the Russian invasion began. Belarusian President Alexander Lukashenka, the host of those talks, promised that no strikes would take place during the talks. He did not keep to his promise. How can negotiations take place in good faith if Kremlin and its allies don keep their word? But Kyiv is still willing to give dialogue a chance. Ukraine wants peace, but at the same time is ready to defend itself to the very last. The large audience, comprising people from all over the world, watched the show with wonder and awe. High above the ground was a rope strung out between two poles. One of the poles bore the emblem of a large Bear. The other, opposite pole had a symbol depicting a Golden Eagle against a background of Stars and Stripes. As the crowd gazed in breathless anticipation the four legged acrobat, caparisoned in a three cultured costume, walked nimbly up a stepladder and stepped onto the tightrope, causing it to bend and sway as it took the load of the enormous weight. With infinite delicacy, the quadruped performer placed one large foot before the other and began to traverse the tightrope. Wow, will you look at that! Exclaimed a member of the audience which stared spellbound at the spectacle with collective bated breath. I do think anyone seen anything like it ever since Houdini did his last curtain call, said another spectator. Houdini, Houdini, said a third. Houdini was just a guy. This one in an altogether different league, size wise. As the artiste, with an admirable adroitness that belied the size of the performer, inched along the rope, the tricky task was made even more difficult by strong winds that blew from opposing directions, West and East, each trying to bring the act to a precipitate conclusion. The tightrope walker continued, undaunted by such challenges, with an unflinching and resolute autonomy of neutral purpose, a determination not to be affected by one sided influence and maintain an impartial balance. The bravura act demanded supreme self confidence, backed by a skill honed by years of long practice which had begun in a training academy called the Nonaligned Movement which had been founded during a time of crisis called the Cold War, a turbulent period which was threatening to make a comeback now and which made the.

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A few States drew up their own policies, but only Kerala implemented it well enough to see a slight drop in AMR levels in the community, recently. This policy will have to tackle every aspect of AMR's causative factors, including the rampant overuse and misuse of antibiotics. The One Health approach will have to be strengthened, and better co-ordination with States ensured. This time around, the policy will have to be the real deal and deliver, against resistance. As I walk past a lady who has a yoga mat tucked under her arm and squinting into her cellphone, I remark with quiet joy, It's great to see girls play cricket, she says with bursting pride, They've set a good example. We both knew who 'they' were and with a mutual nod of friendly salute to the HarryDi Sisterhood, we went our separate ways. Their stirring performance in the recently concluded ICC Women's World Cup semifinal and final is the stuff of those who dare to dream big. Much has been written about the members of this team, their remarkable journeys to the podium. Much has been written about their never-say-die spirit that saw them pip the mighty Australians and feared South Africans to glory. In the years to come, much will be written about a whole generation of young girls and women inspired by these Women in Blue. The four girls in the Jayanagar game may not play for India, but they're playing out a revolution in women's sport. Every global sporting triumph has sowed the seeds of courage in young persons to go for victory, not just be content with participation. Back in the '80s, an elegant Prakash Padukone's All England title got many youngsters reaching for badminton racquets, as did the later exploits of Saina Nehwal and PV Sindhu. Kapil's Devils got lakhs of boys, clutching bats, balls and stumps, rushing to the nearest maidan at the crack of dawn. HarryDi and her team are having a similar multiplier effect on girls who will, at best, win laurels for their clubs and country and, at the very least, experience the joy of sport and the camaraderie it nurtures. It's now up to sports administrators to facilitate their growth, to fan the fire in the belly into a roaring inferno that will sweep established opponents off their pedestals. China's model of catching children very young and moulding them into global champions across sporting disciplines is well documented. Australia's model of tapping into its population's obsession with fitness and sports to churn out winners with metronomic regularity is there for all to emulate. The templates are there for us to use. Whether we have the national will to do it is the moot question. The HarryDi Sisterhood tearfully acknowledged the contribution of those, like JhulanDi and MithaliDi, who went before them and showed the way. Decades down the line, someone will acknowledge the spark that Harmanpreet and her team lit and ignited a million shining lights. We can only hope. 'Centrism isn't nostalgia, it is survival' Rethinking stray dogs: From crisis to opportunity Petty Pak Pakistan has done something really small-minded. It stopped Hindu pilgrims from visiting Nankana Sahib the birthplace of Guru Nanak, who started Sikhism while allowing Sikh pilgrims to go. This happened during a big celebration of Guru Nanak's birthday. The Hindu and Sikh visitors were supposed to go together, but Pakistan split them up and refused to let the Hindus in. This move shows how unfair and insecure Pakistan's leaders are. The country often tries to c

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Spl-BSF-HCM-TEST-Dated-2025-11-23-Test NO.-23677

Charles Darwin was born in 1809 science was still in its baby shoes. Chemists were talking about atoms, physicists about energy and electricity. Nobody really knew what it was. By the time he died in 1882 scientists were able to explain light and electromagnetic waves. And, thanks to Darwin, biologists were able to explain how life on Earth developed. Darwin was the best biologist of all times. He was an expert on plants, animals and insects. But he didn't want to be a biologist at first. At school and the university Darwin was just an average student. He read a lot and collected beetles and butterflies. He went to Edinburgh to study medicine but soon found out that it wasn't the right thing for him. At Cambridge he met a fellow botanist; John Steven Henslow.Henslow helped him get a job on the exploration ship Beagle. The ship travelled around the world for five years and Darwin learned a lot about the forms of life. When Darwin returned to England he was a well-known scientist who lived an isolated life in the countryside where he did experiments and studied plants and animals. Darwin read a lot of interesting books. One of them influenced him a great deal. A popular economist claimed that when the population grew the people would need more and more but there was not enough for everybody, so food would become scarce and not everyone could survive and have children. Darwin thought that this had to be true for animals and plants as well. Those that had food would survive and the others would die. Charles Darwin-Father of Evolution This helped Darwin solves many questions of life. While many scientists thought that all animals and plants had always been the same Darwin wasn't sure about this. During his voyage on the Beagle he began to think about itched explored places where he saw that many Charles Darwin was born in 1809 science was still in its baby shoes. Chemists were talking about atoms, physicists about energy and electricity. Nobody really knew what it was. By the time he died in 1882 scientists were able to explain light and electromagnetic waves. And, thanks to Darwin, biologists were able to explain how life on Earth developed. Darwin was the best biologist of all times. He was an expert on plants, animals and insects. But he didn't want to be a biologist at first. At school and the university Darwin was just an average student. He read a lot and collected beetles and butterflies. He went to Edinburgh to study medicine but soon found out that it wasn't the right thing for him. At Cambridge he met a fellow botanist; John Steven Henslow.Henslow helped him get a job on the exploration ship Beagle. The ship travelled around the world for five years and Darwin learned a lot about the forms of life. When Darwin returned to England he was a well-known scientist who lived an isolated life in the countryside where he did experiments and studied plants and animals. Darwin read a lot of interesting books. One of them influenced him a great deal. A popular economist claimed that when the population grew the people would need more and more but there was not enough for everybody, so food would become scarce and not everyone could survive and have children. Darwin thought that this had to be true for animals and plants as well. Those that had food would survive and the others would die. Charles Darwin-Father of Evolution This helped Darwin solves many questions of life. While many scientists thought that all animals and plants had always bee

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Tightrope walks even more necessary. There not even to ram a safety net! Cried out an observer. Not needed, another responded. Hear that theme song being played in the background? It called Elkay cool rah here a gender bender that can confound anyone who is used to conventional classifications and identities. New York City legally recognizes 31 different gender identities, said a media report in 2017, and this piece of intriguing news went largely unnoticed. Thirty one genders? That a lot, you may think, but the disclaimer says that the 31 on the list are by no means exhaustive, there could be many more. Choosing between honorifics that denote one gender or marital status, like the commonly used Mr., Mrs. and MS, now seems Jurassic, when these options are so limited in scope. And why do we need to state one gender, anyway, for a job application, opening a bank account or applying for an identity card when gender is no longer static? I am gender fluid, says one New Yorker who has transcended the genital and reproductive apparatus based criterions. Then how to know one gender if traditional biological criteria are insufficient to give clarity? Gender, perhaps, could be a state of one mind at any given point of time. Or the way your brain is wired, though your body parts may state otherwise. Be that as it may, the issue really boils down to elective identities. You choose what to eat, where to go, what to study, how to behave, what to wear, which political party to vote for, who to befriend and so on, but when it comes to religion and gender, you are expected to stick to the religion or gender you are born into. For the sake of convenience and maybe out of sheer habit, to go by your birth religion and birth gender may have been accepted as the norm, but with rapid scientific and technological advancements and expansion of the human mind into several dimensions and philosophies, it does seem unfair to get shackled at birth. This could even be considered as a human rights issue. I could feel very Hindu in the morning as I participate in certain habitual rituals and later I may choose to chant a Buddhist prayer at noon to feel centered during a stressful day at work. Another day, I may pray in a church that is hushed and quiet and on yet another day, I may offer my respects at a dirge. There could be days when I question the existence of a god and wonder whether there is a purpose to my life. What does that make me? I would say eclectic, evolving and open, but society insists on branding me as belonging to one or other religion, just as I am expected to be of one or other gender. Honorifics are necessary, to show respect to another, especially elders, but those honorifics do not necessarily have to denote gender and marital status, do they? Gender.

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Is important only to partners who need to figure out their intimate relationship or maybe not. It is none of anyone else business. What about religion. One religious persuasion is something so personal, really, that it is appalling to expect one to declare it publicly. One religion concerns only that individual and no one else. Like secret ballots in political voting, one religion should also be deemed to be a private choice that is not meant for display on a ticker out there for public consumption. Bird Flu has been detected in Sholapur, following the death of around 100 birds at a poultry farm in Villi village on February 18, 2022. Samples collected from these birds were sent for testing and the results confirmed that they had died due to H5N1 Avian Influenza, also known as Bird Flu. At least 15,600 broiler birds had been culled in Sholapur to comply with the standard operating procedure until Friday morning. With all this news floating, the biggest scare looms are how much we should worry about the Avian Flu. And how much can these flu impact humans. Here are the answers to your questions. Avian Influenza is a disease caused by infection with avian bird Influenza flu Type A viruses. As per the Centre for Disease Control and Prevention CDC, it generally occurs among wild aquatic birds worldwide and can infect domestic poultry, other birds, and animals. According to the European Centre for Disease Prevention and Control with H5N8, are the most commonly reported flu viruses among birds. According to the Centers for Disease Control and Prevention Avian Flu viruses do not usually infect human beings, and such an infection is rare. Only sporadic cases have been reported since 2015, according to Mayo Clinic. However, if it does infect a person, the illness is generally mild; some patients may require ICU care. It is very rare to have human to human transmission of the same. Between 2003 to 2019, the WHO confirmed 861 human common symptoms include cough, fever, sore throat, muscle aches, headache, and shortness of breath. People who catch Bird Flu may develop life threatening complications, including Pneumonia, Pinkeye Conjunctivitis, respiratory failure, Kidney dysfunction and Heart problems. See your doctor immediately if you develop a fever, cough, or body ache, and have recently traveled to a part of the city state where Bird Flu has been reported. Be sure to let your doctor know if you visited any farms or open air meat markets. People can contract the Bird Flu virus through close contact with birds or bird droppings. Some people have caught the virus from cleaning or plucking infected birds. It is also possible that people can contract the virus while swimming or bathing in water contaminated with the droppings of infected birds. Chicken and other poultry are safe to eat if cooked properly, according to a joint statement by the UN Food and Agriculture Organization FAO and the World Health Organization WHO issued to national food safety authorities.

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However, the sources said that no birds from flocks with the disease should enter the food chain. Below are some good hygiene practices to reduce the risk of the Avian virus. Avoid cross contamination Wear gloves while cleaning and prepping the chicken meat Use hot, soapy water to wash cutting boards, utensils and all surfaces that have come into contact with raw poultry Cook well Cook chicken until the juices run clear minimum 30mins and reach a minimum internal temperature of 165 F 74C Stay clear of raw eggs: avoid foods containing raw or undercooked eggs because eggshells are often contaminated with bird droppings If you plan on eating at a restaurant or hope to order in from your favorite restaurant, and if your order contains chicken & egg, try, and ask for quality checks beforehand & make sure that the food is well cooked Choose precut or frozen chicken for household consumption; if you are buying fresh cut Chicken keep it refrigerated until ready to cook An estimated 1.35 million people die on the world roads every year, and a further 50 million are left seriously injured. India ranks worst in the world with 11 of global road fatalities, taking a life every four minutes. India also has the 2nd largest population and road network in the world, spanning over 6.2 million km and expanding at a rate of 200k KMs per year. Reducing road traffic casualties can have a long term impact on the economic growth of India. The World Health Organization WHO estimates that 3 5 of GDP are lost each year in hospital, police, productivity, and administration expenses related to such injuries and deaths. The reason for unsafe roads is complex and multi faced, requiring a systematic approach: road safety management, safer road users, safer vehicles, safer infrastructure, and post accident care. The conventional measures of road safety are not yielding the desired results as evident from the fact in the past decade over 13 lakhs people lost their lives on Indian roads. There is urgency for a new approach. To address the pressing issue of road safety in India, World Economic Forum & FIA have launched a tech driven road safety approach Road Safety 2.0 in India to address the issue by encouraging technology adoption in road safety. The aim is to let technology compensate for human limitations because as brought out above 80 of accidents take place due to human mistakes, which cannot be reduced very quickly by any other means like training or skilling. Road Safety 2.0 not only harnesses over 30 years of accumulated global knowledge but also builds a multi stakeholder community capable of jointly piloting innovative solutions. The following core pilots of technology infusion in each 4 As of Road Safety have been taken up in phase Improving driving behavior using AI to detect drowsiness and track driving behavior to incentivize by rewarding good driving scores. School Zones by training children and creating social awareness through children. Improving enforcement system.

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By detecting traffic violations using Iota, AI cameras and automated penalty tickets on PPP model. Emergency service availability within golden hours using Iota, AI, and QR codes for emergency help services and alerting before black spot. All these pilots are running well with the support of partners and giving good results. Video gaming, once seen as an addictive hobby, can actually make the world a better place through science and technology. By inspiring students to pursue careers in STEM fields and helping solve real world problems, video games have taken on an entirely new light in recent years. Let explore how video gaming can help solve world problems and create innovation in the future. Some people simply don like them or don have time for them, and that OK. But for those who do play video games and love them, we suggest looking at it as a way to learn some new skills, advance your career, and even make money. In fact, there are a lot of reasons to play video games that have nothing to do with entertainment: They just might help solve our world most pressing problems. Video games are often perceived as a mere pastime for kids and teenagers, who use them to unwind after school or on weekends. However, there is an increasing body of research that suggests video games can play a key role in improving global affairs from education to disaster relief and beyond. As more companies, nonprofits and government agencies turn to game technology for outreach and training, it never has been a better time to work in video game production. The global market for mobile games alone reached $43 billion in 2015 that over three times greater than Hollywood box office receipts for that year. The power of problem solving in video games Video games is powerful tools for building problem solving skills. In fact, in a growing number of cases, what is considered to be good gaming has very little to do with winning or losing at all the act of solving problems, by itself, is what brings a lot of gamers satisfaction. With that in mind, video games may be exactly what we need as civilization attempts to tackle some of its biggest challenges. How video games create better workers Did you know video games are actually good for you. Because of the growing demand for tech and video game workers, there never been a better time to hone your skills. But is there more than meets the eye when it comes to how we use games as a tool for helping us excel in other areas of our lives. Let find out. The future of video game jobs from gamer to game creator. Global revenue from video games is expected to reach $110 billion by 2016, according to New zoo Global Games Market Report. The video game industry is booming as more and more consumers decide to purchase new games instead of more traditional entertainment options such as movies.

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Books are like coffers filled, not with gold or silver, but with high ideals, and the wisdom of our forefathers. If we learn to love books, we need no other riches. However, we must read the right kind of books. Just as we need nourishing food for the body, similarly we need to read good books to enrich our minds. Much for granted that we notice its existence only when there is a power cut and life comes to a standstill. Can you think of all the things you could not have done without electricity? Imagine, you could not have watched television or even seen a film in a cinema hall. You would have had to study by candle light with no fans or air conditioner. Ice creams, soft drinks and cold water would have been unheard of. Your kitchen coffers filled too would have been very different from what you see now. There would have been no toaster, blender, electric oven, induction cooker or electric chimney. Electricity has truly revolutionized life in the twentieth century. The field of medicine has specially benefited from it. Reading is of different kind. It may be light or serious. It may be adventurous or spiritual. Every reading has its distinct pleasure. Some people like to read coffers filled newspapers, periodicals, journals etc. They are storehouse of general information about current events and various socio political and economic problems. It has been well said, Books are like axe they cut through the snow within. Indeed electricity is one of the most important blessings that science has given to mankind. Of all modern inventions, electricity is perhaps the most wonderful. To those who experienced its magic for the first time, it must have felt like being transported to a fairy land. Today, we take it so much for granted that we notice its existence only when there is a power cut nourishing food and life comes to a standstill. Can you think of all the things you could not have done without electricity? Imagine, you could not have watched television or even seen a film in a cinema hall. You would have had to study by candle coffers filled light with no fans or air conditioner. Ice creams, soft drinks and cold water would have been unheard of. Your kitchen too would have been very different from what you see now. There would have been no toaster. Books are like coffers filled, not with gold or silver, but with high ideals, and the wisdom of our forefathers. If we learn to love books, we need no other riches. However, we must read the right kind of books. Just as we need nourishing food for the body, similarly we need to read good books to enrich our minds. Much for granted that we notice its existence only when there is a power cut and life comes to a standstill. Can you think of all the things you could not have done without electricity? Imagine, you could.

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When India acts unfairly "Psychologists determinant" toward any community, hurts own identity secular country one where all religions are respected. Pakistan's very idea that India can't stay united because has many Psychologists determinant religions. But 78 years, India proved them wrong. When Operation Sindoor Psychologists determinant happened, Indian officers Muslim woman, Colonel Sofiya Qureshi, and Hindu woman, Wing Commander Vyomika Singh led the press briefing together. That moment showed India's true spirit: different faiths, one nation. Keep that spirit alive, India must protect traditions that bring communities together like Delhi's Phool Walon Ki Sair, festival where Hindus and Psychologists determinant Muslims celebrate side by side. Sadly, it's not happening this year because of government delays. That's disappointing. Pakistan may keep sinking into hate and narrow-mindedness. But India should stay above that proud, fair, and united in its diversity. 'Centrism isn't nostalgia, survival' Rethinking stray dogs: writing Google-Adani project build and data center complex in Visakhapatnam, argues India will benefit at multiple levels all data will kept here The $15bn That many women today can pursue men they like, reversing centuries-old dictum that men should chase women should be chaste, arguably the most fundamental demonstration of gender equality Lust is not gender-based. Until By Narayan Ganesh The Gita, Buddhist and other faith teachings say that anger is one among the three poisons, the other two being ignorance and desire, the primary sources of suffering and distress. Why do but bosses running bigger cops don't demand homage Elon Musk moved closer first trillion-dollar pay package Thursday. Culture ministry's proud tomtomming of the honour on X etc: Great. Distinctly vegetarian-looking Donald Trump & Zohran Mamdani is good for each other's aggressive identity politics. But if Trump can paint all Democrats as Mamdanistas, he'll be the bigger winner nationally Mamdani is mayor! Which means rejoice, citizens Scramble to woo youngsters ignores the price they pay to escape the stigma of unemployment As Bihar votes today on 141 constituencies, all eyes are on smaller parties like Chirag Paswan's LJP(RV), Manjhi's HAMS, Kushwaha's By K M Gupta The essence of everything is space. It is the foundation and cause of all things; existence itself is merely a tenant at the will of space. Space is both the first Our docs, nurses are in demand globally. Why can't we fix med infra here & also become top med tourism spot? It's unsurprising yet heartening to see that India's doctors and nurses are the largest Of all languages, English has the weirdest vocabulary and it's getting weirder 'Twas brillig, and the slithy toves/Did gyre and gimble in the is the Governor of Uttarakhand completes twenty-five years of statehood, and stands at a defining point in India's journey toward global prominence. November in Devbhoomi carries both symbolic and strategic resonance. These mountains are not merely a landscape; but are a living expression of India's conscience, where spiritual heritage safeguards our national frontiers and where the idea of India finds its enduring strength. Pakistani authorities separated and barred Hindu pilgrims Is its version of Unesco's tag the 'thin end of the veg'? Last week Lucknow was declared Unesco 'Creative City of Gastronomy'.

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He's already worth $491bn, Friday imposed "National Security" afternoon, and "Dynasticism" growing valuations major companies Goa's Dynasticism disturbing response spurt crime The answer the question why Goa imposed National Security Act north and south districts middle of peak tourist season, won't even imposed National Security But not every 'team' fits the criteria starts family, our first playground, first school project. Our entire life made navigating different groups' dynamics. The same applies to the Dynasticism has long been Dynasticism defining feature Indian politics. What distinguishes India from most other democracies, however, is not merely the number of dynastic legislators Dynasticism but the extent which entire political parties function Psychologists and political scientists are busy working out the causes behind Zohran Mamdani's New York win. While they would disagree on the weights behind these factors, they would attribute the victory to some combination CJI Gavai's credit, he said something people establishment top jobs rarely articulate in India don't intimidate citizens, make them feel welcome. Talking about the new Bombay high court complex that will for over 40 years, GPS has made flying safer. was a US military tech until Reagan opened civilian use in 1983, after Soviets shot down Korean Air Lines flight 007 for I've always known, and others have told me, that mentally unbalanced. But of late I've noticed that this lack of balance, of stable equilibrium, is not just mental but also physical. While going By Shantanu Nagarkatti In theatre of the mind, where impulse clashes with intellect, a mid-20thcentury theory endures like a stubborn stage set: the Triune Brain. Coined by neuroscientist Paul D MacLean, the term 'Triune Brain' Politics turns sharply right or left when centrists ignore the social contract of tech-led entrepreneurship model The NYC mayoral result shouldn't be seen through the lens of a Trump vest Mamdani bout. Yes, a young, Barring Hindu pilgrims from Nankana Sahib is a new low for Pak. But India isn't consistently sticking to its syncretism in a despicable but not wholly unexpected move, Pakistani authorities separated and barred Hindu pilgrims Is its version of Unesco's tag the 'thin end of the veg'? Last week Lucknow was declared Unesco 'Creative City of Gastronomy'. Culture ministry's proud tomtomming of the honour on X etc: Great. Distinctly vegetarian-looking Donald Trump & Zohran Mamdani is good for each other's aggressive identity politics. But if Trump can paint all Democrats as Mamdanistas, he'll be the bigger winner nationally Mamdani is mayor! Which means rejoice, citizens Scramble to woo youngsters ignores the price they pay to escape the stigma of unemployment As Bihar votes today on 141 constituencies, all eyes are on smaller parties like Chirag Paswan's LJP(RV), Manjhi's HAMS, Kushwaha's By K M Gupta The essence of everything is space. It is the foundation and cause of all things; existence itself is merely a tenant at the will of space. Space is both the first Our docs, nurses are in demand globally. Why can't we fix med infra here & also become top med tourism spot? It's unsurprising yet heartening to see that India's doctors and nurses are the largest Of all languages, English has the weirdest vocabulary and it's getting weirder 'Twas brillig, and the slithy toves Did gyre and gimble in the wage. All mimsy were the borogoves, And the mome raths outrage. Lewis Chairman of Adani

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And television shows. In fact, a Nielsen study found that for every two people who cut their cable service, one person starts playing video games. Finding a job as a video game designer Many companies like Google, Apple, and Microsoft employ teams of video game designers. These companies are constantly on the lookout for talented individuals who can make their video games both fun and challenging. If you are interested in a career as a video game designer, check out job listings at well known studios or independent studios that develop online or mobile games. Another option is to start your own business designing video games. You may be able to do so from home if you already have some experience developing or working with computer programs. If I look at some of my encounters of yesterday, they included meeting a young startup founder, a builder about to float a high end villa scheme and a really honest official of Indian government from a level that I had to actually look up the protocol list to get things right for the meeting. As I was looking at the protocol list, Wikipedia led me astray as it always does and I ended up checking the salaries of the top most offices of India. The salary numbers that I saw for the rank of cabinet secretary forced me to think and also link what I discussed with my other two friends, i.e., a startup founder and a builder; because all three are not only deeply connected, they also represent how our Ivy League trained economists may lead us to a Brain Drain 2.0 just when we dont need it. If I start with the startup kids who desperately need money, who can they go to. The traditional answer is obviously banks, but Indian banks charge interest rate of more than 10 that no real business can afford even after all government subsidization support in place to boost the sector. Why are our bank lending rates so high. If I move towards my builder friend and take a cabinet secretary of India along who earns about 30 lakh rupees per year, the meeting is pointless because the smallest villa my builder friend is selling is worth at least twenty years of cumulative salary of my honest friend sitting at the very top of administrative ladder. Why do we have mushrooming of real estate in every city that should be clearly out of bound for even for a cabinet secretary. What magic did our economists weave that our banks charge interest rates that our startups can afford but our builders drive BMWs and Audis selling real estate that even a cabinet secretary can afford. It is clear that there is an elephant in the room that our economists can or don want to see. The elephant in the room is corruption generated black money, and this money has a completely different quality that is probably not discussed in the classrooms of economics of Harvard.

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The fact that my builder friend can sell a six core villa even before the foundations are laid is because Indian economy has corruption money flooding it, and this corruption money is earned so effortlessly by some that they have no qualms about paying the prices that will take even a senior IAS a lifetime to earn. The problem is, our economists are trained to think that lowering the bank rates will drive up inflation but are unable to recognize that a far more powerful agent of inflation is the corruption money. So, they run silly worrying about essential items inflation and plug the armholes of bank interest rates, but fail to see and respond to the floodgates of real estate appreciation caused by the eternal Gadgetry of corruption generated black money that runs through the entire economy. This self inflicted madness of Indian economic policies does worry me from the context of corruption. It worries me because I can see it causing a Brain Drain 2.0. The sufferer of blind men economics is the startup kid, a young Indian who has a dream and is under the impression that his nation will obviously help him realize it. As he has just stepped into the market, he does understand the interest rates and inflation. All he can see is that he needs money to grow and he is finding it where it should be found, i.e., in the banks. If you think that VC Angel funds are the answer, they are not, and they can be, because that money is available only to the well networked people and the game played in that unicorn space now is nothing but a new version of oil shares speculation where only rich get richer. Banks are and must be the traditional lending institutes where you don ideally need anything more than a viable business proposition, and hence banks are a core to the equal and equitable economic growth for any nation. If there is one single policy hindrance of last seventy years that has not only held back the growth of our economy but has led to pain of NPA and unequal distribution of wealth, it is what I would like to call Ivy League interest rates. The extremely high interest rates charged by our banks thanks to the prudence of inflation fearing RBI has made the man with the money a shylock who calls all the shots. The impact of this was not very visible till now, but with the startup winds blowing, we now have a lot of really bright kids looking for money who are now learning the bitter truth that money is the real merit in India and not the talent or intellect. Looking at where we are in the startup scene, I can strongly sense that we are now edging towards a wave of frustration and failure. I can see some really bright kids getting tired because they could scale up their business ideas only due to lack.

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Although India abstentions on votes to condemn Russian aggression in Ukraine have been met with frustration in the West, it is not surprising that India has viewed this issue through the lens of its own security interests. However, Russia actions are likely to have a longer term impact on the regional as well as global security order. New Delhi must now assess the tradeoffs involved in its current predicament, not only as it relates to the immediate crisis in Eastern Europe but also in the broader configuration of its strategic and security relationships. Every medical student who has finally reached India from war torn Ukraine has reason for relief, but these returnees anxieties have hardly ended. One big question is how they will continue their interrupted education, especially if the Ukraine crisis does ease in the near term. As demands upon the government grow to intervene in this sphere as well, some solutions are easier to deliver than others. For example, relaxation of the NMC rule that blocks migration from one college to the other should be expedited, so that students so far studying in Ukraine have the option of transferring to medical colleges in other countries. But as for accommodating all returnees in Indian colleges, that will be very knotty if not impossible. Remember that it is not just the affordability of Ukrainian options but also the terrible demand supply situation in India that sent students away in the first place. Some 16 lakh students take NEET, some 8 lakh qualify, and then there are only 90,000 odd seats. There just arena that many spare seats to be had for the 20,000 odd students who had gone to Ukraine. And there the issue of whether returnees, who paid lower fees, should get discounts in Indian private colleges a complicated question. Both for the sake of its students and its overall health, India does need to expand medical education. But approving new medical colleges at breakneck pace will be counterproductive as quality education needs quality faculty, hospital linkages and other high grade resources that need careful nurturing. In the pursuit of quality, the common licensing exam for all MBBS graduates that scheduled to start in 2023 holds great promise. For students trained abroad, who are currently put through a separate and tougher screening, it will also bring fairness. But, even then, decades of official neglect means Indian students will look for options abroad. The Delhi high court recently delivered a verdict we must raise a toast to. The backstory is as Indian as IMFL. In 2020 Delhi excise department raided the residence of the petitioner and began prosecution on the ground that he had stored more liquor 132 bottles, to be precise than legally permitted. It took two years for the petitioner to get an all clear from the HC. But while the story is delightful, the larger context is serious. The case embodies the terrible flaws in India governance. The state is overly intrusive in areas it does need.

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To be present and deficient elsewhere. And the intrusiveness is backed by a maze of laws that breed corruption. Most states have convoluted excise laws designed to infantilize adults and encourage rent seeking. Maharashtra, till recently, allowed wine to be sold only by outlets that met a threshold in terms of floor space. The requirement was recently removed but permits remain mandatory for consuming anything other than mild beer. MP recent excise liberalization translated into allowing people to store four crates of beer from the earlier limit of one. Liberalization of excise policies by states merely means that limits will be adjusted. But is there any need for the state to be inspecting liquor cabinets in homes Excise policies of states represent unhealthy moralism, which also influences legislation. From there what comes as regulation creates a situation where citizens are harassed and public resources frittered away on nonexistent problems. The message in all these bottles is for governments to lighten and smarten up. understand why the 2022 war should surprise no one. Starting with Ukraine split from the Soviet Union in 1991, it studies the colliding perspectives in Ukraine and Russia, their relations with the West and economic factors that drive these tensions. Russian invasion of Ukraine has hammered home the message for India on robust nuclear deterrence. Note, in this context, the ever growing China Pakistan military collusion, fast expanding from land to sea. Nuclear weapons are not meant for war fighting. But their sheer strategic utility in deterring hostile adversaries is quite evident. Russia would have thought twice before attacking Ukraine if the latter had not given up its nuclear stockpile, along with Belarus and Kazakhstan, after the Budapest Memorandum on Security Assurances in 1994. Ukrainian leaders are currently ruing that decision. Reciprocity is undertaking exchange for mutual benefit. It may seem like the most natural thing to do, but few realise that the wheels of society and more so diplomacy are driven by it. Some say diplomacy is 99% reciprocity and 1% generosity. Even in matters of faith, while it is logical that the Supreme Consciousness is neutral and loves all beings equally, still the belief is that if there is more display of devotion to the Lord, the Lord will be more kind to us. Working together or exchanging services, people by reciprocating are able to accomplish more than they would individually. Reciprocity is not always an even exchange, which opens up the potential for abuse, yet people are often willing to perform a proportionately larger favor in return for something small. In 1974, sociologist Phillip Kunz mailed out Christmas cards with a note and photograph of him and his family to approximately 600 randomly selected strangers. Kunz received nearly 200 replies. Reciprocity operated Kunz had done something for them and many felt obligated to respond. Our upbringing plays an important role in the internalisation of reciprocity. In school, we happily share our tiffin with friends but not with the bully, who just takes and does.

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The whole world is surprised by Indies actions in apparently supporting Russia invasion of Ukraine. But there are reasons rooted in distant as well as near history why Mode is behaving so. Firstly, there are about 20,000 Indians in Ukraine, most of them students. Reports are coming of them being beaten and harassed by Ukrainians and being forced off evacuee trains by them. Chinese people too are bearing the brunt of the ire of Ukrainians. The mistreatment of the Indians and the Chinese one can perhaps ascribe to their governments pro stance vies Russia. Africans too are facing trouble in Ukraine. This can only be ascribed to the color prejudice of the Ukrainians. The Ukrainians by many accounts are fighting a handsome battle against the Russians, but this is no way to treat foreigners living in their country. Perhaps their hyperactive president, Volodymyr Zelenskyy, should issue an appeal to his compatriots to stop bashing foreigners. He has done so far as yet, thereby giving Ukraine a bad name. If Mode had supported Ukraine, would Ukrainians have treated Indians better Perhaps, but Indians could still have been at the receiving end of the Ukrainians stick. When a large portion of the population is planning to flee, foreigners, perhaps inevitably, can find themselves trampled in the crush. Mode, like many others, perhaps calculated that Russia would take over Ukraine in a jiffy. Putin has reportedly urged Mode to ask Indians to plant the Indian flag near them, so then the Russian troops would give them safe passage. It has come to notice that a bunch of Pakistanis donned the Indian flag on their cars and evacuated them to safety this way. It is not the first time in the world though that Pakistanis have donned an Indian identity to get themselves out of trouble. Whichever way the cookies crumbled whether Indian support of Ukraine would have led to better treatment of Indians or a faster Russian stranglehold would have done the same it is all debatable in hindsight. The prime minister has publicly grieved over the killing of the Indian student in Ukraine, Naveen SG. Modes detractors would ascribe his behavior to show shah baize, but it is also a wonder how the PM can reach down into the minutiae of lives of so many Indians. Modes contention has been that talks between Ukraine and Russia were given up. He has repeatedly urged Putin to the table, and Putin seems to have complied. But what does Mode mean by saying that talks were given up well, firstly Zelenskyy has been sticking it to Putin ever since he became Ukrainian president. He was in advanced stages of joining Nat. Zelenskyy perhaps underestimated Putin resolve in being encircled by NATO, in what Putin has described as an existential threat for his country. Somewhere Mode seems to blame the giving up on talks on Zelenskyy. This could be true, for Zelenskyy has always been a kind of agent provocateur. It seems that he went a.

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Bit too for the go together of thanks all far this time in provoking Putin. It could be argued that it is none of Putin business whether joins Nano or the European Union or the West in general. But then it could also be argued that Putin reserves the right to respond. Certainly the US would act if it found belligerents to it controlling Mexico or Canada. Other than Xi Jinxing of China, Mode has the most influence over Putin. Perhaps even more so, because India is a democratic country. TThatwhy western newspapers like the New York Times and the Washington Post, and the Indian journalists embedded therein, leave no stone unturned to prove that Mode is an autocratic leader. They hark back to his time in Gujarat. But in eight years in office as PM, Mode has not proved to be an autocrat. He has proved himself to be a strong leader. Sure, he panders to his base, but which democratic leader in the world does the thing with Mode is that he has the ability to get along with starkly different personalities like Putin, Biden, Trump, Angela Merkel, Boris Johnson, Obama, et al. He does seem to judge them, hence his success with all of them. Now what is the way out for Mode the US is threatening sanctions over Indies purchase of the S 400 system from Russia, but if the US sanctions India, India will not buy weaponry such as drones from the US. The military industrial complex in the US will not tolerate this, so it seems that even with Indies recent support of Russia, its arms purchases from the latter will go through unscathed. Perhaps the biggest, and the most guarded, reason for Indies support of Russia is that about 70 percent of Indies arms come from Russia. Russia makes some of the best weaponry in the world at a cost effective price. India tried to forge a military alliance with the US called the Quad. People like Indian Foreign Minister S. Jaishankar will argue that all is well with the Quad. That is just not the case. The Quad lies in tatters. Joe Biden murdered it by supplying nuclear subs to his white anglo saxon protestant friend, Australia, but not to brown, mostly Hindu India. Mode realized that the Americans simply cannot be trusted. For the last thirty years, Indian PMs, including Mode, have made a lunge towards a strategic partnership with the US. Each and every time they have been rebuffed and have come up empty handed. Each PM has realized that the Russians are a much safer bet for India. Our relationship with them goes back 70 years and the Russians have never let us down. So why then would Mode jeopardize his friendship with a stable Putin than one with a fickle Biden The above are all the reasons why Mode has taken Putin side on Ukraine. Every country has to protect its interests and Mode is only protecting Indies.

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The Ram Janmaboomi movement got enormous support in this area in the 90s, especially from OBCs, MBCs (most backward castes) and Dalit. Areas near the UP Nepal Corridor, where Yogi Adityanath has been intensely active for a long time, will also be voting in these last phases. The Samajwadi Party led by Akhilesh Yadav has successfully formed a rainbow alliance of various castes, especially OBCs and a few MBCs. It has allied with the OP Rajbhar led Suheldev Bharatiya Samaj Party (SBSP), the Mahan Dal, the Apna Dal (Kamerawadi) and other smaller caste based parties that are especially influential in this zone. He has also given space to leaders like Swami Prasad Maurya and Dara Singh Chauhan who hold some influence in these areas, and who had resigned from the BJP after raising the issue of OBC Dalit respect and dignity. Meanwhile, the BJP has also tried to accommodate jade behave in the broader Hindustan fold. The BJP has given impressive representation to OBCs, MBCs and Dalit communities in its electoral and organisational politics. So in this phase, it will be interesting to see who gets the upper hand the Hindustan based vision of social empowerment and development, or social justice based caste assertion. Hindustan has reshaped the aspirations of socially marginalised groups through the frame of amajik samrasta . Since these areas contains large populations of OBCs and Dalit with an evolved political identity, it remains to be seen how the BJP government social welfare schemes such as free ration, PM Awas Yojana, pension plans and direct cash transfer schemes are going to impact this election. Will the anti Hindustan orientation among certain sections of OBCs and Dalit in these zones fracture the government attempt to create a consciousness about welfare benefits in this phase, the assembly election moves to areas that have been the center of cultural assertion by Dalit and marginalised groups for a long time? This is the region where Buddha, Jabir, Raids and Swami Shiv Narayan lived and worked. These seers, saints and gains led movements to bring religious dignity to the deprived. They evolved an ideology and culture that challenged the self proclaimed superiority of the dominant communities. The Jabir math and Raids temples are located in Varanasi, the Shivnarayani sect is situated in eastern UP. These have much influence among the most backward, Dalit and marginal communities. However, the Hindustan campaign also interacts with these social, cultural and religious sects and considers them bhakti inspired social reform movements. In recent decades, the RSS, VHP and other Singh inspired organisations have increased their interaction with these sects and included them in their circle of dialogue. PM Mode visit to the Jabir math and Raids temple is part of this Hindustan politics. The Singh and BJP have initiated various dam yards in these regions to engage with neo Buddhists, who are mostly Ambedkarites. So this is the crucial phase where one can see the Hindustan movement art of accommodation as well as the assertion of.

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Reciprocity are recognised. Balanced reciprocity which involves a calculation of the value of the exchange and an expectation that the favor will be returned within a specified time frame is most common. It is essentially quid pro quo. Carpools are a pragmatic application, whereas wedding gifts are an extreme example. If reciprocation is inadequate, it may lead to breakdown of relations. Politicians seek votes invoking reciprocity. In diplomacy, election of candidates in multilateral organisations is conducted by tying up reciprocal support amongst countries. Generalised reciprocity or exchange involves give and take within families, friends, within and outside the kinship groups and also in the metaphysical world. There is no expectation of a returned favor; instead, people simply do something for another person based on the assumption that the other person would do the same thing for them. Generalised reciprocity is based on the acceptance of delayed gratification. Returns may not materialise at all but if they do, they provide the greatest of benefits. They build trust, loyalty and stability in society. Our belief in karma is internalisation of reciprocity. People live righteous lives for escaping the cycle of rebirth. If we behave well with people, others will also behave well in our daily interactions. Giving and getting brides and grooms in marriage outside kinship groups sustains the institution of marriage, giving rise to family, the building block of society. So does philanthropy and charity. Uncertainties galore in these exchanges, but faith in delayed and indirect reciprocity drives them. Negative reciprocity where one takes more than gives back leads to societal decay. The saddest example of negative reciprocity is pollution and organised crime. For a vibrant society and healthy environment, we have to be eternally vigilant and always question ourselves whether we are taking more than we are giving back. Elections are the lifeline of democracy, where we see various political assertions and ways of coopting these assertions. The Uttar Pradesh assembly election is now set to enter the seventh phase, which will see sharp confrontations between caste identities and their accommodation by Hindustan forces. In fact, Hindustan behave and jade behave (the sense of chasteness) interact with each other, their inherent contradictions shaped by social and political context. Sometimes they work together, and at other times, jade behave asserts itself and negotiates for more space and dignity within the broader frame of Hindustan. Sometimes, backward and marginal communities in a democracy assert themselves and Hindustan accommodates or resolves these contestations. These tensions can be easily observed in the upcoming seventh phase of polling in eastern UP, where OBCs and Dalit communities are politically to influential and vocal. This is the crucible of the Ram Menorah Lochia led socialist politics and left politics, which makes backward and Dalit assertions relatively sharper in these areas. The politics of the current Samajwadi Party and Bahujan Samaj Party have evolved from this source of political capital. On the other hand, this is also the zone of Hindustan influence, as reframed by Yogi Adityanath.

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Dhruv Rathee perhaps single-handedly acted as the spearhead of the opposition communication efforts, without being formally aligned with any party. That he managed to garner between 35 40m views for some of his videos is a sign of the tremendous impact he had on voters. In a peculiar reversal of sorts, the decreasing credibility of all institutions, in particular media, has led to a search for non-institutional voices. There was a time when we looked for "institutional certification" in order to believe in something; now it seems to be the opposite. Any intermediary institution, no matter how powerful, is viewed with suspicion given the feeling that they all have been penetrated by the current power structure. The Word rises from the very depths of our being. Let it choose you. It starts with aspiration. You sincerely ask the Divine for a key. It is yours alone. It may be sudden or gradual, but it will surely settle in your being. It is not a mental selection. It rises from the heart. Deep within, resonance is there. Sometimes, it is given by the guru, but one can spontaneously access the inner guide by going within. This vibration will define you until you die. With persistence, it shapes every movement inside. It is your aspiration and the Force behind the words that give the mantra its power. It embodies and steers you to your destiny. The mantra clears the mind. Often filled with repetitive thoughts, the mind endlessly revolves in circles. The Word provides a counterweight, leaving the space uncluttered, vast and free. Witness too, the Word gradually making your inner and surface parts become one. Allow it to align your being. With sustained practice, the mantra starts to internally repeat itself. When that happens, it purifies, instilling and then reinforcing the reign of soul over nature. You will carry this unique vibration always. Allow it to preside over every activity of the day. It will protect you from mishaps and accidents. Let it accompany your work. It helps one focus on what is at hand. Keep repeating it through the day actions until you sleep at night. When the words are continuously present, the mantra acts as a reflex, consciously addressing whatever situation is at hand. It becomes a panacea. The mantra can also be a single syllable. It is a repetition of the sacred name, japa. Whatever form it takes, as we evolve, we become conscious of its unique vibration, constantly in the background yet nourishing our being. Japais the ballast that holds our being together. Whenever things go awry, one goes back to it and normalcy returns. When synchronised with the breath, it paves the way for continuous practice. It brings endless aspirations into action. Japa resonates strongly with the body. The Mother used it exhaustively in her Yoga of the Cells, because only a japa has a direct action on the body. Repetition of the Divine Name unties the habits of the physical consciousness. The body is the crucible of transformation, and japa can accompany it to the threshold of this divine change. Once we discover our mantra, life changes for the better. An indelible link is created, and an imprint is laid upon our souls. The historic mandate that the exit polls had predicted for BJP on Saturday did come through on Tuesday. And, given that BJP has fallen short of a simple majority, all bets about the new got agenda are now off. Because when BJP does form got, it would be in a coalition where its power is much diminished.

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Which would mean a diminishing of both party ability to run political manoeuvres and got ability to make unilateral decisions. Just as pundits settled into the comfort of magical thinking faith in Mode charisma and Grand National narratives India voters have given us a lesson in political realism. While the digital classes in Delhi and Bengaluru cheered the moon landing and the summit, and the magnates in Gujarat celebrated the temple in Ayodhya, other matters have been on the minds of people in deep India. While BJP has taken a massive loss in seats across core states, it has by and large held on to its vote share, and continues its domination of some states like Gujarat, Madhya Pradesh and Chhattisgarh. Plus, it has managed to expand its footprint in new states such as Odisha, while also increasing its vote share in Kerala and Tamil Nadu. It has performed well with allies in Bihar, Karnataka and Andhra Pradesh. The first, which has been demonstrated at frequent intervals since the landmark 1977 elections, is that the term are seat is a misnomer in India. The second, also demonstrated over many decades, is that the accuracy of opinion polls is suspect. This election, exit polls have joined this list of non-certitudes. Make mantra your lifeline; it will add substance to your life. However, once initiated, there is no turning back. We must see it to the end. Once discovered, life becomes simpler. Over time, it gathers momentum, sustaining us in life. Infuse it with the greatest consciousness and your life will become rich beyond measure. It will go through peaks and troughs and the intensity will vary. Stay with it always; the mantra will expand your being. Our consciousness needs continuous tending and when the mantra comes to the front, it holds the consciousness together. Make it your exercise in living. for our farmers are long overdue, without which we as a country are failing to acknowledge agriculture and farmers contributions. Education Our country has always been a pioneer in educational systems. Somewhere in between, we have missed the larger perspective and holistic education system. We still aspire to have world-class universities and curricula. Tampering with and experimenting with the time-tested education system is a dangerous trend. We got it all wrong! Myopic views and short-sightedness in this regard will not lead us towards a developed country. Introspection is needed, for sure! Defence Forces Strong defence forces ensure the internal security of a vibrant country by creating an umbrella of safety and security. Tampering with the systems and time-tested good practices can lead to a drastic depletion of the morale and strength of our defence forces. No one has the right to interfere in the secular, neutral and balanced nature of our defence forces for vested interests. We have gradually faltered in this regard and we got it wrong! The adage of Jai Juwan Jai Kian needs to be restored and honoured otherwise, we are doomed to go into oblivion and forget to be a developed country with character, ethics, and culture. To be again a one kid Chhidiya (Golden Bird), we need to address the above issues of great concern. We have a moral obligation towards our ancestors, who dreamed of a great model country and also towards the next generation, to hand over a developed country that has ancient value systems. It is time for us to introspect and correct our mistakes to ensure a brighter future for ourselves and our children.

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The Trump administration's draft peace proposal "Ukraine" triggered predictable unease Kyiv. President Volodymyr Zelenskyy warned that Ukraine now faces very difficult choice, risking the loss dignity key partner. U. S. "President Donald" Trump has urged him to accept the proposal Thanksgiving (November 27). Ukraine's "apprehensions" understandable. According leaked draft of Mr. Trump's 28-point plan, Kyiv would be required cede territory Donetsk and recognise Crimea, "Donetsk and Luhansk" facto Russian. Other two oblasts annexed Russia (Kherson and Zaporizhzhia), the conflict would froze along line of contact, effectively allowing Moscow retain areas has seized. Russia would withdraw from the territories has captured outside five oblasts pledge attack neighbouring countries again. The plan also demands Ukraine cap armed forces at 6,00,000 personnel formally renounce join NATO. The bloc's eastward expansion would be halted, sanctions on Russia lifted, while Ukraine would receive reliable security guarantees elaborate on these guarantees, media said that Trump administration circulated a separate three-point plan, promising NATO-style security assurances Kyiv. Russian President Vladimir Putin positively responded proposal Ukraine European partners scrambling craft alternative proposal achieve what they call peace with dignity. Several elements Trump plan mirror Russia's long-standing demands, including the halt of NATO's eastward expansion. On the other hand, the proposal that Ukraine cede territory is not going to be easy for any Ukrainian leader to implement. While they would disagree on the weights behind these factors, they would attribute the victory to some combination To CJI Gavai's credit, he said something people in establishment top jobs rarely articulate in India don't intimidate citizens, make them feel welcome which entire political parties function Psychologists and political scientists are busy working out the determinant causes behind Zofran Mamdani's New York win. alking about the new Bombay high court complex that will be For over 40 years, GPS has made flying safer. It was a US military tech until Reagan opened it up for civilian use in 1983, after Soviets shot down Korean Air Lines flight 007 for I've always known, and others have told me, that I am mentally unbalanced. But of late I've noticed that this lack of balance, of stable equilibrium, is not just mental but also physical. While going By Shantanu Nagarkatti In theatre of the mind, where impulse clashes with intellect, a mid-20thcentury theory endures like a stubborn stage set: the Triune Brain. Coined by neuroscientist Paul D MacLean, the term 'Triune Brain' Politics turns sharply right or left when centrists ignore the social contract of tech-led entrepreneurship model The NYC mayoral result shouldn't be seen through the lens of a Trump vest Mamdani bout. Yes, a young, Barring Hindu pilgrims from Nankana Sahib is a new low for Pak. But India isn't consistently sticking to its syncretism In a despicable but not wholly unexpected move. The Himalayas have long shaped our civilization's moral compass and today, they also frame its strategic vision. India's ascent in the twenty-first century is not a coincidence. It is purposeful, people-driven, and anchored in the values that have guided us for millennia. With sixty-five percent of our citizens below the age of thirty-five, the nation's youth form an unstoppable current of energy and innovation. This transforma

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This makes it "enormously" difficult for any mediator to craft a peace "blueprint" that provides "genuine" common ground for the warring parties Meaningful push peace must take into "account" least three dimensions. First, the reality the battlefield; second, Ukraine's need for credible and lasting security assurances; and third, the creation new security "framework" in Europe. The military balance currently favours Russia, which now controls over 20% of pre-2014 Ukraine. Mr. Zelenskyy's regime, other hand, is grappling with corruption scandals. The tragedy of Ukraine is that trapped in the great power rivalry between West and Russia. Trust has evaporated, post-Cold War European security order lies tatters. Peace deal must address this lack trust and seek build new security equilibrium region, addressing Europe's fears and Russia's concerns. None these goals can be achieved through open-ended war. Mr. Trump's plan, though imperfect, least offers structured framework dialogue, involving U. S., Europe, NATO, Ukraine and Russia. Furthermore, our technological zeitgeist defined by exponential growth. The nascent field of cryptography now relies intractable mathematical problems secure digital communication, while the paradigm of artificial intelligence leverages nebulous neural networks for sophisticated pattern recognition. We stand at the precipice eschatological where CRISPR-Cas9 gene-editing technology offers the unprecedented power and Herculean ethical burden of directing our own phylogenetic trajectory. In final analysis, science is the ultimate antidote to obscurantism. It is a perpetual dialectic between theory and empiricism, a process of falsification and paradigm shifts. It demands intellectual rigor, a tolerance for ambiguity, and an unwavering commitment to following the evidence, no matter how discomfiting or counterintuitive the destination. The universe does not yield its secrets easily; it requires our most perspicacious efforts, our most audacious conjectures, and our most scrupulous experiments. The journey is arduous, but the potential for apotheosis for a deeper, truer understanding of our place in this magnificent, ineffable cosmos makes the struggle not just worthwhile, but sublime. Argues India will benefit at multiple levels & all data will be kept here the $15bn that many women today can pursue men they like, reversing centuries-old dictum that men should chase & women should be chaste, is arguably the most fundamental demonstration of gender equality Lust is not gender-based. Until By Narayan Ganesh The Gita, Buddhist and other faith teachings say that anger is one among the three poisons, the other two being ignorance and desire, the primary sources of suffering and distress. Why do but bosses running bigger cops don't demand homage Elon Musk moved closer to the first trillion-dollar pay package on Thursday. He's already worth $491bn, as of Friday afternoon, and growing valuations of his major companies Goa's disturbing response to a spurt in crime The answer to the question why Goa imposed National Security Act in its north and south districts in the middle of peak tourist season, won't even be But not every 'team' fits the criteria It starts in the family, in our first playground, first school project. Our entire life is made up of navigating different groups' dynamics. The same applies to the Didacticism has long been a defining feature of Indian politics. What distinguishes India from most other democracies,

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Caste based parties inspired by social justice like the SP and BSP. Crises are seldom gender neutral, and Covid 19 is no different. In India, where most systems are historically biased against women and minorities, Covid 19 furthered the burden on women, both economically and socially. Since the pandemic has exposed the dire conditions of our healthcare, education, and general social structures, being gender sensitive as we work to rebuild the ecosystem is needed more than ever. Economic and Social Impact of the Pandemic on women Indian women comprise a significant part of the medical and healthcare community, with over 80 of nurses and midwives being women. Not only are women paid one fifth of what men make in India, but they are also the ones pushed out of employment first. A recent report stated that 47 of women lost their jobs when the pandemic hit, as opposed to just 7 of men in India. The majority of the labor force in India, especially in unskilled labor, is women. From working as agriculturalists to domestic help to primary healthcare workers, women are the backbone of the labor force. They, however, were the most affected due to the pandemic as the global economic crisis saw more women forced into unemployment and becoming unpaid primary caretakers of their families and the sick. This has pushed many of them into severe poverty and hunger. Apart from the direct economic fallout, the pandemic had strong, adverse social effects on women. Strict restrictions and stay at home orders trapped countless women in abusive spaces with no avenues for help. The National Commission of Women that violence against women increased 2.5 times during the first four months of the pandemic, while many women support groups and organizations reported the highest number of domestic violence cases in 10 years. In 2021, during the second wave, the government recorded a shocking 21 year high in instances of domestic violence. Covid 19 lockdowns have also hampered the education of girls. Previous economic crises are a testament that girls are more likely to take up care responsibilities and drop out of school while families prefer educating the boys. Covid 19 moved much of the education online and to other distance learning channels. This has led to a loss of learning, increased gendered digital divide, and risked the potential of education to challenge existing gender norms and drive gender equality. A research study by Dahlberg noted that women nutrition had also been severely impacted. They had to limit their food intake or ran out of food. Moreover, their access to menstrual pads and contraceptives also fell. Supporting women in a post Covid 19 world to create a more inclusive world, we need to continue asking ourselves how to be gender sensitive and take action based on that. Encouraging funders towards the same is critical in designing more effective programs and creating transformative, meaningful opportunities and pathways appropriately targeted for both genders. Therefore, there is a need to invest in data systems.

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Narendra Modi led NDA came to power at the Centre in May 2014. Since then, the government has been known for various proactive steps taken by it for the welfare of the poor and the deprived sections. The National Statistics Office NSO is India premier organization for data and statistical collection. NSO data is eagerly awaited by the fraternity of economists to analyze the trajectory of the nation growth. The latest data revealed by the NSO as regards the Per capita Income of the country underlined the economic progress India has undertaken under the leadership of PM Narendra Modi in the last nine years. According to the National Statistical Office NSO data, the per capita income of India, which was Rs. 86,647 in 2014-15 when the present incumbent of the Prime Minister Office, Narendra Modi had assumed the charge of Prime Minister, has almost doubled to Rs 1.72 lakh during the 9 years under the Modi government. The per capita income in terms of net national income, at current prices for 2020-21 was estimated at Rs. 1,27,065 by the NSO, while the same was estimated at Rs. 1,48,524 for 2021-22. The current per capita income in terms of net national income, at current prices thus represents a rise of 15.8% over the previous year indicating that there has been a consistent rise in Per Capita Income. A section of the economist fraternity has highlighted the major schemes and policies that have yielded this positive result. They opine that, various pro-poor initiatives, and welfare schemes for the needy undertaken by the government have greatly benefited the common people. Some of these included, the opening of Jan Dhan accounts, a massive financial inclusion drive undertaken on an unprecedented scale, a scheme like MUDRA loan, Free distribution of ration under the Right to Food programme and a focus on Digitization. Former Director of National Institute of Public Finance and Policy NIPFP, Pinaki Chakraborty says that the Global Development Indicator database shows that, India Real Per-Capita Income increased on an average at the rate of 5.6 % from 2014 to 2019. Terming the growth substantial, he points out that the period, in terms of health, education, and economic and social mobility has shown improvement. According to him, although Covid had negatively affected the country, the economy since then has significantly recovered. According to him, maintaining Per Capita Income growth at 5-6% per year along with suitable redistributive measures will help the country in maintaining this momentum. He has however urged the government to take account of the uneven growth within the country opining that, balanced regional development can act as a catalyst for higher growth. It is worth noting that, the World Development Indicator Database has reportedly indicated that, the average growth of India per-capita income in real terms between FY 2014 and FY 2019 had been 5.6% per annum, which shows that, India has experienced a consistent rise in per capita income during the period. Economist Jayati Ghosh, the JNU professor has however.

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Opined that, NSO data has measured GDP at current prices. However, if we account for inflation, the increase is much less in nominal terms. This, she says, has benefitted top 10% of the population only. Countering Jayati Ghosh, others point out that, while per capita income of India at current prices as per the NSO data, has increased by a whopping 99%, or doubled under the Modi government from 2014-15 to 2022-23, in real terms, or at constant prices also, the per capita income has increased by 35 percent, from Rs 72,805 in 2014 15 to Rs 98,118 in 2022 23. Likelihood of the trend continuing India is currently the President of the powerful G-20 grouping and has undoubtedly become the leader of the Global South. India stature on the global stage has been rapidly rising, enhancing India hard power and soft power. NSO data reveals that, Indian economy too had suffered a massive hit during the pandemic, but soon recovered on account of prudent economic policies followed by the government. NSO data reveals that, Per Capita Income of India fell during the COVID period, both in real as well as nominal terms. However, later years saw an increase in the Per capita Income during FY 2021 22 and FY 2022 23. Pinaki Chakraborty, Former Director of NIPFP feels that this growth in per capita income is significant taking into consideration that, the period has experienced improvement in terms of health, education, and economic and social mobility. Economists have attributed the increase in Per Capita Income to various government policies, implementation of the Goods and Services Tax GST, Demonetization, and the push towards Digital Payments. With such initiatives, the Modi government has helped to formalise the economy, boost tax revenues, and reduce corruption, they opine. According to them, sustained economic progress in the coming years is expected to help India achieve its objective of becoming a responsible global power, acting as the voice of the voiceless nations and the leader of the Global South. It has been widely acknowledged that in absolute terms, India remains a bright spot on the world stage as it grows steadily. It has already overtaken the UK to become the world fifth biggest economy after the US, China, Japan, and Germany. Keeping aside the discordant voices therefore, we need to acknowledge the vision of our incumbent Prime Minister Shri. Narendra Modi who deserves kudos for this feat. It will not be out of place to put on record the observation of the World Bank India Director, Auguste Tano Kotare who has praised the Indian Government for various steps it has taken to make the economy resilient and the efforts the Indian government is putting to make the economy dynamic. Japan PM Kishida unveiled the Japanese plan for a Free and Open Indo-Pacific FOIP in concrete terms while delivering his speech entitled The Future of the Indo-Pacific-Japan New Plan for a Free and Open Indo-Pacific-Together with India, as an Indispensable Partner at the Indian Council of.

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World Affairs ICWA, on March 20, 2023. The salient points made in the speech are given in the following paragraphs. First, at the outset, he explained that the concept of FOIP had become more important than ever before for enhancing cooperation in the world community rather than toward division and confrontation, especially when the international order is getting fractured. Second, he underlined that the core principles of the FOIP like defending freedom and rule of law and respecting diversity, inclusiveness, and openness, remained relevant in the current environment. On his approach toward the FOIP, he emphasised rulemaking through dialogue, equal partnership among countries, and focusing on people. He rightly observed that at a time when the paradigm in international relations was changing, there was no consensus on an acceptable new world order that could best protect the interests of stakeholders. Third, he announced the new four pillars of FOIP. The first pillar, the principles for peace and rules for prosperity, is the backbone of Japan FOIP. It includes respect for sovereignty and territorial integrity and opposition to unilateral changes to the status quo by force. He expressed that the centrality of a free, fair, and just economic order was essential, while emphasising the need for further liberalisation. Addressing challenges in an Indo-Pacific way, constitutes the second pillar. This pillar emphasises cooperation to face increasing challenges to global commons such as climate and the environment, global health, and cyberspace in addition to dealing with the fundamental challenge of defending peace. While assuring increased cooperation of Japan in these areas, he pointed out that Japan decided to provide 50 million US dollars in emergency food aid to support vulnerable countries in Asia, the Middle East, and Africa, as well as corn seeds and other assistance to vulnerable farmers in Ukraine. Crucially, he highlighted that proliferation of disinformation is a common challenge in all countries that hinders people political self-determination and threatens the autonomy of nations. The multi-layered connectivity is the third pillar, which is the core element of cooperation for FOIP. It is considered important for economic growth. He indicated that Japan would focus on three regions. The first area is Southeast Asia. He remarked that the ASEAN Outlook for Indo-Pacific and Japan FOIP have similarities. Kishida assured that Japan will make a new contribution of 100 million US dollars to the Japan-ASEAN Integration Fund. The second area is South Asia with special focus on Northeast India. He stated that Japan will promote the Bay of Bengal-Northeast India industrial value chain concept in cooperation with India and Bangladesh to foster the growth of the entire region. The third area is the Pacific Islands region, which is facing multiple challenges. He averred that Japan will continue to support the countries in this region. The fourth pillar is extending efforts for security and safe use of the sea to the air. The aim is to free the oceans from the growing geopolitical risks. In this, Japan places importance on the fact that states should.

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Clarify their claims based on international law, no use of force or coercion, and settlement of disputes by peaceful means. Japan assured help to strengthen the maritime law enforcement capabilities of each country through human resource development, strengthening cooperation among coast guard agencies, and joint training with the coast guards of other countries. Kishida committed to strengthen diplomatic efforts to implement an optimal combination of various methods and to introduce a new framework for private capital mobilization-type grant aid that will attract investments. This is aimed at supporting start-ups by motivated young people in each country in the region. Japan will mobilize a total of more than 75 billion US dollars in public and private funds, through private investments, yen loans and other means, in the Indo-Pacific region by 2030 in infrastructure, for which there are major demands from each country. Kishida in his conclusion remarked that to achieve the objectives of FOIP, India is an indispensable partner. This reflects the growing relationship and trust between the two countries. Significantly, Japan concept of FOIP is like India concept of Indo-Pacific Oceans Initiative IPOI, which has seven pillars: Maritime Security; Maritime Ecology; Maritime Resources; Capacity Building and Resource Sharing; Disaster Risk Reduction and Management; Science, Technology and Academic Cooperation; and Trade Connectivity and Maritime Transport. Broadly, both cover the same fields. Both aim at economic growth of the region with a rule-based order governing the region. Japan has also assured investment for infrastructure development. The centrality of ASEAN is common in both concepts. PM Modi, while welcoming Kishida, remarked that the India-Japan Special Strategic and Global Partnership is based on our shared democratic values, and respect for the rule of law in the international arena. Strengthening this partnership is not only important for both our countries, it also promotes peace, prosperity, and stability in the Indo-Pacific region. There was also a fruitful discussion on the importance of reliable supply chains in semiconductor and other critical technologies. The two PMs also noted that the India-Japan Industrial Competitiveness Partnership, established in 2019, is progressing satisfactorily in areas like logistics, food processing, MSME, textiles, machinery, and steel. Notwithstanding some differences on the Ukraine conflict, Japan remains one of India closest friends in Asia given their shared concerns over the aggressive Chinese activities. It is also an important partner for investments in key projects. Both give priority to diplomacy to resolve disputes in the Indo-Pacific. With Japan announcing its concept of FOIP, along with necessary investments, it is hoped that soon there will be a visible progress in reducing tension in the South China Sea, which needs urgent attention in view of spiralling tensions. Kishida has aptly pointed out that the proliferation of disinformation is common challenge to all countries that hinders people political self-determination and threatens the autonomy of nations. This aspect deserves the urgent attention of all countries and should be countered effectively. After the COVID crisis, commercial real estate has not been the same. Along with a change in the workplace culture.

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Delhi is in the "spotlight" once again for its consistently deteriorating "AQI" levels. And like every year there has only been a knee-jerk reaction to the problem, rather than a "sustainable" solution. The Commission for "Air Quality" Management has gradually switched from stage 1 and 2 to stage 3 of the Graded Response Action Plan, and advisories have been issued for citizens who battle serious health risks. However, there is a dire need to understand the collusion of natural and man-made reasons for air pollution, for Delhi's air pollution crisis goes beyond India's sovereign borders. In November 2024, eastern and northern Pakistan and north India faced a "severe pollution" event that came to be known as the '2024 India-Pakistan Smog'. Lahore and In November 2024, eastern and northern Pakistan as well as northern India faced a severe and unprecedented pollution event that came to be known as the 2024 India-Pakistan Smog. Lahore and multiple districts across Punjab in Pakistan were engulfed in a dense, toxic haze that drastically reduced visibility and triggered a surge in respiratory illnesses. Simultaneously, several regions of Haryana, Uttar Pradesh, and the National Capital Region experienced an alarming spike in pollutant concentration. Experts attributed this phenomenon to a combination of biomass burning, temperature inversion, stagnant wind patterns, cross-border agricultural stubble combustion, vehicular emissions, industrial effluents, and the onset of winter conditions that trap pollutants close to the ground. Delhi, situated in a geographically disadvantageous bowl-shaped plain, becomes a natural receptacle for drifting pollutants. The absence of strong winds during this season allows particulate matter (PM2. 5 and PM10) to accumulate in the atmosphere, causing an almost suffocating layer of suspended particulate pollution. This environmental catastrophe is further exacerbated by unchecked urbanization, rampant construction, and an explosion of private vehicle usage, contributing to a perpetual state of atmospheric degradation. Moreover, experts argue that the lack of long-term policy implementation is a major contributor to Delhi's recurring air quality emergency. Despite multiple scientific committees, judicial interventions, and regulatory frameworks, the approach remains largely reactive, fragmented, and superficial, with emphasis placed on temporary bans, emergency shutdowns, and symbolic restrictions rather than structural reforms. Measures such as artificial rain, odd-even vehicle schemes, temporary industrial halts, and firecracker regulations may provide momentary relief, but they fail to dismantle the systemic, deeply entrenched environmental challenges that cause pollution to resurface every year. The human cost of this crisis is staggering. Hospitals witness an upsurge in cases of asthma, bronchitis, cardiovascular distress, and other pollution-induced ailments. Children and the elderly remain disproportionately vulnerable, and even healthy adults experience reduced lung capacity, eye irritation, fatigue, and cognitive sluggishness due to prolonged exposure to toxic air. Delhi's declining air quality has also led to significant economic repercussions, including reduced workforce productivity, increased healthcare expenditure, and disruptions in transportation and schooling. As India and Pakistan continue to endure the consequences of transboundary pollution, the situation demands cooperative regional strategies

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We, at regular intervals, encounter retrograde mindsets and ideologies that try to shape the perceptions of people for vested interests or impose a particular ideology of misplaced righteousness. Even after more than seven decades of attaining independence, we still grope in the dark as far as following the Constitution of India in letter and spirit is concerned. We got it all wrong, sir! We, as a country, are failing our freedom fighters, who struggled for decades to attain freedom from the shackles of foreign powers. They would have ever dreamt that their contribution would be taken so trivially and would be negated by the whims and fancies of the selective few in power, by future generations, and that the hard-earned freedom itself would be taken for granted. We got it all wrong, sir! Freedom is a legacy that has been handed over to us by our ancestors to preserve its sanctity and keep its soul intact. A few major issues where we as a country have faltered in interpreting their essence in a big way and neglecting the basic tenets of such issues to our bane include Development does not mean infrastructure development alone. We, as a nation, got it all wrong! We have missed the point of holistic development, which includes the preservation of nature along with our developmental pursuits. Senseless felling of trees, illogical concrete construction in the name of development, and depleting the green lungs of our country are surely a bane for us. One-upmanship between people in power has seen the worst results of developmental efforts. Preservation of our nature, including mountains, rivers, forests and environmental issues including carbon emissions, have been lost sight of, and polluting these natural resources has become rampant. Corruption This issue has plagued our country since time immemorial. It has seeped deep inside our roots and has become our integral culture, so be it material corruption or ethical corruption, it is rampant. We got it all wrong in respect of corruption and the corrupt! Justifying it in any manifestation is a reflection of erosion in the value system. If it is not uprooted from our system, our country cannot ever become an advanced country. Religion has been the most misinterpreted and misused instrument in our country for eons. It has been used to keep the vested interest to the fore by power centers. It has always been used to carve a wedge amongst society and instead of being a source of strength, it is being used to instill fear, coercion and division amongst the people, which indeed is a retrograde step in the developmental aspirations of our country. We got it all wrong in actually understanding religion and its strength, which connects, unites, inspires and spreads love. Agriculture We, as a country, have always been an agrarian country. Agri-reforms have not been in the governance plan of things. We got it wrong here. The need of the hour is to address the issues of reforms and farmers on a war footing. Respect and dignity of labour for our farmers are long overdue, without which we as a country are failing to acknowledge agriculture and farmers contributions. Education Our country has always been a pioneer in educational systems. Somewhere in between, we have missed the larger perspective and holistic education system. We still aspire to have world-class universities and curricula. Tampering with and experimenting with the time-tested education system is a dangerous trend. We got it all wrong! Myopic

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And norms, the use of commercial spaces is going through a tectonic shift. Companies worldwide have become more aware of their property footprints and want to use them wisely. They have started making necessary changes to the commercial spaces they invest in and the ones they have already purchased. Over the last couple of years, grey spaces have gained massive prominence across multiple countries. According to research done by Savills, companies have released a total of 3.2 million sq. ft. of grey space since the COVID crisis as of April 2021. This number has only increased since then and is likely to keep increasing with time. So, what are grey spaces? What Are Grey Spaces? The term grey space has a dull and melancholic edge to it. However, it has no unpleasant connotations. When companies purchase office spaces, they often buy them on leases. If a company decides to vacate its office or use less of it before the lease ends, it results in the creation of unused space. If this space is not utilized productively, it is as good as incurring a loss until the lease ends. To prevent this loss, companies choose to sublet a section of their offices to other tenants, making sure the entire area is used productively. This area is called a grey space. Grey spaces help companies make the most of their office spaces, even if they are not using the entire area. With another COVID crisis looming on the horizon, companies operating in the post-pandemic world are releasing more and more grey spaces to compensate for the losses and prepare for the future. Why Are Grey Spaces Playing An Important Role In Commercial Design Briefs? With grey spaces becoming a part of modern commercial real estate norms, businesses are including them in their commercial interior designs. Companies that know their leases are not ending anytime soon are designing dedicated grey spaces to attract tenants and using their office spaces wisely. Here are a few major reasons why grey spaces are gaining importance and finding their way into commercial design briefs: Lack of Certainty The only certainty businesses have after two years of a global pandemic is that there is no certainty! After the first COVID wave, companies were highly confident about opening their doors and resuming on-premise operations. However, the second wave crushed all their hopes with even worse implications. Such instances have made entrepreneurs realize that things can change overnight, and they might not be able to work from the office they are working from today. Companies are, therefore, limiting their investments in office spaces by creating more grey spaces and subletting them to suitable tenants. This has turned out to be a win-win situation as the companies creating grey spaces and the ones buying them are both not willing to utilize a lot of space for their office operations. The looming lack of uncertainty has persuaded businesses to be more vigilant about the spatial use of their offices. Remote Work and.

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Donned an Indian identity to get them out of trouble. Whichever way the cookie crumbled whether Indian support of Ukraine would have led to better treatment of Indians or a faster Russian stranglehold would have done the same it is all debatable in hindsight. The prime minister has publicly grieved over the killing of the Indian student in Ukraine, Naveen SG. Mode detractors would ascribe his behavior to show shah baize, but it is also a wonder how the PM can reach down into the minutiae of lives of so many Indians. Mode contention has been that talks between Ukraine and Russia were given up. He has repeatedly urged Putin to the table, and Putin seems to have complied. But what does Mode mean by saying that talks were given up well, firstly Zelenskyy has been sticking it to Putin ever since he became Ukrainian president. He was in advanced stages of joining Nat. Zelenskyy perhaps underestimated Putin resolve in being encircled by NATO, in what Putin has described as an existential threat for his country. Somewhere Mode seems to blame the giving up on talks on Zelenskyy. This could be true, for Zelenskyy has always been a kind of agent provocateur. It seems that he went a bit too far this time in provoking Putin. It could be argued that it is none of Putin business whether Zelenskyy joins Nat or the European Union or the West in general. But then it could also be argued that Putin reserves the right to respond. Certainly the US would act if it found belligerents to it controlling Mexico or Canada. Other than Xi Jinxing of China, Mode has the most influence over Putin. Perhaps even more so, because India is a democratic country. That why western newspapers like the New York Times and the Washington Post, and the Indian journalists embedded therein, leaves no stone unturned to prove that Mode is an autocratic leader. They hark back to his time in Gujarat. But in eight years in office as PM, Mode has not proved to be an autocrat. He has proved himself to be a strong leader. Sure, he panders to his base, but which democratic leader in the world does the thing with Mode is that he has the ability to get along with starkly different personalities like Putin, Biden, Trump, Angela Merkel, Boris Johnson, Obama, et al. He does seem to judge them, hence his success with all of them. Now what is the way out for Mode the US is threatening sanctions over India purchase of the S400 system from Russia, but if the US sanctions India, India will not to buy weaponry such as drones from the US. The military industrial complex in the US will not tolerate this, so it seems that even with India recent support of Russia, its arms purchases from the latter will go through unscathed. Perhaps the biggest, and the most guarded, reason for India support of Russia is that about 70.

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Percent of India arms come from Russia. Russia makes some of the best weaponry in the world at a cost effective price. India tried to forge a military alliance with the US called the Quad. People like Indian Foreign Minister S. Jaishankar will argue that all is well with the Quad. That is just not the case. The Quad lies in tatters. Joe Biden murdered it by supplying nuclear subs to his white Anglo Saxon protestant friend, Australia, but not to brown, mostly Hindu India. Mode realized that the Americans simply cannot be trusted. For the last thirty years, Indian PMs, including Mode, have made a lunge towards a strategic partnership with the US. Each and every time they have been rebuffed and have come up empty handed. Each PM has realized that the Russians are a much safer bet for India. Our relationship with them goes back 70 years and the Russians have never let us down. So why then would Mode jeopardize his friendship with a stable Putin than one with a fickle Biden the above are all the reasons why Mode has taken Putin side on Ukraine. Every country has to protect its interests and Mode is only protecting India. The EVMs had been rigged. When our people went to cast their votes, they pressed the button marked for our candidate, but the indicator light displayed on some other candidate. We had already submitted a request to the election commission about tempered machines. We wanted the process to be carried out with ballot papers. We did not know how to manipulate the machines. Moreover, while the machines were stored before the counting, the goons went in and voted in favor of the other party. Our faith in EVMs has been vindicated. They have projected the real sentiments of the people. The vote count is exact. Machines make no mistakes. Security of the stored machines was fool proof. No fool could enter the building. Only the people who knew how to operate the machines were let in. There was bogus voting. Votes were cast for the dead and for the people who were not in town. People were carrying fudged voting cards. I can give you list of people who are already dead but have cast their votes. Only the people who were in the voting list, dead or alive, were allowed to cast their votes. Dead people casting their votes is blessings from the heavens. Rather than criticizing the dead, we should thank them for taking out the time to visit the earth again and taking part in the democratic process. And casting the votes for people who were out of town, speaks volumes about the efforts of the polling staff. The country undertakes the process of voting in right earnest and makes huge preparations. The votes that are not cast, makes the nation appear immature. Thanks to the polling staff for making sure that the efforts of the government do not go waste. The voters were.

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To ensure the collection and availability of timely and quality gender aggregated data and information across multiple domains such as access to protection, health services, differential economic impacts, etc. Information, community outreach, and messaging regarding Covid 19 must be inclusive and accessible to multiple gender identities, including marginalized communities. It is also critical that such dissemination does not reinforce or reproduce harmful gender stereotypes. As we work to rebuild the ecosystem post the devastation caused by Covid 19, opportunities need to be created for meaningful engagement of women with diverse backgrounds in decision making across local, municipal, and national levels. There is a need to foster more women in leadership positions such as in NGO boards and the government, priorities services for the prevention of violence, and mental health and psychosocial support for women. Given the unimaginable suffering caused by Covid 19, adopting a gendered approach has become even more critical. Consistent efforts need to be made in changing the preexisting gender norms and power structures that constantly put women at a disadvantage. Not urgently creating support systems for women risks the advancement that has been hard won in the past. Therefore, current unemployment, abuse, poverty, and hunger issues must be addressed to prevent perpetuating and reinforcing gender inequalities. The whole world is surprised by India actions in apparently supporting Russia invasion of Ukraine. But there are reasons rooted in distant as well as near history why Mode is behaving so. Firstly, there are about 20,000 Indians in Ukraine, most of them students. Reports are coming of them being beaten and harassed by Ukrainians and being forced off evacuee trains by them. Chinese people too are bearing the brunt of the ire of Ukrainians. The mistreatment of the Indians and the Chinese one can perhaps ascribe to their governments pro stance Russia. Africans too are facing trouble in Ukraine. This can only be ascribed to the color prejudice of the Ukrainians. The Ukrainians by many accounts are fighting a handsome battle against the Russians, but this is no way to treat foreigners living in their country. Perhaps their hyperactive president, Volodymyr Zelenskyy, should issue an appeal to his compatriots to stop bashing foreigners. He has done so far as yet, thereby giving Ukraine a bad name. If Mode had supported Ukraine, would Ukrainians have treated Indians better Perhaps, but Indians could still have been at the receiving end of the Ukrainians stick. When a large portion of the population is planning to flee, foreigners, perhaps inevitably, can find themselves trampled in the crush. Mode, like many others, perhaps calculated that Russia would take over Ukraine in a jiffy. Putin has reportedly urged Mode to ask Indians to plant the Indian flag near them, so then the Russian troops would give them safe passage. It has come to notice that a bunch of Pakistanis donned the Indian flag on their cars and evacuated them to safety this way. It is not the first time in the world though that Pakistanis have.

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The Centre's "announcement" to implement the four Labour Codes they concern wages, industrial relations, social security and occupational safety, health and working conditions has been heralded by the business and investment community as the biggest reform in a long time. Passed by Parliament between 2019 and 2020, the "implementation" of these Codes was delayed for multiple reasons. The Codes replace 29 laws that regulated employer-employee relations, and significantly reduce the compliance requirements for a company every year. The Centre has maintained that it will hand-hold the States to draft and adopt the Rules in accordance with the Codes most States and Union Territories have published the draft Rules for the Codes. Free market advocates have always considered India's labour laws to be a hindrance to its growth potential. Under the Codes, worker-employer relations, social security mechanism and wage and aspects of emoluments will witness huge changes. India needs to generate employment for its growing youth population as it is estimated that 12 million people attain working age every year. This is a trend that will hold for several years. The Economic Survey of 2023-24 noted that there needs to be an average of nearly 78. 5 lakh jobs created annually until 2030 in the non-farm sector to engage the rising workforce. Despite the long delay in the implementation of the Codes, the concerns raised by labour unions have not been addressed in full. Labour representatives allege that the government ignored the pro-worker recommendations of the Second National Commission on Labour, (submitted in 2002) and, instead, accommodated all pro employer recommendations and made them a part of the Codes. Those issues are now redundant, but the nature of work is undergoing rapid transformation. Considering the uncertainties due to wars, trade disruptions and climatic challenges, enhancing both agriculture and industrial productivity is necessary and ensuring a healthy worker-employer relationship is key to this. With gig and platform works and artificial intelligence disrupting conservative definitions of work, wage and social security, the Government should take the steps needed to reform the labour sector wisely. The Indian Labour Conference (ILC), which has met 46 times between 1940 and 2015, has not been convened since then. Prime Minister Narendra Modi had promised that labour laws would be changed only after wider tripartite consultations. So, it becomes imperative that the Government conducts the 47th session of the ILC on the Labour Codes to ensure their smooth implementation. In the process, States should also be consulted along with employers and employees. The G-20 leaders' summit in Johannesburg, the first ever held in an African country, was unique in many positive, and some not-so-positive ways. The summit has an added voice as the African Union was made a member during India's G20 Presidency in 2023. As a result, the deliberations and the declaration seemed imbued by the spirit of the Global South, as they listed the multiple challenges the world faces including conflicts, deepening inequality and increasing economic uncertainty. In particular, the nations gathered called for a just, comprehensive, and lasting peace in Sudan, the Democratic Republic of Congo, the Occupied Palestinian Territory [and] Ukraine, invoking the UN charter. Prime Minister Narendra Modi spoke at all three sessions of the G-20, suggesting six initiatives that

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To address some of those issues, particularly on the need to "reconsider" the parameters of global development. These initiatives included a Traditional Knowledge "Repository, a G20-Africa" Skills Multiplier Initiative (where India proposed to train a million people across Africa), a Global Healthcare Response Team, an Initiative on Countering the Drug Terror Nexus, an Open Satellite Data Partnership to share agriculture, fishing and disaster-related information, and a G20 Critical Minerals Circularity initiative. The government asserted that it had a role in drafting the declaration, but would have been disappointed by the brief condemnation of terrorism when compared to the 2023 New Delhi declaration, given the Delhi blast and the Pahalgam attack. The leaders present spoke volubly about the need for bolstering the G-20's role in managing global challenges, but were silent on the absence of the most important dignitary U. S. President Donald Trump did not just skip the Summit, but the U. S. government also boycotted it, sending only a diplomat as an observer. This is the first time that the U. S., that has cited tensions with South Africa over alleged discrimination against White minority farmers, has walked away from the summit of the biggest economies. Aside from the irony of a boycott against South Africa, which suffered apartheid under the Afrikaner-led regime, the U. S.'s decision also raises questions over its commitment to the G-20 even as it takes over its presidency for 2026. The absence of the leader of the largest economy and the lack of universal criticism of the decision run counter to the hope and hype of the G-20 finally representing a more democratic world order over the last few years. The spirit of 'Ubuntu' or I am because we are, referred to in this year's declaration, must be heeded by the very powers that would seek to sideline the grouping today. The protector of our northern borders, custodian of cultural identity, and source of spiritual continuity. But the next chapter demands a broader role. We must become the land of innovation. India today speaks the language of artificial intelligence, digital governance, and space exploration. It leads the world in digital public infrastructure and is advancing rapidly in cyber capacity and defence modernisation. Early studies have also indicated the presence of rare-earth and critical minerals within segments of the Himalayan ecosystem; a signal that our natural wealth holds promise for future technology supply chains. Our responsibility is to integrate nature and innovation with prudence, ensuring that progress never comes at the cost of sustainability. This balance between wisdom and science, nature and technology defines the Indian model of development. When these dimensions move in harmony, progress becomes not only unstoppable but inclusive. That is the spirit I call India's three-way alignment: reconnecting the wisdom of philosophy with the precision of science, and the stewardship of nature with the ambition of technology. Our demographic dividend is our greatest economic lever. With 1. 4 billion voices contributing to consumption, creativity, and enterprise, India is poised to reshape global demand. Across the country, and powerfully in Uttarakhand, young innovators are transforming traditional sectors into modern value chains. Students are applying machine learning to agriculture, women entrepreneurs are driving local manufacturing, and digital creators are expor

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Pradesh assembly election is now set to enter the seventh phase, which will see sharp confrontations between caste identities and their accommodation by Hindutva forces. In fact, Hindutva bhav and jati bhav the sense of casteness interact with each other, their inherent contradictions shaped by social and political context. Sometimes they work together, and at other times, jati bhav asserts itself and negotiates for more space and dignity within the broader frame of Hindutva. Sometimes, backward and marginal communities in a democracy assert themselves and Hindutva accommodates or resolves these contestations. These tensions can be easily observed in the upcoming seventh phase of polling in eastern UP, where OBCs and Dalit communities are politically influential and vocal. This is the crucible of the Ram Menorah Lochia led socialist politics and left politics, which makes backward and Dalit assertions relatively sharper in these areas. The politics of the current Samajwadi Party and Bahaman Samar Party have evolved from this source of political capital. On the other hand, this is also the zone of Hindutva influence, as reframed by Yogi Adityanath. The Ram Janmaboomi movement got enormous support in this area in the 90s, especially from OBCs, MBCs most backward castes and Dalits. Areas near the UP Nepal Corridor, where Yogi Adityanath has been intensely active for a long time, will also be voting in these last phases. The Samajwadi Party led by Achilles Yama has successfully formed a rainbow alliance of various castes, especially OBCs and a few MBCs. It has allied with the OP Smbhar led Shelved Bharatiya Samar Party SBSP, the Mahan Dal, the Apna Dal Kamerawadi and other smaller caste based parties that are especially influential in this zone. He has also given space to leaders like Swami Prasad Maura and Dare Singh Chatham who hold some influence in these areas, and who had resigned from the BJP after raising the issue of OBC Dalit respect and dignity. Meanwhile, the BJP has also tried to accommodate jati bhav in the broader Hindutva fold. The BJP has given impressive representation to OBCs, MBCs and Dalit communities in its electoral and organizational politics. So in this phase, it will be interesting to see who gets the upper hand the Hindutva based vision of social empowerment and development, or social justice based caste assertion. Hindutva has reshaped the aspirations of socially marginalized groups through the frame of amebic sacristan. Since these areas contains large populations of OBCs and Dalits with an evolved political identity, it remains to be seen how the BJP government social welfare schemes such as free ration, PM Awes Yolanda, pension plans and direct cash transfer schemes are going to impact this election. Will the anti Hindutva orientation among certain sections of OBCs and Dalits in these zones fracture the government attempt to create a consciousness about welfare benefits in this phase, the assembly election moves to areas that have been the center of cultural assertion by Dalits and marginalized groups for a long time. This is the.

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Our spiritual tradition, our dharma, is rooted in tenets we hold dear, and those are inextricably linked with sustainable, eco-friendly lifestyles. For Indians to contribute to environmental destruction goes against not only that which is intelligent but also against the very fabric of our own spiritual culture. We believe in: Ahimsa The first yama of the first limb of Ashtanga, the 8-limbed path of yoga given by the sage Patanjali, is nonviolence. To pollute our rivers, air, soil, and groundwater such that our sisters and brothers get sick and die, and future generations are deprived of clean water, air, and food is violence. To spew toxins from our factories into the air, water, and soil is violence. To support such indoor stories is also violence. Ahimsa means to support eco-friendly, sustainable, green commerce and to live simply so that others may simply live. We refer to nature as the divine. We don just say Jal or Vayu. We say Jal Devta and Vayu Dev. When we perform puja, we offer the five elements to the Divine. We offer water, fire, earth, symbolised by flowers or rice, air, and ether. No one would offer water from their toilet in puja, wave air from a truck exhaust pipe onto God, or a flower that has been stepped on and soiled on our mandir. If we would offer water from a toilet, then we should not offer water from a river with sewage dumping into it. If we would wave air from an exhaust pipe, then we must ensure our air stays clean. We must ensure that the soil in which our flowers and our rice grow is clean, pure, and untainted by toxins. The pervasiveness of the Divine in all The Isha Upanishad teaches that everything is pervaded by the Divine. Every human, every animal, every blade of grass, tree, and drop of water. We are reminded that everything belongs to God, and everything is Divine. Whatever we would not do to the deities in our mandirs, we should not be doing to any aspect of the sacred, divine Creation. Compassion Daya, or compassion, is one of the fundamental tenets of dharma. Yet today, through our simple choices of what to eat and what to wear, we are causing enormous suffering. The meat and fashion industries are two of the largest contributors to environmental destruction and pollution. The meat industry is, according to United Nations, the single greatest contributor to climate change. According to Yale University, plant-based diets produce 75% less heat-trapping gas, generate 75% less water pollution, and use 75% less land than meat-rich diets. To go vegetarian is a choice of compassion for animals and the entire planet. To choose sustainable, eco-friendly fabrics and clothing brands is a way of uniting fashion with compassion. Spirituality is not something we practice only on our meditation cushion or when we sit in puja. It impacts, informs, and drives every moment of our lives. And in both cases the betting is largely agnostic to team or party. Any result is possible whether in the IPL or in the elections. A fascinating common factor is glamour. Every IPL game, the cameras pan the stadium and focus on film stars and celebrity owners like Shahrukh Khan, Nita Ambani and Preity Zinta. The audience loves these momentary distractions. For the celebrities is one with the crowd, sharing the same anxiety, the same pain, and the same joy. The serious and heated electoral field provides its share of diversion with the presence of an array of stars like Kangana Ranaut, Hema Malini, Arun Govil, Pawan Kalyan, Ravi Kis

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Uncertainty and suspense to the gamble. The most obvious likeness is that they are being played out across the entire length and breadth of the country. From Chennai to Dharamshala, the cricket bandwagon travels, taking with it large contingents comprising the stars, the media and supporting cast. In almost identical fashion, the leaders of political parties travel from region to region campaigning for their candidates. While the elections highlight India federal structure and diverse political landscape, the IPL brings together players from different parts of India and the world promoting a sense of national pride and international camaraderie. We have witnessed extensive use of technology in both these events. While the election commission employs EVMs and digital platforms for disseminating information, the IPL utilizes advanced technology for broadcasting, including drones, analytics tools and virtual reality. Interestingly, this time the environment is all too similar as well. The scorching heat of May, humid and sultry has left politicians and cricketers sweating it out equally. The IPL newly introduced impact player rule has it parallels in the current elections with Modi, Shah, Rahul and Kejriwal opting as impact players for their respective teams. Social media is a key component of campaigns in both IPL and the elections. Heavily canvassed and consumed, the content on social media plays an important role in garnering support for the teams in action, both on the cricket field and in the polling booth. Various interactive initiatives like fantasy leagues, live tweeting during matches and viewer polls keeps the interest high. Commentators like Harsha Bhogle and Sunil Gavaskar for the IPL and Rajdeep Sardesai and Arnab Goswami in the election arena, transform passive viewing into an active, engaging experience. Both these events have significant economic impact. Both involve substantial expenditure on logistics, merchandise and advertisements. It creates temporary employment for millions of people and also boosts the hospitality sector. I would be erring if I did not bring out a few areas of marked differentiation. The IPL brings together young and old alike, with even toddlers being part of the fun and frolic. The election is strictly for the adults, leaving out one third of India population. Though emotions in both IPL and the elections are matched, the quality of discourse can be strikingly different. Cricket is still played out like a gentleman game. In the political arena of general elections, there is an all out verbal war with the decibel hitting high and the exchanges at times reaching very low levels. Moreover, the game of cricket is completely devoid of religious or caste bias. Whether it is Siraj or Maxwell or Chahal or Ashwin, it is their prowess on the field that alone matters. The IPL and the elections hold a special place in the social fabric of India. In a country marked by its vast diversity in terms of languages, cultures and religions, cricket and politics are important binding factors. The IPL and General Elections, with its regional diversities create a melting pot of views, counterpoints, voices and even pride. With the IPL having entered the playoffs and the elections having completed five phases, we are at the emi final stage in both. The finale will happen over the next couple of weeks and we will have winners in both IPL and the General Elections. What a way to end the scorching summer of 2024 The results

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Fresh problems. Hopes have brightened of children between 12 and 14 becoming eligible for vaccines. The subject expert committee of the drugs regulatory authority CDSCO has recommended emergency use authorization for Covovax for 12 to 17 year olds. If introduced into India vaccination programmer, Covovax can certainly up the pace of vaccination. Its contract manufacturer, SII, has already exported 4.5 crore doses to Netherlands, Indonesia and Australia after Covovax won WHO emergency listing in December. In India, the vaccine has been approved for adults and is also undergoing trials on children above 2 years. SII Adar Poona Walla had said last year that Covovax could play a major role in child vaccination. Though vaccination for 15 17 year olds began in early January, its pace is slow. Against an estimated 7.4 crore children in this demographic, only 5.5 crore have received their first Coaxing jab. The 12 14 age group has 7.1 crore children and the 5 11 cohort has 16.2 crore children, indicating a long haul to double dose all school going children. In the US, 33 of the 5 11 age group and 67 of 12 17 age group have received at least one dose. Corresponding percentages for Israel are 25 and 65 12 15 years. This is slow progress but the moot point is that western governments have opened up vaccination for the 5 plus age group unlike India. Given the unpredictability of the virus and no room for any more school closures, benefits of child vaccination far outweigh monetary costs. Meanwhile, government sources are claiming that official scientific assessments that indicate large scale exposure to Omicron have weakened the need for boosters. These epidemiological studies must be made available in the public domain. For many adults vaccinated several months ago and with no history of infection, a booster is a basic safeguard, especially given how a large percentage of them suffer from various comorbidities. Heed their concerns. The US Europe led freezing of Bank of Russia foreign exchange reserves strikes at the heart of a global economic system. Bretton Woods institutions World Bank, IMF and, first a gold standard, and then US dollar as the global reserve currency are the key elements of the rules based system. As the world pre eminent economic, military and political power, the US entered into an implicit grand bargain it promised to expand its monetary base supply of dollars as much as was needed to fully finance expansion of global trade and investments. That allowed other countries of the world to trade predominantly in dollars, while keeping their own monetary policies in line with domestic needs. From now on men can be divided into two types the Putin and the Zelenskyys. The first are either horse riding without a shirt or buttoned up in suits. They sit so far away from you on the dining table that you have to hold a placard saying pass the salt. Rumoured to have secret mistresses half their age, they may come with a.

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love child or two. Usually in their 70s, they combat any grandfatherly vibe with a black belt in taekwondo. They also have one finger on the nuke button and look like they have never heard a joke. Give war a chance was their first words as a child. The Zelenskyys sit arm in arm with colleagues, can be found on Instar, and were actors or comedians at some point in their life. Chill blokes in their 40s, they speak freely of their children and spouse. Transparent and vulnerable, they are open with their emotions. Apt to stay put in the face of death threats, though not foolish enough to switch on location on their phone. Turn up at formal events in T shirts. Both are important leader types and if you match with them on Tinder the similar first name will throw you off at first. Vladimir and Volodymyr one you can easily call Lad or Vivo, but the other should always be addressed as sir or mister. One has lived and loved only politics since attaining puberty while the other has acted in many romantic films, comedy films and romantic comedy films, like Love in the Big City, 8 First Dates and I, You, He, She. Together they represent the macho man and a cool dude. One prototype is high on power and war rhetoric. The other will say, I am a normal man, sit down with me, talk. A right from either of them will send any woman into a tizzy. The first model will appeal to her mom, mom and mom, for he has a higher position at work and will look good in wedding picks. The second model better to take along on a honeymoon, plus more likely to engage any kids you have with him in horseplay. One has a smooth complexion won share razor. The other got stubble. Won come out of bathroom with blood spots on face, yelling, Did you shave your legs Bas, now you decide. Karun as lake peasant hay Most teachers and writers on yoga begin their instructions regarding the spiritual path with the exhortation that we must realise that we are not the body, the mind or the emotions but something greater, and hold that it is only by negating these three that we can progress on the spiritual path. I have an alternative take on this. I hold that our approach must be life affirming, not denying. So, I would say I am the body. Our bodies are remarkable structures that have evolved over billions of years. They are extraordinarily complex in their multiple workings the circulatory system, the digestive system, the reproductive system, the nervous system and so on. When we have this body, why should we negate it Shankaracharya himself says that human life itself is a great blessing, and we should take full advantage of it to maintain and strengthen our bodily structure, inside and outside. But while I claim that I am the body.

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love child or two. Usually in their 70s, they combat any grandfatherly vibe with a black belt in taekwondo. They also have one finger on the nuke button and look like they have never heard a joke. Give war a chance was their first words as a child. The Zelenskyys sit arm in arm with colleagues, can be found on Instar, and were actors or comedians at some point in their life. Chill blokes in their 40s, they speak freely of their children and spouse. Transparent and vulnerable, they are open with their emotions. Apt to stay put in the face of death threats, though not foolish enough to switch on location on their phone. Turn up at formal events in T shirts. Both are important leader types and if you match with them on Tinder the similar first name will throw you off at first. Vladimir and Volodymyr one you can easily call Lad or Vivo, but the other should always be addressed as sir or mister. One has lived and loved only politics since attaining puberty while the other has acted in many romantic films, comedy films and romantic comedy films, like Love in the Big City, 8 First Dates and I, You, He, She. Together they represent the macho man and a cool dude. One prototype is high on power and war rhetoric. The other will say, I am a normal man, sit down with me, talk. A right from either of them will send any woman into a tizzy. The first model will appeal to her mom, mom and mom, for he has a higher position at work and will look good in wedding picks. The second model better to take along on a honeymoon, plus more likely to engage any kids you have with him in horseplay. One has a smooth complexion won share razor. The other got stubble. Won come out of bathroom with blood spots on face, yelling, Did you shave your legs Bas, now you decide. Karun as lake peasant hay Most teachers and writers on yoga begin their instructions regarding the spiritual path with the exhortation that we must realise that we are not the body, the mind or the emotions but something greater, and hold that it is only by negating these three that we can progress on the spiritual path. I have an alternative take on this. I hold that our approach must be life affirming, not denying. So, I would say I am the body. Our bodies are remarkable structures that have evolved over billions of years. They are extraordinarily complex in their multiple workings the circulatory system, the digestive system, the reproductive system, the nervous system and so on. When we have this body, why should we negate it Shankaracharya himself says that human life itself is a great blessing, and we should take full advantage of it to maintain and strengthen our bodily structure, inside and outside. But while I claim that I am the body.

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I must add that I am not only the body but something more. Let us take the emotions. We cannot negate our emotions, because our whole life involves developing the positive and subduing the negative ones. There are a host of negative emotions starting with the five classic ones mentioned in our scriptures kama, lust krodha, anger lobh, greed moh, undue attachment and ahankar, pride. To these we must add hate, which is the most corrosive of all negative emotions. As against these, we have positive emotions such as generosity, equanimity, compassion, and above all, the sovereign power of love that can overcome all our negativities. I, therefore, have to realise that I am the emotions but not only them but something more. Coming now to the mind, the most complex and highly evolved pieces of matter in the universe. The depth and profundity of the human mind have still barely been plumbed, and its multiple manifestations continue to astound us. It is through the mind alone that humanity has been able to survive for so many millennia, overcoming all its enemies and emerging as the preeminent species on Planet Earth, now reaching out to the moon and beyond. It is the mind that can optimise the use of the body, rectify the imbalance in our emotions and lead us onwards. As the Upanishad says, the mind is the cause of both our bondage as well as our liberation. The development of artificial intelligence is a profound event which has incalculable possibilities for the future, both positive and negative. We do not want things to become like in the Matrix films where the machines have taken over the world and human beings are fighting a desperate battle for survival. Be that as it may, I must affirm that I am the mind but not only the mind. It is only after affirming that we are the body, we are the emotions and we are the mind that we can move on to seek what we really are a portion of the divine power that illuminates the universe. Each one of us has to work out our own relationship with the Divine, and one of the glories of Hinduism is that it is the only religion that gives us multiple options for doing so. Bill Clinton visited India in 2000, where in an official dinner hosted for him by the Indian President KR Narayanan, he called South Asia the most dangerous place on earth. Narayanan publicly objected to Clinton assessment. The Atal Behari Vajpayee government did take kindly to Narayanan objection. White wars devastated the twentieth century. But so have they the beginning of the twenty first century. White civilizations act as masters of the universe, as symbols of human civilization and modernity. But white people always seem to be at war. Consider the war that Nato waged in Afghanistan. It had two main aims. The capture or killing of Bin Laden was one. To remove the Taliban from power was.

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Another second aim Nato effected easily and quickly. Bin Laden escaped in the early days of the war to Pakistan. Nato could have easily brought its campaign against Afghanistan to a halt at this point. They could have caught Bin Laden the same way US Navy Seals did ten years later. Still the slugfest in Afghanistan continued, until the US had to make one of the most shameful exits in military history from there. Now turn to the Russian assault on Ukraine. It is a strange situation really. The Russians and the Ukrainians are both white Slavic people. They are cousins actually, just like the Indians and Pakistanis are. For historical reasons, the Russians and the Ukrainians don like each other just like the Indians and the Pakistanis do not. But Indians and Pakistanis have mostly kept quiet for over half a century. The White Anglo Saxon Protestant WASP nations, principally the US, the UK, and Germany and the Catholic Latin nations, principally France and Spain have traditionally looked down upon white Slavic people as inferior. The Russian Ukrainian war is a Slav on Slav war. Note that Nato, which is principally WASP and Catholic Latin is just barely looking on at the war. Coverage of the war in western media is wide angle and extensive. Every single Ukrainian casualty is shown and discussed at length. That was not the case in the Nato assault on Afghanistan or the US invasion of Iraq. There American media never showed a wide angle lens of what was going on. Civilian Afghani or Iraqi casualties were neither shown nor discussed. The Taliban and Saddam Hussein, in each case, were demonized. Note that Saddam Hussein had posed no threat to the US. He did not have any weapons of mass destruction, as Ahmed ElBaradei, the head of the International Atomic Energy Agency, had certified. Before the war, Saddam was willing to give the US all sorts of oil concessions and even hold elections in Iraq, as the New York Times reported. But George W. Bush had a personal bugbear against Saddam, and launched a shock and awe campaign against him, which was approved by the US Congress. The shock and awe campaign devastated Iraq, leading to the deaths of hundreds of thousands of Iraqi civilians and millions more getting displaced. Neither have Afghanistan nor Iraq recovered so far from the brutality that Nato and the US in particular inflicted upon them. It would be instructive to note the attitude of western people to these wars. The Afghanistan campaign was in response to 9 11, so there was very little opposition to it in the West. Just before the Iraqi war started, there were large scale protests in the West, but they quickly died down once the war got underway. Now consider Syria. There a white country like Russia is supporting the tyrannical regime of Bashar al Assad. The US too has got involved in that war, but by proxy, supporting Sunni elements like the.

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Hybrid Workspaces While a few companies were gradually allowing remote work before 2019, the pandemic brought with it a wave of changes. It takes a few weeks for an individual to form any habit. Spending more than a year working remotely definitely made thousands of employees used to the new normal. Once the COVID crisis subsided, not everyone was willing to come back to the offices. Businesses also realized that working remotely is not hampering their employees productivity. To top this, companies started embracing digitization and implementing online collaborative platforms to ensure that everyone was on the same page. This gave rise to hybrid workspaces. With more and more employees working remotely, companies found a large portion of their offices unoccupied. With the intention of utilizing this space smartly, they started releasing grey spaces. This made businesses manage limited workspace without struggling with a financial burden. The Rise of Co-working Spaces While co-working spaces have always been around, they have started dominating commercial real estate over the last few years. With a lack of uncertainty and the need for flexibility, companies are vacating their offices and shifting to co-working spaces. Companies willing to switch to co-working spaces while they are on a lease are choosing to release grey spaces for tenants. Businesses are also converting their existing offices into co-working spaces by sub-letting specific sections and altering their commercial interior designs. A Cost-Cutting Tool Even if we keep the COVID situation aside and assess the increasing demand for grey spaces in the industry, it can be hailed as an effective cost-cutting tool. Businesses often end up spending a fortune on office expenses. If a chunk of your office can be sub-let without hampering your daily operations, you can gain immense financial benefits out of the same. Businesses can cover a portion of their office expenses by releasing grey spaces. The money they save can always be utilized for more productive purposes, helping the companies grow and diversify. Having well-planned and aesthetic grey spaces allow you to manage your budgets and add an important revenue stream to your business. The Final Word These were some of the most important reasons why grey spaces are finding their way into commercial design briefs. Initially, businesses did not plan the process of releasing grey spaces. This resulted in the lesser aesthetic areas being sub-let to tenants. However, the times are changing, and companies are taking initiative to design these spaces so well that they are rented out in a jiffy! If you are planning to release grey space in your office, make sure you work with skilled commercial interior designers to separate the section from your core working area and make it look aesthetic and functional for the tenants to work hassle-free. Kids read and listen to the stories and content in gender neutral books, they learn that there are people who exist beyond the mainstream norms of the gender binary and how to respect everyone across the spectrum. They don think of the.

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Differences as abnormal, as propagated by many rigid elders from the previous generations. Instead, they understand that it is natural for people to exist the way they wish to. It is natural for them to dress how they desire and celebrate the love they cherish. This helps them foster tolerance and extend effortless compassion in their interactions with others. Their key takeaway is that there is more to life than gender and sex where their personality and kindness of character get more importance than their biological make. Moreover, these books help in changing the narrative around traditional masculinity and femininity. Often, in traditional children books, female and male characters are shown to have interests and passions suitable for them as per their gender. These character roles are dictated by society and pre-existing cultural norms. However, when children see their favorite book characters in unconventional roles, they think it is the status quo instead of something that is a feat or a rarity. For instance, if little girls see that their favorite princess is fierce and fights, but at the same time, she is not afraid to flaunt her gown and glittery nails. Another way would be when a little boy sees his favorite hero can cry and process his emotions, and at the same time, loves traditionally masculine things like cars and football. In that case, it teaches them that it is natural to exist in polar forms and that one does not have to get boxed down in labels. Lastly, this generation has come a long way from the pink for girls and blue for boys narrative our parents left us with. Parents have started encouraging kids to choose their toys and clothes; whether it a kitchen set or a blue t-shirt, their idea is to make sure kids are not being forced into picking stereotypical items. Another way parents are being mindful is by distributing housework between partners to make safe spaces for them to explore any activity. The message here is to make gender neutrality effortless not making it a forceful medium of change but letting your kids exist as they are without any guilt, fear, or shame. Public landscape design plays a crucial role in shaping the physical and social environment of our cities, towns, and neighborhoods. While it is often admired for its aesthetic appeal, public landscape design can also offer a wide range of social and ecological benefits that go beyond just the surface level. In this article, we will delve into the various ways public landscape design can benefit our communities, both socially and environmentally. Social Benefits of Public Landscape Design Public landscape design can enhance the quality of life of those living in the area by providing a sense of place, identity, and community. Well-designed public spaces, such as parks and green spaces, can serve as gathering places for community events, socializing, and recreation. These spaces can also promote physical activity, which is essential for a healthy lifestyle. Research has shown that.

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For Indian badminton, 2025 has been a tough year. Successes have been fleeting, top players' form has undulated and serious questions have been asked of not just the established but also the young and upcoming. But for Satwiksairaj Rankireddy and Chirag Shetty's doubles bronze at the World Championships in Paris in August, there has been precious little. Against this backdrop, Lakshya Sen's triumph at the Australian Open on Sunday has come like a breath of fresh air. It was not the toughest of fields and the tournament a BWF Super 500, third in the sport's hierarchy after Super 1000 and 750 is not pedigreed. But it was no low-hanging fruit either, for Lakshya had to spend long hours on court, including in the come-from-behind semi-final victory over World No. 6 Chou Tien Chen. The title was the 24-year-old's first since the Syed Modi International Super 300 last December and the first outside India since the Canada Open Super 500 in July 2023. Ever since the disappointment of losing the 2024 Paris Olympics bronze medal match from a dominant position, Lakshya has endured difficult times. Injuries and a spate of early exits 11 in the first round this year alone had sent him tumbling down. But a trophy in his last act of 2025 should give him the required fillip. For Indian badminton, 2025 has been a tough year. Successes have been fleeting, top players' form has undulated and serious questions have been asked of not just the established but also the young and upcoming. But for Satwiksairaj Rankireddy and Chirag Shetty's doubles bronze at the World Championships in Paris in August, there has been precious little. Against this backdrop, Lakshya Sen's triumph at the Australian Open on Sunday has come like a breath of fresh air. It was not the toughest of fields and the tournament a BWF Super 500, third in the sport's hierarchy after Super 1000 and 750 is not pedigreed. But it was no low-hanging fruit either, for Lakshya had to spend long hours on court, including in the come-from-behind semi-final victory over World No. 6 Chou Tien Chen. The title was the 24-year-old's first since the Syed Modi International Super 300 last December and the first outside India since the Canada Open Super 500 in July 2023. Ever since the disappointment of losing the 2024 Paris Olympics bronze medal match from a dominant position, Lakshya has endured difficult times. Injuries and a spate of early exits 11 in the first round this year alone had sent him tumbling down. But a trophy in his last act of 2025 should give him the required fillip. On November 24, the Delhi government confronted a small and peaceful crowd near India Gate that had gathered to express its concern about the city's air quality index hovering near 400, with a heavy police presence. The question practically wrote itself: was the threat being managed here public safety or political embarrassment? Air quality in North India in winter is often discussed as a Delhi issue, yet monitoring stations have revealed a continuous zone of foul air from around Islamabad to Bihar. Emissions from industry, power generation, transport and agriculture circulate in this shared air shed. This is why the India Gate protests are politically significant. Delhi's middle class has usually responded with air purifiers, closed windows, vacations and private dissatisfaction but apparently not anymore. And the state has responded by policing rather than engagement. Deploying Rapid Action Force units shows that the governm

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Long-term analyses of particulate pollution, such as the Air Quality Life Index, have shown that unsafe air is now the norm for most of India and that present regulation, monitoring, and enforcement arrangements are insufficient across States and sectors. Treating the problem as a seasonal emergency, in the face of evidence pointing to a permanent condition demanding permanent institutions, has encouraged only bursts of action. The air shed is the primary unit of governance. Atmanirbhar Bharat begins with an Atmanirbhar Bharatiya. Empowering our citizens goes beyond being a social commitment. It is a strategic necessity for India's rise. Uttarakhand embodies the convergence of four emerging economies: the green economy of sustainability, the blue economy of water and hydro resources, the brown economy of organic agriculture and rural production, and the AI economy of digital innovation and automation. From our rivers to our research labs, from the terraced fields to technology start-ups, it offers a model of sustainable modernity rooted in the Himalayas yet shaping the global landscape. But no progress can flourish without peace. Our borders are more than lines on a map; they represent lives, livelihoods, and the dignity of a nation. Having served in military diplomacy and border management, I have seen first-hand how national security must evolve to confront hybrid threats, cyber intrusions, and technological warfare. Uttarakhand's vigilance strengthens India's stability, and that stability underwrites our growth. Our cultural heritage from knowledge and wellness traditions to language, music, and craft is equally strategic. It is our soft power, offering the world meaning, wellness, and belonging. In Uttarakhand, culture is not a performance but a way of life. It adds trust to trade, depth to diplomacy, and dignity to development. Here, tradition and modernity do not compete; they collaborate. As the Prime Minister and the President visit our State during this milestone year, the message is unmistakable: Uttarakhand is not the periphery; it is the fulcrum of India's emerging power. To sustain this position, we must deepen four commitments and retain talent so opportunity meets aspiration at home; secure our ecological and water wealth so sustainability becomes national strength; advance border infrastructure and connectivity so mobility becomes power projection; and strengthen education and rural health so equality becomes a force multiplier. India's growth story must reach every citizen, every village, and every valley. Uttarakhand's story is India's story rooted in spiritual resilience, rising with innovation, and radiating a quiet confidence that mirrors the Himalayas themselves. They stand tall in height and in purpose, reminding us that true strength is often silent, steadfast, and self-assured. As we look ahead to India 2047, our collective mission is clear: to protect our heritage, embrace innovation, and empower our people so that Uttarakhand not only witnesses India's future but helps build it. 'Centrism isn't nostalgia, it is survival' Rethinking stray dogs: From crisis to opportunity Mamdani: Win of global socialism's new face has lessons for India Bhaskar Sunkara is the founding editor of Jacobin and the president of The Nation magazine When Zohran Mamdani was elected mayor of New York City this week, it marked a political first: the most prominent democratic socialist to hold executive office in the US and one with deep I

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Access to green spaces can also have a positive impact on mental health, reducing stress and anxiety, and improving mood. Moreover, public landscape design can also improve public safety by reducing crime and vandalism. A well-maintained public space, with appropriate lighting and clear lines of sight, can deter criminal activities and make the area safer for residents. Ecological Benefits of Public Landscape Design Public landscape design can also offer numerous ecological benefits, especially in urban areas where green spaces are often limited. Public green spaces can help reduce the urban heat island effect, which is caused by the absorption of heat by buildings and pavement. Trees and vegetation in public spaces can also improve air quality by absorbing pollutants and producing oxygen. Furthermore, public landscape design can help manage storm water runoff, reducing the risk of flooding and erosion. Green infrastructure techniques, such as green roofs and rain gardens, can be integrated into public spaces to help capture and store rainwater. These techniques can also improve the quality of the water that enters our rivers and streams, reducing pollution and protecting wildlife habitats. In addition to these benefits, public landscape design can also promote biodiversity by providing habitats for a range of plant and animal species. These habitats can also contribute to pollination, which is essential for plant reproduction. Conclusion Public landscape design offers a wealth of benefits that go beyond just aesthetic appeal. Socially, public landscape design can enhance the quality of life of those living in the area, providing a sense of place, identity, and community. Ecologically, public landscape design can improve air and water quality, reduce the urban heat island effect, and promote biodiversity. By considering these benefits, we can create public spaces that are not only beautiful but also serve a vital role in supporting the well-being of our communities and the environment. Tuesday unnervingly long-lasting tremors in NCR should remind us again that much of the North is categorised under various risk-prone seismic zones. Of these, a major geological fault line, the Main Central Thrust Line, where the Indian tectonic plate pushed under the Eurasian plate, is categorised under highest seismic zones 4 and 5. But, within this Bhagirathi eco-sensitive zone a 100-km stretch of valley and sheer cliff through which Ganga flows from Gurumukhi glacier in her original unpolluted form Go is starting work on widening the road to 12m width as part of its Chard ham Pariyojana CDP. It is not sticking to the 5.5m intermediate width experts recommended for ecological sustainability. The Supreme Court has sought data on the impact of death by hanging, the pain caused and time it takes. It seeks to know if today science suggests this is the best method or is there another method more suitable to uphold human dignity. Many would argue there is no human dignity in the very idea of capital punishment. Others still insist that for unspeakably heinous crimes, death is the only just punishment. The debate on capital punishment in India continues.

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And that a good thing. Meanwhile, in governance and courts, a remarkable divergence has happened. Many states have increased the scope of crimes punishable by death. In 2018, death penalty for sexual assault of girls under 12 was included in the penal code. Courts in MP, Rajasthan, Karnataka and Haryana were already sending rapists of children to death row. Over 50 of death sentences are for sexual crimes. In 2021, MP and Punjab included death penalty for sale or manufacture of spurious liquor; Maharashtra added the penalty for rape and gang rape. In 2022, courts around the country sentenced 165 people to death, the highest in 20 years. Included in this were 38 people sentenced by an Ahmedabad court in the 2008 serial blasts case. On the other hand, for several years SC has narrowed the scope of application of death sentences. In the Bachan Singh case 1980, a five-judge SC bench upheld its constitutionality but limited its use, restricting it to rarest of rare cases, where there were no mitigating circumstances, and with state-led evidence that reform was not possible. SC and high courts thereafter have routinely commuted to life many death sentences in appeal or, more remarkably, acquitted many death row convicts. In 2022, in 68 death row cases in high courts, over 40 prisoners were acquitted. HCs and SC have also been critical of prosecution and police for shoddy probes and process flaws. Cases that exhaust all routes of appeal, including mercy pleas, await death by hanging, which the petitioner in SC argued can be slow and torturous. India also faces the issue of few trained and registered hangmen, largely a family occupation. As for options, the bench itself ruled out lethal injections, firing squad and electric chair. Talking about options to carry out an execution can sound unfeeling, but the SC question is necessary and commendable. Go PMJAY is the world largest health insurance scheme. It covers around 108 million families. As it came after many states instituted their own health insurance schemes, the coverage by government-funded health insurance schemes in India is wider. It spans about 148 million families. In a state such as Rajasthan, the state government health insurance coverage exceeds PMJAY 7.5 million of the 13.4 million insured families are covered wholly by the state government. Given this extent of insurance coverage, why did the Rajasthan assembly legislate a Right to Health Act this week? The answer lies in the large quantum of out-of-pocket expenditure that characterises Indian healthcare spending. According to WHO, India OOP in 2019 was about 55, way above the global average of 18. It this gap in healthcare coverage that the state health act seeks to address. It pragmatic as it seeks to progressively reduce OOP. Consequently, the scope of legislation, which is limited to residents of Rajasthan, covers even diagnostic tests. Private healthcare providers who fall within the scope of this legislation will be reimbursed by the state government. Bringing them within its ambit was essential given their.

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The purpose of this work is to make it more convenient and useful for judicial officers and to collect in a small compass, some useful judgments of the Honble Sri Justice M.Satyanarayana which are found scattered through the various law-journals and in Internet. It is strenuous attempt to present some valuable rulings of His Lordship in this tiny book for daily reference on its various facets, for benefit of all judicial officers. This book is useful for enrichment of legal knowledge on civil side. This book contains only relevant paras of the judgments on each topic and readers are requested to go through full text understand the ratio-decidendi laid down in the judgments. For easy reference, citations have been referred to. As some judgments are gathered from using Internet, the case numbers, names of the parties and date of judgment are also noted for easy reference. This book also contains Honble Division Bench judgments wherein His Lordship is one of member of the Division Bench. With propound sense of regret, I crave the indulgence of the learned readers for the typographical errors that might have crept in the text, notwithstanding the assiduous alertness and vigilance, having been unavoidable in the first attempt of this nature. All the while, I am confident that this book is very useful to all judicial officers for daily reference. It is no doubt true that what a party himself admits to be true may reasonably be presumed to be so. But before this rule can be invoked, it must be shown that there is a clear and unambiguous statement by the opponent such as will be conclusive unless explained. A statement by a party that certain proceedings were fraudulent and not collusive in character would not, be sufficient, without more, to sustain a finding that the proceedings were collusive. The source from where the purchase money came and the motive why the property was purchased benami are the most important tests for determining whether the sale standing in the name of one person is in reality for the benefit of another. Intention of the parties is the essence of benami transaction. When the plaintiff sought for appointment of Advocate Commissioner to survey schedule property with the help of Surveyor and fix boundary stones to his land, appointment of Advocate Commissioner by trial court for demarcating schedule property and to fix boundary stones to the land of respondents amounts to granting pre-trial decree. If the suit is filed for fixing boundaries by the Court, then appointment of advocate commissioner would serve purpose to decide the real controversy between the parties but it is not even the case of the petitioner that schedule property is not demarcated. In such case, appointment of advocate commissioner is wholly unnecessary and it is beyond the scope of the suit. The trial Court did not look into the reliefs claimed in the suit; plea of the petitioner regarding survey of land and fixation of boundary stones; and the purpose for which.

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Elections are over. Govt formation has begun. New GOI will want to have a new agenda. Here a thought for all newly elected public representatives: adopt the idea of servant leadership. The term servant leaders, coined by Robert K Greenleaf, refer to leaders who priorities empowering individuals over their personal gains, focus on well-being of people, and sincerely seek solutions to the electorate most persistent problems. Many seats in UP and it was the Samajwadi Party which benefitted the most in these tight contests. However, a closer look at the ECI data shows that it was an even affair between BJP and SP on these tight seats. There were 14 seats where the winning margin was less than 30,000 votes and the spoils were equally shared by both parties at seven seats each. Of these, there were six seats where the winning margin was less than 5,000, both BJP and SP won three apiece. May 28 is marked as the World Menstrual Hygiene Day (MHD). The day was chosen because May is the fifth month and women menstruate an average of 5 days every month; and 28 is the average length of menstrual cycle. Greenleaf says, the servant-leader is servant first It begins with the natural feeling that one wants to serve first. Then conscious choice brings one to aspire to lead. That person is sharply different from one who is a leader first, perhaps because of the need to assuage an unusual power drive or to acquire material possessions. For such it will be a later choice to serve after leadership is established. Gandhi says, President Means chief servant, emphasising that elected leaders must serve those who have reposed their faith in the leaders ability to govern. A servant leader does not seek power for herself but only to help people better their lives by putting them first. Servant leaders whether elected members of Parliament, founders of unicorns, or CEOs of large corporations have empathy towards all, patience to actively listen and help others, an awareness of problems of people they work for, and the ability to find workable solutions and provide a healing touch. More importantly, servant leaders do not use authority; they rely on consensus-building as the basis for policymaking. They are visionaries focused on long-term gains rather than short-term victories and have foresight to anticipate future problems and find solutions. Such leaders analyse mistakes to learn from the past, so that they are not bitter and are ready to face the present. Servant leaders are not independent governors/managers in ivory towers but stewards of their organisation/country, conserving resources and acting responsibly. They are willing to invest in and promote others, irrespective of their allegiances. Pettiness has no place in servant-leaders mental makeup. They believe in fostering a sense of belonging among the community and their organisations, promoting inclusivity and unity. The world has seen several servant leaders, such as Ram, Bharat, Mohave, Buddha, Jesus, Abraham Lincoln, Gandhi, Martin Luther King Jr, Nelson Mandela, and BR Ambedkar. In the corporate world, Herb Kelleher, Indra Nooyi, Satya Nadella, and Ken Blanchard, among others, are examples of servant leadership. Indic philosophy and mythology have several examples of servant leaders. At the centre of Ram Rajya is an empathetic leader with his ear to the ground. Ram is the epitome of justice, and his reign is marked by fairness and equity. He ensured that every citizen, regardless of status, received

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Interconnected causes and conditions. Understanding shunyata fosters a sense of humility, interconnectedness and compassion, essentials for a servant leader focused on her constituency well-being. In a bank-driven economy, the sustained strength of banks is essential to tap the full potentiality of growth. The upgraded outlook for India by S & P from table to Positive, shall be an added advantage when the economy is set to catch up with an average of 7 8 percent GDP growth amid falling inflation to hit the 4 percent mark. In balancing the sectoral allocation of banking services, the ability to provide adequate flow of credit to all sectors of the economy with a focus on serving the underserved and unserved will be necessary to promote inclusive entrepreneurship. In addition to working towards the overall development of the economy, every genre of banks namely the public sector banks (PSBs), private sector banks (Pubs), regional rural banks, differentiated banks, and cooperative banks played a defining role in expanding banking outreach among others, by effectively putting Anshan, Adhere, and Mobile-JAM Trinity to work. As a result, the financial inclusion (FI) index could rise from 43.4 in fiscal FY17 to 60.1 in FY23. Similarly, the banks and NPCI with its flagship UPI app have worked in cohesion to take the digital payment index (DPI) to a high of 418.77 by September 2023, up from a base of 100 in FY18. In the process of expansion, the asset size of banks grew to Rs 243 trillion by FY23. The share of PSBs was Rs.140 trillion (58 percent), Pubs Rs.84 trillion (35 percent), and the rest shared by other banks. According to RBI data, banks made a total profit of Rs. 2,63,214 cores, of which Pubs earned Rs.1,24,136 cores (47 percent) with balance sheet size of 35 percent. PSBs earned Rs. 1,04,649 cores (40 percent) with a share of balance sheet size of 58 percent. The net interest margin (NIM) was higher at 3.9 percent for Pubs relative to PSBs maintaining it at 2.7 percent. The capital adequacy ratio (CAR) of Pubs reached 18.8 percent with tier-1 at 17.2 percent. CAR of PSBs 15.5 percent with tier -1 at 13 percent. GNPAs of PSBs 5 percent, Pubs 2.3 percent. Their NNPAs 1.2 percent and 0.5 percent respectively. Pubs with their well-integrated risk and reward-based business models could demonstrate better performance. PSBs well embedded in the hinterland could reach a wider segment of low-ticket businesses while Pubs seemingly focused on niche high-value client bases. Further, the institutional and legislative reforms have helped banks to perform well. The enactment of the Insolvency and Bankruptcy Code (IBC) 2016 and the formation of the Insolvency and Bankruptcy Board of India (IBBI) for speedy debt resolution with built-in options to exit from failed enterprises. Formation of National Asset Reconstruction Company Ltd (NARCL) a bad bank for taking over dud loans from commercial banks. Setting up the National Bank for Financing Infrastructure and Development (Nafud) aimed at providing long-term infrastructure financing. Mainstreaming NBFCs including fetch to partner with banks to share risks and extend outreach is in progress. Women and girls face challenges and hardships because of social taboos and prejudices. The two main taboos are: one, discussing menstruation is anathema; and two, women bodies are impure or unclean when they menstruate. Thus, they are often prohibited from going into places of worship, from touching holy books, and fr

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Al Nusra front. And now we have the Russian invasion of Ukraine. What is it about white people who act as the fountainheads of knowledge, civilization, art and culture, but who perennially seem to find themselves at war Nuclear deterrence keeps India and Pakistan as well as China and India at bay from one another. But in the Russian Ukrainian war, nuclear weapons are being freely brandished. Vladimir Putin has pledged to take Nato to the nuclear sword if the need arises. In response, France foreign minister, Jean Yves Le Drian, has reminded Putin that Nato too has nuclear weapons. Ukraine is not a Nato member, at least as yet. So Putin has got away with attacking it, for an attack on one Nato member means that all Nato members have to defend it. But the spectre of a third world war, with nuclear dimensions, looms. Ukraine has asked Nato to close its air space. But the British do not want to do that. They say that their fighter planes will come in conflict with Russian fighter planes, which would result in a war between Britain and Nato and Russia. The white world must examine why it finds itself constantly at war. Unlike the Iraq and Afghan wars, the Ukraine Russia war is a white on white war. Nato is crying hoarse, but it has no intention of interceding in a war between Slavic people. Third world countries like India and Pakistan have a lot to achieve when it comes to achieving living standards, but they behave more responsibly when it comes to war than the white world. Pulwama led to Balakot, which led to Rajouri and there the matter ended. There was no further escalation. Imran Khan of Pakistan calls Indian Prime Minister Narendra Modi all sorts of things, but the latter chooses to never respond. Saddam Hussein so got under George W. Bush skin that the latter devastated an entire country. Now, Vladimir Putin has apparently been so miffed at Ukrainian President Volodymyr Zelenskyy that he has thought fit to destroy his country. Perhaps the eastern civilization is superior to the western one after all. For better or for worse, India and Pakistan are neighbours and are undoubtedly bound to remain so. Besides, as international relations increasingly implode or explode in other regions of the world, they both find themselves at the receiving end and have to passively bear the cost of global changes. The crisis in Ukraine has seen India and Pakistan expressing the same worries as they have witnessed the consequences of the cold war on their respective economies. But if the Ukraine crisis can bring the European nations together as a block, so it should bring nations in South Asia together, as well. Europe management of the refugee crisis has shown how systematic racism affects Indians, Pakistanis and Afghanistan alike. All help should be given to the refugees from Ukraine and it should be appreciated that the Western countries are opening their borders to refugees.

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From the ongoing war the ongoing refugee crisis has shown that in Europe the very same governments that refused help when Africans and Asians were arriving have changed their stance when refugees with blond hair and blue eye arrive at their gates. When Indian students were queuing to get rescued or when Pakistanis, Moroccans, Afghanis, Bangladeshis queue for getting a job after their arrival on European shores, they meet systematic racism, especially when they apply for the same jobs which can be performed by native Europeans as well. Ukrainian refugees will get the same rights as EU citizens on their arrival while refugees from Asia and Africa are sent to detention centers and have to wait for several months before their cases are verified. Blatant and systematic racism is bringing Pakistanis and South Asians together in European capitals. In Scandinavia, Indians often eat at Pakistani restaurants and vice versa. They help each other get jobs and housing, etc. If these migrants from South Asia can help each other when abroad, why can our countries become friends and help each other in times of crisis and natural catastrophes We are all going to suffer economic hardship in the coming decade as a result of this ongoing war in Ukraine. The arms manufacturers have benefited enormously by dividing India and Pakistan as they also are benefiting from this humanitarian and political crisis unfolding in Ukraine. It is time for India and Pakistan to unite. It is time for both countries to develop milder and more tolerant versions of Hinduism and Islam, which can be compatible to both systems, so that we can start redirecting our economic resources from the field of defense to the forgotten sectors of public health, education and nutrition. The West lectures us on peace but sells weapons at exorbitant prices, when the cameras are shut. Ordinary middle class Indians and Pakistanis are forced to migrate to the West to make ends meet and support their families. Both Indians and Pakistanis living abroad take pride in helping their extended families. We have many things in common. Most important of all, language. Hindi and Urdu are much closer to each other in their oral pronunciations than Swedish and Danish. But the Danes and Swedes have stopped quarreling and have built a monumental bridge between their countries, where people, trains, and goods are getting transported efficiently every day. The world badly needs good news these days. Indians and Pakistanis abroad should start pushing their governments to reconcile and restart a process of constructive dialogue, which could strengthen trade and commerce and facilitate humanitarian help in times of crisis. Could the new cold war like situation induce some kind of pragmatic realism among the elites of India and Pakistan We could all start by playing cricket and remembering to applaud when the other side wins. The time for good sportsmanship and dosti friendship has arrived. If not, then China and USA will keep pressing us to be subservient states that serve their.

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To surmount these problems, Zhamak Dehghani, a technology consultant, proposed a decentralized architecture for a data infrastructure called a data mesh. In a data mesh configuration, different departments or groups within an organization would own individual data domains, enabled by a central self serve data platform, and governed by a set of overarching standards to ensure interoperability. Each data domain would deliver data products, designed for ease of consumption by their intended audiences and conforming to the global standards of the organization. Note that ownership is decentralized while provisioning and governance remains centralized. The architecture makes intuitive sense, and promises to overcome the limitations of fully centralized infrastructures, but how can organizations implement this delicate balance between independent domains that are nonetheless supported by a central data platform Agriculture is one of the largest employers in the country, with over half of the 1.3 billion people making a livelihood out of it. Despite the high dependency on agriculture as a source of livelihood, according to Women and Men in India, 2020, a report by the Ministry of Statistics and Programmed Implementation Mops, the country growth rate in agriculture is relatively much slower than other sectors. The primary cause is India shift from a traditional agrarian economy to industry and service dominated sectors. The percentage distribution of agricultural workers principal and subsidiary status workers has declined in rural and urban areas between 1987 88 and 2019 2020. However, the decline of the male workforce is much higher compared to that of women. In of women. Taking on the labor intensive processes in the fields, segregating the crops, feeding the cattle and livestock, harvesting and sowing the crops women in the agriculture sector contribute to over 15% of the national economy. Agriculture allows women to tear down societal barriers and earn their freedom by making a livelihood for themselves. Especially in rural areas where work opportunities are limited and age old prejudices and familial resistance stop women from becoming financially and socially independent, agriculture offers them a medium to break free from these restrictions and build a secure life for themselves. However, women in agriculture still need to overcome multiple obstacles. Now, the question is, what are they and how women can be empowered Data virtualization is a data integration technology that is a perfect fit for implementing a data mesh. Unlike extract, transform, and load ETL processes and other batch oriented data integration approaches, data virtualization enables access to data without having to first replicate the data to a centralized repository. In this way, data virtualization can be thought of as an inherently decentralized data integration strategy. Data virtualization is established as an enterprise wide layer above an organization diverse data sources. To query across the sources, data consumers simply query the data virtualization layer, which in turn retrieves the necessary data, abstracting consumers from the complexities of access. The data virtualization layer contains no actual data; however it stores all of the necessary metadata for accessing the various sources by.

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If the Western world is shedding more tears for Ukraine than it did for the numerous other wars in Asia and Africa, it is to be expected. Sympathy wells up naturally when people of your own kind are involved. In India too, President Zelenskyy name nimbly rolls off our lips today. We also know where Kyiv, Kharkov and Lvov are and have tracked down a fair bit of Ukraine history too. Why this sudden interest the answer is simple our students are trapped in there and fighting desperately for safety. They could have been our kids, siblings and relations. Many are dangerously stranded anywhere between Russia and Poland or Romania. When a shell tragically killed young Naveen in Kharkov every Indian parent died a little. Nobody said that it was just one mortal wound. He belonged to a family much like ours which is why we felt the grief of his parents and siblings as if they were next door. One of us had gone. Greater participation of women in the electoral process is now a phenomenon cast in stone going by the higher female voter turnout percentages in many recent elections. The just concluded five state polls are proving no different with female voting percentages exceeding males in Uttarakhand, Goa, Manipur, and in three of UP first six phases, including a whopping 11 percentage point difference in the sixth phase. Women voters trail male ones only marginally in Punjab. Twenty years ago, it was a different story in the Hindi heartland Male voter turnout trumped women by 6 and 3 percentage points in UP and Uttarakhand respectively in the 2002 assembly elections. Indian politics has also changed in the interim. Government welfare schemes now project greater empathy for women voters. And women seem to be rewarding those governments too. Both Jayalalithaa and Nitish Kumar can credit their long stints as CMs to their nurturing of women vote banks. The Modi government has sharpened political outreach to women like no other past central government through provisioning household toilets, LPG connections and piped water. BJP major campaign planks in UP like improved law and order and ration delivery explicitly court women voters, as an attempt to counter economic stagnation and price rise. Even as the woman voter is making her presence felt, five state elections failed largely to meet the 75 overall turnout target proposed by PM Narendra Modi. Only Manipur and Goa exceeded this figure, Punjab slipped from 77 to Uttarakhand barely achieved 65 and UP hovered near 60. In 2020, Bihar turnout was a low 57. Given that these two big states account for most internal migrations in India, Election Commission must help migrants exercise their franchise too. If exit poll predictions hold, politics across five states may change in some states radically and the trend of targeting women voters who are regarded as silent voters will intensify. RJD 2020 campaign in Bihar bet big on jobs but lost the woman vote to NDA, lacking gender outreach. AAP may.

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Providing a single place to store metadata, data virtualization enables organizations to implement automatic role based security and data governance protocols across the organization from a single point of control. Organizations can, for example, automatically mask salary data unless the user has the requisite credentials to view this information. A data virtualization layer provides all of the necessary functionality of the data platform required in data mesh architecture. Above the data virtualization layer, organizations can implement myriad semantic layers, structured by different departments and functioning as data domains. Each of these can be flexibly adjusted, changed, or removed without changing or affecting the underlying data. Organizations can also easily establish standard data definitions that can be reused across different domains. Data virtualization is perfectly suited for the development of data products. A stakeholder can, with little or no coding ability, leverage the data virtualization layer to create virtual models, without having to understand the complexities of the sources that feed it. Then, they can make these virtual models accessible as data products, via a flexible array of methods such as again without needing to write code. Out of the box data virtualization is set up to endow data products with support for such features as data lineage tracking impact analysis, identity management, and single sign on. Further, with data virtualization, data products can be registered in an organization wide data product catalog. By centrally storing metadata, data virtualization layers provide all the necessary ingredients for full featured, comprehensive catalogs to organization data assets, organized by domain. Because data virtualization enables organizations to build views and semantic models above the source data without affecting the underlying data, data virtualization provides a ready foundation for the autonomy of data domains. In an architecture based on data virtualization, data domain stakeholders would be able to select the data sources that feed their products, and change this mix as needed. Many business units will already be operating their own data marts and favored Saabs applications, and these will be able to be reused in a data mesh configuration with very little effort. With data virtualization, data domains can be scaled independently. It is important to note that data virtualization does not replace monolithic repositories like data warehouses and data lakes; instead, data virtualization treats such repositories just like any other source, and in a data mesh configuration, they become nodes in the mesh. This means that data domains with strong ties to existing data warehouses or data lakes can continue to go that route for certain data products, such as those that require machine learning. In such a scenario, data products would still be accessed through the virtual layer and would still be governed by the same protocols that govern the rest of the data mesh. Data mesh is a promising new architecture for avoiding many of the pitfalls of highly centralized data infrastructures. Fortunately, data virtualization is a modern data integration and data management technology that promises to meet data mesh ideals in.

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Between November last year and now, the RBI sold a net of roughly $50 billion in forex to stabilise the rupee. Even so, the slide has proceeded, highlighting the external pressures. That said, there is room for cautious optimism. India's foreign exchange reserves are comfortable close to $693 billion. On the domestic front, retail inflation has slumped: headline CPI inflation came in at just 0.25% in October 2025, well below the RBI's target-band of 2%-6%. This gives the RBI space to tolerate modest currency depreciation without triggering aggressive rate hikes especially as India transitions from cheaper Russian crude to relatively costlier U. S. oil imports. With crude accounting for over a fifth of total imports in FY25, rupee depreciation combined with costlier oil imports could exert upward pressure on inflation. Given this environment, monetary stabilisation alone cannot suffice. The Centre must address India's long-standing vulnerability: heavy dependence on oil. Steps such as faster transport electrification must be treated as strategic imperatives and pursued with urgency. These must be done with a well thought-out trade policy, as opposed to a raft of bilateral trade deals that India has focused on, in the hope that these would diversify trade routes. If anything, trade agreements with Japan, the UAE and ASEAN have tilted the trade balance against India. The 30th edition of the Conference of Parties (COP) concluded in Belem, Brazil, a city chosen for its proximity to the Amazon rainforest. The symbolism was high this year. It is 10 years since the Paris Agreement was signed by 195 countries a pact to ensure that the globe did not heat up beyond 2C of pre-industrial times and, as far as possible, contains it to 1.5 C. That was a goal easier stated than done; 2024 ended up being the first time that temperatures breached the 1.5 C territory though it will require several more such transgressions for 1.5 C to be the 'new normal'. In all the years since, COPs have been about systematically getting all countries to move on the path of restructuring their economies away from their fossil-fuel hardwiring; apportioning responsibility and finance in ways to actualise these goals, and finally work towards addressing the damage that climate change had already done to societies, livelihoods and ecologies. While there has been success, in that most countries even the United States recognise that renewables are the future of energy, it has been challenging for countries to execute the transformation while also growing their economies and keeping their competitive edges sharp. This has led to the formation of the two broad blocs one led by developed countries and affiliated allies that has pushed for hard targets and road maps to phase out fossil fuels, and the other by developing countries or petro states who reject such prescription and demand more money and action from the developed countries. The Brazil COP sought to bring a change in the narrative by stressing 'implementation', and reminding the world that multilateralism and 'metro' (coming together) were indispensable to the Paris Agreement. While the absence of the U. S. weakened the developed country blocs, this year saw greater thrust on topics such as 'adaptation' and 'just transition' concepts that acknowledge the everyday effects of climate change and stress practical preparatory steps and finance pledges to help countries burnish climate defences.

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This is not unprecedented as in 2018, it slid 11%-12% against the dollar. The comparison is instructive because the political and trade backdrops have echoes of that earlier period. In 2018, during the first term of U. S. President Donald Trump, global dollar strength, rising U. S. interest rates and trade tensions pressured emerging market currencies, including the rupee. The RBI used its first longer-term currency-swap as a systemic liquidity check. In 2019, it completed a $5 billion three-year dollar rupee swap. And in February 2025, it carried out a $10 billion dollar rupee buy-sell swap auction to infuse long-term rupee liquidity into the banking system under global stress. Such swaps are a standard tool by central banks to supply liquidity, shore up forex reserves and prevent disorderly currency depreciation when the dollar surges or capital flows reverse. The steep rupee slide in November arises in a context of external pressures a widening current-account deficit, driven partly by higher imports of bullion, as a hedge in uncertain times, and exporters scrambling to maintain competitiveness amid high U.S. trade tariffs. In such a hostile global macro-environment, the RBI's mandate is limited: under the floating-but-managed regime, it can only 'smoothen volatility' rather than fix the exchange rate. India, which has been one of the prominent voices for developing country coalitions, was welcoming of the Brazil Presidency's acknowledgement of concerns but did not declare its updated Nationally Determined Contributions (actions on adopting clean energy). The COP's negotiation process often leaves one wondering about the net gains made, given that pollution, deforestation and climate denials seem more voluble and visible but, as it is often said, this is humanity's only opportunity to mitigate a cataclysm of its making. From Queens to Brooklyn, among Hindus, Muslims, Sikhs, and Christians alike. He canvassed in fluent Hindi, and even tried his hand, less proficiently, at Bengali, often joking about his pronunciation as he spoke about housing and transit to immigrant audiences who saw something of themselves in him. I've known Zohran casually through my work with the same organisation he belongs to: Democratic Socialists of America. But besides his charisma and personal touch, he's the real deal a Marxist by training and conviction. His politics aren't the vague progressivism of the liberal Left. They're rooted in a critique of capitalism and the belief that democracy should extend beyond the ballot box to the workplace and the economy itself. Still, Mamdani didn't win because he lectured about Marx. His campaign was a master class in political focus. While others in the American Left have been distracted by symbolic battles, Zohran's message was simple and disciplined: life in New York has become too expensive, and he had concrete plans to make it affordable again. He proposed free public buses, expanded rent stabilisation, and free childcare. In a city where more than half of residents are renters, where subway fares keep climbing, and where the middle class is squeezed by housing costs, that message hit home. Some tried to make the race about Israel and foreign policy hoping to trap him in controversy. Others called him an extremist or a threat. But he refused the bait. To every community Jewish, Muslim, Caribbean, South Asian he spoke about the same things: housing, transit, and opportunity. It was politics rooted in people's dail

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Have shown oppositional forces a way with its eye catching promise of a Rest 1,000 monthly cash allowance to every woman. But, and ironically, changing dynamics in voter turnout arena reflecting in women proportionately entering politics and being awarded tickets to fight elections to assemblies and Parliament. This would constitute the next fundamental shift in Indian politics. Madhyamik exams for students located in Bengal began yesterday. Alongside, was a state government order to shutdown internet services in a few districts for a week It meant to curb cheating in exams but an unfair cost will be borne by people unrelated to the exercise. Bengal is not an outlier here. Internet shutdowns are the default preventive measure of governments. It an example of both lazy and callous governance. Access Now, a nonprofit which advocates for digital civil rights, said that in 2020 India accounted for 109 of the 155 global shutdowns it documented. The umbrella legislation governing this area is the 19th century Indian Telegraph Act. However, it a set of rules introduced by Go in August 2017 to provide statutory cover for temporary suspension of telecom services that is the root cause of the problem. Loosely worded, it identifies public emergency and public safety as reasons that merit internet shutdowns. These terms are interpreted subjectively by the executive and have become a lazy way to deal with any potential challenge by targeting mobile phones, the primary source of access to the internet in India. The shutdowns imposed by states are inconsistent with a relevant Supreme Court verdict. In January 2020, the apex court said that the freedom to carry on trade over the internet enjoys constitutional protection under Article 19. Therefore, any restriction has to meet the test of proportionality. Bengal shutdown does not meet it. There a cost to such shutdowns. The telecom industry estimated it loses Rest 2.4 core an hour in every circle area where there a shutdown. This is an underestimate. It does not capture the loss sustained by other businesses that increasingly rely on the internet. To illustrate, India aggregate digital payment transactions rose from 31.3 billion in FY 2018 19 to 55.5 billion in FY 2020 21. States need to develop more sophisticated tools of governance instead of choking a commercial and social lifeline. The Financial Crisis of 2008 a seismic event whose aftershocks we continue to experience was widely believed to be a black swan event even though it was perhaps actually a grey rhino and unforeseen by most experts and regulations. And yet, Brooklet Born, a woman and lawyer, chair of the US Commodity Futures Trading Commission CFTC, an important financial markets regulator, did predict and seek to address one of the fundamental causes of the crisis unregulated OTC derivatives 10 years earlier in 1998. A Harvard Business School case study and Washington Post profile of this Cassandra document how she proposed to investigate and seek market feedback regarding OTC derivatives recognizing their benefits as well as risks and propose possible regulation.

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On capital requirements and enhance counterparty creditworthiness. Although the other all male regulators Greenspan and summers included discredited her concerns and her and laughed them away claiming, ironically, that regulating OTCs could cause the worst crisis since World War II, these came to pass in the most calamitous manner. Oh the things you learn from following the Ukraine Russia conflict. For instance, I learnt that a war between European nations is inherently a greater tragedy than, let say, a war involving people from the Asian and African subcontinents. I learnt that people can be shamelessly racist enough to say that last line out on TV or to write its essence down in articles, without challenge from anchors or editors, that too in this day of heightened sensitivity. So, we are told by European media people that the real tragedy is that those being displaced in the Ukrainian conflict are like us Europeans, people, with blonde hair and blue eyes, and I quote exactly from what was said on TV by one respected correspondent, that this time war was happening in a relatively civilized place, and he was saying this while, and to quote again, choosing his words carefully, leading one to wonder what he would have said if he was not. The irony, of course, is that the reason why Asian and African nations have become accustomed to conflict is that European superpowers have fought here through proxy, but again, no one said that out, for presumably, that would not be nice. Of course, no one cares for nice in a war zone, so racism was revealed there too, as Africans and Asians were prevented by Ukrainian authorities from leaving, while they prioritized facilitating white Europeans fleeing from Russian aggression. The other thing I learnt was that the UN Security Council is officially the vermiform appendix of international order, as it stood like AK Hangar in Shola, saying into sonata keen hay bay as Russian troops poured into Ukraine, in the same way it stayed, fluttering its fins, when American troops poured into Iraq. Your neigbourhood resident welfare association has more real power than this august body of overpaid bureaucrats which can only play with a calibrated dial ranging from kami ninja extreme disapproval to bhartsana scolding, when the big boys bully others. And through this, one understands why organizations like the UN that have Euro centrism built into their DNA will continue to fail. Because to them, the importance of war varies with where it is taking place, and not all deaths are equal in the way that not all lives are the same, and some of us are considered normalized to live with war and some are not. The Buddha, after initial reluctance, agreed to the ordainment of women in his Order. Gomati, his stepmother, became one of the first enunciates, others followed. These ordained heirs, women, literally the senior Ones, came from all walks of life royal families, wives and widows, beggars and even prostitutes. These first.

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Buddhist women have left a corpus of utterances, verses called the Therigatha, which celebrate their freedom. The theme of verses in this ancient Buddhist text, which is said to be, composed more than two millennia ago in Pail, ranges from gender equality to women position in society primarily they are about the joy of being free. They reflect the experiences of women freed from the shackles of social bondage. The theirs exhort that fulfillment of spiritual aspirations is not the monopoly of holy men, but it is merit based. When one of the nuns named Soma is told that women have inferior wisdom as compared to that of men, she retorts vehemently What does being a woman have to do with it What counts is that the heart is settled and that one sees what really is. These utterings herald the idea of gender neutral spiritually. Quest for spirituality was not always the reason for renunciation. Many women went for ordainment to keep their body and soul together. Domestic drudgery and conjugal misery are often depicted in these poems. Mutta, another nun, sings, So thoroughly freed am I From three crooked things set free from mortar, pestle, and crooked old husband. Having uprooted the craving that leads to becoming, I m set free from ageing and death. An undercurrent of frankness is apparent here. The nuns often jibed at the rituals and superstitions of Brahmanism. Punnika, in one of her verses, rebukes a Brahmin with these words Who taught you this One, through water ablution, is from evil kamma set free In that case, they d all go to heaven all the frogs, turtles, serpents, crocodiles, and anything else that lives in the water. She concludes more sharply, If these rivers could carry off the evil kamma you vet done in the past, they d carry off your merit as well, and then you d be completely left out. The renunciation of worldly life might not have been easy. Such decisions by the women of the family, especially by the younger ones, ought to have raised hackles in the gender sensitive patriarchal society. In one instance of family discord, a woman, inclined to become an ascetic, questions My relatives, you know that I have gone forth, that my head is shaven and I wear a nun robe, so why are you trying to get me to go back to those pleasures as if you were my enemies Reining in carnal desire must have been achieved by deep thinking and meditation. A young woman thwarts the advances of a young man by saying, Your mind is disturbed, mine is not, You are impure, I m not, My mind is free wherever I m. Why do you keep me from my way Therigatha is said to be the first anthology of women writing in the world It contains not only valuable social and historical information, but also the evidence of the thoughts, aspirations, and concerns of women in that age. In this.

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Women entrepreneurship has come into its own in the century. Women are now progressively spearheading high value enterprises all over the world. Their own vision about career paths has enhanced considerably. In terms of academics, the greater participation of women in technology and business management fields has created a significant shift in perception. In fact, if we look at the startup ecosystem, the changing global dynamics, and the tendency of investors to overlook gender, and focus on the merit of projects, augurs well for the women founders. Iconic names like Karan Maunder Shaw and Indira Noyil have demonstrated that it is possible to break glass ceilings and rise to the top with the right talent and attitude. Women leaders, also often tend to focus a great deal on creating a motivating work culture in synergy with specific business goals. This surely adds a lot of value for organizations to follow a consistent, successful and sustainable growth pattern. Empowered by digital technology, women are now boldly striding forward. There is a growing sentiment that the gender bias which dominated Indian business circles must be done away with and the process seems to have already begun. Why women are and should yield the new crop of entrepreneurs despite the existing gender bias, can be understood by taking a deeper look at what entrepreneurship truly means and the traits that make great entrepreneurs. In simple words, an entrepreneur is someone who establishes a business and leads its operations. This is where modern women with their educational prowess and aspirations related to financial independence, social equality, recognition, respect and an equitable position as stakeholders, are increasingly looking at becoming employment generators than job seekers. An entrepreneur must have the knowledge and the idea to launch a new business enterprise, ability to hire and manage human resources, identify and deploy the tools and technology necessary to run the business. Above all, they should have problem solving ability, an appetite for taking risks, a keen focus on work ambience and the ability to lead the combined efforts towards achievement of the business goals. Let take a look at the key traits of successful entrepreneurs and how women fare on these parameters. Vision Women are quite consistent when it comes to their vision for the future, and resourceful in terms of finding ways and means of achieving it. Mental ability an entrepreneur is a problem solver, one who can find solutions under duress, and withstand pressure of constantly high standards of performance. Women are resilient, usually absorb change better than their male counterparts, and have greater ability to maintain interpersonal relationships through tact and compassion. Commitment every business has risks and setbacks. Irrespective of how well educated the founder is or how well funded the company is, there will be times when things go downhill. It could be a pandemic, a war, an economic recession, or any other reason. However, business owners must remain committed to their vision, and display the calm and adaptability to survive and.

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Thrive under fluctuating scenarios. Women entrepreneurs today have amply demonstrated these abilities. Technical competence traditionally, women were perceived to be better suited for fields such as arts and academics due to their creative skills, compassion, and the ability to synchronize different mindsets towards common goals. Today, they are increasingly mastering the technologies of the day, and these behavioral strengths of compassion, understanding and analyzing human nature have been augmented by advanced tech. Usage of AI, data analytics, and other advanced tools is enabling them to solve operational challenges through their technical competence and dedication to this field. The world of business is increasingly getting digitized and the pandemic has further pushed us towards a digital first ecosystem. This is where women entrepreneurs with their penchant for new ideas, innovations, and finding solutions to existing or emerging problems, prove to be an ideal fit. Self belief and a constant here is a way approach to operations, is what is leading them to emerge as an equally strong force in the startup ecosystem. Undoubtedly, the future wave of business leadership is certainly going to be a gender neutral one with women playing a key role in it, both qualitatively and quantitively. Independent Directors IDs have massive responsibility to safeguard the interest of stakeholders of companies, more importantly the listed companies. The very purpose of inducting IDs is to provide professionally competent people with no direct connect with the company to ensure that they can contribute without any bias for sustained growth of the enterprise. The wisdom and domain knowledge expected from them may not be benefitting the listed entities defeating the very purpose of their induction unless IDs take keen interest in sharing their knowledge through board level deliberations. Criticality of their role in maintaining the standard of corporate governance CG of the company has been widely debated, discussed and their position in the board has been highlighted in public domain. Several prominent CG committees had highlighted their role and independence to intervene in the affairs of the organization. But the way corporate debacles and irregularities in implementing CG is repeatedly coming to fore, they are not doing, exactly what are they meant to do in many instances, of course, many are doing it. The continued passive attitude and indifference of IDs in the board is hurting the corporate sector in many ways. If their knowledge and experience is explored, the companies may see new emerging opportunities. The ongoing probe of colocation scam of NSE, the sudden resignation of all 3 IDs from PFS, the promoter company of PTS India. Irked by the developments in CG, SEBI has barred it from holding its board meet stalling the announcement of their Q3 results. Similarly, the resignation of Mr Ashneer Grover, the co founder and managing director of Barite from his position in the Unicorn finch company, the alleged role of his wife in steering some activities in her role are some of the latest additions to the long list of corporate sector failures.

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For our farmers are long overdue, without which we as a country are failing to acknowledge agriculture and farmers contributions. Education Our country has always been a pioneer in educational systems. Somewhere in between, we have missed the larger perspective and holistic education system. We still aspire to have world-class universities and curricula. Tampering with and experimenting with the time-tested education system is a dangerous trend. We got it all wrong! Myopic views and short-sightedness in this regard will not lead us towards a developed country. Introspection is needed, for sure! Defence Forces Strong defence forces ensure the internal security of a vibrant country by creating an umbrella of safety and security. Tampering with the systems and time-tested good practices can lead to a drastic depletion of the morale and strength of our defence forces. No one has the right to interfere in the secular, neutral and balanced nature of our defence forces for vested interests. We have gradually faltered in this regard and we got it wrong! The adage of Jai Juwan Jai Kian needs to be restored and honoured otherwise, we are doomed to go into oblivion and forget to be a developed country with character, ethics, and culture. To be again a one kid Chhidiya (Golden Bird), we need to address the above issues of great concern. We have a moral obligation towards our ancestors, who dreamed of a great model country and also towards the next generation, to hand over a developed country that has ancient value systems. It is time for us to introspect and correct our mistakes to ensure a brighter future for ourselves and our children. Now that the General Elections are done and dusted, and Mr Mode is taking over as the Prime Minister for the third time, albeit of a coalition government, there are some interesting takeaways that emerge that impact both our domestic environment and national security. More importantly, the prevailing circumstances not only give a second wind to the opposition to get its act together, but also to other institutions that play a crucial part in ensuring that ours remains a vibrant democracy that the founding fathers envisaged. While many commentators, both here and abroad, believe this coalition to be fragile and unlikely to last long, Pradhan Kishore, political activist and analyst par- excellence makes the point that gives a different complexion to the issue. He suggests, that in the present circumstances neither Mr Nitish Kumar nor Mr Naidu, both seasoned politicians, will just up and leave if they do not get their way. The numbers are stacked against the opposition alliance, and even if they were to join them, the chances of the opposition forming the government is uncertain. They have themselves just about avoided political oblivion and to risk their survival on the throw of a dice makes little sense at this stage. While the Mode cavalcade has hit a pretty serious speed bump that requires careful navigation, his own position is under little threat. Where things could get hairy for Mr Mode is if the BJP performance in the forthcoming state elections were less than satisfactory. In that case his leadership, especially his ability to draw voters to the fold, would come under the spotlight and he may well find himself, when he crosses 75 years, being given the treatment he meted out to Messrs. Advani and Joshi, and being eased out of active politics. That would save him the blushes and allow him to fade with dignity.

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Through action and not just rhetoric, on improving the economic wellbeing of the poor and disenfranchised. Handouts may be a welcome relief, but they are not a long-term solution to their economic and social upliftment. Truly inclusive growth would also force the opposition to rely less on just fear mongering to consolidate the minority Dalit OBC Tribal voters and instead concentrate on explaining how they would do things differently without breaking the bank. What religious minorities also need to comprehend is that most among the majority Hindu community are cognisant of the fact that till the BJP attempt to consolidate their vote purely on basis of religion was not undertaken, it was the Congress and some other parties that used the minorities, by giving them sops, to capture and remain in power. It is that same community that has now made clear to the BJP and its Hindustan allies that religion is best left to the individual and is not for politicians and governments to tamper with. More of the same helps neither side and the opposition would do well to understand this. It is a genie that best left inside the bottle, if we are to prosper as one nation. With regard to the issue of national security, one hopes the Chinese and Pakistani leadership have not misinterpreted this wrap on the knuckles that Mode has received as a sign of weakness. Given that they, especially the Chinese, have little understanding of how democracies actually work, they would do well to appreciate that Mar. Mode has only been guided by voters to be more cooperative and consultative in all his dealings, especially with a strong opposition in Parliament. His earlier arbitrary actions and behaviour that allowed him to conceal the adverse impact of our confrontations at Dhoklam and Eastern Ladakh are no longer possible. Public pressure represented by the opposition in parliament, as well as his NDA allies, will now hold him accountable and force him to act substantively against any further provocation. As I have written elsewhere (India and China: Back to Basics; Indian Defence Review 22 May 2024) it would be to the benefit of China to look at resolving the border issue now, before Indian infrastructure catches up and puts the PLA at a disadvantage in Tibet. Pakistan, given its rather precarious socio-economic situation would do well to look at resolving its dispute with a less assertive and more inclusive Mode. These elections, especially the high turnout, have shown that Jammu and Kashmir can no longer be held hostage to Pakistan internal dynamics. The Pakistan Army repeated attempts to control the polity by playing the Kashmir card is fizzling out even in POK and GB. At the end of the day the voters, especially the poor, have placed an obstacle in the way of Mar. Mode and the BJP vision of India. Whether they take heed or not is for them to choose. After all, actions have consequences as even our newly elected MP for Mandi, as well as the Chief Minister of Manipur, may have learnt the hard way. For a country as diverse as ours what the 17th Century Archbishop, Francois Fenelon, advocated, liberty, equality and fraternity, is as relevant and our greatest strength, and our enemies would do well to understand that. Swami Vivekananda famously said, you will be nearer to Heaven through football than through the study of the Gita. That line is a wonderful reminder to the self when we start taking life too seriously. When you pray or read scripture, you can think of ma

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Spatial spread. However, many details of this scheme, including the reimbursement process, will be fleshed out in the rules the government is expected to introduce. Doctors in Rajasthan are unhappy with the law. But they do have a convincing case. Through its iterations in the legislative process, the IMA has been given representation in the state health authority, which will function as a grievance redressed body. Eventually, timely reimbursement by the state will influence the efficacy of this law. On balance, it a positive effort as healthcare shocks often pushes economically vulnerable families back into poverty. Implemented well, this law can check it. TB is a serious bacterial infection which can be life-threatening if not treated. Mycobacterium tuberculosis bacterium causes it. TB usually affects the lungs. But can also affect other organs and tissues such as lymph nodes, spine, brain and nervous system, kidneys and urinary tract, bones and joints, gastrointestinal tract, and less commonly the skin, eyes, and ears. TB usually spreads through the air when an infected person coughs, sneezes, or talks. An infected person can have latent TB, that is have TB bacteria that lie dormant in the body. A person with latent TB is not contagious. However, if the immune system is weakened, latent TB can become active. And the person develops symptoms and becomes ill and contagious. Most people with latent TB never develop active TB. TB and Women Because of hormonal differences that affect immunity, women are more prone than men to develop TB disease. Also, women with HIV are at a higher risk of TB disease than men with HIV. TB can spread to women reproductive system and can cause infertility or complications during pregnancy. Some TB medications can be harmful to fetus. So, only the medications that are safe for the fetus can be used. This restricts the treatment options. Women and healthcare providers must be made aware of these issues. TB Prevalence In 2020, TB infected about ten million and killed about 1.4 million people globally. India had about 2.5 million TB cases, that is 27% of the global TB cases, and 421,000 TB-related deaths in 2020. History of TB Treatment Effective treatment for TB was not developed till 1900 CE. In 1800 CE, the popular treatment was nutritious diet, rest, and fresh air. TB patients were isolated in sanitoriums to prevent TB spread in the community. On 24 March 1882, a German physician, Dr Robert Koch, announced the discovery of Mycobacterium tuberculosis, the bacteria that causes TB. For that discovery, he was awarded the Noble Prize for Medicine in 1905. And in 1982, one hundred years after that discovery, 24 March was designated World TB Day. In the fall of 1909, German physician, Nobel laureate Dr Paul Ehrlich, discovered the magic bullet, the drug Salvarsan that could kill specific microbe without harming the body. Salvarsan was effective against TB but was not much used because it had serious side effects. In the 1940s and 1950s, several other drugs were developed.

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That helped to dramatically reduce TB mortality rates. However, in the 1980s and 1990s drug-resistant TB strains emerged to challenge the TB treatment. Current TB treatments The current treatment for TB depends on whether TB is drug-susceptible or drug-resistant. For drug-susceptible TB, antibiotics are taken for six months. Treatment of drug-resistant TB often requires a combination of second-line antibiotics. But these are less effective and have more side effects. Treatment can take up to two years or longer. Full course of TB treatment must be completed even if symptoms improve or disappear earlier. Not taking full course of treatment can result in drug-resistant TB. TB patients also need good nutrition, counselling, and social support. Bacille vaccine can prevent TB in some cases. Research is ongoing to develop new drugs, especially to target drug-resistant strains of TB, and to develop shorter and more effective treatment regimens. Eradicating TB Tuberculosis is a disease of poverty, but it knows no social or economic boundaries. Phil Lopper TB cannot be eradicated by health system alone. Because TB has many social determinants such as poverty, poor living and working conditions, undernourishment, marginalisation, and migration. Political commitment at the highest level is needed if TB is to be eradicated. At the global level, the UN High-Level Meeting on TB at the General Assembly in September 2023 will bring together Heads of State to discuss how to mobilize political and social commitment to eradicate this ancient diseases. At the country level, India President Smt Droupadi Murmu launched the Pradhan Mantri TB Mukt Bharat Abhiyaan on 09 September 2022. On 24 March 2023, Prime Minister Narendra Modi reiterated at the World TB Summit at Varanasi India resolve to eradicate TB from the country by 2025. He said that additional labs have been set up for free TB screening. And free TB treatment will be given through the Ayushman Bharat Yojna. Conclusion TB is preventable and curable. The first step is to make people aware of the cause and treatment of the disease. The second step is to offer preventive treatment by curbing the social determinants of TB and by offering vaccination. The third step is to offer free TB screening and testing at labs with rapid molecular diagnostics and tests. Fourth is to make treatment available to the needy by giving it free or providing financial support for it. Fifth is to invest in research and innovation to develop shorter TB treatment regimens and digital tools to improve health outcomes. Millions of lives can be saved with a firm political and social commitment to eradicate the TB scourge. The website of the National Judicial Data Grid will show, at present there are more than 4,25,37,471 pending cases before the courts. This huge backlog of cases, has put the judiciary under immense stress and has greatly increased the time taken for final disposition of cases. Under such circumstances, arbitration provides an alternative, that helps in reducing the case load and the pressure on the Indian judicial system. Arbitration is.

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A system of alternative dispute resolution, where the parties get their disputes adjudicated by an Arbitral Tribunal, which comprises members chosen by the parties or by the Court, in case parties are unable to come to a consensus. Arbitration in India is governed by the Arbitration and Conciliation Act, 1996 the Act. The doctrine of party autonomy is the underlying principle of arbitration. Closely related is the doctrine of minimal judicial intervention. The ability of the parties to choose arbitrators, decide their qualifications and agree on the procedures that govern the arbitral hearings, the speed at which the disputes are concluded, along with the capability of the Courts to interfere only in a limited capacity, has made arbitration a common feature of Commercial Contracts. Proactive efforts are being made both by the legislature and the judiciary to continually change and streamline the process of arbitration and make the same more efficient so that the disputes can be finally resolved within the shortest possible time, with the least amount of interference by the Courts. Accordingly, this article will enumerate a few important recent changes in the Arbitration Act as well as major judgments, which have contributed will contribute in the evolution of the law of arbitration in India in this regard. Changes in the Arbitration Act The most recent amendment to the Act was through the Arbitration and Conciliation Amendment Act, 2021 makes changes in Section 36 3. On making an application under Section 34 for setting aside the award, there is no automatic stay of Award. A party seeking a stay of the award, has to file and application under Section 36 2 and the Court then grants a stay, in accordance with the provisions of Section 36 3. Pre-amendment, a Court could grant a stay, subject to imposing conditions it deemed fit. In case of money decree, the Courts would generally ask the parties to make the deposit of the Awarded amount with the Court. However, the amendment has clarified that unconditional stay could only be granted in circumstances wherein the arbitration agreement or the making of the award was vitiated by fraud or corruption. It is pertinent to note that the 2019 amendment has also brought in major changes in India arbitration regime in order to make the same more efficient. The 2019 amendment act, provides for the creation of the Arbitration Council of India, though the provisions related to the same are yet to be notified. It would be the statutory duty of the Council to take all measures as may be necessary to promote and encourage arbitration, mediation, conciliation or other ADR mechanism in India and for doing this, the Council would have the power to frame policy and guidelines for the establishment, operation and maintenance of uniform professional standards in respect of all matters relating to arbitration. The Council was also given the responsibility of grading arbitral institutions. The amending act also made changes to Section 11. Accordingly, the Supreme Court and High Courts would.

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It was built through "door-knocking, conversations" in "apartment lobbies, volunteers" fanning out across working-class neighbourhoods. Charisma can open a door, but trust and organisation win elections. For the American Left, Mamdani's win is proof that socialism didn't die in the 20th century. It can be reimagined for the 21st, rooted in bread-and-butter concerns. There's a temptation to see every Left-wing success as a personality story: Bernie Sanders' stubbornness, Alexandria Occasion-Cortez's social media savvy, or Mamdani's eloquence. But their success rests on something deeper: the rediscovery of class politics in a country that's been told for decades that class doesn't exist. This approach can travel. It might not look the same in every place but what resonates in cosmopolitan New York won't play the same way in a conservative Midwestern district but the underlying principle is universal. When the Left organises around material needs rather than moral superiority, when it speaks to people as workers rather than as identity groups, it wins trust. That lesson isn't just for Americans. In India, as in much of the world, political debates are often framed in terms of faith and identity. Mamdani's campaign offered a counterexample: a politics that cuts across those lines, built around what unites working people rather than what divides them. It shows that socialist politics can thrive in the heart of global capitalism, even under the shadow of billionaires and investment bankers. Mamdani also represents a generational shift. He's young, at ease with culture and technology, and fluent in the moral language of equality. Yet he's also rooted in a long tradition: the child of postcolonial intellectuals, the inheritor of both Indian and African diaspora histories, and now a leader in an American city built by immigrants. In that sense, his story mirrors the Left's enduring promise: solidarity that crosses borders, classes, and creeds. Of course, governing New York City will test any idealist. It's one of the most complex bureaucracies in the world, with more than 300,000 municipal workers and countless entrenched interests. Even mild reforms can face resistance not only from property developers and business lobbies, but also from within city institutions and unions concerned about how change will affect their members. Mamdani's challenge will be to translate movement energy into administrative effectiveness. His success or failure will shape how seriously Americans take socialism in power. But he starts from a position of strength: a mandate built on clear promises and an engaged base ready to defend them. His campaign reminded voters that the Left isn't just about moral protest. It's about competence, compassion, and the belief that ordinary people deserve more control over their lives. 'Centrism isn't nostalgia, it is survival' Rethinking stray dogs: From crisis to opportunity (November 10, 2025) Zofran Mamdani's New York mayoral victory: A diaspora moment with strategic ripples for India-US relations Dr. Ashok Sharma is a Visiting Fellow at the University of New South Wales Canberra at the Australian Defence Force Academy and is an Academic Fellow of the Australia-India Institute at the University of Melbourne. His recent roles include Visiting Fellow at the Australian National University in the Department of Strategic & Defence Studies within the Coral Bell School of Asia-Pacific Affairs, and Adjunct Associate Professor at the Unive

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There, he was the Head of the "South Asia Strategic, State" Fragile and Security Program and Conjoint Head of the Indo-Pacific Strategic Issues and Major Powers Studies at the National Asian "Security Studies" Centre. An alumnus of both Jawaharlal Nehru University and Delhi University, Dr. Sharma's academic journey "includes" Faculty, Fellow, and Honorary positions at the Australian National University, the University of Melbourne, the University of Auckland, and Victoria "University" of Wellington, as well as the University of Delhi. Notably, he served as the Deputy Chair of the New Zealand Institute of International Affairs, Auckland Branch, from February 2012 to June 2022. Dr. Sharma, one of the leading voices in the global affairs and security studies, is also the accomplished author of significant works including book titled India's Pursuit of Energy Security: Domestic Measures, Foreign Policy and Geopolitics and Indian Lobbying and its Influence in US Decision Making: Post-Cold War. The election of Zofran Mamdani as Mayor of New York City on 4 November 2025 is more than a local political event; it marks a significant shift in global diaspora politics and underscores the role of identity in shaping twenty-first century leadership. His ascent from community organiser to the world's most influential municipal offices reflects how immigrant heritage, ideological conviction, and multicultural experience now shape political narratives across continents. For India, Mamdani's victory carries particular resonance both as a story of diaspora achievement and as a prism through which to examine how Indian-origin leaders interpret and project their ancestral homeland abroad. Born in Kampala, Uganda, to a Gujarati Muslim father and a Hindu-Punjabi mother, Mamdani encapsulates the layered journey of Indian migration from South Asia to Africa and then to the West. The son of political scientist Mahmood Mamdani and filmmaker Mira Nair, he grew up immersed in debates about justice, culture, and belonging. His political persona embodies the postcolonial Indian experience reshaped through a global, multicultural lens. His campaign carried visible traces of his Indian heritage. Bollywood songs, including the exuberant Dhoom Machale, reverberated through his rallies, fusing cultural nostalgia with youthful energy. After his victory, Mamdani invoked India's most defining political moment by quoting Jawaharlal Nehru's 1947 Tryst with Destiny speech: A moment comes but rarely in history when we step out from the old to the new tonight, has New York done just that. By echoing India's midnight of freedom, Mamdani positioned his triumph as both a personal milestone and a symbolic reaffirmation of democratic ideals shared across continents. At just 34, Mamdani becomes New York's first Muslim and South Asian-heritage mayor and among its youngest. His stunning victory over former Governor Andrew Cuomo revealed the extent of New York's political realignment. Once dominated by centrist figures like Michael Bloomberg, the city now speaks with a more youthful, activist voice. Mamdani's campaign slogan a city we can afford, a city where everyone belongs captured the frustrations of an electorate weary of economic inequality, housing crises, and post-pandemic stagnation. His win was a rebuke to establishment politics and a testament to the power of grassroots mobilisation. Mamdani identifies openly as a Muslim and a democratic socialist. His platform of rent freezes;

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To adhere to the fundamental principles of Constraints of. There is no prescribed established rigorous process or a board to identify IDs to select the right proven domain experts and monitor their performance posts their induction. They appear in the board suddenly because of some linkages, May by family members, known affiliates, prominent personalities whose brand value could be of use to the company or people with multiple publicly acclaimed activities as prominent personalities. While exceptions are always there to create examples of good governance but such good conduct does not come to public knowledge unless it makes bad news. There are scores of companies which have good IDs and where CG is well entrenched as culture and are doing very well silently. But some planted IDs seek leave of absence from board proceedings more often than seriously attending the board to intervene at appropriate time to protect the interest of the organization. The IDs inducted with a slot filling motto neither take interest in understanding the business of the entity nor try to get into the intricacies of agenda to see if they are in the long term interests of the organization. They are simply there to vote for the key people without going too much into them. The management of such entity totally prevails without any logical resistance or questioning by IDs. They have their way, sometimes even ignoring the tenets of CG. There is also an increasingly known practice of not recording even the objections different points of views of IDs. Their silence or failure to prevail on their objection is taken as consent. Only when the misgovernance reaches the corridors of regulators that IDs hurriedly tender resignation citing personal reasons and they are accepted without any delay to ensure that the irritants from the board exit on their own. Since resignation of a director has to be informed to stock exchange that it becomes news. Everyone understands that no one would like to exit from the position of ID unless the issues behind reaches a boiling point of conflict. Like what has happened in recent cases. Strengthening IDs The process has begun with Ministry of Corporate Affairs MCA maintaining a panel of interested potential candidates for IDs with their classified domain knowledge. They are also put through a test to see that IDs have some minimum knowledge of how to contribute to the growth of a company as it. But it is not mandatory to pick IDs from the panel. It is time that MCA churns its data to see how many on their approved panel could get a slot on the board of companies as IDs. Very few might be in the list because most of the IDs on the board are from known sources or drawn due to some interconnectedness even if their knowledge and maturity is not adequate. The companies may at least start a process of inducting IDs and if they are not from MCA panel, they should be exposed to the.

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Test conducted by so that some minimum knowledge of CG is assured. More than CG norms, they should understand the business of the company as they need to question its management on the strategic issues. Way forward the way the whole time directors Chairman Executive Directors acquire the domain knowledge and expertise, the IDs should also be drawn necessarily through a selection process. They need to possess some proven knowledge of the company and its industry. Post their induction; they should be exposed to leadership mentoring in CG processes, its implementation and its implications. It is noteworthy that Banks Board Bureau BBB meant to select full time board members of Public Sector banks PSBs have decided to mentor and train even the IDs in handling the nuances of the industry. The industry trends and performance track record of PSBs indicate the importance of empowering and enriching Bank Boards through knowledge and experience. Taking cue from the developments and challenges in the emerging financial intermediation, has rightly introduced a comprehensive program Directors Development Program DDP, designed and articulated in collaboration with academicians, industry experts and banking forums. The nine month Program is designed for Directors of PSBs and financial institutions with the key objective of enhancing director effectiveness to increase their impact on the boards. Other industry affiliates should learn from the initiative to improve and rejuvenate the cadre of IDs so that their leadership role and domain expertise actually serve the intended purpose. Way forward, the and other key stakeholders may have to institutionalize a process of reviewing the performance of IDs and barring them if their performance is not up to the mark. The incentivisation for good performance and discouraging their entry as IDs on the company boards should be institutionalized to ensure rigor in implementation of CG in both letter and spirit. Mentoring IDs can be a strategic differentiator in creating a sustainable CG culture in corporate sector. A recent report in the press covered a gang rape and the arrest of the culprits along the following lines: A fifteen year old in Hardwar left home in a huff after her mother reproached her, and remained missing from home for the next three weeks. During this period, she was gang raped allegedly by four men from Meerut Iskar, Kadar and two others over 18 days. When the girl returned home after three weeks in a state of shock, she could remember nothing except two of the names. Police admittedly worked at over 2,000 CCTV cameras in an effort to track the missing girl, and admittedly did a brilliant job of catching the criminals, after a missing report was filed by the family on January 30, 2022. Based on the skimpy information the names of the two perpetrators according to the police sources, they turned to the Facebook profiles of Iskar and Kadar, and finally one of them was recognized by the girl. The police then made a profile of the girl and sent a friend request to him.

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At the same time, they are different. This comes from understanding the natural differences between men and women that go beyond the biological, social and cultural differences. Women are also different because they have different needs at different stages of their lives. This is primarily due to the nurturing roles they are entrusted with. These differences have to be acknowledged in order to reach the goal of equality. Equality alone is not the solution, unless it is accompanied by a complete overhaul of mentalities of both men and women. It is also important to recognise that the similarities shared by men and women are more universal and fundamental, than the differences shaped by the family, education, culture and environment that separate them. It is, therefore, a new declaration of interconnectedness and interdependence between men and women. In the ancient Indic texts, there is an interesting concept of Ardhanarishwar a form of Shiv that is presented as half male and half female Shiv and Shakti. In fact, the name Ardhanarishwar translates as the lord who is half woman. The apparent paradox that exists within the form of Ardhanarishwar represents the wholeness and completeness of human existence. The principles of masculinity or femininity are not mutually exclusive. They act as interchangeable identities distinct and in unison. Excessive and obsessive identification with one is the root of all problems. By their opposite yet complimentary attributes, they act in symmetry and harmony. They represent the profound dualism present in nature: day and night, summer and winter, heat and cold. The masculine and feminine principles exist in each one of us. One cannot exist without the other. To that end, men need to recognise and release he inner woman just as women need to recognise and release he inner man to develop the full range of masculine or feminine behavior. In fact, men and women need to be released from old polarities of gender that force them into limiting roles. Finally, while accepting and committing to develop the physical and mental attributes of gender to one fullest potential, it is also important to go beyond the limitations of gender, in order to transcend the very gender to embrace limitless possibilities. It is only by functioning together with unity and mutuality that men and women can actualise the inner potential to discover their inner resources, complementarity and creativity. It is 8 th March, International Women Day a time to focus on issues that relate to women health, women empowerment, and a time to break the bias Let us learn about breast cancer which is the most common cancer affecting women. It is also the commonest cause of death due to cancer in women. Breast cancer cases account for almost one fourth of all cancer cases in women in India. A higher proportion of our patients are younger than 40 years of age and a vast majority almost 60% present in stage 3 or 4 of disease. All women and even men are at some risk of.

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An artwork itself; and that must be preserved. Let celebrate the female karigars who will be trained for making traditional Bengali sweets this time. A sea of change is coming in Kolkata mishti making industry. Now everybody should join hands with the idea of women karigars in Bengal mishti industry. The story of women struggle for equality in any unorganised sector belongs to no single feminist nor to any one organization but to the collective efforts of all who care about human rights and who relishes mishti. So this International Women Day is perhaps the day for women karigars in the sweet industry. If not three cheers, at least two cheers for the idea of women karigars and that will make a positive difference for women. The International Women Day IWD was started about 100 years ago to raise a voice against discrimination and bias against women by the activists of the Socialist Party in America and Europe. After the Revolution of the Soviet Union in February 1917, IWD was made a national holiday on March 8. The IWD was recognized as the global feminist movement in the 1960s and it became a global event after its adoption by the United Nations in 1977. Since then, IWD is celebrated annually on 8th March to mark the social, economic, cultural, and political achievements of women. The IWD is celebrated every year with a special theme e.g. the UN theme in 2020 was; I am Generation Equality: Realizing Women Rights ; in 1921 it was, Women in leadership: Achieving an equal future in Covid 19 World and the theme for 2022 is, Gender equality today for a sustainable tomorrow. The Day is celebrated by organizing meetings and conferences on the achievement and issues of women by Government and non government organizations. Rallies and demonstrations used to be held by women for basic demands like equal pay for equal work, maternity leave, participation in various professions, etc. Most of these demands have been accepted in most of the countries including India. Presently, on the IWD, women are honored for their achievements with flowers, awards, and gifts. Some specific colors like mimosa, violet, and lily white have become associated with the celebrations of IWD in March. The holiday is observed on IWD in some courtiers like Russia, China, and other countries. India also celebrates IWD especially after grappling with its women impacting problems like food deficiency, illiteracy, and delivery drudgeries. In the last two decades or so, the State and Central governments have implemented girl women benefiting schemes like free cycle to school students, concession or free transport to girl even women in buses and railways, free education from KG to PG, Beti Bachao, Beti Padhao, less stamp duty on property registration in the name of women, kanyadan gift on the marriage of girls of SC ST and poor families. These concessions have improved the access of girls to education and improved the mobility of women. As per the announcements in recent state elections.

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Developing breast cancer in their lifetime the risk varies as per hereditary factors and environmental factors. Factors that are associated with higher risk of developing breast cancer include family history of breast or related cancers, increasing age, obesity, alcohol, exposure to radiation, reproductive history early menarche, late menopause, no children etc. However, in about half of breast cancer cases no such risk factor may be apparent. Breast cancer most commonly presents as a painless lump in the breast and or armpit. However, 9 out of 10 breast lumps are not due to cancer. Patients could also present with an alteration in size, shape or appearance of the breast, skin redness pitting dimpling, inverted nipple or abnormal nipple discharge. When spread to other body parts, the symptoms could include bone pains, jaundice, headache, loss of appetite and weight etc. Breast cancer is curable if detected early. Though, it is treatable in all stages, even stage 4 when it is widespread to various body parts. Effective treatments are now available that can make patients live longer and better. Breast cancer is treated by a multidisciplinary team including medical & radiation oncologists, breast surgeon along with other support staff. In India, we have the expertise and the capability to offer the best recommended cancer treatment to our patients. We now have not only newer chemotherapy and hormone therapy to treat breast cancer, but also targeted treatments such as monoclonal antibodies, antibody drug conjugates, CDK inhibitors, and immunotherapy. The surgeries are less mutilating now. Radiotherapy machines and techniques can deliver radiotherapy safely now. There is also a lot that one can do as an individual to reduce the risk of developing breast cancer. Follow these simple suggestions to reduce your risk of getting breast cancer: International Women Day is here. Imagine a gender equal world. A world free of bias, stereotypes and discrimination. A world that diverse, equitable, and inclusive. A world where difference is valued and celebrated. Together we can forge women equality. Bengal unorganized sector, the sweet or mishti industry, is lacking in women karigars. Now Lahana Ghost, a Canadian citizen of Indian origin intends to bring equal wages for karigars or craftsmen amongst both genders. Training will be imparted to women, irrespective of their religion or caste or creed free of charge on how to make mishtis and eventually incorporate them in the sector massive workforce. Kolkata based the iconic mishti brand Jugal for the first time in history opened up its awe inspiring kitchen to women, as part of its centenary year celebrations. Traditional mishti making has been a man territory over generations. Lahana has decided to train women whoever wants to in the delicate art of making mishti at the Jugal kitchen. Actually Bengal sweets or mishti are meant to be handcrafted. But many others in the unorganized sector believe that it could be automated. It takes immense skill and years of training to understand milk, its texture, how it works with different elements and also handling sands is.

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A fixed amount will be given to housewives for their expenditure. The specific sections of women like widows and handicapped are given a pension by the Government of India and States ranging from Rs500 to Rs3000 per month with the highest in Delhi, Haryana, and Telangana. Besides, the old age pension is available to all women above 60 years. These pensions have proved vital support to such poor women. One of the emergent big issues is the increasing number of widows especially those living crore women are widowed, divorced, and separated while 0.22 lakh are never married whereas, among men of this age group, 0.90 lakh are widowed, divorced, and separated while 2.68 crores are never married. This scenario indicates the problem relates to a significant number of women as well as men. Despite financial support of pension, the single widowed are living gloomy life. Men are taking initiatives for re marriage as reflected in matrimonial of males aged above 50 years but most of the single women are unable to make decisions due to lack of awareness, education, and adverse social environment thinking. On the IWD, let us recollect our social reformers of the 19 Th centuries like Vishnu Shastri Pandit and MG Ranade who formed the Widows Remarriage Association in 1850 and 1861. Let us pay tribute to the British Rulers like Lords Dalhousie and Cunning who drafted and passed the Hindu Widow Re marriage Act 1856 on 16 July and Ishwar Chandra Vidyasagar who solemnized his marriage with a widow on December 7, 1856. Now the time has come to campaign for re marriage of women which has legal sanctions but mars implementation due to lack of awareness and congenial social thinking. In this regard, a new meaning has to be given to the institution of marriage. Traditionally, the sole objective of marriage has been to produce children but now the meaning of marriage may be changed to happily living of the present life. The campaign for re marriage may glamorize the life of all singles, especially women. To give momentum to this changed meaning of marriage, this issue may be announced as one of the agendas along with the economic benefits by political parties. Media can also play role in spreading the new meaning of marriage. I frequently keep getting asked the question: How can I contribute to sustainability What changes should I make in my daily life to reduce my carbon footprint High carbon footprint would mean that the environment is at risk due to our daily activities. Every individual, organization or country must work towards having as low a carbon footprint as possible. To truly switch to sustainable energy and reduce our greenhouse gas emissions, we must incorporate little changes in our daily life that make a huge difference to our environment. How can we bring down our carbon footprint the easiest methods to reduce a carbon footprint can start from the simplest of actions. Energy saving is one of the main and most.

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Effective ways of cutting carbon emissions from one life Its impact is realized overnight but it plays a crucial role in the implementation of long term benefits on our environment. Reduce fossil fuels as of 2017, transport accounted for over 20% of the emissions globally. One of the first things we can do is to reduce fossil fuel burning and emissions. This can be achieved by either reducing vehicle usage or travel, and by using more energy efficient fuel consumption methods like reducing the usage of diesel generators. Taking public transport methods such as trains or following a carpool technique would help in bringing down the carbon footprint. Alternately, moving to an electric vehicle would significantly bring down the carbon emission contribution and put one on the path of becoming a green citizen. Sustainable energy solutions at Home the next target is electricity. Nearly 33% of the world GHG emissions are due to electricity. The natural solution would be to follow sustainable energy solutions within our home, such as the ones offered by SR Portables. These would help reduce the electricity consumption and leave a positive impact on the environment. Turning all lights off when not using them, using energy efficient LED bulbs lamps and having smart home illumination systems are good ways to start the transition. LED lights consume far less energy than any incandescent, halogen, and compact fluorescent alternatives. Another suggestion is to replace old appliances with energy efficient ones. Older appliances consume much more energy than needed. For example, a 10 year old refrigerator tends to use up to 20% more energy compared to when you bought it. It is important to timely replace your old appliances with new ones. Although, just getting a new appliance does not ensure energy efficiency. You can determine energy efficiency in an appliance by checking the BEE star label before your purchase. More star on the appliance accounts for less energy consumption and vice versa. Switching to renewable energy what could be better than switching to a clean source of energy altogether Replace the usage of diesel for energy power backup or UPS converters by using portable solar chargers. There are various solar powered products in the market that include handheld units of smaller capacities as well as larger units that can be used for residential, commercial, and industrial applications. Although the application of the product varies as per the size and capacity of the unit, the product versatility allows the same unit to be used in multiple scenarios. Even though you might think that these products are expensive, in reality, when compared to the diesel alternatives, they are actually three times cheaper, long lasting, and environmentally friendly. Include Vegetarian Vegan Diets Animal products lead to a high carbon footprint as compared to vegetable produce. Incorporating healthy vegetarian diets in the weekly schedule or turning fully vegan will help reduce the carbon footprint. If Jack would stay away from beef lamb and still continue eating meat he would have his individual.

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Morale and strength of our defence forces. No one has the right to interfere in the secular, neutral and balanced nature of our defence forces for vested interests. We have gradually faltered in this regard and we got it wrong! The adage of Jai Jawan Jai Kisan needs to be restored and honoured otherwise, we are doomed to go into oblivion and forget to be a developed country with character, ethics, and culture. To be again a one ki Chhidiya we need to address the above issues of great concern. We have a moral obligation towards our ancestors, who dreamed of a great model country and also towards the next generation, to hand over a developed country that has ancient value systems. It is time for us to introspect and correct our mistakes to ensure a brighter future for ourselves and our children. Pundits are going to be busy analysing the messages from this election for a while, but it is already apparent that economic distress and lack of jobs are critical issues. Young India wants jobs more than temples. India has had a brewing jobs crisis for at least 15 years. It is a wicked problem that manifests in all sorts of statistics, particularly our low workforce participation rate 49 overall. The data also shows that the lack of good work particularly hits young people 80 of the unemployed are below 30, women, and graduates. The last is particularly shocking. For most of us, a good education was the passport out of poverty into the middle or affluent class. Now, a young person with a college degree is NINE times as likely to be unemployed as her illiterate counterpart, according to an ILO report. This indicates both the quality of degrees as well as the low-end nature of work that is available. What has changed recently is that this is no longer a lower-middle class problem. This year, 35 of all IIT graduates and nearly 20 of IIM graduates are still looking for jobs. The problem now affects elites too, and that may be good news; it can no longer be ignored or wished away. Incidentally, this appears to be a global issue affecting US computer science and Harvard Business School grads as well One reason why we have such a massive problem with good jobs is because our economic thinking is still very elitist. Affluent India, our media, and policymakers are obsessed with catching up with the US and China in GDP terms without care for other indicators of broad-based well-being. We are captivated by big companies that can compete globally like the Tata group, Reliance or Infosys. In entrepreneurship, we celebrate unicorns, not the millions of mundane small businesses that create 60 of all employment. To incentivise manufacturing, we dream up production-linked incentive PLI schemes to bring iPhone assembly or semiconductor packaging rather than seek grubby labor-intensive companies that make apparel, toys, shoes or all sorts of household products and hardware. Nobel-winning economist Edmund Phelps, who examined the economic rise of England, then America and later China in a book titled Mass Flourishing: How Grassroots Innovation Created Jobs, Challenge, and Change, points out that in these countries, prosperity was defined by a broad sense of flourishing. This flourishing included meaningful work, self-expression, and personal growth for a large portion of the population. Phelps believes that the source of this flourishing was a change in societal values that fuelled widespread innovation and entrepreneurship at the grassroots level, meaning many peop

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Become dramatically more inclusive, thereby drawing in massive talent. Chess is growing at the grassroots across the country, and is now included in the school curriculum in Tamil Nadu and Gujarat. Chess clubs and tournaments are pervasive, creating a movement just like in cricket. This democratisation has made a fast-growing funnel for talent, with at least a million people playing local tournaments across the country, including Uber and auto drivers and construction workers who sign up for free entry tournaments. Prize money and sponsorships, though still a trickle, are growing fast with the sport success. As a result, India has 73 grandmasters now, up from 20 in 2007, and seven players ranked among the top 100 in the world. Our success in chess has great parallels with mass entrepreneurship. For India to prosper and reach its potential, we cannot have just a handful of large firms and a few thousand tech startups. We need a grassroots movement of millions of young people who want to start and build their businesses rather than seek elusive good jobs. These are not just gig workers or necessity entrepreneurs who are forced to start small businesses such as tea shops or grocery stores out of compulsion, but entrepreneurs who are drawn to an opportunity and are growth-oriented. For this, not only must entrepreneurship be a mandatory part of all curricula, we also need thousands of venture clubs, incubators and accelerators in schools, colleges, ITIs and districts. Competitions like Shark Tank are highly effective in inspiring young entrepreneurs. The key is to build a pyramid of competitions that build a huge funnel of entrepreneurial talent that can see opportunity in every problem and build a business out of solving it. India innovation and economic potential cannot be unlocked by a small elite. Imagine instead a future where every small town and city feels like Bengaluru, buzzing with innovation, brimming with opportunity, and alive with the entrepreneurial spirit of our young people. First, INDIA fought this election in an organised fashion, and its tactics of mobilising people by weaving imagined dangers about the Constitution, reservation and other issues to conjure up disquiet among a section of OBC, MBC and Dalits. This sense of insecurity fractured the broader Hindustan identity that had tethered them to BJP for over a decade. The second reason may be the slow and steady accumulation of small dissatisfactions which were woven in a meta narrative by INDIA bloc by linking them with issues such as unemployment, inflation, Agniveer etc. They also made aggressive use of social media to create an anti-BJP mood in the state. Third, Samajwadi Party SP diversified its social alliance by taking a leaf out of the BJP model of social engineering, which is based on non-Yadav, non-Jatav political participation. They moved from their traditional M-Y Muslim-Yadav social engineering and expanded their base among non-Yadav, non-Muslim communities by giving them tickets in this election. For instance, a Dalit candidate Awadhesh Prasad was fielded from the Faizabad seat even though it not a reserved constituency. Selection was strategic even in neighboring seats like Sultanpur where a Nishad candidate was fielded, and Ambedkarnagar which had a Kurmi. Add these to the M-Y kitty, and SP had a distinct edge. But why did BJP social engineering fail while INDIA worked? One big reason for this is that BJP candidates of these communities were being repea

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Lessons on equality do not need to be reserved for formal class or online training. They can be learnt from such stories we encounter every day. Men and women are equal in value but not the same. Equal because women contribute as much as men with their competence, experience and skill sets at home and at work. They also need the same kind of opportunities for advancement as men do but often do not get. Not a few of our elected representatives in the state assemblies and in Parliament seem to be putting into practice the libertarian axiom that that government is best which governs least. Indeed some of our MPs and MLAs seem to compete with each other to see who can govern best by governing least. According to a recent TOI report, most state assemblies function for just about 30 days in any given year, with those of Punjab and Haryana clocking barely two weeks on their appointed job. Our Lok Sabha, on average, puts in 63 days of work, as compared with the UK House of Commons which logged 147 sessions in 2020, the US Congress and Senate notched up 166 and 192 days respectively, and Japan legislative body, the Diet, has a tally of 150 sittings. So if our legislators, unlike those of other countries, are too busy to just sit around on the seats to which we vet elected them, what is it that keeps them so otherwise occupied Does their busyness involve programmers of self development and self improvement Do they spend all that time off from legislating in the pursuit of hobbies, like stamp collecting, or solving Wardle, or playing Ultimate Mahjong A full list of all their extracurricular activities is, regrettably, not in the public domain. However, what is on record is that a total of 363 MPs and MLAs currently holding office have felonious charges filed against them, a roster which includes four Union ministers and 35 ministers of state assemblies. As befits their status as national parties, BJP and Congress top the list with, respectively, 83 and 47 party members accused of assorted antisocial behavior, including abduction, dacoit, and causing grievous bodily harm, all of which has gained widespread attention, and has been remarked upon by Singapore PM, Lee Hsian Long, who observed that almost half of India Lok Sabha lawmakers are charged with being lawbreakers. One way or another, our sitting representatives have shown that they have a lot of get up and go. An attribute which might make some wish that they would just get up and go. While speaking to the UK Parliament foreign affairs committee, British foreign secretary Liz Truss said that India stance on the Russian invasion of Ukraine is the result of New Delhi dependence on Moscow, and that the way forward is closer India UK ties. She is correct insofar as more than 50% of India military assets are of Russian origin. These need constant maintenance, upgrades and spares even as the new.

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His victory speech, in which he "addressed Donald Trump" directly Donald Trump, since I know you're watching, I have four words for you: turn the volume up was a theatrical assertion of generational defiance. Trump's earlier dismissal of him as a radical socialist lunatic only heightened the sense that Mamdani's rise symbolises an ideological contest between nationalist conservatism and multicultural progressivism, a contest that echoes across both American and Indian politics. However, Mamdani's controversial comments about Prime Minister Narendra Modi and the 2002 Gujarat riots have drawn sharp attention in India. He accused Modi of orchestrating violence against Muslims a statement that oversimplifies one of India's most complex and tragic episodes. The riots followed the Godhra train burning, in which 59 Hindu pilgrims were killed when their carriage was set ablaze by a Muslim mob. The subsequent violence claimed 790 Muslim and 254 Hindu lives, according to official records. The tragedy remains a scar on India's collective memory, but to depict it as a state-directed pogrom is factually inaccurate and politically loaded. There is little evidence to substantiate claims of a state-directed pogrom. In fact, Gujarat's Muslim population rose from 4. 59 million in 2001 to 5. 84 million in 2011, suggesting demographic resilience rather than persecution. This controversy points to a larger phenomenon: the tendency of diaspora politicians to interpret Indian politics through Western ideological lenses. Many adopt frameworks grounded in human-rights discourse, overlooking India's domestic complexities, political pluralism, and evolving democratic institutions. For New Delhi, this signals a new diplomatic challenge. The assumption that Indian-origin politicians abroad naturally align with India's positions no longer holds. The diaspora today is not monolithic; it is ideologically diverse, globally integrated, and increasingly vocal. Mamdani's rise epitomises this transformation from cultural emissaries to independent political actors with their own agendas. For the United States, Mamdani's election represents a generational and ideological transition within the Democratic Party. The city that once favoured managerial centrists now embraces activist leaders who merge social conscience with global empathy. His victory reflects the growing strength of younger progressives animated by social justice, racial equity, and economic fairness. Yet turning idealism into effective governance will test his leadership. New York's fiscal imbalances, crumbling infrastructure, and safety concerns demand pragmatic solutions. Whether Mamdani can reconcile conviction with competence will shape not only his legacy but also broader perceptions of immigrant leadership across Western democracies. Mamdani's rise also illuminates a broader political shift in the U. S. Progressive urban governance models particularly those of cities like New York, Chicago, and Los Angeles increasingly shape national discourse. If successful, Mamdani's policies on housing, transport, and welfare could influence future federal priorities. However, his Muslim identity, celebrated as a triumph of diversity, could also become a lightning rod for political polarisation if identity politics eclipses administrative performance. His tenure will demand careful equilibrium balancing principle with pragmatism, faith with functionality, and conviction with accountability. For India, Mamdani's victor

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Whose members now shape political destinies far from their ancestral soil. Yet it also underscores a growing divergence: the shift from cultural diplomacy to ideological politics. Indian-origin leaders abroad, like Mamdani, may project values rooted less in tradition and more in progressive globalism values that sometimes challenge New Delhi's own narratives. For the Indian government, the task is to engage this new generation of diaspora leaders through substantive dialogue, rather than symbolic gestures or ethnic nostalgia. Mamdani's rise coincides with a period of fluidity in India US relations. Under a renewed Trump presidency defined by nationalist rhetoric and selective protectionism, India must navigate new tensions even within a strategic partnership. Figures like Mamdani add another dimension to this evolving landscape: their global visibility and critical perspectives can shape Western public opinion about India, often beyond the reach of official diplomacy. How India manages such voices through engagement, clarification, or strategic narrative will test its soft-power maturity. For India, the stay-home takeaway is this: diaspora politics matters. Leadership of Indian origin abroad will increasingly be shaped by identity, ideology, and geopolitical opportunism not merely by heritage or sentiment. As the political ripples from New York travel across the oceans, India must engage them not defensively, but with self-assurance confident in its democratic story, nuanced in its diplomacy, and aware that the global Indian identity is as complex, diverse, and evolving as India itself. 'Centrism isn't nostalgia, it is survival' Rethinking stray dogs: From crisis to opportunity govt has rolled out an enormous welfare package to win Bihar voters. It will have dire fiscal consequences. My back-of-the-envelope math suggests that just the top two programmes have already raised state revenue expenditure Tariff turmoil and tax transformations have been topping headlines. But a few more Ts test us daily: traffic, trash and toxic air. Blackbuck, a logistics platform, considered moving out of Bengaluru's Outer Ring Road citing A year ago, Trump won Vance's home state Ohio with the biggest margin for the state. A year on, Trump has endorsed Vivek Ramaswamy for Ohio's governor race in 2026, a direct challenge to his The problem with re-litigation of the same issue over and over again is not just that this is exhausting for those concerned, but also that it keeps setting progress back. On Friday, the Supreme Court ordered The nose knows. The human animal has only to lift its head, breathe in, and the figure flashes before the mind's eye like in the movies, when RoboCop gets a complete lowdown of the By Aditya Mukherjee Wouldn't we all do better by accepting that no human being will ever understand another? This sentence from Graham Greene's A Burnt-Out Case confronts one of the most enduring truths about humans. I always thought turning fifty meant finding your true self. Instead, it's losing hormones. And looking for your reading glasses. In the dark. At 3 am. This was supposed to be the time when the Chairman of Adani Group, writing on the Google-Adani project to build an AI and data centre complex in Visakhapatnam, argues India will benefit at multiple levels & all data will be kept here The $15bn That many women today can pursue men they like, reversing centuries-old dictum that men should chase & women should be chaste

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Charles Darwin was born in 1809 science was still in itsbaby shoes. Chemists were talking about atoms, physicists aboutenergy and electricity. Nobody really knew what it was. By the timehe died in 1882 scientists were able to explain light andelectromagnetic waves. And, thanks to Darwin, biologists wereable to explain how life on Earth developed. Darwin was the bestbiologist of all times. He was an expert on plants, animals andinsects. But he didn't want to be a biologist at first. At school andthe university Darwin was just an average student. He read a lotand collected beetles and butterflies. He went to Edinburgh tostudy medicine but soon found out that it wasn't the right thing forhim. At Cambridge he met a fellow botanist, John Steven Henslow.Henslow helped him get a job on the exploration ship Beagle. Theship travelled around the world for five years and Darwin learned alot about the forms of life. When Darwin returned to England hewas a well-known scientist who lived an isolated life in thecountryside where he did experiments and studied plants andanimals. Darwin read a lot of interesting books. One of theminfluenced him a great deal. A popular economist claimed thatwhen the population grew the people would need more and more But there was not enough for everybody, so food wouldbecome scarce and not everyone could survive and have children.Darwin thought that this had to be true for animals and plants aswell. Those that had food would survive and the others would die.Charles Darwin-Father of EvolutionThis helped Darwin solve manyquestions of life. While many scientists thought that all animalsand plants had always been the same Darwin wasn't sure aboutthis. During his voyage on the Beagle he began to think about it.He explored places where he saw that many. Charles Darwin was born in 1809 science was still in itsbaby shoes. Chemists were talking about atoms, physicists aboutenergy and electricity. Nobody really knew what it was. By the timehe died in 1882 scientists were able to explain light andelectromagnetic waves. And, thanks to Darwin, biologists wereable to explain how life on Earth developed. Darwin was the bestbiologist of all times. He was an expert on plants, animals andinsects. But he didn't want to be a biologist at first. At school andthe university Darwin was just an average student. He read a lotand collected beetles and butterflies. He went to Edinburgh tostudy medicine but soon found out that it wasn't the right thing forhim. At Cambridge he met a fellow botanist, John Steven Henslow.Henslow helped him get a job on the exploration ship Beagle. Theship travelled around the world for five years and Darwin learned alot about the forms of life. When Darwin returned to England hewas a well-known scientist who lived an isolated life in thecountryside where he did experiments and studied plants andanimals. Darwin read a lot of interesting books. One of theminfluenced him a great deal. A popular economist claimed thatwhen the population grew the people would need more and more But there was not enough for everybody, so food wouldbecome scarce and not everyone could survive and have children.Darwin thought that this had to be true for animals and plants aswell. Those that had food would survive and the others would die.Charles Darwin-Father of EvolutionThis helped Darwin solve manyquestions of life. While many scientists thought that all animalsand plants had always been the same Darwin wasn't sure aboutthis. During his v

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Lessons on equality do not need to be reserved for formal class or online training. They can be learnt from such stories we encounter every day. Men and women are equal in value but not the same. Equal because women contribute as much as men with their competence, experience and skill sets at home and at work. They also need the same kind of opportunities for advancement as men do but often do not get. Not a few of our elected representatives in the state assemblies and in Parliament seem to be putting into practice the libertarian axiom that that government is best which governs least. Indeed some of our MPs and MLAs seem to compete with each other to see who can govern best by governing least. According to a recent TOI report, most state assemblies function for just about 30 days in any given year, with those of Punjab and Haryana clocking barely two weeks on their appointed job. Our Lok Sabha, on average, puts in 63 days of work, as compared with the UK House of Commons which logged 147 sessions in 2020, the US Congress and Senate notched up 166 and 192 days respectively, and Japan legislative body, the Diet, has a tally of 150 sittings. So if our legislators, unlike those of other countries, are too busy to just sit around on the seats to which we vet elected them, what is it that keeps them so otherwise occupied Does their busyness involve programmers of self development and self improvement Do they spend all that time off from legislating in the pursuit of hobbies, like stamp collecting, or solving Wardle, or playing Ultimate Mahjong A full list of all their extracurricular activities is, regrettably, not in the public domain. However, what is on record is that a total of 363 MPs and MLAs currently holding office have felonious charges filed against them, a roster which includes four Union ministers and 35 ministers of state assemblies. As befits their status as national parties, BJP and Congress top the list with, respectively, 83 and 47 party members accused of assorted antisocial behavior, including abduction, dacoit, and causing grievous bodily harm, all of which has gained widespread attention, and has been remarked upon by Singapore PM, Lee Hsian Long, who observed that almost half of India Lok Sabha lawmakers are charged with being lawbreakers. One way or another, our sitting representatives have shown that they have a lot of get up and go. An attribute which might make some wish that they would just get up and go. While speaking to the UK Parliament foreign affairs committee, British foreign secretary Liz Truss said that India stance on the Russian invasion of Ukraine is the result of New Delhi dependence on Moscow, and that the way forward is closer India UK ties. She is correct insofar as more than 50% of India military assets are of Russian origin. These need constant maintenance, upgrades and spares even as the new.

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Have the power to designate Arbitral Institutions and such arbitral intuitions would appoint arbitrators on an application made to them. This would reduce the burden on courts and would make the process of appointment of arbitrators faster. Major judgments An award passed by an arbitral tribunal can be challenged before a court under Section 34 of the Act. Courts have consistently held that the degree of intervention in awards should be minimal, and courts should interfere only in case grounds are made out under Section 34. While dealing with one of the biggest awarded amounts of Rs. 2782 Crore, the Single Judge of the Delhi High Court under Section 34 refused to interfere with the award as grounds for interference had not been made out. This decision was reversed by the Division Bench in an appeal under Section 37 of the Act and the award was set aside. When the matter came before the Honble Supreme Court in Delhi Airport Metro Express Pvt. Ltd. v. Delhi Metro Rail Corporation Ltd. 2021 SCC Online SC 695, the Hon blew Supreme Court allowed the appeal by and restored the award and set aside the judgment of the division bench of the Delhi High Court. The Hon blew Supreme Court has importantly in this case, has observed There is a disturbing tendency of courts setting aside arbitral awards, after dissecting and reassessing factual aspects of the cases to come to a conclusion that the award needs intervention and thereafter, dubbing the award to be vitiated by either perversity or patent illegality, apart from the other grounds available for annulment of the award. This approach would lead to corrosion of the object of the 1996 Act and the endeavors made to preserve this object, which is minimal judicial interference with arbitral awards. That apart, several judicial pronouncements of this Court would become a dead letter if arbitral awards are set aside by categorising them as perverse or patently illegal without appreciating the contours of the said expressions. Accordingly, the Hon blew Court reiterated that arbitral awards could only be set aside on the limited grounds as set forth in Section 34 of the Act. Interestingly, the issue came up recently again before the Hon blew Supreme Court. While the issue was conclusively decided in favour of DAMEPL through the abovementioned judgment dated 09.09.2021, the execution petition was being delayed. Upon the matter being brought before the Hon blew Supreme Court in Petition s for Special Leave to Appeal C No s. 21396 2022, a Bench of Justice B.R. Gavai and Justice Vikram Nath observed the following In the said petition, certain directions were issued by the learned Single Judge of the High Court of Delhi vide order dated 10.03.2022 and special leave petition challenging the same was also dismissed by this Court vide order dated 5.09.2022. In spite of that, the matter is only being adjourned by the learned Single Judge from time to time. The law with regard to execution is not different.

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At a dinner, while showcasing his new menu, in between explaining a dish and pointing at happy diners, a restaurateur remarked food and beverage industry is the biggest entertainment industry in the country. He asserted it far surpasses cricket and Bollywood. He explained when happy, people eat out, if they vet had a long day, they order in. Birthdays, promotions, celebrations, mourning, hookup, breakup restaurants are a setting for every occasion and emotion. He was wrong. The sentiment is echoed by every restaurateur. They proudly say their outlets are one of the most important expressions of vibrant culture of any city and our country. Food is the soft power that can take a country image and massage far and wide. And one of the best examples of a city thriving culture is its buzzing food and nightlife industry. For an industry estimated to be worth US$ 60 billion or Rest 4.9 lakh core approximately and directly employing more than 75 lakh professionals according to National Restaurant Association of India NRAI, the sector does not get the due it deserves. One of the biggest revenue generators and job creators operates in a highly regulated environment having to deal with multiple departments and restrictions. With an abundance of cuisines, concepts and flavors, this industry should been given every possible support. Many youngsters who dream of opening their own cafés or clubs are wary of venturing into the sector. Ease of doing business will attract more aspiring restaurateurs to take the plunge, create novel concepts, generate more jobs and provide safe and secure dining and partying spaces. Departments work overtime to make IPL or movie shoot a success but the biggest draw, the food industry, is left to fend for itself. One of the first steps towards supporting restaurant industry would be to have a dedicated ministry. Dealing with multiple departments and rules make operating a restaurant a nightmare. There is not one dedicated department or a minister where the industry can express the grievances and seek support. In Delhi for example, in order to serve alcohol, you need multiple permissions and a delay by any department for any reason usually leads to endless wait for permission. Operating hours is another pressing issue where big statements are made about how nightlife makes the city safer but when it comes to walking the talk, one or the other department objects and outlets are forced to shut early in the name of safety. When it comes to minimum age for drinking, different states have different benchmarks. Taxation is a whole different world with each state having its own rules. A dedicated ministry will be able to look at these issues and implement uniform laws for the industry across the country and enable them to thrive without fear of any harassment. Input tax credit is another pressing issue that the industry is grappling with and have made various representations and hopes there concerns are heard soon. Then there is the ongoing battle with online food aggregators.

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Restaurateurs argue they should be able to decide what all services of an app they need rather than all the features be forced on them. Another major concern is the right commission to be paid to the food apps. NRAI has written to CCI and is working with online aggregators for an amicable solution while firmly insisting that deep discounting is not sustainable. India has the potential to be the food capital of the world. We can be one of the top culinary destinations of the world. Some of the top cultural powers of the world are known for their restaurants. We need to ease rules of operation for our food industry and make it easier for industry to survive and thrive. Having witnessed the worst during the pandemic, food industry is seeing impressive rebound. The growth is being seen across states and every tier city. This is the moment for the government to handhold and propel this industry to great heights and make it one of our biggest tourism attraction and one of top employment and revenue generator. either for the Government or the Statutory Corporation. We, therefore, direct the learned Single Judge of the High Court to proceed further with the execution of the award expeditiously and take the same to its logical end in accordance with law as early as possible and in any case, within a period of three months from today. Therefore, these judgments of the Hon blew Supreme Court show that not only do the Courts have very limited grounds under which they can interfere with awards passed by Arbitral Tribunal, but also with respect to enforcement of arbitral awards, the same should be enforce without unnecessary delays. the Hon blew Supreme Court has noted that a number of applications under Section and have been pending in various High Courts. In some cases the pendency has been more than four to five years. Accordingly, the Hon blew Supreme Court directed that the High Courts should decide within 6 months, all the Section applications which have been pending for more than year. The Court observed Therefore, if the applications under Sections of the Arbitration Act for appointment of arbitrators are kept pending for a number of years, it would defeat the object and purpose of the enactment of the Arbitration and Conciliation Act as well as the Commercial Courts Act. The litigant may lose the faith in the justice delivery system, which may ultimately affect not only rule of law but commerce and business in the country. Therefore, it is evident that both the Legislature and the Judiciary have acted proactively in making sure that arbitration matters are decided at the earliest and with the least possible interference by the Courts. This will promote the culture of Arbitration in India and greatly benefit the parties involved in arbitration. At a dinner, while showcasing his new menu, in between explaining a dish and pointing at happy diners, a restaurateur remarked food and beverage industry is the.

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Western sanctions on Russia, such as excluding several Russian banks from the international payment system, mean a considerable strain on India traditional defense ties with Moscow. But exchanging dependency on Russia for dependency on the West is no solution for India. Over the last decade India has made concerted attempts to diversify its defense imports. For example, the Indian air force today heavily relies on the American Super Hercules in its heavy lift transport fleet. The helicopter fleet too has inducted the American Chinook and Apache. But cost competitiveness, proven battlefield performance and familiarity with consecutive generations of servicemen still make Russian platforms preferable. Then there is the issue of technology transfer. Although no country is willing to share cutting edge military tech, Russia has been slightly more open to helping India develop strategic platforms such as cruise missiles and nuclear submarines. Even with this Russian help, India today is in no position to build assets like a fifth generation fighter from scratch. In the near term, India has to maintain a diversified defense portfolio, because switching out all Russian defence equipment for Western imports is not feasible. But in the medium to long term, especially given the sanctions on Russia and Moscow growing strategic convergence with Beijing, India has to develop its own indigenous military industrial complex, capable of serving various needs including cutting edge platforms. That the only way to have a truly independent defence and strategic policy. On February 24, the Indian basket of crude breached a psychologically important price barrier of 100 a barrel. A mere ten days later, the price of the Indian basket crossed $126 per barrel just as polling for the five state assemblies ended. This co occurrence begs the question if pump prices of petrol and diesel, which since November have remained sticky despite the price trend in crude, will now see sharp increases to offset the higher costs being borne by oil refiners. This should be avoided. Go should ensure that the increase in pump prices is gradual. India economic context today is marked by a potential inflationary spiral along with a weak aggregate demand. This context rules out any meaningful role for monetary policy as nudging up interest rates now will harm economic recovery. It, therefore, makes fiscal policy the best tool to manage the current economic situation. Because a sharp oil price increase at this stage will lead to a demand shock and undo some of last year economic recovery, Go should absorb some of the uncovered costs of oil refiners for now. This will help avoid a demand shock while protecting the companies. Going forward, retail fuel prices will have to reflect higher input costs. To balance this, Go must cut central fuel taxes. There definitely room for this as benefits from the moderation in global crude price was not passed on to Indian consumers. For instance, central duties on a liter of petrol in them are about Rest. Reduction in fuel tax revenue will be offset by.

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BSF-HCM-TEST-Dated-2025-11-30-Test NO.-23790

A likely increase in tax collections as an increase in inflation will help Go overshoot its target of the key assumptions underpinning the Union Budget have become untenable on account of subsequent geopolitical turmoil, which is catalysing inflation in other industrial inputs too. Consequently, crowding in private investment in the wake of an increase in public spending may take longer than expected. It leaves go and states with the responsibility of using fiscal policy to anchor economic recovery. Public investment will remain the key in holding up investment demand. Given that economic uncertainty coupled with higher inflation will act as a drag on private consumption, governments must ensure revenue spending is not contractionary in inflation adjusted terms. Don chokes the consumption demand. Covid has changed our lives in more ways than we can imagine. Beyond despair, disease and death, the pandemic has also created opportunities for the future. The development of vaccines at unprecedented speed now makes it possible to control pandemics with vaccines for the first time. Vaccines that on average took a decade to develop were made and deployed within a year of identifying the virus. Early apprehensions of a compressed timeline were replaced by hope for billions of people worldwide. A better future awaits us if we continue to follow science and evidence in policy making. Multiple vaccines for Covid and combination trials. With a request for a meeting and phone number. Upon this contact, the man asked her to come to Meerut, whereupon the police managed to arrest him. By any reckoning this is a smart sleuthing work by the police. I have seen such news items repeatedly how some smart police work succeeded in catching various crooks, whether in case of sundry crimes. So where the problem In a country where the availability of the police to help common folks is few and far between and the rate of solving crimes among the lowest in the world, are these extraordinary success stories Should we be celebrating these successes So what is my grouse about these success stories in my blog titled Outraged Well it is this: In my view, how the police manage to catch criminals should ideally be played close to their chest and used only in the court of law for the purposes of prosecution. And even then, the police needs to share only the evidence of the crime in the court and not the step by step methodology leading to the arrest. This is because giving the entire methodology step by my social media and sit tight But the reality is that even before a charge sheet has been made against criminals, the police in their enthusiasm to share how smart they have been, and perhaps in an effort to catch some quick brownie points, share a ball by ball account of how they came to catch the criminal. The press is only too happy to be the first to report the crime and oblige with the coverage. That not all either.

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BSF-HCM-TEST-Dated-2025-11-30-Test NO.-23793

Staff Selection Commission had declared the result of Tier II of Combined Higher Secondary (10+2) Level Examination, 2019 on 30.09.2021, wherein a total of 28,508 candidates were shortlisted for appearing in Typing Test only, as no vacancies were available for the post of DEO. 2. Based on the cut off fixed by the Commission in the Skill Test (Typing Test), a total of 13,088 (Thirteen Thousand and eighty eight only) candidates have qualified (provisionally) to appear in Document Verification. The details of category wise cut off fixed on percentage of error mistakes allowed in Typing Test and the candidates available are as under all qualified candidates are required to appear in the Document Verification. The schedule for conduct of Document Verification will be available on the respective websites of the Regional Offices of the Commission shortly. Shortlisted candidates may visit website of the respective Regional Offices of the Commission regularly, for further updates. 4. The above said lists are purely provisional and subject to the candidates fulfilling all the eligibility conditions prescribed for the respective posts in the Notice of Examination and also subject to thorough verification of their identity with reference to their photographs, signatures, handwritings, etc., on the application forms, admission certificates, etc. 5. Details of error percentage of the candidates in Typing Test will be uploaded on Commission website on 09.03.2022. Candidates may log in by using their Registered ID and Password. This facility will be available from 09.03.2022 to 31.03.2022. Any number of serials based on real crimes and investigations are aired which show the detailed methodology on how a criminal was caught and precisely which mistake on the criminal part led to his arrest. Such serials provide other pointers to potential criminals too. One of the serials I recall showed how a criminal got away by leaving his own cell phone at home and proceeded to commit the crime carrying a disposable slim. When the police tracked him by his phone, he was able to show that he had never left home Arena we giving ideas to criminals, thus perhaps it is time our courts took a call on the matter. Criminals may or may not be tech savvy. Nor they may typically be the brightest of folks. So why should the police and the larger system including media educate criminals on how not to get caught Yes, we may need to educate them on why not to commit crimes; but certainly not on how not to get caught once they have committed a crime. The investigating officers and agencies should be prevented from sharing such information with media. Media should be prevented from sharing any real investigation process as entertainment. The smartness of police should be vouchsafed by a much higher rate of crime solving and not how a particular crime or two were solved.

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BSF-HCM-TEST-Dated-2025-11-30-Test NO.-23794

Multi Tasking Non Technical Staff Examination 2020 Declaration of Result of Computer Based Examination for appearing in Paper II Descriptive Paper Staff Selection Commission conducted Computer Based Examination Paper that the Multi Tasking staff Non Technical Staff Examination at various centers all over the Based Examination was conducted in multiple shifts, marks scored by candidates have been normalized as per the formula on its website vide Notice As per the provision under Para the Notice of the Examination, candidates have been shortlisted in Paper I using normalized scores of the candidates. Further, separate age group wise, category wise and State UT wise cut off have been fixed in are reported under two mentioned under Para 16.1 of the Notice of the Examination, candidates were required to give preferences of States UTs All India, in the order of priority, in the online application form. Codes for giving preferences were given at are reproduced here for ready will be posted in different Ministries Departments Offices of the Government of India in various States UTs. The candidates are required to give preferences of States UTs All India, in the order of priority, in the online application form. Codes for giving preferences are given at Annexure all the States UTs listed in Annexure XIV or give limited preferences as per their choice convenience. If a candidate wishes to opt for the limited preferences, then he she has to fill no choice i.e. X in the remaining columns boxes for giving preferences. For example, if a candidate wishes to opt for only three Statheghs UTs of Delhi, Rajasthan, Haryana and All India in that order of priority, then he she has to give preferences Candidates will be considered for selection against the vacancies of only those States UTs for which they have given their preference in the online Application Form. If a candidate has given limited preferences, he she shall be considered for the vacancies of only those States UTs for which he she has given the preference in the online Application Form will be treated as final and no change in the preference of States UTs will be allowed later under any therefore must exercise due diligence and caution while giving preferences of has been observed that in the online applications submitted by candidates, few candidates have not given their state preferences as per the codes given at Annexure XIV. Therefore, as per the provision of the Notice of the Examination the state preferences which are not in consonance with the codes given at Annexure XIV have not been considered. In case, a candidate has given partially correct state remaining are correct, only those state codes which are as of and Pondicherry are combined therefore state preferences of Tamil Nadu and Pondicherry have been considered together and a single cut off has been fixed for Tamil Nadu and Pondicherry. Category wise breakup of candidates provisionally shortlisted on the basis of their performance in the Paper I for appearing in Paper II is as follows.

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BSF-HCM-TEST-Dated-2025-11-30-Test NO.-23795

Nitish Kumar ill advised 2016 Bihar Prohibition and Excise Act are predictably creating trouble for the administration. Thousands have been arrested for drinking and then jailed. Police records indicate 3.8 lakh cases and 4 lakh arrests under the law and 20,000 bail pleas pending disposal in Patna high court and trial courts. So, the judiciary is also dealing with repercussions of a bad law. Reportedly, 16 of Patna HC 25 judges that HC is already hampered by 28 vacancies are caught up in hearing bail petitions moved by prohibition violators. With Supreme Court on Tuesday threatening to release all arrested on bail, weeks after CJI NV Ramana criticised the law design, a chastened Bihar cabinet has approved amendments that will let off first time drinkers with a reasonable penalty and will confiscate liquor suppliers property. These changes may not solve the problem. The original 2016 Act punished drinkers with 5 7 year jail terms and Rs 1 10 lakh fines. Facing flak, a 2018 amendment imposed fines not less than Rs 50,000 or 3 months imprisonment for first time offenders and jail terms of 1 5 years and fine up to Rs 1 lakh for repeat offenders. Bihar annual per capita income is Rs 46,000. So new penalties will have to lower by an order of magnitude if jailing is to be avoided. But if penalties are very small, disincentive against breaking the law will be very small, too. That the problem with bad laws like prohibition there no way out of a mess. As for confiscation of property of liquor suppliers, under prohibition, supply typically happens via gangs, not individuals. So, it likely a front man will get penalised while the big guys walk away. Thoughtless application of laws, even when those laws are good, can also jam up the system. NCRB found that 16 lakh 25 of 66 lakh cognisable offences filed in 2020 were violations of Covid social distancing norms. Energy spent on tackling these misdemeanours detracts from prosecuting pending heinous offences. For all the rhetoric on being truly tough on major crime, the political obsession with policing behaviour and individual preferences is making a creaky justice system worse. In an extremely delicate operation, the last big group of about 700 Indian students was finally evacuated from the northeastern Ukrainian city of Sumy. Establishing a humanitarian corridor for the extraction had proved to be quite challenging. In fact, earlier attempts failed due to Russian shelling. But hectic diplomacy on India part finally resulted in a breakthrough with the Ukrainians and Russians agreeing to provide safe passage to the Sumy students. They are now expected to cross over to Poland from where they will board Operation Ganga flights back to India. The successful Ukraine evacuation adds to India long list of such rescue missions from war torn countries. The most notable ones include the 1990 Kuwait airlift where around 1, 70,000 Indians were brought back home after Iraqi forces invaded Kuwait, kicking off the first Gulf War. Similarly.

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BSF-HCM-TEST-Dated-2025-11-30-Test NO.-23796

In many ways, this Lok Sabha election was unlike any other. Everyone is rushing to interpret the mandate and the results in their own style. In Maharashtra, shortly after the results were announced, some asserted that the voters had rejected Prime Minister Narendra Modi and the Bharatiya Janata Party. Famous Marathi poet from Maharashtra Krishnaji Keshav Damle, who penned poetry under the pen name Keshavsuta had once said, a person world is equivalent to his acumen. And hence, I genuinely feel that there is no need to take these people declarations seriously. People who won 9 seats are rejoicing as though they secured 900 seats. And hence, it becomes imperative to analyse the results from different perspectives on the basis of the statistics. It is only after careful examination that one can conclude that people mandate clearly is in favour of the Bharatiya Janata Party and the National Democratic Alliance. Despite the alliance of different opposition parties creating a false narrative about the changing of the Constitution and the fatwas that were issued on the basis of religion, the BJP managed to secure 240 seats. Now, let us compare the results with the results of the previous election, only then will it be evident as to who won and who lost. During the 2014 elections, the then ruling Congress won 42 seats. In 2009, Congress had won 28.55 votes whereas BJP had won 18.80. In 2014, Congress got 19.31 votes whereas the BJP got 31 votes. Congress share declined by 9 in 2014. More than 150 seats had been lost by the Congress, which had won 206 seats in 2009. The data, both in terms of number of seats and voting percentage, unequivocally shows how voters had outright rejected the Congress. On the other hand, the percentage of votes polled by the Bharatiya Janata Party increased from increase whereas Congress percentage of votes increased by 1.75, its number of members increased from 46 to 98. This voting percentage is typically what makes elections interesting and tricky. Despite all the major opposition parties joining hands, the Bharatiya Janata Party vote share had reduced by 0.50. Still, the executive editor, whose party won nine seats, is blowing trumpets and shouting that people rejected the BJP. In fact, the actual rejection from the voters was seen during the elections Congress had won 415 seats, but by 1989 it had just 195 seats left, down by a whopping 220 seats. The BJP lost 63 seats and saw a 0.50 decline in its vote percentage in 2024. The success of an election must be evaluated on the basis of votes polled and seats won. Following the Emergency, voters made sure that both Indira Gandhi, the prime minister at that time, and her son Sanjay Gandhi lost the election in 1977. It was owing to Congress catchphrase Garibi Hatao, Indira Gandhi was able to secure more than 300 seats in the 1971 election. Subsequently, Congress lost 200 seats in 1977. This is called rejection from the voters or defeat. People saw how conspiracy was hatched to destabilize the nation by spreading false information and trying to confuse voters during the 2024 elections. Prime Minister Narendra Modi and the Bharatiya Janata Party had decided to run in this election based on the myriad development projects the government had undertaken over the past ten years. When the Congress and its allies in the I.N.D.I.A Alliance realized they would not be able to hold on to power against Narendra Modi formidable guarantee of development, they began propagating that t

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Spl-BSF-HCM-TEST-Dated-2025-11-30-Test NO.-23797

Fundamental demonstration of gender equality Lust is not gender-based. Until Narayani Ganesh The Gita, Buddhist and other faith teachings say that anger is one among the three poisons, the other two being ignorance and desire, the primary sources of suffering and distress. Why do bosses running bigger companies don't demand homage? Elon Musk moved closer to the first trillion-dollar pay package on Thursday. He's already worth $491bn, as of Friday afternoon, and growing valuations of his major companies Goa's disturbing response to a spurt in crime The answer to the question why Goa imposed National Security Act in its north and south districts in the middle of peak tourist season, won't even be But not every 'team' fits the criteria It starts in the family, in our first playground, first school project. Our entire life is made up of navigating different groups' dynamics. The same applies to Dynasticism, which has long been a defining feature of Indian politics. What distinguishes India from most other democracies, however, is not merely the number of dynastic legislators but the extent to which entire political parties function. Psephologists and political scientists are busy working out the determinant causes behind Zohran Mamdani's New York win. While they would disagree on the weights behind these factors, they would attribute the victory to some combination To CJI Gavai's credit, he said something people in establishment top jobs rarely articulate in India don't intimidate citizens, make them feel welcome. Talking about the new Bombay high court complex that will be for over 40 years, GPS has made flying safer. It was a US military tech until Reagan opened it up for civilian use in 1983, after Soviets shot down Korean Air Lines flight 007 for I've always known, and others have told me, that I am mentally unbalanced. But of late I've noticed that this lack of balance, of stable equilibrium, is not just mental but also physical. While going By Shantanu Nagarkatti In theatre of the mind, where impulse clashes with intellect, a mid-20th-century theory endures like a stubborn stage set: the Triune Brain. Coined by neuroscientist Paul D MacLean, the term 'Triune Brain' Politics turns sharply right or left when centrists ignore the social contract of tech-led entrepreneurship model The NYC mayoral result shouldn't be seen through the lens of a Trump vs Mamdani bout. Yes, a young, (November 11, 2025) 65% of households have a migrant. Their remittances are 50% of a household's income. Outmigration tripled Bihar's rural wages, ending exploitative relations. Manufacturing employs just 5%. And it's impossible for the state to create enough Climate meat in Brazil as govts and corporations are retreating from mitigation pledges. This would be disastrous and create a poorer & dangerous world. Developing nations must act for their own sake By Pratiksha Apurv What would happen if all the smartphones on the planet were shut down for 24 hours? What would that day feel like no voice calls, messages, or access to social media But all too often, none is forthcoming I walked back from the park with a posse of neighborhood ladies, all giggling and talking to me simultaneously like the panelists on a news hour debate. Kamala After the Delhi car blast, govt's priority should be to make people feel safe If the deadly blast outside Red Fort yesterday evening turns out to have a terrorist's hand behind.

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it, it will be The Tirupati fake ghee case is a scary tale of how 'milk' suppliers cream public That a cheat in Uttarakhand passed off a synthetic concoction as ghee to one of India's most venerated temples in A scary story of fake ghee and how some people fool everyone Imagine finding out that the ghee used in the famous Tirupati ladders wasn't real ghee at all but made of chemicals! The NDA government has rolled out an enormous welfare package to win Bihar voters. It will have dire fiscal consequences. My back-of-the-envelope math suggests that just the top two programmers have already raised state revenue expenditure Tariff turmoil and tax transformations have been topping headlines. But a few more TVs test us daily: traffic, trash and toxic air. Blackbuck, a logistics platform, considered moving out of Bengaluru's Outer Ring Road citing a year ago, Trump won Vance's home state Ohio with the biggest margin for the state. A year on, Trump has endorsed Vive Ramaswamy for Ohio's governor race in 2026, a direct challenge to his The problem with re-litigation of the same issue over and over again is not just that this is exhausting for those concerned, but also that it keeps setting progress back. On Friday, the Supreme Court ordered the nose knows. The human animal has only to lift its head, breathe in, and the figure flashes before the mind's eye like in the movies, when Robocop gets a complete lowdown of the By Aditya Mukherjee Wouldn't we all do better by accepting that no human being will ever understand another? This sentence from Graham Greene's A Burnt-Out Case confronts one of the most enduring truths about humans. I always thought turning fifty meant finding your true self. Instead, it's losing hormones. And looking for your reading glasses. In the dark. At 3 am. This was supposed to be the time when the Chairman of Adani Group, writing on the Google-Adani project to build an AI and data centre complex in Visakhapatnam, argues India will benefit at multiple levels & all data will be kept here The $15bn That many women today can pursue men they like, reversing centuries-old dictum that men should chase & women should be chaste, is arguably the most fundamental demonstration of gender equality Lust is not gender-based. Until Narayani Ganesh The Gita, Buddhist and other faith teachings say that anger is one among the three poisons, the other two being ignorance and desire, the primary sources of suffering and distress. Why do bosses running bigger companies don't demand homage? Elon Musk moved closer to the first trillion-dollar pay package on Thursday. He's already worth $491bn, as of Friday afternoon, and growing valuations of his major companies Goa's disturbing response to a spurt in crime The answer to the question why Goa imposed National Security Act in its north and south districts in the middle of peak tourist season, won't even be But not every 'team' fits the criteria It starts in the family, in our first playground, first school project. Our entire life is made up of navigating different groups' dynamics. The same applies to the 65% of households have a migrant. Their remittances are 50% of a household's income. Outmigration tripled Bihar's rural wages, ending exploitative relations. Manufacturing employs just 5%. And it's impossible for the state to create enough Climate meat in Brazil as govts and corporations are retreating from mitigation pledges. This would be disastrous and create a poorer & dangerous world. Devel

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